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Sorry! There are no remaining departures for "Active South Africa: Cape Town, Kruger & Tugela Falls" (DSCH), [but here are some similar trips](#).



Active South Africa: Cape Town, Kruger & Tugela Falls

10 days, Cape Town to Johannesburg

Trip code DSCH

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Hike either Sentinel Peak to Tugela Falls or Gudu and Mahai Falls
- An immersive and active 4-night stay at a bush camp learning about best leave no trace practices
- 4 safari drives through the Kruger area
- Full wildlife immersion day and overnight bush camping
- Biking activity through Pridelands Conservancy
- Morning bush walk back to the main lodge
- Boma dinner
- Abseiling down Table Mountain
- Free time in Cape Town
- Internal flight between Cape Town and Johannesburg and Johannesburg and the Kruger area
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing August 13th, 2024 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Cape Town

Arrive at any time. Please make your own way to the joining hotel and enjoy a welcome meeting in the evening before an included group dinner where you will get to know your fellow travellers.



Meals included

Dinner



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

Cape Town

Soak up this thrilling day in Cape Town and experience the adrenaline rush of abseiling down the cliff face of iconic Table Mountain. After breakfast the group will ride a cable car up to the top of the mountain and enjoy the views of Robben Island, Lions Head, The Twelve Apostles and Camps Bay in the deep blue Atlantic.

Head back to Cape Town in the early afternoon and spend the rest of the day and evening exploring on your own. From neighbourhood walks to lighthouse hikes, there are so many ways to get to know this incredible city.



Meals included

Breakfast



Today's Activities

Abseiling down Table Mountain

Cape Town

1h-2h

Begin at the top about 1,000m above sea level surrounded by the incredible views of Robben Island, Lions Head, The Twelve Apostles, and Camps Bay as your back drop and the Atlantic Ocean at your feet. Listen to a safety briefing before harnessing up and abseiling down iconic Table Mountain for 112m along the cliff face. When you get to the bottom point there will be a 30 minute hike back up to the top of the mountain.

Free Time

Cape Town

Enjoy free time to partake in some active optional activities in Cape Town like sandboarding or stay in town and café hop.



Optional Activities - Day 2

Atlantis Dunes Sandboarding

Cape Town

Enjoy a Sandboarding experience at the Atlantic Dunes, about 45km north of Cape Town's city centre. This activity offers an exhilarating adventure in a stunning natural setting. Transfer for about 45 minutes to the vast area of pristine white sand, with some dunes reaching up to a height of 50 meters. All transportation to/from Cape Town, plus all necessary equipment and safety gear will be provided. Your professional guides will offer instructions and support throughout. All skill levels are welcome.

Day 3

Cape Town to Tugela Falls Area via Johannesburg

Fly from Cape Town to Johannesburg in the morning and travel to your mountain lodge accommodations near Tugela Falls. The lodge is owned by the local Batlokoa (Sotho) community, and all staff and guides are members themselves. Once here, sit down for a welcome meeting and briefing about the hiking that is expected in the coming days. Then, have an included group dinner at the restaurant on the lodge property.



Meals included

Breakfast | Dinner



Today's Activities

Plane

Cape Town - Johannesburg

2h

Sit back and relax on your included flight from Cape Town to Johannesburg for the next part of your adventure.

Private Vehicle

Johannesburg - Phuthaditjhaba

5h

330km

Settle in and scan the scenery from the comfort of your private vehicle between the airport in Johannesburg to your lodge accommodations in the mountains. The views along the way will be stunning as you climb upwards into the mountains past rural dwellings and beautiful vistas.

Free Time

Phuthaditjhaba

Get settled at the mountain lodge near Tugela Falls. It is owned by the local Batlokoa (Sotho) community, and the staff and guides are members of the community. The Lodge is certified by Fair Trade Tourism. Spend free time enjoying the property before your evening safety briefing regarding the next day's hikes.

This morning you have two hiking options to decide between. Choose to set off on the more intense Sentinel Peak hike to the second highest waterfall in the world, Tugela Falls and enjoy lunch at the top. Or opt for the Gudu and Mahai Falls guided hikes along more gentle routes and have lunch back at the lodge in between each one. Dinner will be had back at the lodge with views over the surrounding scenery you spent the day immersed in.

Choose between two guided hiking options this morning. One is more strenuous and takes you to the top of Tugela Falls, the second highest waterfall in the world, while the other is moderate and also visits two separate waterfalls with a return to the lodge in between for lunch.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Option 1: Sentinel Peak with Tugela Falls

7h-9h

12km

Option 1: Hike the Sentinel Peak trail to the top of Tugela Falls. This 12km trail will take most of the day and a packed lunch will be had at the top overlooking the impressive Drakensberg. The hike is also commonly known as the 'chain ladders hike' because of a series of chain ladders that hikers must climb up along an almost vertical rock face. Certainly not for the faint of heart, but well worth the incredible views you are rewarded with at the top.

In regards to the chain ladders, there are two sections of about 50 rungs a piece and a choice between one with large "grabbing handles". Please feel confident before attempting this section as there's no shame in choosing the alternate route.

Option 2: Gudu & Mahai Falls Hike

5h

7km

Option 2:

Hike first to Gudu Falls on a shorter more moderate trail that leads you to the base of a waterfall in this lush green environment of rolling hills. Travel back to the lodge for an included lunch and then walk from the lodge on a nearby trail through peaceful scenery and quiet forests. Pass Mahai Cave and walk down to the tranquility pool named the 'Crack'.

After breakfast at the lodge transfer to the airport and onwards to Hoedspruit and your immersive and active lodge stay. Once at the lodge, sit down for a brief orientation of the property and the safety rules for the upcoming bush camp stay. Take some time to get settled in before the afternoon open safari vehicle drive through the bush searching for wildlife and continuing after sunset with a focus on nocturnal life and astronomy.



Meals included

Breakfast | Dinner



Today's Activities

Private Vehicle

Phuthaditjhaba - Johannesburg

5h

357km

Travel back to the airport near Johannesburg from your lodge stay near Tugela Falls and at the base of Sentinel Peak. The drive will take most of the morning, but the scenery will be enjoyable.

Plane

Johannesburg - Hoedspruit

1h

Sit back, relax, and enjoy the scenery on your flight out to Hoedspruit and the wild area of Kruger National Park and your unique Eco camp accommodations in the bush.

Private Vehicle

Hoedspruit - Pridelands Conservancy

30m

17km

Settle in and scan the scenery from the comfort of your private vehicle to your accommodations in the magnificent bush landscape awash in the golden light. There will be a safety briefing before you are shown your rooms.

Afternoon & Evening Bush Safari

Pridelands Conservancy

3h

Set off in a open safari vehicle into the African bush with a focus on the area's ecology. Search for the resident wildlife going about their daily routines and watch the sunset over this incredible landscape. The drive will continue in the evening with a shifted focus to nocturnal life and astronomy.

Enjoy a full-day wilderness trail experience in the form of a bush walk. Connect with the wilderness and learn a minimal impact approach as you spend the day trekking on foot, observing wildlife both near and far, and learning about how guides and rangers in South Africa are taught to track and observe the animals in the bush. In the afternoon, set up an eco-friendly tent camp in the wild with your local guides. You will stay overnight here in your pitched tent along with the company of your travel mates and guides for a once in a lifetime opportunity to sleep under the stars in the savanna. Enjoy dinner around the fire and listen out for wildlife in the distance. The night sky should put on quite a display, so don't forget to look up as you drift off to sleep.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Full-Day Wilderness Trail & Overnight Bush Camp Experience

Pridelands Conservancy

Today's experience is an in-depth introduction to the bush. Begin with a walk from the main lodge along a wilderness trail with your expert guides. Lessons during the walk include wilderness appreciation and Minimal Impact Approach and how to set up an eco-friendly camp in the surroundings. There will also be lessons at camp about how to build an eco-friendly fire, the importance of night watch, and mastering time with the light and by the stars. You will take those lessons learned and employ a minimal impact approach while camping in the bush. Dinner will be served as you spend the night under the vast sky of stars.

Day 7

Pridelands Conservancy

Rise early and after some refreshments clear the camp leaving no trace. Trek back to Pridelands Conservancy with your guide and group and indulge in a hearty breakfast there at the lodge. Later in the day, listen in on an expert-led discussion at the Pridelands Basecamp about an important wilderness topic led by your local expert. Later in the day, hop into the vehicles and join an afternoon safari drive incorporating important points from your earlier talk into the safari drive. Enjoy a Boma dinner back at the camp and fall asleep under the stars.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Morning Bush Walk

Pridelands Conservancy

3h

Awake in the early morning at camp and experience all of the responsible tasks needed in order to leave no trace. Clean camp, pack breakfast for the walk back and then set off into the bush as your guide points out various plants and animals in the morning light. Upon arrival to the Pridelands main camp there will be a hearty breakfast to refuel after an active few hours.

Afternoon Discussion & Safari Drive - Kruger Area

Pridelands Conservancy

4h

Attend an afternoon discussion at the main lodge on a wildlife topic. Have lunch at the restaurant on the property and then embark on a safari drive in which you spot the resident animals and your guide incorporates aspects from the discussion in your drive experience. Topics range from Animal Tracks to Common Tree and Shrubs, and Bird Identification, leaving travellers with a deeper understanding of the topics discussed as well as first-hand experience identifying tracks, plants, and birds while on safari afterwards.

As the sun begins to rise the group will embark on an adrenaline-pumping mountain biking activity through the reserve. In the afternoon, choose to join an outdoor wilderness focused discussion led by the local guides and rangers. On your final evening in the conservancy, head out on a last safari drive to spot those last few animals. Bid farewell to the savanna with dinner and a drumming session out in the bush as darkness falls.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Morning Bike Ride through Pridelands Conservancy

Pridelands Conservancy

Pedal through the morning glow on a sunrise bike ride through the wild landscape. Feel the wind rush past and search for resident wildlife going about their business. Along the way the group will make a pit stop for some coffee and a quick bite to eat before continuing back to the lodge.

Afternoon Discussion & Safari Drive - Kruger Area

Pridelands Conservancy

4h

Attend an afternoon discussion at the main lodge on a wildlife topic. Have lunch at the restaurant on the property and then embark on a safari drive in which you spot the resident animals and your guide incorporates aspects from the discussion in your drive experience. Topics range from Animal Tracks to Common Tree and Shrubs, and Bird Identification, leaving travellers with a deeper understanding of the topics discussed as well as first-hand experience identifying tracks, plants, and birds while on safari afterwards.

Sip your morning tea or coffee in the bush as the golden light crosses the savanna. Set out on a short morning drive to simply enjoy and envelop yourself in the dawn with nature rising around you. Return for breakfast before transferring onwards to the airport for your flight back to Johannesburg. Arrive in the late afternoon, get settled at the hotel, and enjoy a free evening to explore and grab dinner at a trendy spot in the city with your fellow travel mates and CEO.



Meals included

Breakfast | Lunch



Today's Activities

Private Vehicle

Pridelands Conservancy – Hoedspruit

30m

16km

Travel back to Hoedspruit from your active stay at a lodge in the Kruger area. Enjoy the scenery as you ride in a private vehicle to the airfield.

Plane

Hoedspruit – Johannesburg

1h

Fly back to Johannesburg from your time in the bush.

Morning Safari Drive - Kruger Area

Pridelands Conservancy

2h30m

Soak in the calming atmosphere of the bush on a final morning safari drive from camp. Search for the big five and slow down as the sun rises to sit in silence and simply be in nature.

Free Time

Johannesburg

Spend time on your own in Johannesburg. Visit historical sites, walk through the botanical garden, or choose to find a delicious local spot to try some regional staples.

Depart at any time.



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

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What are the main highlights of this trip?

Abseil down Table Mountain. Hike in the Drakensberg Mountains to either Sentinel Peak and Tugela Falls or Gudu and Mahai Falls, Embark on an immersive and active 4-night stay at a bush camp where you'll learn and practice 'leave no trace', Get outside on a full wildlife immersion day and overnight camping in the savanna.

What are the main highlights of this trip?

Abseil down Table Mountain. Hike in the Drakensberg Mountains to either Sentinel Peak and Tugela Falls or Gudu and Mahai Falls, Embark on an immersive and active 4-night stay at a bush camp where you'll learn and practice 'leave no trace', Get outside on a full wildlife immersion day and overnight camping in the savanna.

Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. YELLOW FEVER

South Africa is to enforce new rules requiring proof of Yellow Fever vaccination for all travelers - even in airport transit - who have been in Zambia or other countries where the disease is endemic. The stricter guidelines, effective 01 Oct 2011, will see travellers without an international Yellow Fever certificate refused entry.

2. TRAVEL DAYS

This is not a physically demanding journey; however, travelling can be difficult, with long drives and poor road conditions at times. Despite this, most clients feel that the diversity of the African landscape, countries, culture and wildlife are all well worth the experience. We use a comfortable and safe air-conditioned touring vehicle for the long drives.

3. COMBO TOUR

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

4. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

What is the group leader like?

On this tour, you will be accompanied by one group Chief Experience Officer (CEO).

The Chief Experience Officer (CEO) will be the group manager/leader and driver- this person is a registered and licensed tourism guide, experienced in the routes travelled. You crew member has studied to have a broad knowledge base of the region's history, cultures, and wildlife, and are legally certified to lead/guide tours in the regions visited. Most of our leaders in the region are from South Africa. As the group coordinator and manager, the aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. He/she will provide information on the places where you are travelling, and will take care of the small things so you can concentrate on enjoying your adventure. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting.

Safari guides at the lodge (wildlife safari drives): All safari guides are certified safari guides, and are of course very skilled and experienced drivers. With years of experience taking wildlife seekers into the wildlife parks, our local safari guides are exactly what will make your safari a success.

How large will the group be?

Max 16.

What meals are included in this trip?

8 breakfasts, 5 lunches, 7 dinners

What are the meals like on this trip?

Eating is a big part of travelling. Travelling with G Adventures you experience the vast array of wonderful food that is available in South Africa

What are the modes of transportation on my trip?

Private vehicle, plane, safari vehicle, walking.

What transportation will we take on this trip?

All G Adventure vehicles are regularly serviced and follow a strict maintenance schedule. However given the long travel days and rough conditions of many of the roads in Africa, vehicles can and do breakdown on occasion. If such situations occur all drivers are trained mechanics and any vehicle issues are rectified as quickly as possible so as to not disrupt your trip. Your patience is requested if the vehicle you are traveling in happens to encounter a mechanical fault.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Lodges (5 nts), Bush Camp (1 nt), Hotel 2 (nts).

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (South Africa)

From outside South Africa: +27 713823286

From within South Africa: 071 3823286

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

Are there any additional packing suggestions I should consider?

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labelled and restricted to one soft compact suitcase, sports bag, or backpack. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. Porters may not always be available, so be prepared to carry your own bags. It is important to pack clothes for warm days and cool evenings, as well as a warm jacket for early morning wildlife safari drives. A set of smart casual clothes is also advisable.

The Southern Hemisphere essentially has the opposite weather to the Northern Hemisphere. The winter months of June, July and August, whilst clear and warm during the day (up to 25 degrees), can drop down to single figures and even below freezing at night. Between September and May it is considerably warmer with the time between October and March being the hottest, getting up to the high 30C and sometimes above. However it is always a dry heat and the temperature does drop at night. The wet season is between November and February, but this is not a bad time to go, as it generally does not rain for very long. We strongly recommend lots of layers to wear from the start of the day until the night. You might still need to wear a fleece jacket in the mornings, a t-shirt during the day and again the fleece jacket at sunset time. A woolen hat is also very much recommendable for the cold winter's early morning wildlife safari drives.

What should be on my packing list?

Cold weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry can be done at the lodges (at own expense).

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

Tipping is an expected, though not compulsory, component of your tour program. The gesture serves as an expression of appreciation for exceptional service, and amounts given are up to your discretion. Please note that you are encouraged to bring small USD bills for tipping (\$1 and \$5) since anything larger becomes difficult to break.

Tipping is one of the most direct ways that you can have a positive economic impact within the African community. Although it may not be customary for you, it is an important source of income for those in the tourism industry. Giving a tip should be seen as a formal 'thank you', and the action should in no way be awkward.

The best method of tipping someone that has served the whole group is to plan in advance, and not rush when it comes to saying goodbye. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

You may use the following as a guideline, all given in a per person format:

CEO: \$10-15 USD (per day)

Driver: \$8-10 USD (per day)

Local guides: \$3-5 USD (per day)

Safari Guide/Driver: \$8-10 USD (per day)

Restaurant Staff: 10-15% of cost of bill

What activities are optional on this trip?

Cape Town

- Atlantis Dunes Sandboarding

Are there any health considerations I should know before travelling?

We recommend you contact your family physician, or your local travel clinic for the most up-to-date health information at least one month before departure. Travellers should also carry a basic first-aid kit and hand sanitizers/antibacterial wipes on their travels. Medical facilities are basic throughout these countries. For your own safety, we strongly recommend that you advise your tour leader of any medical condition that may affect you while travelling with the group. Your tour leader will be able to inform you of local health advisories (e.g. drinking water quality). Please ensure you have all the inoculations recommended by your doctor.

Yellow Fever Certificate Note: (Updated: May 2023)

It is compulsory to show a valid Yellow Fever Certificate if you are travelling to the following G Adventures-visited countries from a Yellow Fever endemic country:

- Botswana
- Ethiopia
- Kenya
- Madagascar
- Malawi
- Mozambique
- Rwanda
- South Africa
- Swaziland
- Uganda
- Zambia
- Zimbabwe

For some of these countries, proof of Yellow Fever vaccination is also required for passengers who have travelled more than 12 hours through the airport of an endemic country. If other countries not endemic to Yellow Fever have been visited after visiting an endemic country, then a Yellow Fever certificate may still be required on entry. Please check country-specific regulations before your departure.

Malaria

Malaria is a mosquito-borne disease that is present in some regions in Africa. Risk of malaria can increase during periods of heavy rain, during the rainy seasons, and in densely populated areas of Southern & East Africa. To prevent malaria, we recommend speaking to your doctor about taking preventative medication (prophylaxis), combined with regular use of insect repellent spray/cream. Please check updated travel health advisories specific to malaria before your departure.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.