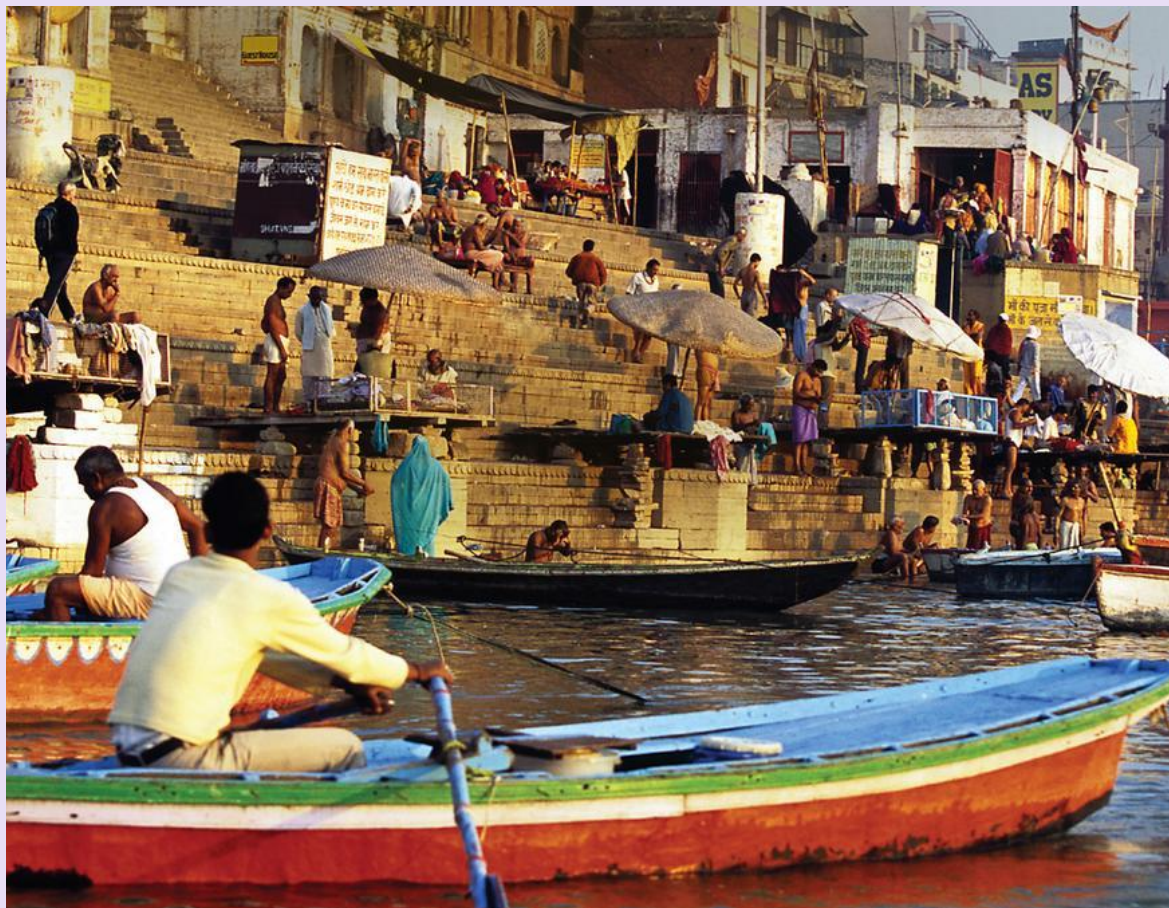


!
x

Sorry! There are no remaining departures for "Down the Ganges" (AHS), [but here are some similar trips](#).



Down the Ganges

15 days, Delhi to Delhi

Trip code AHSG

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Rafting in Rishikesh

- Evening aarti in Haridwar
- Taj Mahal and Agra Fort visit
- Sailing on the Ganges with overnight camping
- Evening and morning boat rides in Varanasi
- Visit Orchha Palace

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2015 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Delhi

Arrive at any time.

There are no planned activities until the 14:00 welcome meeting. We highly recommend you book pre- or post-accommodation to fully experience this bustling city.



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Orientation With CEO

30m-1h

Visit the Connaught Place by metro and walk to India Gate.

Day 2

Delhi/Rishikesh

Take a morning train to Haridwar then drive to Rishikesh. Explore this holy city.



Today's Activities

Train

Delhi - Haridwar

5h

Climb aboard, take a seat, and enjoy the ride.

Private Vehicle

Haridwar - Rishikesh

1h30m

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 2

Yoga Class

Chiang Mai

Stretch and hold poses in this gentle but effective form of exercise.

Day 3

Rishikesh

Enjoy whitewater rafting in Rishikesh and spend the afternoon exploring.



Today's Activities

Whitewater Rafting

Rishikesh

1h-2h

Rishikesh is the rafting capital of India. Go for half-day rafting session on the mighty River Ganges.

Free Time

Rishikesh

Explore more of this holy city.

Day 4

Rishikesh/Haridwar

Drive to Haridwar. Attend an evening aarti (prayer ritual) and walk along the ghats.

Visit the prominent holy city of Haridwar, regarded as one of the seven holiest places for Hindus.

Witness an evening aarti, the waving of lighted wicks that accompanies almost all Hindu ceremonies.



Today's Activities

Private Vehicle

Rishikesh - Haridwar

1h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Evening Aarti

Haridwar

1h-2h

7km

An aarti is a religious ritual found in Hinduism, consisting of lighted wicks soaked in ghee being offered to the deities. The offering in Haridwar is one of the most famous. An aarti symbolizes five different things— ether, wind, fire, water, and earth.

Day 5

Haridwar/Āgra

Take a morning train to Agra. Spend the evening exploring.



Today's Activities

Train

Haridwar - Āgra

10h

Climb aboard, take a seat, and enjoy the ride.

Orientation With CEO

30m-1h

Visit Fatehabad Road.

Visit the Taj Mahal, Baby Taj, and Agra Fort by cycle-rickshaw before boarding an overnight train to Allahabad.

Watch the sunrise in the city of Agra, best known for the Taj Mahal. Visit this great icon of Mughal architecture in the early morning for the best light.

In the afternoon, visit I'timad-ud-Daulah, also known as the 'Baby Taj'. Ride a cycle-rickshaw to visit the Agra Fort.

In the evening, hop an overnight train.



Today's Activities

Taj Mahal Visit

Tāj Mahal

2h-3h

Cross one off your bucket list as you visit one of the Seven Wonders of the World. Explore the gorgeous white marble mausoleum, built by the Mughal Emperor Shah Jahan as a testament of his love for his favorite wife, Mumtaz Mahal.

Baby Taj Visit

Āgra

Visit this mausoleum that looks like a jewel box, built before the Taj Mahal by Queen Nur Jahan for her father. Enjoy the intricate details of the structure; it was the first Mughal building faced with white marble and where "pietra dura" (precious stones inlaid into marble) was first used.

Agra Fort Visit

Āgra

1h-3h

Enjoy a visit to this impressive Mughal fort made of red sandstone and white marble.

Basic Overnight Train (beds)

Āgra - Allahābād

8h-9h

Experience overnight travel like a local. Sit back and get some well-earned (and likely much-needed) rest en route to your next stop.

Day 7

Allahābād/Chunār

Embark on a sailing trip down the Ganges and camp overnight on the river banks.

Head to a hotel in town to change up for the day before continuing to Mirzapur to embark on a day of sailing on the sacred River Ganges.

Allahabad is an important town on the Ganges for pilgrims and it's confluence of two of the great rivers – the Ganges and Yamuna. This point is known as Sangam and it's the place Hindus come to wash away their sins.

Enjoy sleeping by the river with cooks and helpers to make the experience comfortable.



Meals included

Lunch | Dinner



Today's Activities

Private Vehicle

Allahābād – Mirzāpur

2h

Settle in and scan the scenery from the convenience of a private vehicle.

Boat

Mirzāpur – Chunār

Climb aboard and get your float on.

Ganges Sailing

Mirzāpur – Chunār

8h

Sail down the mighty Ganges, past holy pilgrimage sites, and soak in life along the sacred river.

Drive to Rajpur in Robertsganj. Explore the village and forested areas with a local guide. Opt for a 4x4 safari or a bicycle ride around the town. Overnight tent retreat.

Drive to Rajpur to explore the village and forested area of Robertsganj. Learn about this off-the-beaten-path destination on a walk with a local guide. Opt for a 4x4 safari through the forest or ride a bicycle around town.

Camp overnight at a site run by the local villagers, providing sustainable support for the neighbouring communities.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Private Vehicle

Chunār - Robertsganj

2h-3h

Settle in and scan the scenery from the convenience of a private vehicle.

Guided Walk

Robertsganj

1h-2h

Enjoy a walk with a local guide to learn more about this hidden community. Gain insight on the nearby forest and life in a remote village.

Free Time

Robertsganj

Spend time exploring with a 4x4 safari or bike rental.



Optional Activities - Day 8

Bike Rental

Rent a bike from a local shop and head out to explore.

Day 9

Robertsganj/Varanasi

Opt to cycle around the village before driving to Varanasi. Enjoy an evening boat ride on the Ganges.

Continue on to the holy city of Varanasi.

Take boats out onto the sacred Ganges River to enjoy the sunset. For the evening boat journey, experience a candle flower ceremony on the boats.

With time in Varanasi, opt to shop, wander, and absorb the atmosphere of this unique city, while optional activities include visiting the monasteries and ruins of nearby Sarnath, site of the Buddha's first sermon.



Meals included

Breakfast



Today's Activities

Private Vehicle

Robertsganj - Varanasi

3h

Settle in and scan the scenery from the convenience of a private vehicle.

Evening Ganges Boat Tour

Varanasi

2h-3h

Enjoy a boat ride on the sacred Ganges River, where Hindu pilgrims from all over the world come to wash away their sins and cremate their loved ones. Participate in a candle and flower ceremony while on the water.

Day 10

Varanasi

Watch the sunrise from a boat on the Ganges before a free day to explore the city.



Meals included

Breakfast



Today's Activities

Morning Ganges Boat Tour

Varanasi

1h

Catch the sunrise from a boat cruising the sacred Ganges River, where Hindu pilgrims from all over the world come to wash away their sins and cremate their loved ones. Witness locals participating in dawn rituals of bathing and burning at the river.

Free Time

Varanasi

Make the most of your time in this holy city.



Optional Activities - Day 10

Guided Tour of Sarnath

Varanasi

A day of exploration begins with a tuk-tuk ride from Varanasi towards Sarnath, where your local guide awaits. One of the holiest Buddhist sites in the world, Sarnath is the birth place of Buddhism where Lord Buddha preached his first sermon. For nearly 1700 years the site remained a centre for great learning, a place of pilgrimage, and a Vihara (Monastery) for monks and scholars. Guided by a local expert, discover the archeological ruins of the monastery, the ancient Dhamek stupa. Explore the museum at Sarnath and the sacred Maha Bodhi Tree. Visit temples constructed by the buddhist people of Sri Lanka, Thailand and Japan. Stop to admire the Buddha statue located at the Thai Buddha vihara. Some eighty feet tall, it is considered to be the tallest standing Buddha statue at Sarnath. After three hours of guided exploration, your guide will bring you back to your awaiting tuk-tuks bound for your hotel.

Day 11

Varanasi/Khajurāho

Spend the day travelling to Khajuraho via Satna. Visit the Khajuraho Group of Monuments, India's largest group of medieval temples, known for their kama sutra statues.



Today's Activities

Train

Varanasi - Satna

5h30m-6h

Climb aboard, take a seat, and enjoy the ride.

Private Vehicle

Satna - Khajurāho

2h

Settle in and scan the scenery from the convenience of a private vehicle.

Khajuraho Temples Visit

Khajurāho

Get ready to be impressed by the beautiful temples of Khajuraho during this guided tour. Not intended for the bashful, these erotic carvings are similar to style of the Kama Sutra. These Hindu temples were build over a span of a 100 years, and while originally there were more than 80 of them, only 22 currently remain.

Day 12

Khajurāho/Orchha

Continue to Orchha, stopping en route to explore the village of Alipura.

Stop in Alipura to break up the drive and have lunch in town. Opt to enjoy the heritage palace for lunch or take a bullock cart ride through town.

Continue on to Orchha for the night.



Today's Activities

Private Vehicle

Khajurāho – Alīpura

1h30m-2h

96km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Alīpura – Orchha

2h30m-3h

96km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 13

Orchha

Explore the Orchha Palace complex. With free time in the afternoon, opt to take a cooking class.

Set on the banks of the Betwa River, Orchha is the perfect antidote to the chaos of India's cities. Visit the Orchha Palace complex and learn more about this fascinating place.

Opt for a local cooking class with a family or attend an evening puja ceremony at the Ram Raja Temple.



Today's Activities

Orchha Palace Visit

Orchha

1h-2h

Visit the three separate palaces, or "mahals," in this complex: the Raj Mahal, Jehangir Mahal, and Rai Parveen Mahal. Enjoy the medieval architecture and learn about its rich history.

Free Time

Orchha

Head out and explore.



Optional Activities - Day 13

Cooking Class

Orchha

1000INR

2h-3h

Calling all foodies! Get a taste of local food of Orchha by visiting a local family for a cooking class. After the cooking demonstration sit down and enjoy the delicious dishes you have prepared.

Day 14

Orchha/Delhi

Visit Tarragram, a local initiative for the sustainable livelihood of paper making, before boarding an afternoon train to Delhi.

Visit Tarragram, a unique paper making plant set up to assist tribal women from the area. All the paper is made from recycled clothing and wood pulp.

Later, head back to Delhi by the Shatabdi Express train.



Today's Activities

Tarragram Visit

Orchha

1h

Explore more of the city.

Private Vehicle

Orchha - Jhānsi

15m-30m

Settle in and scan the scenery from the convenience of a private vehicle.

Train

Jhānsi - Delhi

5h

Climb aboard, take a seat, and enjoy the ride.

Day 15

Delhi

Depart at anytime.

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Rafting in Rishikesh
- Evening aarti in Haridwar
- Taj Mahal and Agra Fort visit
- Sailing on the Ganges with overnight camping

● Evening and morning boat rides in Varanasi

● Visit Orchha Palace

What are the main highlights of this trip?

Sail along the Ganges River, go whitewater rafting through exciting rapids, experience the spirituality of India during an evening aarti, marvel at the beauty of the Taj Mahal

What are the main highlights of this trip?

Sail along the Ganges River, go whitewater rafting through exciting rapids, experience the spirituality of India during an evening aarti, marvel at the beauty of the Taj Mahal

Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. CULTURE

India is a country which is very different to anything you will have experienced before. Although this means it is not the easiest place to travel, this is also what makes it so special. Pollution, poverty and the crowds can result in initial culture shock but should be seen as an exciting new challenge. During our time here we have come to love this large and wonderfully different country but we know that we should always expect to encounter some difficulties along the way.

In India there are very different attitudes to time keeping, public cleanliness, privacy and service. Trains will sometimes be late, plumbing can sometimes be temperamental and power will often just vanish. Optimistic menus turn out to have only one dish available and everyone, just everyone, will want to know your name. If you are able to travel with a lot of patience and a healthy sense of humour, then we know that you - like all of us - will be captivated by what India has to offer.

2. RAMADAN

Depending on the lunar cycle, Ramadan will fall between June 18th and July 17th, 2015. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. Only about 20% of Indians are Muslim, but it is important to note that there may be some limitations to services and disruptions to schedules during Ramadan. Generally our tours still operate effectively during this period and food is available to non-muslims throughout the day. It is important to display increased cultural sensitivity during Ramadan in predominately Muslim areas of India. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

What is the group leader like?

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

How large will the group be?

Max 15, avg 12

What meals are included in this trip?

3 breakfasts, 2 lunches, 2 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Vegetarians will be able to find a huge range of different foods - India is vegetarian heaven. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Boat, raft, train, bus, rickshaw.

What transportation will we take on this trip?

There are no restaurant or buffet cars on Indian Railways, but on long distance trains an attendant will appear in your coach and ask you if you would like to order food. Regular stops are made at stations where food is also available and on some trains many vendors board the train selling chai, cold drinks and crisps and biscuits.

Don't expect pristine western standards anywhere in India, but you'll find AC3 and AC Chair class fairly clean by Indian standards, with both western-style and squat toilets usually in a reasonably sanitary condition. Sleeper Class and 2nd class toilets may be a different matter! Bring your own toilet paper and hand wash soap or liquid.

Indian trains are quite safe to travel on, even for families or women traveling alone, and you are unlikely to have any problems. Having said that, theft of luggage, although rare is not unheard of, so just for peace of mind you might like to take along a chain and padlock to secure your bags (readily available at all Indian stations).

Generally, Indian Railways are very efficient, but Indian trains do run late, and sometimes it's hours rather than minutes. Make sure you have something to occupy your time - a good book, music, a magazine or photos of your home country and family to show the Indian travelers also waiting for the train. You should also have snacks and water for the journey.

ROAD

Traveling by road in India or Nepal is certainly not what people are used to in Western countries. Rules are not always followed, drivers appear to speed, do not stay in their lanes, overtake in seemingly dangerous situations, rarely use their mirrors or driving lights at night time. The horn however is used very frequently and can range from the latest Bollywood tune to Britney Spears! In India, although the government is investing large sums of money improving the road infrastructure, there is a lot more to be done. As a result, in both India and Nepal, some of the roads are poorly maintained, pot holed and uneven. This gets even more pronounced particularly during and after the monsoon. Travel time covering relatively short distances is very long in comparison to Western countries.

BOATS

While on the Ganges, travel in groups of five by teakwood boats measuring 19 feet long and 7 feet wide. The boats have ample space to spread out, along with pillows for comfort. Life vests are on board. The boats have a cooler stocked with water and cold drinks for purchase.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels/guesthouses (12 nts), camping (1 nt), sleeper train (1 nt).

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

Do any exceptions apply to Rooming or “My Own Room” on my tour?

Night 6 overnight train

What kind of accommodation can I expect on this trip?

A variety of styles of hotels/guest houses are used in India. These can vary in terms of service, efficiency and cleanliness. In many instances they might not be like what you are used to back home. Power cuts can and are a regular occurrence in many places, especially throughout North and Central India. Although a number of hotels have generators there may be times when these won't work. It is also recommended when you are in your room to lock the door, as staff will sometime enter without reason.

The tents provided during the one night of camping are nylon double gate domed 2-person tents with a fly sheet covering.

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

If this is your first trip to India an arrival transfer is recommended. The arrival transfer will be provided by our G Adventures-supported project Women on Wheels. This program provides safe and reliable transport for travellers, while providing a dignified livelihood for a local woman from a resource poor community. You will be greeted by a trained driver from the project with a G Adventures sign with your name on it. The drivers mostly wait outside exit Gate number 6. Please check carefully once you exit the baggage hall as there seem to be hundreds of people waiting outside in the arrival area. If you have any questions, please feel free to call our transfer representatives in Delhi. Our airport representatives can be reached at the Sakha Call Centre at +91 92787-08888.

Taking a taxi from New Delhi airport is convenient, but taxi drivers are famous for tampering with their meters and overcharging. Use the prepaid taxi service offered at the airport. You can make the arrangements at designated counters outside the baggage-claim area of the domestic terminals and international terminal. Unfortunately scammers have set up similar services, so make sure the counter is operated by the Delhi Traffic Police. Your destination, the time of your arrival and the amount of luggage determine the rate, which you pay in advance at the counter, but should be between INR200-300. Take the receipt and locate your assigned taxi. Taxis are black with yellow tops and have yellow number plates. Once you get into the taxi, don't give the driver the payment slip until you reach your destination. If the driver demands more rupees, politely refuse, although if they have driven safely, you may like to tip INR10-20.

Be aware also, of touts at the airports, even at hotel-reservation counters. They may try to trick you into booking a hotel room by claiming that your prior reservation is invalid. Ignore them.

Your CEO will contact you at the hotel on Day 1 and make sure you are settled comfortably. If you arrive late, they will leave you a message detailing what time and where you should meet the next morning. Your CEO will organize a short meeting soon after arrival, during which you will meet other tour participants and receive some general and specific information about aspects of the trip.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your trip CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your CEO, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If your call is specifically concerning Airport Transfer complications please call our local G Adventures Transfer providers directly at:

New Delhi Airport:

Sakha Call Center

From outside India: +91 9278708888

From within Delhi: 9278708888

From outside Delhi: 09278708888

Airport Representative

From outside India: +919599193260 or +919599051397

From within Delhi: 9599193260 or 9599051397

From outside Delhi: 09599193260 or 09599051397

EMERGENCY CONTACT NUMBERS

G Adventures Local Office (Delhi)

G Adventures South Asia Manager, Rishab (Delhi, India)

>From outside of India: +91 88 5180 6614

>From within Delhi: 88 5180 6614

>From within India, but outside Delhi: 088 5180 6614

G Adventures Office Bangkok, Thailand

During Office hours (Weekdays, 9am-5pm Local Time): +66-02-3815574

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What should I take on my trip?

What you need to bring depends on the trip you have chosen and the countries or regions you are planning to visit. We suggest that you pack as lightly as possible as you are expected to carry your own luggage. As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 10-15kg/22-30lb. Suitcases are not recommended for G Adventures trips! Most travellers carry a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit under the beds when travelling on sleeper trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones. If your trip involves overnights in homestays, villages or camping then you usually have the opportunity to rent sleeping bags if need be instead of bringing them with you.

What should be on my packing list?

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

All travellers must have a valid Indian visa prior to the start of their tour. Please note that visas for India are the responsibility of the individual traveller.

To obtain a visa for India, you may either apply for an e-Visa using the link below, or alternately visit the Indian embassy or consulate nearest you to apply for a physical visa on your passport.

India is now offering e-Visas for some nationalities. Please visit this link for further information, and to check if your nationality is eligible for an e-Visa: <https://indianvisaonline.gov.in/visa/tvoa.html>

As there are many fake websites, please only use the link above to apply for your e-Visa and for any additional information.

Please use the start hotel of your tour as a reference for your visa application. Contact us or your travel agent if you need further information.

Where can I read detailed notes about this trip?

In India English is widely spoken and transportation and infrastructure is good, but please remember that this is India- expect the unexpected! If you are able to bring with you a lot of patience, a great sense of humour and a willingness to try and interact with the local people, your travel experience will be greatly enhanced

How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

As currency exchange rates in Asia fluctuate often we ask that you refer to the following website for daily exchange rates:
www.xe.com

As of Feb 2012 the exchange rate for INDIA was 1 USD = 49.00 (Indian Rupees). There are many ATM machines that accept both Visa and Mastercard but these are limited to major cities. We also recommend the use of cash and travellers cheques in USD currency. Major credit cards are accepted in most shops but they may charge a 2-4% transaction fee.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from USD1-2 per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference; however as a guideline USD20-30 per person, per week can be used.

What activities are optional on this trip?

Chiang Mai

- Yoga Class

Chunār

- Bike Rental

Varanasi

- Guided Tour of Sarnath

Orchha

- Cooking Class (1000INR per person)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our CEOs are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our group CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What are the trip specific safety considerations?

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting small rural communities or visiting temples or mosques or other holy sites as this may restrict your entry.

India is very conservative and you should dress accordingly. As a general guideline shoulders and knees should be covered at all times. The wearing of shorts is not allowed as it will restrict your entry into buildings of a religious nature and family homes. A light water and windproof jacket is useful and a hat essential.

NB: During our trip there will be many opportunities for you to meet and "talk" with locals. One way to start any conversation is with pictures. We recommend that you bring some photos/postcards of your family, home, city or country where you live, animals peculiar to your country etc.

How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that you'll receive a special discount code for free online prints and we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Please visit <http://www.gadventures.com/evaluations>

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.