Last Updated:

-

day:

What's Included

Istanbul guided city walking tour, dinner with local family in Cappadocia, overnight boat trip with dinner.

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2013 - December 31st, 2013

Itinerary

Day 1 Istanbul

You can arrive at any time on Day 1 as there are no activities planned. Today is a good day to explore the Aya Sofya as it's closed on Mondays. There will be a brief meeting in the evening where you will meet your CEO and fellow group members, as well as completing some admin and learning more about our trip to come. After the meeting, you may choose to join CEO and group for an optional dinner in a local restaurant.

Overnight in Istanbul.

Day 2 Istanbul (1B)

We begin our day with an orientation tour of Istanbul on foot, with your CEO. During this tour we will point out attractions such as the Aya Sofya and the Topkapi Palace, which you will want to return to and explore during your free time, as well as visiting and hearing the stories behind many of Istanbul's sights and discovering some of your CEO's hidden city secrets.

Our walk will include a wander through the atmospheric Spice Bazaar. Built in 1660, and also known as the Egyptian Bazaar as this is where many of the spices were originally imported. This market was, and is the centre of Istanbul's spice trade. We head downhill to the Bosphorus. The many local ferries departing from here are a great way to see the city from the water, on the cheap! The newly renovated Galata bridge now houses many bars and restaurants, and is a great place to grab the traditional Turkish fisherman's lunch of fresh, fried fish in a roll washed down with a cold beer. Walking back towards the Sultanahmet area, your CEO will point out the Topkapi Palace, home of the Ottoman sultans and their harems, as well as the fascinating Archaeological and Ancient Oriental Museums located in a nearby park. Once in Sutanahmet Park, your CEO will explain a little of the tumultuous history behind the Aya Sofya – we recommend a visit during your free time.

We explore the fabulous Blue Mosque, admiring the beautiful symmetry and internal tile work of the building. As it is a working mosque, take the chance to learn more about the ceremony behind Islam, the religion of around 98% of today's Turks. In front of the Blue Mosque, the ancient Hippodrome was once the scene of chariot races and now houses monuments from various moments in

Istanbul’s history. Although there is little sign of it now, Divan Lu was once famous amongst travellers on the 70’s Hippy Trail for its western food and relaxed atmosphere. En route, CEO will point out a couple of hamams, or Turkish baths- an unmissable Turkish experience for any visitor.

Passing by various graveyards, mosques and tea houses, our path leads uphill to Istanbul’s grandest mosque complex and hilltop landmark, the Suleymaniye Camii. Learn more about the famous Sultan who is buried here, as well as the master architect who designed these beautiful buildings almost 500 years ago. There are many traditionally dressed sellers in this area touting refreshing glasses of sherbet for just a few cents- worth a try on a hot day! You are free to stay and explore the Grand Bazaar (please note that it is closed on Sundays), perhaps pause for lunch at one of this area’s many restaurants, or you may choose to accompany your leader back to the hotel. The remainder of your time is free until we depart for the train station this evening.

In the evening we set off for the bus station ready to board our overnight bus, departing at 6pm this evening.

Approximate travel time: Istanbul to Cappadocia via Ankara, 12 hours

Days 3-5 Cappadocia (2B,1D)

Arrive in the town of Goreme, our base for exploring Cappadocia. There will be plenty of free time for exploration. Opt to visit the Goreme Open Air Museum, a complex of medieval painted cave churches carved out by Orthodox monks. There are more than 10 caves to visit, many of the churches are close to 1000 years old and still retain their amazing colour and vibrancy. Choose relax at a Turkish Bath after a full day out.

There are options to hire bikes to explore the area. There are also local buses from town to town if you would like to see other villages of this region.

One of the best ways to explore Cappadocia is on foot. You can join an optional trekking tour through one of the beautiful valleys guided by your CEO. Explore old houses, churches, pigeon holes and orchards, all blessed with stunning views over the surrounding countryside. Ask your CEO about the many other walking and hiking options available in the area.

While here, there will be the chance to visit a local pottery centre where you can take the opportunity to create your own masterpiece, as well as a carpet demonstration to learn more about the process involved in making these Turkish works of art. Why not go to a Turkish performance with your group fellows to experience a taste of local dances and music.

Please note if you have pre-booked the Cappadocia Balloon Ride, you will be flying on Day 4.

Overnight bus on Day 5 to Antalya.

Approximate travel time: Cappadocia to Antalya, 8 hours

Day 6 Çirali (1B)

This morning we set off for our journey to the Mediterranean coast. Passing through the stark Anatolian landscape we enter the richly forested mountain region which leads to the coast and the small village of Çirali. There is time to relax before our evening walk to view the spectacle of the chimera, a phenomenon where flames mysteriously rise from cracks within the local rocks.

Approximate travel time: Antalya to Ç■ral■, 2 hours

Day 7 Overnight boat trip (1D)

Continue to the beautiful coastal village of Kekova where we board our boat for an unforgettable night at sea.

The facilities are very basic on board. We sleep on the deck under the stars with mattresses and full bedding, all of which is provided. There is a toilet and an open air shower on board. Dinner is included and cold drinks are available for purchase. This really is the perfect place to relax and enjoy the crystal waters that Turkey is famous for!

Sleeping on the boat is seasonal from May to October. Please note that even during these months the overnight boat trip will still be dependent on weather conditions. From November to April you will stay in a guesthouse in Ucagiz and will enjoy a boat trip on Day 8.

Approx travel times: Cirali to Kekova, 2.5 hours.

Day 8-9 Dalyan (2B)

Back on land at Ucagiz travel up to the charming town of Dalyan. Opt to embark on a boat excursion for a close-up view of the famous Carian rock tombs and some remains of the ancient city of Kaunos and Dalyan. Cruising to Iztuzu Beach, past rock faces peppered with ancient tombs, there is time to relax at the beach and enjoy a cold drink. There is also the chance to visit to some local mudbaths, if you wish.

Approx travel time: Kekova to Dalyan, 5 hours

Day 10 Pamukkale (1B)

Time to leave sea level behind, passing through fruit orchards we make our way to Pamukkale. In the afternoon, we'll visit the famous white cliffs of Pamukkale. 2700m long and 160m high, visible from up to 20kms away, Pamukkale is made up of 17 hot water springs in which the temperature varies between 35 and 100 degrees. The white cliffs are formed when the calcium carbonate, which is deposited at first as a soft jelly, hardens with time.

We also explore the ancient site of Hierapolis built on top of the white "castle". This UNESCO World Heritage Site is evidence that the hot springs of Pamukkale were used as a spa since the 2nd century BC.

Approx travel time: Dalyan to Pamukkale, 6 hours

Day 11-12 Selçuk (2B)

Travel to the town of Selçuk. You can choose to visit the ruins of the ancient Roman town of Ephesus. One of the foremost cities of the world in its time, with a strategic location on the trade route, this well-preserved city is one of the best places in the world to get a real feeling of what life must have been like during Roman times.

You may also choose to walk up to the remains of the St John Basilica, visit the mosque of Isa Bey or just wander the streets and cafes of this vibrant Turkish town. Catch a local “dolmus” bus 8kms to the picturesque village of Sirince where you can sample some of the local wine or shop for crafts. The beach at Pamucak is also within reach for the dedicated sunseekers.

Approx travel time: Pamukkale to Selçuk, 3hrs

Day 13 Troy/Çanakkale (1B)

Travel to Çanakkale. Upon arrival opt to visit to the world famous Troy. Troy was first made famous by the Iliad, Homer's epic poem, and more recently by Orlando Bloom and Brad Pitt in the film of the same name. For centuries the story in the Iliad, was regarded as just a myth until the ruins of the city were found in in the mid-nineteenth century. While today not too much remains, it is possible (with a bit of imagination) to get a feel for what a great city this must have once been. Of course you won’t want to miss your chance to have your photo taken with the Trojan horse!

In the afternoon, opt to visit Gallipoli, where thousands gave their lives during WWI in the battle of the same name. Here the Turks fought off the numerically superior, but badly commanded, Allied forces who were forced to withdraw nine months later. We will visit ANZAC Cove, the war cemeteries, Lone Pine and other important sites. Even for those who are not familiar with this battle, this is a moving and beautiful site, completing any trip to Turkey.

Enjoy the harbour town of Çanakkale, a busy port with a thriving student population. Join the crowds as they stroll the waterfront nightly, enjoying the atmosphere of the night.

Overnight in Çanakkale.

Approximate travel time: Selçuk to Çanakkale 7 hours.

Day 14 Istanbul (1B)

We'll continue our journey to Istanbul where there will be the opportunity to continue your sightseeing or get in some last minute shopping. Why not top off a wonderful adventure with an optional dinner at one of Istanbul's atmospheric restaurants.

Overnight in Istanbul.

Approx travel time: Çanakkale to Istanbul, 5hrs

Day 15 Istanbul (1B)

You are free to depart at any time today. Please note that check-out time from the hotel is normally mid-morning, but luggage storage facilities are available. We are able to organise extra post-trip accommodation if you wish to extend your stay for a few more days. Please ask at the time of booking.

What's Included

Istanbul guided city walking tour, dinner with local family in Cappadocia, overnight boat trip with dinner.

Highlights

Discovering historic cities and extraordinary scenery, chilling out in local villages, relaxing on an overnight boat trip, exploring the bustling streets of Istanbul

Dossier Disclaimer

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Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Important Notes

Depending on the lunar cycle, Ramadan will fall between July 10 to August 10, 2013. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still operate effectively during this period and food is available to non-muslims throughout the day.

Train travel:
Ongoing improvements to the rail system in Turkey will continue throughout 2012/13 - due to this, we have adjusted this itinerary to replace any train service with alternate transportation.

Day 8 Overnight boat:
Overnight on board the boat will take place between May and October only and will depend on weather conditions even then. The rest of the year and when the weather does not permit sleeping onboard, you will stay in a local hotel. This is a multi-share night onboard a typical boat, mattresses will be put on the floor and you will be provided with bedding. There is one passenger toilet and one shower inside and one outside, both are shared. No hot water. No towels will be provided.

Looking to add to your experience? Check out our Theme Packs! Specially designed for travellers with unique interests, theme packs are optional add-ons to your G adventures trip that make your adventure more you-centric. Theme Packs must be booked prior to departure, please see details in our optional activities field and ask you sales CEO.

Group Leader Description

This G Adventures group trip is accompanied by one of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including

historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

Group Size Notes

Max 16, avg 10.

Meals Included

12 breakfasts, 2 dinners.

Meals

Breakfast
Many breakfasts are included as part of your tour. Turkish breakfasts are very different from your usual cereal and toast morning fare - when was the last time you had olives for breakfast?
They pretty much universally consist of large slices of fresh "french style" white bread accompanied by slices of tomato, cucumber, white and yellow cheeses, olives, jam and honey. This is accompanied by tea (which a Turk would always choose!) or coffee (which is pretty much always instant coffee)
You will of course want to sample the famous Turkish coffee, but it is usually taken after a big lunch or dinner, or in the late afternoon with a pastry.
While we think these breakfasts are absolutely delicious, some travellers do find them a bit repetitive and enjoy buying market fruit the day before and eating this for breakfast.
Lunches
...will usually be simple and on the run. They are a great chance to try Turkey's delicious and healthy array of "fast foods".
This may include, "gozleme", a type of Turkish savory crepe, "chorba", delicious lentil soup, and of course doner kebabs in both beef and chicken varieties. You won't want to miss the chance to try "pide", Turkish pizza, and lahmucan- thin crust pizza you fold greenery into
You may also find "kumpir", Turkish stuffed potatoes.
Dinner
Most Turks start their dinners with a couple of mezes- small taster dishes such as grilled octopus, aubergine salad, and many more. You could also choose a soup made of fresh local ingredients.
Main courses tend to be based around fresh seafood if you are near the coast (expect to pay around 15 lira for a whole fish)or the ubiquitous kebab- skewers of charcoaled meat which comes on bread with salad. There are plenty of variations of the kebab-many regions have their own speciality so be sure to ask your leader.
Desserts
Yum- its all about the sugar. Baklava (about 2 TKL a piece for the good stuff) is something of a national obsession and it is believed the best comes from the East. There are endless varieties of pastries and milk based deserts available and you are sure to spend at least some time in a Turkish bakery taste testing.
Snacks
Don't miss munching on a simit , a Turkish pretzel or perhaps some grilled sweet corn to get you through between meals.
Drinks
Tea, served in small tulip glasses, is the number one beverage of choice in Turkey. It is freshly brewed and a tea bag is a rare thing. Turkish coffee is wonderful thing to try. The national beer is named Efes and is very good (usually 4-5 TKL a bottle) Wine is made in Turkey and is getting better every year. Expect to pay around 6-7 liras for a glass in a restaurant.
Water is approximately 1 TRL for a 1.5 litre bottle, soft drinks and juices are around 2-3 TRL.

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip.

Meal Budget

Allow USD285-375 for meals not included

Transport

Local buses, boat

Local Flights

If required all local flights are included in the cost of your tours unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Solo Travellers

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Accommodation

Hotels (11 nts), overnight bus (2 nts), boat (1 nt, multi-share, Nov-Apr spent in a hotel).

My Own Room

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops, with the following exceptions: Night 2 Overnight bus Istanbul to Goreme, Night 5 Overnight bus Goreme to Antalya, Night 8, Uçagiz, Overnight boat , Night 12 in Ayvalik.

About Accommodation

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights.

DAY 8 BOAT OVERNIGHT:
Overnight on board the boat will take place between May and October only and will depend on weather conditions even then. The rest of the year and when the weather does not permit sleeping onboard, you will stay in a local hotel. This is a multi-share night onboard a typical boat, matresses will be put on the floor and you will be provided with bedding. There is one passenger toilet and one shower inside and one outside, both are shared. No hot water. No towels will be provided.

Joining Hotel

Grand Ant Hotel
Küçüklanga Cad. No 9-11 34096 Aksaray
Sirkeci
Istanbul
Turkey
(+90) 212 529 15 00

Joining Instructions

A taxi from the airport to the hotel will cost around 35 Turkish Lira (USD 23)

It is possible to take the metro from the airport to Istanbul city centre. Go to stop “ZEYTINBURNU” by metro. From here catch the tramway at “ZEYTINBURNU” point, going towards KABATAS; Get off at the stop "AKSARAY". Take Atatürk Bulvar■ which will be on your right hand side (towards the sea). Walk straight till you see the traffic lights. Cross the street and walk on the "Küçük Langa Caddesi (Street of Küçük Langa). The hotel will be on your left.

One token for the Metro and Tramway is 3 Turkish Lira. For more metro and tramway info:
http://www.istanbul-ulasim.com.tr/our-network.aspx

Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on

a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details.

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER
If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS
G Adventures Local Representative (Turkey)
During office hours: + 90 212 296 80 36
After hours emergency number +90 532 481 51 73 (Yavuz)

G Adventures Turkey Manager - Yaviuz (Istanbul Turkey)
Emergency number: +90 532 481 51 73

If you are unable for any reason to contact our local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100
Calls from UK: 0844 272 0000
Calls from Germany: 01805 70 90 30 00
Calls from Australia: 1 300 796 618
Calls from New Zealand: 0800 333 307
Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Finishing Point Hotel

Hotel Emek
Nöbethane cd. Demirkapi kummeydani sk. n0 13
Sirkeci
Istanbul
Turkey
(+90) 212 -526 26 02

Finishing Point Instructions

As per start point hotel.
We are able to organise extra accommodation post-trip should you require it. Please enquire at the time of booking.

What to Take

You will be on the move a lot, so our advice is to pack as lightly as possible. We highly recommend using a backpack or light sports bag, whichever you find easiest to carry, plus a small daypack. Luggage space on public transport is limited. You must be prepared to carry your own bags and be comfortable carrying them between transport and hotels (max. 15-20 mins walking), hopping on and off trains and public buses and up and down stairs.

Checklist

•Fleece top
•Windproof/waterproof jacket
•Small towel and swimwear

•4 shirts/t-shirts
•Sun hat
•Towel
•1 pair of shorts
•2 pairs of long trousers
•1 pair hiking pants/track pants
•Hiking boots/sturdy walking shoes
•Sport sandals
•Sunblock
•Sunglasses
•Toiletries (biodegradable)
•Watch or alarm clock
•Water bottle
•Purification tablets or filter
•Pocketknife
•Money belt
•First-aid kit (should contain lip salve, Aspirin, bandaids, anti-histamine, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, insect repellent, extra prescription drugs you may be taking)

Optional Items:
•Camera and film
•Reading/writing material
•Binoculars
•Cover for backpacks

Documents:
•Passport (with photocopies)
•Travel insurance (with photocopies)
•Airline tickets (with photocopies)
•EUR cash (which can be converted to TRY Turkish Lira as needed)
•Credit or debit card (see personal spending money)
•G Adventures vouchers, pre-departure information and dossier
•Any entry visas or vaccination certificates required

Laundry

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the nearest laundromat is. There will be times when you may want or have to do your own laundry so we suggest you bring your own non-polluting/biodegradable soap.

Visas

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy, or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provided the following information in good faith, it is vital that you check yourself and understand that you are fully responsible for your own visa requirements.

Visas for Turkey can be purchased on arrival at the airport. Please get into the line to get your visa before going through passport control.

An entry visa is required for citizens of the following countries (not limited to this list):
- U.S.A (US$20),
- Canada (US$60 on arrival; CAD$75 for advance application)
- U.K. (US$20; US$45 for advance application)
- Australia (US$60 on arrival)
- Austria, Belgium, Holland, Ireland, Israel, Portugal & Spain (varies from US$10-100)

Visa costs can change at any time and with little notice depending on the political climate of the region.

A valid passport is sufficient for citizens of most other countries including New Zealand, Argentina, Denmark, Finland, France, Germany, Japan, Norway, Sweden, and Switzerland for stays up to 3 months. All other nationalities please check with your nearest Turkish Embassy.

Length of validity of your visa is dependent on your nationality, but is commonly 3 months.

For information on whether your nationality is eligible for visa on arrival, we recommend the following link http://www.canberra.emb.mfa.gov.tr/ConsularServices.aspx

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Money Exchange

The local currency in Turkey is the Turkish Lira (TRY).
Almost all local purchases in Turkey (meals, souvenirs, optional activities, etc) will be paid for in TRY

ATMs are found within main cities in Turkey and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible as while there is no hard and fast rule, some banks seem to only work with one brand of card. Please note, your bank will change a fee for overseas withdrawals.

Cash is recommended for times when ATMs are not accessible. Euros, British Pounds and US Dollars are easy to exchange into Turkish Lira. Please note - while you should bring some cash with you for emergency situations, carrying cash only is a high safety risk. Money on ATM card/s and some cash is the ideal mix.

Cash advances can also be made with some banks but are time consuming and tend to have high fees attached.
Credit cards are in general not very useful in Turkey - they can be used at some larger stores if shopping for big items such as carpets.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

Emergency Fund

Please also make sure you have access to at least an additional USD $200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Departure Tax

Normally included in departure flight tickets.

Tipping

It is customary in Europe to leave a small tip for service providers, such as waiters, if you are pleased with the service (€1-2). Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping local drivers would range from €7-12 per week depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures Chief Experience Officer (CEO) did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline €20-25 per person, per week can be used.

Optional Activities

CUSTOMIZE YOUR ADVENTURE
Our trip designers work very hard to assemble the life-altering experiences that fill this brochure. That said, our travellers are a diverse group driven by all sorts of different tastes, motivations and interests. What’s a trip designer to do? The solution? Theme Packs! Specially designed for travellers with unique interests, theme packs are optional add-ons to your G adventures trip that make your adventure more you-centric. Theme Packs must be booked prior to departure.

Theme Packs available on this trip:

CAPPADOCIA BALLOON RIDE
Cappadocia, 1 hour ride
When travelling, perspective is everything. Get a god's-eye view of ancient civilizations and rugged lanscapes with this unique balloon-based tour. Cappadocia is captivating from the ground, but that's just the half of it. See the seemingly hand-painted landscapes of Cappadocia as they deserve to be seen: From the air aboard a hot air balloon.

Other optional activities:

Please note that while some prices are listed in EUR, optional activities will almost always be paid in TRY (Turkish Lira)

Istanbul:
Archaeological Museum 10TRL
Topkapi Palace 25TRL
Topkapi Palace Harem 15TRL
Aya Sofya Museum 25TRL
Mosaic Museum 8TRL
Museum of Turkish and Islamic Arts 10TRL
Rumeli Fortress 5TRL
Dolamabahçe Palace 30TRL
Dolamabahçe Palace Harem 20TRL
Galata Tower 15 TRL
Entrance to (touristic) hamam 35 EUR

Cappadocia:
Hot air Ballooning
Short flight (1h00) 165 Euro PP cash
Short flight (1h00) 175 Euro PP with Credit Card
Long flight (1h45) 230 Euro PP Cash
Long flight (1h45) 250 Euro PP with Credit Card
Turkish Night 35 Euro inc drinks
Göreme Open air museum 10 Euro
Horse riding 20 Euro/h
Quad bike 30 Euro/h
Mountain bike 20 Euro/h
Turkish bath 25 Euro
Whirling Dervishes 25 Euro

Pamukkale:
Entrance fee for the travertines and Hierapolis 20 TRL
Hierapolis Archeological Museum 3 TRL
Ancient pools swim 20 TRL (approx.)

Selçuk:
Entrance to Ephesus 25 TRL
Ephesus Museum 5 TRL (closed until 1 Oct 2013)
St John's Church 8 TRL
Slope Houses (Ephesus) 15 TRL
Virgin House (Ephesus) 15 TRL
Local dolmus to Sirence one way 3 TRL
Local dolmus to Kusadasi one way 5 TRL

Gallipoli:
Gallipoli museum 3 TRL

All prices are per person in Euro amounts(unless stated otherwise), and are subject to change as services are provided by third party

operators.

Health

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

DRINKING WATER: It is advisable to drink bottled water in Turkey.

There are no specific health requirements for this trip. However, you should consult your doctor for up-to-date medical travel information before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that we are in remote areas and away from medical facilities for some time during this trip, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc.

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

Trip Specific Safety

Like anywhere in the world, major cities have areas safer than others, use common sense, be aware of your surroundings and mind your personal belongings.

Medical Form

Our small group adventures bring together people of all ages. It is very important you are aware that, as a minimum, an average level of fitness and mobility' is required to undertake our easiest programs. Travellers must be able to walk without the aid of another person, climb 3-4 flights of stairs, step on and off small boats, and carry their own luggage at a minimum. Travellers with a pre-existing medical condition are required to complete a short medical questionnaire, which must be signed by their physician. This is to ensure that travellers have the necessary fitness and mobility to comfortably complete their chosen trip. While our CEOs work

hard to ensure that all our travellers are catered for equally, it is not their responsibility to help individuals who cannot complete the day's activities unaided. Please refer to the physical ratings in this Trip Details document for more information.

The medical questionnaire can be found online at:

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www.gadventures.com/medical-form.

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Travel Insurance

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Planeterra-The G Adventures Foundation

Through our commitment to responsible tourism we have developed the Planeterra Foundation, a non-profit organization dedicated to making a positive difference in the lives of people and communities around the world through support of international charities, local organizations and community projects in the places that we visit on our tours. G Adventures matches all individual donations and pays all administration costs, which means that 100% of each donation is doubled and goes directly to support our projects. For more information about Planeterra and the projects we support, or to make a donation, please visit www.planeterra.org

Planeterra Dollar-A-Day Program
Our Dollar-A-Day Program provides travellers with the opportunity to help us give back to the people and places visited on our tours by donating one dollar per day for the duration of their tour. 100% of these proceeds will go directly to support our Planeterra projects.

To participate in this program please indicate at the time of booking that you would like to participate in G Adventures' Dollar-A-Day program, either by clicking the check box online, or by advising your G Adventures specialist or travel agent. (Note: Donation will be charged in the currency of your booking)

Local Dress

While visiting mosques and other religious monuments you should dress modestly, cover your shoulders and you shouldn't wear short shorts or skirts.

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that you'll receive a special discount code for free online prints and we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customerservice@gadventures.com and we will send it on to you.

Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for Planeterra's monthly news to learn more about how to give back and support the people and places we love to visit.

Travel Forum - The Watering Hole

Be sure to stop by The Watering Hole, our adventure travel forum. If you're interested in meeting others booked on your upcoming trip, check out the Departure Lounge section of our forum and introduce yourself. Otherwise, just drop in at anytime to share some travel tips, ask questions, meet other travellers and quench your thirst for travel. Our forum is located at wateringhole.gadventures.com.