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Sorry! There are no remaining departures for "Active South Africa: Victoria Falls to Cape Town" (DZVT), [but here are some similar trips](#).



## **Active South Africa: Victoria Falls to Cape Town**

10 days, Victoria Falls to Cape Town

Trip code DZVT

## What's included

- Your Welcome Moment: Meet Your CEO and Group
- Victoria Falls Morning Bike Tour
- Lunch overlooking the falls
- Morning Walking Safari in Zambezi National Park
- Fat Tire Bike Tour of the desert in Swakopmund
- Pelican Point Kayaking Excursion
- Free time in Victoria Falls and Swakopmond for active optional activities
- Internal flight between Victoria Falls and Windhoek
- Abseiling down Table Mountain
- Free time in Cape Town
- Internal flight Swakopmund and Cape Town
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing August 13th, 2024 and onwards

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Victoria Falls

Upon arrival to Victoria Falls, please make your own way to the joining hotel and enjoy a welcome meeting at 4:30pm before an optional group dinner. You can choose to eat in town or at the lodge.

If you're looking for something to do this evening, choose to pre-book the Simunye Theatrical show during check-out for a lively showcase of professional artists in an intimate, open-air venue.

Please make sure your flight lands no later than 2pm if you are planning to pre-book the Simunye Theatrical Show. This will ensure you have enough time to arrive, check in to your hotel, and get settled before the show.



### Today's Activities

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Free Time

Victoria Falls

The evening is free to do as you choose. Attend an optional group dinner or choose to pre-book the Simunye Theatrical Show for a fun night out in town featuring a performance of local artists.



### Optional Activities - Day 1

Simunye Theatrical Show

Victoria Falls

Enjoy a lively theatre performance directed by the acclaimed handspring Puppeteer Mongiwekhaya, showcasing local professional artists in an intimate, open-air venue. This captivating fusion of dance, puppetry, music, and visuals delivers a powerful message of love and community and the universal spirit of togetherness.

Discover Victoria Falls this morning on a captivating bike tour led by knowledgeable local guides. Have lunch at a cafe perched on the banks of Batoka Gorge, offering a spectacular dining backdrop overlooking the falls. Spend the remainder of the afternoon exploring on your own. Available optional activities range from ziplining and bungee jumping, to a helicopter ride.

Choose to pre-book the helicopter ride in Victoria Falls for an unforgettable experience from above the rushing water.



## Meals included

Breakfast | Lunch



## Today's Activities

Victoria Falls Morning Bike Activity

Victoria Falls

2h

10km

Meet with your local guides this morning and pedal through the region's scenic landscapes. Pass by landmarks including Victoria Falls, the Big Tree (a baobab estimated to be 3,500 years old), while taking in the mesmerizing views of the Zambezi River and Batoka Gorge below the falls.

Free Time

Victoria Falls

The afternoon is yours to enjoy Victoria Falls. The activities you choose range from adrenaline pumping to truly unforgettable. Think ziplining above the surging river below, or going to the famous Victoria Falls Bridge for a tour, bungee jumping, or perhaps booking yourself an evening cruise with dinner or drinks. If you're feeling extra indulgent, pre-book the must-do helicopter ride over the massive falls.



## Optional Activities - Day 2

Victoria Falls Helicopter Ride - 15 Mins

Victoria Falls

You don't want to miss the opportunity to see Victoria Falls from above. Watch the Zambezi River make its way toward the gorge and form the largest waterfall in the world. During your 15-minute ride, you will have time to take in the incredible views over the falls, Livingstone Island, and Mosi-oa-Tunya National Park while snapping as many pictures as you like. You may be lucky enough to see some giraffes and elephants in the surrounding landscape and even catch a rainbow over the falls. Includes pick-up and drop-off from hotel and a 12-15min flight.

Please note there is a cost for an additional park fee paid for on-site at time of the activity.

Day 3

## Victoria Falls

Depart on a morning walking safari through Zambezi National Park. You'll drive to a suitable walking area in the park and then search for wildlife along the scenic trails through the unique flora and ecosystems of the Victoria Falls region. Return back to the lodge for lunch on your own and then spend another free afternoon partaking in various adventurous activities offered in the area.



### Meals included

Breakfast



### Today's Activities

Morning Walking Safari - Zambezi National Park

Victoria Falls

3h-4h

Venture out with expert guides into the 250 square mile Zambezi National Park to see the resident wildlife in their natural environment. Spend about an hour driving total as your guides find a suitable walking place for the group. Then spend 2-3 hours walking through the park following in the footsteps of elephants, giraffes, antelopes, and colourful bird species. As you walk learn about the diverse array of flora and ecosystems of the Victoria Falls region of Zimbabwe.

Free Time

Victoria Falls

Choose from a wide range of available activities in the area that will get you out into the beautiful surroundings. Try whitewater rafting or maybe today you've convinced yourself to try bungee jumping.



### Optional Activities - Day 3

Victoria Falls River Rafting (Zambia)

Livingstone

5h-7h

Take the opportunity to go whitewater rafting on the Zambezi River while Victoria Falls roars above. Depart in the morning and head to the river, spend the morning navigating through the canyon that forms the famous falls. This adrenaline filled day will be one to remember.

Please note: River conditions and activity pricing vary depending on the seasons. High water season is from about February to July. Low water season generally runs from August to January each year - this is when the Zambezi is at its very wildest. The "closed season" is dependent on the season's rains, and usually is from March to April; during this time rafting on the river is not permitted.

This activity price excludes a \$10 park entrance fee.

Day 4

## Victoria Falls/Windhoek

Take advantage of a final free morning in Victoria Falls. Choose to pre-book the Bamba Tram for a 90-minute ride in a vintage-style tram through the national park, or rise earlier for a sunrise cruise. In the early afternoon transfer to the airport and board a flight to Windhoek. Arrive at your centrally located accommodations in the town, and spend time enjoying the property's grounds and amenities. Dinner tonight is included at the restaurant.



### Meals included

Breakfast | Dinner



### Today's Activities

Free Time

Victoria Falls

Spend the morning free in Victoria Falls for optional activities like the Bamba Tram ride through the national park, or a sunrise cruise on the nearby river.

Private Vehicle

Victoria Falls - Victoria Falls International Airport

30m

20km

Settle in and scan the scenery from the convenience of a private vehicle.

Plane

Victoria Falls International Airport - Windhoek Hosea Kutako International Airport

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

Windhoek Hosea Kutako International Airport - Windhoek

45m

45km

Settle in and scan the scenery from the convenience of a private vehicle between the airport in Windhoek and your accommodations for the evening.



### Optional Activities - Day 4

Bamba Tram - Morning Run

Zimbabwe

Witness the captivating atmosphere of Victoria Falls in a unique way aboard the iconic Bamba Train! Enjoy a 90-minute ride in a vintage-style tram for breathtaking views of Victoria Falls and the Batoka Gorge from the famous suspension bridge. Listen to your guide's stories and facts about the area's

fascinating history as you journey through Zambezi National Park. Light refreshments will be available at the bridge while you admire the raging river below. During this experience there will also be time to visit the rail and bridge museum on the Zambian side of the water.

Day 5

## Windhoek/Swakopmund

After breakfast, travel by private vehicle from Windhoek to Swakopmund, Namibia's most adventurous city on the coast. Spend the afternoon exploring on your own and choose from a wide variety of optional activities available.

Choose to pre-book the sandboarding optional activity during check-out and cruise down the nearby dunes of the mighty Namib Desert.



### Meals included

Breakfast



### Today's Activities

Private Vehicle

Windhoek - Swakopmund

4h30m

360km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Swakopmund

Enjoy a free afternoon for optional activities in Swakopmund. Try sandboarding down the nearby desert dunes or maybe try something even more epic like skydiving.



### Optional Activities - Day 5

Swakopmund Sandboarding

Swakopmund

Enjoy a must-try sandboarding experience in Swakopmund with the options to try both Lie Down and Stand Up boarding, making this activity suitable for all levels of experience. Lying down provides higher speeds (up to 80km per hour) and an intense adrenaline rush. Standing up is more like modified snowboarding using special soft boots and bindings that create a smooth but thrilling ride. Whether you're looking for high-speed excitement or a more controlled adventure, this experience caters to all preferences and gives you the opportunity to fully enjoy all that the dunes have to offer.

Day 6

## Swakopmund

The adventure today begins with a Fat Bike Living Desert experience in which you will ride with a local guide through the delicate ecosystems leaving minimal impact on this important natural area due to the type of bike being used. Travel through Swakopmund, the nearby riverbed, and the dunes along the beach. Spend the afternoon on your own and choose another available optional activity like maybe skydiving or paragliding over the unforgettable landscape.

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### Meals included

Breakfast

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### Today's Activities

Swakopmund Fat Tire Bike Tour

Swakopmund

3h-4h

12km

Discover the beauty of Namibia's landscapes on a fat tire bike tour. Enjoy a scenic ride through the world's oldest desert. Explore the vast flora and fauna found in this unique habitat and get close to nature the ecological way without additional air or noise pollution. Travel along the Swakop riverbed, over dunes, and along the beach for an intimate experience with the landscape.

Free Time

Swakopmund

You'll have a free afternoon after the bike activity to partake in any active optional activities you can find. You can choose to pre-book the Swakopmund skydiving for this day and put your love of adrenaline to the test.

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### Optional Activities - Day 6

Swakopmund Skydiving

Swakopmund

3h-4h

Buckle up your harness, practice your exit, then take a plane up and over the dunes of the Namib Desert. Take a deep breath, leap out and freefall with an instructor before he opens the parachute. Admire the view over the dunes as you descend and land safely back on the ground. Wow!

In the morning travel to Walvis Bay Waterfront and embark on a 4x4 transfer to the embarkation point of the kayaking excursion to Pelican Point. Get up close and observe resident wildlife like birds and seals in their natural habitats, and view Swakopmund from a whole new angle on the water. In the evening, choose to join your CEO and fellow travelers for dinner.

We suggest pre-booking the Sandwich Harbour/Skeleton Coast Tour for this particular afternoon.



## Meals included

Breakfast



## Today's Activities

Pelican Point Kayaking

Swakopmund

4h30m

10km

Pelican Point is home to around 50,000 Cape Fur seals and many bottlenose dolphins, black-backed jackals, flamingos, and of course, pelicans. Set off on a 4x4 drive to the kayaking site and begin paddling towards the wetlands and salt mine seen from Walvis Bay. Observe the resident wildlife and glimpse Swakopmund from the water on this exciting wildlife focused paddle along the Skeleton Coast. Most of the time the seals will come right up and playfully splash the water by the boats.

Free Time

Swakopmund

Spend a final free afternoon in Swakopmund. Choose between active optional activities like, skydiving, sandboarding, scenic flights, paragliding, or pre-book the Sandwich Harbour/Skeleton Coast tour.



## Optional Activities - Day 7

Sandwich Harbour & Skeleton Coast Tour

Swakopmund

Hop in your included transfer and drive along scenic roads to Walvis Bay. Spend time at the nearby salt pans and pink lakes for photographs of the unique environment. Continue driving along the beach

and listen as your guide delivers a mini living desert tour of the lower Kuiseb Delta, and search for resident wildlife as you go like, geckos, sidewinder snakes, chameleons, scorpions, and toktokkies. Learn more about the Namib Desert from your guide as you approach the entrance to Naukluft Park and continue towards Sandwich Harbour. If it's high tide, the drive will be through the dunes above the ocean. Pause at various viewpoints and admire the wonder of desert meeting the ocean—a truly remarkable sight. Cap off the experience with a thrilling 4x4 ride through the towering dunes and search for wildlife as you exit the park back to Swakopmund. Lunch is included during this activity while near Sandwich Harbour.

Day 8

## Swakopmund/Cape Town

After breakfast, transfer to the airport and fly from Swakopmund to Cape Town. Arrive to the hotel in the late afternoon and get settled before an included group dinner.



### Meals included

Breakfast | Dinner



### Today's Activities

Plane

Swakopmund - Cape Town

2h

Enjoy the flight from Swakopmund to Cape Town for the next leg of this adventure.

Free Time

Cape Town

You'll have some free time after arriving in Cape Town to explore the city on your own.

Day 9

## Cape Town

Soak up this thrilling day in Cape Town and experience the adrenaline rush of abseiling down the cliff face of iconic Table Mountain. After breakfast the group will ride a cable car up to the top of the mountain and enjoy the views of Robben Island, Lions Head, The Twelve Apostles and Camps Bay in the deep blue Atlantic.

Head back to Cape Town in the early afternoon and spend the rest of the day and evening exploring on your own. From neighbourhood walks to lighthouse hikes, there are so many ways to get to know this incredible city.



### Meals included

Breakfast



### Today's Activities

Abseiling down Table Mountain

Cape Town

1h-2h

Begin at the top about 1,000m above sea level surrounded by the incredible views of Robben Island, Lions Head, The Twelve Apostles, and Camps Bay as your back drop and the Atlantic Ocean at your feet. Listen to a safety briefing before harnessing up and abseiling down iconic Table Mountain for 112m along the cliff face. When you get to the bottom point there will be a 30 minute hike back up to the top of the mountain.

Free Time

Cape Town

Enjoy free time to partake in some active optional activities in Cape Town like sandboarding or stay in town and café hop.



### Optional Activities - Day 9

Atlantis Dunes Sandboarding

Cape Town

Enjoy a Sandboarding experience at the Atlantic Dunes, about 45km north of Cape Town's city centre. This activity offers an exhilarating adventure in a stunning natural setting. Transfer for about 45 minutes to the vast area of pristine white sand, with some dunes reaching up to a height of 50 meters. All transportation to/from Cape Town, plus all necessary equipment and safety gear will be provided. Your professional guides will offer instructions and support throughout. All skill levels are welcome.

Day 10

## Cape Town

Depart at any time.

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### Meals included

Breakfast

## What's included

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## **What are the main highlights of this trip?**

Explore Victoria Falls on a cycle tour, embark on a morning walking safari in Zambezi National Park, Explore the world's oldest desert on a Fat Tire Bike tour in Swakopmund, Enjoy a Pelican Point Kayaking Excursion, Abseil down Table Mountain.

## **Is there a disclaimer I should read before booking this trip?**

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**VERY IMPORTANT:** Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

## **Is there an itinerary Disclaimer?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## What important notes should I be aware of before the trip?

### 1. YELLOW FEVER

South Africa is to enforce new rules requiring proof of Yellow Fever vaccination for all travelers - even in airport transit - who have been in Zambia or other countries where the disease is endemic. The stricter guidelines, effective 01 Oct 2011, will see travellers without an international Yellow Fever certificate refused entry.

### 2. TRAVEL DAYS

This is not a physically demanding journey; however, travelling can be difficult, with long drives and poor road conditions at times. Despite this, most clients feel that the diversity of the African landscape, countries, culture and wildlife are all well worth the experience. We use a comfortable and safe air-conditioned touring vehicle for the long drives.

### 3. COMBO TOUR

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

### 4. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

## What is the group leader like?

On this tour, you will be accompanied by one group Chief Experience Officer (CEO).

The Chief Experience Officer (CEO) will be the group manager/leader and driver- this person is a registered and licensed tourism guide, experienced in the routes travelled. You crew member has studied to have a broad knowledge base of the region's history, cultures, and wildlife, and are legally certified to lead/guide tours in the regions visited. Most of our leaders in the region are from South Africa. As the group coordinator and manager, the aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. He/she will provide information on the places where you are travelling, and will take care of the small things so you can concentrate on enjoying your adventure. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting.

Safari guides at the lodge (wildlife safari drives): All safari guides are certified safari guides, and are of course very skilled and experienced drivers. With years of experience taking wildlife seekers into the wildlife parks, our local safari guides are exactly what will make your safari a success.

## How large will the group be?

Max 16.

## What meals are included in this trip?

9 breakfasts, 1 lunch, 2 dinners

## **What are the meals like on this trip?**

Eating is a big part of travelling. Travelling with G Adventures you experience the vast array of wonderful food that is available in Zimbabwe, Namibia, and South Africa.

## **What are the modes of transportation on my trip?**

Private vehicle, plane, walking.

## **What transportation will we take on this trip?**

All G Adventure vehicles are regularly serviced and follow a strict maintenance schedule. However given the long travel days and rough conditions of many of the roads in Africa, vehicles can and do breakdown on occasion. If such situations occur all drivers are trained mechanics and any vehicle issues are rectified as quickly as possible so as to not disrupt your trip. Your patience is requested if the vehicle you are traveling in happens to encounter a mechanical fault.

## **Is there an extra cost for travelling solo?**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Hotels (6 nts), Lodges (3 nts).

## **Will I get my own room?**

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Arrive to your start hotel no later than 4:30pm for your Welcome Meeting.

During your Welcome Meeting, you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (South Africa)

From outside South Africa: +27 713823286

From within South Africa: 071 3823286

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What instructions should I follow at the finishing point?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

## What should I take on my trip?

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labelled and restricted to one soft compact suitcase, sports bag, or backpack. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. Porters may not always be available, so be prepared to carry your own bags. It is important to pack clothes for warm days and cool evenings, as well as a warm jacket for early morning wildlife safari drives. A set of smart casual clothes is also advisable.

The Southern Hemisphere essentially has the opposite weather to the Northern Hemisphere. The winter months of June, July and August, whilst clear and warm during the day (up to 25 degrees), can drop down to single figures and even below freezing at night. Between September and May it is considerably warmer with the time between October and March being the hottest, getting up to the high 30C and sometimes above. However it is always a dry heat and the temperature does drop at night. The wet season is between November and February, but this is not a bad time to go, as it generally does not rain for very long. We strongly recommend lots of layers to wear from the start of the day until the night. You might still need to wear a fleece jacket in the mornings, a t-shirt during the day and again the fleece jacket at sunset time. A woolen hat is also very much recommendable for the cold winter's early morning wildlife safari drives.

# What should be on my packing list?

## Cold weather:

- Long-sleeved shirts or sweater
- Warm gloves
- Warm layers
- Scarf
- Warm hat

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

### **Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

### **Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## **When can I do my laundry on this trip?**

Laundry can be done at the lodge (at own expense).

## **What the visas and entry requirements for my trip?**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Namibia:

As of April 1st 2025, Namibia will be introducing a new mandatory 90-day visa, costing USD90 per person on arrival into Namibia.

We would recommend travellers applying prior to travel, to prevent delays at the Namibian border.

To apply prior to travel, please head to the [Visa on Arrival](#) page and click on 'New Visa on Arrival Application'. Once completed, please print out and bring your visa documents with you on tour.

Information is accurate as of April 1st, 2025.

## How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

Tipping is an expected, though not compulsory, component of your tour program. The gesture serves as an expression of appreciation for exceptional service, and amounts given are up to your discretion. Please note that you are encouraged to bring small USD bills for tipping (\$1 and \$5) since anything larger becomes difficult to break.

Tipping is one of the most direct ways that you can have a positive economic impact within the African community. Although it may not be customary for you, it is an important source of income for those in the tourism industry. Giving a tip should be seen as a formal 'thank you', and the action should in no way be awkward.

The best method of tipping someone that has served the whole group is to plan in advance, and not rush when it comes to saying goodbye. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

You may use the following as a guideline, all given in a per person format:

CEO: \$10-15 USD (per day)

Driver: \$8-10 USD (per day)

Local guides: \$3-5 USD (per day)

Safari Guide/Driver: \$8-10 USD (per day)

Restaurant Staff: 10-15% of cost of bill

# What activities are optional on this trip?

## Victoria Falls

- Simunye Theatrical Show
- Victoria Falls Helicopter Ride -  
15 Mins

## Livingstone

- Victoria Falls River Rafting  
(Zambia)

## Zimbabwe

- Bamba Tram - Morning Run

## Swakopmund

- Swakopmund Sandboarding
- Swakopmund Skydiving
- Sandwich Harbour & Skeleton  
Coast Tour

## Cape Town

- Atlantis Dunes Sandboarding

## Are there any health considerations I should know before travelling?

We recommend you contact your family physician, or your local travel clinic for the most up-to-date health information at least one month before departure. Travellers should also carry a basic first-aid kit and hand sanitizers/antibacterial wipes on their travels. Medical facilities are basic throughout these countries. For your own safety, we strongly recommend that you advise your tour leader of any medical condition that may affect you while travelling with the group. Your tour leader will be able to inform you of local health advisories (e.g. drinking water quality). Please ensure you have all the inoculations recommended by your doctor.

CPAP Machines are available on tour. Please bring back-up batteries as there are power outages in South Africa due to loadshedding (electricity outages); CPAP machine will not have constant electricity.

Yellow Fever Certificate Note: (Updated: May 2023)

It is compulsory to show a valid Yellow Fever Certificate if you are travelling to the following G Adventures-visited countries from a Yellow Fever endemic country:

- Botswana
- Ethiopia
- Kenya
- Madagascar
- Malawi
- Mozambique
- Rwanda
- South Africa
- Swaziland
- Uganda
- Zambia
- Zimbabwe

For some of these countries, proof of Yellow Fever vaccination is also required for passengers who have travelled more than 12 hours through the airport of an endemic country. If other countries not endemic to Yellow Fever have been visited after visiting an endemic country, then a Yellow Fever certificate may still be required on entry. Please check country-specific regulations before your departure.

### Malaria

Malaria is a mosquito-borne disease that is present in some regions in Africa. Risk of malaria can increase during periods of heavy rain, during the rainy seasons, and in densely populated areas of Southern & East Africa. To prevent malaria, we recommend speaking to your doctor about taking preventative medication (prophylaxis), combined with regular use of insect repellent spray/cream. Please check updated travel health advisories specific to malaria before your departure.

# What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What are the trip specific safety considerations?

GENERAL: Look after your personal items. Do not leave your valuables visible in a car or hotel room. Lock your hotel room door when you enter and when you leave. Do not carry large amount of cash on you. Avoid displaying flashy jewellery and carry your camera in its pack on your shoulder rather than around your neck. Keep your passport, airline tickets, money, important documents locked up in your room/safe - do not carry it with you.

Please note that the use of drones in national parks in Southern Africa is prohibited.

Vital Information when you are staying the KNP or any Reserve: Please ensure that your stay is happy and safe by taking note of a few simple warnings. You will be sharing your stay with many exciting and unusual creatures but without knowledge some of them could be dangerous: Example: Bats, Spiders, Snakes, Scorpions, Malaria Zone. If you must walk around at night please DO NOT DO SO WITHOUT A TORCH. Remember: by feeding any wildlife, you are signing their death warrant as they become aggressive!

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.