

## Moorish Spain - ESMS

8 days: Madrid to Seville

### What's Included

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Visit the UNESCO World Heritage site of Toledo, explore Cordoba including the mezquita (mosque) and the medieval Jewish quarter, Granada orientation walk, including a guided visit of the Alhambra, El Tajo gorge excursion and walk.

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 1st, 2013 - December 31st, 2013

### Itinerary

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#### Day 1 Madrid

Arrive at any time. As your fellow travellers are arriving throughout the day, there are no planned activities, so check-in to the hotel (check-in time is approx. 3pm) and enjoy the city. In the evening meet your fellow group members to go over the details of your trip. Check the notice boards or ask at reception for the exact location of this group meeting. After the meeting, you have the chance to head out for a meal at a local restaurant with the group (optional).

Please make every effort to arrive on time for this important welcome meeting. If you are delayed and will arrive late, please contact the hotel or inform us - contact numbers are provided in these notes. Your Tour Leader will then leave you a message at the front desk informing you of where and when to meet up.

Madrid, the grande dame of European cities, has it all — history, architecture, museums, galleries, beautiful parks and a wild nightlife. The capital's most exciting street is the Gran Vía, but be sure to visit the Plaza Mayor –the true heart of Madrid. Enjoy a coffee in one of the plaza's many cafes and watch the world go by.

A trip to the Museo del Prado, one of the greatest art galleries in the world, is a definite highlight. The main emphasis of the museum is 15th to 19th century Spanish, Flemish and Italian art. There is plenty of Goya and you'll find a wealth of paintings by Diego Velázquez. For a more modern take and one of the best art history lessons you'll ever get, check out the Museo Thyssen-Bornemisza, a private assembly of paintings from Titian to Picasso.

The beautiful Real Jardin Botánico, near the Prado, is a good spot to recover from an art overdose. To see what style the kings and queens lived in, visit the Palacio Real, where you'll get a chance to see some of the most elaborately decorated and furnished rooms. The epicenter of Madrid's nightlife is Plaza del Dos de Mayo, in the area known as Malasaña – head here after hours to have a taste of Sangria and dance to the latest music.

The Escorial, a magnificent palace and mausoleum constructed by Felipe II is also a major tourist attraction within the capital area. The building's magnificent style is a worthy monument to the power and wealth that was Spain during the 16th century. The Escorial also became a great center for learning and has an outstanding library.

### **Day 2 Toledo/Madrid (1B)**

This morning we visit the UNESCO World Heritage site of Toledo. Return at your leisure to Madrid with option to visit Museums, or take in a Flamenco show or Bull fight.

Estimated Travel Time: 1 hour each way by bus

### **Day 3 Cordoba (1B)**

This morning we travel to Cordoba by high speed train. After some time to settle in, we undertake a visit to Cordoba's most famous monument, its extraordinary Mosque. Built in 785 by the Moors, in the 16th century a Christian cathedral was built right in the middle of the mosque. Afterwards, we will stroll Cordoba's historic medieval Jewish quarter, full of narrow winding lanes and traditional houses.

Cordoba's gastronomy features a cuisine steeped in Roman, Moorish, Christian and Jewish traditions. Why not head out tonight and sample some such as the thick, hearty stew called "caldereta de cordero" or cool off with "ajo blanco," a hearty white gazpacho soup.

Estimated Travel Time: 2 hours by high speed train

### **Days 4-5 Granada (2B)**

Travel to the Andaluz city of Granada and take an orientation walk, including a guided visit of the Alhambra, one of the greatest accomplishments of Islamic art and architecture, and the highlight of the trip for most visitors. Free time to explore with the option to take a bike tour or visit the cathedral.

During the Muslim rule of Spain, Granada was one of the region's most regal cities. The greatest Muslim legacy in Europe, the Alhambra, is located in Granada. The Alhambra has captured the imagination of visitors for years, and much has been recorded about the history and purpose of this area. But no amount of reading or study can truly prepare you for your first visit—it is simply breathtaking.

The Alhambra is divided into three sections: the Alcazaba, the Palacio Nazaries and Generalife. The Alcazaba is the Alhambra's Muslim 11th century wing, offering spectacular views of the city from the tops of its towers. The Palacio Nazaries is the center of the Alhambra, and is most famous for its detailed works and gardens. The Generalife was the summer palace of the sultans. We include a full guided visit of the Alhambra to help you make the most of this truly memorable experience.

Granada though has so much more to offer than the Alhambra, magnificent though this is. Take a wander through the whitewashed historic quarter of the Albaicin, with its narrow lanes and fantastic views back to the Alhambra - this is a great place to go for sunset. And don't miss Granada's nightlife, with trendy tapas bars and a lively music scene.

Estimated Travel Time: 2.5 hours by bus

### **Days 6 Ronda (1B)**

Today we will explore the town of Ronda, on the El Tajo gorge. We will cross the Puente Nuevo and down into the gorge itself for incredible views. Free afternoon for exploring the many attractions of the town with option to go hiking, canoeing or caving.

Estimated Travel Time - Granada to Ronda: 2.5 hours by train

### **Day 7 Seville (1B)**

This morning we will head to Seville, one of the most colourful and exciting cities in Spain. We spend our time here with the option to explore the Muslim monuments, parks and gardens at our leisure, getting a taste of Seville's energetic pulse with a chance to see some unique flamenco and savour some tapas at the city's many bars and cafés.

After your CEO has taken you on a short orientation walk to get your bearings, you will have time to take in all this great city has to offer. Be sure to explore the wonderful interiors and gardens of the Alcázar, a magnificent palace dating from Moorish times. During Seville's warm summer nights (until mid-September) you can enjoy a series of concerts in the beautiful setting of the Reales Alcazares. The true heart of Seville lies in the Santa Cruz quarter a charming area with its winding alleys, picturesque lime-washed houses, flowery patios and small squares. Seville is home to the world's largest gothic cathedral. The climb to the adjoining tower, known as La Giralda, is well worth the effort for the great views of the city. The 76m Giralda was constructed by the Moors as a mosque between 1184 and 1197; after the reconquest Christians fitted the minaret with its bell tower in 1568.

Other attractions include the Parque de María Luisa, which has a maze of paths, garden beds, pretty little patios, fountains and shaded lawns, the Museo Arqueológico and the Casa de Pilates.

Estimated Travel Time - Ronda to Seville: 2.5 hours by bus

### **Day 8 Seville (1B)**

Depart at any time.

## **What's Included**

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Visit the UNESCO World Heritage site of Toledo, explore Cordoba including the mezquita (mosque) and the medieval Jewish quarter, Granada orientation walk, including a guided visit of the Alhambra, El Tajo gorge excursion and walk.

## **Highlights**

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Exploring the ancient Moorish city of Toledo, Capturing the perfect sunset photo of the Alhambra in Granada, Walking along spectacular El Tajo Gorge in Ronda, Visiting the magnificent Mezquita in Cordoba, Losing yourself in the colourful alleyways of Seville.

## **Dossier Disclaimer**

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## **Itinerary Disclaimer**

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While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **Important Notes**

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1. It is important to note that in Europe, all guiding is based around local guides all of whom are licensed to work only in a particular city. As such, our leaders are able to provide orientation walks which will show you the layout of each town and city as well as the location of local services such as post offices and laundromats, but are unable to legally share historical facts and figures in public places.
2. In Europe it is very rare to find elevators in train stations, hotels or other public places. We use public transport on this trip, which means you will need to carry your luggage from platform to platform, in and out of trains and buses etc. and also possibly up several flights of stairs. You will also need to be able to stow your luggage safely on trains and buses. It is therefore essential that you pack light and bring luggage which is compact and lightweight, and which you can easily transport. The carrying of your luggage remains your responsibility at all times.

## **Group Leader Description**

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This G Adventures group trip is accompanied by one of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being

guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use a local guides where we think more specific knowledge will add to the enjoyment of the place we are visiting - we think it's the best of both worlds.

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## Group Size Notes

Max 16, Avg 10

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## Meals Included

7 Breakfasts.

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## Meals

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

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## Meal Budget

Allow EUR200-300 for meals not included.

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## Transport

Local bus, train, walking

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## About our Transportation

Intercity transport on this trip will be by local bus and train. The bus and train systems in Spain is generally very good, most offer seat reservations, some buses have toilet facilities and others don't, but drivers often stop en route for service station breaks. Between transport and hotels you may be required to carry your luggage short distances (up to 20mins walk), in larger cities you may travel by taxis to and from hotels.

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## Local Flights

There are no internal flights on this trip.

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## Solo Travellers

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

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## Accommodation

Comfort hotels (7 nts)

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## My Own Room

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

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## About Accommodation

It is important to note that accommodations in Europe tend to be quite different to other areas of the world you may have travelled in. Buildings and rooms are generally old and may not have been renovated or maintained to the highest standard. Downtown hotels in Europe were not built to be hotels, but rich owners houses, which have been changed into hotels. Therefore unusual room sizes are common as large rooms have been partitioned in the past, resulting in rather "thin" walls. Reception areas, rooms and bathrooms tend to be very small as they were often added into an existing room, and may have a hand nozzle rather than a conventional shower head.

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations.

Staff can occasionally demonstrate less than perfect customer service. As accommodation is in short supply, especially during the summer months, hotels can charge a premium and there is sometimes little motivation to improve facilities.

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## Joining Hotel

Hotel Madfor  
Paseo de la Florida,  
13 28008-Madrid  
Tel +34915471400  
Fax +34915483173

madfor@actahotels.com

www.hotel-madfor.com

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## Joining Instructions

The Hotel is opposite the old Estación del Norte, now the Príncipe Pío interchange station which connects various metro lines, commuter trains and urban and intercity buses.

The main connection points are:

Metro: Príncipe Pío station. Line 6 (circular), Line 10 and Ramal Ópera-Príncipe Pío.

Buses: 25, 33, 39, 41, 46, 75, 138, C1 and C2

Commuter trains: (Príncipe Pío) C-7a, C-7b and C-10

Taxi rank 50 metres from the hotel.

From Madrid-Barajas Airport:

Taxi: From the rank in front of the airport entrance. 20-25 minutes. Cost: €35-40

Metro: Leave from the Aeropuerto metro station (Line 8), change at Nuevos Ministerios to Line 10 and get off at Príncipe Pío station.

Journey time: 45 minutos. Cost: single ticket + airport supplement: €4.50

Commuter trains: Line C1, Aeropuerto T4 – Recoletos – Atocha – Príncipe Pío. Journey time: 38 minutes. Cost: €2,40

Bus: Airport Express Bus – EMT Madrid: 24-hour direct connection between Atocha and Barajas Airport. Cost: €5

From Atocha Station:

Leave from Atocha Renfe metro station (Line 1) and change to Line 10 at Tribunal. Get off at Príncipe Pío station.

Taxi: There are plenty taxis outside the station. The journey costs around €8-10 and takes 10-20 minutes depending on traffic.

Bus: No. 41 in front of the hotel. Single ticket: €1.50

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## Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO. If you are unable to get in touch with your leader, please refer to our emergency contact details.

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## Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures UK office (manned UK 8am - 8pm)

+44 (0) 2072439878

If you are unable for any reason to contact our local office, please call the numbers listed below, which will connect you directly with

our 24 hour Sales team, who will happily assist you.

Toll-free, from calls within North America only: 1 888 800 4100

Calls from within UK: 0844 272 0000

Calls from within Germany: 01805 70 90 30 00

Calls from within Australia: 1 300 796 618

Calls from within New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

For absolute emergencies after office hours please contact +44 7817 262559

If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, and your call will be returned as soon as possible.

## What to Take

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We recommend the use of a duffel bag, rolling bag or backpack (whichever you find EASIEST TO CARRY). A good size daypack is also essential. Remember that you might be required to walk short distances with your luggage (15-20 mins max) between transport and hotels, and bear in mind limited space for luggage on public transport. Please also note that many smaller hotels do not have elevators, so you will need to be comfortable carrying your bags up and down steps.

## Checklist

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Suggested Items:

- Light fleece or sweater
- Light windproof/waterproof jacket
- Small towel and swimwear
- Sun hat
- Personal clothing for mild to hot weather (See also "What to Take" and "Local Dress" sections of this dossier)
- Sturdy walking shoes
- Sunblock
- Sunglasses
- Toiletries (biodegradable)
- Watch or alarm clock
- Water bottle
- Money belt
- First-aid kit (should contain lip salve, Aspirin, bandaids, anti-histamine, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, insect repellent, extra prescription drugs you may be taking)

Documents:

- Passport (with photocopies)
- Travel insurance (with photocopies)
- Airline tickets (with photocopies)
- EUR cash
- Credit or debit card (see personal spending money)
- G Adventures vouchers, pre-departure information and dossier
- Any entry visas or vaccination certificates required

## Laundry

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Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the closest laundromat is. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## Visas

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Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your responsibility to have the correct travel documentation. While we provide the following information in good faith, it is vital that you check yourself and understand that you are fully responsible for your own visa requirements.

All visitors to the EU (European Union) and EEC (European Economic Community) countries require a valid passport (with a minimum 6 months validity). USA, Canada, Australia and New Zealand passport holders do not need a visa to visit the Schengen area (see below), however they may not stay longer than three months in any 6-month period.

For other nationalities, travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

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## Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

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## Money Exchange

Spain is in the Eurozone and the unit of the currency is the Euro.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Visa cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work in Greece - Check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies.

Do not rely on credit or debit cards as your only source of money. A combination of Euros, traveller's cheques and cards is best. Avoid relying on traveller's cheques alone as these are less and less readily cashed as clients use them very little.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

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## Emergency Fund

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

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## Departure Tax

Usually included in international air ticket

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## Tipping

It is customary in Europe to leave a small tip for service providers, such as waiters, if you are pleased with the service (€1-2). Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping local guides would range from €3-5 per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline €20-25 per person, per week can be used.

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## Optional Activities

All prices are per person in Euro amounts(unless stated otherwise), and are subject to change as services are provided by third party operators.

Seville:

Traditional Flamenco Show - €15

Walking City Tour - €15

Real Alcázar - €7.50

Cathedral and Giralda - €8

Casa Pilates - €6

City Bus Tour - €16

Arab Baths (Hammam) - €28

Granada:

Bike tour (various) - 30-50 Euros

Cathedral - 4 Euros

Royal Chapel - 3.50 Euros

Madrid:

Prado Museum - €8 (free entry Tues-Sat 18h-20h/Sun 17h-20h)

Real Jardin Botanico - Free

Thyssen Museum - €8

Palacio Real - €11

City tour - €19

Flamenco show & drinks - €49-€85

Day Tour to Avila & Segovian - €55-€77.50

Day tour of Toledo - €41-€55.50

Day tour Alacala de Henares - €28.50

Day tour El Escorial - €43

Sight-seeing tour & Bull Fight - €40-€61.50

## Health

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Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## Safety and Security

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Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

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[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

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## Trip Specific Safety

Always keep an eye on your belongings especially in major cities, bus and train terminals.

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## Medical Form

Our small group adventures bring together people of all ages. It is very important you are aware that, as a minimum, an average level of fitness and mobility' is required to undertake our easiest programs. Travellers must be able to walk without the aid of another person, climb 3-4 flights of stairs, step on and off small boats, and carry their own luggage at a minimum. Travellers with a pre-existing medical condition are required to complete a short medical questionnaire, which must be signed by their physician. This is to ensure that travellers have the necessary fitness and mobility to comfortably complete their chosen trip. While our CEOs work hard to ensure that all our travellers are catered for equally, it is not their responsibility to help individuals who cannot complete the day's activities unaided. Please refer to the physical ratings in this Trip Details document for more information.

The medical questionnaire can be found online at:

[www.gadventures.com/medical-form](http://www.gadventures.com/medical-form).

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## A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

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## Travel Insurance

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

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## Planeterra-The G Adventures Foundation

Through our commitment to responsible tourism we have developed the Planeterra Foundation, a non-profit organization dedicated to making a positive difference in the lives of people and communities around the world through support of international charities, local organizations and community projects in the places that we visit on our tours. G Adventures matches all individual donations and pays all administration costs, which means that 100% of each donation is doubled and goes directly to support our projects. For more information about Planeterra and the projects we support, or to make a donation, please visit [www.planeterra.org](http://www.planeterra.org)

## Planeterra Dollar-A-Day Program

Our Dollar-A-Day Program provides travellers with the opportunity to help us give back to the people and places visited on our tours by donating one dollar per day for the duration of their tour. 100% of these proceeds will go directly to support our Planeterra projects.

To participate in this program please indicate at the time of booking that you would like to participate in G Adventures' Dollar-A-Day program, either by clicking the check box online, or by advising your G Adventures specialist or travel agent. (Note: Donation will be charged in the currency of your booking)

## Feedback

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After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customerservice@gadventures.com](mailto:customerservice@gadventures.com) and we will send it on to you.

## Newsletter

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Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## Travel Forum - The Watering Hole

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Be sure to stop by [The Watering Hole](#), our adventure travel forum. If you're interested in meeting others booked on your upcoming trip, check out the [Departure Lounge](#) section of our forum and introduce yourself. Otherwise, just drop in at anytime to share some travel tips, ask questions, meet other travellers and quench your thirst for travel. Our forum is located at [wateringhole.gadventures.com](http://wateringhole.gadventures.com).