



## **Colombia: Andean Vistas to Guatapé & the Caribbean**

10 days, Bogotá to Cartagena

Trip code SMBG

## What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: La Candelaria Neighbourhood Walking Tour, Bogotá
- Your Foodie Moment: Lunch at Hacienda Origen, Medellín
- Your OMG Day: Reservoir Boat Ride or Riverside Picnic, Guatapé
- Complimentary arrival transfer
- Welcome dinner
- Colombia Coffee Tasting Immersion Experience
- Half-day E-biking Tour in Medellín
- Comuna 13 Tour With a Local Guide
- Climb El Peñol Rock
- Town of Guatapé visit
- Barú Orientation Walk With CEO
- Barú Private Boat Excursion
- CEO-led Orientation Walk of Cartagena
- Free time in Bogotá, Medellín, Guatapé, and Barú
- Farewell dinner
- Internal flights
- All tips included for activities and meals, except for CEO and portage
- All transport between destinations and to/from included activities

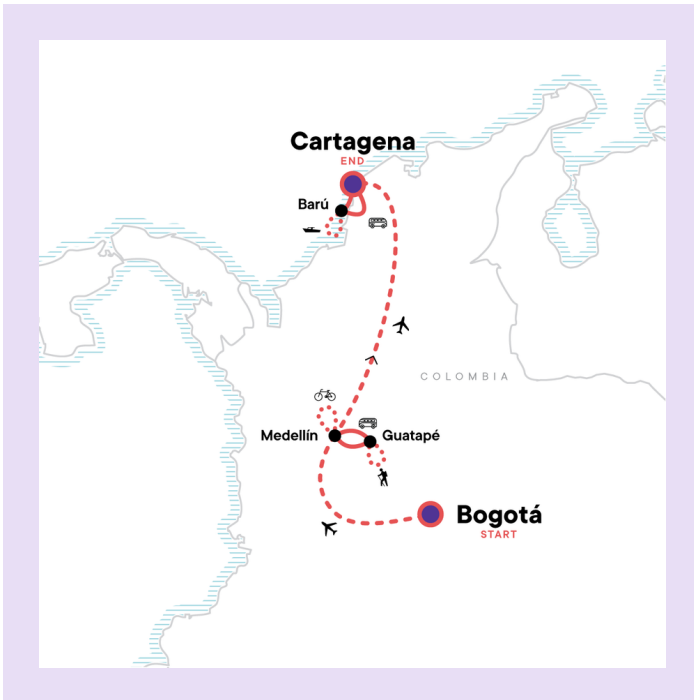
The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing March 1st, 2026 and onwards

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Bogotá: An Immersion into Colombia

From soaring Andean peaks and the vibrant capital of Bogotá to the unspoiled Caribbean coast, Colombia's beating heart pushes you to step out of your comfort zone. As you make your way to the city centre, scan the streets lined with colourful buildings awash with eye-catching art, and absorb the unique mix of history and modernity here. We welcome you to Colombia, and we invite you to open yourself up to curiosity as you traverse this country's diverse lands filled with natural beauty and friendly people.

Arrive to Bogotá at any time and transfer to your hotel. Meet your fellow group members at the welcome meeting in the evening and get all the important information about the adventure ahead. Afterwards, head to a nearby restaurant for a delicious welcome dinner with new friends.



### Meals included

Dinner



### Accommodation

NH Pavillion Royal Bogotá (or similar)

Hotel



### Today's Activities

Arrival Transfer

El Dorado International Airport – Bogotá

45m

16km

You will be met at the airport and transferred to the hotel to start your adventure.

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

## Bogotá: Coffee, Living History and Art

The clouds that typically engulf Colombia's mountainous Caldas province offer wet conditions and cold nights that have proven to be the perfect climate for coffee plants to thrive. Search for hints of distinctive flavours as you sip various kinds of beans and roasts. You'll be able to walk off that coffee buzz on a tour of the historic centre of the city, featuring splendid views and a mix of old and new along its streets.

Set off to explore Bogotá today with a local expert and, later, on your own. The morning begins with a coffee tasting demonstration featuring authentic Colombian brew, followed by a walking tour of the charming La Candelaria neighborhood—a must-see for any culture or history lover. Enjoy a delicious lunch at a lively local restaurant before taking a free afternoon to visit museums or take a cable car ride up Monserrate Hill.



### Meals included

Breakfast | Lunch



### Accommodation

NH Pavillion Royal Bogotá (or similar)

Hotel



### Today's Activities

Private Vehicle

Bogotá

1h45m

Settle in and scan the scenery from the convenience of a private vehicle from your hotel in Bogotá to your included coffee experience.

Colombian Coffee Tasting Immersion Experience

Bogotá

1h30m

Begin your coffee immersion experience with a visit to a nearby speciality coffee shop. Here we embark on a sensory exercise with a local expert to understand the cultivation, selection, and production of these sought after beans. This hands-on experience allows you to learn why Colombian coffee is considered some of the best in the world, and better understand the role it plays in the culture of the region. Your exposure to this fascinating world of high-end coffee will conclude with a tasting of alternative brewing methods.

## ACTIVITY

3km

Discover the heart of Bogotá in the charming La Candelaria neighbourhood. Wander through Carrera Séptima, Plaza de Bolívar, Coliseo Street, Chorro de Quevedo, and La Concordia Market Square. From cobblestone streets to well-preserved colonial buildings you'll be able to see the sites with your own eyes, and listen to fascinating tales about the town's origin, legends, and other key historical moments. This area is a must-visit for any culture and history lover, offering a laid-back way to take in Bogota's cultural gems.

## Free Time

Bogotá

After lunch, the afternoon is yours to do as you wish. Choose between museum visits and individual exploration of this lively Colombian capital city!



## Optional Activities - Day 2

### Gold Museum Visit

Bogotá

4000COP

Explore this veritable treasure trove! Be amazed by the Bogotá Gold Museum's collection of over 30,000 gold pieces in addition to thousands of bone, stone, ceramic, and textile artifacts from 13 different pre-Hispanic societies.

### Monserate Hill Cable Car

Bogotá

20000COP

Ride the cable car up the hill for spectacular views of the city.

### National Museum of Colombia Visit

Bogotá

3000COP

Visit the largest museum in the country and one of the oldest on the continent. Built in 1823 and originally used as a prison, the National Museum of Colombia houses a collection of over 20,000 pieces. Explore exhibits of archeological and ethnographic artifacts and admire works of art by masters including Andrés de Santa María and Fernando Botero.

Day 3

## Medellín: The City of Eternal Spring

Shrouded in myth, legend and a troubled history, Medellín has moved beyond its negative stereotypes to become a hub of innovation and the arts, with a very lively food and nightlife scene. Embark on a culinary journey as you dive into a traditional lunch that celebrates the variety and history of paisa cuisine.

Fly to Medellín and sample Paisa cuisine during an included lunch at a speciality restaurant focusing on preserving long standing culinary traditions before transferring to your hotel in the city. There will be free time to explore and relax.



### Meals included

Breakfast | Lunch



### Accommodation

NH Collection Medellin (or similar)

Hotel



## Today's Activities

Plane

Bogotá - Medellín

1h-1h30m

419km

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

José María Córdova International Airport - Medellín

45m

Settle in and scan the scenery from the convenience of a private vehicle between the airport and Parque Arví.

### ACTIVITY

Sit down for lunch at Hacienda Origen. This is a paisa cuisine speciality restaurant focused on preserving the traditions of the local community by offering Colombian staple dishes like Bandeja paisa, Patacones, and much more. They celebrate their cultural identity and source products directly from local farmers and are committed to using eco-friendly materials in their packaging.

Free Time

Medellin

Spend an evening at your leisure and opt to find a local spot for dinner in this vibrant city.

## Medellín: Bicycle Exploration and Neighbourhood Traditions

Colombia consistently produces world-class professional cycling athletes and you may well see them riding the hills of Medellín over your time here. A great way to discover any city, you'll mount an e-bike and pedal past tree-lined parks and vibrant neighbourhoods, stopping at some of the highlights and hidden gems along the way. Then, discover another neighborhood of Medellín that showcases its innovation, art and city planning.

Begin the morning with an e-bike tour of downtown Medellín led by a local guide to uncover history, art, and legends. Later, visit the Comuna 13 neighbourhood on a private tour before a free evening at your leisure.



### Meals included

Breakfast | Lunch



### Accommodation

NH Collection Medellin (or similar)

Hotel



### Today's Activities

Green Bike

Medellin

4h

Hop on an e-bike and pedal around Medellín with access to hidden back roads, colourful neighbourhoods, quiet parks, and local knowledge about the best routes through the city. Make stops along the way to take photos and try some delicious local treats and excellent coffee. You'll be exploring the city as locals do while uncovering Medellín's history, legends, and art.

Private Vehicle

Medellin

1h

Settle in and scan the scenery from the convenience of a private vehicle when transferring to Comuna 13 for your private tour, and back to the hotel afterwards.

Tour Comuna 13 (Private Transport, Guide, Snacks)

Medellin

2h

Visit a neighbourhood in Medellín formally plagued by violence and various injustices, that has since then undergone an impressive reformation. Walk the streets and enjoy an opportunity to learn from local guides, visit small shops, and purchase unique handicrafts. Capture some photos of the colourful

buildings clinging to the hillsides, and appreciate the area's urban art and outdoor escalators leading up to the steep 28-story buildings.

Day 5

## Guatapé: El Peñol Rock and Local Charm

Located in the northwest part of the country, Guatapé boasts houses painted in every colour adorned with paintings of plants and animals. Sitting on the shores of the man-made lake and reservoir, Guatapé is also close to the climbable granite stone known as El Peñol Rock. You'll climb to the top along the brick staircase rising up through a fissure in the side of the stone, and be rewarded with magnificent views of the green mountains in the distance and the fingers of the blue lake.

Climb El Peñol rock for impressive views of Guatapé. Follow this up with a walking tour around town with your CEO. Be on the lookout for colourful frescoes along the way, and enjoy a meal at a local restaurant for lunch. Transfer to your OMG Stay property to spend the rest of the day relaxing at the hotel.



### Meals included

Breakfast | Lunch



### Accommodation

The Brown, Guatapé (or similar)

Hotel

The Brown, Guatapé is nestled in the splendid beauty of the town making it a haven for nature enthusiasts and adventurers seeking an authentic, immersive Colombian experience. In addition to comfortable facilities with views of the lush green landscape, there is an on-site restaurant offering delicious gourmet meals, and an exclusive beach club along the reservoir's waters with a private beach and panoramic views.



### Today's Activities

Private Vehicle

Medellín - Guatapé

2h

82km

Settle in and scan the scenery from the comfort of your private vehicle between Medellín and Guatapé.

Climb El Peñol Rock

Guatapé

1h

Climb to the top for breathtaking views of the surrounding landscape. El Peñol Rock is 198m tall and while it seems intimidating from the bottom, it's rated as a relatively easy hike and shouldn't take more than an hour. Your legs will get quite the workout on the 740 stone steps to the top. Along the way there are several platforms offering exceptional views of the lake below and providing good stopping points to take a rest. The top offers 360-degree views that will leave you breathless.

Guatapé Visit

Guatapé

1h30m

This colourful pueblo outside of Medellín is famous for its surrounding turquoise lake and beautiful scenery. Discover Guatapé's vibrant charm as you explore the streets adorned with brilliantly painted frescoes (locally known as Zócalos), each telling a unique story. This place is also packed with loads of restaurants and street food to choose from, like arepas and fresh cheeses.

Free Time

Guatapé

Enjoy free time to spend at your leisure at your OMG Stay property.

## Guatapé: Your OMG Day

Guatapé is special for its stunningly colorful town with unique, artistic zocalos and its dramatic natural wonder. The choice is yours for a splash of whimsy or adventurous. From gliding across the Guatapé Reservoir on a breezy boat ride to a picnic nestled by the Guatapé River, you're promised a half-day escape into the beautiful landscapes of this wonderful town.

Today enjoy Guatapé's lovely landscapes. And choose between two guided activities one more adventurous and the other relaxing. Option 1 is a 90-minute boat ride to discover the Guatapé Reservoir. Enjoy the views and take breathtaking pictures from the most iconic spots in the area. The other option is a picnic by the Guatapé River, with waterfalls sounding nearby for a peaceful experience. Return to your OMG Stay. The remainder of the day will be at your leisure.



### Meals included

Breakfast



### Accommodation

The Brown, Guatapé (or similar)

Hotel

The Brown, Guatapé is nestled in the splendid beauty of the town making it a haven for nature enthusiasts and adventurers seeking an authentic, immersive Colombian experience. In addition to comfortable facilities with views of the lush green landscape, there is an on-site restaurant offering delicious gourmet meals, and an exclusive beach club along the reservoir's waters with a private beach and panoramic views.



### Today's Activities

ACTIVITY

Option 1: Discover the Guatapé Reservoir in a 90-minute experience departing from your OMG Stay. Enjoy the views from the water.

Option 2: Sit down for a picnic lunch by the Guatapé River, with waterfalls sounding nearby and a peaceful atmosphere that will leave you relaxed. A local guide will accompany you.

Free Time

Guatapé

Spend time at your leisure this afternoon and choose to enjoy some of the amenities at your OMG Stay.

## Barú: Caribbean Paradise

Imagine coconut palms swaying in a gentle breeze as their trunks stretch out over white sands next to teal waters—a colour too bright to even seem real—and you will soon be there. Your next destination is Barú, a peninsula not far from Cartagena and famous for its relaxing, tropical atmosphere. Dotted along the northern coast are the coral archipelagos of Rosario and San Bernardo, known for their crystal clear waters and abundant schools of fish.

Travel back from Guatapé to Medellín and board a flight to Cartagena. Upon arrival, the group will transfer to Barú, an island paradise along the Caribbean Sea. Enjoy lunch at the hotel with views of the inviting white sand and aquamarine water, then set off on an orientation beach walk with your CEO before a free afternoon in paradise to relax, or take part in some optional water activities.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Isla del Encanto (or similar)

Hotel



### Today's Activities

Private Vehicle

Guatapé - José María Córdova International Airport

1h30m

58km

Settle in and scan the scenery from the convenience of a private vehicle on the way from your OMG Stay to the airport in Medellín.

Plane

Medellín - Cartagena

1h15m-1h30m

640km

Fly from Medellín to Cartagena this morning before transferring to Barú.

Free Time

Barú

Take advantage of free time this afternoon to relax and settle in to the paradise that is Barú. Opt to swim, snorkel with colourful fish, or simply lounge in the sun.

Private Vehicle

Cartagena - Barú

1h30m

40km

Settle in and scan the scenery from the convenience of a private vehicle en route to the peninsula of Barú from Cartagena.

Barú Orientation Walk With CEO

Barú

30m

Upon arrival to Barú, lunch will be had at the hotel restaurant. Then, enjoy an orientation beach walk with your CEO to become acquainted with this slice of paradise. The peninsula is often called an island, but it is bounded by the bay of Cartagena, the Dique Canal, and the Caribbean Sea. Famous for its white & pink sands, as well as the crystalline water, this is the perfect place to sit back and relax. Don't miss Puntilla Beach, where you can soak up the sun, soft waves, and warm tropical climate.

Day 8

## Barú: Boat Excursion to the Rosario Islands

The magic continues farther out at sea as you experience this idyllic area up close on a private boat trip to the Rosario Islands. Bask in the sun and visit this stretch of 27 isles with no roads and barely any people. Experience the rhythms of island life while you swim and snorkel in the warm, tropical waters in search of colourful fish and other underwater life.

Get out on the water with a private boat trip off the coast of Barú. Visit the Rosario Islands for snorkelling and swimming in paradise. Enjoy a free afternoon and evening at your leisure, with lunch and dinner included at the hotel.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Isla del Encanto (or similar)

Hotel



### Today's Activities

Barú Private Boat Excursion

Barú

5h

Board your private boat and get out on the water for a half-day snorkelling excursion off of Barú. Travel to the nearby Rosario Islands and submerge yourself underwater to get up close to the native wildlife, and enjoy the stunning views of the landscape as you bob gently along in the Caribbean Sea.

Free Time

Barú

The afternoon belongs completely to you. Think walks along the shoreline, sitting at a local spot with a cold drink, or more swimming in paradise. Lunch and dinner will be served at the hotel.

Day 9

## Cartagena: The Walled City

Leave Barú behind but keep the Caribbean close as you head to Colombia's coastal hub—Cartagena. You'll wander the historic walled city's cobblestone streets with brightly-painted colonial mansions and 16th century squares that served as inspiration for so many of Gabriel García Márquez's celebrated books.

Travel to Cartagena and set off on a CEO-led orientation walk in order to get your bearings before enjoying the rest of the day to discover the city. Regroup in the evening for a farewell dinner together and celebrate this incredible Colombian adventure.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Bantu Hotel (or similar)

Hotel



### Today's Activities

Cartagena Orientation Walk

Cartagena

1h30m

Your CEO will lead the group on an orientation walk of Cartagena's historical centre upon arrival from Barú. During this walk you will get your bearings of the walled city's many churches, plazas and historic landmarks before you set off to discover it on your own. Wander the picturesque cobblestone streets lined with colonial buildings and colourful flowers spilling over the rooftops before meeting up in the evening with the group.

Private Vehicle

Barú - Cartagena

1h15m-1h30m

62km

Settle in and scan the scenery from the convenience of a private vehicle.

Today your adventure comes to an end, but the memories made during your time in Colombia are sure to live on.

Depart at any time.



## Meals included

Breakfast



## Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

## What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: La Candelaria Neighbourhood Walking Tour, Bogotá
- Your Foodie Moment: Lunch at Hacienda Origen, Medellín
- Your OMG Day: Reservoir Boat Ride or Riverside Picnic, Guatapé
- Complimentary arrival transfer
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- Free time in Bogotá, Medellín, Guatapé, and Barú
- Farewell dinner
- Internal flights
- All tips included for activities and meals, except for CEO and portage

- All transport between destinations and to/ from included activities

## **What are the main highlights of this trip?**

Sip world-renowned coffee with a local expert in Bogotá, Cruise around downtown Medellín on an E-bike tour, Enjoy panoramic views while climbing El Peñol, Spend a few days at a gorgeous lake-front property in Guatapé, Set off on a half-day boat and snorkelling excursion from Barú, Wander through the historic walled city of Cartagena.

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## **Is there a disclaimer I should read before booking this trip?**

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## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## What important notes should I be aware of before the trip?

### ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

### BAGGAGE ALLOWANCE:

#### FREE BAGGAGE ALLOWANCE 1PC:

BAGGAGE: 50LB / 23KG AND 62LI / 158LCM

(1 Piece, 23 kilograms or 50 Pounds and 158 linear centimeters or 62 linear inches)

CARRYON HAND BAGGAGE: 10KG / 22LB AND 45LI / 115LCM

(1 Piece, 10 kilograms or 22 Pounds and 115 linear centimetres or 45 linear inches)

## What is the role of the group leader during this trip?

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

## How large will the group be?

Max 16, avg 12

## What meals are included in this trip?

9 breakfasts, 7 lunches, 4 dinners

## What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally, meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally, food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Please refer to the meals included and budget information for included meals and meal budgets.

## What are the modes of transportation on my trip?

Private Vehicle, Plane, Boat, Bicycle, Walking.

## Are local flights included in the cost of the trip?

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

## Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## Where will we stay during the trip?

Hotels (9 nts).

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through G Adventures in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a G Adventures sign, and they will be waiting for you outside the luggage hall. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Operator (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru

During Office hours (Weekdays 9am-5pm Local Time): +593 999 350 112

After hours emergency number: +51 997 582 712

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

## **Are there any additional packing suggestions I should consider?**

Most people automatically assume that the weather is hot in South America, but because of the higher altitude in the Andes, the temperature can feel quite cold, especially at night. Remember that although near the Equator, the higher altitude on some parts of the trip makes for cool evenings and you will need a warm sweater or pullover. It's best to layer clothes rather than bring a heavy parka so that you can take layers off.

# What should be on my packing list?

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

## Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

### **Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## **When can I do my laundry on this trip?**

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## **What are the visas and entry requirements for my trip?**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## **What should I consider when planning my personal expenses and discretionary spending for this itinerary?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## **What should I know about currency, credit cards, and exchanging money while on this tour?**

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of US dollar cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

On the Geluxe Collection tours, tipping is included for all included activities and meals. Tipping is not included for the CEO or Porterage. Should you want some basic guidelines on tipping for the activities you do on your own, please see below. At the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$10-15 USD per person, per day can be used.

For meals and activities not included in your itinerary, it is appropriate in Latin America to tip 10%. Though not compulsory, tipping is expected. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels and shows an expression of satisfaction.

## What activities are optional on this trip?

### Bogotá

- Gold Museum Visit (4000COP per person)
- Monserrate Hill Cable Car (20000COP per person)
- National Museum of Colombia Visit (3000COP per person)

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## **Are international flights included in this trip?**

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## **What should LGBTQ+ travellers know about safety and travel considerations on this trip?**

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.