G Adventures

Last Updated: July 7, 2023



Classic Cape Town Mini Adventure

3 days, Cape Town to Cape Town

Trip code RDSCCN

What's included

- Your Foodie Moment: Cape Malay Cooking Demonstration and Dinner, Cape Town
- Your Welcome Moment: Meet Your CEO and Group
- Table Mountain Cable Car
- Winery visit with tasting
- Cape Town walking tour
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing November 4th, 2020 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Cape Town

Arrive at any time. This evening, join a group of local women for a cooking demonstration and Cape Malay dinner.

Meals included

Dinner

Today's Activities

ACTIVITY

Visit a local restaurant in the vibrant Bo-Kaap neighbourhood with its colourful houses, cobbled streets and rich history and culture. Join a group of local women for a Cape Malay cooking demonstration, focusing on the fusion of spices this unique cuisine is known for; garlic, cinnamon, cloves, ginger, coriander and more. Get to know our hosts as they share their recipes and stories and dine on samosas, chilli bites, curry and sambal. Delicious!

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2 Cape Town

Catch the cable car up Table Mountain for a tour and panoramic views of beautiful Cape Town, Table Bay, and Lion's Head. After, drive to the seaside town of Hout Bay for a fish and chips lunch before continuing along the Cape Peninsula to Groot Constantia wine farm. Nestled in a valley on the eastern side of Table Mountain, this beautiful winery was established in 1685. Tour this historic site and enjoy a wine tasting before returning to Cape Town.

Meals included

Breakfast | Lunch

Today's Activities

Groot Constantia Wine Farm Constantia

Visit Groot Constantia Farm and Vineyard, where we take a tour of the grounds and sample some delicious wine. Established in 1685, Constantia is a Provincial Heritage site and one of the oldest wine regions in South Africa, and remains a favourite of locals. Located on the Cape Peninsula, the vineyards are nestled in a valley along the eastern side of Table Mountain, offering views that rival the wine.

Private Vehicle Cape Town

Settle in and scan the scenery from the convenience of a private vehicle.

Table Mountain Cable Car Table Mountain 1h-2h

Take the five-minute cable car trip to the top of Table Mountain, 1,085m (3,562ft) above Cape Town, and explore the summit. This is a great spot to sit and soak up the commanding 360-degree views of Cape Town, Table Bay, the peaks of surrounding mountains, and the rest of Table Mountain National Park. The operation of the cable car is weather dependent. This activity is self-guided.

Please note that the cable car is closed every year for a 2 week period between July and August for annual maintenance.

Day 3

Cape Town

Enjoy a walking tour and experience the sights, tastes and sounds of some of Cape Town's most vibrant neighbourhoods. Visit Bo Kaap, including the old Mosque, and learn about the Peoples church of the Apartheid era at St Georges Cathedral. Stop and smell the roses at the flower market in Adderley and finish with a leisurely stroll back to the hotel. For travellers continuing on to another G Adventures tour, your CEO will help facilitate the joining of the new group starting in the evening.

Meals included

Breakfast

Today's Activities

Cape Town Walking Tour | Cape Town | 4h

Grab your walking shoes and skip breakfast (or just eat two!) because with this day tour you will be tasting your way around the highlights of Cape Town. Enjoy specialty coffee, local delicacies, and experience the sights and sounds while enjoying the local culture that Cape Town has to offer. Walk through Bo Kaap formerly known as the Cape Malay quarter and wander around the cobblestoned streets. Take pictures of the colourful houses, visit the old Mosque, and learn about the Peoples church of the Apartheid era at St Georges Cathedral. Smell the roses at the flower market in Adderley and finish your half day tour with a leisurely stroll back to the starting point.

What's included

- Your Foodie Moment: Cape Malay Cooking Demonstration and Dinner, Cape Town
- Your Welcome Moment: Meet Your CEO and Group
- Table Mountain Cable Car

- Winery visit with tasting
- Cape Town walking tour
- All transport between destinations and to/ from included activities

What are the main highlights of this trip?

Learn about the city's history and highlights on a guided walking tour, Sit down for a welcome meal with a group of local women from the Bo Kaap community, Soak in the scenery during a cable car ride to Table Mountain, Visit the historic region on Constantia for a wine tasting

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

ACCOMMODATION NOTE:
Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

YELLOW FEVER
According to the WHO and CDC, there is no risk of yellow fever in Botswana. It is compulsory to show a valid Yellow Fever vaccination certificate if you are travelling to Botswana from a Yellow Fever endemic country, or have recently travelled to a Yellow Fever endemic country (with entry stamps in your passport), including the following countries (but not limited to): Angola, Benin, Burkina Faso, Burundi, Cameroon, Central African Republic, Chad, Congo, Democratic Republic of the Congo, Republic of the Cote d'Ivoire (Ivory Coast) Equatorial Guinea, Ethiopia, Gabon, Gambia, Ghana, Guinea Zambia, Guinea-Bissau, Kenya, Liberia, Mali, Mauritania, Niger, Nigeria, Rwanda, São Tomé and Príncipe, Senegal, Sierra Leone, Somalia, Sudan, Tanzania, Togo, Uganda, Argentina, Bolivia, Brazil, Colombia, Ecuador, French Guiana, Guyana, Panama, Paraguay, Peru, Suriname, Trinidad and Tobago, Venezuela.

**We advise all travelers to Botswana who are coming from one of the above countries, or who have visited them in the last 10 years, to be prepared with a Yellow Fever vaccination certificate or letter from your doctor with proof of vaccination. Yellow Fever inoculations need to be administered at least 10 days prior to your entry into the country. Border officials in Botswana have been strictly enforcing these requirements. Travelers without the correct documentation run the risk of being denied entry, and will not be able to continue with the tour. (Any additional travel expenses will be on your own account.) **

EXTRAS
Looking to add to your experience? Check out our Extras! Specially designed for travellers with unique interests, Extras are optional add-ons to your G adventures trip that make your adventure more you-centric. Extras must be booked prior to departure, please see details in our optional activities field and ask your sales GCO or travel agent about booking.

Water-wise tips when visiting Cape Town:
Cape Town is currently experiencing one of the worst droughts it has seen in over 100 years, and while we want you to have the best time possible while there, here are some tips to help reduce your water usage:
- Bring a reusable water bottle, that you can fill with Cape Town's tasty tap water.
- Reuse your towels in the hotel, for at least two days, before getting new ones.
- Keep your laundry until you have a full load to do, rather than just doing a handful of items.
- Turn off the tap when brushing your teeth, or shaving.
- Keep your showers to two minutes or less, and don't use the bath.
- Use hand sanitizer, instead of washing hands.

MONEY EXCHANGE
We strongly advise that you bring ZAR or USD from your home country or exchange money before the start of the tour, to avoid delays on tour.

DRONES
The use of drones in national parks in Southern Africa is prohibited.

What is the role of the group leader during this trip?

On this tour, you will be accompanied by a group Chief Experience Officer (CEO) and an expert driver. The Chief Experience Officer (CEO) will be the group manager and leader. All of our leaders in southern Africa are registered and licensed tourism guides, meaning they've studied to have a broad knowledge base of the region's history, cultures, and wildlife, and are legally certified to lead/guide tours in the regions visited. Most of our leaders in the region are from South Africa, though it may be possible that you'll have a leader from another country in the southern African region.

As the group manager and leader, the aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places where are travelling, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. He/she will take care of the small things so you can concentrate on enjoying your adventure. In addition, as an integral part of the team, your driver is skilled and experienced driver who has intimate knowledge of the vehicle and routes travelled.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting.

What is the maximum and typical number of participants on this tour?

Max 18, Avg 4

What meals are included in this trip?

2 breakfasts, 1 lunch, 1 dinner

What are the meals like on this trip?

Eating is a big part of travelling. Travelling with G Adventures you experience the vast array of wonderful food that is available in southern Africa. On this tour, we provide only a few meals for you and your group members, so as to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility in you choices. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though - while in the larger centres, your group leader will be able to suggest favourite restaurants during your trip.

For the included meals, vegetarian meal requests and other dietary requirements need to be specified prior to arrival.

What are the modes of transportation on my trip?

Private vehicle, Walking.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotel (2nts).

If I choose to purchase My Own Room, are there any exceptions during the trip?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

Cape Town International Airport is about 22 km from downtown. We recommend two ways to get into the city.

1) Taxi: to take a taxi, leave the international terminal, cross the first road and you will see the taxi stand. Official taxis have the kilometre rate on the door.

2) Shuttle: if you wish to take a shuttle to the city centre, when arriving at the international terminal, turn immediately left and walk straight ahead and you'll see the shuttle services desk. Cost is approximately 80ZAR.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that Day 1 is an arrival day and no activities have been planned for that day other then your welcome meeting in the evening, so you can arrive at any time. Similarly the last day is a departure day during which no activities have been planned.

A G Adventures Representative will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

What should I do if I can’t find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS
G Adventures Local Representative (South Africa)
From outside South Africa: +27 713823286
From within South Africa: 071 3823286

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found here.
Toll-free, North America only: 1 888 800 4100
Calls from UK: 0344 272 0000
Calls from Germany: 0800 365 1000
Calls from Australia: 1 300 796 618
Calls from New Zealand: 0800 333 307
Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What are the packing guidelines and luggage restrictions?

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labelled and restricted to one soft compact suitcase (please avoid a hard-top case), or sports bag, maximum 15kg, plus a daypack. Luggage limits on airlines are strictly enforced and space on vehicles is limited. Porters are not often available, so be prepared to carry your own bags. During the winter months (May to October), the temperatures can get quite cold. It is wise to bring plenty of layers for cool mornings and evenings. A set of smart casual clothes is also advisable.

Please be advised that if you plan to bring a drone with you, the use of drones in national parks in Southern Africa is prohibited.

What should I pack for this trip?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Footwear (required) (Closed toe suggested)
- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/ wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Where can I do my laundry on this trip?

Please note that you will be on the move a lot, and as such there will not be a lot of time for same-day laundry service. Please ask your guide/CEO to arrange if any laundry needs to be done, so that he / she can advise or make arrangements for you. Facilities are available in Cape Town.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page here

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Zimbabwe

PLEASE READ THE ENTIRETY OF THE TEXT BELOW AS THIS IS IMPORTANT INFORMATION FOR YOUR ENTRY INTO ZIMBABWE

Please note that visas are the responsibility of the individual traveller. The visa requirements for your trip vary depending on where you are from and where you are going. We keep the following information up to date as much as possible, but rules do change. It is important that you check for yourself with the Embassy of Zimbabwe. Please, keep in mind that all countries require passports valid for at least 6 months from the moment of departure from the country.

It is the responsibility of the traveller to check with their nearest Embassy and confirm the requirements for entry into Zimbabwe

Please be sure to do your research to determine if your nationality requires a Visa, can purchase one upon arrival or must apply for one in advance.

A Visa to enter Zimbabwe is required by several nationalities, please read the full details listed below.

There are 3 categories:

CATEGORY A:
Countries whose nationals do NOT require a Zimbabwe Visa.

Antigua & Barbuda, Angola, Aruba, Bahamas, Barbados, Belize, Botswana, Cayman Islands, Congo DRC, Cyprus, Fiji, Ghana, Grenada, Hong Kong, Jamaica, Kenya, Kiribati, Leeward Islands, Lesotho, Madagascar, Malaysia, Malawi, Maldives, Malta, Mauritius, Montserrat, Mozambique, Namibia, Nauru, Samoa Western, Seychelles, Singapore, South Africa, Solomon Islands, St Kitts and Nevis, St Lucia, St Vincent, Swaziland, Tanzania, Trinidad and Tobago, Turk & Caicos Islands, Tuvalu, Uganda, Vanuatu, Zambia

CATEGORY B:
Countries whose nationals are granted a Zimbabwe Visa at port of entry on payment of requisite visa fees.

Algeria, Andorra, Argentina, Austria, Australia, Azerbaijan, Belarus, Belgium, Bermuda, Bosnia-Herzegovina, Burundi, Brazil, Brunei, Canada, Cape Verde Islands, China, Comoros Islands, Cook Islands, Croatia, Cuba, Czech Republic,

Denmark, Dominic Republic, Egypt, Estonia, Equatorial Guinea, Finland, France, French Polynesia, French West Indies, Gibraltar, Georgia, Germany, Greece, Haiti, Hungary, Indonesia, Iceland, Iran, Ireland, Israel, Italy, Japan, Kazakhstan, Korea (South), Kyrgyzstan, Kuwait, Latvia, Liechtenstein, Lithuania, Luxembourg, Macau, Marshall Island, Micronesia, Moldova, Monaco, Netherlands, New Caledonia, New Zealand, Northern Mariana, Norway, Palau Islands, Palestine, Papua New Guinea, Portugal, Puerto Rico, Russia, Rwanda, Samoa, Sao Tome, Serbia, Slovak, Slovenia, Spain, Suriname, Sweden, Switzerland, Tajikistan, Turkey, Turkmenistan, Ukraine, United Arab Emirates, Uruguay, United Kingdom, United States of America, Uzbekistan, Vatican, Virgin Islands

***Canadian Passport holders can ONLY get a Single entry Zimbabwe Visa at the port of Entry.

CATEGORY C:
Countries whose nationals are required to apply for and obtain a Zimbabwe visa prior to travelling (single entry Zimbabwe visa ONLY).

Afghanistan, Albania, Armenia, Bahrain, Bangladesh, Benin, Bhutan, Bolivia, Bulgaria, Burkina Faso, Cambodia, Cameroon, Central Africa Republic, Chad, Chile, Colombia, Congo Brazzaville, Costa Rica, Conakry, Cote de Voire, Djibouti Republic, Ecuador, El Salvador, Eritrea, Ethiopia, French Guiana, Gabon, Gambia, Guam, Guatemala, Guinea, Guinea Bissau, Guyana, Honduras, India, Iraq, Jordan, Korea (DPRK), Laos, Lebanon, Liberia, Libya, Mali, Mauritania, Mexico, Mongolia, Morocco, Myanmar, Nepal, Nicaragua, Niger, Nigeria, Norfolk Islands, Oman, Pakistan, Panama, Paraguay, Peru, Philippines, Qatar, Reunion, Romania, San Marino, Saudi Arabia, Senegal, Sierra Leone, Sri Lanka, Somalia, Sudan, Syria, Taiwan, Thailand, Togo, Tunisia, Venezuela, Vietnam, Yemen Republic, Yugoslavia

IMPORTANT NOTE: If you have purchased a single entry visa upon arrival and then decide to leave Zimbabwe (even for a few hours) you will need to buy another visa to re-enter Zimbabwe. In this instance you should buy a double entry visa upon arrival as it works out cheaper. Multiple entry visas cannot be obtained at the port of entry into Zimbabwe. You may enter Zimbabwe on a single entry visa and then obtain a multiple entry visa from the town office - but this may take up to 7 working days to be issued. Alternatively, a multiple entry visa can be obtained from the Zimbabwe Embassy in your country prior to departure for Zimbabwe.

Information accurate as of July 1, 2016

South Africa
http://www.dha.gov.za/index.php/immigration-services/exempt-countries
http://www.dha.gov.za/index.php/immigration-services/apply-for-a-south-african-visa
http://www.southafrica.info/travel/documents/visas.htm

Visas are not issued at South African ports of entry, and airline officials are obliged to insist on visas before allowing passengers to board. If you arrive without a visa, immigration officials are obliged to put you onto a flight back to your home country.
If you are a passport holder of the following countries/areas you do not need a visa for stays of LESS THAN 90 days: African Union / Unity Laissez Passes, Andorra, Argentina, Australia, Austria, Belgium, Botswana, Brazil, Canada, Chile, Czech Republic, Denmark, Ecuador, Finland, Japan, Liechtenstein, Luxemburg, Malta, Monaco, Netherlands, Norway, Paraguay, Portugal, San Marino, Singapore, Spain, St Vincent & the Grenadines, Sweden, Switzerland, United Kingdom, Uruguay, Venezuela, United States of America, France, Germany, Greece, Iceland, Israel, Italy, Jamaica

If you are a passport holder of the following countries/areas you do not need a visa for stays of LESS THAN 30 days: Antigua and Barbuda,Barbados,Belize,Benin,Bolivia,Hong Kong,Hungary,Jordan,Lesotho,Malaysia Cape Verde,Costa Rica,Cyprus,Gabon,Guyana,Peru,Poland,Seychelles,Slovak Republic ,South Korea,Swaziland,Thailand,Turkey,Zambia

Visa costs
The visa fee is different for every nationality, so please check this with your agent or closest embassy.

**Please note for those traveling with minors: The International Air Transport Association (IATA), on 29 April, 2019, updated the Travel Information Manual Automatic (TIMATIC), used by airport ground staff to determine whether a passenger can be carried, with regard to the requirements for children travelling to South Africa.

According to the updated text, IATA is advising that members' check-in staff to no longer request birth certificates from minors who have visas, or who are exempted from visas, if travelling with their parents with the same surname.

This information is accurate at the time of writing, and please contact your local embassy or consulate for the most up-to-date visa requirements and costs, regarding these, and the other countries visited, or see your travel agent. It is your responsibility to have the correct travel documentation.

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The currency in South Africa is the South African Rand (ZAR). The South African rand is also often an accepted form of payment in Zimbabwe.

We strongly advise that you bring ZAR or USD from your home country or exchange money before the start of the tour, to avoid delays on tour. Due to cash shortages in Zimbabwe, obtaining cash from ATMs can be difficult and credit cards are generally not widely accepted.

Please note that due to past problems with forgery, $US notes that are older than year 2006 are not accepted in Africa. Please do not bring Travellers' cheques to Africa. They are difficult if not impossible to exchange in many places.

If you plan to buy your visas at borders, you will need to bring $USD cash to pay for these visas. Please note you cannot use the local currency or any other currency to buy these visas- they must be purchased in USD.

Visa/Plus system cards are the most widely accepted debit cards. it is harder to find machines Mastercard/Cirrus cards. We highly recommend that if you hold a Mastercard, you obtain a Visa card prior to departure and travel with both. This is also useful should something unforeseen happen to one of your cards during your travels.
While there are many ATMs in the major centres, there are no guarantees that your credit or debit cards will actually work in Africa. Check with your bank.

Credit cards can be used in major cities and towns ONLY but please do not rely on them as a method of payment because they are generally not widely accepted. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. The majority of our optional activities can also be paid by credit card. Your CEO will advise on these.

Please note that in many areas there may be occasional power-outages, where there will be no electricity for hours at a time. In addition, ATMs outside of larger centers often run out of cash or can be out of order unexpectedly. These factors could affect your ability to access money from ATMs. As such, please do not rely on credit or debit cards as your only source of money.

A combination of foreign currency and debit/credit cards for cash advances is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com.

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD $200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

What are the tipping guidelines for this trip?

Tipping is an expected, though not compulsory, component of your tour program. The gesture serves as an expression of appreciation for exceptional service, and amounts given are up to your discretion.

Tipping is one of the most direct ways that you can have a positive economic impact within the African community. Although it may not be customary for you, it is an important source of income for those in the tourism industry. Giving a tip should be a seen as a formal 'thank you', and the action should in no way be awkward.

The best method of tipping someone that has served the whole group is to plan in advance, and not rush when it comes to saying goodbye. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

You may use the following as a guideline, all given in a per person format:

CEO: $5-8 USD (per day, per person)

Local guides: $2-3 USD (per day)
Safari Guide/Driver: $2-3 USD (per day)

Restaurant Staff: 10-15% of cost of bill

What activities are optional on this trip?

- No optional activities

Are there any health considerations I should know before travelling?

We recommend you contact your family physician, or your local travel clinic for the most up-to-date health information at least one month before departure. Travellers should also carry a basic first-aid kit and hand sanitizers/antibacterial wipes on their travels. Medical facilities are basic throughout these countries. For your own safety, we strongly recommend that you advise your tour leader of any medical condition that may affect you while travelling with the group. Your tour leader will be able to inform you of local health advisories (e.g. drinking water quality). Please ensure you have all the inoculations recommended by your doctor.

Yellow Fever Certificate Note: (Updated: May 2023)

It is compulsory to show a valid Yellow Fever Certificate if you are travelling to the following G Adventures-visited countries from a Yellow Fever endemic country:

- Botswana
- Ethiopia
- Kenya
- Madagascar
- Malawi
- Mozambique
- Rwanda
- South Africa
- Swaziland
- Uganda
- Zambia
- Zimbabwe

For some of these countries, proof of Yellow Fever vaccination is also required for passengers who have travelled more than 12 hours through the airport of an endemic country. If other countries not endemic to Yellow Fever have been visited after visiting an endemic country, then a Yellow Fever certificate may still be required on entry. Please check country-specific regulations before your departure.

Malaria

Malaria is a mosquito-borne disease that is present in some regions in Africa. Risk of malaria can increase during periods of heavy rain, during the rainy seasons, and in densely populated areas of Southern & East Africa. To prevent malaria, we recommend speaking to your doctor about taking preventative medication (prophylaxis), combined with regular use of insect repellent spray/cream. Please check updated travel health advisories specific to malaria before your departure.

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewelery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. Read more about travel safety for ways to further enhance your personal safety while traveling.

Are there any specific safety considerations for this itinerary?

GENERAL: Look after your personal items. Do not leave your valuables visible in a car or hotel room. Lock your hotel room door when you enter and when you leave. Do not carry large amount of cash on you. Avoid displaying flashy jewellery and carry your camera in its pack on your shoulder rather than around your neck. Keep your passport, airline tickets, money, important documents locked up in your room/safe - do not carry it with you.

Please note that the use of drones in national parks in Southern Africa is prohibited.

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

What are the mandatory travel insurance requirements for this trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.
G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with Planeterra Foundation.

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating $1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to $100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of $100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is $100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

What are the age restrictions for this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our LGBTQ+ page for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.