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This itinerary is valid for departures in 2018. To view the 2019 itinerary [click here](#).



Last Updated: August 29, 2019



Colombia Journey

12 days, Bogotá to Bogotá

Trip code SMCNG

What's included

- Your Journeys Highlight Moment: Colombian Coffee Farm Visit, Salento
- Your Journeys Highlight Moment: Medellín Community Walk, Medellín
- Your Journeys Highlight Moment: Salsa Dance Class, Cartagena
- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: Cartagena
- Arrival transfer
- Excursion to Salento and Cocora Valley

- Santa Marta orientation tour
- Admission and hike in Tayrona National Park
- Gabriel García Márquez Old City walk
- Internal flights
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing July 12th, 2015 - December 31st, 2016

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Bogotá

Arrive at any time. Arrival transfer included.

Modern Bogotá offers visitors a wide variety of activities combined with the picturesque beauty of its cultural and architectural past. Colonial churches and pre-Columbian art contrast with the futuristic high-rise buildings of a busy metropolis.

If you arrive early, take a walk around some of the interesting neighbourhoods including La Candelaria, La Macarena, Parque de la 93, La Zona T, La Zona Rosa (bars and restaurants), La Zona G (international cuisine), or visit the Monserrate Sanctuary and enjoy great views of the city.

We recommend booking pre- or post-accommodation to experience all this city has to offer.

Hot water shortages and power outages can be fairly common in Colombia (even in upgraded hotels and private homes). We appreciate your patience and understanding that these occurrences are outside of our control.



Today's Activities

Private Vehicle

El Dorado International Airport - Bogotá

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Catch a flight to Armenia where we immerse ourselves into coffee culture staying two nights at a traditional Hacienda on a working coffee farm. Spend the afternoon with a coffee expert tasting and exploring elements that inspire coffee production including earth, water, fauna, flora, sun, and shade.

The Hacienda is simple, with small rooms and few amenities, it also is common to have hot water shortages. While basic, the stunning location and natural beauty more than makes up for a few minor inconveniences.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Plane

El Dorado International Airport - Armenia

1h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

Armenia

30m

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Immerse yourself into coffee culture with a visit to a family-run working coffee farm. Spend the afternoon with a coffee expert learning the processes of plant growth, reproduction, harvest, post harvest, and drying. This hands-on experience allows us insight into why Colombian coffee is considered some of the best in the world.

Hacienda Stay

Armenia

Spend the night in a traditional hacienda (Spanish for "estate") and coffee farm and get a closer look at life in Colombia's beautiful coffee region.

Day 3

Armenia

Enjoy a full day excursion to Salento including a hike in the Cocora Valley. Enjoy some free time to visit shops and the village.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Salento and Cocora Valley Excursion

Salento

Visit Salento, a charming town typical to Colombia's coffee region, and enjoy hiking the beautiful landscape of the Cocora Valley. Spend the rest of your visit strolling the quaint streets of Salento—this is a great place to appreciate traditional architecture and shop for gifts.

Free Time

Salento

Enjoy some free time to explore the town.

Hacienda Stay

Armenia

Spend the night in a traditional hacienda (Spanish for "estate") and coffee farm and get a closer look at life in Colombia's beautiful coffee region.

Day 4

Armenia/Medellín

Catch a flight to vibrant Medellín. Enjoy time to explore this historic city upon arrival.



Meals included

Breakfast



Today's Activities

Private Vehicle

Armenia - Medellín

8h-10h

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Discover another side of Medellín as you travel on the city's innovative transportation system and head to Comuna 13 – a community transformed. Once controlled by the cartels, this community is a shining example of Colombia's progress in overcoming its notorious past. Meet a local guide and begin the journey upward with a ride on the city's unique public cable cars. Head farther up the hillside to the outdoor electric escalators that serve Comuna 13. The extensive escalator system has renewed the impoverished district, which clings to a steep hillside, and provided much relief to residents whose daily commutes have become safer and faster. Arrive at the top to explore this welcoming and safe urban neighbourhood and enjoy panoramic views of the city.

Day 5

Medellín

Visit Comuna 13 – a community transformed. Once controlled by the cartels, this neighbourhood is a shining example of Colombia's progress in overcoming its notorious past. Meet a local guide and begin the journey upwards with a ride on the city's unique public cable cars and escalator system and enjoy a walk discussing Colombia's history and revitalization. Option to take a historical tour, visit museums or go shopping in the afternoon.



Meals included

Breakfast



Today's Activities

Free Time

Medellín

Free time to explore the city or set out on an optional excursion.



Optional Activities - Day 5

El Peñol Stone (La Piedra Del Peñol) Visit

Medellín - Guatapé

Formed approximately 70 million years ago, El Peñón de Guatapé, also known as El Peñol, is a giant monolith rising 2,135m (7,005 ft) above sea level. Climb the 649 steps that have been built into one side of this famous rock and enjoy breathtaking views of the Guatapé Dam and surrounding area from the peak.

Medellín City Tour

Medellín

35USD

Really get to know Colombia's second largest city with a neighbourhood tour. Medellín has been revitalized since the issues of the 80s and 90s and is now one of South America's most innovative and artistic cities. Explore the city's varied barrios filled with shops, green parks, museums, churches, markets, and delicious cuisine.

Guatapé Dam Visit

Medellín - Guatapé

Visit this hydroelectric dam created by flooding a valley. The Guatapé Dam has greatly changed the natural landscape, which now has the look of lush islets in a blue lake with 500km (310 mi) of shoreline.

Nutibara Hill (Cerro Nutibara) Visit

Cerro Nutibara

For a breath of fresh air 80m (263 ft) above the city, visit Nutibara Hill. Ride a colourful bus, take a taxi, or climb winding paths through the greenery to get to the top of the hill and enjoy great views of the city. Pueblito Paisa waits at the summit: stroll through this replica of a traditional Antioquian town and enjoy the charm of whitewashed buildings, bright-coloured doors and tiled roofs. Try some local food here or shop for souvenirs.

Paragliding

Medellín

45USD

Get ready for a thrilling ride! Take off from one of the surrounding hills and enjoy spectacular views of this sprawling city and the picturesque green mountains that encircle it as you glide through the air.

Santa Fe de Antioquia Visit

Medellín - Santa Fe

Explore the quaint streets of Santa Fe de Antioquia – a national monument – on foot and admire the original colonial architecture and Andean landscape. Take photos of traditional Antioquian homes and get lost in the charm of the past. Explore the town's beautiful churches and cross the Cauca River on the Bridge of the West, a suspension bridge built in 1887.

Day 6

Medellín/Parque Nacional Natural Tayrona

Morning flight to Santa Marta then continue to our beach lodge near Tayrona National Park, on the Caribbean coast. Enjoy fresh seafood and some of Colombia's most pristine and beautiful white sand beaches.



Meals included

Breakfast | Dinner



Today's Activities

Plane

José María Córdova International Airport - Santa Marta

1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

Santa Marta - Parque Nacional Natural Tayrona

45m-1h

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 6

Hiking

Parque Nacional Natural Tayrona

Explore the lush jungles or picturesque beachside trails of this national park on a hike. Keep an eye out for macaws, monkeys, and other local wildlife.

Swimming

Parque Nacional Natural Tayrona

Take an invigorating dip in the ocean and relax on some of Colombia's most pristine beaches.

Day 7

Parque Nacional Natural Tayrona

Spend the day swimming and enjoying the beach or opt to hike into the national park or into the jungle to see the ruins of Pueblito.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Free Time

Parque Nacional Natural Tayrona

Relax beachside in this tropical paradise or hike through the jungle.



Optional Activities - Day 7

Hiking

Parque Nacional Natural Tayrona

Explore the lush jungles or picturesque beachside trails of this national park on a hike. Keep an eye out for macaws, monkeys, and other local wildlife.

El Pueblito Ruins Visit

Parque Nacional Natural Tayrona

Tie up your laces and hike through the jungle, crossing streams and passing giant boulders, to the ruins of the ancient town of Pueblito. Explore this pre-Hispanic site before returning to the beautiful beaches of Tayrona.

Swimming

Parque Nacional Natural Tayrona

Take an invigorating dip in the ocean and relax on some of Colombia's most pristine beaches.

Tayrona National Park Visit

Parque Nacional Natural Tayrona - Santa Marta

Get active with a moderate hike into this beautiful park with a local guide. Experience the gorgeous scenery of Tayrona.

Day 8

Parque Nacional Natural Tayrona/Cartagena

Drive to tropical Cartagena and experience the Caribbean charm and beauty of the city.



Meals included

Breakfast



Today's Activities

Private Vehicle

Parque Nacional Natural Tayrona - Cartagena

4h-5h

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Cartagena

Discover more of the city on foot or laze on the beach: the choice is yours.



Optional Activities - Day 8

Night Exploration on Chiva

Cartagena

80000COP

Get ready to party and explore the city by chiva bus. These colourful vehicles are a national symbol and feature open sides making it easy to truly experience vibrant Cartagena as you go. Drink, dance and enjoy Colombian music on this fun-filled ride.

Day 9

Cartagena

Enjoy a walking tour through the old part of Cartagena visiting key sites throughout the historical centre of the city that were inspiration for Colombia's most famous author, journalist and Nobel Prize winner; Gabriel García Márquez. Relax in the afternoon before we learn the basics of Colombian Salsa, known as Cali style in a private lesson by 2 local dancers.



Meals included

Breakfast



Today's Activities

Free Time

Cartagena

Visit Playa Blanca, take a boat to the Islas del Rosario National Park with its stunning beaches, or soak in the crater of the Totumo mud volcano.



Optional Activities - Day 9

Naval Museum of the Caribbean Visit

Cartagena

6000COP

Located in the historic walled city, visit this spacious museum housed in two heritage buildings. Explore the various exhibits relating to the naval history of the Caribbean Sea and enjoy the charming patios.

Palace of Inquisition (Museum) Visit

Cartagena

30000COP

Visit the museum and learn about the Spanish Inquisition in Colombia. Explore this fine example of colonial and Baroque architecture and see artifacts and torture equipment on display.

Museum of Modern Art (Museo de Arte Moderno) Visit

Cartagena

5000COP

Housed in two historic buildings, one a former weapons storehouse, is the collection of the Museo de Arte Moderno de Cartagena. Stroll through the unique space and admire Latin American paintings from the 1950s along with contemporary Colombian art.

Day 10

Opt to pre-book the "Totumo Mud Volcano" activity on the checkout page ahead of time to include this optional on your tour.

Experience the Caribbean charm and beauty of the city. Free time for optional activities such as a visit to Playa Blanca, a boat tour to Islas del Rosario National Park, or to explore nearby beaches.



Meals included

Breakfast



Optional Activities - Day 10

Gold Museum Visit

Cartagena

7000COP

Head to Plaza Bolivar and pay a visit to this well-curated and informative museum. Admire the intricate, pre-Columbian gold works and pottery of the indigenous Zenú people while learning about their history and traditions—all on display in a charming colonial home.

El Totumo Mud Volcano Visit

El Totumo - Cartagena

65000COP

Delight in a mud bath at the Volcan Tutumo. Ascend a small staircase about 15m (49 ft) to the top of the mud volcano. At the crater take a dip in the warm mud (a slurry of thermal water and subterranean mineral deposits) believed to have healing properties. Afterwards, de-mud with a bath in the nearby lagoon.

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Playa Blanca Visit

Playa Blanca

Take a boat to the island of Baru and visit idyllic Playa Blanca. Relax on the white sand, go for a swim, or snorkel in the warm water. To refuel head to one of the charming beach shack restaurants.

Islas del Rosario National Park

Cartagena - Islas del Rosario

320000-350000COP

Take a boat to this park with a lengthy name—Rosario and San Bernardo Corals National Natural Park—and be wowed by the beauty of the Rosario Islands. Admire the clear blue water and natural landscape of the islands. Opt to snorkel and explore the park's lively reefs or sit back and relax on the beach.

Day 11

Cartagena/Bogotá

Fly back to Bogotá with free time for optional activities including a visit to the National Museum of Colombia, the Gold Museum, or just wander one of the many quaint neighbourhoods.



Meals included

Breakfast



Today's Activities

Plane

Cartagena - El Dorado International Airport

1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Free Time

Bogotá

Enjoy a free afternoon and evening for independent exploration.



Optional Activities - Day 11

Gold Museum Visit

Bogotá

4000COP

Explore this veritable treasure trove! Be amazed by the Bogotá Gold Museum's collection of over 30,000 gold pieces in addition to thousands of bone, stone, ceramic, and textile artifacts from 13 different pre-Hispanic societies.

National Museum of Colombia Visit

Bogotá

3000COP

Visit the largest museum in the country and one of the oldest on the continent. Built in 1823 and originally used as a prison, the National Museum of Colombia houses a collection of over 20,000 pieces. Explore exhibits of archeological and ethnographic artifacts and admire works of art by masters including Andrés de Santa María and Fernando Botero.

Day 12

Bogotá

Depart at any time.

We recommend booking additional post-trip accommodation if you want more time to explore the city.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

- Your Journeys Highlight Moment: Colombian Coffee Farm Visit, Salento
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- Internal flights
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What are the main highlights of this trip?

Spend two days in Colombian coffee heaven at a traditional hacienda, learn the basics of salsa with a private lesson from two local dancers, discover another side of Medellín with a visit to Comuna 13, explore the lush jungle and white-sand beaches of Tayrona National Park, wander the cobblestone streets of historic Cartagena

What are the main highlights of this trip?

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1) Baggage Allowance

The max luggage allowance on domestic flights within Colombia is 1 checked bag (15 kgs) and 1 carry on (5 kgs) per person.

What is the group leader like?

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 15, Avg 6.

What meals are included in this trip?

11 breakfasts, 3 lunches, 4 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Bus, van, jeep, plane, walking.

Are local flights included in the cost of the trip?

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (9 nts), hacienda/farm (2 nts).

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a National Geographic Journeys sign with your name on it, and they will be waiting for you outside the luggage hall. There most likely will be many signs, so please check carefully for your name.

Please note that Day 1 is an arrival day and no activities have been planned, so you may arrive at any time. Similarly the last day is a departure day in which no activities are planned.

Your CEO will contact you at the hotel on Day 1 and make sure you are settled comfortably. If you arrive late, they will leave you a message detailing what time and where you should meet the next morning. Your CEO will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Quito, Ecuador

During office hours (Weekdays 9am-6pm Local Time)

From outside Ecuador: +593 2250 6610

From within Ecuador: 022 506 610

After hours Emergency number

From outside Ecuador: +51 997 582 712 (whatsapp available)

From within Ecuador: +51 997 582 712 (whatsapp available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What should I take on my trip?

Most people automatically assume that the weather is hot in South America, but because of the higher altitude in the Andes, the temperature can feel quite cold, especially at night. Remember that although near the Equator, the higher altitude on some parts of the trip make for cool evenings and you will need a warm sweater or pullover. It's best to layer clothes rather than bring a heavy parka so that you can take layers off.

We recommend the use of a medium sized duffel bag, soft rolling bag or backpack, whichever is easiest for you to carry. A good size daypack is also essential.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Smart Dress:

- Smart outfit (For evenings out)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of US dollar cash, travellers cheques and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

USD \$33

Should I be tipping on my trip?

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures Chief Experience Officer (CEO) did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

What activities are optional on this trip?

Medellín

- El Peñol Stone (La Piedra Del Peñol) Visit
- Medellín City Tour (35USD per person)
- Paragliding (45USD per person)
- Santa Fe de Antioquia Visit
- Guatapé Dam Visit

Cerro Nutibara

- Nutibara Hill (Cerro Nutibara) Visit

Parque Nacional Natural Tayrona

- Hiking
- El Pueblito Ruins Visit
- Swimming
- Tayrona National Park Visit

Cartagena

- Night Exploration on Chiva (80000COP per person)
- Palace of Inquisition (Museum) Visit (30000COP per person)
- Gold Museum Visit (7000COP per person)
- Naval Museum of the Caribbean Visit (6000COP per person)
- Museum of Modern Art (Museo de Arte Moderno) Visit (5000COP per person)
- Islas del Rosario National Park (320000-350000COP per person)

El Totumo

- El Totumo Mud Volcano Visit (65000COP per person)

Playa Blanca

- Playa Blanca Visit

Bogotá

- Gold Museum Visit (4000COP per person)
- National Museum of Colombia Visit (3000COP per person)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What are the trip specific safety considerations?

Please take care when wandering about the main cities on your own, as pick pockets and purse-snatchers are common. Be safe and leave your passport, credit cards, traveller's cheques and cash you don't need in the hotel's safety deposit box. Most Colombianos are honest and genuinely helpful and friendly, but be safe and enjoy the city!

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.