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Sorry! There are no remaining departures for "Moroccan Dreams" (DCMDD), but here are some similar trips.

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Interested in this trip in 2014? Please check out the new 15-day "Morocco Sahara and Beyond"

Last Updated: December 17, 2013

Moroccan Dreams - DCMDD

12 days: Marrakech to Marrakech

What's Included

Arrival transfer - Welcome gift - Explore Marrakech with an expert local guide - Visit the ancient kasbah Village ofAit Benhaddou - Sahara desert excursion by 4x4 with overnight in a luxury desert camp - Explore the Draa region and visit local historical sites- Visit Tafraoute and its markets - Walk through a Palm Valley with lunch in a local home - Visit a local women's cooperative - Explore Essaouira - Explore Menara Gardens and the Jardin Majorelle - Visit an artisan workshops and markets with demonstrations

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2013 - December 31st, 2013

Itinerary

Day 1 Marrakech

Arrive at any time. Transfer to hotel is included. In the evening there will be a brief meeting where you will meet your CEO and fellow group members to go over the details of your trip. On arrival, check the notice board (or ask reception) to see the exact time and location of this group meeting. Afterwards, there will be the possibility to go out for a meal as a group in a nearby local restaurant. If you arrive late, no worries, your leader will leave you a message at the front desk.

A great place to start your exploration of Marrakech is Djemaa el Fna square, the heart of Marrakech, that changes its offerings throughout the day. In the morning you'll wander past the fresh orange juice stalls, water sellers in colourful costumes with traditional leather water bags and brass cups, and snake charmers reminiscent of an era past.

As the day progresses the snake charmers are replaced by Chleuh dancing-boys, story-tellers, magicians, and peddlers of traditional medicines. As the sun sets, the square fills with dozens of food-stalls, packed with locals and the entertaining chefs and waiters. Grab a spot on a bench with the other diners and try the Tanjia (slow cooked lamb), Harira soup, grilled seafood, famous Moroccan couscous, tajine, snails or even sheep's head for the truly adventurous, and wash it all down with some spiced tea.

To really get a taste of everyday life in Marrakech, head into the maze of tiny streets and alleyways of the ancient medina. Tourists and locals alike will find everything they desire in the souks, whether it's spices, traditional jalabas and slippers, or famous Moroccan lanterns, the selection here is exhaustive, and don't forget to bargain, it's definitely part of the fun.

For history and architecture buffs Marrakech is sure to dazzle. The Koutoubia Mosque, Bahia Palace, Saadian Tombs, Ben Youseff Medersa and Almovid Koubba are all easy to get to and well worth a visit. Once you've tired yourself out, relax at one of the tea houses around the square, indulging in the ubiquitous sweet mint tea, watching the hustle and bustle from your shady spot.

Day 2 Marrakech (1B)

Explore Marrakech with a local expert guide including the historical sites of Koutoubia Minaret, Palais Bahia, Palais Badi and Medresa Ben Youssef, the medina (old quarter), the alleys of the bustling souks and the famous Djemaa el Fna Square.

Day 3 Aït Benhaddou (1B,1D)

Travel to Aït Benhaddou, a UNESCO World Heritage Site in the Atlas Mountains, and explore this ancient kasbah village.

Aït Benhaddou is a wonderful example of a kasbah, which is a type of fortress. Carefully restored over the years and now classified as a UNESCO World Heritage Site, it is now considered to be one of the best preserved kasbahs in Morocco. A few families still call the kasbah their home, but the majority of locals have gradually moved to the nearby settlement. During our visit to the Kasbah, lose yourself in the narrow, winding passageways and feel the magical atmosphere of this incredible structure. Opt to take a tagine cooking course in your free time.

Approximate driving time without stops: Marrakech to Ait Ben Haddou = 3hrs

Day 4 Erg Cheggaga Desert Camp (1B,1L,1D)

Travel through the Draa Valley to Zagora, where we embark on 4x4s into the desert. Stop at Tamegroute and visit the famous library of ancient Islamic texts and local pottery studios. From here, travel off-road to the great dunes of Erg Cheggaga and our deluxe desert camp. Take a camel ride into the dunes for sunset or climb to the top for views across the vast Sahara. Enjoy a traditional dinner, under the stars, with a roaring camp fire.

Approximate driving time without stops: Ait Ben Haddou to Zagora = 3hrs, Zagora to Deluxe Camp = 3hrs

Day 5 Zagora (1B,1D)

Enjoy the sunrise before returning across the desert to Zagora. Afternoon talk of the history of the Draa region and visit local historical sites.

Approximate driving time without stops: Deluxe Camp back to Zagora = 3hrs

Day 6 Taroudant (1B,1D)

Continue up the Draa Valley then cross towards the Anti-Atlas to the carpet town of Tazenakht and Taliouine, where saffron is harvested. In Taroudant, visit the leather tanneries and local markets.

Approximate driving time without stops: Zagora to Taroudant = 4.5hrs

Day 7-8 Tafraoute (2B,1L,2D)

Travel into the Anti-Atlas region to Tafraoute where the landscape changes and we view natural rock formations. In the afternoon, visit the town centre and its local markets. On Day 8, continue exploring the region, including Aït Mansour Gorge, the Painted Rocks and the Chapeau du Napoleon. We walk through a palm valley and have lunch in a local village house, then visit a local women's cooperative where beautiful handicrafts are created and argan oil is produced.

Approximate driving time without stops: Taroudant - Tafraoute = 3.5hrs

Day 9-10 Essaouira (2B,1D)

Travel north and to the Atlantic Coast to the walled port town of Essaouira. Head down to the port to see the fishing fleet unload their catch and discover the local artisans, including the wood workers. Option to take a camel ride on the beach, go sailing or visit a hammam (traditional spa and steam baths).

Enjoy this coastal city and don't miss the colourful and lively spectacle of the return of the boats to the port, with their baskets full of fish. Afterwards, head up to the ramparts on the old city wall for a great view over the city and out to sea. Browse the shops and art galleries or take a stroll along the long, sandy beach. This is the perfect place to unwind and relax with a cold beer or shisha pipe (waterpipe). The active might choose to take a surfing or windsurfing lesson, hire a fishing rod or just take a long walk on the beach.

In the evening, head to one of the local barbeque fish cafes where you can pick out the catch of the day and have it cooked to perfection for the perfect sea food dinner. Essaouira is also famous for its music scene and a great chance to check out a live performance.

Approximate driving time without stops: Tafraoute to Essaouira = 6hrs

Days 11 Marrakech (1B,1D)

Return to Marrakech and visit Menara Gardens and the Jardin Majorelle. Enjoy our farewell dinner at a palace-style restaurant with local folklore entertainment.

Approximate driving time without stops: Essaouira to Marrakech = 3hrs

Day 12 Marrakech (B)

Depart at any time.

What's Included

Arrival transfer - Welcome gift - Explore Marrakech with an expert local guide - Visit the ancient kasbah Village ofAit Benhaddou - Sahara desert excursion by 4x4 with overnight in a luxury desert camp - Explore the Draa region and visit local historical sites- Visit Tafraoute and its markets - Walk through a Palm Valley with lunch in a local home - Visit a local women's cooperative - Explore Essaouira - Explore Menara Gardens and the Jardin Majorelle - Visit an artisan workshops and markets with demonstrations

Highlights

Stepping into the past at the ancient kasbah village of Aït Benhaddou (a UNESCO World Heritage Site), Exploring the Sahara Desert by 4x4 then spending the night in a luxury tented camp, Visiting mountain villages to learn the secrets of Moroccan cooking, Strolling through ancient medinas and markets to watching artisans demonstrate their age-old skills.

Dossier Disclaimer

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Important Notes

1. Weather: Please note that as a desert country, Morocco can be be cold at times. Summers - April to September are VERY HOT through out Morocco.
Winter - November to March can be cool to freezing cold - especially in the Atlas mountains, with the possibility of snow. Please bring appropriate clothing for these months.

2. Drinking water: It is advisable to drink bottled water in Morocco.

3. Depending on the lunar cycle, Ramadan will fall between July 10 to August 10, 2013. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still operate effectively during this period and food is available to non-muslims throughout the day.

4. Discovery Adventures is operated in conjunction with G Adventures, the world leader in sustainable adventure travel. An award winning company with over 800 employees and 17 operational offices worldwide, G Adventures has 20 years experience in creating culturally interactive travel experiences. G Adventures advocates a triple bottom line business philosophy where equal attention is

given to the environmental, social and economic impact of tourism to achieve long-term environmentally responsible growth whilst protecting destinations & cultural heritage for future generations.

Weather: Please note that the climate in Morocco can be both very hot during the day in summer months (up to 50°C) and cold at night in the mountains in autumn, early spring and winter (down to -6°C). Summer months, from April to September are very hot throughout Morocco. Winter months November to March can be cool to cold, especially in the Atlas Mountains, with high probability of snowfall. Most Moroccan buildings are not equipped with heating, so without proper layers you will be cold at night. Please bring appropriate clothing for the months in which you are travelling and check temperatures before you leave. Bedding is provided in the desert camp, but in winter months if you feel the cold you may wish to bring a sleeping bag too.

Group Leader Description

All Discovery Adventures group trips are accompanied by one of our expert CEOs (Chief Experience Officers). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. CEOs are experts in their region with a broad, general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local expert guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

Group Size Notes

Max 15, Avg 10

Meals Included

11 breakfasts, 2 lunches, 8 dinners

Meals

Travelling with Discovery Adventures you experience the vast array of wonderful foods and flavors that are available in the world. Some meals are included in the trip price in more remote regions or as a highlight where we can share a local specialty or cultural experience. In many places where there is a choice of eating options, we like to give you the maximum flexibility in deciding where, what and with whom to eat. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each others company, but there is no obligation to do this. Your CEO will be able to suggest favorite restaurants during your trip. For all trips please refer to the meals included and budget information for included meals and meal budgets.

Meal Budget

Allow USD200-350 for meals not included

Transport

Private air-con minivan, walking, 4x4.

About our Transportation

Our transport throughout this tour is a comfortable air conditioned mini van.

Local Flights

There are no local flights on this tour.

Solo Travellers

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Accommodation

Comfort hotels (10 nts), deluxe desert camp (1 nt)

My Own Room Exceptions

Night 4 Erg Cheggaga Desert Camp.

About Accommodation

The accommodation level for most Discovery Adventure tours are comfortable, in mid-range hotels, motels, lodges, guest houses, etc. You'll often enjoy air-conditioned rooms, complete with en suite bathrooms and some amenities. Accommodation and amenities can vary by Country and region and please remember that standards can be different from what you are used to in your home country, which is part of the appeal of adventure travel. Some trips may include camping, permanent tented camps or more rustic lodges, depending on the remoteness of where you are visiting. Please see your trip details for more information, specific to your tour. Porterage is not included, but can be arranged directly at most hotels.

Please note that Morocco is a developing country and as such the infrastructure is not as reliable as you would expect at home. Expect quirky plumbing and the occasional cold shower even in the best hotels!

Joining Hotel

Dellarosa Hotel & Suites
5 Avenue Moulay Hassan
Gueliz
Marrakech
Morocco
Tel +212 524 442227

Arrival Complications

We do not expect any complications and nor should you but the following information is supplied in case of extra ordinary circumstances.

PRE-BOOKED AIRPORT TO HOTEL TRANSFERS
If you have pre-arranged an airport to hotel transfer, please look for your transfer driver at the Airport Information Desk in Terminal 1. He will be holding a G Adventures sign and waiting in this area for you. Your name will not be on the G Adventures sign, so please ask the driver whom they are there to meet.
The Airport Information Desk is located in the main Arrival Halls in Terminal 1, next to the stairs and escalators to the train station.
If you have arrived in Terminal 2, please make your way to the Airport Information Desk in Terminal 1 to find your driver.

If you are unable to locate your G Adventures airport representative, please call our local staff at +212 528 824898 (during office hours Mon-Fri) or +212 661 429700 (after office hours or at any time if you are unable to get through to the office) They will assist you in getting to the joining hotel.
If you have arrived at Casablanca airport, before calling please double-check with the airport staff which terminal you have arrived at. (This may not be the terminal stated on your airline ticket, as Casablanca flight arrivals often experience a change in arrival terminal). Please make your way to the Airport Information Desk in Terminal 1 (this is a short walk from the other terminals)

If you are not travelling with a telephone, please head to the airport Information booth who will be able to assist you in the purchase of a phone card and direct you to a telephone.

If for any reason you are unable to commence your trip as scheduled, or your flight is delayed, please call the above numbers to inform our staff so we can re-book your transfer.

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER
If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start

point hotel.

EMERGENCY CONTACT NUMBERS
G Adventures Local Representative (Morocco)
During Office hours (Weekdays, 9am-5pm Local Time): +212 (0)528 824898
After hours emergency number: +212 (0)661 429700

G Adventures Local Office London, UK
Emergency number: +44 7817 262559

If you are unable for any reason to contact our local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100
Calls from UK: 0844 272 0000
Calls from Germany: 01805 70 90 30 00
Calls from Australia: 1 300 796 618
Calls from New Zealand: 0800 333 307
Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What to Take

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labeled and restricted to one soft compact suitcase or sports bag on wheels, maximum 15kg, plus a daypack. Luggage limits on airlines are strictly enforced and space on vehicles is limited. Porters are not often available, so be prepared to carry your own bags. It is important to pack clothes for warm days and cool evenings, as well as a warm jacket for early morning game drives. A set of smart casual clothes is also advisable.

Checklist

Documents
•Passport (with photocopies)
•Travel insurance (with photocopies)
•Airline tickets (with photocopies)
•USD cash
•Credit or debit card (see personal spending money)
•Discovery Adventures / G Adventures vouchers, pre-departure information and trip details
•Any entry visas or vaccination certificates required

Suggested
•Day pack for daily personal items
•Watch or Alarm clock
•Flashlight or Headlamp (with extra batteries and bulbs)
•Sun hat, Sun block, Sunglasses
•Insect Repellent
•Ear plugs for train journeys or light sleepers
•Small towel and swim wear
•Toiletries (biodegradable)
•Sturdy walking shoes/Sport sandals
•hand sanitizers/ antibacterial wipes
•Money belt
•Long Shorts or long skirt
•Long trousers
•Hiking pants/track pants
•Shirts/T-shirts (covering the shoulders)
•Fleece or sweater
•jacket
•1 smart outfit for evenings out
•Ear plugs

•Pocketknife
•Camera and extra memory card/film
•Extra batteries (recommended)
•Electricity Plug Adapter
• Personal female hygiene products (as they are difficult to purchase locally)
• Local Dress
•First-aid kit (should contain Lip balm with sunscreen, Aspirin, Ibuprofin, malaria pills, band aids/plasters, tape, anti-histamine, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, re-hydration powder, insect repellent, extra prescription drugs you may be taking)

Optional Items: reading/writing material, binoculars, cover for backpacks, Maps, guidebooks

Laundry

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

Visas

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy, or consulate for the most up-to-date visa requirements, or see your travel agent. IT'S YOUR RESPONSIBILITY TO HAVE THE CORRECT TRAVEL DOCUMENTATION.

Most nationalities receive a free visa, valid for a period of 90 days on arrival in Morocco. There are exceptions to this (including Israeli and South African passport holders) and it is essential that you contact your local embassy or consulate for the most up-to-date visa requirements for your nationality before departure.

Detailed Trip Notes

REGIONAL INFORMATION

Climate
The winter months in Morocco are from October to March and are characterized by cold nights and pleasant days. Summer is from April to September and starts off with moderate temperatures until mid-June when temperatures get into the 90s (Fahrenheit), returning to more moderate heat in September. However, the inland climate is very dry and high temperatures very bearable. It rains generally only in short downpour bursts in the period from the beginning of November until March.

Local Currency
The official unit of currency in Morocco is the Moroccan Dirham, MAD or MDH.

Electricity
Morocco uses 220V, 50Hz. and plugs are two prong rounded.

Language
Arabic (in Moroccan dialect) and Berber are the official languages of Morocco, but French is very widely spoken, as well as English also in tourist resorts.

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Money Exchange

The local currency in Morocco is the Moroccan Dirham (MAD).

ATMs are very common in Morocco with Cirrus and Plus system cards are the most widely accepted debit cards. .While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work - it is important you check with your bank before departure and advisable to travel with more than one type of card.

Visa cards are the most widely accepted credit cards, but are generally only useful for larger/expensive purchases. You should be aware when purchasing products or services on a credit card, that a fee usually applies.

The foreign currency most commonly accepted in Morocco is the Euro. You will be able to exchange Euros, as well as GBP and USD at money exchange offices in major cities.

Do not rely on credit or debit cards as your only source of money. A combination of cash (Euro/GBP or USD) and cards is best.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

Emergency Fund

Please also make sure you have access to at least an additional USD $200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Tipping

Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers and local guides would range from $1-$2 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your Discovery Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline $10-15 USD per person, per week can be used.

Optional Activities

Your CEO will recommend different optional activities, feel free to ask him/her for more information.

Please note that prices are approximate and are quoted in Moroccan Dirham (Dh)

Marrakech
Traditional Hammam (steam bath) including massage – Dh 300
Moroccan 3 course dinner and folklore entertainment in a traditional restaurant overlooking the famous Djemma el Fna Square - Dh400
Ali Ben Youssef Medersa - Dh40
Koubba Ba’adiyn - Dh40
Museum of Marrakech - Dh40
El Badi Palace - Dh10
Saadian Tombs - Dh10
Bahia Palace - Dh10
Dar si Said - Dh10
Majorelle and Museum of Islamic Art - Dh50
Bicycle hire – Dh70–100 per day

All prices are per person(unless stated otherwise), and are subject to change as services are provided by third party operators.

Health

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes, as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. For travelers over 70 years a completed Medical Form is required. Discovery Adventures reserves the right to exclude any traveller from

all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

Trip Specific Safety

Like anywhere in the world, major cities have areas safer than others, use common sense, be aware of your surroundings and mind your personal belongings.

Medical Form

Our small group adventures bring together people of all ages. It is very important you are aware that, as a minimum, an average level of fitness and mobility' is required to undertake our easiest programs. Travellers must be able to walk without the aid of another person, climb 3-4 flights of stairs, step on and off small boats, and carry their own luggage at a minimum. Travellers with a pre-existing medical condition are required to complete a short medical questionnaire, which must be signed by their physician. This is to ensure that travellers have the necessary fitness and mobility to comfortably complete their chosen trip. While our CEOs work hard to ensure that all our travellers are catered for equally, it is not their responsibility to help individuals who cannot complete the day's activities unaided. Please refer to the physical ratings in this Trip Details document for more information.
Please note that all passengers traveling to Antarctica are required to fill out this questionnaire.

The medical questionnaire can be found online at:

www.gadventures.com/medical-form.

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our

travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Travel Insurance

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Planeterra-The G Adventures Foundation

Through our commitment to responsible tourism we have developed the Planeterra Foundation, a non-profit organization dedicated to making a positive difference in the lives of people and communities around the world through support of international charities, local organizations and community projects in the places that we visit on our tours. G Adventures matches all individual donations and pays all administration costs, which means that 100% of each donation is doubled and goes directly to support our projects. For more information about Planeterra and the projects we support, or to make a donation, please visit www.planeterra.org

Planeterra Dollar-A-Day Program
Our Dollar-A-Day Program provides travellers with the opportunity to help us give back to the people and places visited on our tours by donating one dollar per day for the duration of their tour. 100% of these proceeds will go directly to support our Planeterra projects.

To participate in this program please indicate at the time of booking that you would like to participate in G Adventures' Dollar-A-Day program, either by clicking the check box online, or by advising your G Adventures specialist or travel agent. (Note: Donation will be charged in the currency of your booking)

Local Dress

Shoulders should be covered and no short shorts/skirts when visiting religious monuments.

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customerservice@gadventures.com and we will send it on to you.

Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for Planeterra's monthly news to learn more about how to give back and support the people and places we love to visit.

Travel Forum - The Watering Hole

Be sure to stop by The Watering Hole, our adventure travel forum. If you're interested in meeting others booked on your upcoming trip, check out the Departure Lounge section of our forum and introduce yourself. Otherwise, just drop in at anytime to share some travel tips, ask questions, meet other travellers and quench your thirst for travel. Our forum is located at wateringhole.gadventures.com.