



## **China's Hidden Highlights: Chengdu to Kunming**

8 days, Chengdu to Kunming

Trip code ACKK

## What's included

- Your Welcome Moment: Meet Your CEO and Group
- People's Park & Tianfu Square Visit in Chengdu
- Lijiang Old Town Visit
- Black Dragon Pool Park
- Shaxi Walking Tour
- Dali Old Town
- , Dali Xizhou Old Town walking tour
- Transport to and from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing August 12th, 2024 and onwards

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Chengdu

Welcome to China! Arrive at the starting hotel by 3:00 pm to join your group and CEO for a Welcome Meeting. Then head out to visit the People's Park & Tianfu Square then opt to join your group for an optional dinner together.

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### Accommodation

Celebrity Ruicheng Hotel (or similar)

Hotel

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### Today's Activities

People's Park & Tianfu Square Visit

Chengdu

Built in 1911, the People's Park was the first public park in Chengdu. It's the largest green area in downtown. The park features an artificial lake, gardens, teahouses, and is a popular place for locals to enjoy the outdoors. Walk to Tianfu Square in the centre of the city, surrounded by museums.

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

## Chengdu/Lijiang

Spend the morning free in Chengdu. Opt to visit the Giant Panda Breeding Center, visit the Wenshu Monastery or Kuanzhai Alley. Take an afternoon flight from Chengdu to Lijiang.



### Accommodation

Lijiang Wangfu Hotel (or similar)

Hotel



### Today's Activities

Free Time

Chengdu

Enjoy a free morning in Chengdu.

Plane

Chengdu - Lijiang

1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.



### Optional Activities - Day 2

Giant Panda Breeding Center

Chengdu

58CNY

Visit the popular pandas at the Chengdu Research Base of Giant Panda Breeding, created to provide an ideal breeding environment for these endangered creatures. Learn about their life cycle and habitat and take memorable photographs of these iconic national treasures. See a number of other rare species, including the little-known red panda. Arrive in the fall for a chance to see tiny newborn pandas.

Day 3

## Lijiang

After a morning orientation walk of Lijiang, visit the the Black dragon Pool and the spectacular views of the Jade Dragon Snow Mountain above the marble bridge. Upon finishing the tour, opt to head to Lijiang Old town to and explore the must see spots like The Giant Water Wheel, Wangu Tower and Lion Hill. Then enjoy a free evening. Opt to visit the Mufu Museum or grab dinner with your group.

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### Accommodation

Lijiang Wangfu Hotel (or similar)

Hotel

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### Today's Activities

Lijiang Old Town Visit

Lijiang

Walk through the charming old town of Lijiang, a World Heritage Site and home to the Naxi minority. Observe scenes from another era, with old men smoking pipes and women in their traditional costumes. Get lost in the small pedestrian lanes that meander throughout the town -- every twist and turn reveals picturesque old buildings, local arts and crafts, fast flowing canals, and beautiful arched bridges. You can also spend an afternoon resting in a pavilion in the Black Dragon Pool Park, gazing at the reflection of Jade Dragon Snow Mountain and listening to the local Naxi music.

Black Dragon Pool Park

Lijiang

Explore the gorgeous Black Dragon Pool, a pond in Jade Spring Park, which is a short walk from the Old Town of Lijiang. Take in a spectacular view of the region's tallest mountain, Jade Dragon Snow Mountain. Visit the many temples and pavilions in the park, including the Deyue Lou (Moon Embracing Pavillion), the Longshen Temple, and the Wufeng Tower. Tour the Dongba Culture Research Institute and the Dongba Culture Museum, which help to preserve local culture.

Free Time

Lijiang

Enjoy a free evening in Lijiang.

Day 4

## Lijiang/Shaxi

Drive to Shaxi Old Town first thing this morning and head out for a walking tour of this ancient, medieval town full of Buddhist culture. Visit the iconic spots of the town like the Old Market Square, the Old Theater, and Yujin Bridge. This afternoon, enjoy free time in this beautiful town. Opt to visit the Xingjiao Temple or the Ouyang Courtyard.

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### Accommodation

Shaxi One Tree House (or similar)

Guesthouse

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### Today's Activities

Shaxi Walking Tour

Shaxi

4h

Take a walking tour of the city, hitting the main highlights. Each route will be different, but you can expect to see the best this city has to offer.

Free Time

Shaxi

Enjoy a free evening in Shaxi Old Town.

Private Vehicle

Lijiang - Shaxi

1h45m

101km

Settle in and scan the scenery from the convenience of a private vehicle.



## Optional Activities - Day 4

Xingjiao Temple Visit

Shaxi

30CNY

Enjoy a visit to one of the most fascinating and best preserved temples in China. Constructed as a Buddhist shrine in 1415, the courtyard buildings were used as local government headquarters during the Cultural Revolution, which saved the temple from destruction.

Ouyang Courtyard

Shaxi

Near the Shaxi famous Market Square, visit the Ouyang Courtyard, original Bai folk architecture preserved from Qing Dynasty.

Day 5

## Shaxi/Dali

We head to the next town this morning, the thousand year old village of Xizhou Old Town. Explore the well preserved architecture with a tour led by your CEO. Then after a bit of free time in Xizhou, drive to Dali. Head out for an orientation walk and to Dali Old Town. Join your group and CEO for dinner together at a local restaurant. On the way back to the hotel, admire the lanterns that light up this beautiful town at night.



### Meals included

Dinner



### Accommodation

Nanguo Yuyuan Hotel (or similar)

Hotel



### Today's Activities

Private Vehicle

Xizhou - Dali

30m

20km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Shaxi - Xizhou

2h

150km

Settle in and scan the scenery from the convenience of a private vehicle.

Xizhou Old Town

Xizhou

Join your CEO on a walking tour of charming Xizhou Old Town. Visit famous spots like Sifang Street and Yan Family Compound, a Traditional Folk Residences.

Dali Old Town Visit

Dali

Visit the Old town of Dali and enjoy its traditional architecture. It's a great opportunity to learn more about the minority cultures (mostly Bai but also with many Yi and Hui) and relax in this unique place.

Day 6

## Dali

This beautiful lakeside town is yours to do as you wish today! Opt to explore the Old Town, cycle around Dali town or Lake Erhai. Maybe visit the National Geological park of Cangshan Mountain on a hike or on the cable car. A local favorite is the Three Pagodas at Chongsheng Temple or you could learn the art of traditional Tie-Dying by the local Bai people. With so many options, the choice is yours!

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### Accommodation

Nanguo Yuyuan Hotel (or similar)

Hotel

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### Today's Activities

Free Time

Dali

Spend today in Dali however you'd like!

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### Optional Activities - Day 6

Three Pagodas of Chongsheng Temple

Dali

120CNY

Tour these three striking pagoda towers from the Tang Dynasty arranged on the corners of an equilateral triangle. The Central Pagoda is almost 1,200 years old, and represents a period when Dali was a Buddhist Kingdom. Climb to the top of the towers for a beautiful view of Dali Ancient Town and Erhai Lake below.

Erhai Lake Bike Tour

Dali

Cycle around a portion of the lake and enjoy the beautiful views.

Day 7

## Dali/Kunming

Together we'll catch a morning train to Kunming, known as one of China's best natural phenomenons with all its waterfalls, lakes and karst formations. After an orientation walk of the town, opt to head to lunch to try the famous local rice noodle dish. This afternoon, visit the jaw dropping Kunming Flower Market. Then head to the Green Lake (Cuihu) Park where not only will you see your first glimpse of this karst mountain, lake filled town, but you'll also witness locals dancing, singing and playing instruments during their leisure time.



### Accommodation

King World International Hotel (or similar)

Hotel



### Today's Activities

Bullet Train

Dali - Kunming

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

Kunming Flower Market

Kunming

Visit the Kunming Flower Market. Enjoy the exotic scents and vibrant colours of this lively flower market.

Green Lake Park Trip

Kunming

1h

Check out the brightly coloured pavillions, tree-lined walkways, and locals doing tai chi in centuries-old Green Lake Park (Cui Hu Park). Traverse the bridges that connect the park's four small lakes, or relax with a visit to the many restaurants, shops, and tea houses lining the park's edge.

Day 8

## Kunming

Depart at any time.

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## What are the main highlights of this trip?

People's Park & Tianfu Square Visit in Chengdu, Lijiang Old Town Visit, Black Dragon Pool Park, Shaxi Walking Tour, Dali Old Town, Dali Xizhou Old Town walking tour.

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## Is there a disclaimer I should read before booking this trip?

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**VERY IMPORTANT:** Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **What important notes should I be aware of before the trip?**

1. Please note while traveling through mainland China you will not be able to access some popular internet websites. It's important to let your family and friends know that you might not be able to stay in touch over your usual methods, be it – social media or email. The Chinese Government restricts certain websites such as Google, Dropbox, Gmail, Facebook, Instagram, Twitter, WordPress, Whatsapp etc. It may be possible to still access some of these websites using a VPN. If you wish to stay in touch with your friends and family through the above blocked sites, we suggest you research installing a suitable VPN on your device prior to travel or turn on your data roaming if needed.

### **2. INTERNET ACCESS**

Please note while traveling through mainland China you will not be able to access some popular internet websites, certain websites such as Google, Dropbox, Gmail, Facebook, Instagram, Twitter, WordPress, etc. It may be possible to access some of these websites using a VPN. If you wish to use above blocked sites, we suggest you get a suitable VPN on your device prior to travel.

### **3. LUGGAGE**

As we use (sometimes crowded) local transport please note backpacks are much more suitable than suitcases for this style of trip. Train travel means that bags have to be stowed either overhead or under beds, so travelling as light as possible is recommended.

4. As of June 28, 2025, Chinese Aviation Authorities have tightened safety rule following several onboard fire incidents linked to uncertified power bank portable chargers. Passengers will no longer be allowed to bring power banks that lack the official China Compulsory Certification (CCC) mark. Any portable chargers without the CCC mark will be confiscated on domestic flights within China.

## **What is the group leader like?**

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

## **How large will the group be?**

Max 16, avg 14

## **What meals are included in this trip?**

1 dinner

## **What are the modes of transportation on my trip?**

Train, private vehicle, walking, public bus.

## **Is there an extra cost for travelling solo?**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Hotel (7nts)

## **Will I get my own room?**

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## **What kind of accommodation can I expect on this trip?**

Standard twinshare hotel

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on Day 1 at 3:00 pm, where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please call or go to the information centre and ask the staff there to help to call our local G Adventures Transfer provider directly at: +86 18122213686 – if the driver cannot arrive anytime soon, please take a taxi to your start point hotel.

If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Tour Operator (China):

Head Office: +86 18122213686

Beijing Office: +86 010-65128789 or +86 13379009576

G Adventures Local Representative (Vietnam)

Ms. Thuan

Emergency number: +84 88 844 9969

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

# What should be on my packing list?

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

## Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

# What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Please note that visas are the responsibility of the individual traveller. The visa requirements for your trip vary depending on where you are from and where you are going. We keep the following information up to date as much as possible, but rules do change. It is important that you check for yourself with the embassy of each country. Your travel agent can assist. Please, keep in mind that all countries require passports valid for at least 6 months from the moment of departure from the country.

## CHINA:

If you require a visa to enter China, you may also need an official Letter Of Invitation (LOI) before you can apply for your Chinese visa. If you require a Letter of Invitation (LOI) to apply for a Chinese visa, please fill out & submit the following request [form](#)

You can obtain the LOI through our visa support agent in China. The visa support link you need to complete will be sent to you or your travel agent by email when you confirm your booking. You must read the instructions carefully and fill out all the details.

Please ensure that you list the same details as appear on your LOI when filling out your Chinese Visa Application form.

## HOW TO FILL IN CHINA LOI FORM ONLINE:

As Chinese visas are dated specifically for entry and exit, please ensure you enter the correct dates as per your flights entering and exiting China. Please remember to put exactly the same dates when you fill out the application at the Chinese embassy. You will need to provide additional documentation to the consulate (i.e. flights tickets, hotel reservations) if these dates fall outside the duration of the tour.

Please do not submit the below application until 3 months prior to your entry into China. The details will be forwarded to our local agent in China and your Letter of Invitation (LOI) will be issued within 10 business days of receipt.

Letter of Invitations (LOI) will be issued as a matter of priority based on the number of days from departure.

Once you have received your LOI you can apply for your visa by going to the nearest Chinese embassy. Please, remember that it is your responsibility to check whether passport details, name spelling and dates on the LOI are correct.

You must print out the full set of application forms including the 'Confirmation of Online Visa application' and 'Visa Application Form of the People's Republic of China'. All pages of each form must be printed out. The signature and date on the Confirmation Page and the 8th page of Visa Application Form of the People's Republic of China must be handwritten by the applicant themselves. Visa applicants under the age of 18 must be signed by their guardian while also adding a handwritten signature in the 'For person filling in the application on the applicant's behalf'.

IMPORTANT: if you require a visa for China and plan to travel within 3 months of your entry into China, we strongly recommend that you avoid travel outside of your home country during the period between your visa application up until the time your visa is approved. In many cases, travellers who apply for a visa to China while in another country outside of their home country, will be denied their visa.

Travellers must have at least two blank passport pages available for each country they will visit on your tour. These are required for entry & exit stamps.

## **What should I consider when planning my personal expenses and discretionary spending for this itinerary?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## **What should I know about currency, credit cards, and exchanging money while on this tour?**

As currency exchange rates in Asia fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com).

As of April 2024 the exchange rate for China was 1 USD = 7.25 CNY (Chinese Yuan).

Although the most common payment methods in China are apps such as WeChat Pay and Alipay, we strongly recommend carrying some cash as a backup, since credit cards or mobile apps may not always work. We also suggest setting up either WeChat Pay or Alipay on your device before arriving in China. We strongly suggest setting up either Wechat or Alipay on your device prior to coming to China. This will require you link a credit or debit card to these apps and also set up a data roaming package to use in China so that you can make payments locally. Please check the terms and conditions carefully when you set up account and payment. Credit cards may work with big vendors in first tier cities like Beijing, Shanghai or Hong Kong but it's not guaranteed and less likely to work in other cities or towns and small vendors.

## **How much emergency money should I bring on this trip?**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

Traditionally in China tipping is not expected and thus there is no need to tip in restaurants and your general interaction with locals; however, tipping is customary - though not compulsory - in the tourism industry and not only shows an expression of satisfaction it may also be of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO may offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from 1 to 3 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group as a whole should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$5 USD per person per day can be used.

## What activities are optional on this trip?

### Chengdu

- Giant Panda Breeding Center  
(58CNY per person)

### Shaxi

- Xingjiao Temple Visit (30CNY per person)
- Ouyang Courtyard

### Dali

- Three Pagodas of Chongsheng Temple (120CNY per person)

### Dali

- Erhai Lake Bike Tour

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

# What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.