



China and Japan Express: Beijing to Tokyo

16 days, Beijing to Tokyo

Trip code ACCJ

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: Shanghai

- Your Local Living Moment: Overnight in Mount Kōya Temple, Kōyasan
- Great Wall excursion and entrance (Beijing)
- Tiananmen Square and Forbidden City guided tour
- Terracotta Warriors excursion (Xi'an)
- Master of the Nets Garden visit (Suzhou)
- Shanghai orientation walk
- Chinese acrobat performance (Shanghai)
- Hiroshima Peace Park and Museum visit
- Miyajima excursion with floating torii gate visit
- Nijo Castle and gardens visit (Kyoto)
- Gion walk
- Fushimi Inari shrine visit
- Lake Ashino-ko boat ride
- Traditional ryokan stay with kaiseki meal
- Internal flight
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing May 18th, 2026 and onwards

Itinerary



Itinerary Notes

Luggage size restriction –
Effective from May 2020
onwards

All G Adventures tours in Japan use the world-famous Shinkansen bullet trains, which have a restriction on maximum luggage size. Your luggage must be less than 160cm in total. This is roughly the size that most airline companies consider as "carry-on baggage" and allow in overhead storage compartments.

We strongly recommend bringing a day pack or backpack to use during the day, in addition to your carry-on sized luggage. Please see "What to take" under Tour details for more information.

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Beijing

Arrive at any time.

Is Beijing top of your must-see list? Booking pre-trip accommodations will let you do Beijing your way before meeting up with the group.



Accommodation

Dong Fang Hotel Beijing (or similar)

Hotel



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Enjoy an included visit to the Great Wall. Later, explore Tiananmen Square.

Head out of town to the Mutianyu section of the Great Wall. Spend time wandering around, taking photos, and picking up souvenirs. In the afternoon head to Tiananmen Square followed by a night walk to the local market.



Accommodation

Dong Fang Hotel Beijing (or similar)

Hotel



Today's Activities

Orientation With CEO

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Private Vehicle

Beijing - Mutianyu

1h30m-2h

Settle in and scan the scenery from the convenience of a private vehicle.

Mutianyu Great Wall Visit

Beijing

3h

Climb the rolling hills of Huairou County at Mutianyu, one of the best-preserved sections of the Great Wall. Enjoy scenic views as the wall winds along mountain ridges, and take brag-worthy photos of the wall from any of the 22 towers. The Great wall is an incredible piece of engineering stretching 6000 km west from the mountain ridges north of Beijing. It was originally constructed to protect Chinese empires from nomadic northern tribes, and even though it failed in this purpose, it's still one of the country's most remarkable achievements and an iconic destination. The Mutianyu section of the Great Wall is located about 80km away from the Beijing City Center. The walk is approximately 5 kilometres and will take 2 to 3 hours depending on your level of fitness.

Private Vehicle

Mutianyu - Beijing

1h30m-2h

Settle in and scan the scenery from the convenience of a private vehicle.

Tiananmen Square

Beijing

Explore one of the world's largest public squares and the symbolic centre of Chinese power. Framed by the Gate of Heavenly Peace with its Mao portrait, Mao's Mausoleum, the Great Hall of the People, the National Museum, and with elaborate flag raising and lowering ceremonies at dawn and dusk, it's a place of pilgrimage for the Chinese tourists who consider it the heart of their nation.



Optional Activities - Day 2

The Pearl Market

Beijing

Free

Shoppers get ready. The Pearl Market is great place to get souvenirs for friends and family! This market is well know for the verity of pearls but, make sure to also check out the other vendors selling goods like crafts, clothing, and silk.

Drum and Bell Tower Visit

Beijing

30CNY

Visit the striking Drum Tower for some incredible photo ops. Back in the Han Dynasty the towers were used to echo the time to the city with bells in the morning and drums in the evening. Today the 63-ton bell still stands in one tower and drum performances happen daily in the morning and afternoon.

Toboggan at Great Wall

Mutianyu

100-140CNY

After your hike on the Great Wall, opt to take a Toboggan ride back down instead of the cable car!

Cable Car at Great Wall

Mutianyu

100-140CNY

The cable car ride is about 5 minutes ride up to tower 14, from where you may walk to the highest point of Mutianyu Great Wall at Tower 20. The walk from ticket check to tower 10 is about 30 minutes. The cable car ride is a good option if you are hoping to save energy to challenge the Tower 20. Return ticket is recommended as you may spend more time on the wall.

Take the Beijing metro to visit the Forbidden City. Later, board a fast train to Xi'an.

Due to restrictions in China after the pandemic, the maximum daily capacity in the Forbidden City has been reduced from 80,000 to 30,000. This significant decrease in daily tickets has had a great impact on availability for both individuals and group tours to secure tickets, especially during the summer season. Our local team works very hard to secure tickets for each group. However, on the off chance we are unable to secure tickets to the Forbidden City, we will visit the Summer Palace and the Temple of Heaven, places of similar architecture and importance.



Accommodation

Jin Jiang West Capital International Hotel (or similar)

Hotel



Today's Activities

Metro

Beijing

Get around underground via public transit.

Forbidden City Tour

Beijing

2h

Our CEO will steer around crowds and help make the most of a visit to the Forbidden City.

Bullet Train

Beijing - Xi'an

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

Visit one of China's greatest archaeological treasures—the Terracotta Warriors. Continue exploring Xi'an with a visit to the Ancient City Wall and the Muslim Quarters. Tonight, board an overnight train to Suzhou.

Train is our main mode of transport in China and it's a great way to travel. We aim to get the best sleeping berths available on each train journey. However, train tickets availability is limited during peak travel times, including summer vacations and Chinese national holidays. As such, it is possible that the group may be separated into different carriages or assigned top sleeping berths.



Meals included

Lunch



Today's Activities

Terracotta Warriors Guided Tour

Xi'an

3h

2km

Take a guided tour of the Terracotta Warriors where more than 8,000 clay soldiers and hundreds of replica horses and chariots stand in three pits. Learn why the Emperor Qin Shihuang commissioned the statues to serve as his army in the afterlife and how they were discovered. Spend a half-day exploring this archaeological wonder.

Xi'an Ancient City Wall

Xi'an

Visit the ancient City Wall of Xi'an. Learn of its interesting history as part of the Silk Road and admire amazing views of the city.

Muslim Quarter Visit

Xi'an

1h-1h30m

Explore the lively Muslim Quarter and its serene Great Mosque, making time to indulge in the offerings of exotic local street food stalls. At night, head out for some of the best street food in China – the spicy beef and lamb kebabs are always a favorite.

Basic Overnight Train (beds)

Xi'an – Suzhou

14h-16h

Experience overnight travel like a local. Sit back and get some well-earned (and likely much-needed) rest en route to your next stop.

Wake this morning and grab coffee and a snack on the train as you prepare to pull into Suzhou. After arrival, visit Suzhou's famed Master of the Nets Garden, one of the most beautiful gardens in China and recognized as a UNESCO World Heritage Site. Wander around Shantang Street. Enjoy a free dinner before riding the metro back to the hotel with your CEO.



Accommodation

Castle Hotel Suzhou (or similar)

Hotel



Today's Activities

Master of the Nets Garden Tour

Suzhou

1h30m

Tour through the serene classical garden and UNESCO World Heritage Site.

Shangtang Street

Suzhou

Wander around Shantang Street and canal with your CEO before enjoying free time in the area for dinner.

This morning, ride the bullet train to Shanghai. Join your CEO for an orientation walk of the famed Bund and Nanjing Shopping Road before a free evening in Shanghai.



Accommodation

Zhen Yue Hotel (or similar)

Hotel



Today's Activities

Bullet Train

Suzhou - Shanghai

30m

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

Orientation Walk

Shanghai

1h

Take a stroll along the Bund, a main road that follows the Huangpu River, with your CEO. This is a great opportunity to get a layout of the city and figure out what you want to explore next.

This morning, join your CEO for an orientation walk around the city to see the shops and historic buildings. Join your CEO at the Shanghai Museum or head out to venture through this beautiful city on your own. Maybe start with a visit to the nearby Yuyuan Gardens.



Accommodation

Zhen Yue Hotel (or similar)

Hotel



Today's Activities

Shanghai Orientation Walk

Shanghai

Explore the famous Huangpu District in central Shanghai with your CEO.

Shanghai Museum

Shanghai

1h30m

Visit Shanghai Museum, home to a world-class collection of ancient Chinese art. Tour individual galleries devoted to such items as sculpture, bronze, ceramics, jade, coins, Ming and Qing Dynasty furniture, paintings, and calligraphy. Stop at the gift shop on your way out.



Optional Activities - Day 7

Yuyuan Garden

Shanghai

40CNY

Explore this tranquil, 400-year-old, five-acre garden. Climb to the top of the Rockery to see the greenery from above. Check out the Jade Rock and watch the swarms of fish swim around in the ponds. With multiple pavilions and halls there is plenty to see. Depending on when you visit there may be flower shows or tea ceremonies in the area. Opt to visit the bustling bazaar located outside the gardens and hone your bargaining skills.

Hop on a flight from Shanghai to Osaka. Take the evening to explore the city.

Board a flight from Shanghai to Osaka and enjoy a free night exploring the cityscape.

On our tours in Japan we use public transport, making use of Japan's world famous transportation system. From the super fast Shinkansen Bullet Train to Kyoto's extensive local bus network, we ride with the locals.

As well, there is a lot of walking on this trip, every day - please ensure you have an average level of fitness and can walk unaided for long periods of time. A good pair of walking shoes are highly recommended.



Accommodation

City Route Hotel (or similar)

Hotel



Today's Activities

Plane

Shanghai - Osaka

2h15m-3h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Free Time

Osaka

3h

Take in the vibrancy of this unique city and challenge the senses by visiting the bright city lights or indulging in a variety of distinctive street food.

Travel to the centre of Buddhism in Japan and sleep in a temple atop the 800m Mt Koya. Savour a traditional dinner of shojin ryori (Buddhist vegetarian cuisine).

Journey to Mt Koya, a religious centre founded in 816 by the Buddhist monk Kobo Daishi. The train ride up the mountain is possibly one of the finest rail journeys in Japan. For the final steep ascent, switch to funicular and then hop on a bus to reach the monastery.

In the evening, dine on shojin-ryori, typical vegetarian cuisine, and relax in a yukata, or kimono.

While we ride the bullet train, your main luggage will be sent on Japan's takkyubin service (luggage transfer) to the next destination. Please note, you will NOT have access to your main luggage for approximately 24 hours. You must pack an overnight bag with everything you'll need until you're reunited with your luggage the following day. Only one bag per passenger is permitted on the luggage transfer. If you have more, there will be an additional charge at the traveler's expense.



Meals included

Breakfast | Dinner



Accommodation

Sekishoin (or similar)

Monastery



Today's Activities

Train

Osaka - Kōyasan

3h

Climb aboard, take a seat, and enjoy the ride.

ACTIVITY

During the overnight stay in the mountain temple, witness the routines of the monks and dine on typical fare. Explore the temples and moss covered Oku-no-in cemetery in the afternoon. In the evening, savour the shojin-ryori vegetarian cuisine, and relax in a yukata or kimono. Early morning at

the temple offers the chance to observe the monks praying, before a vegetarian breakfast. Breathe the fresh mountain air and soak in the beautiful surroundings.

Watch the monks pray in the morning and enjoy a traditional breakfast. Have some time to enjoy Koyasan this morning, before travelling to Hiroshima this afternoon.

Early morning offers the chance to observe the monks praying. Breathe in some fresh mountain air before a vegetarian breakfast, then start the journey back down the mountain via bus, train and funicular.

Later, board a train to Hiroshima, a historically significant city, marked by the explosion of the first atomic bomb in 1945.



Meals included

Breakfast



Accommodation

Toyoko Inn Hiroshimaeki Shinkansenguchi II (or similar)

Hotel



Today's Activities

Bullet Train

Kōyasan – Hiroshima

5h

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

Oku-no-in Cemetery Visit

Kōyasan

Oku-no-in is the most sacred site in Koyasan and the location of the mausoleum for Kobo Daishi (also known as Kukai), the founder of Shingon Buddhism. The area is surrounded by a massive cemetery, the largest in Japan. With over 200,000 tombstones lining the almost 2km path to Kobo Daishi's mausoleum, there is plenty of area to explore. Be sure to see Torodo Hall (Hall of Lamps), the main place of worship, where more than 10,000 lanterns are kept burning day and night.

This morning, visit the Peace Park and Memorial Museum commemorating the events of 1945. In the afternoon, take a ferry ride over to the sacred island of Miyajima to see the famous floating Torii Gate. Opt to hike around Mt Misen.



Accommodation

Toyoko Inn Hiroshimaeki Shinkansenguchi II (or similar)

Hotel



Today's Activities

Hiroshima Park and Peace Memorial

Hiroshima

Walk through the Peace Park in the centre of Hiroshima, a living memorial dedicated to the tens of thousands who died from the atomic bomb blast in 1945. Visit the statue of Sadako Sasaki, a young girl who died of leukemia as a result of the bomb blast, despite folding 1,000 origami paper cranes to appeal to the gods to make her well. See the frame of the Gembaku Dome, the sole building to withstand the explosion. Reflect, remember, and be reminded of the power we all hold to create peace.

Ferry

Hiroshima - Miyajima

Hop a ferry to reach the island and journey back in the evening.

Miyajima Island Visit

Miyajima - Hiroshima

Take a trip to Miyajima Island, famed as one of Japan's most scenic spots, with a free afternoon to explore. See the famous floating Torii Gate, set out in the bay, which glows extraordinarily at sunset. The island is dotted with shrines and temples, populated by deer, and traversed with hiking trails for those who want to get some exercise. There are also lanes full of souvenirs and tasty treats. Visit Miyajima at your own pace, and have the option to hike up to the peak of the island, Mt Misen, to see spectacular views of the surrounding islands.

Free Time

Miyajima

Free time on Miyajima Island to make the most of this beautiful location.



Optional Activities - Day 11

Mt. Misen Visit

Miyajima

Free-2000JPY

2-6km

Set out for the summit of Mt. Misen, Miyajima's highest peak at 500m (1,640 ft) above sea level. Opt to hike one of three trails through the forest and keep an eye out for wild deer or catch a ride on the ropeway and walk the remaining distance to the top. Take in great views of the Seto Inland Sea and on a clear day see as far as the city of Hiroshima.

Travel to Kyoto and start exploring. Visit the impressive Nijo Castle and gardens, a UNESCO World Heritage Site. In the evening, explore the geisha district of Gion on a CEO-led walking tour.

Please note the Ninomaru Palace at Nijo Castle will be closed from Dec 26-Jan 3. Groups travelling during this time will visit the Kiyomizu-dera Temple.



Accommodation

Prince Smart Inn Kyoto Sanjo (or similar)

Hotel



Today's Activities

Bullet Train

Hiroshima-eki - Ōsaka

1h30m

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

Local Train

Osaka - Kyoto

1h

Climb aboard, take a seat, and enjoy the ride.

Gion Walk

Kyoto

Walk through Gion, Kyoto's most famous geisha district. Visit shops, restaurants and ochaya (teahouses), where geiko (Kyoto dialect for geisha) and maiko (geiko apprentices) entertain.

Nijo Castle and Gardens Visit

Kyoto

Visit the Nijo Castle, the residence of the first shogun of the Edo Period built in 1603. Now a UNESCO World Heritage Site, the property is divided into three areas: the Honmaru (main circular fortification), Ninomaru (secondary circle of defense), and the gorgeous gardens that surround both.

Enjoy a visit to the beautiful Fushimi Inari Taisha shrine and walk under the bright torii gates. Opt to shop, stroll along the riverbank, or explore another of Kyoto's many temples with free time.



Accommodation

Prince Smart Inn Kyoto Sanjo (or similar)

Hotel



Today's Activities

Fushimi Inari Taisha Shrine Visit

Kyoto

Visit the Fushimi Inari shrine, located just outside of Kyoto. Walk under the thousands of iconic torii gates (as seen in the film *Memoirs of a Geisha*) and enjoy the peaceful atmosphere. The shrine itself is at the base of the Inari mountain but includes many trails up to smaller shrines in the area.

Free Time

Kyoto

Continue exploring Japan's historic capital with some free time.



Optional Activities - Day 13

Zen Gardens of Ryōan-ji

Kyoto

600JPY

The Ryōan-ji garden is one of the best examples of kare-sansui, or dry landscape, a type of Zen garden. Fifteen large rocks are placed within a sea of white pebbles raked into linear patterns to facilitate meditation. Stand on the platform to get the best view from above. Stroll the grounds around the Ryōan-ji Temple and along the Kyōyo-chi pond.

Take a boat ride on Lake Ashino-ko, and hopefully catch a glimpse of majestic Mt Fuji. Enjoy a feast on a traditional Japanese kaiseki meal then soak in the natural hot springs.

Travel to Hakone, a town in the hills famous for its onsens, or natural hot springs.

In the evening, enjoy savouring a complex meal of traditional Japanese foods, followed by a recommended soak in the onsen.

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Meals included

Dinner



Accommodation

Hotel Kagetsuen (or similar)

Hotel



Today's Activities

Bullet Train

Odawara - Kyoto

3h

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

Local Bus

Odawara - Hakone

30m

Climb aboard, grab a seat, and enjoy the ride.

Lake Ashino-ko Boat Ride

Hakone

30m

Hop aboard a passenger boat to cruise the waters of Lake Ashinoko. If you are lucky, on a clear day you can capture a view of Mt Fuji. The lake was formed from the caldera of Mt Hakone following its eruption 3000 years ago. Sit back, relax and enjoy.

Traditional Kaiseki Meal

Hakone

Savour a complex meal of traditional Japanese foods, then finish the day with a soak in the onsen.

Day 15

Hakone/Tokyo

Head to Tokyo with time to do some last-minute shopping.

Arrive before noon to Tokyo, with time to explore this energetic metropolis.

Opt to visit Ueno park and the museums, Akihabara for cutting edge electronics, Harajuku for funky fashions, Ginza for the highest of the high end, walk the grounds of the Imperial Palace East Garden, or just stroll the streets, looking for the traditional life that still lies just under the modern surface.



Meals included

Breakfast



Accommodation

The B Akasaka (or similar)

Hotel



Today's Activities

Free Time

Tokyo

With so much to do, start exploring now.

Local Train

Hakone - Tokyo

Climb aboard, take your seat, and get around like the locals do.



Optional Activities - Day 15

Ginza Shopping

Tokyo

Free

The Ginza district is Tokyo's equivalent of Fifth Avenue in New York. Window shop at Chanel, Dior, Gucci and Louis Vuitton, then check out the latest electronics at the Sony showroom or Apple store. Visit the Wako department store with its historic clock tower, housed in a building that dates back to 1894. If you are there on a weekend, head to Ginza's main street where pedestrians rule without Tokyo's traffic.

Imperial Palace East Gardens Walk

Tokyo

Free

The Imperial Palace in Tokyo's city centre is home to Japan's Emperor and Empress. It is surrounded by a moat and three gardens, all open to the public. Stroll throughout the grounds, admire the azaleas and hydrangeas (when in season), discover the original stone wall that surrounded the palace back in 17th to 19th centuries during the days when samurai warriors defended the ruler. Visit nearby Sannomaru-Shozo-kan museum and see exquisite kimonos and Japanese paintings.

Sensō-ji Temple Visit

Asakusa

Free

Explore Sensō-ji Temple, a colourful Buddhist temple and the oldest temple in the entire city. Leading up to the temple the street is lined with shops selling yummy food and great souvenirs.

Ueno Park Visit

Tokyo

Free

As Japan's most popular city park, Ueno is known for its museums and cherry blossoms. Stroll the pathways, admire the thousands of trees, including approximately 800 Somei-yoshino cherry trees, look for lotus on the pond, or opt to visit the temples and museums (entrance fees).

Meiji Shrine Visit

Tokyo

Free-1000JPY

Visit this shrine dedicated to the 123rd emperor of Japan, Emperor Meiji and his wife. The shrine is a great place to escape the bustle of the city and wander the grounds along the wide walking paths.

Day 16

Tokyo

Depart at any time.

We highly recommend booking post-accommodation to fully experience this vibrant city.

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Local Living Moment: Overnight in Mount Kōya Temple, Kōyasan
- Your Discover Moment: Shanghai

- Great Wall excursion and entrance (Beijing)
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- Lake Ashino-ko boat ride
- Traditional ryokan stay with kaiseki meal
- Internal flight
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Meet the ancient Terracotta Warriors, Visit the Great Wall of China, Sleep in a temple atop Mt Kōya, get a bird's-eye view of Mt Fuji from a cable car, stay in a traditional ryokan

Itinerary Notes

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What are the main highlights of this trip?

Meet the ancient Terracotta Warriors, Visit the Great Wall of China, Sleep in a temple atop Mt Kōya, get a bird's-eye view of Mt Fuji from a cable car, stay in a traditional ryokan

Is there a disclaimer I should read before booking this trip?

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

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What important notes should I be aware of before the trip?

COMBO TRIP

Please note that this trip is a combination of multiple G Adventures tours. As such, the staff and/or particular vehicles operating your tour may change between tour segments. You may also expect some group members to join or leave the tour, between tour segments.

INTERNET ACCESS

Please note while traveling through mainland China you will not be able to access some popular internet websites, certain websites such as Google, Dropbox, Gmail, Facebook, Instagram, Twitter, WordPress, etc. It may be possible to access some of these websites using a VPN. If you wish to use above blocked sites, we suggest you get a suitable VPN on your device prior to travel.

TATTOOS

Tattoos are not common or widely accepted in Japan. There is no cause for concern, but do your best to cover your tattoos when possible and note that you may not be permitted to enter public spas or onsens (hot springs).

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Peak season notice: Golden Week falls between October 1st and 7th, 2019/2020/2021. Please note that Golden Week is a semi-annual 7-day or 8-day national holiday for the people of China. This is a very busy time of the year for domestic tourists, so expect some crowding at major attractions. We recommend booking these dates well in advance as accommodations and transportation availability is extremely limited.

What is the role of the group leader during this trip?

All our G Adventures group trip is accompanied by a G Adventures Chief Experience Officer (CEO) in China. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

What is the maximum and typical number of participants on this tour?

Max 16

What meals are included in this trip?

3 breakfasts, 1 lunch, 2 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Included breakfasts will usually be asian style consisting of noodles or congee (rice porridge) or bread and eggs. Vegetarians will be able to find a range of different foods, although in some areas the choice maybe limited. While trekking in remote regions food is included, plentiful and made of fresh local ingredients. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Train, local bus, air-con bus, sea ferry, boat, walking, plane, bullet train.

How will we travel between destinations?

Train travel is often used throughout our China trips as it's an easily accessible and fast way to make the most of the time you have in China. While packing for your trip please note the following restrictions and remember that the local policies in place are for yours and everyone's safety.

Prohibited items on China's trains and metro:

1. Any knives or scissors
2. Items or food that have an unpleasant odour (ex. Durian)
3. Open liquor bottles (new bottles with the seal intact are okay)
4. Pressurized/flammable containers over 120ml in size (ex. sunscreen spray, mosquito repellent spray, hairspray, etc.)

Prohibited items on trains to/from Guangxi Province - Guilin/Yangshuo

1. Floria Water - a mosquito repellent water common in China
2. Self-heating food items (self-heating hot pot, rice, etc.)
3. As well as everything on the previous list above

Are local flights included in the cost of the trip?

Please be advised that any flights noted on the G Adventures Itinerary for this tour are included in the tour services provided. Flight tickets are provided by G Adventures during the tour. The date for this service will match the day of the itinerary, for which Day 1 is equal to the start date noted on the Invoice under Land Services: Tour. If flight information is required in advance for visa purposes, please contact G Adventures.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (12 nts), mountain monastery (1 nt, shared facilities), traditional inn (1 nt, shared facilities), overnight train (1nt)

Do any exceptions apply to Rooming or “My Own Room” on my tour?

Night 4 (overnight train)

What should I expect from the accommodations on this trip?

JAPAN:

Ryokan are traditional inns found across Japan. Featuring tatami floors (soft mats of woven straw), futon beds, Japanese-style baths, cotton kimono (casual robe worn to lounge around or to head to the bath), and elaborate meals (often served in the comfort of your own room), a ryokan is the perfect place to experience traditional customs and hospitality. As ryokan are usually top tier accommodations, most guests stay only one night, often to celebrate a special occasion or holiday. Don't be intimidated by the formalities inherent to a stay at a ryokan, your hosts will welcome you the same way they do all their guests. Have fun and enjoy this relaxing opportunity to learn more about Japan's unique customs.

Minshuku are Japan's answer to the Western bed and breakfast. Similar to ryokan, they have traditional features like tatami floors, futon beds, and Japanese-style baths. Minshuku are often family-run, and as such they offer a great opportunity to interact with local people and learn more about the nation's customs. More affordable and simpler than ryokan, minshuku tend to have smaller guestrooms, shared bathroom facilities, and any included meals (traditional, local, and delicious) are served in a communal dining room.

Please note that some of the traditional Japanese inns used on this tour only offer shared bathing facilities. This means that individual shower stalls will not be available, instead several shower stations are available in an open, same-sex bathing area. Shared bathhouses and onsen (hot springs) are an essential part of Japan's culture, traditionally serving as a place for men or women to gather, relax, and discuss the day's happenings.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

If you have not pre-booked an arrival transfer with G Adventures, you can take the subway or the Airport Express Train.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please call or go to the information centre and ask the staff there to help to call our local G Adventures Transfer provider directly at: +86 18122213686. – if the driver cannot arrive anytime soon, please take a taxi to your start point hotel.

If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense.

EMERGENCY CONTACT NUMBERS

G Adventures Local Tour Operator (China):

Head Office: +86 18122213686

Beijing Office: +86 010-65128789 or +86 13379009576

G Adventures Local Office (Japan)

During office hours: Mon-Fri (Excluding national holidays) 9:00-18:00 Local Time

From outside Japan: 1st contact +81 3-6809-1212. (2nd contact +81 90 1223 2336 or +81 80 6779 1851)

From within Japan: 1st contact 03-6809-1212 (2nd contact 090 1223 2336 or 080 6779 1851)

After office hours emergency number

Primary phone: +81 90 1223 2336 or +81 80 6779 1851 (from within Japan: 090 1223 2336 or 080 6779 1851)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What are the packing guidelines and luggage restrictions?

It's essential to pack as lightly as possible for rail travel in Japan. All G Adventures tours use the world-famous Shinkansen bullet trains, which have a restriction on maximum luggage size.

Any luggage brought on board must be less than 160cm in total (calculated as the sum of the height + width + depth of your luggage). This is roughly the size that most airline companies consider as "carry-on baggage" and allow in overhead storage compartments. We strongly recommend bringing a day pack or backpack to use during the day (for daily essentials like water, cameras, passport, etc.).

Please note that travellers who bring luggage that exceeds this restriction will be directly penalized by the Central Japan Railway Company. Any luggage between 160–250cm will require a fee of 1,000 JPY per luggage, for each leg of your train journey, and is strictly subject to availability. Any luggage over 251cm in total is prohibited on the Shinkansen trains.

If you absolutely must bring more than what fits into a single carry-on bag plus day pack, you may bring a second carry-on bag which also must be less than 160cm in total. Please note, however, that as with all G Adventures tours, you must be able to carry your luggage unassisted.

As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 10-15kg/22-30lb. Suitcases are not recommended for G Adventures trips! Most travellers carry a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit under the beds when travelling on sleeper trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones.

Do not bring any knives or swords into China (gifts or otherwise). If they do make it into the country, they will not be permitted on trains. If you purchase a knife or sword while travelling elsewhere before arriving in China your best option is to post/mail it home before entering the country as no post/mail companies in China will accept it as a parcel.

Takuhaibin - Japan's takuhaibin service is a convenient and reliable way to transfer luggage from one location to another throughout the country. Pick-up/drop-off/delivery dates and times can be easily scheduled (usually overnight) and costs are moderate. Service can be arranged at most hotels and airports. Using Takuhaibin to send your luggage between hotels, or from hotel to airport, is a great way to travel light and avoid hauling large bags on crowded trains or up and down stairs – just be sure to pack an overnight bag with everything you'll need until you're reunited with your luggage the following day.

What should I pack for this trip?

Cold Weather:

- Long-sleeved shirts or sweater
- Warm gloves
- Warm layers
- Scarf
- Warm hat
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Locks for bags
- Binoculars (optional)
- Flashlight/torch (Headlamps are ideal)
- Long pants/jeans
- Camera (With extra memory cards and batteries)
- Fleece top/sweater
- Moneybelt
- Cash, credit and debit cards
- Footwear
- Outlet adapter
- Day pack (Used for daily excursions or short overnights)
- Hat
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Ear plugs
- Headphones (Noise-cancelling recommended)
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Light Hiking:

- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Walking poles

Train Travel (Optional):

- Slip-on shoes
- Travel cutlery
- Small container with lid
- Travel or camp cup

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana Note: From Nov-Apr weather can be cold, so please pack warm clothing.

Where can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Please note that visas are the responsibility of the individual traveller. The visa requirements for your trip vary depending on where you are from and where you are going. We keep the following information up to date as much as possible, but rules do change. It is important that you check for yourself with the embassy of each country. Your travel agent can assist. Please, keep in mind that all countries require passports valid for at least 6 months from the moment of departure from the country.

CHINA:

If you require a visa to enter China, you may also need an official Letter Of Invitation (LOI) before you can apply for your Chinese visa. If you require a Letter of Invitation (LOI) to apply for a Chinese visa, please fill out & submit the following request [form](#)

You can obtain the LOI through our visa support agent in China. The visa support link you need to complete will be sent to you or your travel agent by email when you confirm your booking. You must read the instructions carefully and fill out all the details.

Please ensure that you list the same details as appear on your LOI when filling out your Chinese Visa Application form.

HOW TO FILL IN CHINA LOI FORM ONLINE:

As Chinese visas are dated specifically for entry and exit, please ensure you enter the correct dates as per your flights entering and exiting China. Please remember to put exactly the same dates when you fill out the application at the Chinese embassy. You will need to provide additional documentation to the consulate (i.e. flights tickets, hotel reservations) if these dates fall outside the duration of the tour.

Please do not submit the below application until 3 months prior to your entry into China. The details will be forwarded to our local agent in China and your Letter of Invitation (LOI) will be issued within 10 business days of receipt.

Letter of Invitations (LOI) will be issued as a matter of priority based on the number of days from departure.

Once you have received your LOI you can apply for your visa by going to the nearest Chinese embassy. Please, remember that it is your responsibility to check whether passport details, name spelling and dates on the LOI are correct.

You must print out the full set of application forms including the 'Confirmation of Online Visa application' and 'Visa Application Form of the People's Republic of China'. All pages of each form must be printed out. The signature and date on the Confirmation Page and the 8th page of Visa Application Form of the People's Republic of China must be handwritten by the applicant themselves. Visa applicants under the age of 18 must be signed by their guardian while also adding a handwritten signature in the 'For person filling in the application on the applicant's behalf'.

IMPORTANT: if you require a visa for China and plan to travel within 3 months of your entry into China, we strongly recommend that you avoid travel outside of your home country during the period between your visa application up until the time your visa is approved. In many cases, travellers who apply for a visa to China while in another country outside of their home country, will be denied their visa.

Travellers must have at least two blank passport pages available for each country they will visit on your tour. These are required for entry & exit stamps.

Where can I read detailed notes about this trip?

China has emerged as a great tourist destination in the last ten years and is an intriguing and rewarding destination to visit. Developing at a fast rate, travel is becoming easier for foreigners but please be aware that English is still not widely spoken outside the large cities and that accommodation, toilet facilities and some transportation is not yet at the same level as you would expect in developed countries. If you are able to bring with you a lot of patience, a great sense of humour and a willingness to try and interact with the local people, your travel experience will be greatly enhanced.

Due to Internet restrictions, some popular websites and applications – including social media sites like Facebook and email services like Gmail – may not work in China. If you think these restrictions may affect you, we suggest you do research before your departure in order to be prepared. Bear in mind the availability of websites and apps can change without notice at any time.

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

As currency exchange rates in Asia fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com.

As of April 2024 the exchange rate for China was 1 USD = 7.25 CNY (Chinese Yuan).

Although the most common payment methods in China are apps such as WeChat Pay and Alipay, we strongly recommend carrying some cash as a backup, since credit cards or mobile apps may not always work. We also suggest setting up either WeChat Pay or Alipay on your device before arriving in China. We strongly suggest setting up either Wechat or Alipay on your device prior to coming to China. This will require you link a credit or debit card to these apps and also set up a data roaming package to use in China so that you can make payments locally. Please check the terms and conditions carefully when you set up account and payment. Credit cards may work with big vendors in first tier cities like Beijing, Shanghai or Hong Kong but it's not guaranteed and less likely to work in other cities or towns and small vendors.

Credit Cards are widely accepted throughout Japan, but some places still only accept cash. Money can be exchanged at Post Offices and some banks and hotels in major cities, however it can be a very slow process. Every Post Office and Convenience store has an ATM machine that accepts Visa, Mastercard and Debit Cards. At times, Maestro/Master Card/Cirrus have been problematic at these machines, so please bring a back-up card.

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

Departure Tax is included in all International and Domestic tickets in China, Thailand & Vietnam.

What are the tipping guidelines for this trip?

Traditionally in China tipping is not expected and thus there is no need to tip in restaurants and your general interaction with locals; however, tipping is customary - though not compulsory - in the tourism industry and not only shows an expression of satisfaction it may also be of considerable significance to the people who will take care of you during your travels.

Tipping for service is not practiced in Japan. Leaving money at restaurants, in taxis etc will simply cause confusion.

Tipping within the travel industry is standard to recognize the guide for a great experience. Our CEOs work hard to make your trip special. If you're happy with their service, a tip of \$5-\$7 per day is a great way to say thanks, though the final amount is completely up to you.

There are times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO may offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from 1 to 3 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group as a whole should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

What activities are optional on this trip?

Beijing

- The Pearl Market (Free)
- Drum and Bell Tower Visit
(30CNY per person)

Mutianyu

- Toboggan at Great Wall
(100-140CNY per person)
- Cable Car at Great Wall
(100-140CNY per person)

Shanghai

- Yuyuan Garden (40CNY per person)

Miyajima

- Mt. Misen Visit (Free-2000JPY per person)

Kyoto

- Zen Gardens of Ryōan-ji
(600JPY per person)

Tokyo

- Ginza Shopping (Free)
- Ueno Park Visit (Free)
- Imperial Palace East Gardens Walk (Free)
- Meiji Shrine Visit (Free-1000JPY per person)

Asakusa

- Sensō-ji Temple Visit (Free)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up-to-date medical travel information well before departure.

We recommend that you carry a First Aid kit, hand sanitizer/antibacterial wipes, and a full supply of any personal medications. Always carry your prescription medication in original packaging with your doctor's prescription and ensure your medication is legal in Japan. In Asia, you will not find the same drugs as you get at home. Please be aware that sometimes we are in remote areas and away from medical facilities. Also note that for legal reasons our CEOs (tour leaders) are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your tour, carefully read the itinerary and note the physical demand rating and assess your ability to cope with the demands of the tour and travel style.

G Adventures reserves the right to exclude any traveller from all or part of a tour without refund if, in the reasonable opinion of the CEO, they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

Are there any specific safety considerations for this itinerary?

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

What are the mandatory travel insurance requirements for this trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting temples or mosques or other holy sites.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Special Comments

7 day Japan Rail Pass included in the price of the trip.

What are the age restrictions for this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.