

## East Coast Australia in Style - OAES

10 days: Sydney to Cairns

### What's Included

---

Sydney harbour yacht ride. Sydney orientation walk. Included surfing lessons with a local (Byron Bay). Yoga lesson. Whitsunday Islands sailing trip. Scenic train journey to Cairns. Aboriginal village visit with an opportunity to try spearfishing (Port Douglas).

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 1st, 2013 - December 31st, 2013

### Itinerary

---



#### **Day 1 Sydney**

Arrive in Sydney at any time. There are no planned activities during the day, so check into the hotel and explore the city. Please try to arrive before 7pm for an important group welcome meeting where you can meet the Chief Experience Officer (CEO) and the other group members. If you arrive early enough, you'll have time to head into the city to visit the Botanical Gardens or the famous Opera House.

#### **Day 2 Sydney (1B,1L)**

Today we explore Sydney with a walk along the harbour to the iconic Sydney Opera House and into the Rocks area. We'll have an early lunch before boarding a sleek former Americas Cup racing yacht for a 2 ½ hour sail on one of the world's finest harbours. Meet in the early evening for an optional drink or dinner. We may head beachside to Bondi where there are plenty of excellent dining options.

#### **Day 3-4 Byron Bay (2B,1L)**

We meet mid-morning to catch our flight to the North Coast of New South Wales. Arrive early evening into beautiful Byron Bay. On the way to our hotel we'll stop for a walk to the Cape Byron lighthouse located at the most easterly point of the Australian continent. You have the evening at your leisure. Talk to your CEO today about some optional activity options for tomorrow so they can make arrangements for you.

Start Day 4 early to enjoy a yoga class to refresh your mind before meeting a local surfer for a surf lesson. We use soft big boards that provide more surface area and stability so everyone has a chance to ride a wave. We have lunch at a local vegetarian restaurant to ensure we fully get into the vibe of Byron Bay.

The rest of the day is yours to explore - you may like to walk along the long stunning beach, play in the surf, or simply hang out at the beach hotel and people watch. Optional activities in the area include whale watching (seasonal), kayaking, or a day trip to the beach town of Nimbin.

Estimated travel time: 1.5 hour flight, then 45 minute transfer to hotel.

### **Day 5 Whitsunday Islands (1L,1D)**

This morning we leave Byron at 7am for Brisbane airport for a morning flight to the capital of Queensland. Upon arrival in Proserpine we'll transfer to Abel Point Marina in Airlie Beach for a short transfer to Daydream Island, our home for the night.

Estimated travel time: 3 hour drive, 1.5 hour flight, 30 min ferry

Travel distance: 150 km

### **Day 6 Whitsunday Islands/Airlie Beach (1B)**

We spend this morning relaxing on the island before embarking on a yacht for an afternoon of sailing and swimming around the islands. Enjoy an afternoon aboard the yacht before ending the day in Airlie Beach at our resort hotel for the evening.

### **Day 7 Cairns (1B)**

Embark on a scenic train journey through sugar cane country and rainforest as we head north to Cairns. Arrive early evening and check-in to a centrally-based hotel before exploring the town and opting for a group dinner and drinks.

Estimated travel time: 10 hours

Travel distance: 600 km

### **Day 8-9 Port Douglas (2B)**

Travel up the stunning coastal road, stop to meet local Aboriginals and go on an interpretive walk, learning about traditional ways of life and survival techniques. Enjoy the unique opportunity to try spearfishing and gain perspective on how difficult it can be. Arrive mid-afternoon in the colourful resort town of Port Douglas. Take time to stroll the main streets, window-shopping on your way. Spend two nights at a local resort. Option to take a Great Barrier Reef snorkelling trip on Day 9.

Estimated travel time: 1 hour

Travel distance: 70 km

### **Day 10 Cairns (1B)**

Travel from Port Douglas to Cairns where the tour ends upon arrival at approx 1pm. Feel free to book onward travel after 4:00pm.

Estimated travel time: 1 hour drive

Travel distance: 70 km drive

## **What's Included**

---

Sydney harbour yacht ride. Sydney orientation walk. Included surfing lessons with a local (Byron Bay). Yoga lesson. Whitsunday Islands sailing trip. Scenic train journey to Cairns. Aboriginal village visit with an opportunity to try spearfishing (Port Douglas).

## **Highlights**

---

Learning to surf in Byron Bay, Sailing remote islands and relaxing on world class beaches, Learning about Aboriginal culture and history

## **Dossier Disclaimer**

---

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

## **Itinerary Disclaimer**

---

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide

to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

---

## Important Notes

Please note this trip ends at the G Adventures hotel in Cairns at 6pm on Day 10. Please do not book any forward flights until 9PM or later.

---

## Group Leader Description

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

---

## Group Size Notes

Max 18, avg 12

---

## Meals Included

8 breakfasts, 3 lunches, 1 dinners.

---

## Meals

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. On truck trips in Africa, aboard the M/S Expedition or our Galapagos yachts, while trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

---

## Meal Budget

Allow AUD200-300 for meals not included.

---

## Transport

Private bus, plane, local bus, ferry, yacht, train, walking.

---

## About our Transportation

A variety of transport modes are used on this coastal tour.

---

## Local Flights

Local flights are included in this itinerary.

---

## Solo Travellers

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these

itineraries must pay the single trip price.

## Accommodation

---

Comfort hotels (3 nts), beach resort/hotel (6 nts)

## Joining Hotel

---

Vibe Hotel Rushcutters  
100 Bayswater Road, Rushcutters Bay NSW 2011  
Sydney, Australia  
Tel: (02) 8353 8988

## Joining Instructions

---

An arrival transfer is not included on this trip - please make your own way to the joining hotel. A group meeting will be held by your CEO this evening, please check the notice board in the hotel lobby for the time and details.

It is very easy to make your way from the airport to the hotel, options are as follows:

By Taxi: \$40-50, approximately 15km and shouldn't take more than 30 minutes.

By Shuttle Bus: \$16 pp. Buy tickets at the 'Sydney Airporter' bus desk between exit gates B & C. Alternatively, there is the "Airport Connect" service in the same location. Book tickets online at [www.airportconnect.com.au/](http://www.airportconnect.com.au/)

## Arrival Complications

---

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Emergency Contact

---

Should you need to contact G Adventures during a situation of dire need, it is best to first call our local office in Melbourne. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so we may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Office (Melbourne)  
During office hours, 9am-5pm Local Time  
From outside Australia: +61 3 9413 5804  
From within Australia: 03 9413 5804

### IF YOUR TRIP IS STARTING IN NEW ZEALAND

After office hours emergency number  
From outside New Zealand: +64 2 167 7981  
From within New Zealand: 02 167 7981

### IF YOUR TRIP IS STARTING IN AUSTRALIA

After office hours emergency number  
From outside Australia: +61 430 321 725  
From within Australia: 0430 321 725

If you are unable for any reason to contact our local operations manager, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100  
Calls from UK: 0844 272 0000

Calls from Germany: 01805 70 90 30 00

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## Finishing Point Instructions

---

Please note this trip ends at the G Adventures hotel in Cairns at 1pm on Day 10. Please do not book any forward flights until 4pm or later. If you would like to book any post night hotels in Cairns, please ask at time of booking.

## What to Take

---

You will be on the move a lot, so our advice is to pack as lightly as possible. We recommend the use of a well-labeled duffel bag, soft bag or backpack (whichever you find easiest to carry). Suitcases or heavy luggage are not recommended for the health of the CEO! A good size day-pack (20-35L) is also essential as you will have the chance to walk and hike in different national parks during these trips. This daypack will be used to carry your personal gear for the day, your lunch and a water bottle.

For days in the outdoors, we recommend the use of lightweight, breathable, moisture-wicking fabrics made of wool or synthetic fibers. Cotton is not recommended for days spent hiking as it does not allow for heat or moisture to enter or escape, and it will not dry easily once wet.

## Checklist

---

Documents:

- Passport (with photocopies)
- Travel insurance (with photocopies)
- Airline tickets (with photocopies)
- AUD Cash
- Credit or debit card (see personal spending money)
- G Adventures vouchers, pre-departure information and trip details
- Any entry visas or vaccination certificates required

Suggested Items:

- Camera and extra memory card/film
- Extra batteries (rechargeable recommended)
- Electricity Plug Adapter
- Flashlight or Headlamp (with extra batteries and bulbs)
- Earplugs (optional)
- Binoculars
- Concealable money belt
- Fleece top/sweater
- Windproof/waterproof jacket
- Small towel and swim wear
- Shirts/t-shirts
- Sun hat
- 2 pair of shorts or skirts
- 2 pairs of long trousers
- 1 pair hiking pants/track pants
- 1 smart outfit for special evenings
- hand sanitizers/ antibacterial wipes
- Hiking boots/ sturdy walking shoes
- Sport sandals
- Sunblock
- Sunglasses
- Toiletries
- Watch or alarm clock
- Water bottle
- Insect Repellent
- Pocketknife
- First-aid kit (should contain lip salve, Aspirin, Band Aids, anti-histamine, Imodium or similar tablets for mild cases of diarrhea,

re-hydration powder, extra prescription drugs you may be taking).

Optional Items: reading/writing material, Maps, guidebooks, iPod, iReader

## Laundry

---

Laundry can be done at least once a week while on tour - most cities have laundromats where you can buy soap and wash your laundry in coin-operated machines. Your CEO will advise you along the trip where you will be able to do your laundry.

## Visas

---

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements. A valid passport and visa is required. For some nationalities, the visa can be issued by your Travel Agency or the Australian Embassy via Electronic Travel Authority (ETA).

To apply for an ETA online, travellers must hold a passport from one of the following countries:

- Brunei - Darussalam
- Canada
- Hong Kong
- Japan
- Malaysia
- Singapore
- South Korea
- United States

More information about the ETA and how to apply can be found here:

<https://www.eta.immi.gov.au/ETA/etas.jsp>

If you do not hold a passport from any of the above countries, you cannot apply for an ETA online. You may be eligible to apply for an ETA through a travel agent, airline or an Australian visa office. Alternatively, you may be eligible to apply for other types of electronic visitor visas. See: [www.immi.gov.au](http://www.immi.gov.au)

## Spending Money

---

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## Money Exchange

---

The Australian currency is the Australian Dollar (AUD).

Credit cards are accepted almost everywhere in Australia and can be used to purchase small and large items. When purchasing products or services with a foreign credit card you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of local currency (preferably smaller bills, 5's, 10's and 20's) and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is easy to find in Australia in the gateway cities and most banks do accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## Emergency Fund

---

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Tipping

---

It is not customary in New Zealand or Australia to tip service providers, but if you do experience outstanding service it is good to do so. Such service would only usually be in places like quality restaurants and it would be very rare that you would tip more than 10%. Unless specifically asked to do so at the time (by your CEO) - do not tip your local guides. Also at the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, you may consider a small tip - but it certainly isn't expected.

## Optional Activities

---

### OPTIONAL ACTIVITIES ON TOUR

All prices are per person, in AUD amounts and are subject to change as services are provided by third party operators. Please note there may be weight restrictions on certain activities (eg skydiving 100 - 110 kg).

#### SYDNEY

MyMulti Pass (public transport pass) \$11

Harbour Bridge Climb - \$198

Taronga Zoo - \$44

#### BYRON BAY

Ocean Kayaking \$69

#### WHITSUNDAY ISLANDS

Scuba diving \$65

#### DAYDREAM ISLAND

Jet ski - 15 min \$55/ 30min \$95

Ocean kayaking - 1hr \$30 / half day \$50

Mini golf - \$10

Spa packages - costs vary by service

#### CAIRNS

Whitewater Rafting \$195 (Tully Full-day) \$225 (Xtreme Tully Full-day)

Bungee jumping \$169 (includes certificate and t-shirt)

Minjin Swing \$99

Combo Bungee and Minjin Swing \$319

## Safety and Security

---

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the

day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. Read more about travel safety for ways to further enhance your personal safety while traveling.

## **Trip Specific Safety**

---

Heed the caution signs at all times in National Parks and other remote areas in New Zealand and Australia.

## **Medical Form**

---

Our small group adventures bring together people of all ages. It is very important you are aware that an average level of fitness and mobility is required to undertake our easiest programs. Travellers must be able to walk without the aid of another person, climb 3-4 flights of stairs, step on and off small boats, and carry their own luggage at a minimum. Travellers with a pre-existing medical condition are required to complete a short medical questionnaire, which must be signed by their physician. This is to ensure that travellers have the necessary fitness and mobility to comfortably complete their chosen trip. While our leaders work hard to ensure that all our travellers are catered for equally, it is not their responsibility to help individuals who cannot complete the day's activities unaided. Please refer to the physical ratings in this Trip Details document for more information.

Please note that all passengers traveling to Antarctica are required to fill out this questionnaire.

The medical questionnaire can be found online at:

[www.gadventures.com/medical-form](http://www.gadventures.com/medical-form).

## **A Couple of Rules**

---

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEO has the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## **Travel Insurance**

---

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency repatriation. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## **Planeterra-The G Adventures Foundation**

---

Our commitment to responsible tourism inspired us to establish the Planeterra Foundation in 2003, a non-profit organization dedicated to making a positive difference in the lives of people and communities around the world through support of local organizations and community projects in the places that we visit on our tours. G Adventures pays all of Planeterra's administration costs, which means that 100% of each donation goes directly to support our projects. We also match all donations up to \$30,000 per year to double the impact! For more information about Planeterra and the projects we support, or to make a donation, please visit [www.planeterra.org](http://www.planeterra.org)

Donate when you book your trip!

We offer travellers the opportunity to help us give back to the people and places visited on our tours by donating \$3 at the time of booking. Of course any amount above \$3 is welcome! 100% of these proceeds will go directly to support our Planeterra projects.

To participate in this program please indicate at the time of booking that you would like to donate to Planeterra, either by clicking the check box online, or by advising your G Adventures specialist or travel agent. (Note: Donation will be charged in the currency of your booking)

## Feedback

---

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customerservice@gadventures.com](mailto:customerservice@gadventures.com) and we will send it on to you.

## Newsletter

---

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## Travel Forum - The Watering Hole

---

Be sure to stop by The Watering Hole, our adventure travel forum. If you're interested in meeting others booked on your upcoming trip, check out the Departure Lounge section of our forum and introduce yourself. Otherwise, just drop in at anytime to share some travel tips, ask questions, meet other travellers and quench your thirst for travel. Our forum is located at [wateringhole.gadventures.com](http://wateringhole.gadventures.com).