



Dunes, Deltas & Falls Discoverer

18 days, Victoria Falls to Cape Town

Trip code DZDD

What's included

- Your G for Good Moment: Dqae Qare San Lodge & Camp, Dekar
- Your G for Good Moment: Penduka Village Restaurant & Shop, Windhoek

- Your G for Good Moment: !Khwa ttu San Culture and Education Centre, Yzerfontein
- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: Swakopmund
- Okavango Delta overnight bush camping excursion
- San/Bushmen walk
- Traditional dinner
- Wine tasting in Lambert's Bay
- Etosha National Park entrance with wildlife safari drives in the touring vehicle
- Sossusvlei Dunes and Sesriem Canyon entrance
- Fish River Canyon entrance
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing April 1st, 2023 and onwards

Itinerary



Itinerary Notes

Please note on departures for this itinerary over the next 6-8 months, travellers will not be visiting/staying at the G Adventures-supported Dqae Qare San Lodge & Camp. During this time, travellers will overnight in different, nearby accommodations. The itinerary will resume normal operations at the lodge before the end of the year.

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Victoria Falls

Arrive at any time.

There are no planned activities until an evening welcome meeting.

Your accommodation is in Victoria Falls (Zimbabwe) and NOT Livingstone (Zambia). Please make sure you have the necessary visa.



Accommodation

Explorers Village Lodge (or similar)

Lodge



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

Victoria Falls/Kasane

Cross the border into Botswana, and stay in Kasane, just outside of Chobe NP. Try to spot the elephants, crocodiles, and hippos this region is famous for during an optional sundowner cruise.

Drive to the border and cross from Zimbabwe into Botswana. Continue to the Kasane area, outside the gates of Chobe National Park, home to the largest elephant population in Southern Africa.

Opt to check out one of Botswana's national parks and its thousands of resident elephants, crocodiles, and hippos on a sunset boat cruise on the Chobe River.



Meals included

Breakfast



Accommodation

Thebe River Safaris Lodge (or similar)

Lodge



Today's Activities

Private Vehicle

Victoria Falls - Kazungula

1h

Settle in and scan the scenery from the convenience of a private vehicle.

Border Crossing (Zimbabwe - Botswana)

Cross the border from Zimbabwe into Botswana.

Private Vehicle

Kazungula - Kasane

30m

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 2

Chobe River Sunset Cruise

Chobe National Park - Kasane

Get a fantastic perspective of one of Botswana's national parks and its thousands of resident elephants, crocodiles, and hippos on a sunset boat cruise on the Chobe River. Bring a few drinks and a camera, sit back, and enjoy the view.

Day 3

Kasane/Nata

Opt to rise early for sunrise and marvel at your surroundings as you set out on an optional safari drive in Chobe National Park. Travel to Nata and watch elephants drinking at the watering hole while you dip in the pool on the property, or grab a sundowner at the bar area.



Meals included

Breakfast | Dinner



Accommodation

Elephant Sands Lodge (or similar)

Lodge



Today's Activities

Private Vehicle

Kasane - Nata

4h

255km

Settle in and scan the scenery from the convenience of a private vehicle.



Optional Activities - Day 3

Chobe National Park Safari Drive

Chobe National Park

100km

Immerse yourself in Chobe National Park in an open-backed, open-seated safari vehicle, and experience the stunning wilderness of the game-rich park in the care of a very knowledgeable and friendly guide. Explore with your eyes as the tour drives along routes that overlook the beautiful Chobe River and keep an eye out for the remarkable variety of animals that are drawn to this permanent water source.

During the safari drives it is not uncommon to spot several of Africa's "big five" in the greater Chobe area and the early morning drive lasting 3 hours is a wonderful opportunity to have some unique sightings.

Day 4

Nata/Maun

Prepare for a 1-night/2-day journey into the delta.

Travel to Maun, the biggest town in the Okavango Delta area, pick up any supplies needed, and prepare for the journey into the Okavango Delta.



Meals included

Breakfast



Accommodation

Sedia Hotel (or similar)

Hotel



Today's Activities

Private Vehicle

Nata - Maun

4h30m

340km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 5

Okavango Delta

Enjoy wildlife walks, traditional mokoro excursions, and birding. Learn the ways of the bush from the local polers.

The excursion begins with a drive in customized safari vehicles for about 1-2 hrs to the "dock" to board a mokoro (canoe) that takes us deep into the delta. After a 1-2 hrs in the mokoro, arrive to the basic bush camp.

In the evening, watch a traditional dance performance.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Okavango Delta Camp (or similar)

Campground



Today's Activities

4x4

Maun - Okavango Delta

1h-2h

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

Mokoro

Okavango Delta

1h-1h30m

Climb into a traditional canoe for a closer view of the shoreline.

Okavango Delta Excursion

Okavango Delta

Step into the heart of Botswana's wilderness on an unforgettable journey into the Okavango Delta. Your adventure begins with a scenic drive in an open 4x4 safari vehicle, travelling deep into the Sankoyo Concession, a pristine area teeming with wildlife and rich in natural beauty.

Our secluded camp offers a true bush experience, with comfortable, fully-set-up tents and the sounds of nature all around. From here, you'll explore the Delta the traditional way, gliding quietly through the waterways in a mokoro canoe, steered by skilled local polers who know the channels like the back of their hand.

Back on land, a guided walking safari gives you the rare opportunity to connect with the bush on foot.

Learn about the plants, animal tracks, and smaller wildlife often missed from a vehicle, while keeping an eye out for the Delta's bigger residents.

Evenings are spent relaxing by the campfire under a sky scattered with stars, swapping stories and listening to the night sounds of Africa. This is more than a trip, it's an immersion into one of the world's most remarkable ecosystems, guided by the people who call it home.

Tswana Dance Performance

Okavango Delta

1h

Enjoy a captivating performance by the Polers in the Okavango Delta. They will sing traditional songs in the Tswana language, providing a glimpse into local culture. Each performance is unique, as different groups of Polers bring their own songs and style. It's a relaxed, authentic experience that adds a special touch to your evening in the Delta

Hop into a mokoro with your friends on the way back to Maun. Search for wildlife in the reeds along the river as you make your way back towards civilization. Zoom through the western part of Botswana to Ghanzi; the heart of the Kalahari. Catch a glimpse of how the Indigenous San Bushmen adapted to the Kalahari Desert on a bushman walk. They will teach you about wilderness survival skills in a place that seems uninhabitable.

Then while the day comes to an end, enjoy the warm hospitality of the San Bushmen as the group will be staying at the G Adventures-supported Dqae Qare San Lodge & Camp. The best part? You are making a difference in the lives of this community just by enjoying your time at camp. So sit back, allow yourself to become immersed in their history and culture, sit around the fire, and simply enjoy the moment.

Enjoy the sunrise in the delta before travelling back to Maun by mokoro. Travel along the northern portions of the Kalahari Desert throughout the day – this is a severely arid and barren landscape, though very beautiful.

Arrive in the late afternoon and camp in the Ghanzi area.

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Meals included

Breakfast | Dinner



Accommodation

Palm Afrique Lodge (or similar)

Lodge

Our stunning establishment is approximately 160km from the Xade gate of the Central Kalahari Game Reserve. Palm Afrique Lodge is situated on a private nature reserve in the Kalahari. Plenty of antelope such as Springbuck, Zebra, Sable, Oryx, Eland, and Kudu roam in our private nature reserve. Our abundance of birdlife, especially during the rainy season, will have any bird watcher continually clutching their binoculars.



Today's Activities

Mokoro

Okavango Delta

1h-1h30m

Climb into a traditional canoe for a closer view of the shoreline.

4x4

Okavango Delta - Maun

1h-2h

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

Private Vehicle

Maun - Ghanzi

4h

Settle in and scan the scenery from the convenience of a private vehicle.

Guided Bush San Walk

Ghanzi

1h-1h30m

4km

Get a glimpse of how the San tribe adapted to the Kalahari Desert and learn about their fascinating wilderness survival skills. The gatherer life of the San/Bushmen has all but disappeared; there are few remaining who retain the survival skills of their ancient way of life.

During the walk, San/Bushmen guides will share their knowledge on mastering this harsh environment, helping us learn about the botany of our surroundings.

ACTIVITY

Immerse yourself in the culture and history of the Naro San when you stay at Dqae Qare San Lodge & Camp tonight. This campsite and wildlife area is the only land-owned freehold by an Indigenous community in all of Southern Africa. The San are known throughout the continent for their warm hospitality, and tonight you have the opportunity to be immersed in their history and culture with a bush walk and dance around the campfire. Dqae Qare San Lodge provides much-needed employment for the nearby village of D'kar, and revenue from the lodge is invested in the nearby preschool, art program, museum, and community projects that bring clean water and other resources to the village. Everything for the lodge is community-sourced, including the labour, materials, artwork and ingredients for meals.

Day 7

Ghanzi/Windhoek

Travel to Windhoek, the German-influenced capital city of Namibia.

Today, new travellers may join you for the rest of your adventure. You are welcome to join them at a group meeting this evening, followed by an optional dinner.



Meals included

Breakfast



Accommodation

Auas City Hotel (or similar)

Hotel



Today's Activities

Private Vehicle

Ghanzi - Windhoek

8h-9h

565km

Settle in and scan the scenery from the convenience of a private vehicle.

Border Crossing (Botswana - Namibia)

Mamuno - Buitepos

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Day 8

Windhoek/Etosh National Park

Visit the G Adventures supported Penduka Village Restaurant & Shop, just outside of Windhoek, to pick up a tasty packed lunch, then continue up to Etosha National Park. Enjoy an afternoon wildlife safari drive in our touring vehicle, then opt to explore more on an open vehicle night drive.

Leave Windhoek and head north through the Namibian countryside to Etosha National Park and enjoy a wildlife safari drive in our touring vehicle. Keep an eye out for lions, giraffes, elephants, and antelopes. After sunset, some animals may head to the watering holes near the campground.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Okaukeujo Restcamp (or similar)

Campground



Today's Activities

Private Vehicle

Windhoek - Etosha National Park

7h30m

450km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Penduka works with women from the Katutura township, and surrounding rural communities, by helping them develop livelihoods through working in their handicraft workshops and cafe. Penduka trains and employs women disadvantaged through poverty, disability, ill-health, or lack of education, empowering them to develop skills in textiles, beading and pottery. Pick up a fresh-packed lunch at the cafe to help support the centre before touring the facilities and purchasing some of these crafts.

Etosha National Park Wildlife Safari Drive

Etosha National Park

Set off into the wilds of Etosha National Park in the touring vehicle for a wildlife safari drive. Over 100 species of mammals call Etosha home, including elephants, giraffes, lions, rhinos, and hyenas.



Optional Activities - Day 8

Etosha Open Vehicle Wildlife Safari Drive

Etosha National Park

1200NAD

Set off in an open 4x4 safari vehicle with a naturalist guide in search of the stunning wildlife in the park. Wildlife often come to the many watering holes to drink, so keep your eyes peeled for many animals on the move.

Day 9

Etosha National Park

Enjoy another wildlife safari drive in our touring vehicle and keep your eyes peeled for some of the famous wildlife.



Meals included

Dinner



Accommodation

Okaukeujo Restcamp (or similar)

Campground



Today's Activities

Etosha National Park Wildlife Safari Drive

Etosha National Park

Set off into the wilds of Etosha National Park in the touring vehicle for a wildlife safari drive. Over 100 species of mammals call Etosha home, including elephants, giraffes, lions, rhinos, and hyenas.



Optional Activities - Day 9

Etosha Open Vehicle Wildlife Safari Drive

Etosha National Park

1200NAD

Set off in an open 4x4 safari vehicle with a naturalist guide in search of the stunning wildlife in the park. Wildlife often come to the many watering holes to drink, so keep your eyes peeled for many animals on the move.

Day 10

Etosha National Park/Swakopmund

Sit back and watch the stunning desert landscape go by enroute to western Namibia.

Watch the beautiful desert landscape go by en route to western Namibia.

Spend two nights in the area exploring this historical town or trying some of the numerous activities available, such as sandboarding or a skydiving.

Swakopmund has bizarre lunar landscapes, unforgettable sunsets, and prehistoric Welwitchia plants.



Meals included

Breakfast



Accommodation

Hotel Deutsches Haus (or similar)

Hotel



Today's Activities

Private Vehicle

Etosha National Park - Swakopmund

7h30m

610km

On this route, we pass through a moon landscape and see the imposing Spitzkoppe, also known as the "Matterhorn" of Namibia in the distance.

Day 11

Swakopmund

Spend a day exploring all the area has to offer. Optional activities include sandboarding, skydiving, and a township tour.



Meals included

Breakfast



Accommodation

Hotel Deutsches Haus (or similar)

Hotel



Optional Activities - Day 11

Sandboarding in the Namib Desert

Swakopmund

700NAD

Head out into the desert, grab a board, and surf the sand dunes. Choose to lie down headfirst, or stand up, surfer-style.

Living Desert Tour

Swakopmund

900NAD

2h-2h

Hop into a 4x4 vehicle and set out into the desert. An expert guide will point out signs of animal life and emphasize survival in the harsh desert landscape for both humans and animals.

Skeleton Coast Scenic Flight

Swakopmund

4800NAD

Take in amazing views of bird life, shipwrecks, and one of the largest seal colonies in the world over the northern coastline. On the way back, see Namibia's highest mountain, Damaraland, and the picturesque Spitzkoppe rock formations from above.

Mondesa Township Tour

Swakopmund

750NAD

Explore the back streets and local culture on a guided interpretive walk.

Learn about the history of Swakopmund, its housing and other various topics to get a better understanding of local life. Visit a woman from the Herero ethnic group and also a Nama Medicine

Woman, who will host a 'click' lesson in the local Daman language. Finish at a local pub called a 'shebeen' with the opportunity to try the local bush delicacy of Mopani worms and a drink.

Swakopmund Skydiving

Swakopmund

3h-4h

Buckle up your harness, practice your exit, then take a plane up and over the dunes of the Namib Desert. Take a deep breath, leap out and freefall with an instructor before he opens the parachute. Admire the view over the dunes as you descend and land safely back on the ground. Wow!

Day 12

Swakopmund/Namib Desert

Travel into the beautiful Namib Desert, stopping at Walvis Bay on the way.

Get a real feel for the Namib Desert as we spend hours crossing this empty region.

En route, take a coffee break in Solitaire, a mystical village consisting of a filling station, a general dealer/coffee shop, and a small mechanical workshop. Drive through Walvis Bay, the only town on the Namibian coastline that boasts a deep sea harbor.

Arrive in the area in the late afternoon, where the towering red sand dunes of Sossusvlei form the gateway into the Namib Desert.



Meals included

Breakfast



Accommodation

Sossus Oasis Camp Site (or similar)

Campground



Today's Activities

Private Vehicle

Swakopmund - Namib Desert

6h

260km

Settle in and scan the scenery from the convenience of a private vehicle.

Visit Sossusvlei Dunes and Sesriem Canyon, and climb the towering Dune 45. Opt to visit Deadvlei.

Enjoy a visit to Sossusvlei, a clay pan enclosed by the world's largest sand dunes, up to 300m (984 ft) high. Here, use some free time to enjoy the sand dunes on your own. Visit the Sesriem Canyon, a small canyon typical of the area.



Meals included

Breakfast



Accommodation

Sossus Oasis Camp Site (or similar)

Campground



Today's Activities

Free Time

Namib Desert

Head out and start exploring this unusual environment.

Sossusvlei Dunes Visit

Namib Desert

This area is famous for its high, red sand dunes. This clay and salt pan is surrounded by the dunes, making it a spectacularly beautiful sight with a remote and isolated feel.

Sesriem Canyon Visit

Namib Desert

Enjoy a short stop at Sesriem Canyon, a small canyon typical of the area. The Tsauchab River flows through the canyon every five to ten years, and this creates the nearby salt and clay pan of Sossusvlei.

Day 14

Namib Desert/Keetmanshoop

Continue south through the Namib Desert to Keetmanshoop, enjoying dramatic Namibian landscapes along the way. In the afternoon enjoy a visit to the rare Quiver Tree Forest.



Meals included

Breakfast



Accommodation

Quiver Inn Guesthouse (or similar)

Guesthouse



Today's Activities

Private Vehicle

Namib Desert - Keetmanshoop

8h-9h30m

500km

Settle in and scan the scenery from the convenience of a private vehicle.

Quiver Tree Forest

Keetmanshoop

The Quiver Tree takes its name from its Afrikaans name, Kokerboom, which is a reference to the indigenous San peoples' practice of hollowing out the tubular branches to make quivers for their arrows (they're known as choje in the San language).

All of the trees in the forest are naturally occurring and self-propagating. You'll find young trees growing out of rock crevasses. The oldest trees in the forest are estimated to be between 200 and 300 years old. The unusual micro-ecosystem this forest creates also attracts a surprising abundance of wildlife, most notably a large population of rock hyrax, which hikers will almost certainly find (or hear) scurrying among the rocks.

Day 15

Keetmanshoop/Orange River

Early start and visit the geological formation: Giant's Playground. Drive South and later in the day visit the breathtaking Fish River Canyon. Then, continue on to the banks of the Orange River with time to swim or just relax. Enjoy the beautiful scenery in this part of the country.



Meals included

Breakfast



Accommodation

Norotshama River Resort (or similar)

Resort



Today's Activities

Giant's Playground

Keetmanshoop

Close your eyes for a moment and imagine a group of young giants frolicking amongst stone formations. Leaping from pedestal to pedestal and crouching behind the stones during a game of hide and seek. This geological phenomenon is named Giant's Playground because of the way the series of dolerite boulders have been packed as though someone was playing a really over-the-top version of Jenga. Visit this series of formations and a rock maze just outside of Keetmanshoop.

Private Vehicle

Keetmanshoop - Fish River Canyon

2h

150km

Settle in and scan the scenery from the convenience of a private vehicle.

Fish River Canyon Visit

Fish River Canyon

Visit Fish River Canyon, the largest canyon in Africa and, arguably, the second largest in the world. We will only have access to the rim, but the views are spectacular.

Private Vehicle

Fish River Canyon - Orange River

4h

250km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Orange River

Relax on the river bank or go for a swim in one of the longest river in southern Africa.

Day 16

Orange River/Lambert's Bay

Cross the border into South Africa and continue down the coast to Lambert's Bay, stopping along the way for an included wine tasting. Then, opt to visit Bird Island or stroll through this charming town.

We head towards the coast again and on to Lambert's Bay, a picturesque town on the west coast of South Africa.

Enjoy an included wine tasting at Lambert's Bay. Learn how to analyze your palates, listen to your taste buds, and how to pair your food with the best wine raised in the foothills of the Cederburg Mountains.

In the afternoon, opt to visit the well known Bird Island where you can find more than 25,000 blue-eyed gannets at certain times of the year. Penguins also gather on this island for breeding between August and October.

Opt to stroll through this lovely town, visiting unique artisan shops and boutiques.



Meals included

Breakfast



Accommodation

Sir Lambert's Guesthouse (or similar)

Guesthouse



Today's Activities

Private Vehicle

Orange River - Lambert's Bay

7h

450km

Settle in and scan the scenery from the convenience of a private vehicle.

Border Crossing (Namibia - South Africa)

Noordoewer - Vioolsdrift

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Lambert's Bay Wine Tasting

Lambert's Bay

Enjoy an included wine tasting at Lambert's Bay. This small coastal town is named after a senior navy officer who championed the principles of conservation as he monitored the marine life here. During the

tasting you will learn how to analyze your palates and listen to your taste buds. You'll learn how to pair your food with the best wine raised in the foothills of the Cederburg Mountains.



Optional Activities - Day 16

Bird Island Visit

Lambert's Bay

40ZAR

Enjoy a visit to aptly-named Bird Island; you can find more than 25,000 blue-eyed gannets at certain times of the year here. Penguins also gather on this island for breeding between August and October.

Continue on the last stretch of the trip to lovely Cape Town. Stop at the G Adventures supported !Kwa ttu San Culture and Education Centre along the way, then get ready to explore the vibrant streets of this scenic coastal city.

While travelling towards Cape Town, through Namaqualand, keep an eye out for fields of Namaqualand daisies (in season August and September).

Cape Town has many different options should you book extra time to explore after the tour.

Visit Table Mountain, explore Cape Point (Cape of Good Hope), or join a wine tour in and around Stellenbosch (45 min drive). Visit the old French Huguenot town of Franschoek and surroundings (1 hr drive). For the truly adventurous, try skydiving, abseiling, or even cage diving, for a close encounter with the great white sharks.

Opt to wander through the city centre, which has some of the oldest buildings and gardens in South Africa (Botanical Gardens and Parliament Gardens), or visit the Cultural Historical Museum, Planetarium, and numerous other small museums and theaters.

Please note that we arrive in Cape Town in the early afternoon, you might not have time to participate in lengthy activities or see many sights. If you would like to see or do anything, we recommend booking an extra night or two before your return flight home.



Meals included

Breakfast



Accommodation

Cresta Grande Cape Town (or similar)

Hotel



Today's Activities

Private Vehicle

Lambert's Bay - Cape Town

5h30m

350km

Travelling from Lambert's Bay to Cape Town, with a stop along the way at !Khwa ttu San Culture and Education Centre.

ACTIVITY

The San people of Southern Africa have historically faced centuries of political and cultural oppression. The !Khwa ttu San Culture and Education Centre provides tailor-made training for young San women and men of Southern Africa. Travellers learn about San culture and history at the interpretive museum. Visits help trainees gain experience with international clients while garnering support for the centre's efforts to preserve San culture and history.

Day 18

Cape Town

Depart at any time.

We highly recommend booking post-accommodation to fully enjoy this city.

If you book any optional activities on the final day of your itinerary please contact your sales agent to see if booking a post-night is necessary to participate in the activity.



Meals included

Breakfast



Optional Activities - Day 18

Cape Point Explorer Day Tour

Cape Town

1750ZAR

Enjoy a full day tour along South Africa's breathtaking shoreline, where the Atlantic meets the Indian Ocean. The day begins in the vibrant beachside suburb of Muizenberg, known for its colourful beach huts and surf scene. Then, encounter African penguins at Boulders Beach and head onwards to majestic Cape Point and the historic Cape of Good Hope, offering panoramic views along the southwestern tip of Africa. A delicious lunch is included in this day tour before finishing off the experience with the incredible views along world-renowned Chapman's Peak Drive. Experience the perfect blend of nature, culture, and culinary delights that await just beyond Cape Town.

Urban Explorer Day Tour

Cape Town

1900ZAR

Join this optional experience through Cape Town's vibrant city culture and stunning landscapes. Begin the day in the eclectic neighbourhood of Woodstock, where you'll witness the renowned street art scene alongside a local expert. Then, dive into the community life of Khayelitsha on a guided cycling tour where you'll have the chance to support local business along the route. Mid-day calls for a cruise along the breathtaking Chapman's Peak Drive offering up epic coastal views. Cap off the tour with some time to relax at Muizenberg Beach with its iconic colorful huts. It's an ideal way to truly experience Cape Town.

Overberg Explorer Day Tour

Cape Town

3450ZAR

Enjoy an early pickup in Cape Town and transfer to Gansbaai, a fishing town situated along the western Cape. Here, embark on an exhilarating ocean safari where you'll try to spot marine creatures like whales, dolphins, seals, penguins, and great white sharks. Afterwards, there will be time for an optional lunch in town before continuing onwards to Cape Agulhas and the southernmost tip of Africa. Witness the point where the Atlantic and Indian Oceans meet and explore the historic area before transferring back to Cape Town.

*Please note that this trip is weather-dependent and the itinerary may be adjusted to suit boat departure times and ensure traveller safety.

West Coast Explorer Day Tour

Cape Town

1950ZAR

Enjoy a full-day to discover the region's natural beauty and rich cultural heritage on a West Coast adventure. Start the day with incredible views of Table Mountain from Bloubaai Beach and travel to the serene expanses of the Atlantic Sand Dunes for a full immersion into the iconic landscapes of the area. Then, dive into the history of the San people at the !Kwa ttu San Heritage Centre on a guided tour with lunch. Cap off today's adventure at the West Coast National Park for vibrant wildflower viewing and the tranquil Langebaan lagoon. Soak up a new side of this unforgettable region and simply enjoy the experience.

Sandboarding and San Cultural Explorer Day Tour

Cape Town

3630ZAR

It's adventure first on this optional day tour through some active and cultural highlights of Cape Town. Start with an exhilarating sandboarding activity amid the gorgeous scenery of the Atlantic Dunes. The terrain is perfect for all skill levels. Then, pay a visit to the !Kwa ttu San Heritage Centre where you'll dive into the rich history and traditions of the local San people. Sit down for a delicious lunch here inspired heavily by local recipes, and enjoy a blend of adrenaline and cultural immersion on this memorable outing while in Cape Town.

Sandboarding Half Day Tour - Atlantis Dunes

Cape Town

1400ZAR

Choose to enjoy this epic half-day sandboarding adventure at the Atlantic Dunes on the West Coast. You'll be picked up in Cape Town and will enjoy a scenic drive along the way. Then, learn to glide down some of the highest dunes in the Western Cape and feel the wind rushing through your hair. Afterwards, the group will enjoy some time to explore the expansive dune landscape before returning to Cape Town.

Hout Bay Kayaking Half Day Tour

Cape Town

1500ZAR

Choose to embark on an optional half-day kayaking excursion in the charming coastal town of Hout Bay. The bay boasts a bustling harbour full of colourful fishing boats and lively market stalls, and is nestled between the iconic Sentinel Peak and Chapman's Peak Drive. Explore the harbour for a bit

before a wonderful kayaking experience in the Atlantic Ocean. Paddle through the clear waters and enjoy being surrounded by stunning mountain views and the chance to spot playful seals and dolphins. Head back to Cape Town in the early afternoon after a beautiful coastal half-day getaway.

Table Mountain Cable Car

Table Mountain

420ZAR

1h-2h

Take the five-minute cable car trip to the top of Table Mountain, 1,085m (3,562ft) above Cape Town, and explore the summit. This is a great spot to sit and soak up the commanding 360-degree views of Cape Town, Table Bay, the peaks of surrounding mountains, and the rest of Table Mountain National Park. The operation of the cable car is weather dependent. This activity is self-guided.

Please note that the cable car is closed every year for a 2 week period between July and August for annual maintenance.

Wine Tour and Tasting

Cape Town

1675ZAR

9h-10h

Take a day trip into the wine lands of South Africa with an expert guide. Visit iconic estates and lesser-visited farms only known to locals in the Stellenbosch area. Indulge in tastings and pairings with cheeses, chocolate, and local delicacies such as Biltong (salted meat). Walk through vineyards and cellars for an all encompassing look at wine production, and learn about the history of this region. *Gesondheid!*

PLEASE NOTE that if this activity is listed on the first or last day of the itinerary you will need to book a pre-night or post-night with a sales representative as the wine tour begins at 8 am.

What's included

- Your G for Good Moment: Dqae Qare San Lodge & Camp, Dekar
- Your G for Good Moment: Penduka Village Restaurant & Shop, Windhoek
- Your G for Good Moment: !Khwa ttu San Culture and Education Centre, Yzerfontein
- Your Welcome Moment: Meet Your CEO and Group
- Your Discover Moment: Swakopmund
- Okavango Delta overnight bush camping excursion
- San/Bushmen walk
- Traditional dinner
- Wine tasting in Lambert's Bay
- Etosha National Park entrance with wildlife safari drives in the touring vehicle

- Sossusvlei Dunes and Sesriem Canyon entrance
- All transport between destinations and to/from included activities
- Fish River Canyon entrance

What are the main highlights of this trip?

Marvel at Fish River Canyon, explore giant sand dunes and Victoria Falls, track the 'big five', take wildlife walks and traditional canoe rides.

Itinerary Notes

Please note on departures for this itinerary over the next 6-8 months, travellers will not be visiting/staying at the G Adventures-supported Dqae Qare San Lodge & Camp. During this time, travellers will overnight in different, nearby accommodations. The itinerary will resume normal operations at the lodge before the end of the year.

What are the main highlights of this trip?

Marvel at Fish River Canyon, explore giant sand dunes and Victoria Falls, track the 'big five', take wildlife walks and traditional canoe rides.

Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

Please note on departures for this itinerary over the next 6-8 months, travellers will not be visiting/staying at the G Adventures-supported Dqae Qare San Lodge & Camp. During this time, travellers will overnight in different, nearby accommodations. The itinerary will resume normal operations at the lodge before the end of the year.

What important notes should I be aware of before the trip?

1. TRANSPORTATION

This is not a physically demanding journey; however, travelling can be difficult, with long drives and poor road conditions at times. Despite this, most clients feel that the diversity of the African landscape, countries, culture and wildlife are all well worth the experience. We use a comfortable and safe air-conditioned touring vehicle for the long drives.

2. YELLOW FEVER

According to the WHO and CDC, there is no risk of yellow fever in Botswana. It is compulsory to show a valid Yellow Fever vaccination certificate if you are travelling to Botswana from a Yellow Fever endemic country, or have recently travelled to a Yellow Fever endemic country (with entry stamps in your passport), including the following countries (but not limited to): Angola, Benin, Burkina Faso, Burundi, Cameroon, Central African Republic, Chad, Congo, Democratic Republic of the Congo, Republic of the Cote d'Ivoire (Ivory Coast) Equatorial Guinea, Ethiopia, Gabon, Gambia, Ghana, Guinea Zambia, Guinea-Bissau, Kenya, Liberia, Mali, Mauritania, Niger, Nigeria, Rwanda, São Tomé and Príncipe, Senegal, Sierra Leone, Somalia, Sudan, Tanzania, Togo, Uganda, Argentina, Bolivia, Brazil, Colombia, Ecuador, French Guiana, Guyana, Panama, Paraguay, Peru, Suriname, Trinidad and Tobago, Venezuela.

****We advise all travelers to Botswana who are coming from one of the above countries, or who have visited them in the last 10 years, to be prepared with a Yellow Fever vaccination certificate or letter from your doctor with proof of vaccination. Yellow Fever inoculations need to be administered at least 10 days prior to your entry into the country. Border officials in Botswana have been strictly enforcing these requirements. Travelers without the correct documentation run the risk of being denied entry, and will not be able to continue with the tour. (Any additional travel expenses will be on your own account.) ****

3. COMBO TRIP

Please note that this tour is a combination of several G Adventures tours. As such, your group CEO, fellow passengers, or vehicle may change between the individual tour sections.

4. EXTRAS

Looking to add to your experience? Check out our Extras! Specially designed for travellers with unique interests, Extras are optional add-ons to your G adventures trip that make your adventure more you-centric. Extras must be booked prior to departure, please see details in our optional activities field and ask your sales GCO or travel agent about booking.

5. Water-wise tips when visiting Cape Town:

- Bring a reusable water bottle, that you can fill with Cape Town's tasty tap water.
- Reuse your towels in the hotel, for at least two days, before getting new ones.
- Keep your laundry until you have a full load to do, rather than just doing a handful of items.
- Turn off the tap when brushing your teeth, or shaving.
- Keep your showers to two minutes or less, and don't use the bath.
- Use hand sanitizer, instead of washing hands.

6. MONEY EXCHANGE

We strongly advise that you bring ZAR or USD from your home country or exchange money before the start of the tour, to avoid delays on tour. Please see the Money Exchange section for more details.

7. DRONES

The use of drones in national parks in Southern Africa is prohibited.

8. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

What is the group leader like?

On this tour, you will be accompanied by a group Chief Experience Officer (CEO) and an expert driver. The Chief Experience Officer (CEO) will be the group manager and leader. All of our leaders in southern Africa are registered and licensed tourism guides, meaning they've studied to have a broad knowledge base of the region's history, cultures, and wildlife, and are legally certified to lead/guide tours in the regions visited. Most of our leaders in the region are from South Africa, though it may be possible that you'll have a leader from another country in the southern African region.

As the group manager and leader, the aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places where are travelling, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. He/she will take care of the small things so you can concentrate on enjoying your adventure. In addition, as an integral part of the team, your driver is skilled and experienced driver who has intimate knowledge of the vehicle and routes travelled.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting.

How large will the group be?

Max 18, avg 14

What meals are included in this trip?

16 breakfasts, 2 lunches, 5 dinners

What are the meals like on this trip?

Eating is a big part of travelling. Travelling with G Adventures you experience the vast array of wonderful food that is available in southern Africa. On this tour, we provide only a few meals for you and your group members, so as to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility in your choices. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though - while in the larger centres, your group leader will be able to suggest favourite restaurants during your trip.

Your tour leader prepare the meals included in the Okavango Delta, arranging to purchase the foodstuffs before our bush camping excursion begins. Breakfasts will generally be cereals, if time allows a warm breakfast may be prepared. Lunches will be light meals such as sandwiches and/or salads. All evening meals will be freshly-prepared hot meals, and will consist of a variety of continental and local dishes.

For the included meals, vegetarian meal requests and other dietary requirements need to be specified prior to arrival.

What are the modes of transportation on my trip?

Air-conditioned touring vehicle, safari vehicle, walking, mokoro.

What transportation will we take on this trip?

For all of our standard class trips in southern Africa, including this tour, we use a private local bus for the journey. With air conditioning, and sliding windows, this style of transportation is a comfortable way to travel through the region. In addition, even with a full group of 18 travelers, there will be extra space for the benefit of the group. Having our own private vehicle throughout the tour allows us the flexibility of making stops when needed. In addition, we are able to travel to out-of-the-way locations where public transportation does not reach.

Road conditions in South Africa are generally good, though once in Namibia and beyond, the road quality deteriorates. As such, we slow our traveling speed and enjoy some sand and bumps en route – something which is of course part of the adventure of traveling in Africa!

In the Okavango Delta, we leave our bus behind and explore in the area in mokoros – traditional dug-out canoes. The mokoros usually seat 2 people and are handled by ‘polers’ – so named as they move the mokoro forward by using a very long pole pushed into the ground under the water. This is a relaxing and peaceful way to take in the fascinating environment and wonderful scenery of the delta.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (6 nts), lodge/chalet (4 nts), guesthouse (1 nt), serviced basic camping (1 nt), adventure tents (1 nt), serviced camping (4 nts).

Do any exceptions apply to Rooming or “My Own Room” on my tour?

Day 5, 8, 9, 12, 13

What kind of accommodation can I expect on this trip?

Hotel

6 nights in comfortable twin rooms with en suite or shared facilities.

Lodge

4 nights in standard rooms with en-suite facilities.

Guesthouse

1 night are spent in simple Hut. Rooms are twin or single with shared facilities.

Adventure Tents

1 night are spent in simple Dorm/Adventure tents. Rooms are twin or single with shared facilities.

Basic Camping (serviced, please bring your sleeping bag and towel)

1 night is spent in pitched tents in the Delta with very basic facilities (no shower, dig-out toilet). Tents are twin.

Camping (serviced, please bring your sleeping bag and towel)

4 nights are spent in pitched tents in Etosha National Park and Solitaire Area. Tents are twin with shared ablutions.

Please note that due to the high demand for accommodation in the parks, sometimes we will arrange alternative accommodation outside of the park.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that the arrival transfer will pick you up from the international airport in Victoria Falls, Zimbabwe (VFA). There is a domestic airport located in Zambia (airport code LVI) that serves the Livingstone area, but there is an additional cost for this service. We highly recommend you double check your arrival details into Victoria Falls and make sure you are flying into the correct airport.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your trip leader (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (South Africa)

From outside South Africa: +27 713823286

From within South Africa: 071 3823286

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

Are there any additional packing suggestions I should consider?

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labelled and restricted to one soft compact suitcase (please avoid a hard-top case), or sports bag, maximum 15kg, plus a daypack. Luggage limits on airlines are strictly enforced and space on vehicles is limited. Porters are not often available, so be prepared to carry your own bags. It is important to pack clothes for warm days and cool evenings, as well as a warm jacket for early morning wildlife safari drives. A set of smart casual clothes is also advisable. During the winter months (May to October), the temperatures can get quite cold in Namibia and Botswana. It is wise to bring plenty of layers for cool mornings and evenings. A set of smart casual clothes is also advisable.

Please be advised that if you plan to bring a drone with you, the use of drones in national parks in Southern Africa is prohibited.

What should be on my packing list?

Additional Items:

- Sleeping bag (required)

Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: Seasons in Southern Africa are quite extreme. Winters can be really cold and summers will be really hot. If you travel during winter months (May to October) please ensure that you bring warm clothing and a suitable sleeping bag.

When can I do my laundry on this trip?

Please note that you will be on the move a lot, and as such there will not be a lot of time for same-day laundry service. Please ask your guide/CEO to arrange if any laundry needs to be done, so that he / she can advise or make arrangements for you. Most travellers on this trip find that Swakopmund and Windhoek are convenient places to get their washing done, though facilities are available as well in Cape Town, and Victoria Falls.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Botswana:

Botswana as a \$30 USD tourism levy for visitors entering the country, except for residents and citizens of the Southern African Development Community (SADC) member states. This entry tax is payable at all points of entry into Botswana and will be valid for 30 days and includes multiple entry.

Namibia:

As of April 1st 2025, Namibia will be introducing a new mandatory 90-day visa, costing USD90 per person on arrival into Namibia.

We would recommend travellers applying prior to travel, to prevent delays at the Namibian border.

To apply prior to travel, please head to the [Visa on Arrival](#) page and click on 'New Visa on Arrival Application'. Please select Trans-Kalahari as your border crossing.

Once completed, please print out and bring your visa documents with you on tour.

Information is accurate as of April 1st, 2025.

Where can I read detailed notes about this trip?

REGIONAL INFORMATION

Climate

Southern Africa is renowned for its excellent outdoor living climate. The winter months are from May to September and are characterized by cold nights and pleasant days. Summer is from October to April and starts off with increasing dry heat and dust. Rains generally only start from mid to late December and last until March; this period is hot and humid.

Electricity

220-240V, 50 HZ, Most electrical plugs are 15 amp 3-prong with round pins. International adaptor are called for, they can be purchased locally (approx 2 US\$).

Language

There are multiple official languages in Namibia and South Africa, although English is widely spoken. There are also numerous dialects spoken throughout different parts of these lands.

ITINERARY

SOUTH AFRICA

Full country name: Republic of South Africa

Area: 1,221,037km² (447,443mi²)

Population: 47,432,000 (July 2005 estimate), 44,819,278 (Census 2001)

Capital cities: Cape Town (Legislative), Pretoria (Administrative) and Bloemfontein (Judicial)

People: Zulu, Afrikaners, Xhosa, Basotho (South Sotho), English South Africans, Bapedi (North Sotho), Indian/Asian, Venda, Tswana, Tsonga, Swazi, Ndebele, others

Language: Afrikaans, English, Zulu, Xhosa, Swati, Ndebele, Southern Sotho, Northern Sotho, Tsonga, Tswana, Venda

Religion: Zion Christian 11%, Pentecostal/Charismatic 8%, Catholic 7%, Methodist 7%, Dutch Reformed 7%, Anglican 4%, other Christian 36%, Islam 2%, none 15%

Government: Parliamentary democracy

Major industries: mining (world's largest producer of platinum, gold, chromium), automobile assembly, metal working, machinery, textiles, iron and steel, chemicals, fertilizer, food stuff, commercial ship repair.

Major trading partners: U.S., UK, Japan, Germany, Netherlands, China, France, Saudi Arabia, Iran (2004).

Currency: Rand (ZAR), consisting of 100 cents

HISTORY

Recommended reading: Long Walk to Freedom (Nelson Mandela), A History of South Africa (Leonard Thompson), Cry the Beloved Country (Alan Paton), No Future Without Forgiveness (Desmond Tutu)

Namibia:

Full country name: Republic of Namibia

Area: 824,292 sq km (318,259 sq mi)

Population: 2,032,000 (July 2005 est) 1,820,916 (Census 2002)

Capital city: Windhoek (pop 161,000)

People: 86% African (50% Owambo, 9% Kavango, 7% Herero, 7% Damara, 5% Nama, 4% Caprivian, 3% San, 2% Baster, 0.5% Tswana), 7.4% mixed, 6.6% white Languages: English, Afrikaans, German, Oshivambo, Herero, Nama

Religion: Christian, Lutheran, native religions

Government: Republic

President: Hifikepunye Pohamba

Major industries: Meat packing, fish processing, dairy products, mining (diamond, lead, zinc, tin, silver, tungsten, uranium, copper), millet, sorghum, peanuts, livestock, fish, tourism.

Major trading partners: UK, South Africa, Spain, Japan, Germany, USA

Formally known as South West Africa. The whole territory became German protectorate in 1884, except for the British/Cape Colony enclave of Walvis Bay. After the First World War the territory was administered by South Africa until independence on 21 March 1990. The capital is Windhoek and the second largest town is Walvis Bay, Namibia's only port. Swakopmund is a coastal town with a German influence and revolves mainly around tourism. Namibia's economy relies on diamond mining in the south, cattle farming in the north, fishing along the coast and tourism. Most of the country is desert or semi desert. There is a population of around 1.8 million. This, around 1,5 people per sq. km is one of the lowest in the world. The official language is English although there are many different cultures including Herero, San, Koikoi, Owambo, Afrikaans and German. Namibia was at one stage a German colony therefore having German-speaking people. About 75% of the locals are Christian and the others have traditional beliefs. Namibia is a land of contrasts. Being largely semi-desert and desert, midsummer temperatures may rise to 40°C, while winter night temperatures can drop to freezing. Along the coast it is cool, with regular morning fogs. Namibia's rain falls in summer, from October to April, and the land averages 300 days of sunshine annually.

Botswana:

Full country name: Republic of Botswana

Area: 600,370 sq km (231,800 sq mi)

Population: 1.6 million Capital city: Gaborone (pop 192,000)

People: Botswana 60%, Bakalanga, Basarwa, Bakgalagadi

Languages: English, Setswana

Religions: indigenous beliefs 50%, Christian 50%

Government: parliamentary republic

President: Seretse Ian Khama

Major industries: diamonds, copper, nickel, coal, salt, soda ash, potash, livestock processing, sorghum, maize, millet, pulses, groundnuts (peanuts), beans, cowpeas, sunflower seed, livestock

Major trading partners: EU, Southern African Customs Union (SACU), Zimbabwe

The first inhabitants of Botswana were the San (Bushmen). They still populate the country, but the Tswana tribe is now more prominent. Other tribes include the Kalanga, Nbukushy, Yei and the Herero. The Herero women still wear the full-length Victorian-style dresses, which were introduced to them by German missionaries in the late 1800's, however it is now a tribal trademark. The British controlled Bechuanaland (as Botswana was then known) from 1885 until the country received their independence on September 30th 1966. Ironically diamonds were discovered in Botswana in 1967!

Interesting fact – Botswana's diamonds do very well on the International market as they are classified as "Blood free," meaning they are not used to fund guerrilla warfare. Botswana has the strongest economy and currency in Africa, mostly due to their diamonds and livestock. The European Union put many stipulations on their imported meats and Botswana's tight veterinary checks, aiming at controlling foot and mouth, mean that the EU are happy to buy their meat. Agricultural income will improve when they have combated the problem of widespread drought. They are currently installing irrigation systems around the country to try to feed the most water-deprived areas. Botswana handles its international debt much better than any other African country with the interest being paid with one months export earnings, rather than the six months earnings it takes most other African countries. With the amount of for ex saved up the country could survive with no income for 36 months. Botswana has the world's highest birth rate at 3.5%, and average women have 5 children. The country has a strong currency, the Pula meaning rain and the Thebe meaning raindrop. Government policies and poaching: Their policy on tourism is "high cost and low impact" therefore rather

having a few less tourists and charging more money for the privilege of a visit to a park or similar. The country has a very good army, which has an anti poaching unit. Poaching has in the past been a problem in the country but is now almost under control. The army is allowed to shoot to kill without asking questions if you are caught poaching. Rhinos are very few due to poaching and they have breeding programs in place.

Full country name: Republic of Zimbabwe (and formerly Southern Rhodesia, Rhodesia, the Republic of Rhodesia, and Zimbabwe Rhodesia)

Area: 390,757 km²

Population: 16 111 699

Capital cities: Harare

People: The country is made up of Bantu-speaking ethnic groups, with the majority of the population comprised of the Shona and Ndebele groups.

Languages: Zimbabwe has three official languages: English, Shona (the Bantu language with the most native speakers), and Ndebele (also a Bantu language). In total Zimbabwe has 16 officially recognized languages.

Religion: The majority of Zimbabweans are Christian.

Major industries: Mineral, gold and agricultural products make up the majority of Zimbabwe's exports.

Currency: The Zimbabwean Dollar

Officially the Republic of Zimbabwe and formerly Southern Rhodesia, Rhodesia, the Republic of Rhodesia, and Zimbabwe Rhodesia) is a landlocked country located in the southern part of the African continent, between the Zambezi and Limpopo rivers. It is bordered by South Africa to the south, Botswana to the southwest, Zambia to the northwest and Mozambique to the east. Zimbabwe began as the British crown colony of Southern Rhodesia, created from land held by the British South Africa Company. President Robert Mugabe is the head of State and Commander in Chief of the armed forces. Morgan Tsvangirai is the Prime Minister. Mugabe has been in power since the country's internationally-recognized independence in 1980.

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The currency in South Africa is the South African Rand (ZAR). The South African rand is also an accepted form of payment in Namibia.

The Namibian currency is the Namibian Dollar (NAD), which is equivalent to the South African Rand.

In Botswana, you pay with Pula (BWP).

Zimbabwe uses the US Dollar and South African Rand.

Each currency can be obtained locally by changing foreign currency or by using ATMs (where available) which will disperse local currency. Your CEO will inform you where you can change money throughout the tour and approximately how much money you will need. The easiest foreign currency to exchange for locally for any of the local currencies is the \$US; however the British Pound and Euro may also be exchanged as well.

For Zimbabwe, we strongly advise that you bring ZAR or USD from your home country or exchange money before the start of the tour, to avoid delays on tour, as it can be difficult to obtain cash at ATMs.

Please note that due to past problems with forgery, \$US notes that are older than year 2006 are not accepted in Africa. Large note (\$US 50, \$US 100 etc) can be difficult to change in some places, but will gain you the best exchange rate.

If you plan to buy your visas at borders, you will need to bring \$USD cash to pay for these visas. Please note you cannot use the local currency or any other currency to buy these visas- they must be purchased in USD.

Please do not bring Travellers' cheques to Africa. They are difficult if not impossible to exchange in many places.

Visa/Plus system cards are the most widely accepted debit cards. It is harder to find machines Mastercard/Cirrus cards. We highly recommend that if you hold a Mastercard, you obtain a Visa card prior to departure and travel with both. This is also useful should something unforeseen happen to one of your cards during your travels.

While there are many ATMs in the major centres, there are no guarantees that your credit or debit cards will actually work in Africa. Check with your bank.

Credit cards can be used in major cities and towns ONLY but please do not rely on them as a method of payment because they are generally not widely accepted. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. The majority of our optional activities can also be paid by credit card. Your CEO will advise on these.

Please note that in many areas there may be occasional power-outages, where there will be no electricity for hours at a time. In addition, ATMs outside of larger centers often run out of cash or can be out of order unexpectedly. These factors could affect your ability to access money from ATMs. As such, please do not rely on credit or debit cards as your only source of money.

A combination of foreign currency and debit/credit cards for cash advances is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

Tipping is an expected, though not compulsory, component of your tour program. The gesture serves as an expression of appreciation for exceptional service, and amounts given are up to your discretion.

Tipping is one of the most direct ways that you can have a positive economic impact within the African community. Although it may not be customary for you, it is an important source of income for those in the tourism industry. Giving a tip should be seen as a formal 'thank you', and the action should in no way be awkward.

The best method of tipping someone that has served the whole group is to plan in advance, and not rush when it comes to saying goodbye. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

You may use the following as a guideline, all given in a per person format:

CEO: \$5-8 USD (per day, per person)

Local guides: \$2-3 USD (per day)

Safari Guide/Driver: \$2-3 USD (per day)

Restaurant Staff: 10-15% of cost of bill

Okavango Delta polers: 50-100 BWP (Botswana Pula)

What activities are optional on this trip?

Chobe National Park

- Chobe River Sunset Cruise
- Chobe National Park Safari Drive

Etosha National Park

- Etosha Open Vehicle Wildlife Safari Drive (1200NAD per person)

Swakopmund

- Sandboarding in the Namib Desert (700NAD per person)
- Living Desert Tour (900NAD per person)
- Skeleton Coast Scenic Flight (4800NAD per person)
- Mondesa Township Tour (750NAD per person)
- Swakopmund Skydiving

Lambert's Bay

- Bird Island Visit (40ZAR per person)

Cape Town

- Cape Point Explorer Day Tour (1750ZAR per person)
- Urban Explorer Day Tour (1900ZAR per person)
- Overberg Explorer Day Tour (3450ZAR per person)
- West Coast Explorer Day Tour (1950ZAR per person)
- Sandboarding and San Cultural Explorer Day Tour (3630ZAR per person)
- Sandboarding Half Day Tour - Atlantis Dunes (1400ZAR per person)
- Hout Bay Kayaking Half Day Tour (1500ZAR per person)
- Wine Tour and Tasting (1675ZAR per person)

Table Mountain

- Table Mountain Cable Car (420ZAR per person)

Are there any health considerations I should know before travelling?

We recommend you contact your family physician, or your local travel clinic for the most up-to-date health information at least one month before departure. Travellers should also carry a basic first-aid kit and hand sanitizers/antibacterial wipes on their travels. Medical facilities are basic throughout these countries. For your own safety, we strongly recommend that you advise your tour leader of any medical condition that may affect you while travelling with the group. Your tour leader will be able to inform you of local health advisories (e.g. drinking water quality). Please ensure you have all the inoculations recommended by your doctor.

Yellow Fever Certificate Note: (Updated: May 2023)

It is compulsory to show a valid Yellow Fever Certificate if you are travelling to the following G Adventures-visited countries from a Yellow Fever endemic country:

- Botswana
- Ethiopia
- Kenya
- Madagascar
- Malawi
- Mozambique
- Rwanda
- South Africa
- Swaziland
- Uganda
- Zambia
- Zimbabwe

For some of these countries, proof of Yellow Fever vaccination is also required for passengers who have travelled more than 12 hours through the airport of an endemic country. If other countries not endemic to Yellow Fever have been visited after visiting an endemic country, then a Yellow Fever certificate may still be required on entry. Please check country-specific regulations before your departure.

Malaria

Malaria is a mosquito-borne disease that is present in some regions in Africa. Risk of malaria can increase during periods of heavy rain, during the rainy seasons, and in densely populated areas of Southern & East Africa. To prevent malaria, we recommend speaking to your doctor about taking preventative medication (prophylaxis), combined with regular use of insect repellent spray/cream. Please check updated travel health advisories specific to malaria before your departure.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What are the trip specific safety considerations?

GENERAL: Look after your personal items. Do not leave your valuables visible in a car or hotel room. Lock your hotel room door when you enter and when you leave. Do not carry large amount of cash on you. Avoid displaying flashy jewellery and carry your camera in its pack on your shoulder rather than around your neck. Keep your passport, airline tickets, money, important documents locked up in your room/safe - do not carry it with you. Please note that the use of drones in national parks in Southern Africa is prohibited. Vital Information when you are staying the KNP or any Reserve: Please ensure that your stay is happy and safe by taking note of a few simple warnings. You will be sharing your stay with many exciting and unusual creatures but without knowledge some of them could be dangerous: Example: Bats, Spiders, Snakes, Scorpions, Malaria Zone. If you must walk around at night please DO NOT DO SO WITHOUT A TORCH. Remember: by feeding any wildlife, you are signing their death warrant as they become aggressive!

NAMIBIA: Always be alert of animals that are wandering too close to the road. Both domestic and wild animals frighten easily and can jump directly in front of the moving vehicle. If possible, avoid travelling at night. Some wildlife tends to be more active at dusk. Always be on the look-out for sandy patches, potholes and sharp bends in the road. In rainy or wet conditions beware of slippery roads, washaways, running and or stagnant water. Always have enough water (bottled) for the journey. NO matter how beautiful or gentle an animal may appear, the only safe way to look at it is from the safety of your vehicle.

ZIMBABWE: Theft, however, is rife in the bigger towns and cities. Don't walk around with things you can't do without, like your passport or airline tickets. Carry minimum amounts of cash and keep it hidden or in a money belt and if possible, don't leave your car unattended. This is less of a problem in the rural areas.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.