



## **Cambodia: Angkor Wat, Koh Rong & The Cardamom Mountains**

9 days, Siem Reap to Phnom Penh

Trip code AOZH

## What's included

- Your G for Good Moment: Dinner at Spoons Restaurant, Siem Reap
- Your Welcome Moment: Meet Your CEO and Group
- Your OMG Day: Sunset Bike Ride or Half-day Tour of Kampong Khleang Floating Village, Siem Reap
- Your Foodie Moment: Cooking Class, Siem Reap
- Complimentary Arrival Transfer
- Welcome Dinner at SPOONS to support at-risk youth
- Angkor Wat sunrise visit
- Free time in Siem Reap
- Cambodian Cooking class
- Kayak & Trek in the Cardamom Mountains
- Free time in Koh Rong
- Waterfall hike & Mangroves Kayak Excursion in Koh Rong
- Tonle Sap River Walk & Dinner
- Remark Tour of Phnom Penh Internal flights
- Tips for all included meals and activities, except for the CEO and portorage
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing March 27th, 2026 and onwards

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Siem Reap: Welcome to the Community

Your chariot awaits. So, it's not technically a chariot, it's a tuk-tuk. But not any tuk-tuk. Your drivers are women from the Lady Tuk-Tuk drivers cooperative. This group was founded to provide women in Siem Reap the opportunity to earn an income and support themselves, their families and their communities. Hop aboard, whizz through Siem Reap en route to another community tourism initiative, Spoons Restaurant. Welcome to Siem Reap, and to Cambodia, we invite you to become part of the community.

Spoons Restaurant hosts your first meal in Cambodia. This restaurant provides vocational training for young people in the service industry, while of course, serving up delicious specialties like Num Kruk, a corn and coconut crisply dumpling, and Steak Lok Lak. Dig in and do good.



### Meals included

Breakfast | Dinner



### Accommodation

Lynnaya Urban River Resort & Spa (or similar)

Resort



### Today's Activities

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

#### ACTIVITY

Sit down for a delicious dinner at Spoons Restaurant, part of SPOONS a Cambodian Organization that works with underprivileged young adults and gives them the opportunity to be self-supporting by providing them with education, training, and employment opportunities in the hospitality industry. Their vision is to create a future where all young adults will have equal opportunities to gain independence and be able to shape their own lives.

It's possible that there is no quicker way to understand a culture than by cooking and eating. Spend the morning in the local market with a chef, smelling and tasting the local ingredients. Continue on to Chreav village just outside of Siem Reap and join the chef in cooking some delicious local dishes. With a full belly, the afternoon is yours to choose between a sunset bike ride from village to village, or a scenic boat tour to Kampong Khleang Floating Village.

Your OMG Day begins with an exclusive cooking experience in Chreav village, just a short tuk-tuk ride outside Siem Reap. In the afternoon you can choose between an exhilarating cycle through small villages, ending just in time to take in a peaceful sunset over the rice paddies with a cold drink. If you are looking to take it a bit easier, hop on a boat ride to the magnificent Tonle Sap. The boat will travel to Kampong Khleang floating village, passing by stilt houses, witnessing daily life and observing the marine flora and fauna along the way.



## Meals included

Breakfast | Lunch



## Accommodation

Lynnaya Urban River Resort & Spa (or similar)

Resort



## Today's Activities

### ACTIVITY

Option 1: Hop on a bike and cycle through the countryside of Siem Reap and enjoy the colours of sunset. Start in the streets of the city before venturing off the beaten path to ride through picturesque villages where you will make brief stops to learn about the livelihoods of the locals. Witness an authentic side of Siem Reap so few visitors get to see. Watch sunset over the palm trees with a cold beverage and a few local snacks. The activity lasts from 2:30pm to 7pm.

Option 2: Enjoy a half-day tour of Kampong Khleang Floating Village with a local guide. The drive time is about an hour to Tonle Sap, the world's second largest freshwater lake. It's here that you will board the boat and travel to the village getting a true sense of daily life on the water. The activity lasts from 2:30pm to 6:30pm.

### ACTIVITY

10km

Set off on an adventure on a Tuk Tuk orientation drive around Siem Reap finishing with a private cooking class at a local's home. Learn about the tips and tricks for preparing Cambodian specialties from your local expert and try your hand at cooking three authentic Khmer dishes. Transfer back to the hotel via Tuk Tuk.

Day 3

## Siem Reap: Sunrise Angkor Wat

The ruins of Angkor Wat stand as a testament to the dynamic history of the Cambodian people. Though they, like all ruined structures, are little by little being reclaimed by the jungle around them, luckily for us they defiantly remain standing ready to be admired. Witness sunrise at Angkor Wat with your fellow travellers and expert guide.

Your new friends from the Lady Tuk-Tuk cooperative greet you again just before sunrise to zoom you to Angkor Wat. Enjoy a magical sunrise over the ruins and then continue on exploring Angkor Thom and Ta Prohm with your local guide. The rest of the afternoon is yours to enjoy a well-deserved bit of rest, or a dip in the pool.



### Meals included

Breakfast



### Accommodation

Lynnaya Urban River Resort & Spa (or similar)

Resort



### Today's Activities

Angkor Wat Sunrise Tour

Angkor Wat

8h

Travel by Tuk Tuk and enjoy a tour of impressive ancient ruins with a local professional guide. Wake early to watch the sun rise over the magnificent Angkor Wat temple. Visit the enigmatic faces of Bayon within the walled city of Angkor Thom, and tour Ta Prohm (aka the "Tomb Raider" temple), which is slowly being swallowed by the jungle.

Free Time

Siem Reap

Spend the afternoon in Siem Reap on your own. Consider a CEO-led visit to the Cambodia War Museum, or the Phare Circus. Dinner will be on your own tonight.

Day 4

## Cardamom Mountains: Into the Jungle

Established in 1993, The Botum Sakur National Park in southern Cambodia, home to the Cardamom Mountains, has been continuously threatened by illegal logging and the poaching of endangered wildlife. The dense jungle of the Cardamoms is one of Asia's seven remaining elephant corridors and is home to gibbons, pangolins and hornbills. This remote and wild place is being protected by an alliance between a number of organizations, and our exclusive stay at Cardamom Tented Camp helps fund the Wildlife Alliance and its partners in protecting this vital piece of our planet.

After a short flight and transfer West, board a small boat to head down the Prek Tachan river. Spot birds overhead as you make the half hour journey to camp. Cardamom Tented Camp is our home for our jungle expedition the next two days, and a homemade Cambodian meal awaits you after settling into your tent. Oh, and don't forget to look up-the nighttime sky here is out of this world. (See what we did there?)



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Cardamom Tented Camp (or similar)

Hotel

Cardamom Tented Camp is a remote camp built at the base of the Cardamom Mountains in Botum Sakur National Park. Safari style canvas tents with en suite bath are dotted along the riverfront.



### Today's Activities

Plane

Siem Reap - Sihanoukville

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

Sihanoukville - Cardamom Tented Camp

3h

162km

Drive from Sihanoukville to the boat launch to catch your small boat to Cardamom Tented Camp. Enjoy an included lunch en route.

Boat

Cardamom Tented Camp

30m

Enjoy a leisurely boat ride from Cardamom Pier to Cardamom Tented Camp for your OMG stay. You will travel along the Preak Tachan river.

Night Safari Boat Tour

Trápéang Rung

2h

Join a night boat safari to spot nocturnal wildlife along the Preak Tachan River.

Day 5

## Cardamom Mountains: Trekking and Kayaking

Waking up in the jungle, in a safari style glamping tent, with the sound of the birds and the monkeys rustling overhead is probably not an experience you associate with Cambodia, but from now on it will be. After a refreshing sleep, it's time to explore the Cardamoms. Kayak downriver first en route to the old ranger station. Trek through the lush forest on old logging trails, crossing streams from time to time. Your local Cambodian guides let you in on the history of this special place while you explore.

After a morning of exploration, return to camp for another home cooked Cambodian meal. The afternoon offers you some much deserved leisure time to enjoy this remote paradise. Swim in the river or kayak the narrow tributaries looking for birdlife.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Cardamom Tented Camp (or similar)

Hotel

Cardamom Tented Camp is a remote camp built at the base of the Cardamom Mountains in Botum Sakur National Park. Safari style canvas tents with en suite bath are dotted along the riverfront.



### Today's Activities

Free Time

Cardamom Tented Camp

Spend a free afternoon enjoying the surroundings of your remote camp. Explore the trails close to camp, swim in the river, or go kayaking in search of wildlife.

Cardamom Kayaking & Trekking

Cardamom Tented Camp

3h30m-4h

2km

Embark on a kayak excursion to the old ranger station before taking to the trails and walking back to camp for lunch.

Length: 2-5km

Duration: 3.5-4 hours

## Koh Rong: Island Paradise

When ancient seafarers first caught sight of Koh Rong's shores, they were captivated by its beauty, naming it after a mythical cave or "shelter" found within its lush, emerald interior. While its white-sand beaches are world-renowned, the island's heart is a thriving dense rainforest with hidden lagoons teeming with tropical birdlife and rare butterflies. Some of Koh Rong remains an untouched paradise, and your time on this island begins with free time to discover the island's energetic towns and sun-drenched coves.

Travel to Koh Rong and explore the island with your CEO in the afternoon. A BBQ seafood dinner is the perfect way to celebrate your first evening on the island.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

You & Me Resort (or similar)

Hotel



### Today's Activities

Speedboat

Sihanoukville - Koh Rong

Enjoy a the boat ride from Sihanoukville to Koh Rong in the Gulf of Thailand.

Free Time

Koh Rong

Free afternoon in Koh Rong.

Private Vehicle

Cardamom Tented Camp - Sihanoukville

2h-3h

157km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

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2h-3h

157km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 7

## Koh Rong: Waterfall Hike & Kayak Exploration

Cambodia shines in this full day exploration of Koh Rong's natural interior and coastal ecosystems. A morning trek leads you through the rainforest, immersing you in the island's vibrant flora and fauna, and in season toward a secluded waterfall. After a break for lunch, the adventure continues with a guided kayaking excursion deep into the quiet, winding mangroves, offering a unique perspective of the island's serene, sheltered waters.

This full day adventure offers plenty of opportunity to enjoy the island paradise that Koh Rong offers. Hike to a beautiful waterfall (in season) followed by professional kayak guides leading an adventure through the mangroves.



### Meals included

Breakfast | Lunch



### Accommodation

You & Me Resort (or similar)

Hotel



### Today's Activities

Koh Rong Waterfall Hike & Mangrove Kayaking Experience

Koh Rong

Start the day with a hike through the island's tropical jungle to a beautiful waterfall when the water is flowing. After a safety briefing enjoy a kayak tour through the mangroves protecting the island of Koh Rong.

Day 8

## Phnom Penh: Remork Rides and the Tonle Sap River

After departing Koh Rong, arrive in Phnom Penh, the City of Four Faces. Nestled on the confluence of the Mekong, Bassac and Tonle Sap rivers, Phnom Penh is the "four faces" where these mighty waterways meet to breathe life into the kingdom. With the traditions of the Khmer Empire blended with a French colonial metropolis, this unique city showcases its vibrant energy while honoring its dark past. Set out on a remork-moto tour - quintessential Cambodian transport, visiting spots like the Royal Palace & Silver Pagoda and Wat Ounalom before a dinner on the Tonle Sap river.

Depart Koh Chang, returning to Cambodia mainland. Drive to Phnom Penh for an exciting evening in the city.



### Meals included

Breakfast | Dinner



### Accommodation

Baitong Hotel & Resort Phnom Penh (or similar)

Hotel



### Today's Activities

Speedboat

Koh Rong - Sihanoukville

Take a speedboat from Koh Rong to the mainland of Cambodia.

Private Vehicle

Sihanoukville - Phnom Penh

Settle in and scan the scenery from the convenience of a private vehicle.

Tonle Sap River Walk and Dinner

Phnom Penh

Hop out of the remork-moto and walk along Tonle Sap River on one of Phnom Penh's most vibrant areas. Our final dinner together will be riverside to enjoy the city's bustling energy and its beautiful nature.

Remork Tour of Phnom Penh

Phnom Penh

Ride in style through the streets on Phnom Penh on the back of a remork, a traditional style tuk tuk. Pass through Independence Monument, Botum Park, the Royal Palace & Silver Pagoda, and Wat Ounalom.

Day 9

## Phnom Penh

Today your adventure comes to an end. We hope you loved visiting Southeast Asia as much as we do! We promise you won't need a vacation after your vacation, but we guarantee you'll be ready for another adventure with G.

Depart at any time.



### Meals included

Breakfast



### Today's Activities

Departure Day

Not ready to leave? Your CEO can help with any onward travel arrangements you require.

## What's included

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## What are the main highlights of this trip?

Watch Angkor Wat's silhouette emerge from the mist at sunrise, Cook Khmer dishes with local women leading the way in a village kitchen, Trek and paddle through the Cardamom Mountains in aid of wildlife preservation, Glamp beneath the jungle canopy in the heart of the Cardamom Mountains, Kayak Koh Rong's crystal waters and end the day with a barbecue on the beach

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## How large will the group be?

Max 12, avg. 10

## What meals are included in this trip?

9 breakfasts, 5 lunches, 5 dinners

## What are the modes of transportation on my trip?

Private vehicle, plane, walking, tuk-tuk, longtail boat, public ferry, kayak.

## Where will we stay during the trip?

Hotels (6nts), Deluxe Tented Camp (2nts).

## Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through G Adventures in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a G Adventures sign, and they will be waiting for you outside the luggage hall. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually at 6pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. Included arrival transfers are provided from the nearest airport to your starting location. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If your call is specifically concerning SAI Airport Transfer complications please call our local G Adventures Transfer provider directly at: +855 92 666 445 or +855 12 893 049 or +855 97 6 677 099

### EMERGENCY CONTACT NUMBERS

After hours emergency number

From outside Thailand +66 92 338 9222

From within Thailand 092 338 9222

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

# What should be on my packing list?

## Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Light Hiking:**

- Hiking boots
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Walking poles

**Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## What are the visas and entry requirements for my trip?

Please note that visas are the responsibility of the individual traveller. The visa requirements for your trip vary depending on where you are from and where you are going. We keep the following information up to date as much as possible, but rules do change. It is important that you check for yourself with the Embassy. Please, keep in mind that all countries require passports valid for at least 6 months from the moment of departure from the country.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Cambodia:

Visas can be obtained in advance from your local embassy or on arrival in Bangkok (if your tour begins in Thailand). You will need at least one full working day to arrange this. You can also obtain your visa at the Cambodian border or Siem Reap Airport for approx. \$30 USD. Please have \*at least\* 2 passport photos with you as well.

If you are arriving into Cambodia by air/plane, please complete the Cambodia e-Arrival form online before arrival.

Complete within 7 days of arrival, even if your visa has already been granted.

For more information and to complete the e-Arrival form, we kindly request the you visit the [Cambodia e-Arrival](#) page.

\*\* please note, the Cambodia E-system may not be available at land borders. If your arrival point is by land, you will be required to fill in a paper form on arrival. \*\*

Information is accurate as of September 1st, 2025.

## What activities are optional on this trip?

- No optional activities

## How old must I be to join this trip?

Minimum age of 18 years for this trip.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

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## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.