G Adventures

Last Updated: October 30, 2026



Classic Cambodia and Thai Islands – West Coast

16 days, Ho Chi Minh City to Bangkok

Trip code AVCI

What's included

- Your G for Good Moment: Local Khmer Meal, Siem Reap
- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: Ho Chi Minh City
- Your Discover Moment: Bangkok
- Phnom Penh Cyclo Tour
- Phnom Penh Guided Tour
- Choeung Ek (Killing Fields) Guided Tour
- Tuol Sleng Museum (S-21 Prison) Guided Tour
- Angkor Wat Guided Tour
- Snorkelling Excursion
- Trang Islands
- Ko Ngai
- Internal flights
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing October 1st, 2025 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Itinerary Notes

Due to the closure of the land border between Thailand and Cambodia, travellers will now will now fly directly from Siem Reap to Bangkok, rather than traveling by land as originally scheduled.

Day 1 **Ho Chi Minh City**

Arrive at any time.

Accommodation

Amory Hotel (or similar) Hotel

Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

Ho Chi Minh City

Spend today free in Ho Chi Minh City. Opt to take a boat cruise through the villages, islands, and markets of the Mekong Delta, and visit traditional candy factories. Or if you prefer, head to the famed Cu Chi Tunnels for an underground tour.

Meals included

Breakfast

Accommodation

Amory Hotel (or similar) Hotel

Today's Activities

Free Time Ho Chi Minh City

Enjoy a free day to explore Ho Chi Minh City.

Optional Activities - Day 2

Cu Chi Tunnels Countryside Cycling Tour Củ Chi

Meet your guide at the hotel and drive 90 minutes to the north of Ho Chi Minh City. After hopping on the bike, you'll ride beneath rows of rubber trees and past countless forest vistas that offer incredible photo opportunities. Along the way, you'll also have the opportunity to visit a rice paper making station, farmers working in the fields and taking care of their livestock and local villages. Bike until you reach the famous Cu Chi tunnel, a complex network of tunnels that the Viet Cong lived in to protect themselves from opposing forces during the Vietnam War. Try crawling through some of the tunnels (if you’re not claustrophobic). These tunnels stored ammunition, had underground hospitals, and served as a hidden base for attacking allied forces.Afterwards, drive back to Ho Chi Minh City.

Full Day Mekong River Delta Tour Mekong Delta

Trade the city bustle of Ho Chi Minh City for the slower rural life on the Mekong Delta. Begin by exploring the peaceful Vinh Trang Pagoda, then cruise the legendary Mekong River, visiting Unicorn Island to enjoy fresh fruits and traditional music. Sample local chocolates and fresh honey tea from a bee farm. Experience local life with a peaceful rowboat ride through narrow canals, a tuktuk adventure, and a stop at a coconut candy workshop. Indulge in an optional riverside lunch before we return to Ho Chi Minh City.

Day 3 Ho Chi Minh City/Phnom Penh

Travel day with border crossing from Vietnam to Cambodia. Enjoy a cyclo tour through the city.

Drive to the border and cross into Cambodia. Continue on to the capital, Phnom Penh, and enjoy a cyclo ride through the city for a street-level perspective.

Meals included

Breakfast

Accommodation

Pacific Hotel (or similar) Hotel

Today's Activities

Local Bus Ho Chi Minh City – Bavět 2h

Climb aboard, grab a seat, and enjoy the ride.

Border Crossing (Vietnam - Cambodia) Mộc Bái – Bavět

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Private Vehicle Bavět – Phnom Penh 3h

Settle in and scan the scenery from the convenience of a private vehicle.

Phnom Penh Cyclo Tour Phnom Penh 45m-1h

Settle in a traditional cyclo and depart from Wat Phnom. Tour busy streets to soak up the real vibe of the city. Pass the post office and Van's restaurant, both stunning colonial buildings, and make your way to the Royal Palace and National Museum. Go along the riverside road and take in the atmospheric cafes that line the street.

Day 4 Phnom Penh

Guided tour of Tuol Sleng Museum (S-21 Prison) and Choeung Ek (Killing Fields). Opt to visit the Royal Palace, the National Museum or the Central Market.

Meet a local guide to learn more about the dark side of Cambodian history. Visit to Choeung Ek, the site of the infamous Killing Fields. After, visit Tuol Sleng Museum (S-21 Prison), the notorious Khmer Rouge prison where thousands of Cambodians perished.

Enjoy a free afternoon to sightsee. Opt to explore the city's many sights: the Royal Palace, the Silver Pagoda, and the National Museum. With time, choose to visit the Russian Market, Wat Phnom or sip a drink at a riverside café.

Meals included

Breakfast

Accommodation

Pacific Hotel (or similar) Hotel

Today's Activities

Choeung Ek (Killing Fields) Guided Tour Phnom Penh

Learn more about the atrocities of the Khmer Rouge visiting the killing fields of Choeung Ek; the grounds now stand as a powerful memorial filled with victims' skulls and mass graves. Tour this sombre, yet serene, site with a guide.

Tuol Sleng Museum (S-21 Prison) Guided Tour Phnom Penh

Learn about the dark history and devastation that occurred at Security Prison 21 (S-21); the prison, used by the Khmer Rouge regime, is now Tuol Sleng Museum. Take a guided tour to hear the stories behind the sombre photos lining the museum walls.

Free Time Phnom Penh

Use free time to customize your experience and see the sights that interest you most.

Optional Activities - Day 4

Russian Market Phnom Penh

Visit the Russian Market for a selection of souvenir stalls along with jewellers and fabric sellers.

Royal Palace & Silver Pagoda Visit Phnom Penh 10USD

Visit the Royal Palace, a complex of buildings where the kings of Cambodia have resided since the 1860s (except for during the reign of the Khmer Rouge). Be sure to tour the Silver Pagoda compound (aka the Temple of the Emerald Buddha) and the central compound. See the many magnificent treasures inside this beautiful vihara (Buddhist monastery), including its floor lined with more 5,000 tiles of silver.

National Museum Phnom Penh 10USD

Visit Cambodia's largest museum of culture, history, and archaeology. Tour its buildings inspired by Khmer architecture – constructed in the early 1900s, they house one of the world's largest collections of Khmer art. Visits here are well worth your time.

Wat Phnom Visit Phnom Penh 1USD

Visit Wat Phnom (Hill Temple) in late afternoon, a historic monument with lots of green space. Keep an eye on your food and belongings; cheeky monkeys like to get a hold of anything they can.

Day 5 Phnom Penh/Siem Reap

Drive from Phnom Penh to Siem Reap, the home base for exploring incredible Angkor Wat.

Opt to pre-book the "Phare Circus" activity on the checkout page ahead of time, to include this optional on your tour.

Meals included

Breakfast

Accommodation

Grand Bayon Siem Reap Hotel (or similar) Hotel

Today's Activities

Shared Van Phnom Penh – Siem Reap 6h 320km

Drive through the beautiful Cambodian countryside.

Optional Activities - Day 5

Phare Circus Siem Reap

Enjoy a stellar performance by Phare, a unique and socially conscious circus that injects Cambodian culture and history into its inspiring shows. See acrobatics, contortion, and aerial arts melded with theatre, modern dance, and more. Take in stories of war, relationships, and discrimination, inspired by the real-life experiences of Phare's creators and performers.

Day 6 Siem Reap

Watch the sun rise over the massive Angkor temple complex with a guided tour. Opt to visit the Tonlé Sap floating village and the Angkor National Museum. Enjoy a traditional meal of Khmer food at a G Adventures for Good-supported project.

Spend two days exploring Angkor, the former capital of the Khmer kingdom and one of the wonders of the archaeological world. See some of the highlights of this ancient capital, like sunrise at the magnificent temple of Angkor Wat, the enigmatic Bayon within the walled city of Angkor Thom, and Ta Prohm, also known as the 'Tomb Raider' temple.

Enjoy a traditional meal to learn about Khmer food and meet some friendly locals. Alternating locations of our included local meal means we can support multiple small businesses and projects in the area. Each experience is truly unique and memorable.

Meals included

Breakfast | Dinner

Accommodation

Grand Bayon Siem Reap Hotel (or similar) Hotel

Today's Activities

Angkor Wat Guided Tour Angkor Wat

Follow a local expert through the massive grounds of Angkor Wat for 2 days. You'll have the opportunity to go in and out of the complex, resting at the hottest part of the day.

Free Time Siem Reap

Enjoy free time in Siem Reap.

ACTIVITY

Depending on the day of the week your tour visits Siem Reap, you will either enjoy a traditional meal at the G Adventures-supported New Hope project or in a local home in a nearby village. With so many travellers coming through this area, alternating experiences helps to allow multiple small businesses to flourish. Both experiences are truly unique and memorable.

The New Hope Vocational Training Restaurant, an initiative kickstarted by G Adventures, provides skill-building opportunities to marginalized community members. The project also funds the adjacent free community school and health centre. Meals at Phila's house support the education of underprivileged children in the area. Visit either project – both run by locals – and see how they have supported positive change in the community.

Optional Activities - Day 6

Angkor Museum Visit Siem Reap 12USD

Learn about the story of Angkor and the Khmer empire at the interactive Angkor Museum. Explore the museum's inspiring galleries and interactive technology, which bring Angkor's past to life. Opt to rent an audioguide (5USD) for the full experience.

Tonle Sap Floating Village Siem Reap 25-30USD

Tour the floating villages of Tonlé Sap. See what life is like living on a lake – rice planting, attending churches and school, are all done on top of water. (Please note: this activity runs seasonally.)

Day 7 Siem Reap

Spend another day exploring the temples of Angkor. In the afternoon, opt to going further afield in Siem Reap.

Meals included

Breakfast

Accommodation

Grand Bayon Siem Reap Hotel (or similar) Hotel

Today's Activities

Angkor Wat Guided Tour Angkor Wat

Enjoy another day touring the impressive ancient ruins with a local guide.

Free Time Siem Reap

Get out and explore.

Optional Activities - Day 7

Tonle Sap Floating Village Siem Reap 25-30USD

Tour the floating villages of Tonlé Sap. See what life is like living on a lake – rice planting, attending churches and school, are all done on top of water. (Please note: this activity runs seasonally.)

Day 8 Siem Reap/Bangkok

Fly from Cambodia to Thailand. Enjoy the rest of the day to explore bustling Bangkok as you wish.

During the winter months, flights arrive in Bangkok in the late afternoon. If you wish to spend more free time in the city, we suggest adding a post-night to your trip.

Meals included

Breakfast

Accommodation

Prince Palace Hotel Bangkok (or similar) Hotel

Today's Activities

Plane Siem Reap - Bangkok 1h30m 380km

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Free Time Bangkok

Spend the rest of the day at leisure in Bangkok.

Day 9

Bangkok

Enjoy a free day in Thailand's lively capital to relax or explore at your own pace. In the evening, attend a welcome meeting with your new CEO and additional travellers who may be joining your adventure.

Meals included

Breakfast

Accommodation

Hotel Royal Bangkok @ Chinatown (or similar) Hotel

The hotel is in a city centre neighbourhood and benefits from a rooftop pool with great views over the city. Facilities also include a restaurant, bar, sun terrace and fitness centre.

Today's Activities

Private Vehicle Bangkok 15m-30m 4km

Enjoy a private transfer to your new hotel in Bangkok.

Welcome Meeting

Meet the travellers who may be joining your trip and learn more details about the upcoming itinerary from your new CEO.

Optional Activities - Day 9

Life along the canals Bangkok

Travel by longtail boat on the busy Chao Phraya River and through the small canals of western Bangkok's Thonburi district. Observe colourful scenes of everyday life along the river banks.

Wat Po Visit Bangkok

This temple is known for its reclining Buddha, its feet covered with mother-of-pearl engravings of Buddhist symbols. Explore the large grounds and other compounds to see other Buddha figures, murals and the chedis that contain the ashes of Buddha. This is also the birthplace of traditional Thai massage.

Thai Massage Bangkok 15-30USD

Lie back and soothe aching muscles with a wonderful Thai massage. Affordable and amazing—don't miss out!

Grand Palace Visit Bangkok 500THB

Visit the King's official residence (made up of many buildings, halls, lawns, gardens, and courtyards) on the banks of the Chao Phraya River and see the Temple of the Emerald Buddha. Please note the cost of this optional activity does not include the entrance fee.

Day 10 Bangkok/Ko Ngai

Fly to Trang and board a ferry to tiny Ko Ngai, a pristine paradise. Opt to relax or snorkel in the waters of these beautiful beaches.

Meals included

Breakfast

Accommodation

Koh Hai Fantasy Resort (or similar) Hotel

Today's Activities

Plane Bangkok – Trang 1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle Trang 45m

Settle in and scan the scenery from the convenience of a private vehicle.

Ferry Trang – Ko Ngai 1h

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Free Time Ko Ngai

Get out and explore the tranquil beaches in the area.

Day 11 Ko Ngai

Enjoy an included snorkelling trip to nearby Ko Chueak and experience the amazing Emerald Cave of Ko Mook.

Meals included

Breakfast

Accommodation

Koh Hai Fantasy Resort (or similar) Hotel

Today's Activities

Trang Islands Snorkelling Tour Ko Ngai

Get to know the local marine life with this included snorkelling tour around the unspoilt Trang Islands. Hop over to Ko Chueak to experience the idyllic waters, admire scenic Ko Kradan, and explore the amazing Emerald Cave of Ko Mook.

Day 12

Ko Ngai/Ko Lanta

Take a public speedboat/ferry or longtail boat to the secluded island of Ko Lanta. Enjoy some free time before a beachside dinner this evening at your accommodation.

Meals included

Breakfast | Dinner

Accommodation

Andaman Lanta Resort (or similar) Hotel

Today's Activities

Free Time Ko Lanta

Opt to relax, or get out and explore.

Ferry Ko Ngai – Ko Lanta 1h

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Day 13

Ko Lanta

Spend the day on Ko Lanta. Opt for a day trip to nearby Ko Rok.

Opt for a day trip to nearby Ko Rok where you can snorkel at Ko Rok's national park, trek to a view point and enjoy a picnic lunch.

Meals included

Breakfast

Accommodation

Andaman Lanta Resort (or similar) Hotel

Today's Activities

Free Time Ko Lanta

Explore all this place has to offer.

Optional Activities - Day 13

Ko Rok Day Trip Ko Lanta – Ko Rok

Head to Ko Rok for the day. Opt to snorkel in Ko Rok's national park, trek to a view point and enjoy a picnic lunch.

Day 14

Ko Lanta/Ao Nang

Transfer to Ao Nang in Krabi. Enjoy free time exploring the small town or relaxing on its beautiful beaches.

Meals included

Breakfast

Accommodation

Deevana Krabi Resort (or similar) Hotel

Today's Activities

Private Vehicle Ko Lanta – Ao Nang 2h15m-3h

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time Ao Nang

Set out to explore your beautiful surroundings.

Optional Activities - Day 14

Snorkelling Ao Nang

Grab a mask and snorkel and get to know the local marine life.

Kayaking Ao Nang

Head out to enjoy the scenery from sea level. Get a little exercise in this tropical paradise.

Day 15 Ao Nang

Spend a free day in the area. This area boasts plenty of activities such as kayaking, snorkelling, jungle trekking, or whitewater rafting. Opt to visit Railay Beach, or head out on a snorkelling trip.

Discover the idyllic beaches of the Phi Phi islands by pre-booking the Phi Phi Island Tour by Speed Boat extra.

Meals included

Breakfast

Accommodation

Deevana Krabi Resort (or similar) Hotel

Today's Activities

Free Time Ao Nang

Get out and explore.

Optional Activities - Day 15

Snorkelling Ao Nang

Grab a mask and snorkel and get to know the local marine life.

Kayaking Ao Nang

Head out to enjoy the scenery from sea level. Get a little exercise in this tropical paradise.

Phi Phi Island Tour By Speed Boat Ao Nang 1800THB

Traverse the Phi Phi Archipelago to discover idyllic beaches and sparkling turquoise waters. Stop to snorkel at Loh Samah Bay and see the wildlife at Monkey Beach. From the boat, view the iconic Maya Bay, made famous by the Leonardo DiCaprio film, The Beach. Stop at the glittering lagoon, Pileh Bay. Secluded by limestone cliffs rising majestically from the water, this hidden paradise is the perfect spot for swimming and exploring. Once you've built up an appetite, head to the lively Phi Phi Don for a buffet lunch, catching a glimpse of Viking Cave en route. End the day in the picturesque setting of Bamboo Island, where you can opt to snorkel or relax on the white sands.

Please note that this tour does not include the National Park fee which is required by law to be paid directly to the park ranger.

Day 16 Ao Nang/Bangkok

This morning transfer to Krabi airport for a flight back to Bangkok. Tour ends on arrival. Please book any onward international travel to be no earlier than 15:00.

Meals included

Breakfast

Today's Activities

Private Vehicle Ao Nang – Krabi Airport 30m

Settle in and scan the scenery from the convenience of a private vehicle.

Plane | Krabi Airport – Suvarnabhumi Airport | 1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

- Your G for Good Moment: Local Khmer Meal, Siem Reap
- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: Ho Chi Minh City
- Your Discover Moment: Bangkok
- Phnom Penh Cyclo Tour
- Phnom Penh Guided Tour
- Choeung Ek (Killing Fields) Guided Tour
- Tuol Sleng Museum (S-21 Prison) Guided Tour
- Angkor Wat Guided Tour
- Snorkelling Excursion
- Trang Islands
- Ko Ngai
- Internal flights
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Explore the incredible ancient temple complex of Angkor Wat, Enjoy free time in the bustling capital of Bangkok, Take a ferry to the pristine island paradise of Ko Ngai, Dine on a beachside dinner in Ko Lanta, Free time to explore beautiful Ao Nang how you'd like.

Itinerary Notes

Due to the closure of the land border between Thailand and Cambodia, travellers will now will now fly directly from Siem Reap to Bangkok, rather than traveling by land as originally scheduled.

What are the main highlights of this trip?

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

Due to the closure of the land border between Thailand and Cambodia, travellers will now will now fly directly from Siem Reap to Bangkok, rather than traveling by land as originally scheduled.

What important notes should I be aware of before the trip?

1. COMBO TRIP
Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

2. HOTELS
In some major cities in Vietnam and Thailand, many hotel rooms do not have windows.

3. WEIGHT RESTRICTION
There may be a weight restriction for the internal flight on this tour. Each passenger is allowed to carry one checked bag with a maximum weight of 15 kg (33lbs). Additional bags or excess weight charges may apply. These charges are the responsibility of the passengers.

4. BORDER CROSSINGS
Bavet, Cambodia - Vietnam to Cambodia
Aranya Prathet, Thailand - Cambodia to Thailand

5. ACCOMMODATION NOTE:
Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

What is the role of the group leader during this trip?

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to see and do, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

What is the maximum and typical number of participants on this tour?

Max 16, avg 12

What meals are included in this trip?

15 breakfasts, 2 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Included breakfasts will usually be asian style consisting of noodles or congee (rice porridge) or bread and eggs. Vegetarians will be able to find a range of different foods, although in some areas the choice maybe limited. While trekking in remote regions food is included, plentiful and made of fresh local ingredients. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Local bus, walking, cyclo, air-conditioned bus/minivan, tuk-tuk, longtail boat, ferry, plane.

How will we travel between destinations?

As the popularity of train travel in Thailand continues to grow domestically, some of the routes used on this tour do not have sufficient space during local public holidays, including New Year's, Songkran (April 13-15), etc. During these times of the year, alternative transport may be arranged for one or more of the train journeys on this tour.

Are local flights included in the cost of the trip?

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (15 nts).

If I choose to purchase My Own Room, are there any exceptions during the trip?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. Please note there is a common scam at the airport for non-G Adventures' drivers to pretend they are working for the company. It is very important to confirm your name and booking number with your airport transfer representative.If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What should I do if I can't find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your CEO, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER
If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If you are experiencing complications with your AIRPORT TRANSFER in Vietnam that was booked through G Adventures please call: +84 88 844 9969

EMERGENCY CONTACT NUMBERS
G Adventures Office Bangkok, Thailand
From outside Thailand: +66 92 338 9222
From within Thailand: 0 92 338 9222

G Adventures Local Representative (Vietnam)
Ms. Thuan
Emergency number: +84 88 844 9969

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found here.

Toll-free, North America only: 1 888 800 4100
Calls from UK: 0344 272 0000
Calls from Germany: 0800 365 1000
Calls from Australia: 1 300 796 618
Calls from New Zealand: 0800 333 307
Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What details should I be aware of when planning my departure day?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

What are the packing guidelines and luggage restrictions?

What you need to bring depends on the trip you have chosen and the countries or regions you are planning to visit. We suggest that you pack as lightly as possible as your are expected to carry your own luggage. As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 10-15kg/22-30lb. Suitcases are not recommended for G Adventures trips! Most travellers carry a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit under the beds when travelling on sleeper trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones. If your trip involves overnights in homestays, villages or camping then you usually have the opportunity to rent sleeping bags if need be instead of bringing them with you.

What should I pack for this trip?

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Footwear (required) (Closed toe suggested)
- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/ wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/ skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

Where can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page here

Thailand:
Most nationalities do not need a visa for Thailand for stays of 30 days or less but if you do they are available on arrival at Bangkok Airport. If staying in Thailand for more than 30 days, you will be required to obtain a tourist visa in advance. Only 15 day tourist visas are issued when entering Thailand overland.

As of May 1st 2025, all non-Thai nationals entering Thailand by air, land or sea must complete the Thailand Digital Arrival Card (TDAC) online before arrival. Register within 3 days of arrival.
For more information and to complete the Arrival Card, we kindly request the you visit the Thailand Immigration page.

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Vietnam:
As of 15 April 2026, foreign passport holders arriving in Vietnam by air through Tan Son Nhat International Airport, Ho Chi Minh City are required to complete the online Pre-Arrival Declaration within 3 days prior to the arrival.

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Cambodia:
Visas can be obtained in advance from your local embassy or on arrival in Bangkok (if your tour begins in Thailand). You will need at least one full working day to arrange this. You can also obtain your visa at the Cambodian border or Siem Reap Airport for approx. $30 USD. Please have *at least* 2 passport photos with you as well.

If you are arriving into Cambodia by air/plane, please complete the Cambodia e-Arrival form online before arrival. Complete within 7 days of arrival, even if your visa has already been granted.
For more information and to complete the e-Arrival form, we kindly request the you visit the Cambodia e-Arrival page.

** please note, the Cambodia E-system may not be available at land borders. If your arrival point is by land, you will be required to fill in a paper form on arrival. **

Information is accurate as of June 1st, 2026.

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

During this tour the local currencies you will use are the Vietnamese Dong, US Dollar, Cambodian Riel and Thai Baht. As currency exchange rates in South East Asia do fluctuate, we ask that you refer to the following website for the most up to date daily exchange rates: www.xe.com for each of the above mentioned currencies. The best way to carry your money is in debit cards, withdrawing cash in local currencies from ATM machines. ATMs are found throughout South East Asia and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible in case of loss or problems with one card, you will have a back up. Please note, your bank will charge a fee for overseas withdrawals. USD Cash is recommended for times when ATMs are not accessible. You should bring some cash with you for emergency situations (please refer to our trip dossier) but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix. Travellers cheques can be tricky, timely and expensive to exchange. While we do not recommend that you bring them as your primary source of funds, it is great to have one or two cheques in case of emergency. Thomas Cook or American Express travellers' cheques in US currency are the easiest to exchange. Cash advances can also be made with some banks but are time consuming and tend to have high fees attached.Credit cards can be used at some upmarket restaurants, and at some larger stores if shopping for big items. If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 2003, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD $250 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

Departure Tax is included in all International and Domestic tickets.

What are the tipping guidelines for this trip?

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers and local guides would range from $1.5-$3.5 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline $20-25 USD per person, per week can be used.

What activities are optional on this trip?

Củ Chi

- Cu Chi Tunnels Countryside Cycling Tour

Mekong Delta

- Full Day Mekong River Delta Tour

Phnom Penh

- Russian Market
- Royal Palace & Silver Pagoda Visit (10USD per person)
- National Museum (10USD per person)
- Wat Phnom Visit (1USD per person)

Siem Reap

- Phare Circus
- Angkor Museum Visit (12USD per person)
- Tonle Sap Floating Village (25-30USD per person)

Bangkok

- Life along the canals
- Wat Po Visit
- Thai Massage (15-30USD per person)
- Grand Palace Visit (500THB per person)

Ko Lanta

- Ko Rok Day Trip

Ao Nang

- Snorkelling
- Kayaking
- Phi Phi Island Tour By Speed Boat (1800THB per person)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our CEO's are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

Are there any specific safety considerations for this itinerary?

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Are there any things I should be aware of?

As Vietnam embraces capitalism with open arms it is also falling victim to some of the problems of the West. Some parts of city centres are now a favourite hangout for pickpockets. If doing some exploring on your own carry only the necessary minimum with you and use a well-hidden money belt. Valuables, including your passport, should be left in the hotel safe - organize this at reception. There is no need to get paranoid, just be cautious.

Please do not buy gems in Bangkok unless you know what you are doing. Even if genuine you should not expect to be able to sell them at home. If you fall victim to a gem scam, we are unable to assist you.

What are the mandatory travel insurance requirements for this trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.
G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with Planeterra Foundation.

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating $1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting temples or mosques or other holy sites.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to $100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of $100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is $100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for Planeterra's monthly news to learn more about how to give back and support the people and places we love to visit.

What are the age restrictions for this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our LGBTQ+ page for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.