



JOURNEYS: HIGHLIGHTS OF ARGENTINA & BRAZIL

8 days, Buenos Aires to Rio de Janeiro

Trip code SAANG

WHAT'S INCLUDED

- Your G for Good Moment: Buenos Aires City Tour & Isla Maciel Cultural Experience, Buenos Aires
- Your Welcome Moment: Welcome Meeting, Buenos Aires
- Your Foodie Moment: Dinner at a Churrascaria, Foz do Iguaçu
- Arrival transfer
- Visit the Brazilian and Argentine sides of Iguassu Falls over 2 days
- Sugarloaf Mountain cable car visit
- Full-day Rio de Janeiro tour to "Little Africa," Lapa and Christ the Redeemer
- Guided visit of the Santa Teresa district and botanical gardens
- Internal flights
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing August 3rd, 2026 and onwards

ITINERARY



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

BUENOS AIRES

Arrive at any time. Arrival transfer is included.



TODAY'S ACTIVITIES

Arrival Transfer

Buenos Aires

45m-1h

32km

You will be met at the airport and transferred to the hotel to start your adventure.

ACTIVITY

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. Check for the meeting time on the welcome note at the hotel. After introductions, your Expedition Leader will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

Day 2

BUENOS AIRES

Set out on a guided tour of Buenos Aires. Drive past the gilded facade of Teatro Colón and the soaring Obelisk toward Plaza de Mayo, stopping briefly at the Casa Rosada and the Metropolitan Cathedral. Continue to colourful La Boca, stroll along the brightly painted Caminito street museum before meeting your guides from the Isla Maciel community, a G Adventures-supported project. Cross the 1914 Avellaneda Bridge over the Riachuelo River into the Isla Maciel neighbourhood, taking in vivid murals and social history up close before heading back over the water. Enjoy lunch together, then spend the rest of the afternoon and evening at leisure.



Meals included

Breakfast | Lunch



TODAY'S ACTIVITIES

Free Time

Buenos Aires

Enjoy the afternoon at leisure, relax or choose from a variety of recommended activities.

ACTIVITY

Led by local community guides from Isla Maciel, guests will embark on a specialized walking tour through the neighborhood's historic streets before crossing the Riachuelo river Avellaneda Bridge, situated alongside the historic transporter bridge, a heritage landmark built in 1914. On the other side, a guided walk through Isla Maciel offers an intimate look at local mural art and social history. This experience provides a unique perspective on the city's dual identity, concluding with a return crossing over the river after a day of profound cultural discovery.

Day 3

BUENOS AIRES/FOZ DO IGUAÇU

Board a morning flight to Puerto Iguazú, trading city streets for lush subtropical green. Crossing into Brazil, step onto the trails on the Brazilian side of Iguassu Falls, where expansive footpaths reveal breath-taking panoramic views of hundreds of waterfalls cascading through the jungle mist. Feel the cool spray on your face as you take in the sheer scale of the landscape. Spend a free afternoon to settle into your surroundings, then gather tonight for a dinner featuring delicious local flavours.



Meals included

Breakfast | Dinner



TODAY'S ACTIVITIES

Private Vehicle

Buenos Aires

1h

40km

Transfer from your hotel to the airport to catch a flight to Puerto Iguazú

Plane

Buenos Aires – Puerto Iguazú

1h30m

1640km

Fly north from cosmopolitan Buenos Aires to the tri-border area with Paraguay and Brazil.

Private Vehicle

Puerto Iguazú – Foz do Iguaçu

1h-1h30m

Cross the border from Argentina into Brazil, en route to the mighty Iguassu Falls.

Iguassu Falls (Brazil Side) Guided Tour

Foz do Iguaçu

2h30m-3h30m

Visit the Brazil side of the falls to get a panoramic view of Iguaçu, one of the world's largest and most impressive waterfalls. In total, there are over 275 individual falls spread out over 3km (2 mi). Find the best spot to take jaw-dropping photos of this UNESCO World Heritage site.

Free Time

Foz do Iguaçu

Enjoy the afternoon at leisure, relax or explore the area near the hotel.

ACTIVITY

Experience an authentic taste of Brazil at a traditional churrascaria where servers carve a wide variety of premium grilled meats directly at your table.

Day 4

FOZ DO IGUAÇU

This morning, cross the border back into Argentina, and spend the entire day exploring the Argentine side of Iguassu Falls. Board the park's rainforest train to reach the trailheads, walking along scenic boardwalks that wind through dense jungle canopy and over rushing waters. Pass vibrant tropical flora, pausing to take in sweeping views of the cascades from multiple viewpoints. Return to Brazil and head to your hotel to relax and spend the evening at your own pace.



Meals included

Breakfast



TODAY'S ACTIVITIES

Private Vehicle

Foz do Iguaçu – Parque Nacional del Iguazú

2h

26km

Enjoy the surroundings from a private vehicle as you transfer from your hotel and cross the Argentinian border to reach Iguazú National Park.

Guided Visit of the Argentine side of Iguassu Falls

Parque Nacional del Iguazú

7h

Spend the whole day on the Argentine side of Iguassu Falls to experience it in all of its glory. See the different cascades of water from various perspectives, exploring the paths, trails and catwalks adapted to the landscape of the area.

Private Vehicle

Parque Nacional del Iguazú – Foz do Iguaçu

2h

26km

Soak in the scenery on the drive back into Brazil to your hotel.



Optional Activities - Day 4

Boat Tour of Iguassu Falls

Foz do Iguaçu

75USD

Explore the jungle by 4x4 crossing the Yacaratiá path and then hop on a boat to explore the thundering falls from a VERY close view. Take some amazing pictures and then float under the water to have the real Iguassu experience.

Day 5

FOZ DO IGUAÇU/RIO DE JANEIRO

Transfer to the airport for a short flight to Rio de Janeiro, where verdant mountains plunge straight into the blue Atlantic Ocean. Set out on an afternoon tour, taking a cable car up Sugarloaf Mountain to soak in sweeping panoramic views across Guanabara Bay and the sprawling city below. Afterward, enjoy a scenic drive past the sands of Botafogo, Copacabana, and Ipanema, watching beach culture come alive at golden hour, then settle into a free evening on your own.



Meals included

Breakfast



TODAY'S ACTIVITIES

Private Vehicle

Foz do Iguaçu – Foz do Iguaçu / Cataratas International Airport

19m

14km

Transfer from your hotel to the Foz do Iguaçu airport and catch a flight to Rio.

Plane

Foz do Iguaçu / Cataratas International Airport – Rio de Janeiro–Galeão International Airport

2h

1180km

Fly to Rio de Janeiro, transitioning from the thundering waterfalls to the dramatic coastal landscapes and vibrant energy of the Marvellous City.

Private Vehicle

Rio de Janeiro–Galeão International Airport – Rio de Janeiro

31m

22km

After arriving in Rio, transfer to your hotel by private vehicle

Rio de Janeiro Half-Day Tour

Rio de Janeiro

4h

Set off to explore Rio and ascend the iconic Sugarloaf Mountain by cable car. From this spectacular vantage point, take in breathtaking views of the vibrant cityscape and the glittering expanse of Guanabara Bay. Descend back to sea level for a scenic drive along Botafogo beach, capturing glimpses of daily Carioca life against a backdrop of coastal mountains. Conclude your tour by cruising past the beaches of Copacabana and Ipanema, immersing yourself in the magnetic energy and sun-drenched beauty of Rio's celebrated coastline.

Day 6

RIO DE JANEIRO

Delve into the soul of the city on a visit to Rio's "Little Africa," exploring key historical sites to learn about the profound influence of African culture on Brazilian heritage and samba. Pass the Sambadrome before stopping for lunch. Afterward, walk past the white arches of the Carioca Aqueduct, climb the colourful, mosaic-tiled Selarón Steps in Lapa, and stand at the feet of the towering Christ the Redeemer statue high atop Corcovado Mountain.



Meals included

Breakfast | Lunch



TODAY'S ACTIVITIES

Rio's "Little Africa" and Christ the Redeemer

Rio de Janeiro

7h

Head out on a full-day exploration of Rio de Janeiro, beginning with an in-depth walking tour of the historic "Little Africa" district. Accompanied by a local guide, discover the profound influence of Afro-Brazilian culture as you visit landmarks like the UNESCO-listed Valongo Wharf, the birthplace of samba at Pedra do Sal, and the Instituto dos Pretos Novos memorial. After pausing outside the iconic Sambadrome, enjoy lunch at a local restaurant before continuing through the Lapa neighborhood to view the towering Carioca Aqueduct and the vibrantly tiled Selarón Steps. The day concludes with an ascent up Corcovado Mountain to stand beneath the monumental Christ the Redeemer statue, offering a remarkable view over the sprawling city.

Day 7

RIO DE JANEIRO

Head into the bohemian hilltop enclave of Santa Teresa, where narrow cobblestone streets are lined with historic mansions and artist studios. Visit Parque das Ruínas, a public park built around the glass-and-steel restoration of a 20th-century mansion, taking in art galleries and sweeping views of Guanabara Bay. Wander along the garden trails of the lush and tropical botanical gardens before returning to your hotel.



Meals included

Breakfast | Lunch



TODAY'S ACTIVITIES

Bohemian Santa Teresa and the Botanical Gardens

Rio de Janeiro

7h30m

Explore the bohemian neighborhood of Santa Teresa, starting at Parque das Ruínas, a cultural center set within the ruins of a historic mansion that offers sweeping views of downtown Rio and Guanabara Bay. Take a guided walk through the area's cobblestone streets to discover colonial architecture,

vibrant street art, and artisan shops. Discover the extraordinary tropical plant collections and towering imperial palms of the Rio de Janeiro Botanical Garden, concluding your tour at the historic Parque Lage at the base of Corcovado Mountain.

Day 8

RIO DE JANEIRO

Depart at any time.



Meals included

Breakfast



TODAY'S ACTIVITIES

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

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What are the main highlights of this trip?

Explore the historic streets of Buenos Aires with local guides to discover neighbourhood histories and vibrant street art, Experience the Argentine and Brazilian sides of Iguassu Falls over two full days. Ascend Sugarloaf Mountain for sweeping views of Rio, Explore Rio's historic Afro-Brazilian roots and learn the stories that gave birth to samba. Wander hilltop streets and the ruins of a grand mansion in Rio's Santa Teresa district

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Is there a disclaimer I should read before booking this trip?

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What is the role of the group leader during this trip?

All National Geographic Journeys with G Adventures group trips are accompanied by a National Geographic Expedition Leader. The aim of the Expedition Leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

What is the maximum and typical number of participants on this tour?

Max 16, Avg 12.

What meals are included in this trip?

7 breakfasts, 3 lunches, 1 dinner

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your Expedition Leader will be able to suggest favourite restaurants during your trip.

Note: Food is generally considered to be more expensive in Argentina and Chile than in most other South American Countries.

What are the modes of transportation on my trip?

Private vehicle, plane, walking.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (7 nts).

If I choose to purchase My Own Room, are there any exceptions during the trip?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a National Geographic Journeys sign, and they will be waiting for you outside the luggage hall. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What should I do if I can't find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your Expedition Leader (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

An arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650

After hours Emergency number: +51 99 758 2712 (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What details should I be aware of when planning my departure day?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

What are the packing guidelines and luggage restrictions?

Most people automatically assume that the weather is hot in South America, but in Patagonia the temperature can feel quite cold, especially at night. We recommend the use of a duffel bag, soft rolling bag or backpack, whichever you find easiest to carry. A good size daypack is also essential.

What should I pack for this trip?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Footwear (required) (Closed toe suggested)
- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

Where can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The currency in Argentina is the Argentine Peso (ARS) and in Brazil, the Brazilian Real (BRL).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Please bear in mind that cost of living in the southern cone countries (Argentina, Brazil, Chile) is much higher than the rest of South America, and more comparable with Europe. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

Most airlines include departure tax in the cost of the ticket. If this is not included then it should be mentioned in your flight booking confirmation

What are the tipping guidelines for this trip?

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your Expedition Leader for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your National Geographic Expedition Leader did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

What activities are optional on this trip?

Foz do Iguaçu

- Boat Tour of Iguassu Falls
(75USD per person)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our Expedition Leader, they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your Expedition Leader has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your Expedition Leader will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

Are there any specific safety considerations for this itinerary?

Please note: You should be especially careful when wandering about major cities in Latin America on your own, particularly at night. Tourists are easy prey for individual pickpockets or groups of two or more people, working as a team, on the streets. Be safe and leave your passport, credit cards, cash and valuables you won't be using immediately within the hotel's safety deposit box. Most locals are honest and genuinely helpful and friendly, but be safe and enjoy!

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our Expedition Leaders have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

What are the mandatory travel insurance requirements for this trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your Expedition Leader, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

What are the age restrictions for this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.