



## **Bolivia to Brazil: Highlands & Coastlines**

31 days, La Paz to Rio de Janeiro

Trip code SBLR

## What's included

- Your G for Good Moment: Jukil Community Experience & Lodge, Santiago de Ajencha
- Your G for Good Moment: Guaraní Community Experience, Puerto Iguazú
- Your G for Good Moment: Favela Experience, Rio de Janeiro
- Your Welcome Moment: Meet Your CEO and Group
- Your First Night Out Moment: Connect With New Friends
- Your Discover Moment: Sucre
- Your Discover Moment: Salta
- Your Discover Moment: Buenos Aires
- Your Discover Moment: Paraty
- Your Discover Moment: Ilha Grande
- Your Discover Moment: Rio de Janeiro
- 4x4 excursion to the Salar de Uyuni and surrounding area (3 days)
- Activities while at the estancia in Uruguay
- Entrance and visit to the Argentine sides of Iguassu Falls
- Transportation between destinations and included activities
- Internal flight
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 30th, 2025 - December 31st, 2026

# Itinerary



## Itinerary Notes

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## La Paz

Arrive at any time. Catch your breath before heading out for a few cold ones near the hotel with your fellow travellers. Get to know each other as you prepare for the adventure of a lifetime.

Please note if you choose to pre-book the Death Road Biking Adventure on day 1 of your tour, you will need to book a pre-night in order to participate in this activity as it starts at 6AM.



### Accommodation

Golden Palace La Paz Hotel (or similar)

Hotel



### Today's Activities

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

#### ACTIVITY

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.



### Optional Activities - Day 1

Death Road Biking Adventure

La Paz

Get your adrenaline pumping as you soar down the 'world's most dangerous road.' Start high up in the Andes at 4,700m (15,420 ft) and wind your way down this steep, narrow road on the mountainside into the depths of the Bolivian jungle. This is not one for the faint of heart, adrenaline junkies only!

Please note that the entrance fee of 53 Bolivianos (not included in this activity) must be paid directly to the National Park prior to biking, only local currency is accepted. We are unable to pre-pay this fee in advance, due to the park policy.

Should you choose to pre-book the Death Road Biking Adventure on day 1 of your tour, you will need to book a pre-night in order to participate in this activity.

Day 2

## La Paz/Sucre

Get to know La Paz with a free day to wander through the city's winding streets and vibrant markets before boarding a night bus to Sucre.



### Meals included

Breakfast



### Accommodation

Hotel Independencia (or similar)

Hotel



### Today's Activities

Free Time

La Paz

Get out and explore this high altitude city.

Overnight Bus

La Paz - Sucre

14h

416km

Curl up and catch a snooze en route to the next stop.



### Optional Activities - Day 2

La Paz City Tour

La Paz

35USD

Explore the city on a guided tour. Check out stunning cathedrals, impressive museums, and lively markets, learning more about the history of this fascinating city. Look for majestic Mt Illimani in the background.

Valley of the Moon Tour

La Paz

15USD

Tour the lunar landscape of the Valley of the Moon, observe the clay formations carved into the landscape by years of erosion.

Witches' Market Visit

La Paz

Learn more about the pre-Columbian Aymara beliefs at the Witches' Market. You can witness locals buying products such as dried frogs, potions, and talismans for use in rituals and offerings.

Day 3

## Sucre

Discover the beauty of Sucre, known as Bolivia's "White City" at your own pace with a free day to explore. Set in a valley surrounded by mountains, you can choose to go hiking or mountain biking to admire this city from a different point of view.

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### Accommodation

Hotel Independencia (or similar)

Hotel

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### Today's Activities

Free Time

Sucre

Get out and explore beautiful tranquil Sucre.

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### Optional Activities - Day 3

Sunday Tarabuco Market

Sucre

40USD

On a Sunday morning, the Tarabuco market offers a glimpse into daily Bolivian life and the diversity of its people. Where indigenous groups from the surrounding area gather on Sundays to sell their goods.

Hiking

Sucre

Head out of town, take in some fresh air, and explore this scenic area by foot.

Mountain Biking

Sucre

Take a guided mountain biking trip on the outskirts of Sucre and explore more of this beautiful region.

Rewilding Yampara: Walks Through Culture and Forest

Sucre

Begin in Bolivia's capital and cultural heritage hub, Sucre. Then, travel to the Yampara Indigenous community of Pisily, located in the rural highlands near Tarabuco. The Yampara are one of the country's oldest Andean peoples, known for their deep agricultural knowledge, ancestral weaving, and their strong relationship with the land. Hosted by a local indigenous family, the group will engage in seasonal agroecological activities, learn about sustainable practices within Andean farming, and hike

through one of the largest native Polylepis forest in Chuquisaca. You'll come away from this G Adventures-supported community initiative with deeper insight into the worldview of the Yampara, their climate resilience, and food sovereignty. Finish off the experience with a traditional apthapi, a communal Andean meal featuring foods like native potatoes, quinoa, wild mushrooms, and seasonal vegetables. More than just a meal, the apthapi represents abundance, hospitality, and a shared celebration between the local community and travellers.

Sucre Dinosaur Tracks Excursion

Sucre

Get ready to get up close and personal with the prehistoric times: Sucre is home to one of the world's largest collections of dinosaur footprints made some 68 million years ago. Discover more than 5,000 footprints perfectly preserved footprints in the Cal Orck'o cliff just outside the city centre. See the world's longest trail -- 347m (1138 ft) -- left by a baby Tyrannosaurus Rex now affectionately known as 'Johnny Walker'.

Day 4

## Sucre

One day in Sucre isn't enough, so take another free day to explore! Try optional activities such as hiking, mountain biking, a visit to the Textile Cooperative, or get up close and personal with real dinosaur tracks.



### Meals included

Breakfast



### Accommodation

Hotel Independencia (or similar)

Hotel



### Optional Activities - Day 4

Sucre Dinosaur Tracks Excursion

Sucre

Get ready to get up close and personal with the prehistoric times: Sucre is home to one of the world's largest collections of dinosaur footprints made some 68 million years ago. Discover more than 5,000 footprints perfectly preserved footprints in the Cal Orck'o cliff just outside the city centre. See the world's longest trail -- 347m (1138 ft) -- left by a baby Tyrannosaurus Rex now affectionately known as 'Johnny Walker'.

Sunday Tarabuco Market

Sucre

40USD

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Hiking

Sucre

Head out of town, take in some fresh air, and explore this scenic area by foot.

Mountain Biking

Sucre

Take a guided mountain biking trip on the outskirts of Sucre and explore more of this beautiful region.

Day 5

## Sucre/Potosí

Venture south to Potosí, the highest city of its size in the world.

Staying in the Bolivian highlands, we travel south to the city of Potosí. The highest city of its size in the world, this UNESCO World Heritage Site has had a tumultuous history as a silver mining centre during colonial times.

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### Meals included

Breakfast

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### Accommodation

Hotel Gran Libertador (or similar)

Hotel

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### Today's Activities

Local Bus

Sucre - Potosí

2h30m

Climb aboard, grab a seat, and enjoy the ride.

Day 6

## Potosí

Get out and explore Potosí on a free day. Choose to take an excursion to the Potosí Mines led by former miners, visit the Casa de la Moneda or wander the streets and visit the local market.

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### Meals included

Breakfast

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### Accommodation

Hotel Gran Libertador (or similar)

Hotel

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### Today's Activities

Free Time

Potosí

Get out there and explore.

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### Optional Activities - Day 6

Potosí Mine Visit

Potosí

Visit the inside of Potosí's historic mines on a eye-opening tour guided exclusively by former miners. They will share their stories firsthand about life underground. This is the only experience in the region guided entirely by former minders who have pursued toursim as a way to build a safer and healthier alternative to life beneath the surface. Visit the miners' market, an ore processing plant, and walk through the tunnels of Cerro Rico, an iconic mountain in global history. As you go, learn more about the cultural and historical significance of mining in Bolivia, and how important it was in fueling the global economy. This activity is the perfect way to enjoy a G Adventures-supported, community-led experience aiding local efforts towards education and safety around this important piece of Bolivian history.

Bring a bandana and wear protective gear (boots, helmet and headlamp) as you head deep into the bowels of Cerro Rico (Rich Hill).

Please note there is an optional add-on to this activity. It's recommended to consider visiting the Royal Mint Museum to complete the story. Ask your CEO for more information.

Day 7

## Potosí/Uyuni

It's off to Uyuni today. Breathe in the beautiful scenery while relaxing in a private vehicle. Take it easy today because your next adventure is right around the corner!



### Meals included

Breakfast



### Accommodation

Hotel Samay Wasi (or similar)

Hotel



### Today's Activities

Private Vehicle

Potosí - Uyuni

4h

Settle in and scan the scenery from the convenience of a private vehicle.

## Uyuni/Salt Flats and Desert Crossing

Embark on a three-day 4x4 excursion to the Salar de Uyuni. Get your camera ready because the endless white of the salt flats creates the perfect backdrop for mindbending photo ops. Settle in to your G Adventures-supported community salt-brick bungalow – complete with salt floors and salt furniture, and enjoy a delicious dinner prepared with local ingredients.

Note: During the rainy season, the locations visited may change due to some routes being covered by water.

We offer unique accommodation on the Salar de Uyuni. Instead of very basic refuges and homestays most operators use, we have upgraded to simple hotels that are equipped with solar panels to provide electricity and hot water. Rooms are multi-share and each has a private bathroom. Meals are made from local ingredients, most of which are grown on-site.



### Meals included

Breakfast | Dinner



### Accommodation

Jukil Lodge (or similar)

Hotel



### Today's Activities

4x4

Uyuni - Salt Flats

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

Salt Flats and Desert Crossing Excursion

Salt Flats

Spend three days in the stunning landscape between the Salar de Uyuni and the Atacama Desert in Chile. Enter a world unlike anything else as we drive across the salt flats; the piercing blue sky contrasts against the blinding white of the flat salt beds. Take memorable photos of the unusual landscape complete with mountains and active volcanoes. Visit the coloured lagoon of Laguna Colorada and enjoy the uniqueness of this region.

## ACTIVITY

Visit the Santiago de Agencha community, located two hours across the salt flats from Uyuni, a rural village surrounded by towering cacti and part of a small desert oasis. The community-owned salt lodge was renovated and expanded through a major project in 2016 funded by G Adventures' foundation, Planeterra. With many of the village's younger residences fleeing for economic opportunities, this lodge is seen by the community as a way to rescue their indigenous culture and provide opportunities for the future. Learn about their traditional agricultural practices, including their specialization in quinoa production, and take a guided walk with a community member to the sacred Jukil mountaintop for a beautiful view of the village below and the salt flats beyond. Meals of local ingredients grown in the village are prepared by ladies who were provided culinary training through the project. Leave Jukil Community Lodge knowing your visit is creating opportunities for a whole new generation of people in this community to improve their lives, and the lives of their children and grandchildren.

Day 9

## Salt Flats and Desert Crossing

Continue crossing the desert today, admiring the scenery while passing red and blue lagoons and intriguing rock formations along the route. Keep an eye out and you might spot wild llamas, alpacas, and even flamingos deep within the desert.

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### Meals included

Breakfast | Lunch | Dinner

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### Accommodation

Quetana (or similar)

Lodge

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### Today's Activities

Salt Flats and Desert Crossing Excursion

Salt Flats

Spend three days in the stunning landscape between the Salar de Uyuni and the Atacama Desert in Chile. Enter a world unlike anything else as we drive across the salt flats; the piercing blue sky contrasts against the blinding white of the flat salt beds. Take memorable photos of the unusual landscape complete with mountains and active volcanoes. Visit the coloured lagoon of Laguna Colorada and enjoy the uniqueness of this region.

Day 10

## Salt Flats and Desert Crossing /San Pedro de Atacama

Get a head start on your day by rising early to cover more ground on your journey through the unique landscape of the Salar de Uyuni. Soak in the views of unimaginable scenery including volcanoes and salt lakes. Travel to the border then kick back and relax on your descent by bus to San Pedro de Atacama, Chile.



### Meals included

Breakfast | Lunch



### Accommodation

Hostal Puritama (or similar)

Hotel



### Today's Activities

4x4

Salt Flats - Estación Avaroa

1h

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

Border Crossing (Bolivia - Chile)

Hito Cajon

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Local Bus

Hito Cajon - San Pedro de Atacama

1h

Climb aboard, grab a seat, and enjoy the ride.



### Optional Activities - Day 10

Valley of the Moon Visit

San Pedro de Atacama

35000CLP

The sunset brings out a variety of colours over this majestic valley that experts say is the area on Earth that most closely resembles moon's surface. Explore the incredible formations created by wind and rain over millennia in this unique location between the Andes mountains and one of the world's driest deserts.

Day 11

## San Pedro de Atacama

Today is full of possibilities. Explore San Pedro de Atacama on a mountain bike, cruise down the dunes on a sandboard, or chill out in the hot springs. Or visit the Valley of the Moon, an area on Earth that resembles the moon's surface. (How cool is that?)

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### Accommodation

Hostal Puritama (or similar)

Hotel

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### Today's Activities

Free Time

San Pedro de Atacama

Get out and explore the area.



## Optional Activities - Day 11

Observatory Tour

San Pedro de Atacama

50000CLP

Gaze at the impressive desert stars from one of the best places to see them in the world and be guided on a planetary journey with an expert astronomer.

San Pedro de Atacama Hot Springs

San Pedro de Atacama

45000CLP

Relax in large geothermal pools surrounded by stunning desert landscapes and scenery.

Sandboarding

San Pedro de Atacama

45000CLP

Hit the dunes and experience the rush of surfing down.

Valley of the Moon Visit

San Pedro de Atacama

35000CLP

The sunset brings out a variety of colours over this majestic valley that experts say is the area on Earth that most closely resembles moon's surface. Explore the incredible formations created by wind and rain over millennia in this unique location between the Andes mountains and one of the world's driest deserts.

Day 12

## San Pedro de Atacama/Salta

Say "Adios!" to Chile because you're heading to Argentina today. Relax on the bus en route to Salta, home to empanadas salteñas—and no visit to the town is complete without trying them! Unwind at the hotel or liven it up with a visit to a Peña Folklore show to dance the night away and sip delicious Argentine red wine.



### Accommodation

La Candelaria Hotel (or similar)

Hotel



### Today's Activities

Local Bus

San Pedro de Atacama - Salta

10h

Climb aboard, grab a seat, and enjoy the ride.

Only one company operates this route each day and recently one of these companies has cancelled their services. If travel falls on a day without a bus, then please be aware that travel could be moved to Day 13. This means you would have 3 nights in San Pedro and one night in Salta.

Border Crossing (Chile - Argentina)

Paso de Jama

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.



### Optional Activities - Day 12

Peña Folklore Show

Salta

7000ARS

Enjoy a combination of local musical, dancing, wine and food at a peñas folklóricas. The performances can take place in restaurants, open-air squares or music halls and are usually very casual. While dancing the chacarera or zamba, any guitarist can jump on stage or start to sing. Dance the night away, try some delicious Argentine red wine and enjoy the great music.

Day 13

## Salta

Tantalize your tastebuds with the local cuisine today as you explore freely. Choose to saddle up and admire the scenery on horseback. Or, if you'd prefer, take a visit to the town of Cafayate to roam vineyards and sample some of the white wine produced at insanely high altitudes.



### Meals included

Breakfast



### Accommodation

La Candelaria Hotel (or similar)

Hotel



### Optional Activities - Day 13

Quebrada de las Conchas

Salta

Wind your way through valleys to the impressive layered red rock walls of the Quebrada de las Conchas, carved into high walls over time by the Las Conchas River. This is a spectacular sight, so be sure to take a few photos.

Cafayate Full Day Tour

Salta

35USD

Travel along beautiful valleys and stop by the Quebrada de las Conchas, a beautiful red rock gorge with unique shapes eroded into its walls by wind and water. Continue on to the town of Cafayate, home to several vineyards and wineries that produce the torrontes grape. Be sure to sample some of this white wine that is produced at remarkably high altitudes. Salud!

Museum of High Altitude Archeology

Salta

8000ARS

The Museum of High Altitude Archeology offers a peek into Inca culture in the Andes, with a focus on child sacrifices. The mummified remains of one such sacrifice is on display in the museum.

Horseback Riding and BBQ

Salta

75USD

Admire the scenery while your ride slowly carries you across hills and along trails in the countryside.

Day 14

## Salta/Buenos Aires

Skip the long bus journey with a quick flight to Buenos Aires. Spend the afternoon exploring the city. Cruise around on a bike with a local or dine on a traditional Argentine meal while experiencing the art of the tango.

Opt to pre-book the "Buenos Aires Tango Experience" on the checkout page ahead of time to include it on your tour.



### Meals included

Breakfast



### Accommodation

Milhouse Avenue Hostal (or similar)

Hotel



### Today's Activities

Plane

Salta - Buenos Aires

5h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Free Time

Buenos Aires

Get out and explore beautiful Buenos Aires.



### Optional Activities - Day 14

Teatro Colón Tour

Buenos Aires

25USD

Explore this stunning opera house on a guided tour and find out why it is voted one of the best acoustic venues in the world.

Tango Dinner Show

Buenos Aires

Discover the passion of tango. Watch the pros step and slide around the dance floor while you dine on a traditional Argentine dinner. Get lost in the music, savour the sensuality, and see why this traditional dance continues to ignite the senses of locals and visitors alike.

Buenos Aires Guided City Tour

Buenos Aires

Enjoy a guided tour exploring beautiful, vibrant Buenos Aires. Be introduced to historic sites and districts, including Plaza de Mayo where Eva Peron's famed balcony presides over the square. See La Boca and San Telmo's colourful street life, painted houses, and the famed Recoleta Cemetery.

Day 15

## Buenos Aires

Head out and explore the buzzing metropolis of Buenos Aires on a free day. A great city for walking, see the iconic obelisk, wander the pedestrian streets and visit the main Plaza de Mayo with its pink government palace before stopping for a coffee on a patio at one of the many cafes along the way.

Get out and explore. Consider visiting the districts of La Boca, Recoleta, and San Telmo or catch a tango show at one of the many famous tanguerías. Pre book an optional city bike tour, and get a local's eye view of your surroundings! Wander the pedestrian walkways and see some dancing in the streets.

Today, new travellers may join you for the rest of your adventure. You are welcome to join them at a group meeting this evening, followed by an optional dinner.



### Accommodation

Milhouse Avenue Hostal (or similar)

Hotel



### Today's Activities

Free Time

Buenos Aires

Get out and explore!



### Optional Activities - Day 15

Teatro Colón Tour

Buenos Aires

25USD

Explore this stunning opera house on a guided tour and find out why it is voted one of the best acoustic venues in the world.

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Discover the passion of tango. Watch the pros step and slide around the dance floor while you dine on a traditional Argentine dinner. Get lost in the music, savour the sensuality, and see why this traditional dance continues to ignite the senses of locals and visitors alike.

### La Boca Neighbourhood Visit

Buenos Aires

10USD

Visit La Boca to soak in the vibrancy of the barrio's brightly coloured buildings and El Caminito (a cobblestone street lined with artist studios that's often used as an impromptu setting for tango performances). Or, if lucky, catch a match at fabled La Bombonera, the home stadium of the Boca Juniors' fútbol club (the crowd's excitement is electric!).

### Buenos Aires Guided City Tour

Buenos Aires

Enjoy a guided tour exploring beautiful, vibrant Buenos Aires. Be introduced to historic sites and districts, including Plaza de Mayo where Eva Peron's famed balcony presides over the square. See La Boca and San Telmo's colourful street life, painted houses, and the famed Recoleta Cemetery.

### Buenos Aires Bike Tour

Buenos Aires

Experience this vibrant city cruising around on a bicycle with a local Argentine. Bike, helmet, knowledgeable tour guide, they've got it all taken care of, just come along for the ride and take in the many historical sights on offer. Discover Plaza de Mayo, San Telmo, colourful Caminito, and the working class neighbourhoods where Tango was born.

Meeting place: Cerrito 1128

Please note the bike tour begins at 10 AM. We advise booking a pre-night in order to arrive on time for this pre-sold optional activity. If you choose to arrive the day of the bike tour, please ensure your flight lands no later than 8 AM to ensure enough time to make it to the arrival point.

Explore the "Paris of the Americas," from the hidden patios of trendy Palermo to bohemian vibes in San Telmo this city has something for everyone. Don't miss out! Today is your last chance to experience a guided tour of the city and to immerse yourself in the passion of the tango.

Opt to pre-book the "Buenos Aires Bike Tour" or "Buenos Aires Tango Experience" activities on the checkout page ahead of time to include these optionals on your tour.



## Accommodation

Milhouse Avenue Hostal (or similar)

Hotel



## Optional Activities - Day 16

La Boca Neighbourhood Visit

Buenos Aires

10USD

Visit La Boca to soak in the vibrancy of the barrio's brightly coloured buildings and El Caminito (a cobblestone street lined with artist studios that's often used as an impromptu setting for tango performances). Or, if lucky, catch a match at fabled La Bombonera, the home stadium of the Boca Juniors' fútbol club (the crowd's excitement is electric!).

Buenos Aires Guided City Tour

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Buenos Aires Tango Show

Buenos Aires

Let professional dancers enchant you with this passionate dance. Once banned for its sensuality, tango is now an icon of Buenos Aires and a must-see when visiting this vibrant city. Enjoy a delicious multi-course meal paired with Argentine wine while taking it all in.

Buenos Aires Bike Tour

Buenos Aires

Experience this vibrant city cruising around on a bicycle with a local Argentine. Bike, helmet, knowledgeable tour guide, they've got it all taken care of, just come along for the ride and take in the many historical sights on offer. Discover Plaza de Mayo, San Telmo, colourful Caminito, and the working class neighbourhoods where Tango was born.

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Day 17

## Buenos Aires/Colonia

Hop aboard a ferry and cruise across the Río de la Plata to Colonia, Uruguay. Wander through the colourful streets of this quaint seaside retreat on an orientation walk before free time to explore (and relax!) at your own speed.

In high season, accommodation may be multi-share.



### Accommodation

Royal Hotel (or similar)

Hotel



### Today's Activities

Ferry

Buenos Aires - Colonia del Sacramento

1h

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Border Crossing (Argentina - Uruguay)

Buenos Aires - Colonia La Concordia

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Orientation With CEO

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Free Time

Colonia del Sacramento

Get out and explore quaint Colonia.



### Optional Activities - Day 17

Golf Cart Rental

Colonia La Concordia

50USD

Rent golf cart and jostle your way around the Old Town in Colonia.

Day 18

## Colonia/Montevideo

Your journey continues in the morning as you travel from Colonia to Montevideo. The afternoon is yours for the taking – so explore as you wish! You can wander through the vibrant streets of old town searching for street art or visit an iconic soccer stadium that was host to the first World Cup. Hungry? Bring your appetite to Port Market where you will find an endless bounty of delicious meats. (And fruits and veggies, too.)



### Meals included

Breakfast



### Accommodation

Dazzler Hotel Montevideo (or similar)

Hotel



### Today's Activities

Local Bus

Colonia del Sacramento - Montevideo

2h30m-3h

177km

Climb aboard, grab a seat, and enjoy the ride.

Free Time

Montevideo

Explore Montevideo, spend the afternoon cruising along the coast on a bike, visiting the iconic soccer stadium, or search for street art in the old town.



### Optional Activities - Day 18

Museo del Carnaval

Montevideo

150UYU

Step inside the Carnival Museum and learn the history behind Montevideo's 40-day celebration filled with costumes, masks, music and more. Located near the port market, colourful exhibits trace the evolution of this festival from the 18th Century masters who allowed their slaves one day to celebrate their African culture. Candome music – merging African and Uruguayan drum rhythms – is one result.

Port Market

Montevideo

Meat. Meat. Meat. Oh, and you'll also find fruits and vegetables, leather goods, spices and souvenirs. Inaugurated in 1868, the historic Port Market comes alive at mealtimes with the smoky smells of grilled steak, chorizo, pork and chicken. Bring an appetite and savour the sights and tastes of this meeting place in Montevideo. Outside, enjoy the rhythms of the Afro-Uruguayan "candombe" drums and dance along if you dare.

Viven Museum (Museo Andes 1972)

Montevideo

Learn more about the fascinating story of the famous plane crash carrying a Uruguayan rugby team and how 16 of the passengers survived for 72 days in extraordinary circumstances.

Candombe

Montevideo

Experience the UNESCO recognized, Candombe. Originating originally from slavery in Uruguay, slaves would gather to perform drum and dance performances, practiced largely today as an apology for times past, this unique performance is worth a watch.

Cycle the Coast

Montevideo

1000UYU

Rent some wheels and head to the Rambla. This 22km (13.6 m) long avenue runs along the water and is great for cycling, running and enjoying the views. Head east from Punta Carretas to the city's scenic suburbs. Bring water and snacks, slather on the sunscreen and enjoy the journey.

Estadio Centenario Visit

Montevideo

400UYU

Pull on your jersey and don your cleats to channel your inner football (soccer) player in Montevideo's Centenario Stadium. Built to host the 1930 FIFA World Cup, and to commemorate the country's first constitution, it continues to host Uruguay's national team (who maintain a winning record against visiting European players). A parade of pop stars, including Rod Stewart, Bryan Adams, Enrique Iglesias and Luciano Pavarotti have also performed here.

Day 19

## Montevideo

Wake up ready to take on another day in Montevideo. Hop on a bike and cruise down the Rambla, soaking up sun and gorgeous views from this coastline avenue. Take a day trip to glamorous Punta del Este to admire the upscale neighbourhoods and gardens. Or if you prefer to relax today, kick back and chill in the park like a local.

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### Meals included

Breakfast

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### Accommodation

Dazzler Hotel Montevideo (or similar)

Hotel

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### Today's Activities

Free Time

Montevideo

Take as much time as you'd like to explore Montevideo.



## Optional Activities - Day 19

Cycle the Coast

Montevideo

1000UYU

Rent some wheels and head to the Rambla. This 22km (13.6 m) long avenue runs along the water and is great for cycling, running and enjoying the views. Head east from Punta Carretas to the city's scenic suburbs. Bring water and snacks, slather on the sunscreen and enjoy the journey.

Day Trip to Punta del Este

Punta del Este

55USD

Take a two hour road trip to Punta del Este, South America's "Monaco". Visit upscale neighbourhoods to see colourful homes and gorgeous gardens. Head to Playa Brava, watch surfers and take photos of the famous "Fingers" sculpture which shows a giant hand protruding from the sand. Check out Playa Mansa on the calm side of the peninsula, then visit Casa Pueblo, a Mediterranean-styled villa, museum and art gallery designed by local painter/sculptor Carlos Páez Vilaró.

Day 20

## Montevideo/Estancia Stay

Today, let the scenery of picturesque settlements and pastures guide you to Mercedes, your last Uruguayan stop at a local ranch, known in this region as an estancia.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Estancia El Copihue (or similar)

Estancia



### Today's Activities

Private Vehicle

Montevideo - Mercedes

4h

250km

Settle in and scan the scenery from the convenience of a private vehicle.

Please note: Private van is used for groups of seven or more passengers. For groups smaller than seven, a public bus from Montevideo to Mercedes (3 hours) will be taken and then private van (less than an hour).

Estancia Stay

Mercedes

Live like a local Gaucho as you experience life on a Uruguayan working ranch in the region of Estancia. Set out on walks through the countryside, enjoy an easy horseback ride through the gorgeous scenery, and appreciate unforgettable sunsets. Learn about the area's history, sit down for a delicious traditional barbecue, and learn how to cook empanadas. All meals are included during your time here and there will be a farewell bonfire before the group departs for the next stop.

Live like a local today as you experience life on an Uruguayan ranch. Walk through the serene countryside, learn how to make empanadas, and enjoy horseback riding with amazing views. End your estancia stay in the best way possible – with a local barbecue.

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### **Meals included**

Breakfast | Lunch | Dinner

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### **Accommodation**

Estancia El Copihue (or similar)

Estancia

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### **Today's Activities**

Free Time

Mercedes

Participate in as much or as little as you'd like at the estancia. Dive in and help out or put your feet up.

Estancia Stay

Mercedes

Live like a local Gaucho as you experience life on a Uruguayan working ranch in the region of Estancia. Set out on walks through the countryside, enjoy an easy horseback ride through the gorgeous scenery, and appreciate unforgettable sunsets. Learn about the area's history, sit down for a delicious traditional barbecue, and learn how to cook empanadas. All meals are included during your time here and there will be a farewell bonfire before the group departs for the next stop.

Day 22

## Estancia Stay/Iguassu Falls

Cross the border into Gualeguaychu in Argentina today. Unwind, relax and reflect on your travels as you begin your overnight journey to Iguassu Falls.

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### Meals included

Breakfast

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### Today's Activities

Border Crossing (Uruguay - Argentina)

Fray Bentos - Gualeguaychú

1h

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Overnight Bus

Mercedes - Puerto Iguazú

16h-18h

868km

Curl up and catch a snooze en route to the next stop.

Get ready for a long journey. Bring snacks, water, toilet paper and hand sanitizer.

Welcome to Iguassu Falls where your next adventure awaits. Arrive to Puerto Iguazú in the morning after your overnight bus ride and enjoy a unique visit to the G Adventures-supported Jasy Pora community in the lush Misiones rainforest region. Guided by a local expert you will learn more about this Indigenous community as well as their harmonious relationship to the environment. Afterwards, choose to visit the Brazilian side of the falls and experience unforgettable panoramic views. Reach new heights with the option to take a helicopter ride over the falls, or check out a bird park.



## Accommodation

Hotel Mirantes (or similar)

Hotel



## Today's Activities

### ACTIVITY

Experience a unique visit to the G Adventures-supported Jasy Pora community in the morning. Meaning “Luna Bonita,” this community is located just 20 minutes from the centre of Puerto Iguazú in the area known as Las 600 Hectáreas. The region is home to the native Guaraní communities and Jasy Pora was formed by 20 different families whom are opening their doors to share culture and knowledge with travellers. The aim is to preserve their heritage and create employment opportunities for future generations. Historically nomadic, the Guaraní community of Argentina has adapted to modern challenges while still protecting their ancestral lands. Your visit has a meaningful impact and helps to foster pride and ensure the preservation of their heritage. Guided by a local Guaraní expert, the group will explore the lush Misiones rainforest and experience a deeper connection to nature. Learn more about the traditional uses of flora and fauna, the Indigenous language, and the importance of a harmonious relationship with the environment through sustainable practices.

Private Vehicle

Puerto Iguazú – Foz do Iguaçú

1h-1h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Border Crossing (Argentina - Brazil)

Puerto Iguazú – Foz do Iguaçú

1h-3h

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Free Time

Foz do Iguaçu

Get out and explore the area!

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## Optional Activities - Day 23

Itaipú Dam Visit

Iguaçu Falls

106BRL

3h-4h

Prepare to be wowed by this impressive feat of engineering. Voted by the American Society of Civil Engineers as one of the modern Wonders of World, the Itaipú Dam is the largest hydroelectric power plant in the world. Go behind the scenes to see how water from the Paraná River is converted into electricity to power Paraguay and 25% of Brazil.

Iguassu Falls Bird Park Visit

Iguaçu Falls

120BRL

Grab a camera and get up and close and personal with macaws, parrots, parakeets, and 150 other species of birds. Located on the Brazilian side of Iguassu Falls, the bird park is on 12 acres of native subtropical forest. Enter a huge aviary to see the birds free from cages and nets. Check out other exhibits to view butterflies, alligators, and snakes (boas and anacondas).

Iguassu Falls (Brazil Side) Guided Tour

Foz do Iguaçu

2h30m-3h30m

Visit the Brazil side of the falls to get a panoramic view of Iguaçu, one of the world's largest and most impressive waterfalls. In total, there are over 275 individual falls spread out over 3km (2 mi). Find the best spot to take jaw-dropping photos of this UNESCO World Heritage site.

Day 24

## Iguassu Falls

Enjoy a full day excursion to the breathtaking Argentine side of the falls. Don't forget to take pictures as you wander along paths to experience the falls from each exhilarating vantage point. You can also take a boat tour to see the cascading falls from below.



### Meals included

Breakfast



### Accommodation

Hotel Mirantes (or similar)

Hotel



### Today's Activities

Border Crossing (Brazil - Argentina)

Foz do Iguaçu - Puerto Iguazú

1h30m-2h

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Iguassu Falls Visit

Puerto Iguazú

Spend the whole day on the Argentine side of Iguassu, exploring the paths over the falls or experience the UNESCO World Heritage site from a boat tour. Tours utilize trails and catwalks adapted to the landscape of the area, and walking is easy for all ages; guided tours of the complex are available several times a day.

Border Crossing (Argentina - Brazil)

Puerto Iguazú - Foz do Iguaçu

1h30m-2h

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Day 25

## Iguassu Falls/Paraty

Wheels up! Take a quick flight to São Paulo today then head straight to the coast. Take some time to explore the colonial town of Paraty, then hit the beach.

In high season, accommodation in Paraty may be multi-share.



### Meals included

Breakfast



### Accommodation

Refron du Mar Pousada Paraty (or similar)

Hotel



### Today's Activities

Plane

Foz do Iguaçu - São Paulo

1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Start early to make the most of the day and arrive to Paraty with time to explore.

Shared Van

São Paulo - Paraty

5h-6h

Climb aboard and make friends with your seatmate en route to the next stop.

This drive can sometimes be a bit bumpy if you're prone to motion sickness make sure to bring medication.

Day 26

## Paraty

Do as much or as little as you want today. Go swimming, snorkelling, or explore the islands on a boat tour. Or, simply recharge your batteries by immersing yourself in the laidback vibes of Paraty.

Paraty is a quaint colonial town renowned for its architecture—the pace might be slow but there's a lot to choose from. Considered one of the world's most important examples of Portuguese colonial architecture by UNESCO, the historic centre is a well-preserved national historic monument, and today has been closed to vehicles to preserve its laid-back colonial ambiance.

Opt to pre-book the "Paraty Caipirinha Boat Tour" activity on the checkout page ahead of time to include this optional on your tour.



### Meals included

Breakfast



### Accommodation

Refron du Mar Pousada Paraty (or similar)

Hotel



### Optional Activities - Day 26

4x4 Tour

Paraty

150BRL

6h-7h30m

Hop in the back of a jeep and hang on for this tropical tour. Enter the Serra da Bocaina National Park, visit waterfalls (great for photos and swimming), and step back in time along the Gold Trail road, constructed by African slaves to transport gold mined inland and transported to Paraty port bound for Portugal.

Walking Tour Paraty + cachaça tasting (2hrs)

Paraty

160BRL

Tour a cachaça distillery where sugarcane juice is used to create the most popular distilled spirit in Brazil. If it tastes familiar, that's because it's the main ingredient in a Caipirinha, the country's national cocktail. Often called "Brazilian rum," cachaça is so popular, it's produced by 40,000 micro-companies across the country. The blend from Paraty is sweet and salty; taste the sea as you sip this local liquid.

### Horseback Riding Paraty

Paraty

390BRL

3h-6h

Throw on some long pants, grab the reins and hop up on a well-trained horse. Trail ride through the Atlantic Rainforest in the mountains around Paraty. Cross rivers and follow trails lined with tropical trees. Reach a lookout and see the village and the water below. Stop at a waterfall and jump in! Let the rushing water massage your muscles then hop back on the horses and gallop home.

### Paraty Boat Tour

Paraty

150BRL

Home to hundreds of pristine islands and idyllic white sand beaches it doesn't get much better than the Costa Verde. Cruise up the coast with a caipirinha in one hand and your camera in the other. Stop along the way to swim in the crystal clear waters or to catch a few rays. Snorkeling equipment is provided for those wanting a peek at what is under the water's surface.

### Trindade Day Trip

Trindade

20BRL

Located about 25km (15.5 mi) away from the town of Paraty is the small beach town of Trindade, which can be reached by public transport. Walk along the sandy beach, play in the water and opt to go surfing.

Day 27

## Paraty/Ilha Grande

Continue up the coast today and hop aboard a ferry to where your island paradise awaits.

In high season, accommodation in Ilha Grande may be multi-share.



### Meals included

Breakfast



### Accommodation

Pousada Bugio (or similar)

Guesthouse



### Today's Activities

Local Bus

Paraty - Angra dos Reis

2h

100km

Climb aboard, grab a seat, and enjoy the ride.

Ferry

Angra dos Reis - Ilha Grande

1h30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Free Time

Ilha Grande

You made it to an island paradise! Go explore it.

Day 28

## Ilha Grande

The day is yours to explore Ilha Grande. Break a sweat hiking remote trails to experience jaw dropping views, or choose to relax on a boat tour through turquoise waters to some of the island's most beautiful beaches to swim and snorkel.



### Meals included

Breakfast



### Accommodation

Pousada Bugio (or similar)

Guesthouse



### Optional Activities - Day 28

Canoe with Purpose in Ilha Grande

Ilha Grande

2h-3h

Paddle through the calm, crystal-clear waters of Ilha Grande on a guided outrigger canoe experience, also known as a Hawaiian canoe. Led by local youth instructors from a G Adventures-supported community sailing school, this unique activity blends adventure with environmental awareness and is rooted in the daily life of the locals. Officially, the sport is called Va'a, a traditional Polynesian paddling practice. The Associação Manjubinha offers free environmental and nautical education to local youth. Through sailing, the project empowers children and adolescents from vulnerable families, creating inclusive pathways for personal growth and professional development. As you paddle you will learn about coastal ecosystems, responsible navigation practices, and the social impact of community-led tourism. This canoeing experience offers a meaningful way to connect with the natural beauty of the island and support youth empowerment through sustainable tourism.

Hike to Pico do Papagaio

Ilha Grande

150BRL

6h-7h

Enjoy a guided hike from Abraão to Pico do Papagaio, soaking in the scenery along the way. It will take roughly 4 hours to hike up and about 2 hr to hike back down. The 360 degree views from the top are well worth the effort.

Ilha Grande Boat Excursion

Ilha Grande

130BRL

4h-5h

From the main village of Vila do Abraão, take a boat tour to some of the best beaches around the island. See tropical fish and cool off in the salt spray of the turquoise waters. Stop to swim and snorkel and pinch yourself for being lucky enough to partake in this tropical piece of paradise. Enjoy the scenery while drinking a caipirinha, Brazil's national drink.

Lopes Mendes Hike

Ilha Grande

2h30m-4h

Grab your bathing suit, slip on your walking shoes and take the hike from Abraão to the beautiful beach of Lopes Mendes. Follow a well-marked trail up and down, through forest and past other beaches. Eat Jack fruit picked along the way. Drink water from a natural spring. Listen to howler monkeys. After 2.5-3 hrs, arrive at the stunning Lopes Mendes beach, where the white powder sand squeaks under foot and the rolling green hills provide a stunning contrast to the turquoise water.

Snorkelling Ilha Grande

Ilha Grande

Rent a mask and snorkel, pull on some fins and get set to enter the underwater world of colourful tropical fish, shells and all things seaworthy. November through May is Ilha Grande's best time to snorkel. Hotspots include the Blue Lagoon, Green Lagoon and Abraãzinho Beach. Luxuriate in the warm salt water, look down and, in some cases, see to a depth of 15m (50 ft).

Swimming

Ilha Grande

Free

Dive in and enjoy the beautiful water of this island paradise.

Day 29

## Ilha Grande/Rio de Janeiro

Say goodbye to island life and head north along a dramatic coastal road with sweeping views. Round the cliffs at Vidigal to catch a first glimpse of your next destination and one of the most memorable cities in the world – Rio de Janeiro.



### Meals included

Breakfast



### Accommodation

CabanaCopa Hostel (or similar)

Hotel



### Today's Activities

Ferry

Ilha Grande - Angra dos Reis

1h30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Local Van

Angra dos Reis - Rio de Janeiro

3h-3h30m

Climb aboard, take your seat, and enjoy the ride.

In the morning, explore the favela with a local resident on a G Adventures-supported tour to watch a drumming demonstration, get a Capoeira lesson, and see a whole new perspective of the city. Enjoy a free afternoon to discover all that Rio has to offer.



## Meals included

Breakfast



## Accommodation

CabanaCopa Hostel (or similar)

Hotel



## Today's Activities

### ACTIVITY

Explore dynamic communities and support social enterprises on a tour led by residents of the Vidigal favela. Participate in a Capoeira session, visit an innovative community green space, and purchase unique handicrafts. With support from G Adventures, entrepreneurial organizations and members of the community are connected with people, ideas, and resources from around the world to grow their businesses.



## Optional Activities - Day 30

Rio de Janeiro City Tour

Rio de Janeiro

470BRL

There's so much to see and do in this vibrant city pulsing with passion, music and the waves of the sea. Take a city tour and visit some of Rio's hot spots. Visit the art deco statue of Christ the Redeemer atop Corcovado Mountain, the colourful Lapa Steps and the Rio Cathedral. Ride a cable car to the top of Sugarloaf Mountain and marvel at the magnificent views of the bay, city and beaches beyond.

Day 31

## Rio de Janeiro

Depart at any time.

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### Meals included

Breakfast

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### Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

## What's included

- Your G for Good Moment: Jukil Community Experience & Lodge, Santiago de Ajencha
- Your G for Good Moment: Guaraní Community Experience, Puerto Iguazú
- Your G for Good Moment: Favela Experience, Rio de Janeiro
- Your Welcome Moment: Meet Your CEO and Group
- Your First Night Out Moment: Connect With New Friends
- Your Discover Moment: Sucre
- Your Discover Moment: Salta
- Your Discover Moment: Buenos Aires
- Your Discover Moment: Paraty
- Your Discover Moment: Ilha Grande
- Your Discover Moment: Rio de Janeiro
- 4x4 excursion to the Salar de Uyuni and surrounding area (3 days)
- Activities while at the estancia in Uruguay
- Entrance and visit to the Argentine sides of Iguassu Falls
- Transportation between destinations and included activities
- Internal flight
- All transport between destinations and to/from included activities

## What are the main highlights of this trip?

Discover colonial cities and historic cultures, cross the Salar de Uyuni and surrounding desert altiplano on a 4x4 excursion, witness the stunning scenery and unique culture of northern Argentina, discover Uruguay's rural beauty at a working ranch, marvel at Iguassu Falls, sip caipirinhas on the beach, revel in the energy of Rio de Janeiro.

## Itinerary Notes

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

## What are the main highlights of this trip?

Discover colonial cities and historic cultures, cross the Salar de Uyuni and surrounding desert altiplano on a 4x4 excursion, witness the stunning scenery and unique culture of northern Argentina, discover Uruguay's rural beauty at a working ranch, marvel at Iguassu Falls, sip caipirinhas on the beach, revel in the energy of Rio de Janeiro.

## Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## Are there Itinerary notes?

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

## What important notes should I be aware of before the trip?

### 1. COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

### 2. LUGGAGE

Please Note: Aerolineas Argentinas allows 1 piece of luggage that weighs up to 15kg on internal flights. If luggage is overweight, the airline charges ars 3199 at check-in (approx. 20-25 USD) up to a max of 23 kgs per piece. Luggage over 23 kgs is not allowed for internal flights.

### 3. YELLOW FEVER

It may be required to show a Yellow Fever certificate upon entering the country visited. Please check in with your local health expert for advice on Yellow Fever and other inoculations required for this area.

## What is the group leader like?

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

## How large will the group be?

Max 18, avg 14.

## What meals are included in this trip?

23 breakfasts, 4 lunches, 4 dinners

## What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. On truck trips in Africa, aboard the expedition ship Explorer or our Galapagos yachts, while trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## What are the modes of transportation on my trip?

Local bus, plane, 4x4 truck, minivan, taxi, plane, ferry.

## Are local flights included in the cost of the trip?

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Please Note: Aerolineas Argentinas allows 1 piece of luggage that weighs up to 15kg on internal flights. If luggage is overweight, the airline charges ARS 3199 at check-in (approx. 20-25 USD) up to a max of 23 kgs per piece. Luggage over 23 kgs is not allowed for internal flights.

## **Is there an extra cost for travelling solo?**

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Simple hotels (20 nts, twin and triple-share), hostels (4 nts, multi-share), overnight bus (2 nts), basic hotel/G Adventures-supported community lodge on Salar de Uyuni excursion (2 nts, multi-share), estancia/ranch (2 nts, multi-share).

## **Do any exceptions apply to Rooming or “My Own Room” on my tour?**

Night 2: overnight bus, Nights 8-9: Salar de Uyuni, Nights 14-16: Buenos Aires, Nights 20-21: Estancia, Night 22: overnight bus, Nights 29-30: Rio de Janeiro.

## **What kind of accommodation can I expect on this trip?**

Accommodation will be varied throughout your adventure. Some nights on this tour will be multi-share. This may involve 4-6 group members sharing a room. The majority of accommodation will have shared bathroom facilities.

Where we use multi-share hostels, rooming requests of any kind cannot be taken. For private accommodation please see tours in our Classic Travel Style.

## **What are the joining instructions?**

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650

After hours Emergency number: +51 99 758 2712 (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What should I take on my trip?

Most airlines allow two checked bags and one carry-on per person. To avoid any problems on check-in and with possible excess baggage charges, please consult the airline for specific restrictions. We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage.

Most people automatically assume that the weather is hot in South America, but because of the higher altitude in the Andes, the temperature can feel quite cold, especially at night. It can be very cold in the Andean highlands, temperatures of -10C and lower are frequent around Uyuni and the Altiplano (high plateau). It is best to layer clothes rather than wearing a heavy parka. This allows you to accommodate clothing to varying degrees of temperatures and wet/dry/windy weather conditions.

# What should be on my packing list?

## Available for Rent:

- Sleeping bag (35 BOB per day)

## Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

### **Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

### **Salt Flats:**

- Sleeping bag and liner, 4 season (Also available for rent)
- Warm waterproof jacket

### **Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## **When can I do my laundry on this trip?**

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## **What the visas and entry requirements for my trip?**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

The currency in Argentina is the Argentine Peso (ARS), in Chile the Chilean Peso (CLP), and in Bolivia, the Boliviano (BOB).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Please bear in mind that cost of living in the southern cone countries (Argentina, Brazil, Chile) is much higher than the rest of South America, and in the case of Argentina, more comparable with Europe. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

# What activities are optional on this trip?

## La Paz

- Death Road Biking Adventure
- La Paz City Tour (35USD per person)
- Valley of the Moon Tour (15USD per person)
- Witches' Market Visit

## Sucre

- Sunday Tarabuco Market (40USD per person)
- Hiking
- Mountain Biking
- Rewilding Yampara: Walks Through Culture and Forest
- Sucre Dinosaur Tracks Excursion

## Potosí

- Potosí Mine Visit

## San Pedro de Atacama

- Valley of the Moon Visit (35000CLP per person)
- Observatory Tour (50000CLP per person)
- San Pedro de Atacama Hot Springs (45000CLP per person)
- Sandboarding (45000CLP per person)

## Salta

- Peña Folklore Show (7000ARS per person)
- Quebrada de las Conchas
- Cafayate Full Day Tour (35USD per person)
- Museum of High Altitude Archeology (8000ARS per person)
- Horseback Riding and BBQ (75USD per person)

## Buenos Aires

- Teatro Colón Tour (25USD per person)
- Tango Dinner Show
- Buenos Aires Guided City Tour
- La Boca Neighbourhood Visit (10USD per person)
- Buenos Aires Bike Tour
- Buenos Aires Tango Show

## Colonia La Concordia

- Golf Cart Rental (50USD per person)

## Montevideo

- Museo del Carnaval (150UYU per person)
- Port Market
- Viven Museum (Museo Andes 1972)
- Candombe
- Cycle the Coast (1000UYU per person)
- Estadio Centenario Visit (400UYU per person)

## Punta del Este

- Day Trip to Punta del Este (55USD per person)

## Iguaçu Falls

- Itaipú Dam Visit (106BRL per person)
- Iguassu Falls Bird Park Visit (120BRL per person)

## Foz do Iguaçu

- Iguassu Falls (Brazil Side) Guided Tour

## Paraty

- 4x4 Tour (150BRL per person)
- Walking Tour Paraty + cachaça tasting (2hrs) (160BRL per person)
- Horseback Riding Paraty (390BRL per person)
- Paraty Boat Tour (150BRL per person)

## Trindade

- Trindade Day Trip (20BRL per person)

## Ilha Grande

- Canoe with Purpose in Ilha Grande
- Hike to Pico do Papagaio (150BRL per person)
- Ilha Grande Boat Excursion (130BRL per person)
- Lopes Mendes Hike
- Snorkelling Ilha Grande
- Swimming (Free)

## Rio de Janeiro

- Rio de Janeiro City Tour (470BRL per person)

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Please note your Adventure travels to high altitude. This is medically defined as anything over 8,000 feet (2,440 meters). Most people can travel to 8,000 feet with minimal effects. However, everyone reacts to altitude differently and altitude sickness can on set with some people irrespective of fitness and age. For details on how to best prepare and what to do in the unlikely event you are effected on your Adventure, please consult your physician.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## What are the trip specific safety considerations?

We recommend that you wear minimal jewelry and that you keep valuable items safely stored.

## **What rules should I know before joining this trip?**

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## **Is travel insurance required for my trip?**

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## **Trip Specific Responsible Travel**

Silver Mines in Potosí

Working conditions for miners were appalling, and a large portion of the indigenous population was decimated. African slaves were brought in to replace the native workers, and it is estimated that as many as eight million indigenous and African people died in the mines during the first three centuries of Spanish colonial rule. Unfortunately little has changed throughout time and working conditions have remained the same. Although this is not an excursion for everyone, we do recommend a visit as it is an eye-opening experience that gives you a chance to glimpse the realities of life in the Andes in general and more specifically in these mines however we do not condone the working conditions of the mine.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

Minimum age of 18 years for this trip.

## **Are international flights included in this trip?**

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## **What should LGBTQ+ travellers know about safety and travel considerations on this trip?**

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.