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Sorry! There are no remaining departures for "Colombia's Lost City to the Caribbean" (SMSM), [but here are some similar trips.](#)



## **Colombia's Lost City to the Caribbean**

15 days, Santa Marta to Santa Marta

Trip code SMSM

### **What's included**

- Your Discover Moment: Cartagena
- 5-day trek to the Lost City

- City tour in Cartagena
- Minca excursion (full-day)
- Tayrona National Park
- Hike with indigenous guide (5 hrs)
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 1st, 2015 and onwards

## Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Santa Marta

Arrive at any time.

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### Today's Activities

Arrival Day

Begin your adventure today. There are no planned activities so feel free to explore or rest up for the excitement ahead.

Transfer to Machete Pelao, where the trek to the Lost City of Teyuna begins. Trek for 4-5 hrs each day through farmland, steamy jungle, and rural Kogi communities. Get a glimpse into the local way of life in the remote river valleys of the Sierra Nevada Mountains.



## Meals included

Breakfast | Lunch | Dinner



## Today's Activities

4x4

Santa Marta - Machete Pelao

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

Lost City Trek Day 1

Machete Pelao - Ricardito Camp

4h-5h

7km

Leave Machete Pelao and start trekking through the jungle along the Buritaca River. Pass by farmland and get a glimpse into daily life in the small communities en route to the campsite. This first day of trekking is relatively straightforward and a good way to ease yourself into it. There is a combination of uphill and flat sections that lead the way to the first campsite. Continue uphill to reach Ricardito Camp, known locally as vista hermosa or beautiful view, sit back and soak them in. If the weather is right, sunsets and sunrises here are not to be missed.

Total distance: 7.6 km.

Day 3

## Ricardito Camp/ Wiwa Camp

The route starts along the Buritaca River, taking you further into the vivid green jungle past small villages en route to the camp for the evening. After a long day of trekking, enjoy a refreshing dip in one of the natural swimming pools.

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### Meals included

Breakfast | Lunch | Dinner

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### Today's Activities

Lost City Trek Day 2

Ricardito Camp - Wiwa Camp

4h-5h

7km

Begin trekking alongside the Buritaca River early in the morning. Pass through more farmland used for growing coffee or raising cattle. Climbing on this part of the trek can be challenging as the route progresses uphill from the riverbed and through the humid jungle. Take a look at the unique, circular huts that make up some of the Kogi villages in the area. Once you make it to the camp, cool off with a swim in the river before dinner.

Day 4

## Wiwa Camp /Teyuna Paraiso Camp

Continue trekking along the route to the Ciudad Perdida. Today is a tough portion of the trek with a lot of steep inclines, make sure to rest and take in the beautiful views.



### Meals included

Breakfast | Lunch | Dinner



### Today's Activities

Lost City Trek Day 3

Wiwa Camp - Teyuna Paraiso Camp

5h-6h

9km

Continue along the river with stretches of steep inclines. Take the opportunity to jump in the river and cool off. Trekkers should drink a lot of water today, especially if the weather is hot and humid. There are some points where the hike passes narrow ledges that can present a challenge for anyone who is not too steady on their feet. Arrive at the Teyuna Paraiso campsite around mid-afternoon.

Day 5

## Teyuna Paraiso Camp/ Wiwa Camp

Get started early to climb the 1,200 steps up to the Lost City. The view of the surrounding Sierra Nevada Mountains makes it well worth the hike. Explore the Lost City and learn what is known of its origins from the indigenous guide, before making the descent back to Wiwa Camp for the night.

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### Meals included

Breakfast | Lunch | Dinner

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### Today's Activities

Lost City Trek Day 4

Teyuna Paraiso Camp - Wiwa Camp

7h-8h

The once-forgotten city is only an hour away and to get there you must climb the 1,200 steps built by the ancient Tayrona people. This is a very steep climb, but the rewards of the climb are more than worth it. Once at the site, the guide will explain the history of the Lost City and what is known of its origins. It is estimated that only 10% of the site has been discovered. Head back to the campsite for lunch and a swim before beginning the trek back the way you came to Wiwa Camp.

Day 6

## Wiwa Camp /Santa Marta

In the morning, take in your last views of the jungle as you trek back to Machete Pelao. Transfer to Santa Marta where the rest of the day is yours to relax.



### Meals included

Breakfast | Lunch



### Today's Activities

Lost City Trek Day 5

Ricardito Camp - Machete Pelao

4h-5h

7km

Continue the hike back down to Machete Pelao following the same route that you took in. The farmland will look familiar, but the scenery remains spectacular. Take in your last views of the jungle and local village life before heading back on the grid.

Total distance: 7.6 km

4x4

Machete Pelao - Santa Marta

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

Day 7

## Santa Marta/Cartagena

Drive down the coast to Cartagena and start exploring this charming city.

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### Today's Activities

Local Bus

Santa Marta - Cartagena

5h

Climb aboard, grab a seat, and enjoy the ride.

Free Time

Cartagena

Start exploring this historic walled city.

Enjoy a free day exploring all Cartagena has to offer. Opt to enjoy the beautiful coast or explore the charming colonial city.



## Meals included

Breakfast



## Optional Activities - Day 8

Gold Museum Visit

Cartagena

7000COP

Head to Plaza Bolivar and pay a visit to this well-curated and informative museum. Admire the intricate, pre-Columbian gold works and pottery of the indigenous Zenú people while learning about their history and traditions—all on display in a charming colonial home.

Night Exploration on Chiva

Cartagena

80000COP

Get ready to party and explore the city by chiva bus. These colourful vehicles are a national symbol and feature open sides making it easy to truly experience vibrant Cartagena as you go. Drink, dance and enjoy Colombian music on this fun-filled ride.

Museum of Modern Art (Museo de Arte Moderno) Visit

Cartagena

5000COP

Housed in two historic buildings, one a former weapons storehouse, is the collection of the Museo de Arte Moderno de Cartagena. Stroll through the unique space and admire Latin American paintings from the 1950s along with contemporary Colombian art.

Palace of Inquisition (Museum) Visit

Cartagena

30000COP

Visit the museum and learn about the Spanish Inquisition in Colombia. Explore this fine example of colonial and Baroque architecture and see artifacts and torture equipment on display.

Naval Museum of the Caribbean Visit

Cartagena

6000COP

Located in the historic walled city, visit this spacious museum housed in two heritage buildings. Explore the various exhibits relating to the naval history of the Caribbean Sea and enjoy the charming patios.

Islas del Rosario National Park

Cartagena - Islas del Rosario

320000-350000COP

Take a boat to this park with a lengthy name—Rosario and San Bernardo Corals National Natural Park—and be wowed by the beauty of the Rosario Islands. Admire the clear blue water and natural landscape of the islands. Opt to snorkel and explore the park's lively reefs or sit back and relax on the beach.

Day 9

## Cartagena

Enjoy a city tour, visiting the colonial walled city and fortress, a UNESCO World Heritage Site. Enjoy free time to take in the Caribbean vibe of the city and beach.

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### Meals included

Breakfast

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### Today's Activities

Cartagena City Tour

Cartagena

4h-5h

Learn more about Cartagena's history from a bilingual guide on a tour of this lively city. Travel between sights by private transport and visit the clock tower, Plaza Bolivar, and the Castillo de San Felipe de Barajas. Take in sweeping views of the city from the hilltop Convento De La Popa and enjoy a walking tour from San Pedro Claver Church to Santo Domingo Church.

Free Time

Cartagena

Get out and explore this vibrant colonial town. Refuel with some local fare—"patacones" or fried plantains are a must!

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### Optional Activities - Day 9

Volcan Tutumo

El Totumo

90000COP

Delight in a mud bath at the Volcan Tutumo. Ascend a small staircase about 15m (49 ft) to the top of the mud volcano. At the crater take a dip in the cool mud (a slurry of thermal water and subterranean mineral deposits) believed to have healing properties. Afterwards, de-mud with a bath in the nearby lagoon.

Day 10

## Cartagena/Santa Marta

Travel by bus to Santa Marta with free time to explore this beautiful coastal city.

Please note hot water is uncommon in the Caribbean region of Colombia. Showers are likely to only have cold water while visiting this area.



### Meals included

Breakfast



### Today's Activities

Local Bus

Cartagena - Santa Marta

5h

Climb aboard, grab a seat, and enjoy the ride.

Free Time

Santa Marta

Start exploring this historic city. Opt to visit the La Quinta de San Pedro Alejandrino, the large estate is famed for being the death place of Simon Bolivar.

Day 11

## Santa Marta/Taganga

Journey into the hills around Minca and hike to a beautiful waterfall. Take a tour of a coffee farm and indulge in a local lunch. Continue to Taganga, a perfect base for exploring nearby Tayrona National Park.



### Meals included

Breakfast | Lunch



### Today's Activities

Private Vehicle

Santa Marta - Minca

30m-1h

Settle in and scan the scenery from the convenience of a private vehicle.

Minca Excursion

Minca

2h-3h

Nestled in the rainforest of the Sierra Nevada Mountains– the town of Minca is beautiful. Explore the town before heading up to a coffee farm to learn more about the production of one of Colombia's most important crops. Continue on to the scenic watering holes of Pozo Azul, after a short hike, enjoy an invigorating dip under a waterfall before taking a break for an included lunch.

Private Vehicle

Minca - Taganga

45m

Head downhill in a 4x4 on a jungle road, take in the scenery and hold on tight, it can be a bumpy ride.

Day 12

## Taganga

Spend the day exploring Taganga. Opt for more active options like snorkelling or hiking or hit one of the beaches and relax in a hammock.

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### Meals included

Breakfast

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### Today's Activities

Free Time

Taganga

Spend the day soaking up the Caribbean feel of this coastal village. Be sure to indulge in the area's fantastic fresh seafood or hang out in one of the many cafés along the beach.

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### Optional Activities - Day 12

Snorkelling

Taganga

150000COP

Strap on some fins and a mask and explore the active reefs in Taganga's clear water. Keep an eye out for fascinating brain coral!

Day 13

## Tayrona National Park Area / Taganga

Head into Tayrona National Park for a moderate hike with a local guide. This is a perfect opportunity to experience nature and learn a little more about the rich, natural diversity of northern Colombia. Stay in a lodge close to the park.

Please note that Tayrona National Park is usually closed during the month of February. The indigenous groups in the area believe that mother nature needs a month of rest, and maintenance to the park is done during this time. If your trip falls in February, you will visit Taironaka Park, to learn more about the local Kogi people and their cultural practices.



### Meals included

Breakfast | Lunch | Dinner



### Today's Activities

Hiking

Parque Nacional Natural Tayrona

3h-4h

Lace up your hiking boots and get to the next stop under your own power.

Tayrona National Park Excursion

Parque Nacional Natural Tayrona

5h-4h

Get outside with a hike into this beautiful park! Learn more about the rich diversity of Tayrona's natural heritage and explore Tayrona's gorgeous scenery with a local guide. Spend the night surrounded by nature in a lodge close to the park.

Day 14

## Parque Nacional Natural Tayrona/Santa Marta

Return to Santa Marta for an optional evening out on the town.

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### Meals included

Breakfast

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### Today's Activities

Hiking

Parque Nacional Natural Tayrona

3h-4h

Lace up your hiking boots and get to the next stop under your own power.

Private Vehicle

Parque Nacional Natural Tayrona - Santa Marta

1h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Day 15

## Santa Marta

Depart at any time.

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### Meals included

Breakfast

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### Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

## What's included

- Your Discover Moment: Cartagena
- 5-day trek to the Lost City
- City tour in Cartagena
- Minca excursion (full-day)
- Tayrona National Park
- Hike with indigenous guide (5 hrs)
- All transport between destinations and to/from included activities

## What are the main highlights of this trip?

Relax to the Caribbean rhythms on the coast, meet the locals and learn about coffee in Minca, indulge in fresh seafood and Colombian specialties, climb 1,200 steps to reach the Lost City of Teyuna, enjoy spectacular jungle scenery, watch hummingbirds in the trees from the comfort of a hammock.

## What are the main highlights of this trip?

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## Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## What is the group leader like?

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

## **How large will the group be?**

Max 16, avg 12

## **What meals are included in this trip?**

13 breakfasts, 7 lunches, 5 dinners

## **What are the meals like on this trip?**

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Please refer to the meals included and budget information for included meals and meal budgets.

## **What are the modes of transportation on my trip?**

Private van, public bus, 4x4, walking

## **Is there an extra cost for travelling solo?**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Hotels/guesthouses (10 nts), camping (4 nts).

## **What is the joining hotel?**

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

G Adventures Office Quito, Ecuador

During office hours (Weekdays 9am-6pm Local Time)

From outside Ecuador: +593 2250 6610

From within Ecuador: 022 506 610

After hours Emergency number

From outside Ecuador: +51 997 582 712 (whatsapp available)

From within Ecuador: +51 997 582 712 (whatsapp available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What should I take on my trip?

Most people automatically assume that the weather is hot in South America, but because of the higher altitude in the Andes, the temperature can feel quite cold, especially at night.

Remember that although near the Equator, the higher altitude on some parts of the trip make for cool evenings and you will need a warm sweater or pullover. It's best to layer clothes rather than bring a heavy parka so that you can take layers off.

## What should be on my packing list?

### Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

## When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of US dollar cash, travellers cheques and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Do I need to pay a departure tax?

USD \$33

## Should I be tipping on my trip?

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures Chief Experience Officer (CEO) did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

## What activities are optional on this trip?

### Cartagena

- Gold Museum Visit (7000COP per person)
- Night Exploration on Chiva (80000COP per person)
- Museum of Modern Art (Museo de Arte Moderno) Visit (5000COP per person)
- Palace of Inquisition (Museum) Visit (30000COP per person)
- Naval Museum of the Caribbean Visit (6000COP per person)
- Islas del Rosario National Park (320000-350000COP per person)

### El Totumo

- Volcan Tutumo (90000COP per person)

### Taganga

- Snorkelling (150000COP per person)

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What are the trip specific safety considerations?

Please take care when wandering about the main cities on your own, as pickpockets and purse-snatchers are common. Be safe and leave your passport, credit cards, traveller's cheques and cash you don't need in the hotel's safety deposit box. Most Colombianos are honest and genuinely helpful and friendly, but be safe and enjoy the city!

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.