

## Tanzania Safari Experience - DTTS

7 days: Arusha to Arusha

### What's Included

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Entrances and game drives in Ngorongoro Crater, and in Lake Manyara and Serengeti National Parks, Olduvai Gorge visit, traditional Masai village visit, lunch in local community, arrival transfer.

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 1st, 2013 - December 31st, 2013

### Itinerary

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#### **Day 1 Arusha**

On arrival to either Arusha Airport (ARK) or Kilimanjaro Airport (JRO) you will be picked up and transferred to the joining hotel. A brief departure meeting will be held in the hotel reception area in evening on Day 1 of your tour. Upon arrival look for information from your tour leader on the hotel bulletin board regarding meeting time. At this point you may be joined by other G Adventures travellers who have started their safari trip in Kenya.

Arusha, also known as Tanzania's "safari capital", is undoubtedly the most important center in northern Tanzania. With many protected national parks, reserves, and mountains nearby (on a clear day, it may be possible to see Mt. Kilimanjaro in the distance), Arusha is a modern town, and with its markets, services, and fine location, it is a great base for your safari trip.

Arusha officially became a city on the 1st of July 2006. The primary industry of the region is agriculture with large vegetable producers sending high-quality produce to Europe. The city and its environs are also spotted with large coffee plantations, adding to the area's charm. Though in recent years, due to the coffee crisis, many local farmers have been badly hit, and now subsistence farming is the most common source of livelihood.

Arusha, who owes its name from the local Wa-arusha people who resided here for hundreds of years, is historically and politically significant city within East Africa. In 1961 the official documents ceding independence to Tanzania were signed by the United Kingdom in Arusha. Six years later the Arusha Declaration of Self Reliance in Tanzania was signed. On the 4th of August 1993 the Arusha Accords were signed by representatives of competing factions in the civil war in neighbouring Rwanda. After the Rwandan genocide, the UN Security Council decided by its Resolution 955 of 8 November 1994 that Arusha should host the International Criminal Tribunal for Rwanda. The establishment of the tribunal with its employees has influenced the local economy of Arusha. The tribunal is expected to end its mandate in 2008.

#### **Day 2 Lake Manyara (B,L,D)**

Approximate Distance: 130 km  
Estimated Travel Time: 2-3 hrs

After breakfast, we make our way to Lake Manyara National Park with a picnic lunch for a full day of game viewing in the park. This area is truly stunning, as the western wall of the Rift Valley escarpment provides a backdrop for your search of the park's phenomenal bird life, tree-climbing lions, elephants, giraffes, and hippos. The afternoon is spent game viewing along the main road that winds for several kilometers through a cool, lush, mature groundwater forest dominated by large ficus trees and a tangle of green epiphytes.

The name Manyara is derived from the Masai word "Emanyara", which is a Euphorbia species of plant that is found around a family homestead in the area. The lake itself is a shallow, alkaline lake stretching 50km at the base of the sheer 600-metre high Rift Valley escarpment. This forms part of the national park that covers an area on roughly 330km sq.

Lake Manyara National Park is home to the giant fig trees, acacia woodlands, mahogany trees and grassy flood plains. The contrasts of this area are simply breathtaking, with the open plains, huge escarpment, central soda lake, dense woodlands, and distance volcanic peaks coming together in an area best described by Ernest Hemingway as "the loveliest I had seen in Africa".

Animals such as blue monkeys, hippo, impala, elephant, wildebeest, buffalo, warthog, and giraffe all roam the park's territory. The park is also home to legendary tree-climbing lions, and also has small populations of leopard. Manyara provides the perfect introduction to Tanzania's bird life, with over 400 species having been recorded within the parks boundaries. Highlights include thousands of pink-hued flamingos on their perpetual migration, as well as other large water birds such as pelicans, cormorants and storks.

#### **Day 3-4 Serengeti National Park (2B,2L,2D)**

Approximate Distance: 135 miles (220 km)  
Estimated Travel Time: 5-6 hr

Travel to the world famous Serengeti, one of Africa's premier game parks, stopping first at a traditional Masai Village. Here we get a chance to see the way of life of the heritage tribe of Tanzania.

We continue on, driving through the Ngorongoro Conservation Area to the Serengeti National Park. Along the way, we begin to experience the vastness of this territory and marvel at the multitude of animal and bird life while cruising through this acacia-spotted savannah.

En route we visit the archeological site of Olduvai Gorge where we will receive a brief history of the gorge with a professional guide from the Olduvai center .and then take a walk around the museum (approximately 10-15minutes) . We finally reach the Serengeti in the late afternoon in time for a game drive en route to our camp.

The Olduvai, or Oldupai, Gorge is commonly referred to as The Cradle of Mankind. It is a deep ravine that is roughly 30 miles (48 km) long. It is famous for the discovery of the 3.5 million year-old fossil fragments of an early human civilization. Accordingly, it is one of the most important prehistoric sites in the world and has been instrumental in furthering an understanding of early human evolution.

The Serengeti National Park is to Tanzania what the Masai Mara Game reserve is to Kenya, but with an area of 5,678 sq miles (14,763 sq km), it is actually over 7 times as large. The Serengeti, which derives its name from the Masai for "endless plain", is the jewel of Tanzania's protected areas. Combined with the Masai Mara and the Ngorongoro Conservation area it protects the most varied and greatest collection of wildlife on earth. With the Big Five, the Small Five and extensive amounts of wildlife, this region offers arguably the best wildlife viewing in the world. That said, with its vast size and varied terrain, game viewing is only one aspect of the Serengeti - the scenery is simply breathtaking.

There is no bad time to visit the Serengeti as every season has its own special highlight. Changing seasons and light patterns form the most beautiful backdrop to view Africa's majestic wildlife. It has more than 1.6 million herbivores and thousands of predators. Blue wildebeests, gazelles, zebra and buffalo are the animals most commonly found in the region.

This area is most famous for the migration that takes place every year; in October over a million herbivores travel toward the southern plains, crossing the Mara River from the hills to the north. They continue west across the Serengeti, and then north once again, crossing the Mara River, after the rains around April. This phenomenon is sometimes also called the circular migration. Over 250,000 wildebeest alone will die along the journey from Tanzania to Masai Mara reserve in Kenya.

Note: If you have pre-booked a Serengeti Balloon Safari Theme Pack, your flight be early in the morning of Day 4.

### **Day 5 Ngorongoro Conservation Area (B,L,D)**

Approximate Distance: 160 km

Estimated Travel Time: 4 hrs

After an early breakfast we depart the Serengeti to continue our journey to the Ngorongoro Conservation Area for a full day game drive. The rich pasture and permanent water of the Crater floor supports a resident population of more than 20,000 to 25,000 large mammals. They are not confined by the crater walls, and can leave freely; they stay because conditions are favorable. Since most of the crater floor is grassland, grazing animals dominate: zebra, gazelles, buffalo, eland, and warthogs. The swamp and forest provide additional resources for hippos, some of Tanzania's last remaining black rhinos, giant-tusked elephants, waterbucks, reedbucks and bushbucks, baboons and vervet monkeys. All these animals in turn support large predators such as the lion and leopard, and scavengers such as hyenas and jackals.

The 5,150 sq miles (8,300 km<sup>2</sup>) Ngorongoro Conservation Area is named after its central feature, the Ngorongoro Crater, the world's largest intact volcanic caldera. Ngorongoro Crater has often been described as one of the wonders of the world, not only because of its inherent geological significance, but also because it serves as an extraordinary natural sanctuary for some of Africa's most dense population of large mammals. The Ngorongoro was part of the original Serengeti National Park proclaimed in 1951, but it was made a separate conservation area in 1956 so that the Masai could graze their cattle there. The Ngorongoro Crater became a World Heritage Site in 1978.

Land in the conservation area is unique to Tanzania as it provides protection for the wildlife while allowing human habitation. The landscape is a blend of volcanoes, grasslands, waterfalls and mountain forests. The southern and eastern boundaries are defined by the rim of the Great Rift Valley, which also prevents animal migration in these directions. The annual ungulate migration passes through the Ngorongoro Conservation Area, with wildebeest and zebra moving south into the area in December and moving north in June.

### **Day 6 Arusha (B,L)**

Approximate Distance: 125 miles (200 km)

Estimated Travel Time: 4-5hrs

After breakfast we continue on to Mto wa Mbu which means Mosquito River. Here we take part in a cultural walk to learn a little about what a typical village in the area is like. The village has over 18,000 inhabitants from 120 tribes. This two hour tour will take you from the village's local market through several different farms, local huts, and artisan shops, and back to the market, giving you the opportunity to get a true glimpse of northern Tanzanian culture!! After our walk we have a local traditional lunch before continuing on to Arusha.

Enjoy one last evening with our travel companions.

### **Day 7 Depart Arusha (B)**

Depart Arusha at any time.

## **What's Included**

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Entrances and game drives in Ngorongoro Crater, and in Lake Manyara and Serengeti National Parks, Olduvai Gorge visit, traditional Masai village visit, lunch in local community, arrival transfer.

## **Highlights**

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Viewing wildlife in Tanzania's best reserves, exploring rural communities, tasting a local lunch, visiting Olduvai Gorge, meeting the Masai people.

## **Dossier Disclaimer**

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## Itinerary Disclaimer

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While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## Important Notes

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### 1. Migration – Tanzania and Kenya

The Seronera Plains, which lie in the southeast of the National Park and extend into the western Ngorongoro Conservation Area, form the main ungulate calving grounds of the Serengeti. The wildebeest typically disperse into the Seronera plains during the short rains, which fall in late November or early December, before calving in January, and staying put until the end of the long rains from January to early May. Towards the end of April the wildebeest start to congregate on the southern plains in the preparation for the 800km northward migration. The major obstacle faced by the wildebeest on this migration is the crossing for the Grumeti River through the western corridor, which typically occurs from June into early July. From July to October, the ungulates disperse again, with about half of them crossing the Mara River into Kenya's Masai Mara Game Reserve and the remainder spreading out through the northern and western Serengeti. By late October the animals have generally started to plod back southward to the Seronera Plains, to arrive there in late November when the cycle starts all over again.

2. This is not a physically demanding journey; however, travelling can be difficult, as long drives and poor road conditions are the rule as opposed to the exception in Tanzania. A safari is about travelling to see animals, so we cover long distances crossing the country to visit different game parks. Once there, we spend the majority of the time viewing game while driving in the parks. This translates to a lot of driving. Despite this, the diversity and scenery of the African landscape, the local culture and abundant wildlife are all well worth the experience.

3. All lodges and camps will have electricity although many work off generators with limited times.

4. **LUGGAGE COMPLICATIONS FLYING INTO NAIROBI:** It occasionally happens that luggage on international flights into Nairobi does not arrive, especially with, but not exclusive to, major airlines that fly from London-Heathrow or in Schiphol (Amsterdam). Please be aware that this may happen, especially if you have a tight connection in either of these centres, are flying with different airlines with a connection, have a last minute flight change or re-route, or fly from or connect through another African centre. Please be prepared and keep all important documentation and valuables on your person. As well we recommend a change of clothes in your hand luggage. If unfortunately this does happen, and your luggage does not arrive, you should be entitled to a limited initial compensation from your airline. In Nairobi, the arrival of lost luggage normally takes between 48 and 72 hours after the initial plane's arrival. The airlines technically should be responsible to forward your luggage to you, to your hotel or elsewhere in Kenya. You may find that you will be needed to travel to Tanzania to begin your tour, and you still have not received your luggage. Considering that the customer service standards in Kenya are different from home, and that we find that the airlines are not always pro-active in helping luggage in its care be reunited with its owner, it is recommended that you purchase locally the needed items, and hire someone locally to persist with the your airline to retrieve your luggage. Please see the emergency local contact number, and our local manager will be able to help you organize this, and once your luggage is retrieved, it should be able to be forwarded to you – depending where you are. Please note that any costs that you may incur for luggage retrieval or sending luggage are not the responsibility of G Adventures, though we will always strive to assist you in any way possible. You should always keep all receipts and documentation, and contact your airline or insurance provider for reimbursement.

### 5. Flying through London-Heathrow to East Africa?

Please note that regardless of the rules in other centres, travellers flying from, or connecting in, London-Heathrow are currently only permitted one carry-on piece of luggage and one small personal bag (purse, laptop-size bag, briefcase) on board on flights to Nairobi. If you arrive to the security gate with 2 pieces, you will be forced to check-in one of them, which may result in complications noted

above. This policy is in place as of the time of writing, though local rules and regulations may indeed change. It is thus advisable to contact your airline directly for the most up-to-date information.

6. Please note that this trip is a combination of multiple G Adventures tours. As such, the staff and/or particular vehicles operating your tour may change between tour segments. You may also expect some group members to join or leave the tour, between tour segments.

7. Please note all accommodation listed below is not guaranteed, but is indicative of the types of accommodation used.

8. The power supply in Tanzania is nominally 240VAC, 50hz. Variable voltage, spikes and sporadic, unexpected, unscheduled power cuts of varying duration can be expected.

9. Looking to add to your experience? Check out our Theme Packs! Specially designed for travellers with unique interests, theme packs are optional add-ons to your G adventures trip that make your adventure more you-centric. Theme Packs must be booked prior to departure, please see details in our optional activities field and ask you sales CEO.

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## Group Leader Description

Throughout your 7-day journey safari in northern Tanzania, you will be accompanied on your trip by a G Adventures Chief Experience Officer (CEO). The Chief Experience Officer (CEO) will be the group manager and leader. He/she organizes the trip, and will be there to assist you when needed. Your leader may be from East Africa, or another country outside of the region, and will have a general knowledge base of the region and wildlife. He/she will take care of the small things so you can concentrate on enjoying your adventure. To round out the team, our skilled and experienced drivers are also certified safari guides.

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## Group Size Notes

Max 12, Avg 10

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## Meals Included

6 Breakfasts, 5 Lunches, 4 Dinners.

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## Meals

These meals are provided at the hotels, lodges and camps in which you are accommodated. When a meal is not included, your hotel will have a restaurant or you will be advised of a good local establishment. All meals you have during your trip will be prepared from fresh local produce. All hotels cater to vegetarians; however, any other dietary requirements need to be specified prior to arrival. Please note all bottled drinking water will be at your own expense.

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## Meal Budget

Allow USD50-65 for meals and drinks (including bottled water) not included.

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## Transport

7-seat 4x4 safari vehicle(s).

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## About our Transportation

This trip is done in private 7-seat 4x4 safari vehicles in Tanzania. With sliding windows and a large pop-up roofs, these vehicles are designed for game viewing. If there is a large group, 2 vehicles will be used, and the group will be split up. Road conditions can run the full range of conditions from new to very poor, and during dry seasons, the roads can become very dusty. This style of travel is the best under the local circumstances, as the seats are comfortable and having our own private vehicle allow us the flexibility of making stops when needed, and to stay and watch that crouching lion prepare for an attack. If you are travelling to Nairobi from Arusha at the end of your safari and have pre-booked your "shuttle" transfer through G Adventures, you will travel in a public shuttle; these are large mini buses with seating for 22-24 passengers.

Speed governors set to 80kph are used on all vehicles to ensure a safe driving speed. Please note for your own safety it is mandatory to wear your seat belt at all times when in a vehicle.

All G Adventure vehicles are regularly serviced and follow a strict maintenance schedule. However given the long travel days and rough conditions of many of the roads in Africa, vehicles can and do breakdown on occasion. If such situations occur all drivers are

trained mechanics and any vehicle issues are rectified as quickly as possible so as to not disrupt your trip. Your patience is requested if the vehicle you are traveling in happens to encounter a mechanical fault.

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## Solo Travellers

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

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## Accommodation

Comfort hotels (2 nts), luxury tented camp (1 nt), safari lodge (1 nt), classic mobile tented camps (2 nts).

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## My Own Room

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

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## About Accommodation

### Arusha

The East African Hotel is located in Arusha town, on Old Moshi road just 45 minutes away from the Kilimanjaro International Airport. Rooms are spacious suites with satellite TV, phone, radio/alarm clock, A/C, hair dryer, minibar (additional cost) and personal safe. Property facilities include; a restaurant, bar/lounge, coffee shop, business center with internet, currency exchange, and gym and swimming pool.

### Lake Manyara

Manyara wildlife safari camp is dramatically located on the very edge of the Lake Manyara. Rift Valley Lodge offers an unforgettable safari experience from its privileged location, for both game viewing and scenery. Elegantly designed as a one level ensemble of thatched tents, its authentic traditional African style decorations create a unique atmosphere that perfectly combine tranquility with adventure. From its privileged position, you have stunning view across the tranquil and beautiful waters of the lake.

### Serengeti National Park

Maisha Classic Tented Camp is a mobile tented camp strategically located to cover the game routes and migration corridors of the vast Serengeti Plains. The camp offers unique comfortable accommodation in a traditional time-honoured safari style and provides you with the opportunity to enjoy a real safari camp experience. A cosy mess tent is located in the centre of the camp where the finest in bush cuisine is served by the dedicated safari crew. The evening unwinds around the campfire, during which you get a chance to learn about the fauna and wild life from your CEO and driver guides, discuss the arrangements for the following day with your CEO or simply soak up the nocturnal orchestra that pervades around the bush.

### Ngorongoro Crater

Country Lodge is located near the bustling town of Karatu, just outside of the Ngorongoro Conservation Area. Spacious cottage rooms all include a fireplace and are tastefully furnished with netted king or twin beds, tables, writing desk and camp chairs. Relax on comfortable outdoor furniture on the verandah and enjoy the lush garden setting, watch the sun rise or set before heading out on your safari or retire to our main lodge for breakfast or drinks and dinner.

Please remember that hotel/lodge/camp standards can be different from what you are used to in your home country, which is part of the appeal of adventure travel .

### Note:

- 1) Under certain circumstances we reserve the right to change accommodation and provide something slightly different to what is described, though it will always be of similar or better standard/level.
- 2) Most lodges and camps do not have 24hr electricity - they usually run on generators which are routinely shut off overnight from approximately 10pm to 5am.
- 3) Internet is only available at the start hotel in Arusha.
- 4) Lodges and camps are NOT equipped with fans or air conditioning due to the electricity constraints listed above.

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## Joining Hotel

East African Hotel  
Old Moshi Road, Corridor Area,

P.O. BOX 2291,  
Arusha, Tanzania  
Ph: +255 757 600 100, +255 782 005 075  
Fax: + 255 27 205 0074  
www.eastafricanhotel.com

## Joining Instructions

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**\*\*Please note, the arrival transfer included occurs on Day 1 of the tour. If you plan to arrive prior to Day 1, you will be required to arrange pre-tour accommodation through G Adventures to be eligible for the transport from the airport. Due to customer experience and quality considerations, all services related to the tour must be continuous.**

G Adventures is only able to pick you up at the Kilimanjaro International Airport if you inform us in advance of your arrival flight's details. If this has not been done, please make your way to the joining hotel. Kilimanjaro International Airport is approximately 40km, or 40 minutes, from Arusha. Taxis are available to transfer you to Arusha, and cost approximately USD 50 per car. From Nairobi, Kenya, Arusha is approximately 6 hours by land, including the border formalities. To arrive in Arusha from Nairobi by land, a seat on a public shuttle bus (leaves daily at 8am) can be pre-booked through G Adventures.

Otherwise, upon arrival at Kilimanjaro International Airport, please look for the driver, who will be holding a sign with the G Adventures logo on it. He will be just outside the secured baggage retrieval area. At times there are taxi drivers who will want to get your business, so please be aware of them and look for our G Adventures representative. For security purposes, your name will not be on the G Adventures sign. As well, please do not tell the driver your name straight away, but rather ask the driver FIRST to tell you who they are meant to pick up. This will ensure that you go with the right driver.

Please note that day 1 is an arrival day and no activities have been planned, though a brief departure meeting will be held in the hotel reception area in evening of day 1. Here you will meet other tour participants and receive information about general and specific aspects of the trip. Upon arrival to the hotel, look for a notice from your CEO with information regarding this group meeting. If you arrive late and miss the meeting, s/he will leave you a message detailing what time and where you should meet the next morning.

The tour departs Arusha in the morning of day 2.

## Arrival Complications

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We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Emergency Contact

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Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Tanzania)

During office hours, 9am-5pm local time:

From outside Tanzania: +255 754 400 141

From within Tanzania: 0754 400 141

G Adventures Local Office (Nairobi, Kenya)

Emergency number

From outside Kenya: +254 727 208 832

From within Kenya: 0727 208 832

If you are unable for any reason to contact our local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0844 272 0000

Calls from Germany: 01805 70 90 30 00

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

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## Finishing Point Instructions

This tour ends on day 7. You are free to depart any time this day.

Kilimanjaro International Airport is approximately 40km and 40 minutes from Arusha. A taxi is 50-60 USD per car, but we recommend that you contact your airline in Arusha, as some airlines may have a free airport shuttle from Arusha.

If you are returning to Nairobi, Kenya, there is a public shuttle bus that leaves Arusha at 8:00am and 14:00pm daily to Nairobi. It is a direct bus, and with border formalities, the trip usually takes 6-7 hours. Our finishing point hotel offers this service with their own buses, and this can be organized the evening before at your hotel. In addition, for your convenience, you may pre-reserve a seat on our partner shuttle service through G Adventures.

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## What to Take

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labelled and restricted to one soft compact suitcase, sports bag, or backpack, no larger than 30cm(height) x 30cm(width) x 60cm(length), maximum 15kg, plus a daypack. Luggage limits on airlines are strictly enforced, and due to limited vehicle capacity, the cost of transporting any luggage beyond these restrictions is the responsibility of the client. Please note, if you are travelling with a large amount of luggage and wish to leave a portion of it at the start hotel, this is indeed possible as storage facilities are available.

It is important to pack clothes for warm days and cool evenings, as well as a warm jacket for early morning game drives. Light, quick-drying, practical clothes are advisable for this safari trip. A set of smart casual clothes is also advisable for your time in Arusha.

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## Checklist

Suggested Items:

- Fleece or wool jumper/jacket
- Windproof/waterproof jacket
- Small towel and swimwear
- 4 shirts/t-shirts, cool and breathable
- Long-sleeved shirt or sweater for evenings
- 1 pair of shorts
- 2 pairs of long trousers
- 1 pair hiking pants/track pants
- Comfortable shoes
- Sport sandals
- Sun hat, Bandana
- Sunblock
- Sunglasses
- Watch or alarm clock
- Water bottle
- Purification tablets or filter (bottled water is also available for purchase)
- Pocketknife
- Flashlight or Headlamp (with extra batteries and bulbs)

- Money belt
- First-aid kit (should contain Lip balm with sunscreen, Aspirin, Ibuprofen , Malaria pills, bandaids/plasters, tape, anti-histamine, Antiseptic cream, Imodium or similar tablets for mild cases of diarrhoea, rehydration powder, insect repellent, extra prescription drugs you may be taking)
- Toiletries (biodegradable)
- Hand sanitizer gel/Sanitizer wipes
- Toilet paper
- Camera and extra memory card/film
- Extra batteries (recommended)
- Electricity Plug Adapter

For donation: notebooks, pens, pencils, pins, flags, pictures, postcards from your country for local villagers or children

Optional Items: reading/writing material, binoculars, cover for backpacks, Maps, guidebooks

Documents:

- Passport (with photocopies)
- Travel insurance (with photocopies)
- Yellow fever certificate
- Airline tickets (with photocopies)
  
- Credit or debit card (see personal spending money)
- G Adventures vouchers, pre-departure information and trip details
- Any entry visas or vaccination certificates required

## Laundry

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Laundry facilities are offered by some of our hotels and lodges for a charge. You should write a list of items that you send for washing. It will be difficult for hotels to have your laundry ready if you arrive in the late afternoon and leave the next morning, so the lodge in the Serengeti would be best, since you are there for 2 nights.

## Visas

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All countries require travellers to have a valid passport (with a minimum 6 months validity). Please note that upon arrival by air to Arusha, Tanzania, most nationals can obtain a visa for US\$50 in \$US cash (valid for those who would be permitted a Tanzania visa while still in their own country), though it costs US\$100 for U.S. nationals. This visa is valid for up to 3 months with multiple entries/exits permitted to Kenya and Uganda only. If you are transiting through Uganda or Kenya, you will have to purchase a transit visa en route. These are usually \$US20, and valid for 24 hours. Alternatively, for either of these two countries, you may purchase a normal visa for US\$30 and US\$50 respectively, both of which are valid for up to 3 months. As fees and policies can change, we highly recommend that you contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your responsibility to have the correct travel documentation.

## Detailed Trip Notes

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American Dollars that are series 1999 or earlier are not accepted and very difficult to change in Southern and Eastern Africa, because of past forgeries.

### REGIONAL INFORMATION

#### Climate

There are generally two rainy seasons - the short and the long rains. The short rains normally occur from late October through November, and the long rains from late March through to early June. A good time to visit is between late June and October when the rains have finished and the air is coolest. Alternatively, from late December to early March is another good time to visit, just after the short rains, but before the long rains; this is the warmest time of the year. The highest season for travellers into the region is in January and February, when the hot, dry weather is generally considered to be the most pleasant. During the rainy season it can be deceptively cold at times and evenings can be cool year round, so ensure you have adequate warm clothing such as a fleece or warm sweater.

#### Electricity

The electric current in Tanzania operates on 230V, 50Hz.

## Language

The official languages are Swahili and English. There are also numerous dialects spoken throughout.

## TANZANIA - Official Statistics

Full country name: United Republic of Tanzania (Jamhuri ya Muungano wa Tanzania)

Area: 945,087 km<sup>2</sup>

Population: 38,329,000-July 2005 est (34,443,603-2002 census)

Capital city: Dodoma

People: 99% native African (over 100 tribes), 1% Asian, European and Arabic

Languages Swahili, English, indigenous.

Religion: 40% Christian, 33% Muslim, 20% indigenous beliefs

Government: Republic (multi-party state)

President: Benjamin William Mkapa

Major industries: Tobacco, sugar, sisal, diamond and gold mining, oil refining, cement, tourism

Major trading partners: India, Germany, Japan, Malaysia, Rwanda, the Netherlands, South Africa, Kenya, U.K., Saudi Arabia, China

Currency: Tanzanian shilling

## INTERESTING FACTS

- The name is name made up from an amalgamation of TANganyika and ZANzibar.
- Tanzania is the largest country in East Africa (although not in Africa as a whole, the Sudan is 3 times larger); it's landmass covering an area of just over 945,087 sq. km (including Zanzibar).
- This makes Tanzania about the size of France, Germany and Switzerland combined; 3 times the size of the entire British Isles or one-tenth the size of the whole of the USA.
- Tanzania's population at the last official census was 31.3 million, with approximately one third being classified as "urban".
- Agriculture forms roughly half of GDP and agriproducts (e.g.: coffee, tea, tobacco, cashew nut, sisal, cotton) some 75% of export earnings. Dodoma, in central Tanzania, is the political capital of the country although Dar es Salaam is the effective trading and business capital, with its safe harbour ("Dar es Salaam" means "Haven of Peace"), international airport and population of some 1.75million.

## Spending Money

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Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## Money Exchange

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The local currency in Tanzania is the Tanzanian Shilling (TSH).

Shillings can be obtained locally by changing foreign currency or by using ATMs (where available) which will disperse local currency. Your CEO will inform you where you can change money throughout the tour and approximately how much money you will need for each country.

The easiest foreign currency to exchange for locally for any of the local currencies is the \$US; however the British Pound and Euro may also be exchanged as well. Please note that due to past problems with forgery, \$US notes that are older than year 2006 are not accepted in Africa.

Large note (\$US 50, \$US 100 etc) can be difficult to change in some places, but will gain you the best exchange rate.

If you plan to rely on cash, please bring foreign currency (Euro, Pound, USD) with you, as it is often expensive to buy these currencies locally. And in more rural areas, it is often not likely.

If you plan to buy your visas at borders, you will need to bring \$USD cash to pay for these visas. Please note you cannot use the local currency or any other currency to buy these visas- they must be purchased in USD.

Please do not bring Travellers' cheques to Africa. They are difficult if not impossible to exchange in many places.

Visa/Plus system cards are the most widely accepted debit cards. it is harder to find machines Mastercard/Cirrus cards. We highly recommend that if you hold a Mastercard, you obtain a Visa card prior to departure and travel with both. This is also useful should something unforeseen happen to one of your cards during your travels.

While there are many ATMs in the major centres, there are no guarantees that your credit or debit cards will actually work in Africa. Check with your bank.

Credit cards can be used in major cities and towns ONLY but please do not rely on them as a method of payment because they are generally not widely accepted. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. The majority of our optional activities can also be paid by credit card. Your CEO will advise on these.

Please note that in many areas there may be occasional power-outages, where there will be no electricity for hours at a time. In addition, ATMs outside of larger centers often run out of cash or can be out of order unexpectedly. These factors could affect your ability to access money from ATMs. As such, please do not rely on credit or debit cards as your only source of money. A combination of foreign currency and debit/credit cards for cash advances is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com).

## Emergency Fund

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Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Departure Tax

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USD30, usually included in most international air tickets.

## Tipping

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Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. It is one of the most direct ways that you can have a positive economic impact within the East African community. Although it may not be customary for you, it is of considerable significance to the people who will take care of you during your travels, as an important source of income for those in the tourism industry. Giving a tip should be seen as a formal 'thank you', and the action should in no way be awkward. The best method of tipping someone that has served the whole group is to plan in advance, and not rush when it comes to saying goodbye. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelop. This often works the best and the group as a whole should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

You may use the following as a guideline, all given in a per client format: Chief Experience Officer: US\$5-7 (full day); Certified Safari Guide/Driver: US\$3-5 (full day); Local guide (optional activities) \$1 for a couple hours; Restaurant/Café servers: 10% of cost of bill, especially when in a large group (no envelope required).

## Optional Activities

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### CUSTOMIZE YOUR ADVENTURE

Our trip designers work very hard to assemble the life-altering experiences that fill this brochure. That said, our travellers are a diverse group driven by all sorts of different tastes, motivations and interests. What's a trip designer to do? The solution? Theme Packs! Specially designed for travellers with unique interests, theme packs are optional add-ons to your G adventures trip that make your adventure more you-centric. Theme Packs must be booked prior to departure.

Theme Packs available on this trip:

#### SERENGETI BALLOON SAFARI

Serengeti, 1-hour

Spirited aloft in a hot air balloon, you'll get a view of the wildlife and terrain of the Serengeti that only the birds see. Enjoy a champagne breakfast and keep that shutter-finger good and limber—you'll be using it plenty over the course of your hour in the air.

Optional activity prices are subject to change and can fluctuate in relation to the high/low season and the number of people on a specific excursion. Not all excursions listed here may be available, due to season, or weather conditions. As generally not a lot of time is spent in start/end cities, you may want to arrange to arrive early, or stay longer after the trip in order to allow sufficient time to participate in optional activities there.

All prices are in US dollar amounts, per person but will generally be paid in local currency.

## Health

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Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

We recommend you contact your family physician, or your local travel clinic for the most up-to-date health information at least one month before departure.

Please ensure you have all the inoculations recommended by your doctor for travel in East Africa. Be aware that Tanzania have many regions where malaria is present. We thus recommend that you take malaria medication; your doctor should be able to recommend the necessary prophylactics. Travellers should also carry a basic travel first-aid kit as medical facilities are basic in Tanzania. An important item to include is a liquid or gel hand sanitizer and/or alcoholic/sanitary wipes, as they will aid in personal cleanliness and hygiene throughout the trip. The local tap water should not be consumed, so any water treatment tablets (ex. iodine), drops, etc, would help, but good, clean, and inexpensive bottled water is widely available throughout the entire trip. If you have any pre-existing medical condition, you must inform G Adventures prior to the purchase of the tour, and upon arrival, to the CEO so he/she can be prepared to help you.

East African trypanosomiasis (sleeping sickness):

This is a serious parasitic disease that is always fatal without treatment. The disease is spread by the bite of tsetse flies, found only in parts of Eastern and Central Africa, including Uganda, Kenya, Tanzania. There is no vaccine or drug to prevent African trypanosomiasis.

Sand flies and Mosquitos:

Are found in the areas visited. Mosquitos are more prevalent in areas that receive more rainfall, and sand flies, though generally found on the coast, can also be found in dry & dusty conditions inland. Both tend to come out in the early evening and early mornings.

Malaria:

This infectious disease is transmitted by mosquitos carrying the parasite. These mosquitos are found at altitudes of under 1,800m, and thus can be found in most areas that we visit on this tour. You must have prophylactics which you can obtain from your local doctor at or health clinic.

Precautions against insect bites:

- \* Wear protective clothing, including long-sleeved shirts and pants at all times.
- \* Wear khaki or olive-colored clothing. Tsetse flies are attracted to bright and dark colors.
- \* Use bed nets in high risk Malaria zones
- \* Inspect vehicles for tsetse flies before entering.
- \* Avoid bushes. Tsetse flies are less active during the hottest part of the day; they rest in bushes and will bite if disturbed.
- \* Use insect repellent. Although repellents have not proven effective in preventing tsetse fly bites, they are effective in preventing other insects from biting and causing illness.

Sun:

It is very important that you wear sun block, even on a cloudy day when it feels cool as we are near the equator and the sun is very strong. A sunburn can turn a pleasant trip into a painful trip.

Hydration

Even when days are cool please be sure to drink a minimum of two litres of water and refrain from drinking too many diuretics, as while when travelling outdoors the breeze can dehydrate you quickly as well as the heat.

Diarrhoea:

It is normal for people travelling overseas to get an upset stomach due to a change of climate and food. Please make sure that you wash your hands and stay away from street food.

## Safety and Security

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Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and

other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

**Protests and Demonstrations-** Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

- [www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## **Trip Specific Safety**

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### Arusha

- People are generally friendly in Arusha, but don't let people take advantage of you
- Always leave your passport (It's better to carry a photocopy of it instead), traveller's cheques, flight tickets and money that you won't be using in the safe deposit in your hotel room/reception. This is free of charge to G Adventures clients.
- Remember that like in any other city, you should never leave your bags unattended, nor flaunt jewellery, cameras etc
- Please don't wander through the city at night. Stick to the main streets only during the day, and after sundown, please take a taxi. Taxis can be organised from reception of your hotel. Also, take the address of the hotel with you.
- Beware of people approaching you on the street with an apparent interest of where you are from, and want to sit down and have a chat with you. These people are con men and will ask you for money.
- People on the street who ask you if you want a safari and have a brochure are often con men, best to avoid these folk. Besides, you're already on safari!

### Photography

Please refrain from taking photos of police stations, airports, bus stations, immigration and border crossings, army barracks and personnel, or any government building. It is against the law and will result in the minimum of your film and camera being confiscated.

## **Medical Form**

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Our small group adventures bring together people of all ages. It is very important you are aware that, as a minimum, an average level of fitness and mobility' is required to undertake our easiest programs. Travellers must be able to walk without the aid of another person, climb 3-4 flights of stairs, step on and off small boats, and carry their own luggage at a minimum. Travellers with a pre-existing medical condition are required to complete a short medical questionnaire, which must be signed by their physician. This is to ensure that travellers have the necessary fitness and mobility to comfortably complete their chosen trip. While our CEOs work hard to ensure that all our travellers are catered for equally, it is not their responsibility to help individuals who cannot complete the day's activities unaided. Please refer to the physical ratings in this Trip Details document for more information.

Please note that all passengers traveling to Antarctica are required to fill out this questionnaire.

The medical questionnaire can be found online at:

## A Couple of Rules

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Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## Travel Insurance

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Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## Planeterra-The G Adventures Foundation

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Through our commitment to responsible tourism we have developed the Planeterra Foundation, a non-profit organization dedicated to making a positive difference in the lives of people and communities around the world through support of international charities, local organizations and community projects in the places that we visit on our tours. G Adventures matches all individual donations and pays all administration costs, which means that 100% of each donation is doubled and goes directly to support our projects. For more information about Planeterra and the projects we support, or to make a donation, please visit [www.planeterra.org](http://www.planeterra.org)

### Planeterra Dollar-A-Day Program

Our Dollar-A-Day Program provides travellers with the opportunity to help us give back to the people and places visited on our tours by donating one dollar per day for the duration of their tour. 100% of these proceeds will go directly to support our Planeterra projects.

To participate in this program please indicate at the time of booking that you would like to participate in G Adventures' Dollar-A-Day program, either by clicking the check box online, or by advising your G Adventures specialist or travel agent. (Note: Donation will be charged in the currency of your booking)

## Associated Planeterra Project

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Planeterra – The G Adventures Foundation supports the work of Youth Challenge International in Africa.

Youth Challenge International (YCI) is a non-profit, charitable organization that combines community development, health promotion and conservation in projects conducted by international teams of volunteers. By involving youth in the solutions to the issues they face, YCI aspires to a world where young men and women aged 10 to 25 have access to education, healthcare and meaningful employment. Youth in Africa, South America and Asia face huge challenges and YCI is working right now to provide them with education on HIV/AIDS and basic employment skills training.

To achieve these aims YCI works within an international network and global constituency for youth. International volunteers aged 18 to 30 play a key role in the planning and implementation of development projects. Since 1989 YCI has successfully involved over 2000 Canadian youth volunteers in the implementation of our programs in developing countries such as Tanzania, Guyana, Costa Rica, and Vanuatu.

Each year we work with the staff at YCI to determine which African programs are in need of support. Through fundraising efforts and matched donations from travellers we have provided financial assistance to the following YCI programs:

The Planeterra Foundation has supported YCI's work in improving young men and women's lives in Tanzania. The ravages of HIV/AIDS combined with poor employment skills training for youth have led to a loss of hope and reduced opportunities for young people. YCI addresses these problems by implementing three-day employment skills training seminars and HIV/AIDS education workshops for young men and women across Tanzania. These seminars and workshops have reached over 1,000 rural Tanzanian youth during the coming year - youth who typically receive little in the way of HIV/AIDS education or employment skills training.

Planeterra has also supported the research of a pilot project so that YCI may develop new partnerships in Kenya and Ghana and continue to develop their valuable programs within Africa.

Your donation is critical to YCI and your support will help them to continue their effective and valuable work within Africa.

For more information about this project and/or to make a donation please visit our website: [www.planeterra.org](http://www.planeterra.org) or contact us at [info@planeterra.org](mailto:info@planeterra.org)

## Feedback

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After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customerservice@gadventures.com](mailto:customerservice@gadventures.com) and we will send it on to you.

## Newsletter

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Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## Travel Forum - The Watering Hole

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Be sure to stop by [The Watering Hole](#), our adventure travel forum. If you're interested in meeting others booked on your upcoming trip, check out the [Departure Lounge](#) section of our forum and introduce yourself. Otherwise, just drop in at anytime to share some travel tips, ask questions, meet other travellers and quench your thirst for travel. Our forum is located at [wateringhole.gadventures.com](http://wateringhole.gadventures.com).