



Best of Pakistan: Lahore, Islamabad & Passu Glacier

11 days, Lahore to Islamabad

Trip code AILG

What's included

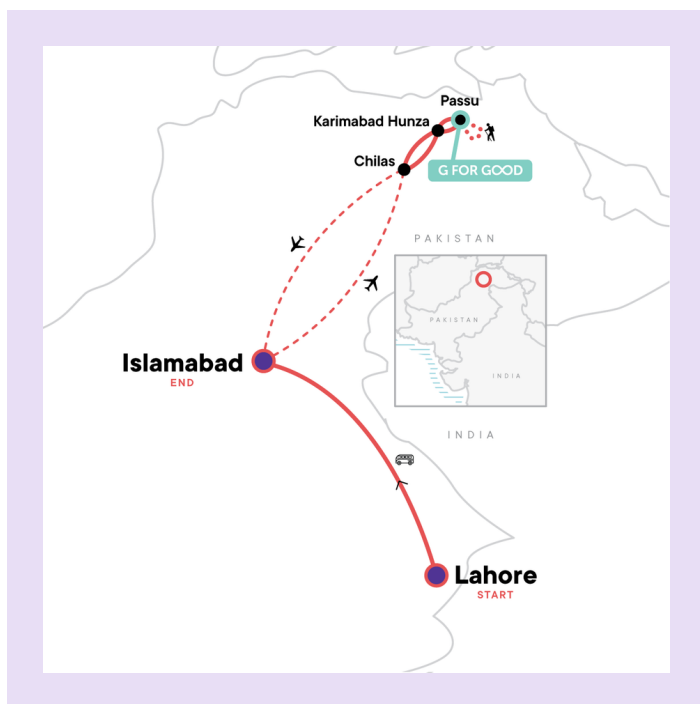
- Your G for Good Moment: Gulmit Old House Cafe, Passu
- Your G for Good Moment: Korgah Carpet Centre, Passu
- Your Welcome Moment: Meet Your CEO and Group
- Your Foodie Moment: Food Street Lahore, Lahore
- Your Foodie Moment: Old House, Gulmit
- Your Local Living Moment: Khanabad Village Visit, Khānābād
- Complimentary Arrival Transfer
- Lahore City tour
- The Walled City of Lahore
- Tomb of Allama Iqbal and Badshahi Mosque
- Wagah Border Ceremony
- Food Street Lahore
- Free time in Islamabad & Karimabad
- Lok Virsa Museum Visit
- Saidpur Village Islamabad
- Faisal Mosque at sunset
- Chakwal Canyon Adventure
- Hunza Village Experience
- Women-run carpet weaving at Korgah Carpet Center
- Gulmit Old House Tour and Lunch
- Borith Lake Visit
- Attabad Lake Photo Stop
- Passu Glacier Hike
- Dinner at Food Pavilion with Lal Shehzadi
- Baltit & Altit Fort Hikes
- Hopper Valley Glacier Hike
- Ganish Settlement Walking Tour
- Lunch at women-run cafe
- Khanabad Village Experience
- Taxila Truck Art, Museum & archeological sites
- Dharmarajika Stupa
- Taxila Museum

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 13th, 2025 and onwards

Itinerary



Itinerary Notes

Please note that the arrival hotel check in time is 2:00 pm onward. If you wish to have your room available earlier, we recommend booking a pre-night.

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Lahore

Welcome to Pakistan. Arrive at anytime and meet your included arrival transfer at the airport. This evening, join your CEO and group for a welcome meeting.



Accommodation

Avari Xpress Gulberg (or similar)

Hotel



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Embark on an exploration of Lahore, a vibrant city steeped in culture and history, ideal for the curious traveler. Discover its iconic landmarks, including the magnificent Badshahi Mosque and the ancient Walled City of Lahore. Stroll through its narrow streets, immerse yourself in the sights and sounds of bustling bazaars, and delve into the rich heritage of Pakistan. In the evening, witness the renowned flag-lowering ceremony at the Wagah Border, a symbolic event at the boundary between India and Pakistan. Conclude your day with a delightful dinner at Lahore Food Street, where historic architecture, stunning views, and exquisite Pakistani cuisine await.



Meals included

Breakfast | Dinner



Accommodation

Avari Xpress Gulberg (or similar)

Hotel



Today's Activities

Lahore City Tour

Lahore

Tour the incredible city of Lahore, visiting notable, historic places like the Tomb of Allama Iqbal and Badshahi Mosque. Explore the Walled City of Lahore, through narrow stone streets and colorful bazaars.

Wagah Border Ceremony

Wāgah

Every evening, thousands of people gather to watch the famous parade and the ceremonial lowering of their national flags by the Indian and Pakistani armies at sunset. Witness this event in the stands and cheer on as the two countries showcase their national pride. This vibrant ceremony symbolizes the long-standing rivalry between the two nations, making it a significant cultural and historical landmark

ACTIVITY

Visit the popular Food Street in the historic Haveli Khalil Khan, on the Fort Road Food Street. Dig into a delicious meal while overlooking the Badshahi Mosque.

Day 3

Lahore/ Islamabad

Drive towards Islamabad this morning after filling up on breakfast. On the way, we'll stop at the Chakwal Canyon for a local farming experience, where we'll help pick fresh produce alongside our local guides. We sit down together for a delicious BBQ lunch. Before heading off, jump into a trolley for a tour of the incredible Chakwal Canyon. Continue the scenic drive along the Punjab countryside and check into the hotel once we arrive in Islamabad. Spend evening free in the city to explore the bustling life of Islamabad.



Meals included

Breakfast | Lunch



Accommodation

Hotel Hillview Islamabad (or similar)

Hotel



Today's Activities

Chakwal Farm Experience & BBQ Lunch

Chakwāl

Visit a local farm in the beautiful Chakwal Canyon region. After a welcome drink with your host, join them on a walking tour of the Agri Farm and help pick the seasonal crops. In Spring, we'll pick juicy peaches or fresh garlic. In the late summer, we'll pick sweet limes. This farm is an important part of the region as it generates many jobs, preserves the canyon and maintains sustainable farming practices that we will have the chance to witness firsthand. The sit down with your hosts for a local BBQ lunch

Chakwal Canyon Trolley Tour

Chakwāl

Hop into the back of a trolley, picture a safari vehicle, and venture through the otherworldly canyon of Chakwal. Take in the beautiful scenery of hoodoos and buttes studded along the Pakistani desert canyon.

Private Vehicle

Lahore – Islamabad

5h

375km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Islamabad

Enjoy a free evening in Islamabad.

Day 4

Islamabad

Enjoy a free morning in Islamabad. For lunch, opt to join your CEO and fellow travelers at Melody Food Street. Fill up on a kebab or flavorful biryani. Then drive to Saidpur village and visit the art and craft shops, and walk through the village streets. At sunset, visit Shah Faisal Mosque during prayer hour and witness Islamic practices firsthand in this stunningly large mosque. Conclude the day with a meal together at a local favorite Afghani restaurant.



Meals included

Breakfast | Dinner



Accommodation

Hotel Hillview Islamabad (or similar)

Hotel



Today's Activities

Free Time

Islamabad

Spend the morning free to explore Islamabad.

Lok Virsa Museum Visit

Islamabad

Visit the cultural heritage museum showcasing Pakistan's diverse traditions, art, and history. It features vibrant exhibits of handicrafts, textiles, musical instruments, and folk art from various regions. The museum celebrates the country's rich cultural diversity and preserves traditional practices for future generations.

Saidpur Village

Islamabad

Visit Saidpur village, a charming village nestled in the Margalla Hills of Islamabad, rich in Mughal heritage and cultural diversity. The village has witnessed various civilizations, including Gandhara, the Maurya Empire, and the Mughal Empire. It features an animal market, shops selling pottery and handicrafts, and historical sites, including a gurdwara, mosque, and Mandir, showcasing interfaith harmony.

Faisal Mosque

Islamabad

Enjoy a visit to Faisal Mosque, Pakistan's national mosque, one of the largest in the country and in the world. Listen and experience the spiritual ambiance during prayer time.



Optional Activities - Day 4

Melody Food Street

Islamabad

Eat your way through Melody Food street. A popular, bustling culinary hotspot known for its diverse street food offerings. Enjoy a variety of authentic Pakistani delicacies, including spicy kebabs, flavorful biryanis, and savory rolls.

Day 5

Islamabad/ Karimabad Hunza

Fly from Islamabad to Gilgit this morning. Then drive to Hunza Karimabad along the Karakoram Highway, visiting historic points from the ancient Silk Road. Upon arrival to Karimabad, we'll be greeted with a warm welcome from our local host families. As our guides, we'll experience local life in the lower Hunza with village activities and a special traditional lunch. In the evening, head to Duikar for a magical sunset.



Meals included

Breakfast | Lunch



Accommodation

Hunza Darbar Hotel (or similar)

Hotel



Today's Activities

Hunza Village Experience

Hunza

A local host family will warmly welcome you to Hunza in traditional style, inviting you to participate in various village activities. You'll gain valuable insights into life in lower Hunza. A delicious traditional lunch, served in the traditional way, awaits your arrival.

Plane

Islamabad - Gilgit

1h15m

277km

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

Gilgitti - Karimabad

2h15m

102km

Settle in and scan the scenery from the convenience of a private vehicle.

Head to Passu for the day, known for its beautiful landscapes and glaciers, and stop at Attabad Lake for a photo stop along the way. This morning, we'll visit the Korgah Carpet Center, a local initiative created by five local women looking to improve the quality of their own lives and those of their community. The center aims to empower women in Hunza through traditional carpet weaving. Then visit the Gulmit Old House, renowned for its intricately carved doors and windows. Enjoy lunch at the Old House, a restaurant ran by local women supporting their families. On the way to Passu Glacier, stop at Borith Lake in hopes to see some migratory birds in this sanctuary. Drive from Borith Lake to Passu and start the hike up to the glacier. We'll even have a chance to walk on the pristine ice of the glacier. After working up a massive appetite, join your CEO at the Food Pavilion, a local restaurant led by Lal Shehzadi, a local female entrepreneur who has served as a local inspiration to fellow women to embark on opening their own restaurants and local establishments.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Hunza Darbar Hotel (or similar)

Hotel



Today's Activities

Borith Lake Visit

Passu

Borith Lake is renowned for its migratory birds and serves as a sanctuary for various wildfowl, attracting birdwatchers and nature enthusiasts. Spend some free time exploring this beautiful place.

Passu Glacier Hike

Passu

Hike to the renowned Passu Glacier, which begins after a 10-minute drive from Borith Lake. The initial five minutes of the hike are steep, followed by a relatively flat section leading to the glacier. To experience walking on the glacier, we'll descend onto the moraine and walk on the pristine ice. Take your time to relax and appreciate the natural beauty surrounding you.

ACTIVITY

Enjoy lunch at Old House, a charming local restaurant run by a woman who serves delicious regional cuisine. All the staff are local women supporting their families. The food is fantastic, and you'll love the authentic atmosphere in this welcoming setting

ACTIVITY

Enjoy a guided tour of Gulmit Old House, renowned for its intricately carved doors and windows. Over six centuries old, it showcases the heritage of the Gojal Valley, where most residents speak Wakhi and belong to the Shia Ismaili sect. The house features ancient artifacts, including bronze utensils and traditional clothing, displayed in a museum on the ground floor. The double-story structure is built from stone, mud, and wood, reflecting the region's rich cultural history. The renovation of the house was funded by the woman-owned Old House Cafe, and the Old House was in fact the owners family home before serving as an important piece of Pakistani cultural heritage.

ACTIVITY

Visit the Korgah Carpet Centre, which aims to empower women in Hunza through traditional carpet weaving. Located in a 400-year-old Wakhi house, the centre features engraved wooden pillars, a bukhari stove for heating and cooking and floors covered in yak hair sharmas. Engage with the women entrepreneurs working there, who will share their inspiring stories. Experience the process of making traditional woolen caps, where everyone can try on caps and adjust them to fit their heads perfectly and keep the cap you create as a memorable keepsake.

Private Vehicle

Karīmābād - Passu

1h30m

69km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Passu - Karīmābād

1h15m-1h30m

57km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 7

Karimabad Hunza

Enjoy a leisurely day in Karimabad, with the option to relax, explore cultural landmarks such as Baltit Fort, or embark on an exhilarating jeep safari to Kho Meadows. In the afternoon, reconvene with your CEO and fellow travelers for a guided hike from the Karimabad Bazaar to Baltit Fort. Along the way, pass by charming handicraft shops and local settlements. Upon reaching the fort, you may opt to purchase a ticket for a guided tour or explore independently, capturing artistic photographs of the breathtaking scenery. In the evening, consider joining your CEO for dinner at the Karimabad Bazaar.



Meals included

Breakfast



Accommodation

Hunza Darbar Hotel (or similar)

Hotel



Today's Activities

Free Time

Karimabad

Enjoy a free day to explore Karimabad Hunza.

Baltit Fort Hike

Karimabad

Hike to the Baltit fort from Karimabad Bazaar, a 20-minute walk through charming old settlements and handicraft shops. The fort offers stunning views of the valley and Khun (settlement). If you're interested, you can opt for a guided tour of the fort by purchasing tickets on-site.



Optional Activities - Day 7

Jeep Safari to Kho Meadows

Karimabad

Spend the day on an epic adventure to the picturesque Koh Meadows. Ride a jeep through the beautiful landscapes and enjoy lunch under the snow capped mountains.

Day 8

Karimabad Hunza

Feel transported back in time with a guided tour of the Ganish Settlement, the earliest settlement along the historic Silk Road. Discover its 400-year-old mosques and ancient watchtowers, rich with history and cultural significance. After the tour, drive to Hooper Valley and choose between an easy and a more challenging hike. The easy 20 minute hikes brings you to a beautiful lookout point of the glacier and allows time to relax in this beautiful place. Or choose to do the longer 2 hour hike that allows you to walk on the glacier.



Meals included

Breakfast



Accommodation

Hunza Darbar Hotel (or similar)

Hotel



Today's Activities

Hopper Valley Glacier Hike

Karimabad

Visit Hopper Valley, renowned for its stunning glaciers and beautiful peaks including the Golden Peak and Hopper Glacier. The valley serves as a base camp for treks into the Hispar Muztagh range and is home to Rush Lake, one of the highest alpine lakes in the world.

Choose between two hikes: a scenic 2-hour round trek to Hopper Glacier or a short 20-minute walk to a viewpoint. For the glacier hike, you will descend a steep section, walk on the glacier, and enjoy some leisure time before hiking back to the starting point.

Ganish Settlement Tour

Karimabad

Visit the ancient Ganish settlement on a guided tour that takes you back in time. Derived from the Burushaski word "Genish," meaning gold, Ganish boasts four 300-400-year-old mosques, recognized with a UNESCO Heritage Award in 2002, showcasing its architectural and cultural significance. Serving as one of the original overnight stops on the Silk Road, the settlement is steeped in history and has an incredible story to tell.

Day 9

Karimabad Hunza/ Gilgit

Visit a local host family for the day in Khanabad. Connect with the locals and learn about their daily way of life while cooking a traditional meal. Explore the village with your local hosts, the highlight being the Youth Garden, a local tree plantation project with over 50,000 trees planted by local youth. After the visit, drive to Gilgit and check into our hotel for the night.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Avari Xpress Hotel Gilgit (or similar)

Hotel



Today's Activities

ACTIVITY

Visit Khanabad Village and receive a traditional welcome by the host family upon arrival. Join our village guide on a walk through the village, sharing insights about their home. Visit the water flour mill, water distribution channel, and the Youth Garden, a tree plantation project with over 50,000 trees planted by local youth. You'll interact with locals, hear stories from the host family, and enjoy a traditional lunch, offering an authentic glimpse into the village's culture and hospitality.

Private Vehicle

Karīmābād - Gilgit

2h30m

96km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 10

Gilgit/ Islamabad

Take a morning flight to Islamabad and drive to Taxila, home to the famous truck art. These fun, decorated trucks represent different ethnic groups, advocate for change or express historical experiences. Discover how Pakistani truck art has become so much more than just making an old vehicle look nicer. Head to the Dharmarajika Stupa, an important Buddhist monastic complex that makes up part of the Taxila ruins. Then visit the Taxila Museum and the collection of ancient artifacts from the historic Taxila Ruins. In the evening, enjoy one last meal together to reflect on an amazing adventure in Pakistan.



Meals included

Breakfast | Lunch



Accommodation

Hotel Hillview Islamabad (or similar)

Hotel



Today's Activities

Plane

Gilgit - Islamabad

1h

277km

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Taxila Museum

Taxila

Visit the Taxila Museum, which houses an extensive collection of Gandharan art. Most artifacts were excavated from the ancient ruins of Taxila, dating back to 600-700 BCE. The museum, opened in 1928, displays over 4,000 objects, including sculptures, coins, and relics representing Buddhist, Hindu, and Jain traditions.

Taxila Truck Art

Taxila

Visit the renowned Truck Art workshops and engage with the local artists. Watch the artists at work, creating vibrant and intricate designs. Meet the shopkeepers as they craft beautiful truck art stickers and explore their souvenir shops. Then sit down for a cup of tea served in a traditional truck art-themed setting.

Dharmarajika Stupa

Taxila

Visit Dharmarajika Stupa, one of the most significant Buddhist relics in South Asia. Built in the 3rd century BCE during the Mauryan Empire by Emperor Ashoka, it was constructed to enshrine relics of the Buddha. The stupa is part of the UNESCO World Heritage Site at Taxila, a major center of Buddhist learning. Dharmarajika's structure includes a large hemispherical dome and surrounding shrines, symbolizing peace and reverence in Buddhist architecture and tradition.

Free Time

Islamabad

Spend your afternoon free in Islamabad.

Day 11

Islamabad

Depart at any time.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

- Your G for Good Moment: Gulmit Old House Cafe, Passu
- Your G for Good Moment: Korgah Carpet Centre, Passu
- Your Welcome Moment: Meet Your CEO and Group
- Your Foodie Moment: Food Street Lahore, Lahore

- Your Foodie Moment: Old House, Gulmit
- Your Local Living Moment: Khanabad Village Visit, Khānābād
- Complimentary Arrival Transfer
- Lahore City tour
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- Dinner at Food Pavilion with Lal Shehzadi
- Baltit & Altit Fort Hikes
- Hopper Valley Glacier Hike
- Ganish Settlement Walking Tour
- Lunch at women-run cafe
- Khanabad Village Experience
- Taxila Truck Art, Museum & archeological sites
- Dharmarajika Stupa
- Taxila Museum

What are the main highlights of this trip?

Wander through archways and along stoned streets in the Walled City of Lahore, Walk on the crystal blue ice of Passu Glacier, Learn about local life in Karimabad Hunza with visits to Gulmit Old House and the Hunza Village Experience.

Itinerary Notes

Please note that the arrival hotel check in time is 2:00 pm onward. If you wish to have your room available earlier, we recommend booking a pre-night.

What are the main highlights of this trip?

Wander through archways and along stoned streets in the Walled City of Lahore, Walk on the crystal blue ice of Passu Glacier, Learn about local life in Karimabad Hunza with visits to Gulmit Old House and the Hunza Village Experience.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

Please note that the arrival hotel check in time is 2:00 pm onward. If you wish to have your room available earlier, we recommend booking a pre-night.

What is the role of the group leader during this trip?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

How large will the group be?

Max 16, avg 12.

What meals are included in this trip?

10 breakfasts, 5 lunches, 4 dinners

What are the modes of transportation on my trip?

Private vehicle, plane, walking.

Where will we stay during the trip?

Hotels (10 nts).

What kind of accommodation can I expect on this trip?

Hotels (10nts)

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or when you arrive up to three days prior to the tour, provided that you have booked your pre-accommodation through G Adventures in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our G Adventures representative will be at the airport to meet you. Our representative will stand at the meeting area of all travel/hotel representatives. It is located approximately 50 meters from the exit doors after luggage check. Our transfer representative will be waiting for you with a G Adventures sign board in hand. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Central Asia:

Mr Laziz Otayarov (Operations Manager - Central Asia)

Mobile 1: +99890 963 4779 (24h)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

PAKISTAN:

If you require a visa to enter Pakistan, you may also need an official Letter Of Invitation (LOI) before you can apply for your Pakistan visa. If you require a Letter of Invitation (LOI) to apply for a Pakistan visa, please fill out & submit the following request [form](#)

We recommend travellers apply for their visa to visit Pakistan 2-3 months prior to departure. If your nationality is applicable to apply for an E-Visa, please apply [here](#)

As part of your visa application, you may be required to ask your sponsor/host for Biometric Verification against your Visa Application ID using PAK ID Mobile App.

If you require this, please contact us on experience@gadventures.com with your Visa Application ID, so G Adventures can process as soon as possible.

VISA INFORMATION:

Please use the start hotel of your tour as a reference for your visa application. Contact us or your travel agent if you need further information.

Please note, when applying for your Pakistan visa, you must declare the following:

- Any recent travel to/from India
- Any dual nationality relating to India
- Any family members of Indian heritage

This may lead to a more thorough review of your visa application where further documentation may be required by the embassy.

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip. ATMs are limited in Pakistan and only available in Lahore & Islamabad. Please ensure you take out sufficient funds to cover you throughout the trip.

Should I be tipping on my trip?

It is customary in Asia to tip service providers such as waiters, at approximately 5-10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers and local guides would range from \$1-\$2 USD per person per day depending on the quality and length of the service. Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$3-\$4 USD per person, per day can be used.

What activities are optional on this trip?

Islamabad

- Melody Food Street

Karīmābād

- Jeep Safari to Kho Meadows

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.