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Sorry! There are no remaining departures for "Family Journey Portugal: Lisbon to the Algarve" (EPLNF), [but here are some similar trips](#).



Family Journey Portugal: Lisbon to the Algarve

8 days, Lisbon to Algarve

Trip code EPLNF

What's included

- Your Journeys Highlight Moment: Cork farm, Winery Visit, and Local Lunch, Redondo
- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group
- Your Family Journeys Moment: Lisbon Scavenger Hunt, Lisbon
- Arrival transfer
- Coastal bike tour
- Cabo da Roca viewpoint and lighthouse visit, Cabo da Roca
- Sintra visit and Pena Palace Guided tour Sintra
- Orientation walk Evora with Chapel of Bones visit
- Cromeleque dos Almendres Monoliths visit
- Surf lesson or Ferragudo village and Pink Fort visit
- Algarve boat tour with Benagil Caves
- Local cooking class
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing August 11th, 2025 and onwards

Itinerary



Itinerary Notes

Prices are based on double occupancy; all other room configurations are on request and cannot be guaranteed. We will accommodate triples/quads whenever possible. Please call for further details. Family Journeys are designed for groups traveling with children between the ages of 7 and 17. Your group must include a child in order to book, and anyone under the age of 18 must be accompanied by an adult.

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Lisbon

Welcome to Lisbon—your arrival transfer to the hotel is included. Check in and get excited to meet your fellow travelers during a welcome meeting this evening where all families can bond before the journey ahead.



Accommodation

Marques de Pombal (or similar)

Hotel



Today's Activities

ACTIVITY

Your opportunity to meet your National Geographic Expedition Leader and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

Lisbon

After breakfast, set off to discover the city on a fun and interactive scavenger hunt through the Baixa district of Lisbon. Beginning at the Praça do Comércio, families are tasked with solving puzzles and noting some of the most unique aspects of this vibrant city. Watch for street performers, interesting patterns, colourful street art, and viewpoints, while your guide shares stories along the way. After lunch, the rest of the day is yours to enjoy on your own. Explore more of the city, grab some tasty local treats and have fun with your family—vamos!



Meals included

Breakfast | Lunch



Accommodation

Marques de Pombal (or similar)

Hotel



Today's Activities

ACTIVITY

2km

Embark on a fun scavenger hunt through Lisbon! Follow clues to find famous locations like Praça do Comércio and the Rua Augusta Arch. Your journey will take you to a square that feels like a fairy tale. You'll hunt for a quirky shop dedicated to sardines, a historic church, and a beautiful, mysterious ruined church.

Free Time

Lisbon

Enjoy the remainder of the afternoon and evening free to do as you please with your family. Explore more of Lisbon together or choose to partake in some of the locally offered optional activities.

Take in the magnificent sights and sounds on a coastal cycling tour from Cascais this morning. Known as the Portuguese Riviera, the Cascais coast is famous for beautiful beaches, historic towns, and fishing villages turned resort towns. Then, from Praia do Guincho hop onboard a private bus and set off toward Cabo da Roca—the westernmost point of continental Europe before continuing on to Sintra. Take some time for lunch on your own, then bus up the mountain to the jewel of Sintra—Pena Palace. Enjoy the colourful reds and yellows of the palace transformed by King Fernand II in the 19th century and explore the courtyards and gardens and imagine what life was like so many years ago. After, return to Lisbon for one final night in this exciting city.



Meals included

Breakfast



Accommodation

Marques de Pombal (or similar)

Hotel



Today's Activities

Private Vehicle

Lisbon - Cascais

45m

35km

Settle in and scan the scenery from the convenience of a private vehicle.

Coastal Bike Tour

Portugal

1h

9km

Enjoy a family-friendly bike tour from Cascais to Praia do Guincho on a dedicated coastal path. The easy, flat route offers stunning views of the Atlantic, leading you to a beautiful, wind-swept Guincho beach, famous for its powerful waves and stunning sand dunes.

Private Vehicle

Praia do Guincho - Cabo da Roca

15m-30m

12km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Cabo da Roca - Sintra

45m

33km

Settle in and scan the scenery from the convenience of a private vehicle.

Pena Palace and Park Guided Visit

Sintra

1h30m-2h

Situated in the hills of Sintra, Pena Palace and its surrounding park are one of the greatest expressions of 19th-century romanticism in Portugal. With clear Manueline influence and Moorish architectural styles, the palace is built in a such a way as to be visible from any point in the park. Tour the Palace and park and learn about the Palace's origins and influences throughout Portuguese history.

Private Vehicle

Sintra - Lisbon

1h15m

28km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 4

Lisbon/Évora

Wave goodbye to Lisbon and set off for a fun and interactive visit to a local cork farm and winery. Climb into a 4x4 and explore the stunning Alentejo countryside to learn about one of Portugal's most interesting natural resources—cork, an integral part of the wine production Portugal is so famous for. Learn about the industry's evolution and sustainable harvesting which only takes place every 9-12 years during the tree's 200-year lifespan. After, sit down and sample some of the local flavours, wine for the grown-ups and juice for the kids—paired with local cheeses, then fill up on a traditional cork farm worker's lunch at a nearby restaurant. Later, Travel to Évora—a UNESCO World Heritage site and join an orientation walk, stopping at the fascinatingly eerie Chapel of Bones along the way.



Meals included

Breakfast | Lunch



Accommodation

Vila Gale Evora (or similar)

Hotel



Today's Activities

Private Vehicle

Lisbon - Redondo

2h15m

140km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Join us for a family-friendly 4x4 Jeep tour through a beautiful cork forest at the Maroteira Estate. Journey into a beautiful cork forest where you'll learn about how this amazing material is harvested. Next, the adults sit down for a wine tasting while the kids sample grape juices before enjoying a delicious three-course lunch. It's a perfect day for the whole family to explore, learn, and taste the best of the region.

Private Vehicle

Redondo - Évora

45m

37km

Settle in and scan the scenery from the convenience of a private vehicle.

Chapel of Bones Visit

Évora

Visit the most famous sight in Évora, the Capela dos Ossos, or Chapel of Bones. Take care if squeamish – built in the 1500s by a Franciscan monk, the walls are covered with human skeletons as a reminder to fellow monks that life is fleeting.

After breakfast, travel to the Cromeleque dos Almendres Monoliths, known as the “Portuguese Stonehenge,” for a walk through the ancient site. This 7,000-year-old monument is even older than the famous English henge—approximately 2,000 years older. These ancient stones are said to have been used for religious rituals and as a location to study the stars. Continue on to the Monte da Rocha region for a traditional lunch before transferring to the Algarve, where you’ll call home for the coming days. This popular family beach region is known for its whitewashed fishing villages overlooking sandy coves—perfect for outdoor pursuits or beach fun and relaxation.



Meals included

Breakfast | Lunch



Accommodation

Vila Gale Lagos (or similar)

Hotel



Today's Activities

Private Vehicle

Évora - Nossa Senhora de Guadalupe

45m

18km

Settle in and scan the scenery from the convenience of a private vehicle.

Cromeleque dos Almendres Monoliths Visit

Nossa Senhora de Guadalupe

45m

Explore the remarkable collection of standing stones, offering a unique window into the distant past. Walk among these ancient monoliths and feel the profound history of a place that has quietly stood for millennia.

Private Vehicle

Nossa Senhora de Guadalupe - Almendras

1h30m

135km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Almendras - Lagos

1h45m

147km

Settle in and scan the scenery from the convenience of a private vehicle.

Orientation Walk Lagos

Lagos

1h

1km

Enjoy a brief walk with your Expedition Leader. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Day 6

Algarve

Wake up in the picturesque Algarve and set off on your choice of included activity. Either spend the morning on the water “catching a wave” with a surf lesson or go with the Expedition Leader to the lighthouse at Ponta da Piedade and walk around the cliffs. The afternoon is free for families to continue exploring Lagos, home of popular beaches, a busy marina, museums, and boardwalks. This evening, return to the hotel to freshen up before an included dinner.



Meals included

Breakfast | Dinner



Accommodation

Vila Gale Lagos (or similar)

Hotel



Today's Activities

Surf Lesson

Lagos

1km

Don your swim suit and dive into an exhilarating surf lesson. Join a certified instructor who will teach you the basics from paddling and standing up on the board, to understanding the waves. It's the perfect activity for making unforgettable memories together on Portugal's beautiful coast.

Free Time

Lagos

Get out and explore this picturesque, seaside city with a free afternoon.

Day 7

Algarve

Set off on a morning boat tour along the Algarve coast stopping at the Benagil Caves, an iconic natural wonder with sea-sculpted arches that give it the appearance of a cathedral. Cruise through the turquoise waters passing stunning grottoes, rocky cliffs, and secluded beaches. Along the way, keep an eye out for dolphins as these beautiful mammals love to call this area home. Head back to the hotel for a free afternoon to explore however you'd like, then join the other families for a cooking class, learning how to make regional specialties. Afterward, get a taste of Portugal as you savour your culinary creation for your farewell dinner—bom apetite!



Meals included

Breakfast | Dinner



Accommodation

Vila Gale Lagos (or similar)

Hotel



Today's Activities

Cooking Class Lagos

Lagos

3h

Uncover the secrets of Portuguese cuisine in a hands-on cooking class. Led by a local expert, learn to prepare some local specialties using fresh ingredients. The experience ends with a shared dinner where you can enjoy your work.

Algarve Boat Tour

Algarve

2h

10km

Enjoy an exciting boat tour along the Algarve coast. Explore the stunning sea caves, including the famous Benagil Cave - keep an eye out on the water and watch for playful dolphins in their natural habitat.

Depart at any time.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your Expedition Leader can help with travel arrangements to extend your adventure.

What's included

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What are the main highlights of this trip?

Ride bikes along the sparkling shores of the Cascais coastline, Marvel at the vivid colours and swirling patterns of Sintra's magical Pena Palace, Step back in time at the ancient stone circle known as the Portuguese Stonehenge, Catch waves in a beginner surf lesson then cruise to the hidden wonder of Benagil Cave

Itinerary Notes

Prices are based on double occupancy; all other room configurations are on request and cannot be guaranteed. We will accommodate triples/quads whenever possible. Please call for further details.

Family Journeys are designed for groups traveling with children between the ages of 7 and 17. Your group must include a child in order to book, and anyone under the age of 18 must be accompanied by an adult.

What are the main highlights of this trip?

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Is there a disclaimer I should read before booking this trip?

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Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

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Family Journeys are designed for groups traveling with children between the ages of 7 and 17. Your group must include a child in order to book, and anyone under the age of 18 must be accompanied by an adult.

What important notes should I be aware of before the trip?

All parents/guardians are required to supervise their children at all times throughout the tour and may not leave their child under the supervision of the Expedition Leader, local guides, drivers, etc. Children are not to be left unattended.

Please note that on all Family Adventures one adult can only accompany up to two minors. If you have over two minors planning on travelling then a second adult will be required to attend.

YOUR NATIONAL GEOGRAPHIC EXPEDITION LEADER

It is important to note that in Europe, all guiding is based around local guides all of whom are licensed to work only in a particular city. As such, our leaders are able to provide orientation walks which will show you the layout of each town and city as well as the location of local services, but are unable to legally share historical facts and figures in public places.

LUGGAGE

In Europe it is very rare to find elevators in train stations, hotels or other public places. The carrying of your luggage remains your responsibility at all times.

RESERVE TICKETS

Please note that if you wish to visit popular museums or sites to avoid waiting in line for a long time (especially in high season May-September when it could be a question of hours!), it is advisable to reserve tickets in advance. Tickets can be reserved online at various websites. There may be the possibility of arranging tickets on arrival on Day 1, with the help of your Expedition Leader, but availability cannot be guaranteed at such short notice.

ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

OPTIONAL ACTIVITIES NOTE:

During high season in Europe (May-October) we highly recommend booking reservations for any popular optional activities/museum tickets etc. in advance to avoid encountering sold-out activities on the ground while on tour.

What is the group leader like?

All National Geographic Family Journeys with G Adventures group trips are accompanied by two of our Expedition Leaders. The aim of the Expedition Leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense; you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 20, Avg 14.

What meals are included in this trip?

7 breakfasts, 3 lunches, 2 dinners

What are the modes of transportation on my trip?

Private Vehicle, Metro, Bike, 4X4 Vehicle, Boat, Walking.

Where will we stay during the trip?

Hotels (7 nts)

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What kind of accommodation can I expect on this trip?

Rooming is based on double occupancy (2 passengers / 2 beds per room); all other room configurations are on request and cannot be guaranteed. We will try to accommodate triples/quad requests whenever possible and it's important to note that rooming configuration can change from city to city and 2 single beds are the standard configuration in a room.

Please remember that hotel/lodge standards can be different from what you are used to in your home country, which is part of the appeal of adventure travel.

It is important to note that accommodations in Europe tend to be quite different to other areas of the world you may have travelled in. Buildings and rooms are generally old and may not have been renovated or maintained to the highest standard. Downtown hotels in Europe were not built to be hotels but houses of the rich, which have been changed into hotels. Therefore unusual or small room sizes are common as large rooms have been partitioned in the past, resulting in rather "thin" walls. Reception areas, rooms and bathrooms tend to be very small as they were often added into an existing room, and may have a hand nozzle rather than a conventional shower head.

On this trip you can expect to stay in hotels which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but have traditional character, and are in central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations. Staff can occasionally demonstrate less than perfect customer service, but a smile and a thank you can go a long way.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a National Geographic Family Journeys sign with your name on it, and they will be waiting for you outside the luggage hall. There most likely will be many signs, so please check carefully for your name.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your Expedition Leader. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your Expedition Leader and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your Expedition Leader will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office London, United Kingdom

During Office hours (Weekdays, 9am-5:30pm Local Time)

+44 20 7243 9870

For absolute emergencies after office hours please contact: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What should I take on my trip?

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labelled and restricted to one soft compact suitcase, sports bag, or backpack. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. Porters are not often available, so be prepared to carry your own bags.

What should be on my packing list?

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge or ask your Expedition Leader where the closest laundromat is. There will be times when you may want to or have to do your own laundry, so we suggest you bring non-polluting/biodegradable soap.

What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

For other nationalities, travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected. Further details can be found [here](#)

Last updated: January 27th 2025

How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Visa cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work - check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies.

Do not rely on credit or debit cards as your only source of money. A combination of Euros and cards is best.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

Local tipping is included on this Family trip which covers local guides, drivers and gratuity for included meals. At the end of your trip if you felt your two National Geographic Expedition Leaders did an outstanding job, tipping is expected and appreciated. The amount is entirely a personal preference, however as a guideline; per Expedition Leader €30-40 per person, per week can be used.

For non-included meals in restaurant, a guideline is 5-10% of cost of bill.

What activities are optional on this trip?

- No optional activities

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your Expedition Leader will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions. Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s). Swimming, including snorkeling, is always at your own risk. Read more about travel safety for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our Expedition Leaders have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

Minimum age of 7 years for this trip.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.