



## **Essential Southeast Asia: Hanoi, Phnom Penh & Thailand Good Times**

25 days, Hanoi to Bangkok

Trip code AVHBHW

## What's included

- Your G for Good Moment: Oodles of Noodles, Hoi An
- Your G for Good Moment: Local Khmer Meal, Siem Reap
- Your Welcome Moment: Meet Your CEO and Group
- Your Wellness Moment: Mud Bath Visit, Nha Trang
- Your Foodie Moment: Ho Chi Minh City Street Food Crawl, Ho Chi Minh City
- Your Foodie Moment: Street Food Dinner in Chinatown, Bangkok
- Hanoi Foodie Culture Tour
- Tam Chuc Pagoda Tour
- Dong Hoi Wet/Fish Market tour and countryside cycling
- Vinh Moc Tunnels Tour
- An Bang Cemetery Tour
- Visit Lang Co Beach
- Hai Van Pass and Marble Mountain Tour
- Hoi An Old Town Walk and Riverside Evening Out
- Dinner at one of the stylish restaurants in the ancient town of Hoi An
- Thap Doi Cham Temples Visit
- Eoi Gio Coastal Walk
- Beach Time at Qui Nhon and Nha Trang
- Visit Gành Đá Dĩa
- Ho Chi Minh City Walking Tour including Ben Thanh Market
- Karaoke Night
- Motorbike tour including Hang Pagoda and Sam Mountain
- Chau Doc market
- Kep market walk
- Tour of Monivong Bokor NP
- Tour of Chambok Community with traditional lunch
- Phnom Penh cyclo tour and dinner at one of best restaurants in Phnom Penh
- Visits to Skun Market and Santuk Silk Farm
- Tour of Sambor Prei Kuk Ancient Site
- Visit Rong Klua Market
- Visit Wat Sothorn Wararam Woraviharn
- Walk and night out on Khao San Road
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is

usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing September 10th, 2025 and onwards

## Itinerary



### Itinerary Notes

Effective May 1, 2025, all travelers entering Thailand through air, land, or sea must complete the Thailand E-Arrival form. You must register at least 3 days before arrival. Please see Trip Details for more information.

**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Hanoi

Arrive at any time, and choose to kick back at the hostel, or head out to explore the city before meeting up with fellow Roamies in the evening. Ready to indulge your inner foodie? Head out for a walk through the back streets and markets of the city's old quarter, sampling local favourites like "nem ran" and "banh goi." Take a pit stop at a street-side bar then swing by Hanoi Food Culture restaurant, a G Values Fund Project, and try the city's signature specialty coffee. Having fun yet? Of course you are!

The welcome moment begins at 17:00. Please ensure you arrive at the joining hotel by then to ensure you do not miss the meeting and the included activity afterwards.



### Meals included

Dinner



### Accommodation

Nexy Hostel (or similar)

Hostel



## Today's Activities

### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Hanoi Foodie Culture Tour

Hanoi

2h30m

1km

Indulge your inner foodie with a street food tour through bustling Hanoi. Follow your guide through the back streets and markets of the city's old quarter, sampling local fare along the way. Mingle with city natives and experienced street food artists alike, as you taste a variety of Hanoi faves like "nem ran" and "banh goi." Stop at a streetside bar to savour a draught beer like Hanoians do. Cap off the tour at the Hanoi Food Culture restaurant, a G Values Fund Project, and try the city's signature specialty coffee.

Day 2

## Hanoi/Ninh Binh

Ready to hit the backroads? Let's go! Start with a visit to Tam Chuc Pagoda, the largest in southeast Asia. Continue on to Ninh Binh and gaze in awe at the limestone cliffs rising up from the rice fields. No filters required as this landscape is already picture-perfect. Ready to chill? Enjoy some free time, you deserve it. Kick back at the hostel and meet some new friends over a cold one or rent a bike to explore off the beaten trail in the beautiful countryside. The choice is yours!



### Meals included

Breakfast



### Accommodation

Tam Coc Backpack Chill Hostel (or similar)

Hostel



### Today's Activities

Tam Chuc Pagoda Tour

Tam Chúc

Visit Tam Chuc Pagoda on a CEO-guided tour then take some free time to explore on your own. Opened in 2019, Tam Chuc is the largest pagoda in Southeast Asia. It is a truly beautiful site with the sparkling lake in front and the rolling green mountains behind. Follow along with the many pilgrims who visit here for reflection and prayers.

Private Vehicle

Hanoi - Ninh Binh

2h-2h30m

100km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Ninh Binh

Enjoy a free afternoon to do as much, or as little as your please.



### Optional Activities - Day 2

Ninh Binh Bicycle

Thành Phố Ninh Bình

Rent a bike and set off on the backroads through the beautiful Ninh Binh area.

Bich Dong Pagoda

Thành Phố Ninh Bình

Visit Bich Dong Pagoda (Tam Cốc Bích động) a stunning 3-tiered ancient pagoda built into the stunning green mountainside. These cave temples are found in a picture-perfect setting of towering green-covered karst and surrounding by water lily bulging ponds. Climb up the 100 steps to the top for even more sweeping views.

Today is yours—get out and explore! Go temple-hopping, biking or hike through rice fields. Feeling energetic? Trek up to Hang Mua Peak for ridiculous views of the surrounding countryside. Adventurous? Jump in a small boat to explore the Trang An Grottoes—small caves found along the canals and lakes only accessible by water. Lazy? No worries, chill out at the hostel and catch up on your social feeds. Whatever you choose, don't forget to pack-up before heading out to catch the overnight sleeper train—All Aboard!

On the overnight train we use 4 x birth soft sleeper - Each soft sleeping-car has a corridor running down one side with seven 4-berth compartments opening off it, each of which can be securely locked from the inside. Each compartment has 4 berths, two upper and two lower. Each berth has an individual reading light and is supplied with pillow, sheet and duvet. By day you simply sit on the lower berths. You keep all your bags with you, there is luggage space beneath the bottom bunks and in the large recess above the compartment door. Compartments may be mixed gender.



## Meals included

Breakfast



## Today's Activities

Overnight Train (beds)

Ninh Binh - Đông Hội

8h

Stretch out and get some well-earned rest en route to the next stop.

Free Time

Thành Phố Ninh Bình

You've got the whole day to do as you please. Bike, hike, boat or feet-up, the choice is yours!



## Optional Activities - Day 3

Paddle Boat Tour

Ninh Bình

Hop into a local paddle boat for a two-hour tour of Ninh Binh's spectacular riverside, dotted with towering limestone rock formations and hidden caves. Take in the scenery as you drift past picturesque rice paddies and observe locals going about their day.

Hike to Hang Mua Peak

Thành Phố Ninh Bình

Hike up to Hang Mua Peak (also known as Mua Cave) for stunning views of the Tam Coc Valley with its limestone mountains and rice fields. Climb the 500 steps carved by-way of switchbacks into the mountain and reach the the Mua Cave dragon statue, a symbol of prosperity which guards over the people of the valley.

Ninh Binh Bicycle

Thành Phố Ninh Bình

Rent a bike and set off on the backroads through the beautiful Ninh Binh area.

Trang An Grottoes Tour

Thành Phố Ninh Bình

2h-3h

Explore the beautiful Trang An Grottoes by rowboat. View the stunning caves and karst rock formations towering out of the canals and lakes that make up the regional landscape. Along the way visit small local temples and pagodas and your expert paddler will navigate inside the grottoes for a thrilling cavern adventure.

Bich Dong Pagoda

Thành Phố Ninh Bình

Visit Bich Dong Pagoda (Tam Cốc Bích động) a stunning 3-tiered ancient pagoda built into the stunning green mountainside. These cave temples are found in a picture-perfect setting of towering green-covered karst and surrounding by water lily bulging ponds. Climb up the 100 steps to the top for even more sweeping views.

Day 4

## Dong Hoi/Phong Nha

Are you ready to dive into local life even more? Of course you are! Let's start at the expansive Dong Hoi fish market, a bustling collection of vendors selling all manner of seafood. Hungry? Stop by a stall for a traditional Vietnamese breakfast of Banh Mi—served on soft French baguettes, they are a fusion of French and Vietnamese cuisine. Now you're fuelled up, hop on a bike and ride out into the gorgeous rural countryside. How 'bout some down time? It's been a busy day so head to your hostel in Phong Nha to relax and share your adventures with your mates.

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### Meals included

Breakfast

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### Accommodation

Central Backpacker Hostel (or similar)

Hostel



## Today's Activities

Tour of Dong Hoi Wet/Fish Market

Dông Hội

Explore the vibrant Dong Hoi wet/fish market with your CEO. The market is bustling in the early morning where locals come to buy and sell all manner of products including: seafood, vegetables, fruit, chickens, spices; even, frogs! After walking around the market we will grab a traditional Vietnamese breakfast of Banh Mi. The famed Banh mi sandwiches are a typical street food that originated in Saigon and are heavily influence by French cuisine. They are served on French baguettes with a French and Vietnamese fusion inside. Typically, they are mad up of pickled carrots, daikon, chiles, cucumber slices, cilantro, mayo, and (if you choose) a meat.

Dong Hoi Cycling Tour

Dông Hội

2h

8km

Hop on a bike and take a short cycling tour of Dong Hoi and the nearby villages. Gently peddle along through the countryside admiring the beautiful landscape and rural way of life including a stop at Bao Ninh fishing village.

Private Vehicle

Dông Hội - Phong Nha

1h-1h30m

45km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 5

## Phong Nha

Live it up with a full free day in Phong Nha—an adventure lovers paradise! Caving anyone? You can't miss the chance to explore the world's largest cave system. Don't forget the waterproof case because these shots will make you the envy of your social feeds. Something else perhaps? Your CEO knows all the insiders for hiking and biking excursions throughout this stunning, vast wilderness. You must be thirsty by now? Then it's time to chill out with the option to join an evening bar crawl with the gang—freedom never tasted so good!



### Meals included

Breakfast



### Accommodation

Central Backpacker Hostel (or similar)

Hostel



### Today's Activities

Free Time

Phong Nha

The day is yours with options for hiking and biking. We highly recommend the awe-inspiring caves of Phong Nha-Kẻ Bàng National Park, where the oldest karst mountains and longest caves in Asia are found.



### Optional Activities - Day 5

Caving in Phong Nha

Phong Nha

8h-9h

10-20km

Explore the longest cave in all of Asia - Paradise Cave - by walking the boardwalks and awe at the massive white crystal stalactites. After an authentic Vietnamese lunch, board a dragon boat which will take you to the turquoise waters in Phong Nha Cave where you'll disembark on the caves beach and wander freely throughout the natural wonder.

Phong Nha Biking

Phong Nha

Rent a bike and set off exploring Phong Nha.

Phong Nha Bar Crawl

Phong Nha

Set out on a bar crawl visiting some of the popular local spots in the area.

Nuoc Mooc EcoTrail

Phong Nha

Traverse the cool jungle following the bamboo floorboards and paths leading you to fresh rivers and small lagoons where you can enjoy kayaking and swimming.

Day 6

## Phong Nha/Huế

Ready to explore underground? Find out as you descend into the Vinh Moc tunnels (like the Cu Chi tunnels without the crowds), built by local villagers during the Vietnam War. After, find your way to Hue (pun intended) for a free afternoon. Feeling adventurous? Hop on the back of a motorbike for a thrilling ride around town. Curious? Visit the historic Citadel and Royal tombs. Chill? Kick back at the hostel or lounge at a riverside bar. Does it get any better than this? I think not.



### Meals included

Breakfast



### Accommodation

Amy Hostel (or similar)

Hostel



### Today's Activities

Private Vehicle

Phong Nha - Huế

5h-5h30m

210km

Settle in and scan the scenery from the convenience of a private vehicle.

Vinh Moc Tunnels Visit

Xã Thạch Vĩnh

Built by local villagers to escape World War II bombings, take a guided tour of the Vinh Moc tunnels in a former Vietnamese demilitarized zone. Learn about the history of this complex underground tunnel system and its stories of human resilience.

Free Time

Huế

Take some free time to explore Hua your way!



### Optional Activities - Day 6

Huế Royal Tombs, Tien Mu Pagoda and Imperial Citadel Tour

Huế

Visit the Royal Tombs along the Perfume River. Embracing the concept of Feng Shui, these tombs are extremely ornate and provide fantastic insight into the lives of the former rulers. Tour the Tien Mu pagoda before visiting the imperial citadel, a one-time capital city and UNESCO World Heritage site. See the walled fortress and former palace, which has many palaces, gateways, courtyards, and gardens to explore. The Forbidden Purple City (modelled on China's Forbidden City) inside the citadel was once home to the imperial family and was significantly damaged during the Vietnam War.

Hue City Tour

Huế

Take a tour of this imperial city to see the Thiên Mụ Buddhist pagoda, the tallest religious building in the country, the Japanese bridge, and the tombs of the emperors. Visit the Dong Ba Markets for local specialties such as banh khoai (savoury pancakes) and banh bot loc boc tom thit (thin rice paper filled with meat and shrimp).

Hue Motorbike Tour

Huế

Grab a helmet, hop on a motorbike driven by your experienced local guide, and get ready for a crash course in authentic Viet culture. Spend the next four hours exploring the stalls of a local market, admiring the view of the Perfume River, learning to plough and make rice, creating your own incense sticks, and seeing the most iconic local sights. Don't forget to bring your camera!

Day 7

## Huế/Hoi An

Ready for an epic day? Let's jump into open-top jeeps for a thrilling drive across iconic Hai Van pass. First stop is the city of ghosts at the infamous An Bang cemetery. Need to cool down? Hit beautiful Lang Co Beach for a refreshing dip in the sea and traditional local lunch. Continue to fill your social feeds with shots from Da Nang bay, an abandoned French fort and Marble mountain pagoda. Seen enough? Of course you haven't! Hoi An awaits with a walk through the old town ending at a lively riverside bar. How's that for epic?



### Meals included

Breakfast | Lunch



### Accommodation

Dolphin Hostel Hoi An (or similar)

Hostel



### Today's Activities

Private Vehicle

Huế - Hoi An

4h-4h30m

125km

Settle in and scan the scenery from the convenience of a private vehicle.

An Bang Cemetary Visit

An Bắng

Step off the beaten path and visit An Bang Cemetery—one of the largest cemeteries in the country. Covering 250 hectares, it's locally known as the City of Ghosts and is famous for its extravagant tombs for their deceased family members. Many stand two or three stories high and showcase elaborate ornate gold carvings often featuring dragons and other mythical creatures. Some of the larger tombs even include fully functional bedrooms, bathrooms and kitchens reflecting loved ones strong belief of the afterlife, and the practice of honouring beloved ancestors.

Lang Co Beach Visit

Lắng Cồ

Enjoy a stop at Beautiful Lang Co Beach. Walk along the palm lined white sand beach and take a dip in the calm turquoise coloured waters.

Hai Van Pass Visit

Vắn Hắi

Drive through the spectacular Hai Van Pass, a 20km stretch of road that represents the division between northern and southern Vietnam, and is also one of the country's highest points at 500m above sea level. In Vietnamese, Hai Van roughly translates to "sea of clouds" and it's easy to see why. As your vehicle winds through the mountain roads, you'll see misty peaks rise above the South China Sea, with glimpses of pristine beaches, forests and the cityscape of Da Nang along the way.

Hoi An Orientation Walk

Hoi An

Join your CEO on a stroll through the winding streets of Hoi An's Old Town and spot Chinese assembly halls, historic homes, and well-preserved pagodas along the way. (Entrance fee to Hoi An's Old Town is not included)

Day 8

## Hoi An

Ready to explore? Hoi An offers so much and you'll have an entire free day to do as you choose. Discover the ancient old town by bike or boat, or go further afield on an excursion to My Son or the Golden Bridge and Ba Na Hills. Don't worry about the details, your CEO has all the right contacts. Later, meet up with your Roamies for dinner at one of the stylish restaurants in the ancient town of Hoi An. Hop out of your comfort zone and try Nem Rán, Gỏi Đu Đủ Bò Khô, or how about Cao Lầu; you'll find all the local favourites here. Yummy!



### Meals included

Breakfast | Dinner



### Accommodation

Dolphin Hostel Hoi An (or similar)

Hostel



### Today's Activities

Free Time

Hoi An

Enjoy a free day in Hoi An. You'll have lots to choose from, just ask your CEO for options.



### Optional Activities - Day 8

Tailor Shops

Hoi An

Go home with some new (handmade!) clothes from one of Hoi An's famous tailor shops. Walk the streets lined with hundreds of local shops that turn out gorgeous suits, dresses, winter coats, shoes, purses – almost anything – in a day's time to create next season's wardrobe.

Hoi An Bike and Boat Tour

Hoi An

Enjoy a peaceful exploration of the villages around Hoi An, cycling through rice paddies and along narrow country lanes. Take advantage of this tour – it includes a boat trip through the water palm forest and a visit to the farming village of Tra Que.

Mỹ Sơn Excursion

Mỹ Sơn

38USD

Travel approximately one hour from Hoi An to arrive at My Son. Tour these Hindu temples built between the fourth and 14th centuries; the site is widely accepted as one of the most important Hindu temple complexes in Southeast Asia. Learn about the architectural style and history of a site that's often compared to Angkor Wat in Cambodia and Bagan in Burma. Please note this optional activity is a half-day and includes a guide, transportation, and the entrance fee.

Hoi An Lantern Making

Hoi An

Get crafty in the lantern capital of Vietnam. You'll visit the Lifestart Foundation and learn how to make a traditional lantern from one of the students. See how this project, supported by G Adventures, helps local Vietnamese with chronic disabilities gain sustainable employment.

Ba Na Hills and Golden Bridge Excursion

Hoi An

Take the world's longest cable car to Ba Na Hills station. Along the way up make stops at By Night station to visit Linh Ung pagoda, The Old French Villas. Continue by cable car to the Nui Chua Mountain at the top of Ba Na range. Visits here can include; Le Nim Villas, the Orchid Garden, the Funicular railway and old French cellar (Debay Ancient Wine Cellar), Le Jardin D'amour and Linh Ung Pagoda. You also visit the Golden Hand Bridge and have time to wander and enjoy the view of the surrounding misty mountains and Da Nang City below.

Hoi An Cooking Class

Hoi An

35USD

Take a cooking class to learn more about Vietnamese food and its distinct flavours. Tour the local market to buy fresh ingredients before preparing some popular regional dishes. Enjoy your creations when you're done!

Ready for some noodles? Then let's dig in! Start the day with a cooking class at the G Adventures-supported Oodles of Noodles training school, enjoying your creations for lunch. Afterwards, you're free to do as much (or as little) as you choose. Feeling fancy? Get fitted for a custom suit. Creative? Learn to make Vietnamese lanterns. Thirsty? pull up a stool at one of the many river-side bars and cafes. Later, it's all-aboard for the overnight train heading south. Settle into your sleeper cabin and catch some zzzzz's.

On the overnight train we use 4 x berth soft sleeper - Each soft sleeping-car has a corridor running down one side with seven 4-berth compartments opening off it, each of which can be securely locked from the inside. Each compartment has 4 berths, two upper and two lower. Each berth has an individual reading light and is supplied with pillow, sheet and duvet. By day you simply sit on the lower berths. You keep all your bags with you, there is luggage space beneath the bottom bunks and in the large recess above the compartment door. Compartments may be mixed gender.



## Meals included

Breakfast | Lunch



## Today's Activities

### ACTIVITY

Try some of the oodles of noodles (more than 26 types!) available in the city in this tasty cooking class. Run by our G for Good partners, STREETS International, this class was developed exclusively for G Adventures. Former street youth that are part of this hospitality training program, will help you prepare and cook a number of different types of noodles. This program helps these youth practice their English, increasing their skill-set and opportunities available to them in the tourism industry. Enjoy your yummy creations while learning more about the local cuisine and this initiative which empowers street youth through skills and employment training.

Free Time

Hoi An

Your afternoon is free to relax, explore or try optional activities like making traditional lanterns, and visiting the ruins of My Son. Your CEO has lots of ideas if you need them.

Private Vehicle

Hoi An - Da Nang

30m-45m

Settle in and scan the scenery from the convenience of a private vehicle.

Overnight Train (beds)

Da Nang - Quy Nhon

5h30m-6h

Stretch out and get some well-earned rest en route to the next stop.



## Optional Activities - Day 9

Hoi An Bike and Boat Tour

Hoi An

Enjoy a peaceful exploration of the villages around Hoi An, cycling through rice paddies and along narrow country lanes. Take advantage of this tour – it includes a boat trip through the water palm forest and a visit to the farming village of Tra Que.

Hoi An Lantern Making

Hoi An

Get crafty in the lantern capital of Vietnam. You'll visit the Lifestart Foundation and learn how to make a traditional lantern from one of the students. See how this project, supported by G Adventures, helps local Vietnamese with chronic disabilities gain sustainable employment.

Ba Na Hills and Golden Bridge Excursion

Hoi An

Take the worlds longest cable car to Ba Na hills station. Along the way up make stops at By Night station to visit Linh Ung pagoda, The Old French Villas. Continue by cable car to the Nui Chua Mountain at the top of Ba Na range. Visits here can include; Le Nim Villas, the Orchid Garden, the Furnicular railway and old French cellar (Debay Ancient Wine Cellar), Le Jardin D'amour and Linh Ung Pagoda. You also visit the Golden Hand Bridge and have time to wander and enjoy the view of the surrounding misty mountains and Da Nang City below.

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38USD

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Tailor Shops

Hoi An

Go home with some new (handmade!) clothes from one of Hoi An's famous tailor shops. Walk the streets lined with hundreds of local shops that turn out gorgeous suits, dresses, winter coats, shoes, purses - almost anything - in a day's time to create next season's wardrobe.

Day 10

## Qui Nhon

Jump off the train and head to Thap Doi to explore the imposing Cham temples. Hungry? You'll stop by Eoi Gio for a local breakfast and walk along the gorgeous coastline. OK, enough is enough, are you ready to hit the beach? Of course you are! With its white sand and crystal blue water, Ky Co beach is exactly where you want to be. This remote spot is perfect to spend a chill afternoon. Later you'll visit one of Qui Nhon's best seafood restaurants for dinner. Try local favourites like Bun thit nuong, Banh Xeo, and banh beo chen—you'll be bursting after this awesome feast!



### Meals included

Breakfast | Dinner



### Accommodation

5 Elements Hostel, Qui Nhon (or similar)

Hostel



### Today's Activities

Ky Co Beach Visit

Qui Nhon

Visit beautiful Ky Co beach (Bãi Kỳ Co) considered one of the best beaches in Vietnam (known as the “Maldives of Vietnam”). Walk along the white sand and dive in to the crystal-clear blue water.

Thap Doi Tower Ruins

Quy Nhon

The Quy Nhon province has the highest number of Champaera ruins in Vietnam. The Cham temples were built in the 11th century by Champa rulers and you will visit the ruins of Thap Doi towers. These ancient sandstone structures have very similar characteristics as the Angkor complex in Cambodia.

Eo Gio Visit

Ga Eo Gió

Take a walk to explore the beautiful Eo Gió (translated as “Windy Waist”) coastline. Admire the jagged cliffs, hidden caves, and deep blue water as it smashes into the massive rocks. Swimming is not allowed, but you can cool off your feet in the rushing waves and keep your eyes open for fish and marine wildlife.

Private Vehicle

Ga Diêu Trì - Qui Nhon

Settle in and scan the scenery from the convenience of a private vehicle.

Settle in to your private ride for a bit of a drive today. Catch up on your feeds, take a nap but get ready for a gorgeous stop along the way. Gành Đá Dĩa, known as the Giant's Causeway of Vietnam offers amazing views and angles for your pics-snap away! Next stop is the Mud Baths in the resort city of Nha Trang. Climb into the mud and mineral pools and soak away. The evening is then yours-ready to party? There are a gazillion options and your CEO will suggest the best of the best nightclubs and beach bars for your enjoyment. Really hope you had a nap on the bus.



## Meals included

Breakfast



## Accommodation

Bondi Backpackers Nha Trang (or similar)

Hostel

Take in the city views while floating in the rooftop pool or chill out by the rooftop bar. Get the best of both worlds here by being close to the beach with exclusive access to the hotel lounge.

Accommodations at this hostel are multi-share.



## Today's Activities

Private Vehicle

Qui Nhon - Nha Trang

5h-6h

225km

Settle in and scan the scenery from the convenience of a private vehicle.

Ganh Da Dia Visit

Qui Nhon

Stop at Gành Đá Dĩa, known as the "Giant's Causeway of Vietnam." This unique landscape is a result of volcanic activity millions of years ago where lava flows reached the sea, solidified and cracks formed the stunning basalt columns. Erosion over thousands of years did the rest, creating unique shapes and forms seen today.

### ACTIVITY

Take a relaxing dip in the therapeutic mud baths of Nha Trang. Thought to possess healing properties, the mud baths are the perfect place to unwind.

Day 12

## Nha Trang/Ho Chi Minh City

Freedom! The day is yours to enjoy Nha Trang's many beach options. Find a spot and stretch out on your towel to catch some rays and play in the surf. Stroll the extensive promenade for shopping, bars and fun. Why not channel your inner child at the waterpark or jump on a boat for a snorkelling tour—the choice is yours! Tonight brush off the sand and hop back on the train for your overnight journey back to the big city.

On the overnight train we use 4 x birth soft sleeper - Each soft sleeping-car has a corridor running down one side with seven 4-berth compartments opening off it, each of which can be securely locked from the inside. Each compartment has 4 berths, two upper and two lower. Each berth has an individual reading light and is supplied with pillow, sheet and duvet. By day you simply sit on the lower berths. You keep all your bags with you, there is luggage space beneath the bottom bunks and in the large recess above the compartment door. Compartments may be mixed gender.



### Meals included

Breakfast



### Today's Activities

Free Time

Nha Trang

Enjoy a full free day in Nha Trang. Choose to hit the beach, go snorkelling, or visit local shops, beach bars and markets.

Overnight Train (beds)

Nha Trang – Ho Chi Minh City

8h

Stretch out and get some well-earned rest en route to the next stop.



### Optional Activities - Day 12

Nha Trang Street Food Crawl

Nha Trang

1h-2h

Bring your appetite and your wallet. The CEO will bring the group to the best spots to eat and teach everyone about the local street food. Yum!

Nha Trang Boat Tour and Snorkelling

Nha Trang

29USD

Board a boat in the morning at Nha Trang's harbour for hours of fun. Begin with a visit to an island fishing village to take in daily life by foot, then take a ride in a basket boat. Afterwards, go for a swim or snorkel. Relax on the beach before heading back to Nha Trang.

Day 13

## Ho Chi Minh City

Welcome to Ho Chi Minh City—this thriving metropolis will not disappoint! Head out on a walking tour visiting bustling Ben Thanh market, Reunification Palace and the French quarter. Hungry? Your CEO will order up HCMC's most famous dish; pho—the breakfast of champions. After slurping up your noodles, you are free—why not hop on a cyclo or motorbike tour, visit the infamous Cu Chi tunnels or head back to the hostel to relax. Whatever you do, don't forget to warm up your vocal cords and throw on your most outrageous frock because it's time for karaoke. You'll have a farewell party like no other in one of the city's top sing-along bars. Neon lights, blaring tunes and roaring crowds will entice you to the stage. Get ready—you're next. Own it!



### Meals included

Breakfast



### Accommodation

Phan Anh Backpacker (or similar)

Hostel



### Today's Activities

Highlights of Ho Chi Minh City Walking Tour

Ho Chi Minh City

3h

Walk to the bustling Ben Thanh Market, filled with everyday goods, handicrafts, clothing, souvenirs, and lively hawkers trying to win over a customer. Continue to the Reunification Palace and learn about the power struggle between Vietnam's North and South regions. Continue to the French Quarter and admire its colonial architecture. See the Notre Dame Cathedral, Old Central Post Office, City Hall and the Opera House, before ending the tour at the quirky Cafe Apartments.

Ben Thanh Market

Ho Chi Minh City

Wander this bustling market for more insight into Ho Chi Minh City. Pick up souvenirs, sample local cuisine, and experience local living. Learn a little history along the way; Ben Thanh started as a cluster of street vendors selling wares by the Saigon River, and was formalized into a true market in 1859.

Free Time

Ho Chi Minh City

The afternoon is yours, get out and explore this bustling city.

Ho Chi Minh City Karaoke Night

Ho Chi Minh City

Enjoy a night out at one of Ho Chi Minh City's most popular karaoke bars!

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## Optional Activities - Day 13

Ho Chi Minh City Street Food Tour

Ho Chi Minh City

3h-4h

5-10km

Hop on a scooter and take a tour through vibrant Ho Chi Minh City. Learn how to make the iconic Bahn Mi sandwich and enjoy six delicious Vietnamese street food dishes, three drinks and one dessert.

War Remnants Museum Visit

Ho Chi Minh City

2USD

Visit the War Remnants Museum, a gut-wrenching but worthwhile experience that includes three storeys of exhibits and military hardware. Learn about the devastation that occurred in Saigon during the Vietnam War, a period that greatly contrasts the joy and liveliness of the Vietnamese people today.

Cu Chi Tunnels Guided Tour

Củ Chi

25-27USD

Take a guided tour of the Cu Chi Tunnels, a complex network of tunnels that the Viet Cong lived in to protect themselves from opposing forces during the Vietnam War. Try crawling through some of the tunnels (if you're not claustrophobic). These tunnels stored ammunition, had underground hospitals, and served as a hidden base for attacking allied forces.

Ho Chi Minh City Cyclo Tour

Ho Chi Minh City

10USD

Take a city tour on a cyclo (cycle rickshaw) – a great way to absorb the sights, sounds, and smells of Ho Chi Minh City while keeping your hands free for that camera action.

Day 14

## Ho Chi Minh City

Late night? You've got the entire day to recover, or rally and get out and explore! The city pulses with excitement offering a myriad of experiences to engage your senses. From the back of a motorbike, encased in a cyclo or on your own two feet—Ho Chi Minh City makes you feel alive. Whatever you choose, meet up later with your fellow Roamies for some nosh. Your CEO knows all the secret spots and will lead you on a street food walk sampling the best of local dishes and delicacies the city has to offer. Delish!



### Meals included

Breakfast | Dinner



### Accommodation

Phan Anh Backpacker (or similar)

Hostel



### Today's Activities

Free Time

Ho Chi Minh City

Today you are free to go your own way. With so much to choose, chat with your CEO for some suggestions.

#### ACTIVITY

Follow your CEO on a delicious street food crawl through the bustling streets of Ho Chi Minh City. Sample a range of local dishes and delicacies that will off the best tastes of Vietnam.



### Optional Activities - Day 14

Ho Chi Minh City Cyclo Tour

Ho Chi Minh City

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Take a city tour on a cyclo (cycle rickshaw) – a great way to absorb the sights, sounds, and smells of Ho Chi Minh City while keeping your hands free for that camera action.

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Ho Chi Minh City

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Day 15

## Ho Chi Minh City/Châu Đốc

Ready to hit the road? Catch your private ride to Chau Doc in the famed Mekong delta then let's go full on local! Jump on the back of a motorbike and explore. Zoom up to the mysterious Hang Pagoda on the slopes of the mountain and mix with the many pilgrims who visit here. It's time to get zen—inhal the ever-burning incense, observe the rituals and dissolve into the background of chanting and temple bells. After, ride up to Sam Mountain and gaze in awe at the stunning views of the sunset over the surrounding delta. No need to pinch yourself, you really are here!



### Meals included

Breakfast



### Accommodation

Little Saigon Hostel (or similar)

Hostel



### Today's Activities

Private Vehicle

Ho Chi Minh City - Châu Đốc

6h30m-7h

220km

Settle in and scan the scenery from the convenience of a private vehicle.

Sam Mountain Excursion by Motorbike

Châu Đốc

Enjoy a thrilling excursion to sacred Sam Mountain and Hang (cave) Pagoda by motorbike. Hang Pagoda, built between 1840 and 1845 sits on the slopes of the mountain and is a National Historical monument. The pagoda is a mysterious place which is revered by locals for its legends of a connection to the afterlife. Continue on to the summit of Sam Mountain (284m), a very sacred place with almost 200 temples, pagodas, hermitages scattered about. At the peak there are stunning views from the summit. Here you'll watch the sunset over the rice fields and rivers below.

Day 16

## Châu Đốc/Kampot

Up late with your mates? Shake it off as today it's on! Hop in for a sunrise boat trip and watch the river come alive. Next, stop at a small village and fish farm before your visit to Chau Doc Market where you will see vendors selling all manner of wares, food, and drinks—feel free to grab a tea or hot noodles! Tired? No worries you can catch a nap on the drive to the Cambodian border before heading to the fishing village of Kep. Follow in the footsteps of the legendary Anthony Bourdain and explore the famous seafood market. Your CEO will pick the best crabs pulled directly from the sea and you'll dine on pepper crab on the spot. It doesn't get any more real than this. Ready for some down time? Us too—let's head to the hostel in Kampot and kick back for a bevvie (or three.) Cheers!



### Meals included

Breakfast | Lunch



### Accommodation

Bamboo Bungalow (or similar)

Hostel



### Today's Activities

Chau Doc Market

Châu Đốc

Enjoy a sunrise boat trip on the Bassac River around the markets of Chau Doc. Wave at the fishermen, children on the way to school, and locals making their way to the work or market. We also make a stop at a fish farm and small Cham village before hopping off to visit Chau Doc Market.

Private Vehicle

Châu Đốc - Kampot

4h30m-5h

160km

Settle in and scan the scenery from the convenience of a private vehicle.

Border Crossing (Vietnam - Cambodia)

Tinh Bien - Phnom Den

Ready for a little more ink in your passport? Get ready to cross another country off your bucket list.

Kep Market Visit with Lunch

Kep

Visit Kep, a small seaside town which is renowned for its seafood, specifically crabs. Follow your CEO through the bustling Kep crab/seafood market showcasing all manner of seafood. After a bit of exploration, your CEO will find the freshest crabs available (often pulled directly from crab pots in the ocean). We'll then connect with a local cook who will prepare the famous pepper crab in the traditional style for us to enjoy for lunch.

Day 17

## Kampot

Freedom! Today is all yours to explore the sleepy town of Kampot. Looking to chill? That's easy—wander along the river and jump in for a swim, take a yoga class or hang at the hostel with your new-found friends. Want a bit more activity? No problem, your CEO has lots to suggest. Spice things up with a visit to a pepper farm, explore the countryside on a tuk tuk tour or sit back with a beverage on a sunset river cruise. Just don't forget to catch up on your posts—EVERYONE is waiting to see what you do next. Enjoy!



### Meals included

Breakfast



### Accommodation

Bamboo Bungalow (or similar)

Hostel



### Today's Activities

Free Time

Kampot

The day is yours! Relax at the hostel or choose from a variety of activities such as cycling, swimming, tours and boat cruises.



### Optional Activities - Day 17

Rabbit Island Excursion

Kampot

Visit this undeveloped tropical island to enjoy beautiful white sand beaches. Walk the island's perimeter passing beaches and mangroves along the way (about 3 hours).

Kampot Pepper Farm Tour

Kampot

Take a tour of an authentic pepper farm and learn about the growing, harvesting and export process. This isn't just any pepper—Kampot peppercorns are considered the finest in the world.

Sunset Cruise

Kampot

Kick back, relax, and enjoy the water views on this peaceful cruise into the sunset.

Cycle Tour

Kampot

Join the tour and hop on a bike – it's one of the best ways to see Kampot and the countryside.

Tuk Tuk Tour

Kampot

15USD

Join the tour and hop on a tuk tuk – it's one of the best ways to see Kampot and the countryside.

Ready for adventure? Head out to Monivong Bokor NP, a wild area known for its palace ruins overtaken by nature and spotted with stunning works of graffiti. Your CEO will lead you around this bizarre contrast of lush jungle and ruins, and jaw dropping coastal views. Now, are you ready for the beach? Of course you are! Travel to Serendipity pier and catch a ferry to the remote island of Koh Rong. Drop your bags at the hostel and head directly to the beach. Searching for paradise? Guess what, you're already there.

Please note that during monsoon season (between June to October), this itinerary may be subject to change based on weather conditions. If heavy rains and flooding prevent our boat from safely travelling to Koh Rong island, we will provide alternate activities and accommodations in a nearby town.



### Meals included

Breakfast



### Accommodation

Mad Monkey Koh Rong (or similar)

Hostel



### Today's Activities

Monivong Bokor National Park Visit

Kampot

Take a tour of beautiful Monivong Bokor National Park. Here we'll visit the nature-reclaimed ruins of Damnak Sla Khmao, the former King's residence that was used between the 50s and 60s. The palace has fallen into ruin and is covered with stunning works of graffiti. It also offers a stunning viewpoint of the surrounding Bokor Hill, home to thousands of butterflies. Also visit the abandoned church at Bokor Hill Station which was built by the French and is now covered in orange moss. Walk to the top of Bokor Hill Station at 1048 metres above sea level to Wat Sampov Pram. Built by King Monivong it is the highest Pagoda in Cambodia. If we're lucky, we'll have clear views across the Gulf of Thailand and the Preah Monivong National Park.

Private Vehicle

Kampot - Sihanoukville

2h30m-3h

130km

Settle in and scan the scenery from the convenience of a private vehicle.

Ferry

Sihanoukville - Koh Rong

1h

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Free Time

Koh Rong

Welcome to paradise. We recommend you head directly to the beach—enjoy!

Day 19

## Koh Rong

Trust us, Koh Rong Island is one of those places you'll talk about for years; the island boasts pristine white sandy beaches, warm crystal-clear ocean waters, a hot tropical climate, and is off the beaten track. No need to pinch yourself, yes—you really are here. This is the island of your dreams and you'll have the entire day to enjoy it. Dive into the calm waters of the Gulf of Thailand, then stretch out and catch some rays. Feel free to chill in a hammock under a palm with a cold drink. No matter what angle you snap your pic, it's absolute perfection. You totally deserve this!



### Meals included

Breakfast



### Accommodation

Mad Monkey Koh Rong (or similar)

Hostel



### Today's Activities

Free Time

Koh Rong

Enjoy a full free day to chill out on the beach, explore or do a little snorkelling. This is the day you've been waiting for—enjoy!

Day 20

## Koh Rong/Phnom Penh

Jump back on the ferry to the mainland and swing by a few small villages that make up the Chambok community. We'll set you up with a local guide to get an insider's peak at daily life in these rural villages. Feeling hungry and creative? The local women will get you sorted with a delicious Khmer lunch and then teach you how to make traditional necklaces and bracelets—perfect souvenirs to bring home for your friends. Ready for the big city again? Excellent, as your last stop is Phnom Penh with fantastic nightlife to dive right into. Are you ready to party? Dumb question.



### Meals included

Breakfast | Lunch



### Accommodation

Pooltop Phnom Penh (or similar)

Hostel



### Today's Activities

Ferry

Koh Rong - Sihanoukville

1h

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Private Vehicle

Sihanoukville - Phnom Penh

4h-5h

230km

Settle in and scan the scenery from the convenience of a private vehicle.

Chambok Community Visit and Lunch

Chambok

Visit a small village in the Chambok Community and enjoy a traditional Khmer meal prepared by the women of the region. After lunch a local guide will explain the history of the communities, and we'll visit some of the nearby villages that make up the Chambok Community. Meet some of the local residents and learn more about how they live and work in a rural village. You'll also meet a group women who will teach you to make traditional handicrafts using natural materials from the surrounding forest.

Day 21

## Phnom Penh

You have a whole day ahead of you to experience Phnom Penh as you please. Reflect on history with an excursion to Tuol Sleng Museum (S-21 Prison) and Choeung Ek (Killing Fields). Or check out the National Museum, Silver Pagoda and Royal Palace. Your CEO has lots of suggestions—just ask. Later, reconnect with fellow Roamies to soak up the nighttime vibe on a thrilling cyclo ride around the busy streets. Hungry? Good, because we stop by one of best restaurants in Phnom Penh for dinner.



### Meals included

Breakfast | Dinner



### Accommodation

Pooltop Phnom Penh (or similar)

Hostel



### Today's Activities

Free Time

Phnom Penh

Take the day to do as much or as little as you choose. Check with your CEO for options.



### Optional Activities - Day 21

Tuol Sleng Museum (S-21 Prison) & Choeung Ek (Killing Fields) Half-Day Guided Tour

Phnom Penh

22-26USD

Tour these sombre, yet serene, sites with a guide. Learn about the dark history and devastation that occurred at Security Prison 21 (S-21). Used by the Khmer Rouge regime, it is now Tuol Sleng Museum. Visit the killing fields of Choeung Ek, where the grounds now stand as a powerful memorial filled with victims' skulls and mass graves.

Silver Pagoda Visit

Phnom Penh

10USD

Tour the Royal Palace complex to see the neighboring Silver Pagoda (aka the Temple of the Emerald Buddha). See the many magnificent treasures inside this beautiful vihara (Buddhist monastery), including its floor lined with more 5,000 tiles of silver.

National Museum Visit

Phnom Penh

10USD

Wander the galleries of the National Museum to see amazing works of art from Cambodia's "golden age" of Angkor. Visit the museum's lovely courtyard before you leave.

Day 22

## Phnom Penh/Siem Reap

Hit the road and settle in for the drive today-don't worry, you'll have plenty of stops along the way. Deep fried tarantula anyone? Test your fear factor at the infamous skun insect and spider market offering a wide selection of deep fried creepy-crawlies for you to sample. Close your eyes and CRUNCH! After regaining your senses, you'll visit a silk farm for a demonstration of this age-old weaving practice; a perfect place to pick up a souvenir or two. Continue on to Sambor Prei Kuk, a UNESCO world heritage site which predates Angkor by 100 years. Explore these less-visited ruins and fill your feed with awesome pictures of the forest-encased ancient temples. Arrive in Siem Reap with plenty of time to check out the nightlife. Cheers to another epic day!



### Meals included

Breakfast



### Accommodation

Lub D Siem Reap (or similar)

Hostel



### Today's Activities

Private Vehicle

Phnom Penh - Siem Reap

6h-7h

320km

Settle in and scan the scenery from the convenience of a private vehicle.

Skun Insect Market Visit

Kampong Cham

Visit the infamous Skun Market known for selling all kinds of seasoned and deep fried insects and spiders. This bizarre market is a must see, with the stalls of vendors offering their unusual "tasty" treats. Take a walk through the rows and your CEO will purchase some deep fried tarantula's for those that are brave enough to try them.

Visit Santuk Silk Farm

Phumí Sala Kâkaôh

Visit Santuk Silk Farm for a guided tour and view the process of silk production from beginning to end. Learn about the delicate 7-week life cycle of the silkworm and how from these unassuming creature Khmer golden silk is produced. This farm employs women artisan weavers; and you can watch them weave scarves and other items.

## Tour Sambor Prei Kuk Ancient Site

Kampong Thom

Take a guided tour of Sambor Prei Kuk ancient site—a UNESCO World Heritage site predating Angkor by over 100 years. This huge complex receives fewer visitors and includes almost 300 temples to explore. It's shocking to note that the site only opened up to visitors in 2007 having been filled with landmines from the Khmer Rouge period (these have been cleared for safe visits). Visiting this archaeological zone is exciting as it is less excavated and encompassed by surrounding forest.

Day 23

## Siem Reap

Ready for adventure? You have the full day to choose from a multitude of activities. Visit Tonle Sap floating village or go for the big ticket item and visit the massive temple complex of Angkor Wat. Choose to channel your inner tomb-raider and explore with a local guide-your followers will thank you for these shots. Ready to eat? Jump in a tuk tuk and head to the G Adventures-supported New Hope training restaurant for a scrumptious Khmer dinner. Ready to party now? The evening is yours to hit the night market or join a bar crawl along Siem Reap's famed "pub street." Who needs sleep anyways?



### Meals included

Breakfast | Dinner



### Accommodation

Lub D Siem Reap (or similar)

Hostel



### Today's Activities

Free Time

Siem Reap

Your day is free to explore all Siem Reap has to offer. Chat with your CEO for all the options.

Tuk-Tuk

Siem Reap

Experience a memorable ride around the city in one of these open-air, three-wheeled vehicles. More chaotic than comfortable, taking at least one wild ride is part of the experience.

#### ACTIVITY

Depending on the day of the week your tour visits Siem Reap, you will either enjoy a traditional meal at the G Adventures-supported New Hope project or in a local home in a nearby village. With so many travellers coming through this area, alternating experiences helps to allow multiple small businesses to flourish. Both experiences are truly unique and memorable.

The New Hope Vocational Training Restaurant, an initiative kickstarted by G Adventures, provides skill-building opportunities to marginalized community members. The project also funds the adjacent free community school and health centre. Meals at Phila's house support the education of underprivileged children in the area. Visit either project – both run by locals – and see how they have supported positive change in the community.

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## Optional Activities - Day 23

Angkor Wat Guided Tour

Angkor Wat

Enjoy a tour of impressive ancient ruins with a local guide. Wake early to watch the sun rise over the magnificent Angkor Wat temple. Visit the enigmatic faces of Bayon within the walled city of Angkor Thom, and tour Ta Prohm (aka the "Tomb Raider" temple), which is slowly being swallowed by the jungle.

Tour Tonle Sap Floating Village Entrance Fee

Siem Reap

Tour the floating villages of Tonlé Sap. See what life is like living on a lake – rice planting, pig farming, even attending churches and school, are all done on top of water. (Please note: this activity runs seasonally.)

Phare Circus

Siem Reap

Enjoy a stellar performance by Phare, a unique and socially conscious circus that injects Cambodian culture and history into its inspiring shows. See acrobatics, contortion, and aerial arts melded with theatre, modern dance, and more. Take in stories of war, relationships, and discrimination, inspired by the real-life experiences of Phare's creators and performers.

Day 24

## Siem Reap/Bangkok

On to the next one! Take a flight from Cambodia to Thailand and head to your hostel in Bangkok. Take a tuktuk to Bangkok's Chinatown for a street food tour, and let me tell you-life changing! Delicious! Then get ready for a night out like no other. Let's hit Khao San Road! Follow your CEO along Bangkok's famed party street and check out the lively bars and clubs. Grab a Singha lager or a bucket and mix and mingle with the throngs of partiers from around the world. This could very well be the best night of your life. Bring it on!

Due to the current border closer between Thailand and Cambodia, the drive across the land border between Siem Reap and Bangkok is currently replaced with a flight. When the border reopens, the itinerary will resume as normal with the drive.



### Meals included

Breakfast



### Accommodation

Nornyaowarat Hotel (or similar)

Hotel



### Today's Activities

Plane

Siem Reap - Bangkok

1h30m

380km

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

#### ACTIVITY

Bangkok's Chinatown is renowned for its mouthwatering street food. Follow your CEO through the backstreets and hidden laneways to sample the very best street-eats on offer.

Khao San Road

Bangkok

Epic night life, delicious street food and affordable shopping? Say less!

Say goodbye to your Roamies and depart at any time.

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## Meals included

Breakfast

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## Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

## What's included

- Your G for Good Moment: Oodles of Noodles, Hoi An
- Your G for Good Moment: Local Khmer Meal, Siem Reap
- Your Welcome Moment: Meet Your CEO and Group
- Your Wellness Moment: Mud Bath Visit, Nha Trang
- Your Foodie Moment: Ho Chi Minh City Street Food Crawl, Ho Chi Minh City
- Your Foodie Moment: Street Food Dinner in Chinatown, Bangkok
- Hanoi Foodie Culture Tour
- Tam Chuc Pagoda Tour
- Dong Hoi Wet/Fish Market tour and countryside cycling
- Vinh Moc Tunnels Tour
- An Bang Cemetery Tour
- Visit Lang Co Beach
- Hai Van Pass and Marble Mountain Tour
- Hoi An Old Town Walk and Riverside Evening Out
- Dinner at one of the stylish restaurants in the ancient town of Hoi An
- Thap Doi Cham Temples Visit
- Eoi Gio Coastal Walk
- Beach Time at Qui Nhon and Nha Trang

- Visit Gành Đá Đĩa
- Ho Chi Minh City Walking Tour including Ben Thanh Market
- Karaoke Night
- Motorbike tour including Hang Pagoda and Sam Mountain
- Chau Doc market
- Kep market walk
- Tour of Monivong Bokor NP
- Tour of Chambok Community with traditional lunch
- Phnom Penh cyclo tour and dinner at one of best restaurants in Phnom Penh
- Visits to Skun Market and Santuk Silk Farm
- Tour of Sambor Prei Kuk Ancient Site
- Visit Rong Klua Market
- Visit Wat Sothorn Wararam Woraviharn
- Walk and night out on Khao San Road
- All transport between destinations and to/from included activities

## What are the main highlights of this trip?

Enjoy street food crawls and free time in Hanoi and Ho Chi Minh City, Sample Oodles of noodles and visit riverside bars in Hoi An, Take a thrilling cyclo-tour through Phnom Penh, Hit the beach at Qui Nhon and Koh Rong island, Descend into the remote Vinh Moc Tunnels, Explore the Mekong Delta and Sam mountain by motorbike, Embrace daily life at the floating markets of Chau Doc and not-so-daily life at Skun spider market, Join the street party in Bangkok

## Itinerary Notes

Effective May 1, 2025, all travelers entering Thailand through air, land, or sea must complete the Thailand E-Arrival form. You must register at least 3 days before arrival. Please see Trip Details for more information.

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## **Is there a disclaimer I should read before booking this trip?**

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **Are there Itinerary notes?**

Effective May 1, 2025, all travelers entering Thailand through air, land, or sea must complete the Thailand E-Arrival form. You must register at least 3 days before arrival. Please see Trip Details for more information.

# What important notes should I be aware of before the trip?

## 1. COMBO TRIP

Please note that this tour combines with other Roamies tours. As such, the staff and some travel companions on your tour may have previously been traveling together on Roamies, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another tour, after your trip concludes.

## 2. HOTELS

In some major cities in Vietnam and Thailand, many hotel rooms do not have windows.

## 3. PROOF OF EXITING VIETNAM

Important thing to note for our travellers arriving into Vietnam, and travelling onwards with G Adventures to neighbouring countries (i.e. Cambodia & Laos). When you are checking onto your international flight heading to Vietnam, you will often be asked by airline ticket counter personnel to provide a proof of exit from Vietnam.

In respect to this requirement, we encourage our travellers to print out a copy of their tour vouchers, along with a PDF copy of their Tour Details from the webpage. These references, along with entry and exit details on travellers Vietnam visa should be sufficient information.

# What is the group leader like?

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

# How large will the group be?

Max 24, Avg 16.

# What meals are included in this trip?

24 breakfasts, 4 lunches, 6 dinners

## **What are the meals like on this trip?**

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Included breakfasts will usually be asian style consisting of noodles or congee (rice porridge) or bread and eggs. Vegetarians will be able to find a range of different foods, although in some areas the choice maybe limited. While trekking in remote regions food is included, plentiful and made of fresh local ingredients. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## **What are the modes of transportation on my trip?**

Private vehicle, train, bicycle, open-top jeeps, motorbike, boat, ferry, cyclo, tuk tuk, walking.

## **What transportation will we take on this trip?**

Train travel in Vietnam is very basic and train cleanliness is often not a priority for train staff. Sleeper trains normally have 4 seats per compartment, which convert into sleeping bunks (two upper and two lower). A sheet, pillow and blanket are provided, although many people prefer to bring their own sleeping sheet. At times, passengers of different genders may be required to share a sleeper train berth and/or share a compartment with people not travelling in your group.

Simple food is available on the train but many people like to stock up on freshly baked bread, cheese and fruit prior to departure. Water should also be bought before the journey.

Train journeys in Vietnam are an experience and allow you to get a real taste of Vietnam.

## **Is there an extra cost for travelling solo?**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Hostels (21 nts), overnight sleeper train (3 nts).

## **Do any exceptions apply to Rooming or “My Own Room” on my tour?**

Nights 3, 9 & 12 - Overnight train in compartments with 2 upper and 2 lower berths–no gender separation & twin not available

## What kind of accommodation can I expect on this trip?

Accommodation will be primarily in multi-share hostels (typically 6-8 people per room), with a choice of mixed gender and female-only dorms as well as available upgrades to twin-share rooms (same gender).

Some rooming exceptions may apply due to the unique nature of the itineraries and of the hostels themselves, which have been specifically chosen to give local flavour to your trip. Please see the full itinerary description and the Rooming Exception section below for specific exceptions to the rooming that may apply to this tour.

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

Noi Bai International Airport (HAN): Go to the column no. 10 in the A2 lobby of the airport arrival hall.

Please note there is a common scam at the airport for non-G Adventures' drivers to pretend they are working for the company. It is very important to confirm your name and booking number with your airport transfer representative.

If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 at 5 pm, where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If your call is specifically concerning Hanoi Airport Transfer complications, please call our local G Adventures Transfer provider directly at: +84 88 844 9969.

### EMERGENCY CONTACT NUMBERS

G Adventures Office Bangkok, Thailand

24/7 emergency number:

From outside Thailand: +66 92 338 9222

From within Thailand: 092 338 9222

G Adventures Local Representative (Vietnam)

Ms. Thuan

Emergency number: +84 88 844 9969

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

## **Are there any additional packing suggestions I should consider?**

What you need to bring depends on the trip you have chosen and the countries or regions you are planning to visit. We suggest that you pack as lightly as possible as you are expected to carry your own luggage. As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 10-15kg/22-30lb. Suitcases are not recommended for G Adventures trips! Most travellers carry a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit under the beds when travelling on sleeper trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones. If your trip involves overnights in homestays, villages or camping then you usually have the opportunity to rent sleeping bags if need be instead of bringing them with you.

# What should be on my packing list?

## Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Warm weather:**

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

# What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Thailand:

Most nationalities do not need a visa for Thailand for stays of 30 days or less but if you do they are available on arrival at Bangkok Airport. If staying in Thailand for more than 30 days, you will be required to obtain a tourist visa in advance. Only 15 day tourist visas are issued when entering Thailand overland.

As of May 1st 2025, all non-Thai nationals entering Thailand by air, land or sea must complete the Thailand Digital Arrival Card (TDAC) online before arrival. Register within 3 days of arrival.

For more information and to complete the Arrival Card, we kindly request the you visit the [Thailand Immigration](#) page.

\*\*\*\*\*

Vietnam:

If you require a visa for Vietnam, they need to be arranged ahead of time (BEFORE your trip) as the processing time varies (minimum 2 weeks) and they are not available upon arrival.

Vietnamese E-Visa can be applied for [here](#)

Entry to Vietnam with an eVisa is supported at 13 airports, 16 land borders, and 13 seaports - details can be found [here](#)

\*\*\*\*\*

Cambodia:

Visas can be obtained in advance from your local embassy or on arrival in Bangkok (if your tour begins in Thailand). You will need at least one full working day to arrange this. You can also obtain your visa at the Cambodian border or Siem Reap Airport for approx. \$30 USD. Please have \*at least\* 2 passport photos with you as well.

If you enter Cambodia via Phnom Den border from Vietnam, you're requested to apply visa on arrival only (e-visa is not applicable for this border).

If you are arriving into Cambodia by air/plane, please complete the Cambodia e-Arrival form online before arrival.

Complete within 7 days of arrival, even if your visa has already been granted.

For more information and to complete the e-Arrival form, we kindly request the you visit the [Cambodia e-Arrival](#) page.

\*\* please note, the Cambodia E-system may not be available at land borders. If your arrival point is by land, you will be required to fill in a paper form on arrival. \*\*

Information is accurate as of June 1st, 2026.

## **What should I consider when planning my personal expenses and discretionary spending for this itinerary?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## **What should I know about currency, credit cards, and exchanging money while on this tour?**

During this tour the local currency you will use is the Vietnamese Dong, US Dollar, Cambodian Riel and Thai Baht. As currency exchange rates in South East Asia do fluctuate, we ask that you refer to the following website for the most up to date daily exchange rates: [www.xe.com](http://www.xe.com) for each of the above mentioned currencies.

The best way to carry your money is in debit cards, withdrawing cash in local currencies from ATM machines. ATMs are found throughout South East Asia and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible in case of loss or problems with one card, you will have a back up. Please note, your bank will charge a fee for overseas withdrawals.

USD Cash is recommended for times when ATMs are not accessible. You should bring some cash with you for emergency situations (please refer to our trip dossier) but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix.

Credit cards can be used at some upmarket restaurants, and at some larger stores if shopping for big items. If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 2003, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

## **How much emergency money should I bring on this trip?**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## **Do I need to pay a departure tax?**

Departure Tax is included in all International and Domestic tickets in Thailand & Vietnam.

## Should I be tipping on my trip?

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from \$1.5-\$3.5 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

# What activities are optional on this trip?

## Thành Phố Ninh Bình

- Ninh Binh Bicycle
- Bich Dong Pagoda
- Hike to Hang Mua Peak
- Trang An Grottoes Tour

## Ninh Binh

- Paddle Boat Tour

## Phong Nha

- Caving in Phong Nha
- Phong Nha Biking
- Phong Nha Bar Crawl
- Nuoc Mooc EcoTrail

## Huế

- Huế Royal Tombs, Tien Mu Pagoda and Imperial Citadel Tour
- Hue City Tour
- Hue Motorbike Tour

## Hoi An

- Tailor Shops
- Hoi An Bike and Boat Tour
- Hoi An Lantern Making
- Ba Na Hills and Golden Bridge Excursion
- Hoi An Cooking Class (35USD per person)

## Mỹ Sơn

- Mỹ Sơn Excursion (38USD per person)

## Nha Trang

- Nha Trang Street Food Crawl
- Nha Trang Boat Tour and Snorkelling (29USD per person)

## Ho Chi Minh City

- Ho Chi Minh City Street Food Tour
- War Remnants Museum Visit (2USD per person)
- Ho Chi Minh City Cyclo Tour (10USD per person)

## Củ Chi

- Cu Chi Tunnels Guided Tour (25-27USD per person)

## Kampot

- Rabbit Island Excursion
- Sunset Cruise
- Tuk Tuk Tour (15USD per group)
- Kampot Pepper Farm Tour
- Cycle Tour

## Phnom Penh

- Tuol Sleng Museum (S-21 Prison) & Choeung Ek (Killing Fields) Half-Day Guided Tour (22-26USD per person)
- Silver Pagoda Visit (10USD per person)
- National Museum Visit (10USD per person)

## Angkor Wat

- Angkor Wat Guided Tour

## Siem Reap

- Tour Tonle Sap Floating Village Entrance Fee
- Phare Circus

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## **What are the trip specific safety considerations?**

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

Be aware that petty theft can be an issue in some Vietnamese towns and cities especially late at night. A common tactic is opportunists on motorbikes that drive by and snatch bags. Please always leave valuables and passports etc in your hotel, in safety boxes if available, and only carry with you enough cash to spend for the day. Bags should always be carried over the neck and not left to sit on your shoulder.

## **What rules should I know before joining this trip?**

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## **Are there any things I should be aware of?**

As Vietnam embraces capitalism with open arms it is also falling victim to some of the problems of the West. Some parts of city centres are now a favourite hangout for pickpockets. If doing some exploring on your own carry only the necessary minimum with you and use a well-hidden money belt. Valuables, including your passport, should be left in the hotel safe - organize this at reception. There is no need to get paranoid, just be cautious.

Please do not buy gems in Bangkok unless you know what you are doing. Even if genuine you should not expect to be able to sell them at home. If you fall victim to a gem scam, we are unable to assist you.

## **Is travel insurance required for my trip?**

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How should I dress to respect local customs during the tour?

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting temples, mosques or other holy sites.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

Minimum age of 18 years for this trip.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.