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Sorry! There are no remaining departures for "Best of New York, Montreal & New England" (NUYB), [but here are some similar trips.](#)



## **Best of New York, Montreal & New England**

9 days, New York to Boston

Trip code NUYP

### **What's included**

- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: Boston

- Orientations to Montreal and Boston
- Entrance to Acadia NP
- Sunrise at Cadillac Mountain
- Free time in Montreal, Acadia NP, and Boston
- All transportation between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing May 13th, 2016 and onwards

## Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## New York

Arrive at any time.

Welcome to the Big Apple! If you arrive early, take to the streets and check out the city. Visit the Empire State Building, walk the Brooklyn Bridge, or chill out in Central Park.

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### Today's Activities

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

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### Optional Activities - Day 1

Brooklyn Bridge Visit

New York

Free

One of the most iconic structures in New York City, cross the East River from Manhattan to Brooklyn as you stroll along the Brooklyn Bridge. Make sure to bring your camera to snap shots of the iconic New York skyline and the bridge itself.

Statue of Liberty Visit

New York

18USD

Pay a visit to “Lady Liberty”, dedicated in 1886 and a gift from the people France. Cruise through New York Harbor and stop off at Liberty Island to get a closer look at this iconic woman meant to welcome new immigrants to the United States. Opt to ride to the top and take in stunning views of the city.

Times Square Visit

New York

Free

Come experience the hub of the city that never sleeps. Head to Midtown Manhattan at Broadway and Seventh Avenue – the heart of all the action. Covered in illuminated billboards and advertisements, Times Square is one of the world's busiest pedestrian intersections and a major centre of the world's entertainment industry.

9/11 Memorial Visit and One World Trade Center Observation Deck

New York

24-58USD

Remember 9/11 on a visit to Ground Zero. A Memorial and Museum have been created to commemorate those lost on 9/11.

### Chinatown Visit

New York

Free

Lively and diverse, New York City's Chinatown has so much to see and do for urban adventurers. This growing community is considered to have the largest Asian population in a city outside of Asia.

### Central Park Visit

New York

Free

1h-3h

Discover Central Park, an 843-acre masterpiece of landscape architecture. Much of the park appears natural, but it is almost entirely landscaped. Designed in the 19th century, it is one of America's greatest works of art and the nation's first public park. Explore its walkways and gardens, and, like many other visitors, fall in love with this spectacular green space. Central Park has become the most famous and beloved urban park in the world, featuring extensive walking tracks, bridle paths, an ice-skating rink, a swimming pool, the Central Park Zoo, the Central Park Conservatory Garden, a wildlife sanctuary, a large area of natural woods, and an outdoor amphitheater.

### Empire State Building Visit

New York

32USD

1h-3h

Soak in stunning views of New York and beyond from the top of one of the most famous landmarks in the world. The Empire State Building's Observatory is a main attraction of New York's skyline, stretching 1,250 ft (381m) high.

### Top of the Rock

New York

26-32USD

The Rockefeller Center is a complex of commercial buildings, home to Radio City and Rockefeller plaza. Head up to the 70th floor of this New York City landmark for unobstructed views of this magical city.

Day 2

## New York City/Adirondacks

Trade the city streets for fresh mountain air by heading to Lake George in the heart of the Adirondacks.

Spend the morning exploring New York City before travelling to Lake George, a quaint mountain town in the heart of the Adirondacks.

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### Today's Activities

Free Time

New York

Take a bite out of the Big Apple. Opt to check out Soho, Times Square, or the Statue of Liberty – the choice is yours!

Private Vehicle

New York – Lake George

3h30m-4h

300km

Settle in and scan the scenery from the convenience of a private vehicle.

Enjoy a free morning in Lake George. Later, travel north and cross into Canada and enjoy an orientation to Montreal.

Bienvenue à Montreal! Now that's hospitality with a distinctly French flavour - and what could be more appropriate for the second largest French-speaking metropolis in the world? Take time to explore historic Old Montreal, hip Mile End, or wander the city taking in the unique atmosphere.



## Today's Activities

Free Time

Lake George

Get out and and explore Saratoga Springs.

Private Vehicle

Lake George - Champlain

2h30m-3h

230km

Settle in and scan the scenery from the convenience of a private vehicle.

Border Crossing (United States - Canada)

Champlain - Blackpool

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Private Vehicle

Blackpool - Montreal

45m-1h

65km

Settle in and scan the scenery from the convenience of a private vehicle.

Orientation With CEO

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Day 4

## Montreal

Enjoy free time to explore this bilingual cosmopolitan city. Opt to climb Mont Royal or visit La Ronde amusement park.

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### Today's Activities

Free Time

Montreal

Get out and discover this city known for its food, art, and culture.

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### Optional Activities - Day 4

Mont Royal Visit

Montreal

Free

1h-2h

1-5km

Mont Royal (Mount Montreal) is a 200-hectare park on the mountain that lies in the middle of Montreal Island. It is an oasis in the middle of the city and a lovely place to walk and enjoy the outdoors and views of the city from an elevated vantage point.

La Ronde Amusement Park

Montreal

65CAD

Looking for some excitement? Visit Six Flags La Ronde, Eastern Canada's largest amusement park with over 40 rides and attractions. Strap in and enjoy the ride!

Old Montreal Visit

Montreal

Free

Visit Old Montreal, the historic centre of the city, which is frequented by locals and visitors alike. Located along the St Lawrence river, it is also a short walk from downtown. With narrow streets, heritage buildings, and some of the best restaurants, bars, and cafes in the city, it is one of Montreal's most popular areas.

Cross the border back to the US, and travel to Bar Harbor, Maine. Spend the evening in Acadia National Park.



## Today's Activities

Private Vehicle

Montreal - Sherbrooke

1h30m-2h

155km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Sherbrooke - Woburn

1h-1h30m

90km

Settle in and scan the scenery from the convenience of a private vehicle.

Border Crossing (Canada - United States)

Woburn - Coburn Gore

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Private Vehicle

Coburn Gore - Bar Harbor

4h-4h30m

288km

Settle in and scan the scenery from the convenience of a private vehicle.

Acadia National Park Visit

Acadia National Park

Discover where the sea meets the mountains; a place where ancient glaciers carved out impressive coastline, dense forests are filled with diverse species, and the ocean is a constant backdrop. The only national park in Maine, Acadia NP packs a punch in terms of things to do. Enjoy time discovering this natural beauty and the adventures that wait within.

Day 6

## Bar Harbor

Wake up early and watch the sunrise from Cadillac Mountain. Enjoy a free day to explore the park.

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### Today's Activities

Sunrise at Cadillac Mountain

Acadia National Park

Wake up early, rub the sleep out of your eyes and head to Cadillac Mountain to watch the sunrise over Acadia National Park. This is the first place to view the sunrise in the United States – a sight definitely worth getting out of bed for!

Free Time

Acadia National Park

An outdoor lover's paradise, spend the day hiking, biking, kayaking or fishing!

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### Optional Activities - Day 6

Sea Kayaking

Acadia National Park

Rent a kayak and head out to explore the coastal waterways throughout Acadia NP.

Fishing

Acadia National Park

With options for both fresh and saltwater fishing, cast your line and wait for the perfect catch. Trout, salmon, smallmouth and largemouth bass all call this area home, so see what you'll reel in!

Hiking

Acadia National Park

Free

Hit the trail and check out one of the many hikes in Acadia NP. With over 120 miles of trail, there's something for everyone.

Mountain Biking

Acadia National Park

Free

Take to the historic carriage roads as you cycle through Acadia NP. The 45 miles of road was organized and financed by John D Rockefeller Jr and built between 1913 and 1940. Be prepared to share the road with pedestrians and carriages, adding to the scenery and historic charm.

Day 7

## Bar Harbor/Boston

Leave Maine behind and travel to Boston, one of the oldest cities in the US.

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### Today's Activities

Private Vehicle

Bar Harbor - Boston

5h-5h30m

450km

Settle in and scan the scenery from the convenience of a private vehicle.

Orientation With CEO

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Day 8

## Boston

Enjoy a free day in Boston. Absorb the history and culture of the city, or chow down on traditional New England fare.

Opt to visit museums, go shopping, or indulge at world-class restaurants and local bars. Check out the famous Fenway Park, home to baseball's Boston Red Sox. For authentic Italian-American food and atmosphere, try Hanover Street in the North End.



### Optional Activities - Day 8

Fenway Park Visit

Boston

18USD

Visit one of the oldest and most famous baseball stadiums in the country—a must-see for any fan. Even if you're a baseball novice, a walk through the old-time stadium will leave you charmed. Snag some tickets if the Red Sox are in town and watch a game. Sit in the old wooden seats, eat a Fenway Frank, and root, root, root for the home team!

Freedom Trail Orientation

Boston

Free

Explore a portion of the Freedom Trail, a 4km (2.5 mi) red brick path, and discover the history of America's Revolution. Follow the trail as it winds through the city and visit many historical sites significant in the lead up to America's independence from Britain. Stops include Boston Common, the USS Constitution, Faneuil Hall, and the site of the Boston Massacre.

Day 9

## Boston

Depart at any time.

We highly recommend booking post-tour accommodation to enjoy more of the city.



### Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

## What's included

- Your Welcome Moment: Meet Your CEO and Group
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## What are the main highlights of this trip?

Sightsee in the Big Apple, experience the vibrant culture of Montreal, catch the sunrise in Acadia NP, wander along the Freedom Trail in Boston

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## Is there a disclaimer I should read before booking this trip?

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**VERY IMPORTANT:** Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

# Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## What important notes should I be aware of before the trip?

### 1. TRAVEL DAYS

In order to cover the vast distance in North America to be able to visit several different parks and cities along our trip, we will have a couple of long driving days.

### 2. WALKS AND HIKES - OPTIONAL

All walks and hikes proposed by our CEO will be easy to moderate level. You may choose to participate or not, but exploring our national parks on foot is part of our way of travelling. It's a healthy way to discover North America's beauty and landscape.

### 3. LEGAL DRINKING AGE

Please note that the legal drinking age in the United States is 21 and in Canada, 19 (with Alberta and Quebec at 18). Many bars and clubs will ask for ID at the door, therefore listening to live music in certain bars or spending a night out in Las Vegas or New Orleans is not possible when you are under the legal age, even if you don't plan on consuming alcohol. Drinking laws in both countries are strictly enforced and our CEOs are unable to help those under age obtain alcohol of any kind.

While this should not stop those under legal drinking age from booking a tour, it is important to note that if a traveller is under-age there are certain optional nighttime activities that they may not legally be able to participate in. When trying to book the right trip, we recommend that travellers under legal drinking age take this into consideration when booking a tour that visits several big cities.

## **What is the group leader like?**

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

While our CEOs are trained and have resources to assist them along the way, the United States is the fourth largest country on the planet, and it is impossible for them to know everything about this massive country. We recommend local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds

Please note that specific tour guide licenses are required to guide in certain cities and regions, and as such, our CEOs will oftentimes provide brief orientation walks to point out useful places like supermarkets, main squares and ATMs but for more specific or in depth destination information, an official guided tour is recommended.

## **How large will the group be?**

Max 14, avg 10

## **What meals are included in this trip?**

No meals included

## **What are the modes of transportation on my trip?**

Air-conditioned private vehicle, walking

## **What transportation will we take on this trip?**

We use 15-passenger vans for up to 14 people plus the CEO/Driver for all our of our trips in North America. For groups of 8 and more travellers, we also use a trailer to carry luggage and camping equipment.

These vans are durable vehicles that allow us to drive on most types of roads in North America.

Each van has a front passenger seat and 4 benches that will accommodate 3 people each. No standing is permitted in these vehicles, but there is air conditioning to cool things down on warm days and mandatory seat belts to keep us secure and safe.

This is not a physically demanding journey. However, travelling can be difficult, with long drives and limited space in the van. Please take note of the travel times and distances in the above itinerary. Despite some of the long days, most clients feel that the diversity of the North American landscape, culture and wildlife are all well worth the experience!

## **Is there an extra cost for travelling solo?**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Hotels (5 nts), rustic cabins (3 nts).

## **What kind of accommodation can I expect on this trip?**

This trip uses 2-3 star hotels and motels in cities and near park entrances. Our chosen hotels vary in size, character, and amenities, but are of a good standard, and the rooms are double occupancy with a private bathroom.

## **What is the joining hotel?**

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

# What are the joining instructions?

Arriving in John F Kennedy International Airport:

Welcome to the Big Apple, upon arrival please head to the Arrivals/Baggage Claim Level at all Terminals. All transportation options are located on the Arrivals/Baggage Claim Level at all terminals.

Taxi/Ride App - The easiest way to get to your hotel is to get a taxi. Rates range from \$60-\$85 depending on traffic. Can have additional surcharge for 2+ travelers.

Public Transport - From the arrivals hall take the AirTrain JFK Red Line to Jamaica Station. Transfer to the Far Rockaway, Hempstead or City Zone Lines to Atlantic Terminal. Transfer to the R (Bay Ridge - 95 St) Line and travel 4 stops. Exit at 25th St and walk about 5 minutes to the hotel.

Arriving at Newark Airport

Upon arrival please head to the Arrivals/Baggage Claim Level at all Terminals. All transportation options are located on the Arrivals/Baggage Claim Level at all terminals.

Taxi/Ride App - The easiest way to get to your hotel is to get a taxi. Taxi rates to your destination can range from \$60-\$75 (does not include tolls and tip) for a single traveler. Can have additional surcharge for 2+ travelers.

Bus/Subway - The Newark Airport Express departs from all arrival terminals. The fare is \$16 and the bus will take you to the Port Authority Bus Terminal. From here walk about 5 min to transfer to the R (Bay Ridge - 95 St) Line at Times Sq-42 St Station. Take it 19 stops and get off at 25th St. From this stop the Hotel is a 5 minute walk.

Arriving at LaGuardia

Upon arrival please head to the Arrivals/Baggage Claim Level at all Terminals. All transportation options are located on the Arrivals/Baggage Claim Level at all terminals.

Taxi/Ride App - The easiest way to get to your hotel is to get a taxi. Taxi rates to your destination can range from \$50-\$75 (does not include tolls and tip) for a single traveler. Can have additional surcharge for 2+ travelers.

Bus - From the arrivals hall take the Q70-SBS+LaGuardia Link Select Bus Service to Roosevelt Av/74 St. Transfer to the R (Bay Ridge - 95 St) Line take it 30 stops and get off at the 25th St stop. From this stop the Hotel is a 5 minute walk.

Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time.

Your CEO will organize a short meeting in the evening, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call the G Adventures Local Representative. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Las Vegas)

From outside the USA: 1-412-423-8143

From within the USA: 412-423-8143

If you are unable for any reason to contact our local representative, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

# What should be on my packing list?

## Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

### **Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

### **Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## **When can I do my laundry on this trip?**

Laundry can be done at least once a week while on tour. Some hotels and most cities have laundromats where you can buy soap and wash your laundry in coin-operated machines. Your CEO will advise you along the trip where you will be able to do your laundry.

## **What are the visas and entry requirements for my trip?**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## **What should I consider when planning my personal expenses and discretionary spending for this itinerary?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

It is customary in North America to tip service providers such as waiters, bartenders and taxi drivers, at approximately 18-20%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip any local guides used. Recommendations for tipping local guides would range from \$2-8 USD per activity depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, tipping is appreciated. The amount is entirely a personal preference; however as a guideline \$5-10 USD per person, per day can be used as a guide. If your CEO(s) exceeded your expectations, feel free to tip more.

# What activities are optional on this trip?

## New York

- Brooklyn Bridge Visit (Free)
- Times Square Visit (Free)
- Central Park Visit (Free)
- Empire State Building Visit (32USD per person)
- Top of the Rock (26-32USD per person)

## New York

- Statue of Liberty Visit (18USD per person)
- 9/11 Memorial Visit and One World Trade Center Observation Deck (24-58USD per person)
- Chinatown Visit (Free)

## Montreal

- Mont Royal Visit (Free)
- La Ronde Amusement Park (65CAD per person)
- Old Montreal Visit (Free)

## Acadia National Park

- Sea Kayaking
- Fishing
- Hiking (Free)
- Mountain Biking (Free)

## Boston

- Fenway Park Visit (18USD per person)
- Freedom Trail Orientation (Free)

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## **Are international flights included in this trip?**

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## **What should LGBTQ+ travellers know about safety and travel considerations on this trip?**

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.