



## **Four Days in Marrakech**

4 days, Marrakech to Marrakech

Trip code DCMQ

### **What's included**

- Your Welcome Moment: Welcome Meeting - Meet Your CEO and Group
- Your Foodie Moment: Cooking Class Workshop, Marrakech

- Cooking class in Marrakech
- Food tasting in the medina
- Tea on terrace overlooking Jemaa El Fnaa
- Visit to Jardin Secret and Bahia Palace
- Local bakery stop for some moroccan bread
- Tanjia pots lunch
- Visit to Ouzoud, an oasis waterfall
- Farewell Dinner in Jamaa Fnaa Square food stall
- Free time in Marrakech
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing September 8th, 2022 - December 31st, 2026

# Itinerary

---



**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Marrakech

Arrival day. Make your own way to the joining hotel before 2:30PM. After a welcome meeting the group will attend a cooking demonstration and learn how to make tanjia, a different form of tagine.

We'll make the dish and seal it in the clay pot to cook overnight in the hamman. Then, explore the various food vendors in the Medina with your CEO and learn about the different ingredients. End the day with evening tea on the rooftop terrace overlooking the main square of Jemaa El Fnaa.



### Accommodation

Riad Chambres d'Amis Marrakesh (or similar)

Hotel



### Today's Activities

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

#### ACTIVITY

Not to be confused with the popular tagine, "tanjia" is distinct to Marrakech and one of the best local experiences for any traveller. Learn the history and culture behind this dish, then head to the market to pick up a clay vessel called tanjia - which the dish is named after - and the ingredients you will need, traditionally some meat and spices. Drop off your tanjia at the neighbourhood "furan" or communal oven to have it cooked in the ashes that heat the nearby hammam. The next day, pick up your tanjia and enjoy a delicious meal with the group.

Day 2

## Marrakech

Visit the important sites within the medina this morning. Make stops to Jardin Secret and Bahia Palace. End the morning adventure with a trip to the bakery to learn a brief introduction into Moroccan bread making, then have a taste.

Collect your tanjia lunch on the way back to the Riad. Enjoy your own cooking as lunch on the terrace. The afternoon and evening are free for you to explore Marrakech on your own. Don't miss a chance to visit Jardins Majorelle with their vibrant blue garden houses and thriving plants.



### Meals included

Breakfast | Lunch



### Accommodation

Riad Chambres d'Amis Marrakesh (or similar)

Hotel



### Today's Activities

Marrakech Medina Guided Tour

Marrakech

2h30m

Enjoy a guided tour of the Medina in which you will make stop to Jardin Secret and Bahia Palace. End the tour with a stop at the bakery to grab some Moroccan bread to go with your tanjia lunch.

Free Time

Marrakech

Explore Marrakech on your own. Go back to the food stalls in the Medina, or visit the Djemaa El Fna Market in search of souvenirs.



### Optional Activities - Day 2

Musée de Marrakech

Marrakech

50MAD

Wander around the salons of the ornate Mnebhi Palace displaying various collections of Moroccan art forms.

Jardins Majorelle

Marrakech

200MAD

1h-2h

Visit this enchanting garden in the heart of the city designed by French painter Jacques Majorelle (1886-1962). Follow the pathways through trees, exotic plants, streams, and pools while watching the numerous birds who call this peaceful paradise home. (Please note that the entrance fee to Musée Yves Saint Laurent is an additional 30 MAD.)

Djemaa El Fna Market Square Walk

Marrakech

Wander past fresh orange juice stalls and water sellers in colourful costumes reminiscent of an era past. See storytellers, magicians, and peddlers of traditional medicines as the day progresses. When the sun sets, the square fills with dozens of food stalls, and is packed with locals, entertaining chefs, and waiters.

Koubba Ba'adiyn

Marrakech

40MAD

Visit one of the lasting relics preserved after the destructive Almohad rule - a 12th-century shrine displaying the sophistication of earlier Almoravid architecture and design.

El Badi Palace

Marrakech

70MAD

Visit the ruins of what was once the most ornate palace of the 16th-century. Its sunken gardens and pools give a glimpse into its former glory.

Day 3

## Marrakech

Set out on a full day excursion to Ouzoud, a beautiful oasis waterfall near the Atlas Mountains. Walk up the stairs to the top of the falls and enjoy breathtaking views of the flowing water. After a delicious lunch right near the falls the group will travel back to Marrakech. Enjoy a local dinner in the heart of Jamee Lafna Square.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Riad Chambres d'Amis Marrakesh (or similar)

Hotel



### Today's Activities

Private Vehicle

Marrakech - Ouzoud Falls

2h-2h30m

160km

Settle in and scan the scenery from the convenience of a private vehicle.

Ouzoud Waterfalls Visit

Ouzoud Falls

2h

Travel to North Africa's highest multi-tiered waterfalls. At a height of 360ft (110m), the Ouzoud Falls are named after "the act of grinding grain" in Amazigh culture.

Private Vehicle

Ouzoud Falls - Marrakech

Settle in and scan the scenery from the convenience of a private vehicle.

Day 4

## Marrakech

Depart at any time.

Opt to get up early and catch the sunrise over Marrakech by pre-booking the Hot Air Balloon excursion. Please note this activity will not finish until 10am. We recommend booking your departing flight no earlier than 1pm to ensure you have enough time to make it to the airport.



### Meals included

Breakfast



### Optional Activities - Day 4

Hot Air Balloon Marrakech

Marrakech

Get an early start and watch the sunrise over the red dust, palm groves, and majestic open landscapes of Marrakech from a hot air balloon. After soaking up the sights, refuel with an authentic Amazigh breakfast in a Moroccan tent.

\*Please note if you purchase the Marrakech Hot Air Balloon ride on the final day of your tour you will not finish until 10am. We recommend booking your departing flight no earlier than 1pm to ensure you have enough time to make it to the airport.

## What's included

- Your Welcome Moment: Welcome Meeting  
- Meet Your CEO and Group
- Your Foodie Moment: Cooking Class  
Workshop, Marrakech
- Cooking class in Marrakech
- Food tasting in the medina
- Tea on terrace overlooking Jemaa El Fnaa
- Visit to Jardin Secret and Bahia Palace
- Local bakery stop for some moroccan bread

- Tanjia pots lunch
- Visit to Ouzoud, an oasis waterfall
- Farewell Dinner in Jamaa Fnaa Square food stall
- Free time in Marrakech
- All transport between destinations and to/from included activities

## What are the main highlights of this trip?

Take part in a multi-day food experience and preparation of "tanjia": a delicious local specialty, Visit the bustling medina in Marrakech, Enjoy a full-day excursion to the Ouzoud oasis and waterfall for a swim and lunch, Spend three nights in a riad

## What are the main highlights of this trip?

Take part in a multi-day food experience and preparation of "tanjia": a delicious local specialty, Visit the bustling medina in Marrakech, Enjoy a full-day excursion to the Ouzoud oasis and waterfall for a swim and lunch, Spend three nights in a riad

## Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **What important notes should I be aware of before the trip?**

### **ACCOMMODATION NOTE:**

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

### **COMBO TRIP**

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

### **RAMADAN**

Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still operate effectively during this period and food is available to non-Muslims throughout the day. It is very important to display increased cultural sensitivity during Ramadan. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

### **AID AL-ADHA**

During your visit to this country, we would like to inform you about an important celebration called Aid Al-Adha. This holiday may impact your travel experience, as most shops and restaurants are closed during the celebration. Some of the historical places we visit might also be closed during this time. There will be a shorter number of staff at the hotels and less crowded streets on the day of the celebration.

### **EID**

Please be aware that Eid holiday dates are determined by local moon sightings and are subject to change. Consequently, tour itineraries may need to be modified to accommodate local closures and holiday schedules.

## What is the group leader like?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. You can expect them to have a broad general knowledge of Morocco, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use certified local city guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

## How large will the group be?

Max 14, Avg 12.

## What meals are included in this trip?

3 breakfasts, 2 lunches, 1 dinner

## What are the meals like on this trip?

Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. For all trips please refer to the meals included and budget information for included meals and meal budgets.

### Breakfasts

Moroccan breakfasts tend to be different from your usual cereal and toast morning fare – most will be very simple - a croissant or sweet roll with jam and instant coffee and some hotels will have buffets where you will have more variety. While you are experiencing what a Moroccan family would eat, some travellers do find the provided breakfasts a bit “bread heavy” and enjoy buying fruit the day before to supplement their breakfast.

### Lunches and Dinners

Moroccan cuisine is world famous and your CEO will be taking the chance to show you the best of it. Staples include cous cous, a type of grain topped with stew, tagine which is actually the name of the pot this tasty dish is cooked in, and brochette, bbq skewers of meat. These meals will generally cost between 10-15 USD per meal depending on the type of restaurant and which part of the country you are in. Other tastes not to be missed include pastilla, a sweet pasty with a savoury filling which is traditionally pigeon and harira, a delicious soup based on chick peas and filling enough when teamed with fresh bread to be a whole lunch. If you are heading to the coast the fresh seafood cooked at one of the local markets is a must eat!

### Snacks

Morocco's fresh orange juice is highly recommended and you should not leave without trying a glass. The brave can try the tiny snails which are perhaps the local's favourite snack but you might prefer a cone of piping hot bite-size fried cake donuts.

## What are the modes of transportation on my trip?

Private vehicle, walking.

## Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## Where will we stay during the trip?

Traditional Riad (3 nts).

## Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## What kind of accommodation can I expect on this trip?

On this trip you can expect to stay in traditional Riads, which vary a little in standard and facilities: some may not have elevators, air-conditioning, or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights.

Please note that Morocco is a developing country and as such the infrastructure is not as reliable as you would expect at home. Expect quirky plumbing and the odd cold shower.

This itinerary includes three nights in Riads which are traditional Moroccan houses that typically include indoor gardens or courtyards and showcase Moroccan architecture.

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport (outside of Terminal 2) to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please ensure your flight arrives by 12:30 in Marrakech. The Welcome Meeting will be at 2:30 at Chambres d'Amis.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

Regional Office Emergency Contact Number: +212 662 312 072

Arrival or Departure Transfer Emergency Phone Number: +212 661 861 950

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What information should I be aware of as the itinerary draws to a close?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

# What should be on my packing list?

## Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Smart Dress:**

- Smart outfit (For evenings out)

**Warm Weather:**

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: For departures from Nov-Feb the weather can be cold, please bring warm clothing.

**When can I do my laundry on this trip?**

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Please be aware that visa requirements vary by nationality; citizens of certain countries, such as South Africa, may be subject to additional documentation requests. Since these official requirements are determined on a case-by-case basis and can be unpredictable, we strongly recommend applying for your visa well in advance. Should the embassy or consulate request further supporting documents, please contact us immediately for assistance.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

The local currency in Morocco is the Moroccan Dirham (MAD).

ATMs are very common in Morocco with Cirrus and Plus system cards are the most widely accepted debit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work - it is important you check with your bank before departure and advisable to travel with more than one type of card.

Visa cards are the most widely accepted credit cards, but are generally only useful for larger/expensive purchases. You should be aware when purchasing products or services on a credit card, that a fee usually applies.

The foreign currency most commonly accepted in Morocco is the Euro. You will be able to exchange Euros, as well as GBP and USD at money exchange offices in major cities. Do not rely on credit or debit cards as your only source of money. A combination of cash (EUR, GBP or USD) and cards is best.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

Tipping is a way of life in Morocco. Locals themselves will usually tip anyone who provides them with services. In many cases, people depend on the tips they receive to supplement the low salary and wages of Morocco.

While on tour in Morocco, it is customary and even expected to tip small service providers such as restaurant and bar waiters, hotel staff, reception, cleaning personnel, bell boys, taxis and van drivers. Tips are regarded as an essential means of supplementing income for those working in the tourism industry.

To make things as easy as possible and avoid embarrassing situations, G Adventures has developed a tipping kitty system where your CEO will collect a contribution from everybody at the start of your tour and use this kitty to tip anybody who has provided services to the group as a whole. On Day 1 of your tour, your CEO will be able to advise on the amount required from everybody to form the tipping kitty for your trip. (this does not include your G Adventures CEO). You can pay in USD or the equivalent local currency (preferably local currency MAD). The CEO will be able to advise you on the exchange rate and the total required in either currency.

If at any time you feel that any service provider failed in maintaining or delivering good service, please bring it immediately to the attention of your CEO so a deduction of tips can take place.

At the end of your trip if you felt that your G Adventures CEO did an outstanding job, tipping is also expected and appreciated. The precise amount is entirely a personal preference, however \$8-11 USD per person per day can be used as a general guideline.

## What activities are optional on this trip?

### Marrakech

- Musée de Marrakech (50MAD per person)
- Djemaa El Fna Market Square Walk
- El Badi Palace (70MAD per person)
- Jardins Majorelle (200MAD per person)
- Koubba Ba'adiyn (40MAD per person)
- Hot Air Balloon Marrakech

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

There are no specific health requirements for this trip. However, you should consult your doctor for up-to-date medical travel information before departure. We recommend that you carry a First Aid kit, hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that we are in remote areas and away from medical facilities for some time during this trip, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc.

When selecting your trip please carefully read the G Adventures brochure and itinerary and assess your ability to cope with our style of travel. Please contact us at [travel@gadventures.com](mailto:travel@gadventures.com) should you require any clarification on what is involved on your itinerary. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How should I dress to respect local customs during the tour?

While visiting mosques and other religious monuments you should dress modestly, cover your shoulders and you shouldn't wear short shorts or skirts. Outside of capital cities and the more touristic centres, local dress is often more conservative and as a matter of respect we ask that both men and women are aware of this and recommend loose-fitting clothes with your shoulders covered. Ask your CEO for more specific advice.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.