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Peak season notice: Golden Week falls between October 1st and 7th each year. Please note that Golden Week is a semi-annual 7-day or 8-day national holiday for the people of China. This is a very busy time of the year for domestic tourists, so expect some crowding at major attractions. We recommend booking these dates well in advance as accommodations and transportation availability is extremely limited.



## **China: Bike Rides & Village Walks**

10 days, Chengdu to Shanghai

Trip code ACYH

### **What's included**

- Your First Night Out Moment: Connect With New Friends
- Your Discover Moment: Yangshuo

- Your Local Living Moment: Hakka Tulou, Hongkeng Village
- Your Big Night Out Moment: Shanghai
- Orientation walks in Chengdu
- Overnight stay in a traditional Hakka Village
- Cycle tour through Yangshuo city and countryside
- Orientation walk in Yangshuo
- Chinese lunch in a local Yangshuo community
- Guangzhou city tour
- CEO-led walk through old town Shanghai
- Free time in Shanghai

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**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing June 7th, 2024 and onwards

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Chengdu

Welcome to China! Arrive at any time, then meet your CEO and group in the evening for a Welcome Meeting & Orientation walk. Afterwards, join your crew for your First Night Out in the vibrant city of Chengdu!

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### Accommodation

Poshpacker Local Tea Hostel (or similar)

Hostel

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### Today's Activities

Orientation Walk

Chengdu

Set out on an orientation walk near the hotel with your CEO to get your bearings. They will show you restaurants, points of interest, supermarkets, ATMs, etc.

#### ACTIVITY

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.

Day 2

## Chengdu/Yangshuo

We'll ditch the big city this morning and head to the mountains today. A late morning bullet train brings us to the city of Yangshuo. After we arrive, we'll take an orientation walk of this picturesque, riverside city.

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### Accommodation

Floral Hotel Memorize Scene (Baina Hotel) (or similar)

Hotel

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### Today's Activities

Private Vehicle

Guilin - Yangshuo

1h30m-2h

Settle in and scan the scenery from the convenience of a private vehicle.

Bullet Train

Chengdu - Guilin

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

Orientation Walk

Yangshuo

1h

This backpacker town is full of things to do and see. An orientation walk will get you situated and help you make the most of your time in this idyllic location.

Day 3

## Yangshuo

Today we'll hop on a bike and explore the countryside of Yangshuo. Ride along the river, travel through a local village and stop for lunch at a local restaurant, all while taking in the incredible mountains surrounding the area. In the afternoon, head back to the city and enjoy a free evening.

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### Meals included

Lunch

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### Accommodation

Floral Hotel Memorize Scene (Baina Hotel) (or similar)

Hotel

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### Today's Activities

Yangshuo Guided Cycle Tour

Yangshuo

4h-5h

10km

Follow the guide and cycle over the flat(ish) landscape past rice paddies, local farmers, and water buffalo. Marvel at the limestone karsts and hear the legends of how they came to be. Stop for lunch at the house of a local family for a tasty meal made from freshly grown produce.

Enjoy a free day in Yangshuo! While this city may not be as big as some of China's other top destinations, there is no shortage of things to do here. Opt to visit the Xianggongshan & Tea Farm or go to the Impression Liu Sanjie light show. How about a Tai Chi or Kung Fu class? Even a cooking class!



## Accommodation

Floral Hotel Memorize Scene (Baina Hotel) (or similar)

Hotel



## Optional Activities - Day 4

Impression Liu Sanjie Culture Show

Yangshuo

298CNY

When the sun goes down, the Li River lights up for the 'Impression of Liu Sanjie' light show. The show consists of 7 episodes: the Prelude, Red Impression, Green Impression, Golden Impression, Blue Impression, Silvery Impression and the Epilogue. Each scene in the show is more spectacular and breathtaking than the last and is made up of 600 actors and actresses, colourful stage lights, and special-effect smoke systems. Watch the moonlight dance along the Li River combined with colourful lights and dancers as the show plays on!

Central Chinese Cooking Class - Yangshuo

Yangshuo

Calling all foodies! Get an inside look at real Chinese food with a tour of the Yangshuo market to learn about the ingredients used in the Yangshuo area. Afterward, learn to cook Chinese food in a traditional Chinese farmhouse in the beautiful countryside just outside Yangshuo. After the cooking class you can sit down and enjoy the delicious dishes you have prepared.

Xianggongshan & Tea Farm Visit

Yangshuo

Travel us Xianggongshan, one of the amazing karst mountains in Yangshuo. Go up to the top and enjoy a birds eye view of the LiRiver. Visit a tea plantation and pick kumquats.

Tai Chi Class

Yangshuo

100CNY

Start the day early with a private Tai Chi class led by a local expert. This weaving together of calming yoga and meditation is practiced by millions daily throughout China and around the world. Learn the basic principles and moves of this ancient practice and start to discover firsthand why Tai Chi is revered for such health benefits as stress relief, improved balance and circulation, and overall well-being.

Day 5

## Yangshuo/Guangzhou

We'll arrive to the train station this morning to take a bullet train to one of the most important cities in China, Guangzhou. After arriving and a short rest, we'll hit the town and take a tour to see what Guangzhou has to offer. Visit Chen Clan Academy and the Shamian Island. Then in the evening, opt to take the Pearl River boat cruise under the Guangzhou city lights.



### Accommodation

Five Rams City Hotel (or similar)

Hotel



### Today's Activities

Bullet Train

Guilin - Guangzhou

3h

490km

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

Guangzhou City Tour

Guangzhou

Go on a tour of the city of Guangzhou led by your CEO. Visit Chen Clan Academy and Shamian Island.

Private Vehicle

Yangshuo - Guilin

1h30m-2h

Settle in and scan the scenery from the convenience of a private vehicle.

The next two nights are a special opportunity to stay in the extremely unique homes of the Hakka People. We'll stay in Hakka Tulou, ancient fortified buildings. Some can be 5 stories tall and some can be dated back to the 12th century. Travel back to the past as we explore this super off the beaten path part of China.

Today's travel brings you quite a distance so charge up those devices and get your playlists ready to roll.



## Accommodation

Yuchenglou Guesthouse (or similar)

Hotel



## Today's Activities

Bullet Train

Guangzhou - Longyan

5h30m

540km

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

### ACTIVITY

Spend two nights in an authentic Hakka tulou for a once-in-a-lifetime cultural immersion experience. These rural Chinese dwellings, also known as earthen houses, are circular or rectangular fortified structures up to five stories high with an open-air centre. Settle in and make yourself at home.

Private Vehicle

Longyan - Yongding

1h30m

80km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 7

## Yongding

Wake up in one of the most unique places you'll ever stay. Then join your group and take an orientation walk of the Hakka Cultural Village. This afternoon, you'll have the opportunity to explore this impressive fortress how you'd like. Learn from the locals and hear their stories about how their families have been living in these homes for hundreds of years.

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### Accommodation

Yuchenglou Guesthouse (or similar)

Hotel

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### Today's Activities

Hakka Cultural Village Orientation Walk

Yongding

Starting from your Hakka guest house, go on an orientation walk of the village and plan how you'll spend your day in this incredible place.

Free Time

Yongding

Enjoy a free day to continue visiting the village and have local interactions.

Day 8

## Yongding/Shanghai

Say goodbye to the community at the Hakka Houses before we head off on our journey to Shanghai. This is a long travel day, but the big city beckons! Shanghai is known to be distinct from the rest of China as one of the most internationally influenced cities in the country. It's an awesome spot to end our trip!

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### Accommodation

HuaYi Eastern Hotel (Shanghai Hongkou North Sichuan Road) (or similar)

Hotel

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### Today's Activities

Shuttle

Yongding

Move efficiently from point A to point B aboard this dependable ride.

Bullet Train

Longyan – Shanghai

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

Start today with an orientation walk in Shanghai. Then join your CEO to head to some of the cities most popular spots. Start in the historical, waterfront district of the Bund Area and then pay a visit to Shanghai Old Town. This afternoon, tick off whatever is left on your Shanghai to do list with some free time. Opt to visit the Yuyuan Garden, shop and stroll through Nanjing Road or ask your CEO from some local restaurant recs. The options are endless in Shanghai! In the evening, join your crew for a Big Night Out!



## Accommodation

HuaYi Eastern Hotel (Shanghai Hongkou North Sichuan Road) (or similar)

Hotel



## Today's Activities

Free Time

Shanghai

Enjoy a free afternoon in Shanghai.

Old Town Shanghai Walk

Shanghai

1h30m

Enjoy a walk in the picturesque Old Town of Shanghai, which lies inside the ancient walled city of Shanghai. There are many wonderful sites to explore here, including the Yuyuan Garden and many temples.

ACTIVITY

Join us for a night out on the town in Shanghai!

Orientation Walk

Shanghai

1h

Take a stroll along the Bund, a main road that follows the Huangpu River, with your CEO. This is a great opportunity to get a layout of the city and figure out what you want to explore next.

Depart at any time.

## What's included

- Your First Night Out Moment: Connect With New Friends
- Your Discover Moment: Yangshuo
- Your Local Living Moment: Hakka Tulou, Hongkeng Village
- Your Big Night Out Moment: Shanghai
- Orientation walks in Chengdu
- Overnight stay in a traditional Hakka Village
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## What are the main highlights of this trip?

Experience a different side of China with a stay in the Hakka Cultural Village, Explore some of China's most booming and exciting cities, Get off the beaten track and into nature with a cycle through the Yangshuo countryside, Enjoy a Chinese meal with a local community

## What are the main highlights of this trip?

Experience a different side of China with a stay in the Hakka Cultural Village, Explore some of China's most booming and exciting cities, Get off the beaten track and into nature with a cycle through the Yangshuo countryside, Enjoy a Chinese meal with a local community

## **Is there a disclaimer I should read before booking this trip?**

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## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **What important notes should I be aware of before the trip?**

1. Please note while traveling through mainland China you will not be able to access some popular internet websites. It's important to let your family and friends know that you might not be able to stay in touch over your usual methods, be it – social media or email. The Chinese Government restricts certain websites such as Google, Dropbox, Gmail, Facebook, Instagram, Twitter, WordPress, Whatsapp etc. It may be possible to still access some of these websites using a VPN. If you wish to stay in touch with your friends and family through the above blocked sites, we suggest you research installing a suitable VPN on your device prior to travel or turn on your data roaming if needed.

### **2. INTERNET ACCESS**

Please note while traveling through mainland China you will not be able to access some popular internet websites, certain websites such as Google, Dropbox, Gmail, Facebook, Instagram, Twitter, WordPress, etc. It may be possible to access some of these websites using a VPN. If you wish to use above blocked sites, we suggest you get a suitable VPN on your device prior to travel.

### **3. LUGGAGE**

As we use (sometimes crowded) local transport please note backpacks are much more suitable than suitcases for this style of trip. Train travel means that bags have to be stowed either overhead or under beds, so travelling as light as possible is recommended.

## **What is the role of the group leader during this trip?**

All our G Adventures group trips are accompanied by a G Adventures Chief Experience Officer (CEO) in China. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting – we think it's the best of both worlds.

## **How large will the group be?**

Max 18, avg 15

## **What meals are included in this trip?**

1 lunch

## **What are the meals like on this trip?**

Eating is a big part of travelling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Breakfast in China will usually be Asian style consisting of noodles or congee (rice porridge) or bread and eggs. Vegetarians will be able to find a range of different foods, although in some areas the choice maybe limited. While trekking in remote regions food is included, plentiful and made of fresh local ingredients. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## **What are the modes of transportation on my trip?**

Bullet train, metro, public bus, private vehicle, bicycle, walking.

## **Are local flights included in the cost of the trip?**

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

## Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## Where will we stay during the trip?

Hakka guesthouse (2 nights), Hotel (7 nights).

## Do any exceptions apply to Rooming or “My Own Room” on my tour?

Night 6 and 7

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

If you have not pre-booked an arrival transfer with G Adventures, you can take the metro or airport bus.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please call or go to the information centre and ask the staff there to help to call our local G Adventures Transfer provider directly at: +86 18122213686 – if the driver cannot arrive anytime soon, please take a taxi to your start point hotel.

If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Tour Operator (China):

Head Office: +86 18122213686

Beijing Office: +86 010-65128789 or +86 13379009576

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

## **Are there any additional packing suggestions I should consider?**

What you need to bring depends on the trip you have chosen and the countries or regions you are planning to visit. We suggest that you pack as lightly as possible as you are expected to carry your own luggage. As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 10-15kg/22-30lb. Suitcases are not recommended for G Adventures trips! Most travellers carry a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit under the beds when travelling on sleeper trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones.

Do not bring any knives or swords into China (gifts or otherwise). If they do make it into the country, they will not be permitted on trains. If you purchase a knife or sword while travelling elsewhere before arriving in China your best option is to post/mail it home before entering the country as no post/mail companies in China will accept it as a parcel.

# What should be on my packing list?

## Cold weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

# What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Please note that visas are the responsibility of the individual traveller. The visa requirements for your trip vary depending on where you are from and where you are going. We keep the following information up to date as much as possible, but rules do change. It is important that you check for yourself with the embassy of each country. Your travel agent can assist. Please, keep in mind that all countries require passports valid for at least 6 months from the moment of departure from the country.

## CHINA:

If you require a visa to enter China, you may also need an official Letter Of Invitation (LOI) before you can apply for your Chinese visa. If you require a Letter of Invitation (LOI) to apply for a Chinese visa, please fill out & submit the following request [form](#)

You can obtain the LOI through our visa support agent in China. The visa support link you need to complete will be sent to you or your travel agent by email when you confirm your booking. You must read the instructions carefully and fill out all the details.

Please ensure that you list the same details as appear on your LOI when filling out your Chinese Visa Application form.

## HOW TO FILL IN CHINA LOI FORM ONLINE:

As Chinese visas are dated specifically for entry and exit, please ensure you enter the correct dates as per your flights entering and exiting China. Please remember to put exactly the same dates when you fill out the application at the Chinese embassy. You will need to provide additional documentation to the consulate (i.e. flights tickets, hotel reservations) if these dates fall outside the duration of the tour.

Please do not submit the below application until 3 months prior to your entry into China. The details will be forwarded to our local agent in China and your Letter of Invitation (LOI) will be issued within 10 business days of receipt.

Letter of Invitations (LOI) will be issued as a matter of priority based on the number of days from departure.

Once you have received your LOI you can apply for your visa by going to the nearest Chinese embassy. Please, remember that it is your responsibility to check whether passport details, name spelling and dates on the LOI are correct.

You must print out the full set of application forms including the 'Confirmation of Online Visa application' and 'Visa Application Form of the People's Republic of China'. All pages of each form must be printed out. The signature and date on the Confirmation Page and the 8th page of Visa Application Form of the People's Republic of China must be handwritten by the applicant themselves. Visa applicants under the age of 18 must be signed by their guardian while also adding a handwritten signature in the 'For person filling in the application on the applicant's behalf'.

**IMPORTANT:** if you require a visa for China and plan to travel within 3 months of your entry into China, we strongly recommend that you avoid travel outside of your home country during the period between your visa application up until the time your visa is approved. In many cases, travellers who apply for a visa to China while in another country outside of their home country, will be denied their visa.

Travellers must have at least two blank passport pages available for each country they will visit on your tour. These are required for entry & exit stamps.

## **What should I consider when planning my personal expenses and discretionary spending for this itinerary?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## **What should I know about currency, credit cards, and exchanging money while on this tour?**

As currency exchange rates in Asia fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com).

As of April 2024 the exchange rate for China was 1 USD = 7.25 CNY (Chinese Yuan).

Although the most common payment methods in China are apps such as WeChat Pay and Alipay, we strongly recommend carrying some cash as a backup, since credit cards or mobile apps may not always work. We also suggest setting up either WeChat Pay or Alipay on your device before arriving in China. We strongly suggest setting up either Wechat or Alipay on your device prior to coming to China. This will require you link a credit or debit card to these apps and also set up a data roaming package to use in China so that you can make payments locally. Please check the terms and conditions carefully when you set up account and payment. Credit cards may work with big vendors in first tier cities like Beijing, Shanghai or Hong Kong but it's not guaranteed and less likely to work in other cities or towns and small vendors.

## **How much emergency money should I bring on this trip?**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## **Do I need to pay a departure tax?**

Departure Tax is included in all International and Domestic tickets in China.

## Should I be tipping on my trip?

Traditionally in China tipping is not expected and thus there is no need to tip in restaurants and your general interaction with locals; however, tipping is customary - though not compulsory - in the tourism industry and not only shows an expression of satisfaction it may also be of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO may offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from 1 to 3 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group as a whole should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$5 USD per person per day can be used.

## What activities are optional on this trip?

### Yangshuo

- Impression Liu Sanjie Culture Show (298CNY per person)
- Xianggongshan & Tea Farm Visit
- Central Chinese Cooking Class - Yangshuo
- Tai Chi Class (100CNY per person)

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting temples or mosques or other holy sites.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## **Are international flights included in this trip?**

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## **What should LGBTQ+ travellers know about safety and travel considerations on this trip?**

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.