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Sorry! There are no remaining departures for "Back Roads & Highlands of Peru" (SPBH), [but here are some similar trips](#).



Back Roads & Highlands of Peru

17 days, Lima to Cusco

Trip code SPBH

What's included

- Your G for Good Moment: Ccaccacollo Community and Women's Weaving Co-op visit, Ccaccacollo
- Your G for Good Moment: Parwa Community Restaurant the Sacred Valley, Lamay
- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: Cusco
- Sacred Valley guided tour
- Pottery making demonstration
- Cusco Stay
- Machu Picchu guided tour
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2018 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Lima

Arrive at any time.

There are no planned activities until an evening welcome meeting.

Please note that hot water shortages and power outages can be fairly common in Peru. We appreciate your patience and understanding that these occurrences are outside of our control.



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.



Optional Activities - Day 1

Magic Circuit of Water and Tapas Night

Lima

68USD

Experience nightlife in downtown Lima with the spectacular "Magic Water Circuit" (Circuito Mágico del Agua) show complete with lights, music and dozens of fountains. Enjoy some tapas and take in the sights with a pisco sour in hand. The perfect night out!

Pachacamac and Paso Horse Show

Pachacamac

98USD

Dive into Peruvian history and explore a famous temple built in honor of Pachacamac or the "Earth Maker", a powerful figure considered amongst gods and worshiped during the Pre Incan era. After you've got your history fix, head out to enjoy a local lunch and Peruvian dancing. After lunch continue on to see the Peruvian Paso Horse and learn more about this majestic beauty.

Lima City Tour

Lima

40USD

Discover Lima's cultural and culinary highlights on this half-day guided tour. Visit the Santo Domingo Monastery, walk around Plaza de Armas, marvel at the Bodega y Quadra Museum, and get to know

some of Lima's lovely neighbourhoods. Stop to enjoy some authentic Peruvian tapas and be introduced to Pisco Sours during a demonstration and tasting.

Day 2

Lima/Huancayo

Enjoy a spectacular bus ride into the Andes to Huancayo.

Travel the route of the locals and start the Andean adventure on the road from Lima to Huancayo in the central Andes.



Meals included

Breakfast



Today's Activities

Local Bus

Lima - Huancayo

6h30m

Climb aboard, grab a seat, and enjoy the ride.

Day 3

Huancayo

Spend the day enjoying optional activities like hiking, biking, horseback riding, or just enjoy the scenery.

The villages of Cochas Grande and Cochas Chico are two interesting day trips in the Mantaro Valley, some 12km (7mi) south of the city.



Today's Activities

Free Time

Huancayo

With so much to see and do, get out and explore.



Optional Activities - Day 3

Horseback Riding

Huancayo

Head out on horseback for a fun way to explore the surrounding landscape.

Bike Rental

Huancayo

Rent a bike from a local shop and head out to explore.

Day 4

Huancayo/Huancavelica

Travel to the picturesque colonial city of Huancavelica aboard el Tren Macho. Take in the Peruvian countryside passing by the window and enjoy the ride amongst the locals.



Today's Activities

Local Train

Huancayo - Huancavelica

7h

All aboard el Tren Macho! Enjoy the ride on this historical train that has been running since 1926 between Huancayo and Huancavelica.

Please note in the event the train is not operational the group will travel by local bus.

Day 5

Huancavelica/Ayacucho

Travel through the highlands and remote communities of the Andes to Ayacucho.

The altitude of Ayacucho, its colonial feel, and the local pre-Inca history make it one of the most fascinating cities in the Andes.



Meals included

Breakfast



Today's Activities

Local Bus

Huancavelica - Ayacucho

3h-4h

Climb aboard, grab a seat, and enjoy the ride.

Free Time

Ayacucho

Start exploring this interesting mountain town.

Days 6-7

Ayacucho

Spend two days in Ayacucho, with optional day tours to nearby archaeological sites, markets, city tours or individual exploration.

The city is known for a handicrafts district famous for silver, carvings and woven items. There are many beautiful colonial churches and mansions to visit as well. The surrounding area also offers a number of attractions, including the Huari Capital and Quinoa and Vilcashuaman, considered the geographical centre of the Inca Empire.



Meals included

Breakfast



Today's Activities

Free Time

Ayacucho

Explore the city or head further afield.



Optional Activities - Days 6-7

Quinoa Visit

Quinoa

Venture about an hour outside Ayacucho to reach Quinoa, a small town known for its pottery and as the site where the Battle of Ayacucho was fought and won in 1824.

Ayacucho City Tour

Ayacucho

Take a tour of the city to see some of the sights, learn more about the colonial history of the area and admire the fantastic architecture.

Barrío de Artesanos de Santa Ana Visit

Ayacucho

Head to the Barrío de Artesanos de Santa Ana, a handicrafts district where you can purchase silver jewelry, alabaster carvings, painted altars and nativity scenes, dried gourds, and a good selection of woven items. Ready, set, shop!

Vilcashuaman Visit

Vilcashuamán

Take an excursion to historical Vilcashuaman, considered the geographical centre of the Inca Empire.

Wari Ruins Visit

Quinoa

Visit the expansive ruins of Wari, all that remains from the pre-Incan empire that once lived here. The location of the ruins was the capital city of the Wari and covers approximately 16km (10 mi).

Day 8

Ayacucho/Andahuaylas

Pass by rural areas, massive mountain peaks and small villages to reach Andahuaylas.

The focus of the day is the journey itself. You can't beat the scenery like this and there's no better way to get to know the country than to travel straight through some of the most remote regions.

Arrive at Andahuaylas, set amidst a beautiful glacial valley. Agriculture is key to the lives of the locals here and the town has a good market.



Meals included

Breakfast



Today's Activities

Local Bus

Ayacucho - Andahuaylas

4h-5h

Climb aboard, grab a seat, and enjoy the ride.

Day 9

Andahuaylas

Enjoy free time in Andahuaylas. Opt to visit to the Sondor archaeological site, the Pacucha Lagoon or the market.



Meals included

Breakfast



Today's Activities

Free Time

Andahuaylas

Explore Andahuaylas, opt to visit nearby Pacucha Lagoon or the Sondor Ruins remaining from the Chanka Empire.



Optional Activities - Day 9

Pacucha Lagoon Visit

Andahuaylas

Visit the Pacucha Lagoon and opt to sunbathe on the scenic shore.

Sondor Archaeological Site Visit

Andahuaylas

Hike to the remote archaeological site to get close to the surrounding landscape and learn about the history and culture of the area. Enjoy the view of the valley below the ruins and bring a picnic lunch for a great way to spend an afternoon.

Day 10

Andahuaylas/Cusco

Hop aboard a local bus and head to Cusco today. Upon arrival, feel free to explore the city.

The nearby Sacred Valley, museums, churches and cobblestoned streets steeped in history, all combine to create a terrific atmosphere.



Meals included

Breakfast



Today's Activities

Local Bus

Andahuaylas - Cusco

6h-7h

Climb aboard, grab a seat, and enjoy the ride.



Optional Activities - Day 10

Cusco Tourist Ticket

Cusco

130PEN

This ticket allows admission at 16 sights of the city of Cusco including many popular museums and cathedrals, the ticket also provides entrance to Sacsayhuaman Archaeological Park, and sights in the South Valley of Cusco and the Sacred Valley of the Incas.

Cusco City Tour

Cusco

45PEN

Enjoy a half-day tour of Cusco's main sights. Walk around the Plaza de Armas (main square) and explore this city steeped in one of the world's most alluring and ancient cultures. Visit Qenqo, Koricancha, the Cathedral, Puca Pucara, Tambomachay, and the archaeological site of Sacsaywaman.

Inka Museum

Cusco

10PEN

Get ready to explore the artifacts from the Inca Empire, including mummies, jewelry, skulls, and ceramics at this museum of archaeology.

Whitewater Rafting Urubamba

Urubamba

69USD

Rise for an early morning pick up and drive to Chuquicahuana for a safety briefing. Enjoy a full day of rafting on the Upper Vilcanota River (about 2.5 hrs on the water). Be thrilled by fast rapids that are a constant Class III and IV for around 11km (9 mi), and don't forget to take in the gorgeous scenery. Rehash all the excitement afterward over a riverside picnic lunch.

Cusco Cooking Class

Cusco - Cuzco

Channel your inner chef and get a taste of Peruvian cuisine. Learn all about the essential ingredients, and try your hand at preparing unique Peruvian dishes with a local expert

Day 11

Cusco

Enjoy free time to explore Cusco or take an optional city tour, head out whitewater rafting, horseback riding or mountain biking.

The nearby Sacred Valley, museums, churches and cobblestoned streets steeped in history, all combine to create a terrific atmosphere.

Opt to visit and hike the famed Rainbow Mountain, pre-book on the checkout page to include this optional activity on your tour or ask your GCO or travel agent for assistance.



Meals included

Breakfast



Today's Activities

Free Time

Cusco

Don't waste a minute—get exploring.



Optional Activities - Day 11

Cusco City Tour

Cusco

45PEN

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Inka Museum

Cusco

10PEN

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Rainbow Mountain Hike - Full-day Trip

Cusco

8km

Lookout over these colourful Andean mountains striped with maroon, turquoise, lavender, and gold. The sediment, elevation, and proximity to the ocean create a landscape that has to be seen to be believed. Get started early to drive around 3 hours approximately to the starting point of this challenging, yet rewarding full-day hike. Reaching 5,029m (16,500 ft) this 8 km hike is no walk in the park, but these unique mountains do not disappoint. The ascent takes approximately 1.5 hours.

Whitewater Rafting Urubamba

Urubamba

69USD

Rise for an early morning pick up and drive to Chuquicahuana for a safety briefing. Enjoy a full day of rafting on the Upper Vilcanota River (about 2.5 hrs on the water). Be thrilled by fast rapids that are a constant Class III and IV for around 11km (9 mi), and don't forget to take in the gorgeous scenery. Rehash all the excitement afterward over a riverside picnic lunch.

Enjoy a full-day guided tour of the Sacred Valley. Stop at the G Adventures-supported women's weaving co-op before visiting a local pottery making community. Break for lunch at the G Adventures-supported Parwa Community Restaurant in Huchuy Qosco. After lunch, opt to head out on a hike to the Ollantaytambo storehouses and look out over the ruins. Or, wander around the cobblestone streets and visit a local Chicheria (corn beer bar).

Travel through the stunning Sacred Valley of the Incas, visiting a G Adventures-supported women's weaving co-op. Meet the women and learn about traditional weaving and dyeing. Opt to pick up some handmade souvenirs and textiles directly from the women who made them.

Have lunch at the G Adventures-supported Parwa Community Restaurant. Learn about the G Adventures for Good project and eat a delicious buffet-style lunch. Proceeds of this meal go directly back to the remote community.



Meals included

Breakfast | Lunch



Today's Activities

Private Vehicle

Cusco - Ollantaytambo

1h45m

94km

Make stops along the way as you pass through this gorgeous valley, descending in elevation the whole way.

ACTIVITY

Visit the Ccaccacolco community centre which G Adventures travellers' donations helped create in 2005, thereby enabling local women to sell traditional textiles to travellers. See local weaving and dyeing techniques used to create garments and souvenirs, and learn how the Planeterra weaving co-operative has impacted the community and those who visit it. This includes the purchase of alpacas to provide a steady supply of wool, looms, and sewing machines as well as several training courses on production, sales and small business management.

Cuyo Chico Pottery Making Demonstration

Pisac - Urubamba

In the rural village of Cuyo Chico in the Sacred Valley, a group of families joined together to create a small business based on their traditional adobe ceramic crafts. Using clay from their surroundings, they mold bowls, plates, and all manner of decorations. Learn about the ceramics process as well as

the traditional adobe brick-making that forms the basis of houses throughout the valley, all while taking in a spectacular view of the Pisac Ruins. After the demonstration, peruse the items for sale directly from the artisans in their shop.

ACTIVITY

Contribute to sustainable tourism in Huchuy Qosqo, a small village of 65 families in the Sacred Valley, by eating at the Parwa Community Restaurant. Learn how the resident-run restaurant was kickstarted by G Adventures and the Multilateral Investment Fund, to become a successful farm-to-table program that boosts the local economy and several spin-off microenterprises.

Day 13

Ollantaytambo/Cusco

Return to the Sacred Valley with your G representative to explore the sites of the Maras Salt Mines and the ancient Incan agricultural terraces of Moray. Continue on a scenic drive through small villages and stunning views of the Andean countryside. Stop at Piuray Lagoon and opt to explore by kayak or stand-up paddleboard. Return to Cusco for the evening.

Leave the hikers to start their trek and head out to explore Moray and Maras ancient Incan ruins. Enjoy a scenic drive through Andean farmland on the way to Piuray Lagoon.



Meals included

Breakfast | Lunch



Today's Activities

Maras Salt Mines and Moray Visit

Maras - Moray

Tour the unique Inca ruins of Moray, consisting of circular terraces and a sophisticated irrigation system located at 3500m (11483 ft). Learn about the history and study of this fascinating site – speculation has it that it was an Inca agriculture experiment station. Then visit the impressive Maras Salt Mines and see thousands of individual ancient salt pools spilling over a hillside. Learn about the different varieties of salt, and try the renowned pink salt, famous worldwide.

Scenic Andean Drive and Piuray Lagoon Visit

Moray - Piuray Lagoon

1h-1h30m

Set out on a scenic drive above the Sacred Valley of the Incas, stop along the way to lookout over small farms carved into the hills and small villages dotted along the landscape. Enjoy the views at picturesque Piuray Lagoon, opt to relax, explore the lagoon by kayak, or stand-up paddleboard.

Private Vehicle

Piuray Lagoon - Cusco

1h-1h30m

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 13

Kayaking Piuray Lagoon

Piuray Lagoon

45-48USD

Glide across the lake by kayak, grab a paddle, and get ready to be wowed by natural beauty in every direction. Take time to soak in the endless Andean sky and stunning mountain scenery.

Stand-up Paddleboarding Piuray Lagoon

Piuray Lagoon

45-48USD

Test your balance on a paddleboard, grab a paddle and your sense of adventure and head out on the water. Stand up, get your balance, and admire the mountain scenery around you.

Day 14

Cusco

Enjoy a free day to explore the city or take advantage of the many optional activities available.



Meals included

Breakfast



Today's Activities

Free Time

Cusco

Spend more time getting to know this fascinating city and surrounding area. Free time is yours to explore any way you want.



Optional Activities - Day 14

Cusco Tourist Ticket

Cusco

130PEN

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Inka Museum

Cusco

10PEN

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Whitewater Rafting Urubamba

Urubamba

69USD

Rise for an early morning pick up and drive to Chuquicahuana for a safety briefing. Enjoy a full day of rafting on the Upper Vilcanota River (about 2.5 hrs on the water). Be thrilled by fast rapids that are a constant Class III and IV for around 11km (9 mi), and don't forget to take in the gorgeous scenery. Rehash all the excitement afterward over a riverside picnic lunch.

Day 15

Cusco/Aguas Calientes

Travel by van to Ollantaytambo to catch the scenic train to Aguas Calientes.



Meals included

Breakfast



Today's Activities

Private Vehicle

Cusco - Ollantaytambo

1h45m

94km

Settle in and scan the scenery from the convenience of a private vehicle.

Train

Ollantaytambo - Aguas Calientes

1h30m

Climb aboard, take a seat, and enjoy the ride.



Optional Activities - Day 15

Hot Springs Visit

Aguas Calientes

6USD

Soak your sore muscles in the local hot springs for which the town, Aguas Calientes, was originally named.

Day 16

Machu Picchu/Cusco

Rise early to enjoy a guided tour of Machu Picchu. After, catch the train towards Cusco.

Enjoy a guided visit to the ruins, then head back down by bus to Aguas Calientes to meet up with the rest of the group. Take the scenic train back to Ollantaytambo to meet the van for the ride back to Cusco.



Meals included

Breakfast



Today's Activities

Local Bus

Aguas Calientes - Machu Picchu

15m

Climb aboard, grab a seat, and enjoy the ride.

Machu Picchu Guided Tour

Machu Picchu

1h30m-2h

Set off with the local guide to explore Machu Picchu, the Lost City of the Incas. Learn about the history and gain insights into this massive mountaintop citadel while wandering through ancient dwellings, stone temples and along sculpted terraces. Feel the energy of this 15th-century site, now both a UNESCO World Heritage site and voted one of the new Seven Wonders of the World in a worldwide internet poll.

Train

Aguas Calientes - Ollantaytambo

1h30m-1h45m

31km

Climb aboard, take a seat, and enjoy the ride.

Private Vehicle

Ollantaytambo - Cusco

1h30m-1h45m

60km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 17

Cusco

Depart at any time.



Meals included

Breakfast



Optional Activities - Day 17

Inka Museum

Cusco

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- Sacred Valley guided tour
- Pottery making demonstration
- Cusco Stay
- Machu Picchu guided tour
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What are the main highlights of this trip?

Gaze at Andean vistas, experience the culture and mingle with the locals, conquer the Inca Trail to Machu Picchu, savour the diverse cuisine in Peru.

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Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. INCA TRAIL AND MACHU PICCHU REGULATIONS

The rules and regulations controlling the Inca Trail and Machu Picchu are continually changing. Before embarking on your adventure to Peru it is very important that you familiarize yourself with the Inca Trail booking policies and guidelines as described in a document available on our website, at the following URL address:

<http://www.gadventures.com//terms-conditions/inca-trail-booking-policies/>

2. MACHU PICCHU BY TRAIN - OPTIONAL Please advise at time of booking if you do not wish to hike the Inca Trail.

Instead, you will have 2 nights in Cusco, travel by train for a night in Aguas Calientes, and join the hikers for the tour of Machu Picchu.

3. INCA TRAIL MAINTENANCE

Portions of the Inca Trail will be closed for general maintenance during the month of February each year. Also, closures may occur at various times throughout the year due to inclement weather or other conditions beyond our control.

During these periods, any tour affected will hike the Lares Trek.

4. In our continued effort to support the rights of the porters on the Inca Trail, we would like ensure that they never exceed the weight limit for their packs as set out by the Peruvian authorities. Porters are allowed to carry no more than 6kg of personal belongings per hiker (for all other Peru treks the limit is 7kg). That means that including your sleeping bag, toiletries, clothing, etc, you are allowed a total weight of 6kg for the hike which will be carried in a duffle bag provided by our local office. Any additional weight must then be carried by you in your day pack. To help achieve this goal we recommend that you carry travel sized toiletries, that you bring sport sandals that can be worn with socks (which are lighter than running/walking shoes) and that you limit electronics to those that you are willing to carry. Any additional baggage can be left in Cusco, but is advised that you bring anything of value (eg. money, passport, credit cards, camera, etc) with you on the trek.

If at the end of your trek you felt your trekking guide and support team did an outstanding job, tipping is appreciated.

The amount is entirely a personal preference, please see the Tipping section for guidelines.

5. WET SEASON

Please be advised during the wet season (Jan - April) if there are periods of severe rain some of the campsites on the Inca Trail may become unusable. In the interest of your safety, there may be changes made locally to the trekking itinerary if the conditions of the campsites are assessed to be unsafe.

6. GROUP DYNAMICS

Please note, in most cases, the entire group will not be hiking the Inca Trail together. Members of the group may choose to hike the Lares Trek or spend additional time in Cusco and the Sacred Valley instead of hiking. If you have chosen the Lares Trek or Cusco Stay you may be paired with members of other G Adventures groups for the trek, transportation, and activities included.

What is the group leader like?

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

How large will the group be?

Max 16, avg 8

What meals are included in this trip?

14 breakfasts, 2 lunches

What are the meals like on this trip?

Eating is a big part of traveling. G Adventures understands the importance of breakfast to start your day, we strive to include a basic breakfast wherever possible. A typical breakfast may include toast, coffee and tea, however this may vary depending on the city. Should breakfast not be included, your CEO can suggest some local options.

Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. While trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients.

For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Public bus, private van, hiking.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Simple hotels (16 nts).

Do any exceptions apply to Rooming or “My Own Room” on my tour?

Nights 13-15: Inca Trail

If you have chosen the Lares Trek/Cusco Stay you will have a single room/tent for nights 13-15.

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

Jorge Chavez International Airport in Callao Lima, is approximately a 45-minute drive from the Miraflores district, where our joining hotel is located. The easiest way to get there is via taxi. Immediately after the customs and immigration area, as you head to the exits, you will find an official taxi stand. You can pay for the car at set (approximately \$27 USD) rates and won't need to worry about sorting out a ride outside the airport facilities, where the situation tends to get more chaotic, with many drivers vying for few clients. There are exchange facilities in the Arrivals area open 24 hours.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time.

A G Adventures Representative will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650 or 01 241 1650 (from mobile within Peru) or 241 1650 (from payphone within Peru)

After hours Emergency number: +51 99 758 2712, (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What should I take on my trip?

Most people automatically assume that the weather is hot in South America, but because of the higher altitude in the Andes, the temperature can feel quite cold, especially at night.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage.

What should be on my packing list?

Available for Rent During Your Trek Briefing (Payment only by Credit Card):

- Camping mattress/sleep mat (45 soles)
- Sleeping bag (45 soles)
- Walking poles (15 soles each (30 per pair))

Cold Weather:

- Long-sleeved shirts or sweater
- Warm gloves
- Warm layers
- Scarf
- Warm hat
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Inca Trail:

- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Pack liners to waterproof bags
- Rain gear
- Sleeping bag (Also available for rent)
- Thermal base layer
- Travel pillow
- Walking poles, rubber-tipped (Also available for rent)
- Waterproof hiking boots

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: The best clothing for trekking is either wool or synthetic materials in layers, as this is quick-drying and can keep heat in better. We suggest a base-layer, then a mid-layer such as a light fleece jacket or similar, then a windproof and waterproof layer. Please note for trekking rentals credit cards are the preferred method of payment.

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The currency in Peru is the Nuevo Sol (PEN).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

If at the end of your trek you felt your trekking guide and support team did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline, we suggest each hiker contributes the following to a collective pool.

Inca Trail:

Head guide: 10-25 USD

Assistant guide: 5-12 USD

Your trekking crew: 40 USD

Lares Trek:

Head guide: 10-25 USD

Assistant guide: 4-10 USD

Your trekking crew: 35 USD

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

What activities are optional on this trip?

Lima

- Magic Circuit of Water and Tapas Night (68USD per person)
- Lima City Tour (40USD per person)

Pachacamac

- Pachacamac and Paso Horse Show (98USD per person)

Huancayo

- Horseback Riding
- Bike Rental

Quinua

- Quinua Visit
- Wari Ruins Visit

Ayacucho

- Ayacucho City Tour
- Barrío de Artesanos de Santa Ana Visit

Vilcashuamán

- Vilcashuaman Visit

Andahuaylas

- Pacucha Lagoon Visit
- Sondor Archaeological Site Visit

Cusco

- Cusco Tourist Ticket (130PEN per person)
- Inka Museum (10PEN per person)
- Rainbow Mountain Hike - Full-day Trip
- Cusco City Tour (45PEN per person)
- Cusco Cooking Class

Urubamba

- Whitewater Rafting Urubamba
(69USD per person)

Piuray Lagoon

- Kayaking Piuray Lagoon
(45-48USD per person)
- Stand-up Paddleboarding
Piuray Lagoon (45-48USD per
person)

Aguas Calientes

- Hot Springs Visit (6USD per
person)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Please note your Adventure travels to high altitude. This is medically defined as anything over 8,000 feet (2,440 meters). Most people can travel to 8,000 feet with minimal effects. However, everyone reacts to altitude differently and altitude sickness can onset with some people irrespective of fitness and age. For details on how to best prepare and what to do in the unlikely event you are effected on your Adventure, please consult your physician.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.