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Sorry! There are no remaining departures for "Active Canada: Canoeing Quebec's Rivers & Lakes" (NCMA), [but here are some similar trips.](#)



Active Canada: Canoeing Quebec's Rivers & Lakes

8 days, Montreal to Montreal

Trip code NCMA

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Four day canoe circuit in La Vérendrye Wildlife Reserve
- Canoes and Paddles
- Self-inflating mattresses and dome tents
- Free time in Saint-Hippolyte
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing November 24th, 2025 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Montreal/Réserve faunique La Vérendrye

After a brief welcome meeting with your CEO, depart for La Vérendrye Wildlife Reserve. Upon arrival, settle into your rustic lakeside camp, where you will prepare and pack equipment for tomorrow's departure. In the evening, gather for dinner around the campfire, sharing a memorable first meal together under the open sky.



Meals included

Dinner



Accommodation

Le Domaine - Camping (or similar)

Campground



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travelers, and learn more about your tour. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

Réserve faunique La Vérendrye

After breakfast, break down your campsite and get ready for the day ahead. Your CEO will guide you through essential canoeing techniques and safety procedures. In the afternoon, set off on your thrilling 4-day adventure, canoeing across lakes and experiencing the beauty of wild camping along the way.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Wilderness Canoe Camping (or similar)

Campground



Today's Activities

La Vérendrye Canoeing Circuit

Réserve faunique La Vérendrye

6h-6h

9km

Paddle through the heart of La Vérendrye Wildlife Reserve, where lakes wind through vast wilderness and ever-changing landscapes. The route follows a classic backcountry circuit, alternating between open lakes, narrow river sections, and short portages, echoing the routes that have long guided travelers through this remote country. Each paddle stroke carries you deeper into the wild, connecting you to the timeless rhythm of canoe travel.

Days 3–5

Réserve faunique La Vérendrye

Wake up surrounded by breathtaking landscapes, starting the day with breakfast by the water before breaking down camp and loading the canoes. Journey deeper into the reserve, moving through quiet waterways framed by forest and open lakes. Along the way, pause for lunch either on a peaceful lakeshore or in the canoe while keeping an eye out for wildlife such as moose standing in the shallows, beavers slipping silently across the water, and bald eagles circling overhead, with the occasional black bear spotted along the shore. Arrive at a new remote lakeside campsite, where evenings are spent cooking by the water, gathering around a campfire, and ending the day stargazing beneath open skies, creating a true backcountry experience in the heart of the wilderness.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Wilderness Canoe Camping (or similar)

Campground



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La Vérendrye Canoeing Circuit

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Day 6

Réserve faunique La Vérendrye/Saint-Hippolyte

After breakfast, breakdown camp and paddle the final stretch, if needed. Then transfer to St-Hippolyte, stopping en route to enjoy a well-earned poutine. Upon arrival, settle into a lakeside hotel to relax and take in the memories from your canoeing venture.



Meals included

Breakfast | Lunch



Accommodation

Auberge Lac Morency (or similar)

Campground



Today's Activities

Private Vehicle

Réserve faunique La Vérendrye - Saint-Hippolyte

4h30m-5h30m

390km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 7

Saint-Hippolyte

Enjoy breakfast at the inn, followed by a full day at leisure to take advantage of on-site amenities and nearby experiences.



Meals included

Breakfast



Accommodation

Auberge Lac Morency (or similar)

Campground



Today's Activities

Free Time

Saint-Hippolyte

Take advantage of this free day to make the most of the many on-site amenities. Explore the lake by kayak, or pedal boat, or unwind on the beachfront. Those who prefer to stay active on land can enjoy scenic trails, as well as tennis and volleyball courts. Relax in a pool or opt to book time at a Nordic spa. Explore the local market, or rent a bike and ride along the old railway trail.



Optional Activities - Day 7

Optional Activity Packages at Your Hotel

Saint-Hippolyte

Enhance your stay with a variety of optional packages designed to help you relax, explore, and enjoy the best of what the hotel has to offer. Choose from wellness-focused options that include Nordic spa access, massages, and gourmet meals, or activity-rich packages that pair comfortable accommodations with outdoor pursuits like guided mountain biking, or forest excursions. Whether you're unwinding in the spa, savoring seasonal cuisine, or setting out on a guided adventure, these curated experiences offer the perfect way to recharge after days of paddling and exploring the wild.

Day 8

Saint-Hippolyte/Montreal

After breakfast at the hotel, journey back to Montreal from Saint-Hippolyte where the tour ends on arrival.



Meals included

Breakfast



Today's Activities

Private Vehicle

Saint-Hippolyte - Montreal

1h-2h

70km

Settle in and scan the scenery from the convenience of a private vehicle.

What's included

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What are the main highlights of this trip?

Canoe through pristine lakes and waterways once travelled by Canada's early explorers, Experience true backcountry camping beneath the stars in remote wilderness settings, Disconnect and immerse yourself in the sights and sounds of the Canadian wild, Relax and reflect with a stay at a scenic lakeside hotel after your canoe adventure

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

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Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

How large will the group be?

Max 12, Avg. 8.

What meals are included in this trip?

7 breakfasts, 5 lunches, 5 dinners

What are the meals like on this trip?

All included meals will be prepared from goods bought en route from supermarkets, local shops and markets. Breakfasts will generally consist of breads and cereals, if time allows a warm breakfast may be prepared. Many lunches will be provided en-route and will be light meals such as sandwiches and/or salads. All evening meals will be freshly-prepared hot meals, and will consist of a variety of continental and local dishes.

What are the modes of transportation on my trip?

Private vehicle, canoe

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotel (2 nts), participation wilderness camping (5 nts)

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What kind of accommodation can I expect on this trip?

1. Please note that all campsites on this trip are remote, backcountry sites located deep within protected wilderness areas. Facilities are intentionally minimal and designed to preserve the natural environment. Campsites may include a basic tent pad, fire ring, or outhouse, but there is no running water, electricity, or showers. This simplicity is part of the experience and allows you to fully disconnect and immerse yourself in the wild landscapes that make this journey so special.
2. An essential part of your trip is participation - from putting up your tent (while camping) or packing it away in the morning, to helping with meal preparation and cleaning up - it is all part of your adventure and when everyone puts in a little effort the trip will run smoothly. Your CEO will do all the meal planning, but we do ask the clients to help with the preparation and washing up. Team spirit is part of the fun! All camping equipment (with the exception of your sleeping bag and pillow) is supplied. We supply dome tents and assembly/disassembly takes only 5 minutes. All tents have built-in insect nets. Comfortable, self-inflating mattresses are also provided, which are approximately 4cm thick.
3. Proper sleeping bags are necessary for this tour. Please ensure that your sleeping bag is rated to (-17°C for spring and fall trips and 0°C for trips June - Sept). Prices range from \$60-\$150USD.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

MEETING POINT:

Please refer to your Voucher for specific hotel meeting point

WELCOME MEETING TIME: 08:00am

You will meet your group at the meeting point in Montreal at 08:00am, before heading to La Vérendrye Wildlife Reserve. Make sure to arrive to Canada with ample time to arrive at the meeting point to ensure you don't miss the departure time. Enquire about booking a pre-night hotel if you choose to arrive the day before.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call the G Adventures Local Representative. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Local Representative

From outside the USA: 1-514-948-4145

From within the USA: 514-948-4145

If you are unable for any reason to contact our local representative, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you.

Toll-free, North America only: 1 888 756 9806

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

Your tour finishes on arrival at Montreal Airport. Please do not book departure flights earlier than 5pm on Day 8.

What should be on my packing list?

Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Eastern Canada Camping:

- Water Shoes (required) (closed toed sandals or old running shoes for daily use while canoeing)
- Bug net/ bug spray
- Comfortable walking shoes
- Dry Bag (Very light, soft day pack/dry pack or bag.)
- Sleeping bag and liner, 4 season
- Small travel towel
- Socks
- Sunscreen
- Thermal base layer
- Toiletries (Preferably biodegradable)
- Travel pillow
- Your own inflatable sleeping pad (or you can use the one provided)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

It is customary in North America to tip service providers such as waiters, bartenders and taxi drivers, at approximately 18-20%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip any local guides used. Recommendations for tipping local guides would range from \$2-8 USD per activity depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, tipping is appreciated. The amount is entirely a personal preference; however as a guideline \$10-15 USD per person, per day can be used as a guide. If your CEO(s) exceeded your expectations, feel free to tip more.

What activities are optional on this trip?

Saint-Hippolyte

- Optional Activity Packages at
Your Hotel

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

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