



Essential Central Mexico

9 days, Puerto Vallarta to Mexico City

Trip code CMVM

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Foodie Moment: Guanajuato City and Street Food Tour, Guanajuato

- Tequila distillery visit, tasting and lunch
- City tour of Guadalajara
- Orientation walk in San Miguel de Allende
- City tour of San Miguel de Allende
- Free time in Puerto Vallarta, Guadalajara, San Miguel de Allende, and Mexico City
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing September 7th, 2022 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Puerto Vallarta

Arrive at any time. Attend the welcome meeting in the evening and then opt to grab dinner with the group.



Accommodation

Hotel Puerto de Luna (or similar)

Hotel



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

Puerto Vallarta

Get ready for a full free day in Puerto Vallarta for optional activities. Your CEO will help arrange and give you some insider recommendations, but you could spend some time on the beach, go whale watching (seasonal, Dec-Mar), a day trip with snorkelling to Isla Marietas or find a nice place to grab some food and people watch. In the evening meet with the group to trade stories and go out to search for some delicious local street food.



Meals included

Breakfast



Accommodation

Hotel Puerto de Luna (or similar)

Hotel



Today's Activities

Free Time

Puerto Vallarta

Enjoy a full free day for optional activities in Puerto Vallarta, like whale watching (seasonal, Dec-Mar), beach hanging, or a day trip with some snorkelling at nearby Isla Marietas. Spend the evening in search of the most delicious local food you can find.



Optional Activities - Day 2

Whale Watching - Puerto Vallarta

Puerto Vallarta

Take to the open seas in search of migrating humpback whales. Observe local marine life and enjoy this unforgettable half-day adventure with commentary from a marine biologist. Have those cameras at the ready should you see any action. Please note that this tour is seasonal and only available (Dec-Mar).

Beach Time

Puerto Vallarta

Explore the beautiful beaches of Puerto Vallarta. Sparkling blue waters, pristine sandy beaches, and gorgeous sun-kissed weather make a beach trip the perfect relaxing activity. Opt to lounge or swim in the water until your heart is content.

Sunset Sailing Tour

Puerto Vallarta

Set sail and awaken your senses to the stunning sights in Banderas Bay on a sunset cruise. Relax with some music, a drink, and some snacks as you watch the sun sink below the horizon casting impressive colors across the bay. A great way to cap off a day in paradise.

Marietas Island Snorkel Tour

Puerto Vallarta

Looking for the perfect active day in Puerto Vallarta? Head out on this snorkeling tour to the Marietas Islands. Hop on a boat and cross the calm waters in search of dolphins, turtles, manta rays, and whales along the way. Then, get underwater for a look at the colourful array of tropical fish just below the surface.

Food & Drink Tour Puerto Vallarta

Puerto Vallarta

Set out with a food guide through the streets of Puerto Vallarta on a food and cocktail tour. Learn about the culutral roots of mezcal, tequila, and raicilla. Taste michelad, Mexico's signature beer cocktail and stop at some popular local sports for food tastings of some pretty delicious tacos.

Day 3

Puerto Vallarta/Guadalajara

Travel inland to Guadalajara this morning. Make a stop along the way near the town of Tequila to visit a distillery to learn about how tequila is traditionally made with a tasting included and lunch. Continue on arriving in Guadalajara in the early evening for a CEO-led orientation walk.



Meals included

Breakfast | Lunch



Accommodation

Hotel Laffayette (or similar)

Hotel



Today's Activities

Private Vehicle

Puerto Vallarta - Guadalajara

5h-6h

333km

Settle in and scan the scenery from the convenience of a private vehicle.

Tequila Distillery Visit & Tasting

Tequila

Mexico is the birthplace of tequila, and there is nowhere better to learn about the iconic drink. Visit a distillery in a town between Puerto Vallarta and Guadalajara to learn about the history of tequila and the production process, before the main highlight – a tasting session with lunch. Sip, don't shoot!

Guadalajara Orientation Walk

Guadalajara

Set off on foot to get to know this city in western Mexico. Known for tequila and mariachi music Guadalajara packs a lively atmosphere appealing to any traveller. Wander the colonial plazas and spot landmarks like the Teatro Degollado and the Palacio del Gobierno houses.

Day 4

Guadalajara

Enjoy a free morning today to discover Guadalajara's charm. In the afternoon, set off on a city tour including the nearby vibrant city of Tlaquepaque. Think mariachis, historical centres, and loads of fun and street food. The rest of the evening is open to do as you please. Maybe go for another walk through the main square and find a cool tavern to grab a drink with the group.



Meals included

Breakfast



Accommodation

Hotel Laffayette (or similar)

Hotel



Today's Activities

Free Time

Guadalajara

Spend some time shopping, eating, and relaxing in Guadalajara for your last night in the area.

City Tour of Guadalajara and Tlaquepaque

Guadalajara

See more of Guadalajara on this in-depth city tour including some free time to explore the gastronomy hub of Tlaquepaque. See the work of Mexican muralist Jose Clemente Orozco and discover the best views in the city.

Day 5

Guadalajara/Guanajuato

Travel by public bus to Guanajuato today. Enjoy an afternoon walking tour to discover the city's beautiful architecture, tunnels, cultural history, and of course, street food.



Meals included

Breakfast



Accommodation

Hotel Santa Regina (or similar)

Hotel



Today's Activities

ACTIVITY

Gain a deeper understanding into this town located in a valley surrounded by mountains. Filled with brilliantly coloured buildings around a central park and loads of great places to try some local eats. Make a stop to a local bakery, head to a stall for some fresh squeezed juices, then try some tlacoyos, a sort of folded taco, stuffed with cheese and chicken. Next, head underground to see the labyrinth of tunnels below the city. And spend the remainder of the tour learning about the history and culture of this place while eating different kinds of street food from tamales to sopos, you'll taste vibrant flavours.

Local Bus

Guadalajara - Guanajuato

3h-4h

275km

Climb aboard, grab a seat, and enjoy the ride.

Day 6

Guanajuato/San Miguel de Allende

Wander through Guanajuato during your free morning. Grab a bite to eat on your own before the bus ride to San Miguel de Allende. Here the group will go on a CEO-led orientation walk before time to have dinner on your own.



Meals included

Breakfast



Accommodation

Hotel Hacienda Monteverde (or similar)

Hotel



Today's Activities

Free Time

Guanajuato

Free morning to grab a pastry on your own and walk through the main square one last time before moving on. Plenty of time for a quiet morning coffee and some people watching.

Local Bus

Guanajuato – San Miguel de Allende

1h30m-2h

80km

Climb aboard, grab a seat, and enjoy the ride.

Orientation walk of San Miguel de Allende

San Miguel de Allende

Your CEO will lead you on an orientation walk of San Miguel de Allende. This colonial-era city is located in Mexico's central highlands and is home to a budding art scene and many cultural festivals. Wander the cobblestoned streets and learn the history and stories of this place while in the shadow of the pink towers rising above the El Jardín main plaza.

Day 7

San Miguel de Allende

Start off with a half-day city tour of San Miguel de Allende. See various historical sites like the Parroquia de San Miguel Arcángel, Iglesia de San Francisco, and Templo del Oratorio de San Felipe Neri. Learn the cultural significance of various places and admire the architecture of this place before a free afternoon for various optional activities.



Meals included

Breakfast



Accommodation

Hotel Hacienda Monteverde (or similar)

Hotel



Today's Activities

San Miguel de Allende City Tour

San Miguel de Allende

Get to know the historical and cultural significance of local landmarks in San Miguel de Allende on a half-day city tour. Visit important sites like, Parroquia de San Miguel Arcángel, Iglesia de San Francisco, and Templo del Oratorio de San Felipe Neri.

Free Time

San Miguel de Allende

Enjoy some free time for optional activities in the area like, horseback riding, a cooking class, tequila tasting, or a visit to some nearby hot springs. Your CEO can help you organize whichever you choose.



Optional Activities - Day 7

Cooking Class - San Miguel de Allende

San Miguel de Allende

Opt to reserve a private cooking class to test your culinary skills and learn how to make some traditional regional cuisine. The teacher will teach the class to create authentic dishes that can be replicated at home, when you're finished dig in and enjoy your dish!

Throw on some long pants, grab the reins and hop up on a well-trained horse. Ride through the colonial town of San Miguel de Allende on this leisurely 2-hour horseback riding tour admiring the scenery. Trot through Benito Juárez Park, toast your evening in a Mexican 'cantina'; and listen to a moving serenade performed by 'mariachis' before a candlelit dinner inspired by Mexican culinary classics.

Day 8

San Miguel de Allende/Mexico City

Hop on the local bus to Mexico City this morning and arrive around midday. Enjoy a free afternoon and opt for an evening out on the town.



Meals included

Breakfast



Accommodation

Hotel PF Suites (or similar)

Hotel



Today's Activities

Local Bus

San Miguel de Allende – Mexico City

3h-4h

265km

Climb aboard, grab a seat, and enjoy the ride.



Optional Activities - Day 8

National Museum of Anthropology

Mexico City

210MXN

The National Museum of Anthropology houses the largest collection of Mexican art in the world. It's a must see if you're interested in the past or present-day history of Mexico. On the top of the highlights, see the Sun Stone (also known as the Aztec Calendar) an important piece in Aztec culture and mythology that illustrates the history of the universe. With over 20 exhibit halls, you may not be able to see the whole museum in just one day so grab a map and pick and choose what you're most interested in.

All You Can Eat Taco Tour

Mexico City

Set out on a famous all-you-can-eat taco tour through Roma and Condesa, sampling your way across seven authentic taquerías while discovering the history, regional styles, and secrets behind Mexico's most iconic dish. Along the way, visit a local market to craft your own salsa, watch the tortilla-making process up close, and even try your hand at making tacos yourself.

District of Coyoacán Visit

Mexico City

50-75USD

Coyoacán is a quiet but vibrant Mexican neighbourhood, most notably known for the Museo Casa Azul, Frida Kahlo's home turned museum after her death. The quaint tree-lined streets of this district will enchant you and give you a window into real Mexican living. With a good street food scene, spend some time walking around and find stalls or restaurants on the hunt for the neighbourhoods best tostadas, a corn tortilla topped with all sorts of things from shrimp, chicken, beef, and other proteins and beans, cheese, corn, sour cream, and avocado.

Day 9

Mexico City

Depart at any time.



Meals included

Breakfast

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Foodie Moment: Guanajuato City and Street Food Tour, Guanajuato
- Tequila distillery visit, tasting and lunch
- City tour of Guadalajara
- Orientation walk in San Miguel de Allende
- City tour of San Miguel de Allende
- Free time in Puerto Vallarta, Guadalajara, San Miguel de Allende, and Mexico City
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Relax on the pacific beaches in Puerto Vallarta, Listen to mariachi bands and sample tequila at a tavern in Guadalajara, Soak in the history of Guanajuato and San Miguel de Allende, Eat incredible food and regional delicacies from this part of Mexico

What are the main highlights of this trip?

Relax on the pacific beaches in Puerto Vallarta, Listen to mariachi bands and sample tequila at a tavern in Guadalajara, Soak in the history of Guanajuato and San Miguel de Allende, Eat incredible food and regional delicacies from this part of Mexico

Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

What is the group leader like?

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 16, avg 12.

What meals are included in this trip?

8 breakfasts, 1 lunch

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. Please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Private vehicle, public bus, walking.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (8 nts).

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

It is uncommon to pay for optional activities, souvenirs and meals on credit card in the areas this trip visits, so be prepared with a combination of USD cash and local currency to pay for these on-trip costs.

That said, credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank prior to travelling. ATMs generally only dispense local currency, not USD. Do not rely on credit or debit cards as your only source of money. A combination of US dollars cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

You will be able to exchange USD to local currency along the way, but please be advised that slightly torn notes and notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 50USD (or equivalent). Learn about local exchange rates at www.xe.com.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

What activities are optional on this trip?

Puerto Vallarta

- Whale Watching - Puerto Vallarta
- Beach Time
- Sunset Sailing Tour
- Marietas Island Snorkel Tour
- Food & Drink Tour Puerto Vallarta

San Miguel de Allende

- Cooking Class - San Miguel de Allende
- Horseback Riding in San Miguel de Allende

Mexico City

- National Museum of Anthropology (210MXN per person)
- All You Can Eat Taco Tour
- District of Coyoacán Visit (50-75USD per group)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.