



Family Land Galápagos — Multi-Activities

8 days, Quito to Quito

Trip code SEGF

What's included

- Visit to a wildlife interpretation centre (San Cristóbal Island)
- Snorkelling trip to Isla Lobos (San Cristóbal Island)

- Visit to Las Grietas
- Excursion to see giant tortoises in the wild (Santa Cruz Island)
- Tortuga Bay walk and kayaking excursion (Santa Cruz Island)
- Charles Darwin Research Station visit (Santa Cruz Island)
- Internal flights
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2026 and onwards

Itinerary



Itinerary Notes

Please note that the Quito international airport (UIO, Mariscal Sucre) will be closed on the following dates in 2026 for preventative maintenance on the runway: April 11; May 9, 16 & 30; June 6; September 5, 12 & 26; October 3 between the hours of 2am and 2pm. As well as October 17 between the hours of 6am and 6pm. For passengers flying in or out of Quito on these dates, please double check flight schedules with your airline in case of changes. Internal flights within Ecuador and Galapagos will be adjusted accordingly and any changes to schedules will be communicated at the welcome briefing.

Family adventures are designed for groups travelling with children between the ages of 6 and 17. Your group must have a child in order to book a Family tour, and anyone under age 18 must be accompanied by an adult. The itinerary has been designed with the needs of the whole family in mind.

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Quito

Arrive at any time.

Opt to pre-book the "Quito City Tour & Equator Line" activity on the checkout page ahead of time to include this optional on your tour.



Accommodation

NH Collection Royal Quito (or similar)

Hotel



Today's Activities

Arrival Day and Welcome Meeting with G Representative

The adventure begins today. Feel free to explore, but make sure you're back in time to meet the group. Your G Representative will review the details of your tour.



Optional Activities - Day 1

Quito City Tour & Equator Line

Quito

Enjoy a city tour of Quito. Visit the Old Town, a UNESCO World Heritage Site, with stops at the Basilica del Voto Nacional, La Compañía Church, San Francisco Square, Plaza Grande and the Panecillo, a towering statue of the virgin of Quito who looks out over a stunning view of the city. Drive 25km (16 mi) north of Quito to the Middle of the World, latitude 0°. Stand with one foot in each hemisphere.

Please note that this tour starts at 8 a.m. and ends around 5 p.m.

Cotopaxi Volcano - Full Day

Cotopaxi - Alausí

Enjoy a spectacular 2 hour drive to Cotopaxi Volcano National Park to see the highest active volcano in the world (5,897m/ 19,347 ft). Visit a museum in the park and hike around a lagoon at the bottom of the volcano to learn about the flora and fauna found at this altitude. Continue by car up the volcano to the parking lot, at over 4,500m/14,763 ft. Walk for an hour and a half to the refuge and after a short break, continue to the glacier (if the weather holds out). Return to Quito in the early evening.

Day 2

Quito/San Cristóbal Island

Fly to San Cristóbal, the easternmost island of Galápagos and one of the oldest. The principal town is Puerto Baquerizo Moreno, the capital of the Galápagos. Visit the beach and keep your eyes open for marine life while you chill out in the sand.

Spend the rest of the afternoon relaxing on Mann Beach or swimming with playful sea lions as the frigate birds glide on the thermals.

In the evening, opt for a dinner and sample some of the island's fresh fish and produce.



Meals included

Breakfast | Lunch



Accommodation

Blue Marlin Hotel (or similar)

Hotel

Blue Marlin Hotel is an excellent choice for travellers visiting San Cristobal, offering a friendly environment alongside many helpful amenities designed to enhance your stay.

Rooms at Blue Marlin Hotel offer a minibar, a refrigerator, and air conditioning providing exceptional comfort and convenience, and guests can go online with free wifi.

A pool will also help to make your stay even more special.



Today's Activities

Plane

Quito - San Cristóbal Island

3h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Free Time

San Cristóbal Island

Free time on San Cristóbal gives an opportunity to make the most of the variety of activities available here. Hire a bike for a ride around the island or rent snorkelling equipment and search for marine life. Choose to take a walk around the area and enjoy island life.

Snorkelling trip to Isla Lobos to search for marine life like sea turtles and manta rays and swim with sea lions. In the afternoon

visit the Interpretation Centre and learn more about the history of the Galápagos, sometimes referred to as “the Enchanted Islands.” Spend the rest of the remainder of the day relaxing on Mann Beach or swimming with playful sea lions as the frigate birds glide on the thermals.

The day begins with a short boat ride to Isla Lobos, an islet populated by numerous sea lions, which give the island its name. Spend the day snorkelling – a fantastic opportunity to observe the abundant marine life that Galápagos is renowned for. Back aboard the boat, sail to San Cristóbal, visit the Interpretation Center and then have free time to enjoy the beaches and surrounding areas.



Meals included

Breakfast



Accommodation

Blue Marlin Hotel (or similar)

Hotel

Blue Marlin Hotel is an excellent choice for travellers visiting San Cristobal, offering a friendly environment alongside many helpful amenities designed to enhance your stay.

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Today's Activities

Boat

San Cristóbal Island – Isla Lobos

1h

Climb aboard and get your float on.

Snorkelling (Isla Lobos)

Isla Lobos

Snorkel the waters of peaceful Isla Lobos, amid the families of sea lions and their inquisitive pups looking to play. Spot nesting frigatebirds and the famous blue-footed boobies resting on the shore. Be sure to bring your camera to catch some snaps at this prime wildlife watching haven.

Boat

Isla Lobos - San Cristóbal Island

Climb aboard and get your float on.

Interpretation Center Visit

San Cristóbal Island

1h-2h

Learn about the history of the Galápagos Islands from the very beginning of their volcanic origins through to today's conservation efforts. Tour the Human History exhibit to learn about the islands' discovery and colonization, and discover the natural history and variety of flora and fauna that make the Galápagos so fascinating.

Free Time

San Cristóbal Island

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Day 4

San Cristóbal Island/Santa Cruz Island

Travel by boat to Santa Cruz Island. On arrival, visit the highlands of the island to see Galápagos giant tortoises in the wild.



Meals included

Breakfast



Accommodation

Hotel Dejavu (or similar)

Hotel



Today's Activities

Speedboat

San Cristóbal Island – Santa Cruz Island

2h

46km

Cut swiftly through the water en route to the next stop (and hang on to your hat).

Please note: Seas can be rough during this voyage. Please bring sea sickness medication if you need it.

Santa Cruz Highlands Excursion

Santa Cruz Island

2h-3h

Visit the highlands of Santa Cruz and see the Galápagos giant tortoise in its natural surroundings. Explore the area and its incredible wildlife.

Day 5

Santa Cruz Island

Take a sea kayaking adventure at Tortuga Bay to explore the mangroves. Opt for a surf lesson in the afternoon.



Meals included

Breakfast



Accommodation

Hotel Dejavu (or similar)

Hotel



Today's Activities

Tortuga Bay Kayaking

Santa Cruz Island

2h-3h

Grab a life jacket and go for a kayak adventure in the mangroves of Tortuga Bay. Keep an eye out for a wide variety of marine life, including colorful reef fish, rays, and sea turtles, as you paddle the blue waters. Relax after on a beautiful fine white sand beach, and soak up some sun – you may spot some iguanas also trying to catch some rays on the shore.



Optional Activities - Day 5

Surfing Lesson

Puerto Ayora - Isabela Island

120USD

2h-2h30m

Grab your swimsuit and get ready to hang ten! Learn how to find and ride the waves with surfing lessons from local experts. Enjoy the fresh sea air, and try to spot local marine life while enjoying the waters.

Day 6

Santa Cruz Island

In the morning, walk to "Las Grietas" located across Academy Bay. Pass through a rugged cactus forest on the way to this stunning lagoon. Afterwards, enjoy time to relax at the Playa de los Alemanes. In the afternoon, visit the Charles Darwin Research Station, one of the places where you can easily spot the famous Galápagos tortoises.



Meals included

Breakfast



Accommodation

Hotel Dejavu (or similar)

Hotel



Today's Activities

Swimming at Las Grietas

Santa Cruz Island

1h

Cross a cactus forest looking for Darwin finches and lava lizards on the way to Las Grietas, a local swimming hole. The cool, bright turquoise water separates two volcanic cliffs. Fed by the ocean from one end and a river from the other this unique brackish pool is perfect for swimming.

Fausto Llerena Breeding Center & Charles Darwin Research Station Visit

Puerto Ayora

45m

Visit Fausto Llerena Breeding Center a great place to observe many species of tortoises. Brought back from the brink of extinction, see the famous Galápagos tortoise up close - a corral houses adult tortoises, and a nursery cares for the young until around age three when their shells have hardened.

This area also houses the Charles Darwin Research Station, a scientific organization initiated in 1964, which works to preserve the Galápagos' ecosystem through the conservation efforts of scientists, researchers, and volunteers. While the offices themselves are not open to visitors, the research station provides a study location for international scientists and environmental education for the local community.

Day 7

Santa Cruz Island/Quito

Fly back to Quito, where the rest of the day is free to explore the city.

After a transfer over the island of Santa Cruz, arrive at Baltra Island for our return flight to Quito. Upon arrival in Quito, transfer to the hotel for free time and one last night with newfound friends.

G Adventures strongly recommends not booking departure flights on the day the group returns to Quito. Local flight times are often subject to change and could potentially cause issues if delayed. We recommend booking flights on the last day of the tour as noted on the Full itinerary page.



Meals included

Breakfast



Accommodation

NH Collection Royal Quito (or similar)

Hotel



Today's Activities

Plane

San Cristóbal Island - Quito

3h

970km

Transfer over the island of Santa Cruz to Baltra Island to catch our flight back to Quito.

Free Time

Quito

Explore the city of Quito at leisure and enjoy the best of this cosmopolitan city.

Day 8

Quito

Depart at any time.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.



Optional Activities - Day 8

Cotopaxi Volcano - Full Day

Cotopaxi - Alausí

Enjoy a spectacular 2 hour drive to Cotopaxi Volcano National Park to see the highest active volcano in the world (5,897m/ 19,347 ft). Visit a museum in the park and hike around a lagoon at the bottom of the volcano to learn about the flora and fauna found at this altitude. Continue by car up the volcano to the parking lot, at over 4,500m/14,763 ft. Walk for an hour and a half to the refuge and after a short break, continue to the glacier (if the weather holds out). Return to Quito in the early evening.

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What are the main highlights of this trip?

Encounter incredible wildlife, snorkel and swim with sea turtles and manta rays, kayak at Tortuga Bay, visit the Charles Darwin Research Station, see giant tortoises in their natural habitat.

Itinerary Notes

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Encounter incredible wildlife, snorkel and swim with sea turtles and manta rays, kayak at Tortuga Bay, visit the Charles Darwin Research Station, see giant tortoises in their natural habitat.

Is there a disclaimer I should read before booking this trip?

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

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What important notes should I be aware of before the trip?

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- 1) The itinerary is subject to further changes dependent upon new regulations made by the Galapagos National Park or seasonal points of interest.
- 2) G Adventures requires your passport number, full name and date of birth at the time of booking. Please make sure you give this information to your travel agent.
- 3) Once you have confirmed your booking please give us your international flight details and advise us if you have any important issues such as allergies, special diets, etc.
- 4) The Ecuadorian government currently levies a Galapagos Islands Park entry fee of \$200 USD per person (\$100 USD for children under 12 years old). This is payable at the airport upon arrival in the park. It is not included in the cost of the tour, and must be paid in CASH. This fee funds Park maintenance and supervision in Galapagos, as well as ecological study, conservation and infrastructure development in Ecuador's other National Parks. Entry fees and the funds they generate for the National Park System are among measures taken by the Ecuadorian government to protect its natural heritage.
- 5) The Consejo de Gobierno (local government council) have implemented a system of Transit Control Cards at a fee of \$20 USD per person. This card is to be purchased in CASH at the welcome meeting. Please retain this card along with your passport as you will be required to present this upon arrival to the Galapagos Islands. Please note that this applies to all tourists entering the Galapagos Islands and is a supplement to the existing entry fee to the National Park and is not controlled by tour operators or travel agencies. It is the first of a number of initiatives to track, control and maintain the sustainable tourism targets set out by the Galapagos National Park and the Ecuadorian government in an attempt to preserve the fragile environment of the archipelago.
- 6) Please note that on all Family Adventures one adult can only accompany up to two minors. If you have over two minors planning on travelling then a second adult will be required to attend.

What is the group leader like?

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 16, avg 10

What meals are included in this trip?

7 breakfasts, 1 lunch

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your leader will be able to suggest favourite restaurants during your trip. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Plane, speedboat, van, pickup truck, local bus, panga.

Are local flights included in the cost of the trip?

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (7 nights).

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

Excess luggage can be stored free of charge at the joining hotel during your tour if desired.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

After hours Emergency number: +51 99 758 2712 (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

Are there any additional packing suggestions I should consider?

We recommend the use of a duffel bag or backpack (whichever you find easiest to carry). A good size daypack is also essential.

Please note that Galapagos is a protected National Park so your luggage will be checked before arrival and departure to and from the islands. Don't bring any food, seeds or other organic material that could affect the delicate ecosystem of the islands.

Please note the weight limits for your luggage: 23 kg (50 lbs) for checked bags and 8 kg (17 lbs) for carry on luggage.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Galapagos Marine:

- Drybag (Will help keep cameras and essentials dry)
- Motion sickness tablets
- Snorkeling Equipment ((mask and tube))
- External battery pack
- Sarong

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

** Please note that by February 2nd 2018, it will be mandatory for every traveler to show proof of insurance (covering medical, accident, death) to the immigration authority at the airport or border crossing into Ecuador. This insurance must cover the traveler for their entire length of stay in the country.

If you do not carry proof of insurance and/or an insurance assistance card that satisfies this requirement, it is possible that your entrance into Ecuador could be denied.

Where can I read detailed notes about this trip?

CLIMATE:

Located on the Equator, the Galapagos climate is tempered by the Humboldt Current, so you do not experience extreme heat found elsewhere at this latitude. The warmest weather is December to June, when temperatures range from 22-33°C (72-90 °F), and the water temperature is in the mid 20s (mid 70°F). From July to November, temperatures are cooler and range from 18-24°C (60s -75°F), when average water temperature rarely reach 21°C (70°F).

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Due to the remoteness of the Galapagos islands, onboard our vessels, there is no credit card machines therefore only cash is accepted. It is important that you withdraw enough cash for the duration of your trip. Once in the islands, ATM machines are extremely limited and unreliable. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip. We would also recommend to contact your local bank prior to your departure to see if international withdrawals can be done with no issues.

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available some may not accept all international credit or debit cards. You may need to try at more than one machine if the first does not accept your card. You should also check with your bank before leaving to ensure that your card works internationally. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of US dollar cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds. Please bring USD banknotes in denominations smaller than 100, as they can be hard to exchange in Ecuador. 100 dollar bills of certain series (e.g. CB B2) can be especially hard to cash! CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent). As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. At the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline a per traveller tip of 5-10 USD, per day for your CEO.

What activities are optional on this trip?

Quito

- Quito City Tour & Equator Line

Cotopaxi

- Cotopaxi Volcano - Full Day

Puerto Ayora

- Surfing Lesson (120USD per person)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Please note your Adventure travels to high altitude, in Quito. This is medically defined as anything over 8,000 feet (2,440 meters). Most people can travel to 8,000 feet with minimal effects. However, everyone reacts to altitude differently and altitude sickness can on set with some people irrespective of fitness and age. For details on how to best prepare and what to do in the unlikely event you are effected on your Adventure, please consult your physician.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What are the trip specific safety considerations?

Please take care when wandering about the city on your own, as pick pockets and purse-snatchers are common, particularly in the Old Town. Be safe and leave your passport, credit cards, traveller's cheques and cash you don't need in the hotel's safety deposit box. Most Quiteños are honest and genuinely helpful and friendly, but be safe and enjoy the city!

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

Minimum age of 6 years for this trip.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.