



## **Coastal Treasures of the Canadian Maritimes**

11 days, Halifax to Halifax

Trip code NCHH

### **What's included**

- Your Welcome Moment: Meet Your CEO and Group
- Antigonish Town Visit & Hikes

- Cape Breton Highlands National Park Visit
- Hike & Drive along Cabot Trail
- Hike Skyline Trail
- Ingonish Visit
- Pictou Visit
- Hopewell Rocks Provincial Park Visit & Guided Tour
- Fundy National Park Visit
- Indigenous Storytelling Walk
- Historic Guided Walking Tour of Lunenburg
- Peggys Cove Visit & Walk
- CEO-led Orientation Tour of Halifax
- Free time in Charlottetown, Saint John, Digby, and Halifax
- All transport between destinations and to/from included activities

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**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing May 2nd, 2025 and onwards

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Halifax

Arrive at any time. Attend a welcome meeting in the evening. Afterwards, choose to have an optional dinner together as a group out in Halifax, the capital and largest city in Nova Scotia.



### Accommodation

Courtyard Halifax Downtown (or similar)

Hotel



### Today's Activities

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Enjoy breakfast at the hotel before departing to the charming town of Antigonish. Known for its rich Gaelic heritage, rolling countryside, and the nearby beaches of the Northumberland Shore, this is the perfect place to stop and explore. Lunch will be on your own at a local spot, or if the weather is nice, perhaps a picnic. Afterwards, walk one of the nearby hiking trails along Fairmont Ridge or along the beach and shore Pomquet Acadian trails. Travel onwards to Baddeck arriving in the evening. Dinner will be on your own.



## Meals included

Breakfast



## Accommodation

Inverary Resort (or similar)

Hotel



## Today's Activities

Private Vehicle

Halifax - Antigonish

2h

215km

Settle in and scan the scenery from the convenience of a private vehicle.

Antigonish Town Visit & Hikes

Antigonish

5h

Visit the town of Antigonish, home to St. Francis Xavier University and the oldest continuous highland games in North America. With deep Gaelic roots, this town is full of history and charm. Enjoy lunch on your own and some time to explore the area before hiking along either the Fairmont Ridge trail or Pomquet Acadian trail.

The Fairmont Ridge Hiking trails are up to 10km and have a 332m elevation gain. The trails overlook the harbour, and wind through old-growth forest and past brooks.

The Pomquet Acadian trail starts along a prominent headland and offers great views of St. George's Bay and Pomquet Beach. You will begin atop a drumlin and wind through inland forests with 100-year-old pine trees before ending along the beach.

Private Vehicle

Antigonish - Baddeck

1h45m

145km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 3

## Baddeck

Enjoy a day of exploration in Cape Breton Highlands National Park. The group will experience the craggy coastline while hiking and driving along the Cabot Trail and its scenic highway with sweeping ocean views. A box lunch will be had along one of the trails. Stop for walks through forests and along river canyons before ending with a beach visit near beautiful Ingonish and its Caribbean coloured water. Return to Baddeck in the evening where dinner will be on your own. Perhaps find a place in town by the water and relax in the ocean breeze.



### Meals included

Breakfast | Lunch



### Accommodation

Inverary Resort (or similar)

Hotel



### Today's Activities

Private Vehicle

Baddeck - Cape Breton Highlands National Park of Canada

5h

Settle in and scan the scenery from the comfort of your private vehicle as the group transfers between Baddeck and Cape Breton Highlands National Park.

Please note that the drive will be about 5 hours total. The drive to the national park will take about an hour and then the group will spend additional time driving along the scenic Cabot Trail. The drive back to the hotel will be about two hours.

Cape Breton Highlands National Park Visit

Cape Breton Highlands National Park of Canada

Cape Breton National Park is home a large portion of the scenic Cabot Trail. Considered one of the most beautiful drives in Canada, this 185-mile (298 km) loop road on Cape Breton Island in Nova Scotia is known for its dramatic coastal views, rugged landscapes, and access to the national park. Your visit here will consist of driving and exploring by foot on trails along this route. Encounter incredible views of the landscape, wildlife, and relaxing beaches. Hike along the Skyline Trailhead, sit down for a picnic lunch at McIntosh Brook Falls or Pleasant Bay Beach. And cap off the visit with a stop to Dingwall Beach or Green Cove for a short walk by the water.

Hiking Information:

Skyline Trail: 6.5km out and back with 290m elevation gain or 8.2km loop with 405m elevation gain.

Duration: 2-3hrs.

McIntosh Brook: (possible walk to waterfall depending on lunch location) 1.7km. Duration: 30 minutes

Ingonish Visit

Ingonish

Pay a short visit to the small collection of villages that make up Ingonish. Located on the water and close to the national park, this is the perfect location to enjoy the outdoors. While your visit here may be short, you will have time to get a feel for the peaceful, laid-back atmosphere during the summer months while admiring views of the Atlantic.

Private Vehicle

Ingonish - Baddeck

2h

115km

Settle in and scan the scenery from the convenience of a private vehicle.

Enjoy some breakfast at the hotel before heading to Pictou. Known for its rich maritime history, this charming waterfront town has a strong connection to Scottish heritage. Experience the vibrant community spirit during free time. Choose to visit The Hector Heritage Quay. Lunch will be on your own in town before driving to Caribou to board the ferry to Prince Edward Island. From the port, drive to the picturesque seaside town of Summerside, where the group will spend the night. Dinner is at your leisure with the option to choose from a variety of local spots.



## Meals included

Breakfast



## Accommodation

The Loyalist Country Inn (or similar)

Hotel



## Today's Activities

Private Vehicle

Baddeck - Pictou

2h30m

220km

Settle in and scan the scenery from the convenience of a private vehicle.

Pictou Visit

Pictou

3h8m

Spend some time exploring the quaint waterfront town of Pictou today. Discover some of its rich history as the "Birthplace of New Scotland" and enjoy walks along the coastline. Choose to visit different attractions in town like, The Hector Heritage Quay or simply relax by the water amid the daily small town life.

Ferry

Pictou - Caribou Ferry

15m

Enjoy a short 10-15 minute transfer to the ferry terminal from Pictou.

Ferry

Caribou Ferry - Wood Islands Harbour

1h15m

Settle in and enjoy a ferry ride from Nova Scotia to Prince Edward Island.

Private Vehicle

Woods Island Harbour - Summerside

1h30m

115km

Settle in and scan the scenery from the convenience of a private vehicle.

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## Optional Activities - Day 4

The Hector Heritage Quay

Pictou

10CAD

Enjoy an optional visit to The Hector Heritage Quay, one of Nova Scotia's major cultural tourist attractions. Here you will find a full-sized replica of the original Ship Hector, which brought the first wave of emigrants from Scotland to Nova Scotia in 1773. Learn about the lives and hardships of these early settlers and take a walk through the Interpretive Centre to learn about what it was like to spend 11 weeks at sea.

Day 5

## Day trip to Charlottetown from Summerside

Enjoy a full free day to partake in various optional activities available on Prince Edward Island. The group will travel together into Charlottetown and from there the choice is yours. Opt for an electric bike ride, historic walking tour, kayaking tour, or set off on some nearby trails. After lunch on your own you can choose to continue exploring the city, or travel with your CEO to the North Shore beaches of the island where you can swim and relax. Later, opt to join your CEO and group for an optional dinner at a local seafood restaurant.



### Meals included

Breakfast



### Accommodation

The Loyalist Country Inn (or similar)

Hotel



### Today's Activities

Private Vehicle

Summerside - Charlottetown

1h

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Charlottetown

Take advantage of a full free day on Prince Edward Island to partake in optional activities available from Charlottetown. From bike rides to kayaking and historic walking tours, there are plenty of options to choose from to make your day here as busy or laid-back as you choose.

Private Vehicle

Charlottetown - Summerside

1h

Settle in and scan the scenery from the convenience of a private vehicle.



### Optional Activities - Day 5

Charlottetown Historic Walking Tour

Charlottetown

25CAD

Get to know the history of Charlottetown and learn more about Prince Edward Island's role in shaping Canadian history. Walk the area and hear about the island's first inhabitants while encountering cultural landmarks, architectural gems, and learning interesting facts from your local guide.

Electric Bike Rental - Charlottetown

Charlottetown

80-100CAD

Choose to rent an electric bike and explore for the day on your own, or book a tour and ride around Charlottetown with a guide.

Charlottetown Walking Food Tour

Charlottetown

98CAD

5km

Book an optional walking food tour and stop at four local spots in downtown Charlottetown. Your guide will share some of the city's hidden gems and you will learn more about the island's history through food and drink. The walking distance will be 5km total with the stops along the route. The experience runs rain or shine, so please remember to dress accordingly.

Kayaking Tour - Charlottetown

Charlottetown

55-75CAD

Experience an optional kayaking excursion from Charlottetown. There are different options to choose from depending on skill level and confidence in the water.

Gin Distillery Tour

Charlottetown

5-25CAD

Choose to visit the Deep Roots Distillery which is located on a 10 acre apple orchard and offers scenic views of Prince Edward Island. From self-guided to guided tours, there are different options depending on your budget.

Lobster Fish and Feast Experience

Charlottetown

110CAD

Take in the beauty of Prince Edward Island's North Shore on a fishing excursion. Sail to oyster and mussel beds where the captain will explain a bit more about those industries. Then, continue to a lobster buoy where you will hook with the gaff and bring the bounty aboard the boat. From there, an experienced lobster fisher will guide the group through the process of hauling a lobster trap and all of the other steps taken to get your catch to the table. Finish off with a lobster roll picnic and enjoy the views from the boat.

\*Please be aware this activity starts at 5pm.

In the morning drive across the curved 12.9km (8 mile) long Confederation Bridge. This bridge is the longest in the world crossing ice-covered water. Arrive to Hopewell Rock Provincial Park after stopping in Moncton to pick up lunch supplies. Enjoy a guided tour of Hopewell Rocks and witness its unique geological rock formations and a very cool perspective during low tide. Continue on to Fundy National Park, renowned for having the highest tides in the world. See for yourself during a 2-4km hike where you'll experience views of the beach below from a cliff top balcony. Arrive to Saint John in the evening and have some dinner in town on your own.



## Meals included

Breakfast



## Accommodation

Château Saint John Hotel & Suites (or similar)

Hotel



## Today's Activities

Private Vehicle

Summerside - Hopewell Rocks Provincial Park

3h

200km

Settle in and scan the scenery from the comfort of your private vehicle. You will be traveling over the curved, 12.9 km (8 mile) long Confederation Bridge. Stop in Moncton along the way to Hopewell Rocks Provincial Park.

Hopewell Rocks Provincial Park Visit & Guided Tour

Hopewell Rocks Provincial Park

3h

The massive tides of the Bay of Fundy have been working their magic and sculpting a masterpiece in Hopewell Cape, New Brunswick for thousands of years. Enjoy a visit to where over twenty free-standing sea stacks are sprinkled along 2km of rugged shoreline. Experience these icons on a walk down on the beach during low tide to witness these massive rocks from a different angle of the normally covered ocean floor. Have lunch here among the beautiful coastal scenery before traveling onwards.

Private Vehicle

Hopewell Rocks Provincial Park - Fundy National Park of Canada

45m

45km

Settle in and scan the scenery from the convenience of a private vehicle.

## Fundy National Park Visit

Fundy National Park of Canada

Witness the world's most dramatic tides in Fundy National Park. Located on the un-ceded territory of the Indigenous Mi'gmaq people on New Brunswick's east coast, the tides normally cover the area with 12m of water, or about a 4-story building. During your visit the group will venture inland on a trail that winds through Acadian forest up to a cliff overlook of the landscape below.

Distance: 2-4km.

Private Vehicle

Fundy National Park of Canada - Saint John

1h30m

135km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 7

## Saint John to Digby/Annapolis

In the morning explore Saint John at your leisure. Gather again as a group for an Indigenous Storytelling Walk through the area. This guided experience allows travellers to connect with nature, local culture, and history through the unique Indigenous point of view. See locations in the area like Reversing Falls Lookout Point, the waterfront, and AREA 506 Container Village. Lunch will be at your leisure before boarding the ferry to Digby. Arrive in the early evening and find a cool local restaurant to have dinner on your own.



### Meals included

Breakfast



### Accommodation

Admiral Digby Inn (or similar)

Hotel



### Today's Activities

Free Time

Saint John

Spend the morning exploring Saint John, Canada's first incorporated city on your own.

Indigenous Storytelling Walk

Saint John

1h30m

Discover the local history of the Wolastoqi and Mi'kmaq communities on a guided Indigenous Walk and storytelling experience. The group will walk along the harbour and the River Wolastoq. Past by archaeological sites and become more knowledgeable about stewardship of the earth and how we combine respect of the present while celebrating past traditions.

Ferry

Saint John - Digby

2h15m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Day 8

## Digby/Annapolis

Take advantage of a full free day in the Digby/Annapolis area. Enjoy an optional visit to the National Historic Sites of Fort Anne, the first European Settlement in North America. Later you could opt to visit Bear River, artist galleries in town, shops, cafes, or perhaps choose to book an optional whale watching cruise. This evening, dinner will be on your own in town.

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### Meals included

Breakfast

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### Accommodation

Admiral Digby Inn (or similar)

Hotel

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### Today's Activities

Free Time

Digby

Enjoy a full day of free time to experience the area of New Brunswick. Opt to tour historical sites, walk around downtown, or book a whale watching cruise a bit further away. There's plenty to see and do, and the chance to make your day as busy or relaxing as you'd like.

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### Optional Activities - Day 8

Bay of Fundy Whale Watching

Digby

90CAD

3h-4h

Choose to book the optional whale watching cruise and try to spot whales lifting from the water in the Bay of Fundy. You will head between 2 and 15 miles off shore to find these beautiful creatures who have migrated north from Florida and Georgia to their feeding grounds. Your CEO can help you book this activity in advance.

\*Please note your CEO will be providing road trip transportation to those travellers planning on doing this activity. The drive is about 35 minutes away from Digby. Other travellers will need to remain in town or Bear River if they choose to visit there.

Visit Annapolis Area Historic Sites

Digby

Choose to join your CEO for an optional visit to the historic sites in the area. See Fort Anne, Canada's oldest National Historic Site and the first European Settlement in North America. There will also be an option to see Port Royal and Annapolis Royal Historic Gardens. Annapolis Royal has over 135 registered heritage properties and a charming streetscape that is now a designated National Historic District.

Visit the Unincorporated Town of Bear River

Bear River

Enjoy a visit to Bear River, the charming village on stilts. With 14-foot tides that refresh daily, the beauty of this place will captivate your creative spirit. Browse the many shops and galleries with art made by locals ranging from wood and pottery to watercolours.

Leave Digby in the morning and visit the town of Lunenburg for a guided walking tour. This UNESCO World Heritage Site is one of the best-preserved examples of a planned British Colonial settlement in North America. Grab lunch on your own at a local restaurant before free time to explore. Later, travel to Western Shore and get settled in at the hotel. Spend the evening enjoying the property's amenities like the walking or bike trails, water activities, and pools. Have dinner on your own on site and choose to attend an evening bonfire with live music.



## Meals included

Breakfast



## Accommodation

Oak Island Resort (or similar)

Hotel



## Today's Activities

Private Vehicle

Digby - Lunenburg

2h

160km

Settle in and scan the scenery from the convenience of a private vehicle.

Historic Guided Walking Tour of Lunenburg

Lunenburg

1h30m

Enjoy a walking tour alongside a guide and learn about the history of Lunenburg. A UNESCO World Heritage Site and one of the best-preserved examples of a planned British Colonial settlement in North America. Walk the original layout of the town and discover the architectural heritage of the 18th and 19th-century buildings. Your guide will offer facts and a unique insider's perspective on this quaint town.

Free Time

Lunenburg

Spend a few free hours in the town. Grab some lunch on your own at a cool local spot, and choose to visit the Fisheries Museum nearby.

Private Vehicle

Lunenburg - Western Shore

30m

23km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Western Shore

Enjoy the resort property's amenities tonight in Western Shore. Choose to swim in the indoor or outdoor pool, try some water activities like kayaking or paddle boarding, and enjoy live music later in the evening.

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## Optional Activities - Day 9

Fisheries Museum of the Atlantic Visit

Lunenburg

Head to the waterfront and check out the different exhibits, boats, films, and history at the Fisheries Museum of the Atlantic.

Day 10

## Western Shore/Halifax

Drive to Peggy's Cove today for a walk around the fishing village, wharf, and lighthouse. This small rural community is located on the eastern shore of St. Margarets Bay with smooth rocks stretching down toward the water from the lighthouse. Afterwards, travel to Halifax and enjoy a CEO-led orientation tour. The remainder of the afternoon will be free and on your own. Join your group in the evening for an optional dinner together.



### Meals included

Breakfast



### Accommodation

Courtyard Halifax Downtown (or similar)

Hotel



### Today's Activities

Private Vehicle

Western Shore - Peggys Cove

1h15m

80km

Settle in and scan the scenery from the convenience of a private vehicle.

Peggys Cove Visit & Walk

Peggys Cove

4h

Enjoy a visit and walk about Peggy's Cove, a must-see location in Nova Scotia known for its beautiful coastal scenery and the iconic Peggy's Cove Lighthouse. Walk around the charming fishing village with a long history that is still actively engaged in the trade. Spend time at the lighthouse perched on granite rocks that have been sculpted by the ocean, and which happens to be one of the most photographed lighthouses in the world.

Private Vehicle

Peggys Cove - Halifax

1h

45km

Settle in and scan the scenery from the convenience of a private vehicle.

CEO-led Orientation Tour of Halifax

Halifax

1h

Become acquainted with Halifax on a brief orientation tour with your CEO. Pass by the harbour and on the main streets downtown as you gain insight into the maritime history and natural beautiful of this waterfront city with the world's longest downtown boardwalk.

Free Time

Halifax

Spend a few hours of free time in Halifax. Opt to visit a museum, walk around on the waterfront boardwalk, or enjoy the natural beauty of Point Pleasant Park.

Day 11

## Halifax

Depart at any time.



### Meals included

Breakfast



### Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

## What's included

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## What are the main highlights of this trip?

Hike and drive the legendary Cabot Trail through Cape Breton Highlands National Park's dramatic coastal landscapes, Cross the impressive 8-mile Confederation Bridge linking Prince Edward Island and New Brunswick, Witness the ocean's power with the dramatic low tide reveal at Hopewell Rocks Provincial Park, Hike to cliffside viewpoints in Fundy National Park for sweeping views of forest and sea, Stroll through charming waterfront towns and uncover Nova Scotia's rich maritime history, Deepen your appreciation for the land and the resilience it took to settle the Maritimes

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## Is there a disclaimer I should read before booking this trip?

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**VERY IMPORTANT:** Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **What is the group leader like?**

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

## **How large will the group be?**

Max 12, avg. 10

## **What meals are included in this trip?**

10 breakfasts, 1 lunch

## **What are the meals like on this trip?**

Some meals on this tour are included in the tour price. When a meal is not included, this is because there are often many options available and we believe you should have the opportunity to explore a bit and taste the local cuisine yourself. In these cases, your CEO will be able to suggest some good local restaurants or options for you to choose from.

## **What are the modes of transportation on my trip?**

Private Vehicle, Ferry, Walking

## **Is there an extra cost for travelling solo?**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Hotels (10 nts).

## **Will I get my own room?**

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## **What are the joining instructions?**

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

From Halifax airport (YHZ), to reach your starting accommodation you can take a local bus (Line 320), or a local taxi. Please go to the airport information desk for assistance.

WELCOME MEETING TIME: 18:00

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## **What happens if I experience problems when arriving?**

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call the G Adventures Local Representative. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Representative

From outside the USA: 1-514-948-4145

From within the USA: 514-948-4145

If you are unable for any reason to contact our local representative, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

# What should be on my packing list?

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

## Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

The Canadian currency is the Canadian Dollar (CAD).

Credit cards are accepted almost everywhere in Canada and can be used to purchase most items. When purchasing products or services with a foreign credit card in Canada, you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of Canadian Dollars as cash (preferably smaller bills, 5s, 10s and 20s) and credit cards is best.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

It is customary in North America to tip service providers such as waiters, bartenders and taxi drivers, at approximately 18-20%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip any local guides used. Recommendations for tipping local guides would range from \$2-8 USD per activity depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, tipping is appreciated. The amount is entirely a personal preference; however as a guideline \$10-15 USD per person, per day can be used as a guide. If your CEO(s) exceeded your expectations, feel free to tip more.

# What activities are optional on this trip?

## Pictou

- The Hector Heritage Quay  
(10CAD per person)

## Charlottetown

- Charlottetown Historic Walking Tour (25CAD per person)
- Charlottetown Walking Food Tour (98CAD per person)
- Gin Distillery Tour (5-25CAD per person)
- Electric Bike Rental - Charlottetown (80-100CAD per person)
- Kayaking Tour - Charlottetown (55-75CAD per person)
- Lobster Fish and Feast Experience (110CAD per person)

## Digby

- Bay of Fundy Whale Watching  
(90CAD per person)
- Visit Anapolis Area Historic Sites

## Bear River

- Visit the Unincorporated Town of Bear River

## Lunenburg

- Fisheries Museum of the Atlantic Visit

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.