



Bali's Wild Heart: Soul, Surf & Spirit

9 days, Canggu to Ubud

Trip code AECD

What's included

- Your G for Good Moment: Bulian Village Tour, Bulian
- Your G for Good Moment: Bulian Guesthouse Experience, Bulian

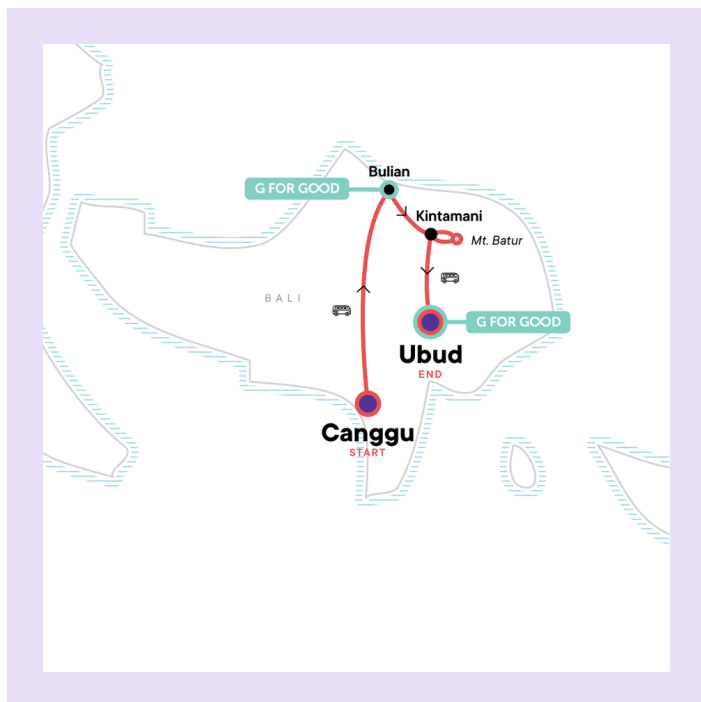
- Your G for Good Moment: Pusat Kegiatan Perempuan (PKP) Community Visit, Banjar Selasih
- Your First Night Out Moment: Connect With New Friends
- Your Welcome Moment: Meet Your CEO and Group
- Your Wellness Moment: Local Hot Spring Pool, Kintamani
- Your Big Night Out Moment: in Ubud, Ubud
- Your Discover Moment: Ubud
- 2-hour surf lesson in Canggu
- Free time in Canggu
- Ulun Danu Temple
- Bulian Village Tour with local guide
- Free time to explore Bali's rural side in Bulian
- Camping in Kintamani
- Mt Batur sunrise hike + hot spring soaks
- Free time in legendary Ubud
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing July 15th, 2025 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Canggu

Welcome to Bali—a literal island paradise! Known for incredible surf, wild nightlife, with somehow both a hectic yet relaxed hippie vibe! After arrival, check into the hostel and meet your crew of travelers for a welcome meeting. This evening, join your group for your first night out in crazy-fun Canggu!



Accommodation

Roomates Hostel Canggu (or similar)

Hostel



Today's Activities

ACTIVITY

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

Canggu

You came to an island known around the world for having epic surf, so whether you shred or have never seen a board, today is for you! Join a surf lesson for all levels, getting your footing on land before hitting the water to practice with the instructors. After the lesson, the day is yours! Rent a board to keep practicing, relax on the beach or grab a beer at a cute warung, local Indonesian restaurant.



Meals included

Breakfast



Accommodation

Roomates Hostel Canggu (or similar)

Hostel



Today's Activities

Free Time

Canggu

Enjoy the rest of the day in Canggu!

Surf Lesson in Canggu

Canggu

You came to the one of the world's surf capitals! Now it's time to try it out for yourself! Join a lesson on land to learn the basics and some safety tips. Then catch some waves and shred the gnar.

Day 3

Canggu/Bulian

Take a break from Bali's wild side and head north to Bulian. Here we can connect with locals, slow down and enjoy Bali's famed rice terraces. On the way up, we'll stop at the breathtaking Ulundanu Temple, sitting on the edge of Lake Beratan. Continue to Bulian where we'll be welcomed with a drink and lunch. Fuel up for a trek in the local village to connect with the natural and cultural side of Bali. Learn to make Balinese offerings then head to the nearby temple and join a local priest for the ceremony.



Meals included

Breakfast | Lunch



Accommodation

Bulian Homestay (or similar)

Homestay



Today's Activities

Private Vehicle

Canggu - Ulundanu

2h

55km

Settle in and scan the scenery from the convenience of a private vehicle.

Ulun Danu Temple Complex Visit

Danau Beratan

Bring your camera for this floating temple visit; the captivating Ulun Danu Temple, founded by the King of Mengwi in the 17th century, is one of Bali's most important and most photographed temples.

Private Vehicle

Ulundanu - Bulian

2h

45km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Learn the unique history of this isolated village and why it's sometimes referred to as the "Lost Kingdom" or "The Land of Curse." We'll embark on a tour of the village and get to know the local people as you wander past plantations, schools, and temples. Dress in local clothing and prepare offerings made of leaves and flowers before heading to a spiritual ceremony where you meet a local priest.

ACTIVITY

Bulian Homestay is a community run guesthouse, managed by a strong, dedicated woman of that village, who created an employment opportunity for other women and vulnerable youth of the community, with the hope of preserving their culture and preventing rural urban migration. By supporting this experience you will be directly impacting close to 50 people from the local community and indirectly impacting around 100 people living in the community. Bulian Homestay is a traditional Balinese Style house, converted into a comfortable guesthouse for travelers coming to this quaint village, around 2 hours from Ubud, Bali.

Day 4

Bulian

Enjoy all that the beautiful village of Bulian has to offer today on a free day to choose your own adventure. Choose to trek through Lemukih Village to see a durian plantation, beautiful rice terraces, coffee fields and waterfalls! You'll even have the chance to slide down a natural waterslide! Or choose to head out on a bike tour through Bulian to get acquainted with Northern Bali.



Meals included

Breakfast



Accommodation

Bulian Homestay (or similar)

Homestay



Today's Activities

Free Time

Bulian

Take today to explore Bulian your way!



Optional Activities - Day 4

Bulian Village Cycling

Bulian - Kubutambahan

10km

Get on your mountain bike and ride through the surrounding hills of Bulian Village, past farms and dragon fruit plantations. The route to Kubutambahan goes both up and down hill on paved and dirt roads. Take in the views of North Bali and be rewarded with a swim in the river at the end.

Lemukih Village Trek

Bulian

5h-6h

2km

Trek up the 300 stairs from Lemukih Village and enjoy the view of rice terrace fields. Stop at a durian plantation and natural water slide, where of course we will have a chance to slide down the water slide! Trek through a coffee plantation, and stop at a local warung for lunch before continuing to two of Bali's most incredible but still undiscovered waterfalls, Fiji and Sekumpul.

Day 5

Bulian/Kintamani

A free morning gives you the chance to explore the rest of Bulian on your terms. Choose to just chill, or join a local cooking class or sunrise fishing trip. Then jump in the van and drive to Kintamani, the town nestled at the base of Mt Batur to arrive to our campsite for the night. Did we mention this campsite has a hot spring pool? Soak in the hot springs then join us 'round the campfire for a cozy night of camping!



Meals included

Breakfast | Dinner



Accommodation

Toya Devasya Resort (or similar)

Resort



Today's Activities

Free Time

Bulian

Spend the morning free in Bulian.

Private Vehicle

Bulian - Kintamani

1h

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Relax in the pools filled with warm mineral waters from a local spring to soothe tired muscles and ease worries away.

Free Time

Kintamani

Enjoy the afternoon free to explore Toya Bungkah in Kintamani.



Optional Activities - Day 5

Bulian Cooking Class

Bulian

Learn how to cook local recipes during this immersive cooking class at the homestay, then enjoy your creations and a buffet dinner.

Sunrise Fishing Trip

Bulian

Head out on the sea early this morning to catch some fish, take a dip and enjoy a sunrise breakfast.

Day 6

Kintamani/Ubud

Rise and shine as we are getting after it today! Waking well before the sun, we'll start our 2 hour trek to reach the Mt Batur summit in time to enjoy an absolutely stunning sunrise. And what's a picturesque sunrise without a lil picnic breakfast, amirite? With the sun finally up, we'll hike back down for a proper breakfast and a well-deserved hot spring soak. Then it's goodbye Kintamani and hello Ubud! On the way, we'll stop at G Adventures-supported PKP Community to meet with the women leaders, visit the garden and enjoy a local lunch. Then, the rest of the afternoon is yours to explore Ubud. But in the evening, put your party hat on because we're going out! Join your group and CEO for your Big Night Out in Ubud.



Meals included

Breakfast | Lunch



Accommodation

Pande Permai Bungalow (or similar)

Hotel



Today's Activities

Mount Batur Sunrise Trek

Kintamani

5h

7km

Climb to the summit of Mt Batur (1700m), for an amazing sunrise and scenic views. The climb is an experience that will afford anyone who does it a sense of accomplishment and appreciation for the natural beauty this island has.

ACTIVITY

Relax in the pools filled with warm mineral waters from a local spring to soothe tired muscles and ease worries away.

Private Vehicle

Kintamani - Ubud

2h

53km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Visit the PKP Community, a G-Adventures supported project, for a delicious local lunch made by the women of this enterprise. This centre works to support gender equality and help empower local women through job skill training. PKP is a safe space for women in the community who have experienced discrimination from divorce. We'll meet them over a cup of their specially made tea, tour the garden and learn about the amazing work this organization is doing over lunch.

Free Time

Ubud

Spend the rest of the day free to explore Ubud.

ACTIVITY

We're going out! Get yourself a beer, or maybe some cacao and be ready for a fun night out with your crew in Ubud!

Day 7

Ubud

There is always something to discover in the great town of Ubud. Today is yours to explore however you'd like.



Meals included

Breakfast



Accommodation

Pande Permai Bungalow (or similar)

Hotel



Optional Activities - Day 7

North Ubud Bike Tour

Ubud

See the beauty of Ubud from the seat of bicycle just outside the hustle and bustle of the city. Ride through rice terraces, sacred temples, and traditional Balinese communities. The tour ends at a local family's home where we will get to enjoy a traditional homemade lunch.

Medahan Village Happy Local Family Adventure

Ubud

Drive to Medahan Village and enjoy a welcome from the local villages complete with Balinese cake and tea. Take a walking tour of the village, visiting the traditional market, temples, rice paddies and spring. After working up an appetite, sit down for a delicious local lunch before returning to your hotel.

Day 8

Ubud

With seemingly never-ending things to do in Ubud, choose to spend it how you want! Choose between incredible local experiences like a Balinese Spiritual tour at Widya Guna Foundation, a cooking class at G for Good PKP Community, a bike tour through the rice terraces or an experience with a local family! The choice is yours!



Meals included

Breakfast



Accommodation

Pande Permai Bungalow (or similar)

Hotel



Optional Activities - Day 8

Ubud Spiritual Tour

Ubud

Visit Widya Guna Foundation, a G for Good support project to learn how to make traditional Indonesian prayer offerings. Then visit some of Bali's holiest sites like Gunung Kawi Temple, the tomb of the king. Then visit Tirta Empul spring water temple for a holy bath before returning to Widya Guna Foundation for lunch.

Cooking Class with PKP Community Project

Ubud

Visit the G Adventures-supported project PKP Community. We'll be greeted with a homemade cup of herbal tea while meeting the community members. Visit the garden to collect some of the fresh produce used to make the meal then cook alongside the women of PKP. Together we'll make and enjoy 3 delicious dishes.

Depart at any time.



Meals included

Breakfast

What's included

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What are the main highlights of this trip?

Catch your first (or best) wave in Canggu with expert local surf coaches, Stay in a traditional village and live the Balinese way—think cycling, rituals, and shared meals, Summit Mount Batur before sunrise and soak in panoramic volcanic views, Enjoy free time in Ubud to explore temples, waterfalls, and hidden cafés at your own pace

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Is there a disclaimer I should read before booking this trip?

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What important notes should I be aware of before the trip?

RAMADAN

According to the lunar cycle, Ramadan will fall between Feb 28th - Mar 29th 2025, and Feb 17th - Mar 19th 2026. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still operate effectively during this period and food is available to non-Muslims throughout the day. It is very important to display increased cultural sensitivity during Ramadan. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

How large will the group be?

Max 18

What meals are included in this trip?

8 breakfasts, 2 lunches, 1 dinner

What are the modes of transportation on my trip?

Private Vehicle, Shared Vehicle, Walking

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hostel (2 nts, multi-share), Homestay (2 nt), Camping Tent (1 nt), Hotel (3 nts)

Do any exceptions apply to Rooming or “My Own Room” on my tour?

Night 3, 4 & 5

What kind of accommodation can I expect on this trip?

A variety of styles of hotels/guest houses are used on this trip. In many instances they might not be like what you are accustomed to as service and efficiency can vary. In some areas we stay in simple local guest houses in stunning locations. That said, rooms are generally small and simple yet clean. There may only be shared toilet facilities and showers.

Accommodation will be varied throughout your adventure. Some nights on this tour will be multi-share. This may involve 4-6 group members sharing a room. The majority of accommodation will have shared bathroom facilities.

Where we use multi-share hostels, rooming requests of any kind cannot be taken. For private accommodation please see tours in our Classic Travel Style.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Bangkok, Thailand

24/7 emergency number:

From outside Thailand: +66 92 338 9222

From within Thailand: 092 338 9222

G Adventures Local Representative (Indonesia)

Mr. Azhar : +62 813 376 18480

Mr. Edy: +62 811 380 3820

Ms. Periana: +62 811 380 3821

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

What should be on my packing list?

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Indonesia:

If you are eligible to apply a tourist e-visa for Indonesia, please follow the below links for further information and application:

[C1 Visa Description and Requirements](#)

[eVisa Application Website](#)

The All-Indonesia Arrival Card is mandatory for all international travelers on arrival at Soekarno–Hatta International Airport (CGK), I Gusti Ngurah Rai International Airport (DPS) and Juanda International Airport (SUB) must be completed online within 72 hours before arrival. Submitting the form in advance generates a QR code required at immigration and customs.

Note: The Arrival Card will be mandatory for all international travelers on arrival at all international airports, all international ports by land and by sea from 1 October 2025. For more information and to complete the application, visit the [Indonesia Immigration website](#).

Bali:

Effective February 14, 2024, Bali will implement the “Bali Tourist Levy” for all foreign tourists traveling to the island. This fee is 150,000 IDR (or \$10 USD). Travellers can opt to pay this fee online or in person upon arrival to Bali. We strongly suggest every traveler pay before arrival to ease your entry and avoid queueing to pay upon arrival. The Balinese Government also highly recommends travellers to pay this fee before arrival to Bali.

Payments made before your arrival into Bali will take place through the “Love Bali System.” After successful payment, the system will provide you with a digital paid notification as proof. Make sure to hold on to that proof as it will be scanned by Bali Officials upon arrival to the island. Pay Tourist Levy [here](#)

If you do not pay the fee before arrival, a cashless payment must be made at your entry point. You will receive a printout proving your payment. This document must be kept safe as entry officials will scan the printout upon entering Bali.

For more information, please click [here](#)

Information is accurate as of April 1st, 2024.

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

During this tour the local currency you will use is the Indonesian Rupiah. As currency exchange rates in South East Asia do fluctuate, we ask that you refer to the following website for the most up to date daily exchange rates: www.xe.com for each of the above mentioned currencies. The best way to carry your money is in debit cards, withdrawing cash in local currencies from ATM machines. ATMs are found throughout South East Asia and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible in case of loss or problems with one card, you will have a back up. Please note, your bank will charge a fee for overseas withdrawals.

USD, EUR, GBP, CAD, and AUD cash is recommended for times when ATMs are not accessible. You should bring some cash with you for emergency situations (please refer to our trip dossier) but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix. Travellers cheques can be tricky, timely and expensive to exchange. While we do not recommend that you bring them as your primary source of funds, it is great to have one or two cheques in case of emergency. Thomas Cook or American Express travellers' cheques in US currency are the easiest to exchange. Cash advances can also be made with some banks but are time consuming and tend to have high fees attached. Credit cards can be used at some upmarket restaurants, and at some larger stores if shopping for big items. If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 2003, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

Do I need to pay a departure tax?

Departure Tax is included in all International and Domestic tickets.

Should I be tipping on my trip?

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from \$1.5-\$3.5 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

What activities are optional on this trip?

Bulian

- Bulian Village Cycling
- Lemukih Village Trek
- Bulian Cooking Class
- Sunrise Fishing Trip

Ubud

- North Ubud Bike Tour
- Medahan Village Happy Local Family Adventure
- Ubud Spiritual Tour
- Cooking Class with PKP Community Project

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

Minimum age of 18 years for this trip.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.