Last Updated: September 12, 2014

Amazon Riverboat Adventure aboard the Queen Violeta - PVIIA

9 days: Lima to Lima

What's Included

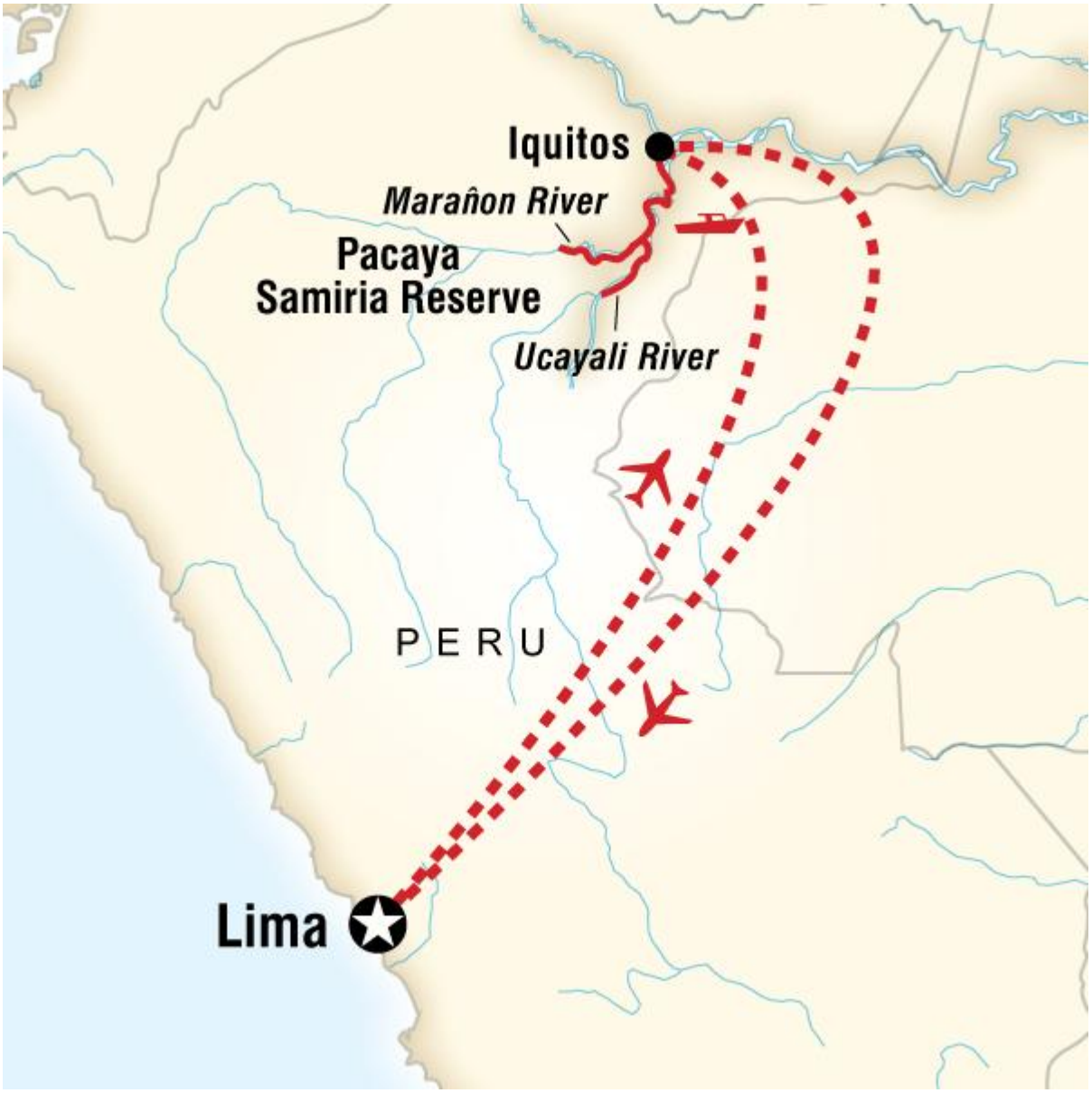
6 nts aboard the Queen Violeta Amazon riverboat. Return flights between Lima and Iquitos. Arrival transfer and breakfast daily in Lima. Launches and land excursions with our expert naturalist team.

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2013 - December 31st, 2014

Itinerary



Day 1 Arrive Lima

Upon arrival from your international flight, you will be transferred to your hotel and overnight in Lima, the nation's capital and largest city.

Please note that hot water shortages and power outages can be fairly common in Peru (even in upgraded hotels and private homes). We appreciate your patience and understanding that these occurrences are outside of our control.

Day 2 Iquitos/Amazon Riverboat (1B,1L,1D)

Today we will begin very early, with time for a simple and quick breakfast before catching our flight to Iquitos, where we'll transfer to our Amazon River ship, our privately chartered home for the next seven days.

But before boarding, we get acquainted with this jungle port city an orientation tour. This is the country's main river port, established in 1864 in the heart of rubber country on the Amazon's deep waters. Like any port, it has a hustle-bustle feel, yet it is not without its places of quiet and shaded retreats. Much of the architecture we see is a 19th-century vestige of the era when European commercial barons held sway over life and culture here. And while Iquitos has seen many fortunes rise and fall, its isolation has remained constant: access to the city is by air or river only.

We will also make a brief stop at the Amazonian Manatee Rescue Centre. The Amazonian Manatee is very rare and endangered mammal unique to the Amazon Jungle. This centre focuses on rescuing orphaned manatees who have been victims of poaching. The centre helps rehabilitate and reintroduce these wonderful creatures back into the Amazon Basin. Here you will have a see the efforts of the rescue centre as well as have the opportunity to feed these amazing and loveable animals.

Once on board ship, you can just relax and let the wild rainforest surround you. Step out on deck to watch the riverbanks go by—but keep your eyes peeled for wildlife such as gray and pink dolphins.

Our ship casts off and wends its way to the confluence of the Marañon and Ucayali Rivers. Here, it is generally (but not universally!) considered that the Amazon River begins, at least in name.

Approximate Distance: 1020km
Estimated Travel Time: 3 hours

Day 3 Marañon River / Amazon River / Ucayali River (1B,1L,1D)

After breakfast, we have an excursion on the Amazon and some of its tributaries to see the wonders of the rain forest. This is our chance to see monkeys, sloths, and a variety of birds.

Back onboard , we'll gather for lunch, followed by a presentation on the Amazon River. Afterwards, we'll walk along the shores of the Ucayali River, located in the Yucuruchi region of the Amazon. Here we'll have an opportunity to see the Victoria Regia water lily—a gigantic aquatic plant

Day 4 Marañon River / Pacaya Samiria National Reserve / Shaman Visit (1B,1L,1D)

Today we rise early to visit the Pacaya-Samiria Reserve for a full day of discovery in Peru's largest national park.

Then, keep your eyes wide open and your binoculars at the ready to catch sight of cocoi heron and striated herons, colorful macaws, squirrel and woolly monkeys, caimans, sloths and many more primate, bird and mammal species. Current counts record more than 200 bird species and 10 primate species within its boundaries. Our route takes us over the tributary waters of the Marañon. Along the way, our guides will point out the interesting wildlife species that inhabit the riverbanks—not to mention unusual fish and vegetation in the river.

Back onboard, we'll gather for breakfast followed by a presentation on the life, history, and culture of the Amazon's main tribes.

After lunch, we have an introductory discussion about shamanism that will help us understand the traditions of the rain forest people. Spend the afternoon exploring yet deeper into the Pacaya Samiria National Reserve, where we'll listen to the local birdsong and keep our eyes peeled for sighting the different animal species found in this area.

Before dinner, we'll touch upon the spirit realm, paying a visit to a local shaman. Mystic ... minister ... healer—one might consider a shaman to be "all of the above." But to understand shamanism requires something of a leap of faith, a leap into the spirit world that is the shaman's domain.

Shamanism is practiced around the globe, and is universally distinguished by a trance state called shamanic ecstasy. In these "out of body" travels, the shaman enlists denizens of the spirit world to help him with a variety of duties, from healing the sick to assisting a deceased person's soul into the afterworld—and all the while, the shaman remains conscious. Before you leave the Amazon jungle, you'll gain rare insight into the complexities of this phenomenon when you meet an actual practicing shaman in a river village. He'll introduce us to his spiritual healing craft and tell us about rain forest plants that indigenous peoples have for untold centuries held to possess curative properties. Your experience may not be "out of body," but it's sure to be out of the ordinary.

Day 5 Marañon River / Pacaya Samiria National Reserve (1B,1L,1D)

The early morning offers another opportunity to watch the world awakening in the rain forest. Perhaps you'll spy iguanas, river turtles, cormorants, or wattled jacana during this excursion.

We return to our riverboat and prepare to meet a local Indian family. They will welcome us into their home to share conversation over the midday meal, introducing you to their culture, costumes, and way of life. This is a rare and unforgettable opportunity to gain new insight into a world truly apart from our own.

Be sure to be well rested, so that you won't miss our late-night excursion to discover who comes out at night in the jungle! As we join our Trip Leader for a nighttime boat ride in the wild, be on the lookout for mammals, bats, and reptiles such as capybara, black caiman, poison frogs, and a vast number of other species.

Day 6 Marañon River / Pacaya Samiria National Reserve (1B,1L,1D)

Today we rise early and set out to explore the impressive biodiversity of this unusual ecosystem. We'll look for a quiet spot to enjoy our picnic breakfast, followed by a trip to explore Choroyacu. We'll also ride up the Nahuapa River for a little fishing expedition. What's biting? Piranhas, of course! Reputedly "the most ferocious fish in the world" (to quote Teddy Roosevelt), piranha are a dietary staple for many of the Amazon rain forest's indigenous people. While fearsome, they're also esteemed as some of the best eating fish in South America. They have a light, nutty-tasting flesh that lends itself wonderfully to any number of cooking methods, which we'll discover when we cast our lines today. Piranha aren't terribly selective about what they eat, making piranha fishing fairly easy.

No hand-tied flies or special casting technique required. It’s often enough just to drop a line—usually baited with raw meat or chicken—where they’re swimming.

We will also visit Choroyacu Creek where we’ll have the opportunity to climb in a dugout canoe and explore this scenic area with the locals.
After lunch, you’re invited to plunge into the river for a swim, perhaps sharing the water with some pink or grey river dolphins. Back onboard, we’ll enjoy a video about the flooded forest. Then we can kick up our heels as we learn a local dance.

Water level and seasons permitting, we’ll have another chance to witness the nocturnal life of the rain forest after dinner this evening, as we venture out in small boats onto the Marañon River. Perhaps our flashlights will reflect the red eye shine of the black caiman—or even the glowing yellow eyes of a jaguar!

Day 7 Nauta / Sapisapi River (1B,1L,1D)

It’s back to civilization today, as our ship returns to its home port of Iquitos. But before we dock, we have a few more unique experiences to look forward to.

This morning, we’ll call on the town of Nauta, where the Ucayali and the Marañon—the major headstreams of the Amazon—join together. On our included tour, we’ll ride the local motorcars and browse the local market. You’re welcome to try your hand at bargaining!

Continuing on our way, we visit the Sapisapi River to look for charapas and turtles. The river has given up its secrets—or at least some of them.
Tonight, we’ll celebrate our discoveries at our Farewell Dinner and Party, complete with live music, aboard our ship.

Day 8 Iquitos / Lima (1B)

Disembark at Iquitos. We will transfer to the Iquitos airport for our flight back to Lima. Once arriving in Lima you will be met by a G Adventures representative and transported to your hotel.

Spend a final night in the City of Kings and enjoy a Pisco Sour or try some Peruvian ceviche!

Day 9 Lima (1B)

Depart at any time.

What's Included

6 nts aboard the Queen Violeta Amazon riverboat. Return flights between Lima and Iquitos. Arrival transfer and breakfast daily in Lima. Launches and land excursions with our expert naturalist team.

Highlights

Explore the Pacaya-Samiria National Reserve – the largest national park in Peru, dine on food fresh from the jungle, spot pink dolphins on the Amazon River, interact with members of the local community, learn the intricacies of Amazon wildlife

Dossier Disclaimer

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Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will

take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Important Notes

1. Please note that this tour combines with other G Adventures tours. As such, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

Group Leader Description

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

Group Size Notes

Max 28

Meals Included

8 breakfasts, 6 lunches, 6 dinners.

Meals

Meals and unlimited bottled water are included on board the Queen Violeta, drinks extra. Continental Breakfast included in Lima hotel.

Meal Budget

Allow USD50-80 for meals not included in Lima. Drinks and tips extra on board the Queen Violeta.

Transport

Amazon riverboat, plane, private bus.

Local Flights

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Solo Travellers

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Accommodation

Aboard the Queen Violeta Amazon riverboat (6 nts), comfort hotels (2 nts).

My Own Room

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

About Accommodation

Please note that hot water shortages and power outages can be fairly common in Peru (even in upgraded hotels and private homes). We appreciate your patience and understanding that these occurrences are outside of our control.

Joining Hotel

Hotel Antigua Miraflores
Avenida Grau 350
Miraflores, Lima
Peru
Tel: +51 1 241 6116

Please note, from January 1, 2014 onwards the start hotel is the following:

Dazzler Tower Lima
Av. José Pardo 879 esquina Roma
Miraflores, Lima
Peru
+51 1 634-4001

The following departures will commence at the San Agustin Exclusive Hotel:

January 11
February 8, 22
June 28
October 25
November 1, 8, 2229
December 13, 20, 27

San Agustin Exclusive
Calle San Martin 550, entre cdra 7 y 8 de Av. Larco
Miraflores
Lima, Peru
+51 1 319 0060/ 424-7102

Joining Instructions

An arrival transfer is included with all Comfort-level tours when you arrive on Day 1, or when you arrive up to three days prior to the tour, provided that you have booked your pre-accommodation through G Adventures in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Jorge Chavez International Airport in Callao Lima, is approximately a 45-minute drive from the Miraflores district, where our joining hotel is located. The easiest way to get there is via taxi. Immediately after the customs and immigration area, as you head to the exits, you will find an official taxi stand. You can pay for the car at set (approximately $27 USD) rates and won't need to worry about sorting out a ride outside the airport facilities, where the situation tends to get more chaotic, with many drivers vying for few clients. There are exchange facilities in the Arrivals area open 24 hours.

An arrival transfer is included in this tour, someone will be at the airport to meet you. Upon leaving the baggage claim area you will see a large open area with sign boards all around. Look for a G Adventures sign board with your name. As there are many people and signs in this area it may be difficult for you to spot the sign immediately. Please take your time in doing so and if at that stage you do not see a G Adventures sign board with your name go to the customer service area to wait. In the event that your driver does not arrive within 20 minutes please ask the information desk to arrange an official taxi for you which should cost approximately $27 USD and this money will be reimbursed by your CEO or G Adventures representative.

FINDING YOUR TRANSFER - As you walk out of the airport there will be many drivers holding signs with agency or passenger names as well as taxi drivers asking you if you require their services. These are NOT our drivers and you should not accept their services. Please wait for our designated transfer person with a G Adventures sign board.

Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER
If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS
G Adventures Office Lima, Peru.
During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650 or 01 241 1650 (from mobile within Peru) or 241 1650 (from payphone within Peru)
After hours Emergency number: +51 99 758 2712,

If you are unable for any reason to contact our local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100
Calls from UK: 0844 272 0000
Calls from Germany: 01805 70 90 30 00
Calls from Australia: 1 300 796 618
Calls from New Zealand: 0800 333 307
Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What to Take

Most airlines allow two checked bags and one carry-on per person. To avoid any problems upon check-in and with possible excess baggage charges, please consult the airline for specific restrictions.

Checklist

- Passport (with photocopies)
- Travel insurance (with photocopies)
- Airline tickets (with photocopies)
- US dollars- cash bar and tips accepted in USD or Peruvian Soles
- Credit or debit cards (can only be used in Puerto Maldonado)
- Any G Adventures vouchers, pre-departure information or trip details
- Any entry visas or vaccination certificates required
- Camera, memory cards, batteries and chargers
- Reading/writing material
- Cover for backpack (suggested)
- Flashlight or headlamp
- Binoculars
- Windproof/waterproof jacket
- Swim wear
- Rain poncho

• Sun hat
• Shorts/skirts (can be worn around the lodge, not on hikes)
• Loose-fitting, light-coloured long pants/trousers for hiking (any colour but black)
• Loose-fitting, light coloured long-sleeved shirts (any colour but black)
• T-shirts
• Walking boots/sturdy shoes
• Socks
• Flip flops/sandals can be worn around the lodge
• Knee-length socks (to be used with rubber boots)
• Sunblock
• Bug repellent with DEET
• Toiletries (biodegradable)
• Watch/alarm clock
• Water bottle (water available for refills)
• First-aid kit (should contain lip salve, Aspirin, Band Aids, anti-histamine, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, extra prescription drugs you may be taking.)

Suggested: cleansing wipes, ear plugs, biodegradable laundry soap, bags to keep dirty laundry or wet swim wear separate

Laundry

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap. Aboard the Amazon Explorer laundry facilities are provided free of charge for each passenger daily except for the last day.

Visas

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy, or consulate for the most up-to-date visa requirements, or see your travel agent. IT'S YOUR RESPONSIBILITY TO HAVE THE CORRECT TRAVEL DOCUMENTATION.

Detailed Trip Notes

AMAZON RIVER

Iquitos is a city with a population of over 400,000 inhabitants. It is the largest jungle city of Peru and the capital of the massive Department of Loreto, the largest of all Peru’s Departments. Iquitos was originally founded in the 1750s as a Jesuit mission. It grew steadily and there was a virtual population explosion in the 1880s during the rubber boom. The rubber industry has left an amazing legacy in Iquitos with it’s fabulous mansions, which in it’s “hay day” was the centre of cultural life for the rich of this port city. The city experienced a second boom, with the discovery of oil in the area, which has transformed Iquitos into a prosperous modern city. In recent years tourism has also begun to play an increasingly important role in the local economy.

A unique feature of the rainforest surrounding Iquitos is that it has neither a rainy nor dry season. It does have a high water period from December through May, which is caused by the melting of snow during the Andean summer and from the rainy season in the upper jungle. The low water period begins in June and ends with the rising waters in November.
The warm and humid climate remains relatively constant throughout the year, giving this area its botanical category of "Everwet Tropical Forest". Normal daytime highs are 32º C (90 ºF) and nighttime lows are 23º C (74 ºF).

The Amazon Region contains the world’s largest tropical rainforest, the world’s longest river, and perhaps the greatest diversity of wildlife to be found anywhere. More than 4000 species of birds, 2000 species of fish (more species than are found in the Atlantic Ocean), 60 species of reptiles, including the caiman and the anaconda, the world's largest non-venomous snake, and a great variety of mammals such as the jaguar, pecary, anteater, tapir, capybara and pink dolphin.

In addition to our rainforest explorations, another important feature of the program will be our visits to the homes of deep forest settlers. We will visit and learn what their lives are like, living on the edge of this vast trackless forest. A walk through their gardens is always interesting and we marvel at their survival skills, which permit them to continue living in the complex tropical forest environment. All deep forest settlers collect plants for medicines and we will talk with them about which plants they collect and their uses.

Experience Counts
Accompanying the voyage is a dedicated and experienced staff of naturalists who share with us their knowledge, enthusiasm and commitment to the environment. Officers and crew, all highly experienced in varying types of navigation, man our ship.

Environmental Policy
We are dedicated to minimizing the impact of our expedition on wildlife and sensitive natural habitats. We operate environmentally responsible cruises and expeditions and follow all internationally agreed regulations of conduct. We are all privileged visitors – and committed to the future of these extraordinary realms.

Safety First
Although expedition cruising is adventurous by nature, the safety of our passengers and staff is paramount. Our ships are equipped and maintained to cope with the most challenging conditions and are manned by experienced and conscientious officers, crew and staff. The skiff landing crafts used for daily shore landings are rugged and are operated by experienced drivers in a responsible manner. Onboard you will be fully briefed on safety issues and our environmental policy and you will receive appropriate and detailed briefings before every landing.

Naturalist Staff
A carefully chosen team will lead our voyage. They are chosen not only for their local knowledge and wealth of experience but also for their great love of the Amazon. With formal lectures, as well as informal briefings and discussions, your naturalists will cover all aspects of the voyage including ornithology, rainforest biology, geography, history and the environment.

A DAY ON BOARD

Our day's skiff and land excursions will be in the morning and late afternoon, when the wildlife is at its liveliest. During the hotter hours of midday, our expedition staff will entertain and captivate us with enthralling lectures on everything from the history and culture of the region, to the Amazon's prolific bird, animal and plant life. There will be plenty of time to relax in the comfort of Amazon Explorers observation deck.

Late evenings are for relaxing. Well, not necessarily. By all means, curl up with a good book, spend a few hours chatting in the bar or enjoying the local band onboard during Happy Hour and before dinner. But there are some rather more exhilarating alternatives. There may be another shore landing or skiff cruise, or you could always spend a few more hours on the deck, looking at the myriad of stars in the Amazon night sky.

Your Home away from Home: The Vessel
The ship was built with a unique combination of Amazonian hard wood and steel, with a design typical to the region. It is beautifully furnished with polished wooden floors. This air conditioned ship has one dining area, an open bar area and one observation deck. All cabins are air conditioned, mainly twin beds and are comfortable and spacious, private shower with toilet and hot/cold water 24 hours a day. The Amazon Riverboat is also equipped with a fleet of skiff launch boats. Skiffs provide practically unlimited mobility and allow exploration of even the most remote and inaccessible shores.

QUEEN VIOLETA AT A GLANCE

Registry: Peru
Built: Iquitos, Peru - 2012
Max Speed: 9 knots
Cruising Speed: 8 knots
Capacity: 32 passengers
Auxiliary Craft: 2 open skiffs with 2 50HP O/B, ecologically-friendly 4-stroke engines and safety supplies
Electricity: 110V in cabins and public areas
Capacity: 32 passengers
Cabins: 10 comfy main deck cabins with side-by-side twin beds river-facing with private facilities and A/C
6 spacious second-deck cabins with queen size beds; river-facing with private facilities and A/C
Crew: 16 crew and naturalist guides
Boat Layout: Large open upper deck with bar area for briefings and lounging with deck chairs and hammocks
Aft dining room on the second deck accommodates all passengers in one sitting
Special Amenities: Best-in-field naturalist guides

Equipped with an open skiff to explore smaller tributaries and remote arteries
Complimentary tea and coffee served all day
Water, juice and snacks available for purchase

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Money Exchange

The currency in Peru is the Nuevo Sol (PEN).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

Emergency Fund

Please also make sure you have access to at least an additional USD $200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Tipping

We recommend tipping $15 per day or $90 in total for time spent on the boat. There will be two envelopes left by the staff one, for guides and one for crew. The recommended breakdown is 50% for the naturalist staff and 50% for the crew. This is only a suggestion as we understand that tipping is a personal choice.

Also at the end of the trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline $20-25 USD per person, per week can be used.

Optional Activities

All prices are per person in US dollar amounts (unless stated otherwise), and are subject to change as services are provided by third party operators.

Lima:
Lima City Tour $43 (Minimum 2): Tour colonial and contemporary Lima. - Approx 3 Hrs

Pachacamac $50 (minimum 2): Visit the Lost Inca Citadel of Lima. - Approx 3 Hrs

Larco Museum $51 (Minimum 2): This museum contains the best quality gold and silver collection. - Approx 3 Hrs

Culinary Tour $72: Visit a local market. Learn how to make Ceviche and Pisco Sours like the experts. - Approx 3 Hrs

Ballestas Islands with Huacachina From $220 (minimum 2): Enjoy wildlife and history, have lunch in a winery and visit the Huacachina Oasis. - Full day

Nasca Lines $300: Flight over the mysterious Nasca Lines. Services start and end in Lima. - Full day

City Contrasts $55 (minimum 2):Visit the other face of Lima, the shanty towns or Pueblos Jovenes. - Approx 3 Hrs

Lima at Night $70 (minimum 2): Visit the Magic Circuit of Water, walk through the centre of Lima and savour an included dinner. - Approx 3 Hrs

Palomina Islands $75 (minimum 2): Visit the port area of Lima. Spot wildlife and swim with the sea lions. - Approx 5 Hrs (minimum 2)

Health

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

For your own safety, we strongly recommend that you advise us of any medical condition that may affect you while traveling.

If you are carrying any prescribed medication, or if you have any particular health needs, please bring with you a signed and dated letter from your physician stating any such health problems and dosage requirements for any medication to be provided to our doctor on board, as well as to any medical authorities in case of an emergency.

We suggest that you confer with your own physician to be sure your routine immunizations, such as tetanus, diphtheria and hepatitis A, are up-to-date before traveling. Older travelers, in particular, may wish to consider preventive measures against influenza and pneumonia.

Also, please note that if you are particularly sensitive to heat, this may not be the trip for you.

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

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www.gadventures.com/travel-resources/safety/

Trip Specific Safety

Care should be taken when wandering around on your own in central Lima, as some areas can be dangerous and pickpockets are daring.

Medical Form

Our small group adventures bring together people of all ages. It is very important you are aware that, as a minimum, an average level of fitness and mobility' is required to undertake our easiest programs. Travellers must be able to walk without the aid of another person, climb 3-4 flights of stairs, step on and off small boats, and carry their own luggage at a minimum. Travellers with a pre-existing medical condition are required to complete a short medical questionnaire, which must be signed by their physician. This is to ensure that travellers have the necessary fitness and mobility to comfortably complete their chosen trip. While our CEOs work hard to ensure that all our travellers are catered for equally, it is not their responsibility to help individuals who cannot complete the day's activities unaided. Please refer to the physical ratings in this Trip Details document for more information.

The medical questionnaire can be found online at:

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www.gadventures.com/medical-form.

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Travel Insurance

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Planeterra-The G Adventures Foundation

Through our commitment to responsible tourism we have developed the Planeterra Foundation, a non-profit organization dedicated to making a positive difference in the lives of people and communities around the world through support of international charities, local organizations and community projects in the places that we visit on our tours. G Adventures matches all individual donations and pays all administration costs, which means that 100% of each donation is doubled and goes directly to support our projects. For more information about Planeterra and the projects we support, or to make a donation, please visit www.planeterra.org

Planeterra Dollar-A-Day Program
Our Dollar-A-Day Program provides travellers with the opportunity to help us give back to the people and places visited on our tours by donating one dollar per day for the duration of their tour. 100% of these proceeds will go directly to support our Planeterra projects.

To participate in this program please indicate at the time of booking that you would like to participate in G Adventures' Dollar-A-Day program, either by clicking the check box online, or by advising your G Adventures specialist or travel agent. (Note: Donation will be charged in the currency of your booking)

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customerservice@gadventures.com and we will send it on to you.