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Sorry! There are no remaining departures for "China Active Adventure" (ACBH), [but here are some similar trips](#).

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Peak season notice: Golden Week falls between October 1st and 7th, 2019/2020/2021. Please note that Golden Week is a semi-annual 7-day or 8-day national holiday for the people of China. This is a very busy time of the year for domestic tourists, so expect some crowding at major attractions. We recommend booking these dates well in advance as accommodations and transportation availability is extremely limited.



Last Updated: August 27, 2020



China Active Adventure

15 days, Beijing to Hong Kong

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Entrance to the Great Wall and trek (Beijing)
- Entrance and guided tour of the Forbidden City
- Beijing hutong bicycle tour
- Biking along the ancient city wall (Xi'an)
- Shaolin Monastery visit
- Yangshuo cycling
- Longsheng village-to-village trekking
- Yangshuo and Hong Kong orientation walks
- Internal flight
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2017 - June 26th, 2017

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Beijing

Arrive in Beijing at any time.



Accommodation

Chong Wen Men Hotel (or similar)

Hotel



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

Beijing

Enjoy a guided tour of the Forbidden City and Tiananmen Square. Included is a bicycle tour through the historic Beijing hutongs.

Discover the fascinating history of the Forbidden City and Tiananmen Square, then join the throngs of locals to explore the city's ancient hutongs.



Accommodation

Chong Wen Men Hotel (or similar)

Hotel



Today's Activities

Tiananmen Square

Beijing

Explore one of the world's largest public squares and the symbolic centre of Chinese power. Framed by the Gate of Heavenly Peace with its Mao portrait, Mao's Mausoleum, the Great Hall of the People, the National Museum, and with elaborate flag raising and lowering ceremonies at dawn and dusk, it's a place of pilgrimage for the Chinese tourists who consider it the heart of their nation.

Forbidden City Tour

Beijing

2h

Our CEO will steer around crowds and help make the most of a visit to the Forbidden City.

Hutong Cycling Tour

Beijing

2h-4h

Roll through the ancient alleyways and lanes typical of Beijing. This old area of the city is rapidly diminishing as modernization takes over, but taking to the streets by bike is the perfect way to explore the neighbourhood. See daily life in these old lanes while cycling by.



Optional Activities - Day 2

Beijing Acrobatics Performance

Beijing

Enjoy an evening of spectacular acrobatics performed by some of China's most talented performers and athletes. This unforgettable spectacle features Chinese-style tricks, like plate-spinning, contortion, foot-juggling, and a host of circus-style acrobatics, too.

Leave Beijing behind and transfer out to the Great Wall of China for two days of hiking.

Leave Beijing behind and head out into the countryside for a trek along the Great Wall. Begin the trek from Mutianyu, heading for the village of Xizhazi. At night, interact with rural farmers over a traditional Chinese meal at a homestay.

The homes along the Great Wall have simple but good bathing and shower facilities. Each family can host 4-6 travellers, so our group may be split among 2 or 3 different homes.



Meals included

Dinner



Accommodation

Xizhazi Village Homestay (or similar)

Guesthouse



Today's Activities

Private Vehicle

Beijing - Huairou

1h-2h

75km

Settle in and scan the scenery from the convenience of a private vehicle.

Great Wall Trek

Huairou

6h-7h

12km

Walk in the footsteps of ancient soldiers as you get far away from the tourist herd and hike along a lesser known section of the famous Great Wall of China. Gubeikou is one of the sections with best scenery of the Wall, and one of the oldest, being originally built as early as the 6th century. Trek between 6-7 hours along the wall, passing some of the 22 watchtowers that make up this section. On arrival in Jinshanling village for the night, there is an included dinner prepared by host family.

Continue to trek along the Great Wall.

Continue trekking along the Great Wall to Jiankou. The trek covers a lot of ascents and descents and the Wall is in varying degrees of repair, all of which only adds to its charm. From Jiankou, return to Beijing to catch the overnight train to Luoyang.

Please note that due to restoration and maintenance of the Jinshanling section of the Great Wall, portions of the trek may be altered.



Today's Activities

Great Wall Trek

3h-4h

5km

Continue trekking along the Great Wall past watchtowers and over crumbling sections before ending the hike in Juankou.

Basic Overnight Train (beds)

Beijing - Luoyang

11h

Experience overnight travel like a local. Sit back and get some well-earned (and likely much-needed) rest en route to your next stop.

Day 5

Song Shan

Travel by train and arrive late in the morning. Visit the Shaolin Temple, the home of Kung Fu.

In the morning, arrive by train to Luoyang. From Luoyang, transfer to the holy mountain of Song Shan and spend the night here.



Accommodation

Shaolin Kongfu School (or similar)

Guesthouse



Today's Activities

Private Vehicle

Luoyang – Song Shan

1h-2h

80km

Settle in and scan the scenery from the convenience of a private vehicle.

Shaolin Temple Visit

Song Shan

3h

Song Shan is home to the Shaolin Monastery and Temple, the mystical birthplace of the world famous martial art, Kung Fu. First founded in the 5th century, Shaolin has been rebuilt multiple times.

Day 6

Song Shan

Spend the day at Song Shan and enjoy a hike in San Dengfeng Village.



Accommodation

Shaolin Kongfu School (or similar)

Guesthouse



Today's Activities

Song Shan Hike

Song Shan

4h

Enjoy the natural scenery in the beautiful Song Shan National Forest Park.

Free Time

Song Shan

Get out and explore.

Day 7

Song Shan/Xi'an

Opt to visit to Longmen Grottoes. Return to Luoyang and travel to Xi'an by train.

In the morning, opt to visit the Longmen Grottoes. From Longmen, take a high speed train to Xi'an (arriving in the evening), and transfer to our hotel.



Accommodation

HNA Hotel (or similar)

Hotel



Today's Activities

Train

Luoyang - Xi'an

3h

Climb aboard, take a seat, and enjoy the ride.



Optional Activities - Day 7

Longmen Grottoes Visit

Longmen

120CNY

Enjoy a visit to this fantastic UNESCO World Heritage Site, with over 100,000 Buddha images carved into a mountain side. Giant panoramas featuring various images of Buddha are flanked by smaller statues that depict him in a variety of poses.

Day 8

Xi'an

Explore China's former capital and terminus of the Silk Road. Cycle the ancient city walls and discover the Muslim Quarter.

Xi'an is one of many cities that was once capital of the great Chinese empire. Gather for an orientation walk exploring the inner city, which is surrounded by 14km (9 mi) of ancient city walls. Weather permitting, visit these walls by bike during our time in Xi'an.

In the evening, explore the Muslim Quarter, with its Great Mosque, multicultural feel, shopping lanes, and street food stalls selling a large variety of food, including naan, kebabs, and lots of sweets.



Accommodation

HNA Hotel (or similar)

Hotel



Today's Activities

Orientation Walk

Xi'an

1h

Enjoy a CEO-led orientation walk close to the Xi'an hotel to help you get the lay of the land. Learn where you can find local services (like ATMs and laundromats) and, perhaps, see some city highlights. Every CEO does something slightly different for their orientation walk to show visitors what they like best about the city.



Optional Activities - Day 8

Defachang Dumpling Banquet

Xi'an

105CNY

Dumpling banquets are a great way to experience the traditional northern Chinese cuisine. Have a delicious meal trying all the different dumpling flavours.

Big Goose Pagoda Visit

Xi'an

50CNY

Head to the outskirts of the city to the Big Wild Goose Pagoda, a beautiful, brick Buddhist temple.

Day 9

Xi'an/Yangshuo

Fly to Guilin and transfer to Yangshuo.

Enjoy some free time wandering the city or visit the world famous Terracotta Warriors.

Departing from Xi'an, take a flight to Guilin (arriving in the morning) and transfer by public bus to the small countryside town of Yangshuo, where the Li River winds its way around thousands of limestone karst mountains.



Accommodation

Yangshuo Landmark Collection Hotel (or similar)

Hotel



Today's Activities

Free Time

Xi'an

Explore the city of Xi'an at leisure, wandering the streets and lanes around the Muslim Quarter.

Plane

Xi'an - Guilin

1h45m-2h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

Guilin - Yangshuo

1h30m-2h

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 9

Terracotta Warriors Visit

Xi'an

Visit the site of the Terracotta Warriors, an archaeological treasure where approximately 8,000 soldiers and hundreds of horses stand on guard in three excavated pits in an on-site museum. Learn how the underground warriors were discovered (by accident) in 1974, and why Emperor Qin Shihuang commissioned the statues to serve as his army in the afterlife.

Day 10

Yangshuo

Take an orientation walk around Yangshuo. Opt to check out a local cooking school, practice tai chi, or see a light and sound show.

In the morning, enjoy an orientation walk of Yangshuo. Every turn in the road brings you to another picture-postcard sight. Take a boat ride along the stunning Li River, stop at markets and picturesque villages along the way, or observe one of the local traditions: cormorant fishing.

Enjoy a leisurely evening. Experience some of Yangshuo's famous nightlife or see the Liu San Jie, a 500 person show by Oscar winning director, Zhang Yi Mou -- he also directed the Beijing Olympic Ceremony.



Accommodation

Yangshuo Landmark Collection Hotel (or similar)

Hotel



Today's Activities

Orientation Walk

Yangshuo

1h

This backpacker town is full of things to do and see. An orientation walk will get you situated and help you make the most of your time in this idyllic location.

Free Time

Yangshuo

Set among the limestone karsts that are common in this part of China, the town of Yangshuo is an idyllic location that offers a variety of activities. Enjoy some free time here to explore.



Optional Activities - Day 10

Yangshuo Tai Chi Lesson

Yangshuo

80-150CNY

Learn how to do Tai Chi, the local exercise regimen. Practice in any park around sunrise, and be sure to have company from locals.

Central Chinese Cooking Class - Yangshuo

Yangshuo

Calling all foodies! Get an inside look at real Chinese food with a tour of the Yangshuo market to learn about the ingredients used in the Yangshuo area. Afterward, learn to cook Chinese food in a traditional Chinese farmhouse in the beautiful countryside just outside Yangshuo. After the cooking class you can sit down and enjoy the delicious dishes you have prepared.

Impression Liu Sanjie Culture Show

Yangshuo

298CNY

When the sun goes down, the Li River lights up for the 'Impression of Liu Sanjie' light show. The show consists of 7 episodes: the Prelude, Red Impression, Green Impression, Golden Impression, Blue Impression, Silvery Impression and the Epilogue. Each scene in the show is more spectacular and breathtaking than the last and is made up of 600 actors and actresses, colourful stage lights, and special-effect smoke systems. Watch the moonlight dance along the Li River combined with colourful lights and dancers as the show plays on!

Day 11

Yangshuo

Cycle over the flat(ish) landscape past rice paddies with local farmers and water buffalo. Marvel at the limestone karsts and hear the legends of how they came to be.

Cycle out over the mostly flat fields to get more of a feel for the region. Ride past rice paddies with water buffalo and stare up at towering limestone karsts. En route, enjoy a delicious local lunch with options like the local beer fish, garlic fried water spinach and stuffed aubergine.



Meals included

Lunch



Accommodation

Yangshuo Landmark Collection Hotel (or similar)

Hotel



Today's Activities

Yangshuo Guided Cycle Tour

Yangshuo

4h-5h

10km

Follow the guide and cycle over the flat(ish) landscape past rice paddies, local farmers, and water buffalo. Marvel at the limestone karsts and hear the legends of how they came to be. Stop for lunch at the house of a local family for a tasty meal made from freshly grown produce.

Enjoy village to village trekking along rice terraces.

Longji is famous for its centuries old rice terraces, often referred to as the Dragon's Backbone, built along forested mountain slopes that seem to poke into the clouds. Check out the unique wooden architecture of the local Zhuang and Yao people.



Accommodation

Country Guesthouse (or similar)

Hostel



Today's Activities

Local Bus

Yangshuo - Guilin

1h-1h30m

75km

Drive from Yangshuo to Guilin

Local Bus

Guilin - Longji

3h-3h30m

200km

Take a local bus out into the countryside to the rural village of Longji.

Longji Rice Terraces Trek Day 1

Longji

2h

5km

After the drive from Guilin, trek towards Ping'an, where will be based during your time in Longsheng. The village has traditional wooden houses hidden high up in the mountains. From Ping'an there are great opportunities to look out over the rice terraces and the surrounding area.

Day 13

Longji

Continue trekking along rice terraces.



Accommodation

Country Guesthouse (or similar)

Hostel



Today's Activities

Longji Rice Terraces Trek Day 2

Longji

4h-5h

18km

Hike about 18km (4-5 hrs) from Ping'an to Dazhai via Zhongliu and enjoy the views of endless rice paddies and green trees on the hillsides. This hike offers different but equally beautiful views in all seasons. Take a short break in Zhongliu and trek on to Dazhai, where we take a bus back to Ping'an.

Day 14

Longji/Hong Kong

Depart the village and take a fast train to Hong Kong.



Accommodation

West Hotel (or similar)

Hotel



Today's Activities

Longji Rice Terraces Trek Day 3

Longji

Leave the village in the morning and head back to Guilin. Take some time to explore the area before departing.

Local Train

Guilin - Hong Kong

3h30m

Climb aboard, take your seat, and get around like the locals do.

Day 15

Hong Kong

Depart at any time.

You may wish to arrange extra nights' accommodation in this exciting city.

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What are the main highlights of this trip?

Explore Beijing's Forbidden City and hutongs, walk the Great Wall, trek through rice terraces, cycle old city walls and rural villages, watch kung fu monks

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Is there a disclaimer I should read before booking this trip?

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Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

As we use (sometimes crowded) local transport and at times travel by foot please note backpacks are required for this trip (not suitcases).

Peak season notice: Golden Week falls between October 1st and 7th, 2019/2020/2021. Please note that Golden Week is a semi-annual 7-day or 8-day national holiday for the people of China. This is a very busy time of the year for domestic tourists, so expect some crowding at major attractions. We recommend booking these dates well in advance as accommodations and transportation availability is extremely limited.

What is the group leader like?

All our G Adventures group trip is accompanied by a G Adventures Chief Experience Officer (CEO) in China. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 16, Avg 10

What meals are included in this trip?

1 lunch, 1 dinner

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Included breakfasts will usually be asian style consisting of noodles or congee (rice porridge) or bread and eggs. Vegetarians will be able to find a range of different foods, although in some areas the choice maybe limited. While trekking in remote regions food is included, plentiful and made of fresh local ingredients. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Train, local bus, plane, bicycle, walking.

What transportation will we take on this trip?

Train travel is often used throughout our China trips as it's an easily accessible and fast way to make the most of the time you have in China. While packing for your trip please note the following restrictions and remember that the local policies in place are for yours and everyone's safety.

Prohibited items on China's trains and metro:

1. Any knives or scissors
2. Items or food that have an unpleasant odour (ex. Durian)
3. Open liquor bottles (new bottles with the seal intact are okay)
4. Pressurized/flammable containers over 120ml in size (ex. sunscreen spray, mosquito repellent spray, hairspray, etc.)

Prohibited items on trains to/from Guangxi Province - Guilin/Yangshuo

1. Floria Water - a mosquito repellent water common in China
2. Self-heating food items (self-heating hot pot, rice, etc.)
3. As well as everything on the previous list above

Are local flights included in the cost of the trip?

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (8 nts), simple guesthouses (3 nts), homestay (1 nt), sleeper train (2 nts).

Do any exceptions apply to Rooming or “My Own Room” on my tour?

Night 4, Sleeper train

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

When arriving to Beijing International Airport, if you have not pre-booked an arrival taxi with G Adventures, you can take a taxi or the Airport Express Train.

Taxi: Follow the signs to the taxi ranks once you have come out of the baggage hall. The ranks are clearly defined, and traffic guards will systematically put you into a taxi. Print out the name of your hotel in Chinese. A taxi ride will take between 45min-1hour depending on traffic, and should cost between 95-120 Yuan (plus an extra 10 for the tollway).

DO NOT GO WITH ANYONE WHO APPROACHES YOU OFFERING A METERED TAXI WHICH IS PARKED IN THE LOT. THEY WILL RIP YOU OFF.

Airport Express Train: Once you have come out of the luggage hall, follow the signs to the underground Airport Express Line. This line takes you to the center of Beijing, to DONGZHIMEN, where you can take a taxi to your hotel (taxi fare is about 30 yuan). The Airport Express ticket costs 25 yuan. It takes about 16 minutes from Terminal 3 of the Airport to Dongzhimen. Train hours are from 6:30am to 10:30pm.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time. Similarly the last day is a departure day during which no activities have been planned.

A G Adventures Representative will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel

If your call is specifically concerning Beijing Airport Transfer complications please call our local G Adventures Transfer provider directly at: +86 1391 0388 356 –Ms Xiaofeng Chen (Beijing)

EMERGENCY CONTACT NUMBERS

G Adventures Local Tour Operator (China):

During office hours, Mon-Fri 9:30-18:00 Local Time

+86 199 3740 7980

After office hours emergency number: +86 187 0058 2383

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Are there any additional packing suggestions I should consider?

You will be on the move a good deal, so our general advice is to pack as lightly as possible. As this itinerary has a fairly active theme we suggest a good pair of shoes suitable for hiking and biking as well as sunglasses and a hat.

Do not bring any knives or swords into China (gifts or otherwise). If they do make it into the country, they will not be permitted on trains. If you purchase a knife or sword while travelling elsewhere before arriving in China your best option is to post/mail it home before entering the country as no post/mail companies in China will accept it as a parcel.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Light Hiking:

- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Walking poles

Smart Dress:

- Smart outfit (For evenings out)

Train Travel (Optional):

- Slip-on shoes
- Travel cutlery
- Small container with lid
- Travel or camp cup

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

Wet Weather Trekking:

- Pack liners to waterproof bags
- Rain gear
- Waterproof footwear (For river crossings) Note: from Apr-Aug is rainy season for most of Southern China, so please ensure you have some waterproof clothing.

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

**** Please be advised that if you have recently travelled to Turkey, or you are a Turkish citizen, it is possible that your Chinese visa will not be approved. Please contact your local embassy for further information. ****

Please note that visas are the responsibility of the individual traveller. The visa requirements for your trip vary depending on where you are from and where you are going. We keep the following information up to date as much as possible, but rules do change. It is important that you check for yourself with the embassy of each country. Your travel agent can assist. Please, keep in mind that all countries require passports valid for at least 6 months from the moment of departure from the country.

CHINA: all nationalities require a visa to visit China

Most nationalities also need an official Letter Of Invitation (LOI) before they can apply for their Chinese visa.

You can obtain the LOI through our visa support agent in China. The visa support link you need to complete will be sent to you or your travel agent by email when you confirm your booking. You must read the instructions carefully and fill out all the details.

Please ensure that you list the same details as appear on your LOI when filling out your Chinese Visa Application form.

HOW TO FILL IN CHINA LOI FORM ONLINE:

As Chinese visas are dated specifically for entry and exit, please ensure you enter the correct dates as per your flights entering and exiting China. Please remember to put exactly the same dates when you fill out the application at the Chinese embassy. You will need to provide additional documentation to the consulate (i.e. flights tickets, hotel reservations) if these dates fall outside the duration of the tour.

Please do not submit the below application until 3 months prior to your entry into China. The details will be forwarded to our local agent in China and you will be emailed your Chinese Invitation Letter (With day by day Itinerary) only once we are within 60 days of the trip start date.

Once you have received your LOI you can apply for your visa by going to the nearest Chinese embassy. Please, remember that it is your responsibility to check whether passport details, name spelling and dates on the LOI are correct.

As of April 3rd, 2018, all Chinese visa application forms must be typed. Handwritten forms will no longer be accepted.

Following the successful implementation of their 144 hour visa free program for the Shanghai district, The Ministry of Public Security of China have announced the extension of the 144 hour visa free program for provinces of Beijing, Tianjin and Hebei. As of the 29th of December 2017, over 50 foreign nationals can now enter or exit via one of the following ports:

- Beijing Capital International Airport
- Railway West Railway Station
- Tianjin Binhai International Airport
- Tianjin International Cruise Homeport, or
- Shijiazhuang Zhengding International Airport in Hebei Province and Qinhuangdao Harbor.

HONG KONG: all Indian nationalities require a 'pre-arrival registration' to enter Hong Kong

Indian nationals must apply for and successfully complete pre-arrival registration online before they can visit or transit the Hong Kong. Pre-arrival registration is not required for Indian nationals in direct transit by air and not leaving the airport transit area. An Indian national can make use of the online service to apply for pre-arrival registration free of charge if he/she:

- Holds an Indian passport valid for at least six months; and
- Intends to visit or transit (except in direct transit by air and not leaving the airport transit area) in Hong Kong for a stay not exceeding 14 days.

Information accurate as of December, 2018.

Link to Indian pre-arrival registration: https://www.immd.gov.hk/eng/services/visas/pre-arrival_registration_for_indian_nationals.html

Where can I read detailed notes about this trip?

China has emerged as a great tourist destination in the last ten years and is an intriguing and rewarding destination to visit. Developing at a fast rate, travel is becoming easier for foreigners but please be aware that English is still not widely spoken outside the large cities and that accommodation, toilet facilities and some transportation is not yet at the same level as you would expect in developed countries. If you are able to bring with you a lot of patience, a great sense of humour and a willingness to try and interact with the local people, your travel experience will be greatly enhanced.

Due to Internet restrictions, some popular websites and applications – including social media sites like Facebook and email services like Gmail – may not work in China. If you think these restrictions may affect you, we suggest you do research before your departure in order to be prepared. Bear in mind the availability of websites and apps can change without notice at any time.

How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

As currency exchange rates in Asia fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com.

As of May 2011 the exchange rate for China was 1 USD = 6.5 CNY (Chinese Yuan).

Cash (Chinese Yuan) is the best method of money in China. There are some ATM machines at international airports and major cities that accept Visa and debit cards but these should not be relied on as a source of funds. We recommend the use of cash and traveller's cheques in major currencies (USD, CAD, GBP, EUR, AUD, HKD) as a backup. Major credit cards are accepted in a few shops (except for AMEX and Diner's) but they may charge a 2-4% transaction fee.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

Departure Tax is included in all International and Domestic tickets in China.

Should I be tipping on my trip?

Traditionally in China tipping is not expected and thus there is no need to tip in restaurants and your general interaction with locals; however, tipping is customary - though not compulsory - in the tourism industry and not only shows an expression of satisfaction it may also be of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO may offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from 1 to 3 USD per person per day depending on the quality and length of the service; ask your CEO (CEO) for specific recommendations based on the circumstances and culture. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group as a whole should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$5 USD per person per day can be used.

What activities are optional on this trip?

- Please see the full itinerary for information on optional activities and estimated pricing. Unless otherwise stated, prices are per person and based on entrance fees only. Additional costs such as transport or guides may apply and are subject to change as services are provided by third party operators.

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What are the trip specific safety considerations?

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting temples or mosques or other holy sites.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.