



Cape & Dunes Discoverer

12 days, Windhoek to Cape Town

Trip code DNCD

What's included

- Your G for Good Moment: Penduka Village Restaurant & Shop, Windhoek

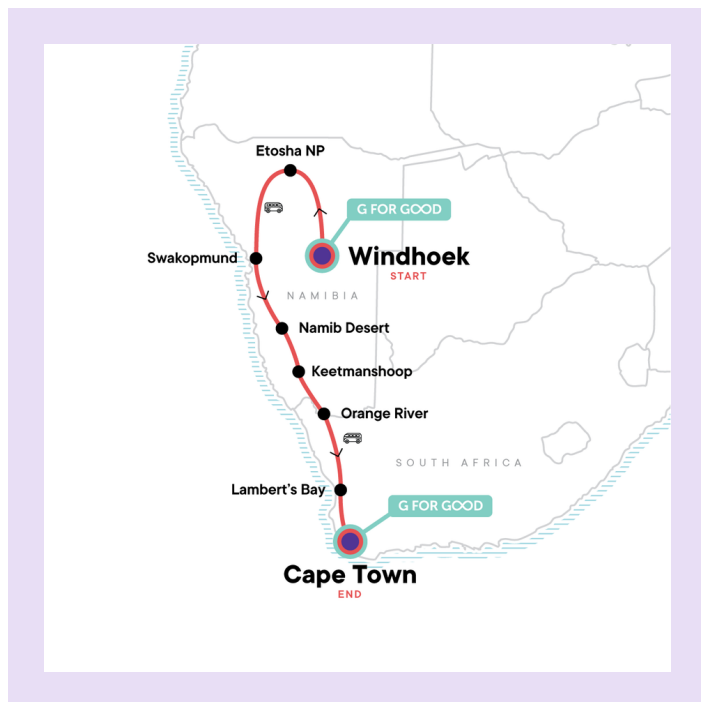
- Your G for Good Moment: !Khwa ttu San Culture and Education Centre, Yzerfontein
- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: Swakopmund
- Etosha National Park entrance with wildlife safari drives in the touring vehicle
- Sossusvlei Dunes and Sesriem Canyon entrance
- Fish River Canyon entrance
- Wine tasting in Lambert's Bay
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing April 1st, 2023 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Windhoek

Arrive at any time.

There are no planned activities until an evening welcome meeting.



Accommodation

Auas City Hotel (or similar)

Hotel



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Visit the G Adventures supported Penduka Village Restaurant & Shop, just outside of Windhoek, to pick up a tasty packed lunch, then continue up to Etosha National Park. Enjoy an afternoon wildlife safari drive in our touring vehicle, then opt to explore more on an open vehicle night drive.

Leave Windhoek and head north through the Namibian countryside to Etosha National Park and enjoy a wildlife safari drive in our touring vehicle. Keep an eye out for lions, giraffes, elephants, and antelopes. After sunset, some animals may head to the watering holes near the campground.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Okaukeujo Restcamp (or similar)

Campground



Today's Activities

Private Vehicle

Windhoek – Etosha National Park

7h30m

450km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Penduka works with women from the Katutura township, and surrounding rural communities, by helping them develop livelihoods through working in their handicraft workshops and cafe. Penduka trains and employs women disadvantaged through poverty, disability, ill-health, or lack of education, empowering them to develop skills in textiles, beading and pottery. Pick up a fresh-packed lunch at the cafe to help support the centre before touring the facilities and purchasing some of these crafts.

Etosha National Park Wildlife Safari Drive

Etosha National Park

Set off into the wilds of Etosha National Park in the touring vehicle for a wildlife safari drive. Over 100 species of mammals call Etosha home, including elephants, giraffes, lions, rhinos, and hyenas.



Optional Activities - Day 2

Etosha Open Vehicle Wildlife Safari Drive

Etosha National Park

1200NAD

Set off in an open 4x4 safari vehicle with a naturalist guide in search of the stunning wildlife in the park. Wildlife often come to the many watering holes to drink, so keep your eyes peeled for many animals on the move.

Day 3

Etosha National Park

Enjoy another wildlife safari drive in our touring vehicle and keep your eyes peeled for some of the famous wildlife.



Meals included

Dinner



Accommodation

Okaukeujo Restcamp (or similar)

Campground



Today's Activities

Etosha National Park Wildlife Safari Drive

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Set off into the wilds of Etosha National Park in the touring vehicle for a wildlife safari drive. Over 100 species of mammals call Etosha home, including elephants, giraffes, lions, rhinos, and hyenas.



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Etosha National Park

1200NAD

Set off in an open 4x4 safari vehicle with a naturalist guide in search of the stunning wildlife in the park. Wildlife often come to the many watering holes to drink, so keep your eyes peeled for many animals on the move.

Sit back and watch the stunning desert landscape go by enroute to western Namibia.

Watch the beautiful desert landscape go by en route to western Namibia.

Spend two nights in the area exploring this historical town or trying some of the numerous activities available, such as sandboarding or a skydiving.

Swakopmund has bizarre lunar landscapes, unforgettable sunsets, and prehistoric Welwitchia plants.



Meals included

Breakfast



Accommodation

Hotel Deutsches Haus (or similar)

Hotel



Today's Activities

Private Vehicle

Etosha National Park - Swakopmund

7h30m

610km

On this route, we pass through a moon landscape and see the imposing Spitzkoppe, also known as the “Matterhorn” of Namibia in the distance.

Spend a day exploring all the area has to offer. Optional activities include sandboarding, skydiving, and a township tour.



Meals included

Breakfast



Accommodation

Hotel Deutsches Haus (or similar)

Hotel



Optional Activities - Day 5

Sandboarding in the Namib Desert

Swakopmund

700NAD

Head out into the desert, grab a board, and surf the sand dunes. Choose to lie down headfirst, or stand up, surfer-style.

Living Desert Tour

Swakopmund

900NAD

2h-2h

Hop into a 4x4 vehicle and set out into the desert. An expert guide will point out signs of animal life and emphasize survival in the harsh desert landscape for both humans and animals.

Skeleton Coast Scenic Flight

Swakopmund

4800NAD

Take in amazing views of bird life, shipwrecks, and one of the largest seal colonies in the world over the northern coastline. On the way back, see Namibia's highest mountain, Damaraland, and the picturesque Spitzkoppe rock formations from above.

Mondesa Township Tour

Swakopmund

750NAD

Explore the back streets and local culture on a guided interpretive walk.

Learn about the history of Swakopmund, its housing and other various topics to get a better understanding of local life. Visit a woman from the Herero ethnic group and also a Nama Medicine

Woman, who will host a 'click' lesson in the local Daman language. Finish at a local pub called a 'shebeen' with the opportunity to try the local bush delicacy of Mopani worms and a drink.

Swakopmund Skydiving

Swakopmund

3h-4h

Buckle up your harness, practice your exit, then take a plane up and over the dunes of the Namib Desert. Take a deep breath, leap out and freefall with an instructor before he opens the parachute. Admire the view over the dunes as you descend and land safely back on the ground. Wow!

Day 6

Swakopmund/Namib Desert

Travel into the beautiful Namib Desert, stopping at Walvis Bay on the way.

Get a real feel for the Namib Desert as we spend hours crossing this empty region.

En route, take a coffee break in Solitaire, a mystical village consisting of a filling station, a general dealer/coffee shop, and a small mechanical workshop. Drive through Walvis Bay, the only town on the Namibian coastline that boasts a deep sea harbor.

Arrive in the area in the late afternoon, where the towering red sand dunes of Sossusvlei form the gateway into the Namib Desert.



Meals included

Breakfast



Accommodation

Sossus Oasis Camp Site (or similar)

Campground



Today's Activities

Private Vehicle

Swakopmund - Namib Desert

6h

260km

Settle in and scan the scenery from the convenience of a private vehicle.

Visit Sossusvlei Dunes and Sesriem Canyon, and climb the towering Dune 45. Opt to visit Deadvlei.

Enjoy a visit to Sossusvlei, a clay pan enclosed by the world's largest sand dunes, up to 300m (984 ft) high. Here, use some free time to enjoy the sand dunes on your own. Visit the Sesriem Canyon, a small canyon typical of the area.



Meals included

Breakfast



Accommodation

Sossus Oasis Camp Site (or similar)

Campground



Today's Activities

Free Time

Namib Desert

Head out and start exploring this unusual environment.

Sossusvlei Dunes Visit

Namib Desert

This area is famous for its high, red sand dunes. This clay and salt pan is surrounded by the dunes, making it a spectacularly beautiful sight with a remote and isolated feel.

Sesriem Canyon Visit

Namib Desert

Enjoy a short stop at Sesriem Canyon, a small canyon typical of the area. The Tsauchab River flows through the canyon every five to ten years, and this creates the nearby salt and clay pan of Sossusvlei.

Continue south through the Namib Desert to Keetmanshoop, enjoying dramatic Namibian landscapes along the way. In the afternoon enjoy a visit to the rare Quiver Tree Forest.



Meals included

Breakfast



Accommodation

Quiver Inn Guesthouse (or similar)

Guesthouse



Today's Activities

Private Vehicle

Namib Desert – Keetmanshoop

8h-9h30m

500km

Settle in and scan the scenery from the convenience of a private vehicle.

Quiver Tree Forest

Keetmanshoop

The Quiver Tree takes its name from its Afrikaans name, Kokerboom, which is a reference to the indigenous San peoples' practice of hollowing out the tubular branches to make quivers for their arrows (they're known as choje in the San language).

All of the trees in the forest are naturally occurring and self-propagating. You'll find young trees growing out of rock crevasses. The oldest trees in the forest are estimated to be between 200 and 300 years old. The unusual micro-ecosystem this forest creates also attracts a surprising abundance of wildlife, most notably a large population of rock hyrax, which hikers will almost certainly find (or hear) scurrying among the rocks.

Early start and visit the geological formation: Giant's Playground. Drive South and later in the day visit the breathtaking Fish River Canyon. Then, continue on to the banks of the Orange River with time to swim or just relax. Enjoy the beautiful scenery in this part of the country.



Meals included

Breakfast



Accommodation

Norotshama River Resort (or similar)

Resort



Today's Activities

Giant's Playground

Keetmanshoop

Close your eyes for a moment and imagine a group of young giants frolicking amongst stone formations. Leaping from pedestal to pedestal and crouching behind the stones during a game of hide and seek. This geological phenomenon is named Giant's Playground because of the way the series of dolerite boulders have been packed as though someone was playing a really over-the-top version of Jenga. Visit this series of formations and a rock maze just outside of Keetmanshoop.

Private Vehicle

Keetmanshoop – Fish River Canyon

2h

150km

Settle in and scan the scenery from the convenience of a private vehicle.

Fish River Canyon Visit

Fish River Canyon

Visit Fish River Canyon, the largest canyon in Africa and, arguably, the second largest in the world. We will only have access to the rim, but the views are spectacular.

Private Vehicle

Fish River Canyon – Orange River

4h

250km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Orange River

Relax on the river bank or go for a swim in one of the longest river in southern Africa.

Cross the border into South Africa and continue down the coast to Lambert's Bay, stopping along the way for an included wine tasting. Then, opt to visit Bird Island or stroll through this charming town.

We head towards the coast again and on to Lambert's Bay, a picturesque town on the west coast of South Africa.

Enjoy an included wine tasting at Lambert's Bay. Learn how to analyze your palates, listen to your taste buds, and how to pair your food with the best wine raised in the foothills of the Cederburg Mountains.

In the afternoon, opt to visit the well known Bird Island where you can find more than 25,000 blue-eyed gannets at certain times of the year. Penguins also gather on this island for breeding between August and October.

Opt to stroll through this lovely town, visiting unique artisan shops and boutiques.



Meals included

Breakfast



Accommodation

Sir Lambert's Guesthouse (or similar)

Guesthouse



Today's Activities

Private Vehicle

Orange River - Lambert's Bay

7h

450km

Settle in and scan the scenery from the convenience of a private vehicle.

Border Crossing (Namibia - South Africa)

Noordoewer - Vioolsdrift

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Lambert's Bay Wine Tasting

Lambert's Bay

Enjoy an included wine tasting at Lambert's Bay. This small coastal town is named after a senior navy officer who championed the principles of conservation as he monitored the marine life here. During the

tasting you will learn how to analyze your palates and listen to your taste buds. You'll learn how to pair your food with the best wine raised in the foothills of the Cederburg Mountains.



Optional Activities - Day 10

Bird Island Visit

Lambert's Bay

40ZAR

Enjoy a visit to aptly-named Bird Island; you can find more than 25,000 blue-eyed gannets at certain times of the year here. Penguins also gather on this island for breeding between August and October.

Continue on the last stretch of the trip to lovely Cape Town. Stop at the G Adventures supported !Khwa ttu San Culture and Education Centre along the way, then get ready to explore the vibrant streets of this scenic coastal city.

While travelling towards Cape Town, through Namaqualand, keep an eye out for fields of Namaqualand daisies (in season August and September).

Cape Town has many different options should you book extra time to explore after the tour.

Visit Table Mountain, explore Cape Point (Cape of Good Hope), or join a wine tour in and around Stellenbosch (45 min drive). Visit the old French Huguenot town of Franschhoek and surroundings (1 hr drive). For the truly adventurous, try skydiving, abseiling, or even cage diving, for a close encounter with the great white sharks.

Opt to wander through the city centre, which has some of the oldest buildings and gardens in South Africa (Botanical Gardens and Parliament Gardens), or visit the Cultural Historical Museum, Planetarium, and numerous other small museums and theaters.

Please note that we arrive in Cape Town in the early afternoon, you might not have time to participate in lengthy activities or see many sights. If you would like to see or do anything, we recommend booking an extra night or two before your return flight home.



Meals included

Breakfast



Accommodation

Cape Diamond Boutique Hotel (or similar)

Hotel



Today's Activities

Private Vehicle

Lambert's Bay - Cape Town

5h30m

350km

Travelling from Lambert's Bay to Cape Town, with a stop along the way at !Khwa ttu San Culture and Education Centre.

ACTIVITY

The San people of Southern Africa have historically faced centuries of political and cultural oppression. The !Khwa ttu San Culture and Education Centre provides tailor-made training for young San women and men of Southern Africa. Travellers learn about San culture and history at the interpretive museum. Visits help trainees gain experience with international clients while garnering support for the centre's efforts to preserve San culture and history.

Depart at any time.

We highly recommend booking post-accommodation to fully enjoy this city.

If you book any optional activities on the final day of your itinerary please contact your sales agent to see if booking a post-night is necessary to participate in the activity.



Meals included

Breakfast



Optional Activities - Day 12

Cape Point Explorer Day Tour

Cape Town

1750ZAR

Enjoy a full day tour along South Africa's breathtaking shoreline, where the Atlantic meets the Indian Ocean. The day begins in the vibrant beachside suburb of Muizenberg, known for its colourful beach huts and surf scene. Then, encounter African penguins at Boulders Beach and head onwards to majestic Cape Point and the historic Cape of Good Hope, offering panoramic views along the southwestern tip of Africa. A delicious lunch is included in this day tour before finishing off the experience with the incredible views along world-renowned Chapman's Peak Drive. Experience the perfect blend of nature, culture, and culinary delights that await just beyond Cape Town.

Urban Explorer Day Tour

Cape Town

1900ZAR

Join this optional experience through Cape Town's vibrant city culture and stunning landscapes. Begin the day in the eclectic neighbourhood of Woodstock, where you'll witness the renowned street art scene alongside a local expert. Then, dive into the community life of Khayelitsha on a guided cycling tour where you'll have the chance to support local business along the route. Mid-day calls for a cruise along the breathtaking Chapman's Peak Drive offering up epic coastal views. Cap off the tour with some time to relax at Muizenberg Beach with its iconic colorful huts. It's an ideal way to truly experience Cape Town.

Overberg Explorer Day Tour

Cape Town

3450ZAR

Enjoy an early pickup in Cape Town and transfer to Gansbaai, a fishing town situated along the western Cape. Here, embark on an exhilarating ocean safari where you'll try to spot marine creatures like whales, dolphins, seals, penguins, and great white sharks. Afterwards, there will be time for an optional lunch in town before continuing onwards to Cape Agulhas and the southernmost tip of Africa. Witness the point where the Atlantic and Indian Oceans meet and explore the historic area before transferring back to Cape Town.

*Please note that this trip is weather-dependent and the itinerary may be adjusted to suit boat departure times and ensure traveller safety.

West Coast Explorer Day Tour

Cape Town

1950ZAR

Enjoy a full-day to discover the region's natural beauty and rich cultural heritage on a West Coast adventure. Start the day with incredible views of Table Mountain from Bloubaai Beach and travel to the serene expanses of the Atlantic Sand Dunes for a full immersion into the iconic landscapes of the area. Then, dive into the history of the San people at the !Kwa ttu San Heritage Centre on a guided tour with lunch. Cap off today's adventure at the West Coast National Park for vibrant wildflower viewing and the tranquil Langebaan lagoon. Soak up a new side of this unforgettable region and simply enjoy the experience.

Sandboarding and San Cultural Explorer Day Tour

Cape Town

3630ZAR

It's adventure first on this optional day tour through some active and cultural highlights of Cape Town. Start with an exhilarating sandboarding activity amid the gorgeous scenery of the Atlantic Dunes. The terrain is perfect for all skill levels. Then, pay a visit to the !Kwa ttu San Heritage Centre where you'll dive into the rich history and traditions of the local San people. Sit down for a delicious lunch here inspired heavily by local recipes, and enjoy a blend of adrenaline and cultural immersion on this memorable outing while in Cape Town.

Sandboarding Half Day Tour - Atlantis Dunes

Cape Town

1400ZAR

Choose to enjoy this epic half-day sandboarding adventure at the Atlantic Dunes on the West Coast. You'll be picked up in Cape Town and will enjoy a scenic drive along the way. Then, learn to glide down some of the highest dunes in the Western Cape and feel the wind rushing through your hair. Afterwards, the group will enjoy some time to explore the expansive dune landscape before returning to Cape Town.

Hout Bay Kayaking Half Day Tour

Cape Town

1500ZAR

Choose to embark on an optional half-day kayaking excursion in the charming coastal town of Hout Bay. The bay boasts a bustling harbour full of colourful fishing boats and lively market stalls, and is nestled between the iconic Sentinel Peak and Chapman's Peak Drive. Explore the harbour for a bit

before a wonderful kayaking experience in the Atlantic Ocean. Paddle through the clear waters and enjoy being surrounded by stunning mountain views and the chance to spot playful seals and dolphins. Head back to Cape Town in the early afternoon after a beautiful coastal half-day getaway.

Table Mountain Cable Car

Table Mountain

420ZAR

1h-2h

Take the five-minute cable car trip to the top of Table Mountain, 1,085m (3,562ft) above Cape Town, and explore the summit. This is a great spot to sit and soak up the commanding 360-degree views of Cape Town, Table Bay, the peaks of surrounding mountains, and the rest of Table Mountain National Park. The operation of the cable car is weather dependent. This activity is self-guided.

Please note that the cable car is closed every year for a 2 week period between July and August for annual maintenance.

Wine Tour and Tasting

Cape Town

1675ZAR

9h-10h

Take a day trip into the wine lands of South Africa with an expert guide. Visit iconic estates and lesser-visited farms only known to locals in the Stellenbosch area. Indulge in tastings and pairings with cheeses, chocolate, and local delicacies such as Biltong (salted meat). Walk through vineyards and cellars for an all encompassing look at wine production, and learn about the history of this region.
Gesondheid!

PLEASE NOTE that if this activity is listed on the first or last day of the itinerary you will need to book a pre-night or post-night with a sales representative as the wine tour begins at 8 am.

What's included

- Your G for Good Moment: Penduka Village Restaurant & Shop, Windhoek
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- Fish River Canyon entrance
- Wine tasting in Lambert's Bay
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Marvel at Fish River Canyon, climb Dune 45, get your adrenaline going with adventure activities in Swakopmund, spot wildlife in beautiful Etosha National Park.

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Is there a disclaimer I should read before booking this trip?

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. This is not a physically demanding journey; however, travelling can be difficult, with long drives and poor road conditions at times. Despite this, most clients feel that the diversity of the African landscape, countries, culture and wildlife are all well worth the experience. We use a comfortable and safe air-conditioned tour vehicle for the long drives.

2. It may be required to show a Yellow Fever certificate if you are traveling to South Africa from a Yellow Fever endemic country.

3. Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

4. Water-wise tips when visiting Cape Town:

- Bring a reusable water bottle, that you can fill with Cape Town's tasty tap water.
- Reuse your towels in the hotel, for at least two days, before getting new ones.
- Keep your laundry until you have a full load to do, rather than just doing a handful of items.
- Turn off the tap when brushing your teeth, or shaving.
- Keep your showers to two minutes or less, and don't use the bath.
- Use hand sanitizer, instead of washing hands.

5. DRONES

The use of drones in national parks in Southern Africa is prohibited.

6. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

7. PARTICIPATIVE CAMPING

An essential part of your trip is participation - from putting up your tent (while camping) or packing it away in the morning, to helping with meal preparation and cleaning up - it is all part of your adventure and when everyone puts in a little effort the trip will run smoothly. Your CEO will do all the meal planning, but we do ask the clients to help with the preparation and washing up. Team spirit is part of the fun! All camping equipment (with the exception of your sleeping bag, pillow, and towel) is supplied.

8. YELLOW FEVER: COUNTRY DETAIL

There is no risk of Yellow Fever transmission in Botswana, Kenya, Malawi, Namibia, South Africa, Tanzania, Uganda, Zambia, or Zimbabwe. However, all of these countries require proof of vaccination under International Health Regulations to prevent importation of the virus. It is compulsory to show a valid Yellow Fever vaccination certificate if you are travelling to any of the above countries from a Yellow Fever endemic country, or have recently transited through one (12 hours or more in airport). Endemic countries include: Angola, Benin, Bolivia, Brazil, Burkina Faso, Burundi, Cameroon, Central African Republic, Chad, Colombia, Democratic Republic of the Congo, Republic of the Congo, Côte d'Ivoire, Ecuador, Equatorial Guinea, Ethiopia, French Guiana, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Guyana, Kenya, Liberia, Mali, Mauritania, Niger, Nigeria, Panama, Paraguay, Peru, Rwanda, São Tomé and Príncipe, Senegal, Sierra Leone, Somalia, South Sudan, Sudan, Suriname, Tanzania, Togo, Trinidad and Tobago, Uganda, Venezuela.

We advise all travellers on Southern and East Africa itineraries to carry a valid Yellow Fever vaccination certificate regardless of their country of origin. Given the multi-country nature of these itineraries, travellers will cross borders into

countries that require the certificate as a condition of entry from preceding destinations. A traveller entering the itinerary from a non-endemic country may not require the certificate to enter the first country, but will almost certainly require it by the time they cross into a subsequent one. Yellow Fever vaccinations must be administered at least 10 days prior to entry into the first country visited. Under WHO regulations (effective 11 July 2016), certificates are valid for the lifetime of the person vaccinated, there is no 10-year expiry on the certificate itself, though some border officials may be unaware of this. Travellers should carry their original International Certificate of Vaccination or Prophylaxis (yellow card) at all times during the tour. Travellers without a valid certificate run the risk of being denied entry and will not be able to continue with the tour. Any additional travel expenses incurred will be at the traveller's own account.

What is the role of the group leader during this trip?

On this tour, you will be accompanied by a group Chief Experience Officer (CEO) and an expert driver. The Chief Experience Officer (CEO) will be the group manager and leader. All of our leaders in southern Africa are registered and licensed tourism guides, meaning they've studied to have a broad knowledge base of the region's history, cultures, and wildlife, and are legally certified to lead/guide tours in the regions visited. Most of our leaders in the region are from South Africa, though it may be possible that you'll have a leader from another country in the southern African region.

As the group manager and leader, the aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places where are travelling, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. He/she will take care of the small things so you can concentrate on enjoying your adventure. In addition, as an integral part of the team, your driver is skilled and experienced driver who has intimate knowledge of the vehicle and routes travelled.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting.

What is the maximum and typical number of participants on this tour?

Max 18, Avg 14

What meals are included in this trip?

10 breakfasts, 1 lunch, 2 dinners

What are the meals like on this trip?

Eating is a big part of travelling. Travelling with G Adventures you experience the vast array of wonderful food that is available in southern Africa. On this tour, we provide only a few meals for you and your group members, so as to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility in your choices. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though - while in the larger centres, your group leader will be able to suggest favourite restaurants during your trip.

Your tour leader prepares the meals included in the Okavango Delta, arranging to purchase the foodstuffs before our bush camping excursion begins. Breakfasts will generally be cereals, if time allows a warm breakfast may be prepared. Lunches will be light meals such as sandwiches and/or salads. All evening meals will be freshly-prepared hot meals, and will consist of a variety of continental and local dishes.

For the included meals, vegetarian meal requests and other dietary requirements need to be specified prior to arrival.

What are the modes of transportation on my trip?

Air-conditioned touring vehicles, walking.

How will we travel between destinations?

For all of our standard class trips in southern Africa, including this tour, we use a private local bus for the journey. With air conditioning, and sliding windows, this style of transportation is a comfortable way to travel through the region. In addition, even with a full group of 18 travelers, there will be extra space for the benefit of the group. Having our own private vehicle throughout the tour allows us the flexibility of making stops when needed. In addition, we are able to travel to out-of-the-way locations where public transportation does not reach.

Road conditions in South Africa are generally good, though once in Namibia and beyond, the road quality deteriorates. As such, we slow our traveling speed and enjoy some sand and bumps en route – something which is of course part of the adventure of traveling in Africa!

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (5 nts), guesthouse (1 nt), lodges (1 nt), serviced camping (4 nts).

Do any exceptions apply to Rooming or “My Own Room” on my tour?

Day 2, 3, 6, 7

What should I expect from the accommodations on this trip?

Hotel

/Guesthouse

7 nights in standard twin rooms with en suite or shared facilities.

Participation Camping (please bring your sleeping bag and towel)

4 nights are spent in tents in Etosha National Park and Sesriem Area. Tents are twin with shared ablutions.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What should I do if I can't find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your trip leader (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (South Africa)

From outside South Africa: +27 713823286

From within South Africa: 071 3823286

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What details should I be aware of when planning my departure day?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

What are the packing guidelines and luggage restrictions?

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labeled and restricted to one soft compact suitcase, or sports bag, maximum 15kg, plus a daypack. Luggage limits on airlines are strictly enforced and space on vehicles is limited. Porters are not available, so be prepared to carry your own bags. It is important to pack clothes for warm days and cool evenings, as well as a warm jacket for early morning wildlife safari drives. During the winter months (May to October), the temperatures can get quite cold in Namibia. It is wise to bring plenty of layers for cool mornings and evenings. A set of smart casual clothes is also advisable.

Please be advised that if you plan to bring a drone with you, the use of drones in national parks in Southern Africa is prohibited.

What should I pack for this trip?

Additional Items:

- Sleeping bag (required)

Cold Weather:

- Long-sleeved shirts or sweater
- Warm gloves
- Warm layers
- Scarf
- Warm hat
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, band-aids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Locks for bags
- Binoculars (optional)
- Flashlight/torch (Headlamps are ideal)
- Long pants/jeans
- Camera (With extra memory cards and batteries)
- Fleece top/sweater
- Moneybelt
- Cash, credit and debit cards
- Footwear
- Outlet adapter
- Day pack (Used for daily excursions or short overnights)
- Hat
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Ear plugs
- Headphones (Noise-cancelling recommended)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: Seasons in Southern Africa are quite extreme. Winters can be really cold and summers will be really hot. If you travel during winter months (May to October) please ensure that you bring warm clothing and a suitable sleeping bag.

Where can I do my laundry on this trip?

Please note that you will be on the move a lot, and as such there will not be a lot of time for same-day laundry service. Please ask your guide/tour leader to arrange if any laundry needs to be done, so that he / she can advise or make arrangements for you. Most travellers on this trip find that Swakopmund is a convenient place to get their washing done, though facilities are available as well in Cape Town and Windhoek.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Namibia:

As of April 1st 2025, Namibia will be introducing a new mandatory 90-day visa, costing USD90 per person on arrival into Namibia.

We would recommend travellers applying prior to travel, to prevent delays at the Namibian border.

To apply prior to travel, please head to the [Visa on Arrival](#) page and click on 'New Visa on Arrival Application'. Once completed, please print out and bring your visa documents with you on tour.

Information is accurate as of April 1st, 2025.

Where can I read detailed notes about this trip?

REGIONAL INFORMATION

Climate

Southern Africa is renowned for its excellent outdoor living climate. The winter months are from May to September and are characterized by cold nights and pleasant days. Summer is from October to April and starts off with increasing dry heat and dust. Rains generally only start from mid to late December and last until March; this period is hot and humid. Large parts of Namibia are desert environment, so you will have to come prepared with appropriate clothing for the winter season (nights only).

Electricity

220-240V, 50 HZ, Most electrical plugs are 15 amp 3-prong with round pins. International adaptor are called for, they can be purchased locally (approx 2 US\$).

Language

There are multiple official languages in Namibia and South Africa, although English is widely spoken. There are also numerous dialects spoken throughout different parts of these lands.

ITINERARY

SOUTH AFRICA

Full country name: Republic of South Africa

Area: 1,221,037km² (447,443mi²)

Population: 47,432,000 (July 2005 estimate), 44,819,278 (Census 2001)

Capital cities: Cape Town (Legislative), Pretoria (Administrative) and Bloemfontein (Judicial)

People: Zulu, Afrikaners, Xhosa, Basotho (South Sotho), English South Africans, Bapedi (North Sotho), Indian/Asian, Venda, Tswana, Tsonga, Swazi, Ndebele, others

Language: Afrikaans, English, Zulu, Xhosa, Swati, Ndebele, Southern Sotho, Northern Sotho, Tsonga, Tswana, Venda

Religion: Zion Christian 11%, Pentecostal/Charismatic 8%, Catholic 7%, Methodist 7%, Dutch Reformed 7%, Anglican 4%, other Christian 36%, Islam 2%, none 15%

Government: Parliamentary democracy

Major industries: mining (world's largest producer of platinum, gold, chromium), automobile assembly, metal working, machinery, textiles, iron and steel, chemicals, fertilizer, food stuff, commercial ship repair.

Major trading partners: U.S., UK, Japan, Germany, Netherlands, China, France, Saudi Arabia, Iran (2004).

Currency: Rand (ZAR), consisting of 100 cents

HISTORY

Recommended reading: Long Walk to Freedom (Nelson Mandela), A History of South Africa (Leonard Thompson), Cry the Beloved Country (Alan Paton), No Future Without Forgiveness (Desmond Tutu)

Namibia:

Full country name: Republic of Namibia

Area: 824,292 sq km (318,259 sq mi)

Population: 2,032,000 (July 2005 est) 1,820,916 (Census 2002)

Capital city: Windhoek (pop 161,000)

People: 86% African (50% Owambo, 9% Kavango, 7% Herero, 7% Damara, 5% Nama, 4% Caprivian, 3% San, 2% Baster, 0.5% Tswana), 7.4% mixed, 6.6% white Languages: English, Afrikaans, German, Oshivambo, Herero, Nama

Religion: Christian, Lutheran, native religions

Government: Republic

President: Hifikepunye Pohamba

Major industries: Meat packing, fish processing, dairy products, mining (diamond, lead, zinc, tin, silver, tungsten, uranium, copper), millet, sorghum, peanuts, livestock, fish, tourism.

Major trading partners: UK, South Africa, Spain, Japan, Germany, USA

Formally known as South West Africa. The whole territory became German protectorate in 1884, except for the British/Cape Colony enclave of Walvis Bay. After the First World War the territory was administered by South Africa until independence on 21 March 1990. The capital is Windhoek and the second largest town is Walvis Bay, Namibia's only port. Swakopmund is a coastal town with a German influence and revolves mainly around tourism. Namibia's economy relies on diamond mining in the south, cattle farming in the north, fishing along the coast and tourism. Most of the country is desert or semi desert. There is a population of around 1.8 million. This, around 1, 5 people per sq. km is one of the lowest in the world. The official language is English although there are many different cultures including Herero, San, Koikoi, Owambo, Afrikaans and German. Namibia was at one stage a German colony therefore having German-speaking people. About 75% of the locals are Christian and the others have traditional beliefs. Namibia is a land of contrasts. Being largely semi-desert and desert, midsummer temperatures may rise to 40°C, while winter night temperatures can drop to freezing. Along the coast it is cool, with regular morning fogs. Namibia's rain falls in summer, from October to April, and the land averages 300 days of sunshine annually.

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The currency in South Africa is the South African Rand (ZAR). The South African rand is also an accepted form of payment in Namibia.

The Namibian currency is the Namibian Dollar (NAD), which is equivalent to the South African Rand.

Each currency can be obtained locally by changing foreign currency or by using ATMs (where available) which will disperse local currency. Your CEO will inform you where you can change money throughout the tour and approximately how much money you will need.

The easiest foreign currency to exchange for locally for any of the local currencies is the \$US; however the British Pound and Euro may also be exchanged as well. Please note that due to past problems with forgery, \$US notes that are older than year 2006 are not accepted in Africa.

Large note (\$US 50, \$US 100 etc) can be difficult to change in some places, but will gain you the best exchange rate.

If you plan to rely on cash, please bring foreign currency (Euro, Pound, USD) with you, as it is often expensive to buy these currencies locally. And in more rural areas, it is often not likely.

If you plan to buy your visas at borders, you will need to bring \$USD cash to pay for these visas. Please note you cannot use the local currency or any other currency to buy these visas- they must be purchased in USD.

Please do not bring Travellers' cheques to Africa. They are difficult if not impossible to exchange in many places.

Visa/Plus system cards are the most widely accepted debit cards. it is harder to find machines Mastercard/Cirrus cards. We highly recommend that if you hold a Mastercard, you obtain a Visa card prior to departure and travel with both. This is also useful should something unforeseen happen to one of your cards during your travels.

While there are many ATMs in the major centres, there are no guarantees that your credit or debit cards will actually work in Africa. Check with your bank.

Credit cards can be used in major cities and towns ONLY but please do not rely on them as a method of payment because they are generally not widely accepted. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. The majority of our optional activities can also be paid by credit card. Your CEO will advise on these.

Please note that in many areas there may be occasional power-outages, where there will be no electricity for hours at a time. In addition, ATMs outside of larger centers often run out of cash or can be out of order unexpectedly. These factors could affect your ability to access money from ATMs. As such, please do not rely on credit or debit cards as your only source of money.

A combination of foreign currency and debit/credit cards for cash advances is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com.

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

USD40, may be included in the international air ticket

What are the tipping guidelines for this trip?

Tipping is an expected, though not compulsory, component of your tour program. The gesture serves as an expression of appreciation for exceptional service, and amounts given are up to your discretion.

Tipping is one of the most direct ways that you can have a positive economic impact within the African community. Although it may not be customary for you, it is an important source of income for those in the tourism industry. Giving a tip should be seen as a formal 'thank you', and the action should in no way be awkward.

The best method of tipping someone that has served the whole group is to plan in advance, and not rush when it comes to saying goodbye. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

You may use the following as a guideline, all given in a per person format:

CEO: \$5-8 USD (per day, per person)

Local guides: \$2-3 USD (per day)

Safari Guide/Driver: \$2-3 USD (per day)

Restaurant Staff: 10-15% of cost of bill

Okavango Delta polers: 50-100 BWP (Botswana Pula)

What activities are optional on this trip?

Etosha National Park

- Etosha Open Vehicle Wildlife Safari Drive (1200NAD per person)

Swakopmund

- Sandboarding in the Namib Desert (700NAD per person)
- Skeleton Coast Scenic Flight (4800NAD per person)
- Swakopmund Skydiving
- Living Desert Tour (900NAD per person)
- Mondesa Township Tour (750NAD per person)

Lambert's Bay

- Bird Island Visit (40ZAR per person)

Cape Town

- Cape Point Explorer Day Tour (1750ZAR per person)
- West Coast Explorer Day Tour (1950ZAR per person)
- Sandboarding Half Day Tour - Atlantis Dunes (1400ZAR per person)
- Urban Explorer Day Tour (1900ZAR per person)
- Sandboarding and San Cultural Explorer Day Tour (3630ZAR per person)
- Hout Bay Kayaking Half Day Tour (1500ZAR per person)
- Overberg Explorer Day Tour (3450ZAR per person)
- Wine Tour and Tasting (1675ZAR per person)

Table Mountain

- Table Mountain Cable Car (420ZAR per person)

Are there any health considerations I should know before travelling?

We recommend you contact your family physician, or your local travel clinic for the most up-to-date health information at least one month before departure. Travellers should also carry a basic first-aid kit and hand sanitizers/antibacterial wipes on their travels. Medical facilities are basic throughout these countries. For your own safety, we strongly recommend that you advise your tour leader of any medical condition that may affect you while travelling with the group. Your tour leader will be able to inform you of local health advisories (e.g. drinking water quality). Please ensure you have all the inoculations recommended by your doctor.

Yellow Fever Certificate Note (Updated: June 2026)

It is compulsory to show a valid Yellow Fever Certificate if you are travelling to the following G Adventures-visited countries from a Yellow Fever endemic country, or if you have transited for more than 12 hours through the airport of a Yellow Fever endemic country:

Botswana

Kenya*

Malawi

Namibia

South Africa

Tanzania

Uganda*

Zambia

Zimbabwe

*Kenya and Uganda require a valid Yellow Fever Certificate from all travellers regardless of country of origin, not only those arriving from endemic countries. Travellers to these destinations should ensure they are vaccinated regardless of their travel history. If other non-endemic countries have been visited after visiting an endemic country, a Yellow Fever certificate may still be required on entry into subsequent destinations. This is particularly relevant on multi-country Southern Africa itineraries, for example, a traveller moving from Uganda to Kenya, or from Kenya across a land border into Tanzania, will be required to show their certificate at each entry point. Please check country-specific regulations before departure.

Malaria

Malaria is a mosquito-borne disease that is present in some regions in Africa. Risk of malaria can increase during periods of heavy rain, during the rainy seasons, and in densely populated areas of Southern & East Africa. To prevent malaria, we recommend speaking to your doctor about taking preventative medication (prophylaxis), combined with regular use of insect repellent spray/cream. Please check updated travel health advisories specific to malaria before your departure.

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

Are there any specific safety considerations for this itinerary?

GENERAL: Look after your personal items. Do not leave your valuables visible in a car or hotel room. Lock your hotel room door when you enter and when you leave. Do not carry large amount of cash on you. Avoid displaying flashy jewellery and carry your camera in its pack on your shoulder rather than around your neck. Keep your passport, airline tickets, money, important documents locked up in your room/safe - do not carry it with you. NAMIBIA: Always be alert of animals that are wandering too close to the road. Both domestic and wild animals frighten easily and can jump directly in front of the moving vehicle. If possible, avoid travelling at night. Some wildlife tends to be more active at dusk. Always be on the look-out for sandy patches, potholes and sharp bends in the road. In rainy or wet conditions beware of slippery roads, washaways, running and or stagnant water. Always have enough water (bottled) for the journey. NO matter how beautiful or gentle an animal may appear, the only safe way to look at it is from the safety of your vehicle.

Please note that the use of drones in national parks in Southern Africa is prohibited.

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

What are the mandatory travel insurance requirements for this trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

What are the age restrictions for this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.