



Belize Uncovered: Reefs, Ruins & Reggae

8 days, Belize City to Hopkins

Trip code CBBH

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your First Night Out Moment: Connect With New Friends

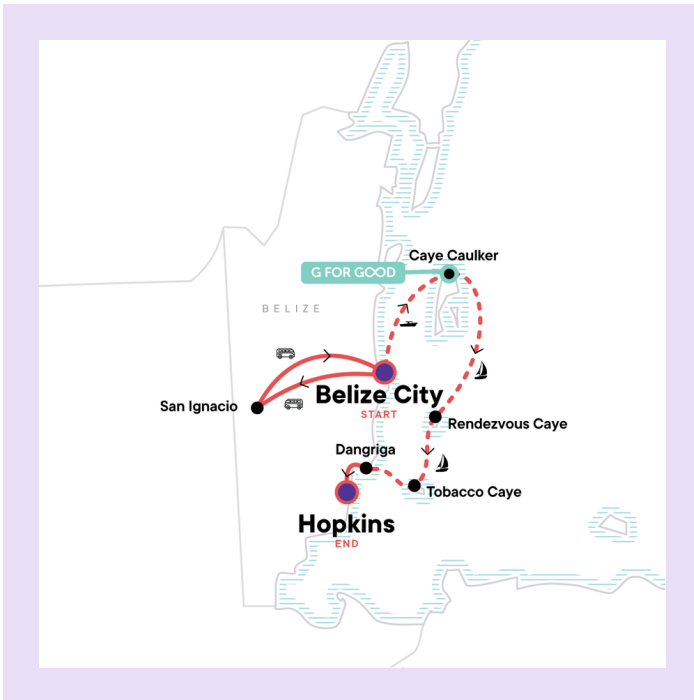
- Your Discover Moment: San Ignacio
- Your Discover Moment: Caye Caulker
- Your Big Night Out Moment: Caye Caulker
- Arrival transfer
- 3-day sailing excursion through Belize's Caribbean Cayes
- Snorkelling opportunities each day at different locations and above the Barrier Reef
- Freshly caught seafood lunches and dinners
- All necessary snorkeling gear and equipment
- Free time in San Ignacio, Caye Caulker, Hopkins, and various islands
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing May 30th, 2025 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Belize City/San Ignacio

Arrive to Belize City and transfer inland to to the town of San Ignacio. Prepare to let the good times roll! Upon arrival attend a welcome meeting and afterwards choose to join the group for a meal at a local spot nearby. This vibrant town serves as the gateway to exploring Mayan ruins, lush rainforests, and adrenaline inducing outdoor activities. Get ready to explore!

Please note that your included transfer to San Ignacio will be leaving the airport at 2pm. Because of this we advise all travellers to book flights arriving into Belize City airport no later than 1pm.



Accommodation

Venus Hotel (or similar)

Hotel



Today's Activities

Arrival Transfer

Belize City - San Ignacio

1h

47km

You will be met at the airport and transferred to the hotel to start your adventure.

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

ACTIVITY

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.

Day 2

San Ignacio

Enjoy a full free day to go all out in San Ignacio! Choose from a long list of optional activities to get you out into the wild landscape. Choose to visit the sacred Mayan caves of Actun Tunichil Muknal, check out Barton Creek Cave, Mountain Pine Ridge Reserve, or visit the ancient ruins of Caracol or Xunantunich. Pretend you're an ancient explorer discovering these places for the first time and make sure to capture photos and videos because you'll want to look back on this amazing trip when you get home.



Meals included

Breakfast



Accommodation

Venus Hotel (or similar)

Hotel



Optional Activities - Day 2

Horseback Riding

San Ignacio

80USD

2h-5h

5km

Choose from one of the 45 horses at Hannah's Stables and ride over farm trails and forested paths, all the way along the river to the Mayan site of Xunantunich. Enjoy a short guided tour of the site before taking a different trail back to the stables. Watch for native birds, including toucans and parrots, listen for howler monkeys, admire orchids and fruit trees and breathe in the fresh air of the Belize countryside.

Actun Tunichil Muknal Cave Visit

Actun Tunichil Muknal

140USD

6h-8h

29km

The Actun Tunichil Muknal cave has only been open to the public since 1998. Take advantage of this rare opportunity to see up to 1400 artifacts, including pottery, tools and vessels used by the Maya for a thousand years. Hike 45 minutes to the cave entrance, wade/swim through deep pools, past calcite formations, to explore this damp, dark place of ritual and sacrifice. With a helmet and headlamp, see the skeleton of the "Crystal Maiden," a young girl whose bones have calcified over the past 1,100 years, making them appear to sparkle.

Xunantunich Visit

Xunantunich

65USD

2h-4h

11km

Hike to the top of this impressive 9th-century Maya centre, set high on a natural limestone ridge, and admire the view of the Mopan River, Cayo District and neighbouring Guatemalan countryside. The tallest temple, El Castillo, is partially excavated and explored and there's a unique stucco frieze on the east side of the structure. Discover why Xunantunich is Belize's most visited site with intricately carved stelae, 25 temples, and well-preserved palaces.

Barton Creek Cave Canoeing

Barton Creek

120USD

6h-8h

30km

Strap on a headlamp, step in the canoe and paddle along an ancient Mayan waterway inside the Barton Creek Cave. Bring your camera to take memorable photos of cathedral rock chambers, stalactites and stalagmites. Upon return, opt to swim at Big Rock Falls.

Caracol Ruins Tour

Caracol

125USD

9h-11h

85km

Set within the Chiquibul Forest Reserve, prepare to be wowed by Caracol. It's the largest known Maya site in Belize and was once home to an estimated 180,000 people. The site was discovered in the 1920's by a logger looking for mahogany. One of its pyramids, Canaa or "Sky Place", built in 800 AD and standing 43m (143 ft), continues to be the tallest man-made structure in the country. Bring your walking shoes, water and a sunhat because there's lots to see here. Tombs, temples, altars, carved stelae and other stone monuments – it's well worth the effort and easy to be impressed.

Cave Tubing

San Ignacio

90USD

3h-4h

Hike through the lush subtropical forest to the entrances of remarkable limestone caves within the mountains. Jump into crystal blue waters, tube down stream, enjoy a cool swim in refreshing therapeutic cave waters in a natural pool formed between two cave entrances, float through some rapids, view sparkling cave formations and learn of cave geology and Maya history during the tour.

Day 3

San Ignacio/Caye Caulker

Enjoy the scenery today as it changes from inland jungle to gorgeous beach-front paradise. The group will leave San Ignacio for Belize City in the morning. Enjoy free time in Belize City for lunch on your own and then board a water taxi to the laid-back, chill atmosphere of Caye Caulker. Choose to grab a meal at a local restaurant together with the group and let the inside jokes commence. Many laughs and selfies will be shared as the sun sets on this beautiful island.



Meals included

Breakfast



Today's Activities

Private Vehicle

San Ignacio - Belize City

2h30m

150km

Settle in and scan the scenery from the convenience of a private vehicle.

Water Taxi

Belize City - Caye Caulker

1h15m

Jump in and cross the water to the next stop.

Free Time

Caye Caulker

Enjoy a free evening in Caye Caulker. Get settled, stroll along the beach, and choose to find a great local spot for a delicious dinner after a day of travel.

Free Time

Belize City

1h

Grab some lunch on your own in Belize City and take a short walk to stretch those legs after this morning's drive.

Day 4

Caye Caulker

Reach peak relaxation during a full free day in Caye Caulker. Fewer than 2,000 people live here full-time – an eclectic mix of Mestizo, Maya, Garifuna, Creole, and Mennonites, along with a few hippies and retirees. The main street is a sandy pathway and people get around on foot, by bike or golf cart.

Choose to pre-book a visit to the Hol Chan Marine reserve, go kayaking, walk around town, swim, or simply work on your tan on a towel in the soft sand. The choice is yours and this is a great way to soak up time on land before taking to the sea on a sailing adventure.



Meals included

Dinner



Today's Activities

ACTIVITY

Enjoy a night out on the town with your travel friends and truly let your hair down in the chill atmosphere of Caye Caulker.



Optional Activities - Day 4

Hol Chan Marine Reserve Day Tour

Caye Caulker

6h-7h

Explore the oldest marine reserve in Belize with a full-day tour filled with snorkelling and sightseeing. The tour includes stops at three popular snorkelling destinations – the Hol Chan Channel, Shark and Ray Alley, and Coral Gardens. Stop at two additional viewing spots to marvel at tarpon and manatees. Expect to see an abundance of angelfish, blue-stripped grunts, schoolmaster snappers, and hundreds of other varieties of species in their natural surroundings. Keep your eyes peeled to see green moray eels poking out from their tiny caves.

Tour Includes: snorkeling mask, fins/flippers, lunch, assortment of tropical fruit, water, and other snacks.

Guided Kayak Trip

Caye Caulker

15-20USD

2h30m-3h

Follow a guide on a sea kayak tour around the southern portion of Caye Caulker. Paddle around the mangroves and try to spot some of the unique wildlife in the area.

Belize Sailing Excursion

Live out those island sailing fantasies as the group departs on an actual sail boat from Caye Caulker this morning to Rendezvous Caye. Get ready for some serious fun! Along today's route the group will visit Goff's or Sergeant's Caye for two distinct snorkeling experiences. These dives offer immersion into the vibrant marine life of Belize's Barrier Reef System, the world's second-largest in size and biodiversity. After an incredible lunch prepared by your onboard chef, arrive at Rendezvous Caye, a tiny jewel of a sand bank surrounded by breathtaking turquoise waters and abundant marine life. This is your exclusive island escape! Set up tents and enjoy free time to relax. Sunset on Rendezvous Caye is a memory that will last a lifetime, particularly when enjoyed with refreshing rum cocktails and delicious ceviche. Cheers, everyone!

The night before your sailing departure travellers will be asked to divide their belongings into two distinct sets. Secure Storage for bulky luggage. This will contain items not immediately required during the sailing portion of the trip. These belongings will be securely stored in a designated area on the vessel. While accessible, it is requested that retrieval from this storage be limited to essential needs, minimizing disruptions and maximizing valuable deck space. And On-Hand Essentials (Personal Day Bag). This smaller bag, such as a backpack or duffel, should contain all personal necessities for daily use throughout the trip. This includes clothing, toiletries, and any other items you'll want readily available without accessing the main storage. This system ensures immediate access to crucial items while maintaining an organized and uncluttered environment on board.



Meals included

Lunch | Dinner



Today's Activities

Belize Sailing Adventure Day 1

Belize

5h-6h

Day one's final destination is Rendezvous Caye. Along the way there will be snorkelling stops to experience the diverse marine life here in Belize's barrier reef system. Your ship will navigate beyond frequented areas into remote, pristine waters of the Southern Cayes, making this feel like a genuine escape. Enjoy the spacious sundeck onboard and stunning views of the Caribbean. The sailing crew will even give those interested a chance at learning the ropes firsthand. Enjoy a fresh lunch onboard before arriving to your island paradise, a tiny jewel of a sand bank surrounded by breathtaking turquoise waters and abundant marine life. Enjoy a beautiful sunset as your chef prepares the catch of the day for dinner. And feel excited knowing you are making memories that will last a lifetime. Tonight, you will sleep in tends on the island.

Belize Sailing Excursion

Sail onwards to Tobacco Caye today with snorkelling at Colson Caye, Southern Long Caye Channel, and Caye Glory where the loggerhead turtle and Caribbean stingrays reside. You'll stay the night on picturesque Tobacco Caye. The island offers a distinct allure for travellers. It is notably larger than the previous island and sits directly atop the Barrier Reef, making it a prime spot for snorkelling with marine life. Feel the island's vibrant pulse surrounded by brightly coloured wooden houses and swaying coconut palms. Enjoy free time here to stroll, swim, and hang out with a nice cold beverage in your hand. Tonight, enjoy another glorious sunset dinner featuring the fresh catch of the day. Sleep in dorm style rooms tonight. You'll want someone to pinch you because this kind of paradise really does feel like a dream come true.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Belize Sailing Adventure Day 2

Belize

4h-5h

Chow down some breakfast before setting sail to your next destination. There will be some incredible marine encounters today during your snorkelling excursions at Colson Caye, Southern Long Caye Channel, and Caye Glory. At Caye Glory you may encounter magnificent loggerhead turtles and graceful Caribbean stingrays. Enjoy lunch onboard and snacks between snorkels. Spend the night on the larger Tobacco Caye which sits directly atop the Barrier Reef and allows visitors to observe the dramatic spectacle of open sea waves meeting the reef with a mesmerizing abundance of ocean colours and diverse array of bird and marine life. It is possible to stroll the entire island in about 20 minutes and offers a remote feel while still providing an authentic immersion into Caribbean island life. You'll find other brightly coloured wooden houses on the island, some hovering on stilts over the water, and lots of swaying coconut palms. Stay in dorm style accommodation tonight with ceiling fans to blow the sea breeze around. Have a delicious dinner featuring the fresh catch of the day and sit back to observe a beautiful sunset with your travel pals. It's safe to say no one wants this magical experience to end.

'Ahoy, mateys' today is your final day aboard your sailing ship. But fear not you have one last long snorkelling opportunity in the Southern Water Cay Channel. So what are you waiting for? Dive in one last time and feel enveloped by the vibrant underwater world of Belize. Anchor off of Southern Water Caye and enjoy the powdery white sand and crystal-clear knee-deep water of island paradise with some farewell cocktails to close out a truly unique and unforgettable sailing experience in the Caribbean. Eat a fresh lunch on the ship and then disembark in the late afternoon in Dangriga. From here, the group will travel by private vehicle to Hopkins for free time. Perhaps, find a fun local spot for dinner and drinks as a group to keep the island party vibes going.



Meals included

Breakfast | Lunch



Today's Activities

Belize Sailing Adventure Day 3

Belize

Sail to South Water Caye for a final snorkelling experience in the channel there to encounter more marine life. Dive into the clear water and simply enjoy being in paradise and the vibrant underwater world. Then, spend some time on the picture-perfect beach of South Water Caye with white, powdery sand, and crystal-clear, knee-deep water. Sip a cold beverage and cheers to an unforgettable three days. The group will sail back to Tobacco Caye, gather all belongs, and disembark the ship in Dangriga in the late afternoon. What a unique and memorable way to see and experience some of Belize's tropical cayes.

Private Vehicle

Dangriga - Hopkins

2h

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Hopkins

Enjoy time to yourself in Hopkins. Embrace the chill vibes, find a local spot for dinner and drinks, and commiserate with your travel family about the amazing sailing adventure you just had. Make sure to catch the final sunset colours over the turquoise sea.

Depart at any time.

Please note, your CEO will be available to help travelers organize their departure transfers as needed.



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

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What are the main highlights of this trip?

Spot tropical sea life while snorkelling the world's second-largest barrier reef, Explore the inland jungle landscape of San Ignacio, Listen to reggae music as you walk down Caye Caulker's sandy main street, Spend three days sailing through the lesser-known cayes of Belize's Caribbean coast, Stay on two beautiful islands for a taste of off-the-grid paradise, Eat freshly caught fish prepared by your sailing chef each day

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Is there a disclaimer I should read before booking this trip?

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Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What is the group leader like?

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 16, Avg. 14.

What meals are included in this trip?

4 breakfasts, 3 lunches, 3 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. Please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Private vehicle, water taxi, sailing ship, walking

Is there an extra cost for travelling solo?

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Tipping of your G Adventures Chief Experience Officer is very much appreciated. The amount is entirely a personal preference; however as a guideline \$5- 7 USD per person, per day is our recommendation in the region. However, if you felt your CEO did an especially outstanding job, any additional amount will always be welcome.

Where will we stay during the trip?

Hotels (2 nts), Hostels (3 nts, multi-share), Tents on island (1 nt, multi-share), Dorm rooms on island (1 nt, multi-share)

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What are the joining instructions?

Welcome to Belize! Catch your included arrival transfer to San Ignacio. The included arrival shuttle transfer is scheduled to depart at 2:00pm only. Please make sure your flight arrives no later than 1:00 pm.

Our driver will be waiting for you with a G Adventures sign, and they will be waiting for you outside the arrivals halls. If for any reason you are not met at the airport, please call our local support line.

During your Welcome Meeting, you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run.

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Operator (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Office San Jose, Costa Rica

During Office hours (Weekdays 9am-5pm Local Time): +506 4001 8474

After hours emergency number: +51 997 582 712

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

What instructions should I follow at the finishing point?

This trip finishes in Hopkins, which is located 2 hours from Belize City Airport. Please make departure arrangements accordingly.

Please note, your CEO will be available to help organise departure transfers on tour as required.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap. Laundry service will not be available on the sailing boat.

What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Belize : Travel declaration form

All non-Belize nationals entering Belize by air, land or sea must complete the iDeclare e-form 72 hours before arrival.

For more information and to complete the declaration, we kindly request that you visit the Belize Government

Website page

[here](#)

What should I know about currency, credit cards, and exchanging money while on this tour?

The currency used on this trip will be the Belize Dollar (BZD).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of US dollars cash and cards with travellers cheques as backup is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates:
www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

What activities are optional on this trip?

San Ignacio

- Horseback Riding (80USD per person)
- Cave Tubing (90USD per person)

Actun Tunichil Muknal

- Actun Tunichil Muknal Cave Visit (140USD per person)

Xunantunich

- Xunantunich Visit (65USD per person)

Barton Creek

- Barton Creek Cave Canoeing (120USD per person)

Caracol

- Caracol Ruins Tour (125USD per person)

Caye Caulker

- Hol Chan Marine Reserve Day Tour
- Guided Kayak Trip (15-20USD per person)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What are the trip specific safety considerations?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

Minimum age of 18 years for this trip.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.