



## **Basic Central America: Mexico & Guatemala**

16 days, Playa del Carmen to Antigua Guatemala

Trip code CMPA

## What's included

- Your G for Good Moment: San Antonio Women's Pottery Cooperative and Local Lunch, San Ignacio
- Your G for Good Moment: Caribbean Gastronomic Experience "El Manglar", Livingston
- Your G for Good Moment: Posadas Mayas Homestay, San Juan La Laguna
- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: Playa del Carmen
- Your Discover Moment: Caye Caulker
- Your Discover Moment: San Ignacio
- Your Discover Moment: Antigua Guatemala
- Guided tour of Tikal
- Orientation walk in Antigua
- Beach time in Playa del Carmen and Caye Caulker
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing April 29th, 2024 and onwards

# Itinerary



## Itinerary Notes

Please note this is a basic level trip, using a mix of multi-share accommodations like hostels, and basic hotels, as well as public transportation throughout. We have an 18-30's version of this trip, please see [here](#) for more details.

**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Playa del Carmen

Arrive at any time. After the welcome meeting choose to join your fellow group members for an optional evening out.

Check into your hotel and enjoy the city.

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### Accommodation

Hotel Colonial (or similar)

Hotel

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### Today's Activities

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

## Playa del Carmen

Spend a full free day in the area! Opt to visit the Mayan ruins of Tulum or snorkel off the coast of nearby Cozumel. For a more laid-back day, choose to enjoy the beach.

Take advantage of a full day of free time to relax or explore as much as you wish. Perched atop the sea you will find the ruins of Tulum. In the coral-filled waters surrounding Cozumel you can snorkel, or you can go swimming in a cenote or at the beach, before exploring the town in the evening on your own.



### Accommodation

Hotel Colonial (or similar)

Hotel



### Optional Activities - Day 2

Tulum Ruins Visit

Tulum

1h-4h

The Maya built the ancient seaport of Tulum in the late 13th century. Located some 130 km (80 mi) south of Cancun, this picturesque site features a number of limestone structures protected on three sides by a 7m (23 ft) thick wall. Visit “El Castillo” (the castle), overlooking the Caribbean coast, and the Temple of Frescoes, then head down to the beach. Dive into the warm aquamarine waters and imagine spotting ancient vessels laden with turquoise and jade.

Cenote Visit

Playa del Carmen

40-60USD

1h-4h

30-60km

Pack your swimsuit, hail a shared van (colectivo) and ask for directions to one of Yucatan’s many cenotes. These natural swimming holes were formed thousands of years ago, when the peninsula’s porous limestone collapsed to reveal fresh water pools fed by underground systems of canals and rivers. Dive into the turquoise waters surrounded by cave walls or tropical foliage, watch fish dart in and out of the shafts of sunlight and realize why the Maya called cenotes “sacred wells”.

Tequila Tasting

Playa del Carmen

850-1100MXN

Mexico is the birthplace of tequila, and there is nowhere better to learn about the iconic drink. Join a certified sommelier to learn about the history of tequila and the production process, before the main highlight – a tasting session. Sip, don’t shoot!

Coco Bongo Disco and Show

Playa del Carmen

90USD

Coco Bongo lives up to its name. Visitors describe it as “insane”, “exciting” and “amazing”. This Vegas-style disco and show features a range of high energy acts including Elvis, Lady Gaga, Moulin Rouge and more. The price includes all your drinks and the show is cheaper on weekdays. Go wild!

Akumal Beach Visit

Akumal

20USD

1h-4h

55km

Akumal is the place to visit if you're looking to escape from the crowds. Take a shared van (colectivo) and head for this small town and beach between Playa del Carmen and Tulum. Known as the “land of turtles”, float in the clear waters of this protected bay and spot green turtles feeding on the sea grass.

Day 3

## Playa del Carmen/Caye Caulker

Travel from Mexico across the border into Belize today, which boasts huge swaths of jungle, ancient Mayan ruins, and above all, friendly, easy-going people. During the drive, picture the unbelievably clear blue waters and the opportunities you will have over the next few days for diving and snorkelling along the barrier reef.



### Accommodation

Enjoy Hotel (or similar)

Hotel



### Today's Activities

Private Vehicle

Playa del Carmen - Chetumal

4h

315km

Settle in and scan the scenery from the convenience of a private vehicle.

The drive time to Chetumal depends on traffic conditions.

Border Crossing (Mexico - Belize)

Chetumal - Santa Elena

30m-1h30m

Arrive at the Mexican border then go to immigration to get passports stamped and pay the exit fee. After a quick trip on the bus, grab your luggage and pass through Belizean immigration and customs. Get back on the bus with your stuff and get ready to start exploring Belize.

Private Vehicle

Santa Elena - Belize City

3h-4h

158km

Settle in and scan the scenery from the convenience of a private vehicle.

Taxi

Belize City - Caye Caulker

45m-1h

Jump in the back and tell the driver to step on it, just like they do in the movies.

Day 4

## Caye Caulker

Enjoy a free day in Caye Caulker. Choose to snorkel at Hol Chan Marine Reserve, keeping a lookout for stingrays and nurse sharks. You can also choose to go diving, or just chill out on the beach.

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## Accommodation

Enjoy Hotel (or similar)

Hotel



## Optional Activities - Day 4

Hol Chan Marine Reserve Day Tour

Caye Caulker

6h-7h

Explore the oldest marine reserve in Belize with a full-day tour filled with snorkelling and sightseeing. The tour includes stops at three popular snorkelling destinations – the Hol Chan Channel, Shark and Ray Alley, and Coral Gardens. Stop at two additional viewing spots to marvel at tarpon and manatees. Expect to see an abundance of angelfish, blue-striped grunts, schoolmaster snappers, and hundreds of other varieties of species in their natural surroundings. Keep your eyes peeled to see green moray eels poking out from their tiny caves.

Tour Includes: snorkeling mask, fins/flippers, lunch, assortment of tropical fruit, water, and other snacks.

Fishing

Caye Caulker

250-450USD

4h-8h

Cast a line and see what you can reel in. Fish for snapper, barracuda, horse-eye jack and more. Bring your catch to any local restaurant and have them gut and grill it just for you. Buy the rest of dinner and some drinks and enjoy! It doesn't get any fresher than this.

Bike with Purpose Rental

Caye Caulker

1-30USD

1h-72h

Rent a bike from the G Adventures-supported Bike with Purpose project on Caye Caulker and cycle around the island out to the split and back. It's a great way to get some exercise and see the sights on this laid-back island. Don't forget to bring water and wear lots of sunscreen.

Sunset Sailing Boat Tour

Caye Caulker

60USD

Set sail just before sunset. Relax with reggae music and rum punch, snack on shrimp ceviche and snap a few photos as you sail around the island as the sun sets to the west of Caye Caulker.

Day 5

## Caye Caulker

Another full day of free time will allow you to participate in any optional activities in the area that you didn't have time for yesterday.

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### Accommodation

Enjoy Hotel (or similar)

Hotel



## Optional Activities - Day 5

Hol Chan Marine Reserve Day Tour

Caye Caulker

6h-7h

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Sunset Sailing Boat Tour

Caye Caulker

60USD

Set sail just before sunset. Relax with reggae music and rum punch, snack on shrimp ceviche and snap a few photos as you sail around the island as the sun sets to the west of Caye Caulker.

Day 6

## Caye Caulker/San Ignacio

Cross back to the mainland of Belize via boat and travel by bus inland to San Ignacio. Along the way the group will stop for an included pottery demonstration and a typical lunch at a G Adventures-supported women's pottery cooperative.

San Ignacio is a great base for exploring some of Belize's lesser known inland gems. There will be ample free time here to wander the area by foot, canoe, or horseback, or you can choose to book a caving trip.



### Meals included

Lunch



### Accommodation

Kawoq Hostel (or similar)

Hostel



### Today's Activities

Water Taxi

Caye Caulker - Belize City

45m-1h

39km

Jump in and cross the water to the next stop.

#### ACTIVITY

Like in many places around the world, education for women in the village of San Antonio isn't prioritized. Girls don't typically attend school beyond primary levels. So a women's cooperative was founded here, as a way for underprivileged women to earn income, learn new skills, and share centuries-old Mayan techniques and knowledge. Visit the pottery workshop, which is newly expanded with an investment from G Adventures. Meet some of the women who've found community within its walls and gain insight into the tradition of throwing pots. Afterward, enjoy lunch together with these inspiring and unforgettable women, sampling traditional foods of the Cayo region.

Local Bus

Belize City - San Ignacio

3h

123km

Climb aboard, grab a seat, and enjoy the ride.



## Optional Activities - Day 6

Xunantunich Visit

Xunantunich

65USD

2h-4h

11km

Hike to the top of this impressive 9th-century Maya centre, set high on a natural limestone ridge, and admire the view of the Mopan River, Cayo District and neighbouring Guatemalan countryside. The tallest temple, El Castillo, is partially excavated and explored and there's a unique stucco frieze on the east side of the structure. Discover why Xunantunich is Belize's most visited site with intricately carved stela, 25 temples, and well-preserved palaces.

Enjoy a day at leisure to experience the surroundings of San Ignacio. Choose to visit the Sacred Mayan cave Actun Tunichil Muknal, or set your eyes on the lesser-visited Xunantunich Mayan ruins.



## Accommodation

Kawoq Hostel (or similar)

Hostel



## Optional Activities - Day 7

Cave Tubing

Caves Branch

95USD

7h-8h

45km

Strap on a headlamp, sit on an inner tube and get set to enter the underworld. Float on an underground river past stalactites hanging above and through shafts of filtered light. Discover firsthand why the Maya selected these sites to make offerings to their gods.

Caracol Ruins Tour

Caracol

125USD

9h-11h

85km

Set within the Chiquibul Forest Reserve, prepare to be wowed by Caracol. It's the largest known Maya site in Belize and was once home to an estimated 180,000 people. The site was discovered in the 1920's by a logger looking for mahogany. One of its pyramids, Canaa or "Sky Place", built in 800 AD and standing 43m (143 ft), continues to be the tallest man-made structure in the country. Bring your walking shoes, water and a sunhat because there's lots to see here. Tombs, temples, altars, carved stelae and other stone monuments – it's well worth the effort and easy to be impressed.

Barton Creek Cave Canoeing

Barton Creek

120USD

6h-8h

30km

Strap on a headlamp, step in the canoe and paddle along an ancient Mayan waterway inside the Barton Creek Cave. Bring your camera to take memorable photos of cathedral rock chambers, stalactites and stalagmites. Upon return, opt to swim at Big Rock Falls.

Horseback Riding

San Ignacio

80USD

2h-5h

5km

Choose from one of the 45 horses at Hannah's Stables and ride over farm trails and forested paths, all the way along the river to the Mayan site of Xunantunich. Enjoy a short guided tour of the site before taking a different trail back to the stables. Watch for native birds, including toucans and parrots, listen for howler monkeys, admire orchids and fruit trees and breathe in the fresh air of the Belize countryside.

## Xunantunich Visit

Xunantunich

65USD

2h-4h

11km

Hike to the top of this impressive 9th-century Maya centre, set high on a natural limestone ridge, and admire the view of the Mopan River, Cayo District and neighbouring Guatemalan countryside. The tallest temple, El Castillo, is partially excavated and explored and there's a unique stucco frieze on the east side of the structure. Discover why Xunantunich is Belize's most visited site with intricately carved stelae, 25 temples, and well-preserved palaces.

## Actun Tunichil Muknal Cave Visit

Actun Tunichil Muknal

140USD

6h-8h

29km

The Actun Tunichil Muknal cave has only been open to the public since 1998. Take advantage of this rare opportunity to see up to 1400 artifacts, including pottery, tools and vessels used by the Maya for a thousand years. Hike 45 minutes to the cave entrance, wade/swim through deep pools, past calcite formations, to explore this damp, dark place of ritual and sacrifice. With a helmet and headlamp, see the skeleton of the "Crystal Maiden," a young girl whose bones have calcified over the past 1,100 years, making them appear to sparkle.

While this trip is fast-paced, there will be some opportunity to rest on today's drive as the group crosses another border and travels to Guatemala. Enter the country in the northeast jungle Petén region and stop for a guided tour of the ancient city of Tikal on the way to Flores. This place is the capital of Petén, a small island located on the second largest lake in Guatemala—Lake Petén Itzá.



## Accommodation

Hotel Petén (or similar)

Hotel



## Today's Activities

Taxi

San Ignacio - Benque Viejo del Carmen

15m-30m

5km

Jump in the back and tell the driver to step on it, just like they do in the movies.

Border Crossing (Belize - Guatemala)

Benque Viejo del Carmen - Melchor de Mencos

30m-1h30m

Grab your bags from the vehicle and head to immigration after paying the exit fee. Passports get stamped in immigration and then passed to your CEO for the short walk (200m) to the Guatemalan border where the entrance fee is paid. Lend a hand loading luggage into the vehicle while your CEO gets all the passports stamped. Welcome to Guatemala!

Private Vehicle

Melchor de Mencos - Tikal

1h30m-2h30m

100km

Settle in and scan the scenery from the convenience of a private vehicle.

Tikal Ruins Guided Tour

Tikal

3h-4h

7km

Put on your walking shoes and prepare for a tiring but memorable day walking through history at the impressive site of Tikal. The Mayan site is set in the heart of the jungle, in Tikal National Park, now a UNESCO World Heritage site. Along with our bilingual guide, see some of the temples, plazas, carved stone monuments and public squares, more than 3,000 buildings in all, dating from as far back as 600 BC. Climb to the top of Temple IV, catch your breath, take photos, and then sit and contemplate the magnificence of the site and the tropical rainforest beyond. Look for monkeys, anteaters, armadillos, and deer, as well as macaws and eagles, snakes, and spiders.

Private Vehicle

Tikal - Flores

1h-1h30m

64km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 9

## Flores/Rio Dulce

Travel for most of the day from Flores to Rio Dulce, which is on the shores of Lake Izabel, the largest lake in Guatemala. This journey across the country will take a road through dense jungle arriving at this port town in the evening.



### Accommodation

Hotel Hacienda Tijax (or similar)

Hotel



### Today's Activities

Private Vehicle

Flores - Rio Dulce

4h-5h

210km

Settle in and scan the scenery from the convenience of a private vehicle.

Sit back and marvel at the scenery on a boat ride from Rio Dulce to the Caribbean town of Livingston. Make a stop at the G Adventures-supported El Manglar Restaurant for an explanation of the women-led community initiative project there. Walk around the grounds and then gather for a delicious lunch steeped in local flavours.



## Meals included

Lunch



## Accommodation

Hotel Hacienda Tijax (or similar)

Hotel



## Today's Activities

Scenic Boat Ride to Livingston

Rio Dulce - Livingston

5h-6h30m

55km

Take a boat down the Rio Dulce toward the Caribbean Sea passing through El Golfete and El Canyon before arriving to Livingston. Float past mangroves and lily pads and the Boquerón Canyon, where a sheer limestone cliff rises 122m (400 ft) out of the river, covered in vines, trees and moss. Arrive at the small fishing village of Livingston known for its unique Afro-Caribbean Garifuna population, with their unique art, music and delicious coconut seafood soup, "tapado".

### ACTIVITY

El Manglar Restaurant in Guatemala is a women-led community tourism initiative founded by the Cayo Quemado Women's Committee with the aim of creating new job opportunities within the community. During your visit you will begin with a welcome given by the women of the committee and receive a brief introduction to the workshop. Then, there will be a short walk around the property, including a full explanation of the project, its impact, and culture before you all sit down for lunch at the restaurant. Every traveler that visits Cayo Quemado has a direct impact on their community.

Day 11

## Rio Dulce/Antigua Guatemala

Spend most of the day travelling from Rio Dulce to Antigua, Guatemala. Rest up on the ride because upon arrival the group will set off on an orientation walk. The rest of the evening is free. Get a head start planning tomorrow's activities or enjoy this colonial city's nightlife.



### Accommodation

Antigua Lemon Tree Hostel (or similar)

Hostel



### Today's Activities

Private Vehicle

Rio Dulce - Antigua Guatemala

6h-7h30m

315km

Settle in and scan the scenery from the convenience of a private vehicle.

Orientation Walk - Antigua

Antigua Guatemala

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.



### Optional Activities - Day 11

Salsa Lesson

Antigua Guatemala

10USD

Kick up your heels and learn this typical Latin dance. Dancers of all skill levels are welcome. Get lost in the rhythm of the music and let your body take you to a new place -- one-two-three, one-two-three, hip roll, arm up, partner under, shimmy, shake, salsa! Vamos a bailar! (Let's dance!)

Day 12

## Antigua Guatemala

The group will have a full day at leisure in Antigua. From biking riding to climbing a volcano there's plenty to see and do. Stay in town and café hop as a way to soak up the area's culture.

Get adventurous and pre-book the Pacaya Volcano Hike on the checkout page to include this optional activity on tour, or ask your GCO or travel agent for assistance.



### Accommodation

Antigua Lemon Tree Hostel (or similar)

Hostel



### Optional Activities - Day 12

Finca Valhalla Visit

Antigua Guatemala

5-10USD

1h30m-3h

20-25km

Take a tour of the macadamia nut plantation at Finca Valhalla led by the workers. Learn about this sustainable crop for the experts and discover the health benefits of the nut. Pamper yourself with a free facial and purchase some of the treats made from the macadamia nut like oils, nuts, and chocolate. This tour is offered for free in the hopes that you'll show your gratitude by stopping by and picking up some tasty treats from the gift shop or café.

Massage

Antigua Guatemala

30-60USD

30m-2h

Relax and enjoy a Mayan massage. You're on vacation!

Pacaya Volcano Hike

Escuintla

75USD

Ever wanted to get up close and personal with an active volcano? Now's your chance! Pacaya is the perfect spot for first time volcano adventurers – start the day with a short (but steep!) hike to reach the dried lava flows at the base of the volcano before enjoying time exploring the martian landscape. Try roasting marshmallows over a heat vent, or climb your way through one of the lava tubes carved out by molten rock. There may not be any visible lava flows, but the sheer size and force of Pacaya is something you'll be talking about for years to come.

Cycling

Antigua Guatemala

30-50USD

1h-5h

Get off the beaten track and discover the treasures of Guatemala. Enjoy an adventurous ride with incredible views ranging from wide open fields, volcanoes, local villages, and coffee plantations. There are full-day and half-day tours that vary in difficulty level. Have your CEO make a reservation.

### ChocoMuseo Tour and Workshop

Antigua Guatemala

24USD

1h30m-2h

Enjoy a chocolate workshop and museum tour to learn about the process "from bean to bar" and the history of this tasty crop. In this 1.5-hour workshop, make your own bar to take home and enjoy tastings of the varieties of chocolate drinks made on site. Who knew history could be so sweet?

### Elizabeth Bell Walking Tour

Antigua Guatemala

25USD

1h30m-2h30m

Meet your guide at the fountain in the Central Plaza and take a leisurely walk along the cobblestone streets of this UNESCO World Heritage Site. The tour focuses on the Antigua's history, culture and restoration efforts (a bylaw, for example, stipulates buildings must only be painted certain colours in order to maintain the Spanish colonial character of the exteriors). Visit the City Hall Palace, Palace of the Captain's General, the main cathedral and many of Antigua's other attractions. Learn about jade and the valuable role it played in Maya culture. Shop for jewelry, pottery, textiles and wooden carvings.

### Acatenango Volcano Climb

Antigua Guatemala

145USD

10h-12h

Interested in a major physical challenge? Spend the day hiking the active Acatenango Volcano located to the west of Antigua. Bring lots of water, your camera and hope for clear skies to see a spectacular view of neighbouring Fuego and possibly even Pacaya beyond. Make no mistake, this is a very challenging climb but well worth it.

### Finca Filidelfia Coffee Tour

Antigua Guatemala

25USD

2h-3h

1-2km

Travel a short 10-minute ride outside of Antigua to the Finca Filadelfia coffee plantation. Walk through the plant nursery, explore the rows of coffee plants, pick a coffee "cherry" (each one has two beans inside), then discover the various stages that go into making the perfect cup of quality coffee. The farm also has a restaurant and zipline for those who opt to fly above the canopy to spot the very best beans.

Day 13

## Antigua Guatemala/Panajachel

Visit beautiful Lake Atitlán after travelling through the country's highlands full of fertile hills and fields. The area is ideal for outdoor activities and you will have plenty of time to explore.

Note: Please dress conservatively when visiting the villages and refrain from photographing religious ceremonies, or individuals who do not wish to be photographed.



### Accommodation

Kamol Bey (or similar)

Hotel



### Today's Activities

Private Vehicle

Antigua Guatemala - Panajachel

4h

80km

Settle in and scan the scenery from the convenience of a private vehicle.



### Optional Activities - Day 13

Massage

Panajachel

Revive sore muscles with a relaxing massage.

Kayaking

Lago de Atitlán

Grab your life jacket and tour local waters by kayak. Get up close to marine life and see many sights you may miss on shore.

Swimming

Lago de Atitlán

Grab your bathing suit and go for a refreshing swim.

Day 14

## Panajachel/San Juan La Laguna

Take a boat ride across the lake before taking part in a G Adventures-supported homestay with a local family.



### Meals included

Dinner



### Accommodation

Rupalaj Kistalin Posada Homestay (or similar)

Homestay



### Today's Activities

Boat

Panajachel - San Juan La Laguna

30m-45m

25km

Climb aboard and get your float on.

#### ACTIVITY

Submerge yourself in Mayan culture during this home stay run by a Planeterra community tourism project. Set on the northwest shore of Lake Atitlán, arrive by boat to the laid-back village of San Juan La Laguna and immediately feel at home. Meet your host family, stash your stuff, then set off to explore the area. Admire the paintings of local artists, watch weavers who use traditional techniques to dye wool, go for a hike and admire the view across the lake. Feel good knowing you are supporting local families eager to benefit from tourism in their community.



### Optional Activities - Day 14

Shopping

San Juan La Laguna - Panajachel

Scour the local shops and stalls for unique wares to remind you of your travels to the region.

Day 15

## San Juan La Laguna/Antigua Guatemala

The group will journey back to Antigua and spend some free time exploring. Optional activities include visiting a macadamia nut farm, checking out a coffee plantation, biking around Antigua's surrounding hills, or taking a salsa lesson.



### Accommodation

Antigua Lemon Tree Hostel (or similar)

Hostel



### Today's Activities

Boat

San Juan La Laguna - Panajachel

30m-45m

25km

Climb aboard and get your float on.

Private Vehicle

Panjachel - Antigua Guatemala

3h-4h

Settle in and scan the scenery from the convenience of a private vehicle.

Those prone to motion sickness should plan with anticipation. Although it is a relatively short distance to be travelled, there are many hills and winding roads.



### Optional Activities - Day 15

Massage

Antigua Guatemala

30-60USD

30m-2h

Relax and enjoy a Mayan massage. You're on vacation!

ChocoMuseo Tour and Workshop

Antigua Guatemala

24USD

1h30m-2h

Enjoy a chocolate workshop and museum tour to learn about the process "from bean to bar" and the history of this tasty crop. In this 1.5-hour workshop, make your own bar to take home and enjoy tastings of the varieties of chocolate drinks made on site. Who knew history could be so sweet?

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Day 16

## Antigua Guatemala

Depart at any time.

Please note that Antigua's nearest airport is Guatemala City, Guatemala. Don't get caught flying out from the Caribbean island nation of Antigua; it's nowhere near the finish point of this tour!



### Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

### What's included

- Your G for Good Moment: San Antonio Women's Pottery Cooperative and Local Lunch, San Ignacio
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- Guided tour of Tikal
- Orientation walk in Antigua
- Beach time in Playa del Carmen and Caye Caulker
- All transport between destinations and to/from included activities

## What are the main highlights of this trip?

Swim in calm waters off the coast of white-sand beaches in Mexico, Watch sunsets in Caye Caulker with the sound of reggae music nearby, Experience a pottery demonstration at a women's cooperative, Participate in a local homestay near Lake Atitlán, Explore gorgeous colonial Antigua and its colourful markets

## Itinerary Notes

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Swim in calm waters off the coast of white-sand beaches in Mexico, Watch sunsets in Caye Caulker with the sound of reggae music nearby, Experience a pottery demonstration at a women's cooperative, Participate in a local homestay near Lake Atitlán, Explore gorgeous colonial Antigua and its colourful markets

## Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## Are there Itinerary notes?

Please note this is a basic level trip, using a mix of multi-share accommodations like hostels, and basic hotels, as well as public transportation throughout. We have an 18-30's version of this trip, please see [here](#) for more details.

## What important notes should I be aware of before the trip?

1. In the instance that you are a parent or guardian traveling with a minor under the age of 18 and you do not share the same gender as the minor child, you will be accommodated together in a private room instead of the multi share option.

2. As this trip crosses national borders, please be prepared to pay some border fees for certain countries ranging from \$1 to \$30 USD. Please check with your local embassy or consulate for up-to-date visa requirements, or see your travel agent.

### 3. QUINTANA ROO TOURIST TAX

Please note there may be an approximately \$45 USD tourist tax at Cancún International Airport, however it is usually included in international tickets. Please verify with your airline if the departure tax is included in your airfare.

### 4. COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

## What is the role of the group leader during this trip?

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

## How large will the group be?

Max 16, avg 14.

## What meals are included in this trip?

2 lunches, 1 dinner

## What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. Please refer to the meals included and budget information for included meals and meal budgets.

## What are the modes of transportation on my trip?

Local bus, ferry, boat, private vehicle, taxi, walking.

## Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## Where will we stay during the trip?

Simple hotels/hostels (14 nts, most multi-share), local homestay (1 nt).

## What kind of accommodation can I expect on this trip?

Accommodation will be varied throughout your adventure. Some nights on this tour will be multi-share. This may involve 4-6 group members sharing and even (on rare occasions) dormitory-style rooms for the whole group. The majority of accommodation will have shared bathroom facilities.

Where we use multi-share hostels, rooming requests of any kind cannot be taken. For private accommodation please see tours in our Classic Standard Travel Style, as this is a Classic Basic trip.

We embrace local culture while staying in San Juan in a Mayan Homestay. Here, you will be staying in a private room, but don't expect luxury. Just as it is for the locals, there might only be cold water, and you may share the facilities with the family. It is an authentic glimpse into their lives.

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Shuttles and buses from the Cancún airport are easy to find and reasonably priced. You can also take the public ADO bus that has departures every 30 minutes from the airport to Playa Del Carmen for approximately MX 176 (\$10 USD).

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Operator (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures, or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

G Adventures Office San Jose, Costa Rica

During Office hours (Weekdays 9am-5pm Local Time): +506 4001 8474

After hours emergency number: +51 997 582 712

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

## Are there any additional packing suggestions I should consider?

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying and handling your own luggage.

# What should be on my packing list?

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

## Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

### **Lake Atitlan Overnight:**

- Overnight bag

### **Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## **When can I do my laundry on this trip?**

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## **What are the visas and entry requirements for my trip?**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Belize : Travel declaration form

All non-Belize nationals entering Belize by air, land or sea must complete the iDeclare e-form 72 hours before arrival.

For more information and to complete the declaration, we kindly request that you visit the Belize Government

Website page

[here](#)

## **What should I consider when planning my personal expenses and discretionary spending for this itinerary?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

The currency in Mexico is the Peso (MXN), in Belize the Dollar (BZD) and in Guatemala the Quetzal (GTQ).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money. A combination of US dollars cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We do not recommend you bring travellers cheques, as it is very difficult to exchange them in each country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 50USD (20USD notes are ideal).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Do I need to pay a departure tax?

Mexico exit tax by land: 983 MXN (~56 USD)

Belize entrance tax: free

Belize exit tax: \$20USD

Guatemala entrance tax: 10Q (\$1.25USD)

Guatemala airport exit tax: Included in ticket price

Border Fees must be paid in full at the time of entry and exit and are subject to change without prior notice.

## Should I be tipping on my trip?

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Tipping of your G Adventures Chief Experience Officer is very much appreciated. The amount is entirely a personal preference; however as a guideline \$6-10 USD per person, per day is our recommendation in the region. However, if you felt your CEO did an especially outstanding job, any additional amount will always be welcome.

# What activities are optional on this trip?

## Tulum

- Tulum Ruins Visit

## Playa del Carmen

- Cenote Visit (40-60USD per person)
- Tequila Tasting (850-1100MXN per person)
- Coco Bongo Disco and Show (90USD per person)

## Akumal

- Akumal Beach Visit (20USD per person)

## Caye Caulker

- Hol Chan Marine Reserve Day Tour
- Bike with Purpose Rental (1-30USD per person)
- Fishing (250-450USD per person)
- Sunset Sailing Boat Tour (60USD per person)

## Xunantunich

- Xunantunich Visit (65USD per person)

## Caves Branch

- Cave Tubing (95USD per person)

## Caracol

- Caracol Ruins Tour (125USD per person)

## Barton Creek

- Barton Creek Cave Canoeing (120USD per person)

### **San Ignacio**

- Horseback Riding (80USD per person)

### **Actun Tunichil Muknal**

- Actun Tunichil Muknal Cave Visit (140USD per person)

### **Antigua Guatemala**

- Salsa Lesson (10USD per person)
- Finca Valhalla Visit (5-10USD per person)
- Massage (30-60USD per person)
- Cycling (30-50USD per person)
- ChocoMuseo Tour and Workshop (24USD per person)
- Elizabeth Bell Walking Tour (25USD per person)
- Acatenango Volcano Climb (145USD per person)
- Finca Filidelfia Coffee Tour (25USD per person)

### **Escuintla**

- Pacaya Volcano Hike (75USD per person)

### **Panjachel**

- Massage

### **Lago de Atitlán**

- Kayaking
- Swimming

### **San Juan La Laguna**

- Shopping

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## Does this trip support a Planeterra project?

The G Adventures for Good project - The Mayan Homestay Project is located in the village of San Juan. The project currently hosts G Adventures groups twice per week and another company's group once per month. Planeterra's initiative here is to help more families get involved in the Posadas Mayas program and current families to have more space by remodeling and constructing new rooms. The project also includes investing in solutions that reduce environmental impacts associated with tourism (i.e. waste and water management) and developing other small businesses to be linked to the Posadas Mayas.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation - Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

# What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

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