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Sorry! There are no remaining departures for "France & Italy Adventure" (EFIA), [but here are some similar trips](#).



## **France & Italy Adventure**

13 days, Paris to Rome

Trip code EFIA

### **What's included**

- Your Welcome Moment: Meet Your CEO and Group
- Your Foodie Moment: Burgundy Wine Tasting, Beaune

- Your Discover Moment: Florence
- Market visit
- Palais des Papes and Pont St Benezet visit (Avignon)
- Beach time on the French Riviera
- Monaco day trip
- Cinque Terre park fee, unlimited train ticket and CEO accompanied hike
- Pisa visit (half-day)
- Piazzale Michelangelo evening visit (Florence)
- Rome orientation walk
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing June 28th, 2016 - December 31st, 2016

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Paris

Arrive at any time. We recommend arriving a day or two early to fully explore this world-renowned city.

There are no planned activities until an evening welcome meeting.

We recommended arriving a day or two early to fully explore this world-renowned city. The "City of Lights" is unlike any other place on earth. Known for its glorious monuments, museums, and markets, from the Eiffel Tower to the Louvre, Montmartre to the Marais, Paris has something for everyone. Discover for yourself Paris' "je ne sais quoi!"



## Today's Activities

### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

## Paris/Beaune

Travel to Beaune and enjoy an included local wine tasting. Wander the town, shop, eat and, opt to visit the famous Hospices.

Take a short walk into the historic centre, and enjoy a winetasting as an introduction to the region's famous vintages.

In the evening, opt for a dinner with the group here in the heart of one of France's most distinguished culinary and wine-producing regions, Burgundy.



### Meals included

Breakfast



### Today's Activities

Local Train

Paris - Beaune

2h30m

311km

Most routes require a change in Dijon.

#### ACTIVITY

Learn about the production of wine in Burgundy, with its strict regulations and tiered grading system -- it's one of the best wine regions in the world. Sample some of the fantastic wines available. Santé!

Day 3

## Beaune

With free time opt for a trip to nearby Dijon or visit the famous Hospices de Beaune. For a little more activity, head out into the countryside by bike or on foot to visit the vineyards.

Opt to visit Dijon, famous not only for its mustard, but for world-class museums and handsome architecture. There, or in Beaune, you can take a mustard tasting tour and learn about production, regulations, and taste some samples.

For a little more activity, explore the countryside around the Cote d'Or vineyards by bike or on foot. Stay closer to town and explore the famous Hospices de Beaune or visit one of the other wineries in the town centre.



### Today's Activities

Free Time

Beaune

Don't waste a minute– get out and explore by foot or bicycle.



### Optional Activities - Day 3

Hospices de Beaune Visit

Beaune

8EUR

1h-2h

Founded in the mid 1400s, the Hospices de Beaune was originally a hospital for the poor. One of the buildings is now a museum with information about the hospital. The fascinating Gothic architecture, polychrome roofs and a renowned vineyard make this museum a jewel of Burgundy. The Hospices de Beaune - Hôtel-Dieu is also famous for its exceptional vineyards, which include 85% of premier crus and grand crus.

Beaune Bike Rental

Beaune

19EUR

3h-7h

Rent a bike and head just outside the town to explore the beautiful vineyards nearby. Pack a picnic lunch and take advantage of this picturesque setting.

Dijon Day Trip

Dijon

16EUR

4h-7h

Travel a short distance by train to Dijon, the capital of the Burgundy region. Famous for its mustard, opt to take a tour and learn more about this delicious condiment. Check out some of the city's fantastic architecture or visit its museums.

Travel south to Avignon in the heart of the Provence region. Visit the Palais des Papes and Pont St Benezet in this enchanting city.

There's plenty of time to explore the spectacular walled medieval town of Avignon, a UNESCO World Heritage Site. This charming city boasts pretty tree-lined squares bustling with cafés and restaurants. Try some mouth-watering Provençal cuisine. Bon appétit!

Please note, on some departures the trip will visit Avignon and include the Palais des Papes and the Pont St Benezet as scheduled, but will actually stay overnight in the nearby historic cities of Nimes or Arles.



## Today's Activities

Local Train

Beaune - Avignon

5h

Climb aboard, take your seat, and get around like the locals do.

Palais des Papes (Popes' Palace)

Avignon

1h-2h

This massive fortress and palace was the seat of Catholicism in the 14th century, where popes fled to when leaving the corruption of Rome. The palace they built, 'Le Palais des Papes,' is the world's largest Gothic edifice. The walls surrounding the town were erected by the popes to keep the plague and invaders out during the turbulent middle ages, when Avignon belonged to the papacy and not the French crown. Tour the palace, learn about the history of the building, and marvel at the stunning Gothic architecture.

Pont d'Avignon (St Bénézet) Visit

Avignon

1h-1h30m

Visit this famous medieval bridge stretching out across the Rhone. Over the years, the river continued to flood and eventually the town stopped rebuilding the middle section. Today, the bridge only consists of four arches and a dead end. The bridge was made even more famous by the French children's song 'Sur le pont d'Avignon' and today you will see grown adults dancing and singing when they visit.

Day 5

## Avignon

Enjoy a free day to explore the city or go further afield. Nearby options include the Pont du Gard, the town of Orange, or the wine region of Châteauneuf-du-Pape.



### Meals included

Breakfast



### Today's Activities

Free Time

Avignon

Get out there and start exploring.



### Optional Activities - Day 5

Pont du Gard Day Trip

Pont du Gard

16EUR

3h-7h

Hop a local bus to visit the Pont du Gard, a stunning three level Roman aqueduct and protected UNESCO World Heritage Site. Learn about the construction and the politics behind building the aqueduct and marvel at the structure.

Château des Baux Medieval Castle Visit

Les Baux-de-Provence

15EUR

Travel by local bus to the Château des Baux, a 10th century medieval castle. Watch a duel between knights in armor and practice your crossbow skills.

Châteauneuf-du-Pape Visit

Châteauneuf-du-Pape

60EUR

Visit Châteauneuf-du-Pape, one of the most famous wine regions in France, and learn more about the regulations and production of this drink. Sample some of their vintages. Santé!

Lavender Tour

Avignon

50EUR

4h-5h

During lavender season, take a ride through the Provençal countryside and submerge yourself in the famous lavender fields.

Orange Visit

Orange

20EUR

4h-5h

Travel to the small town of Orange, famous for its remarkable Roman amphitheatre. Wander through town, collect some picnic supplies, and climb up to a lookout over the amphitheatre.

Day 6

## Avignon/Nice

Travel to the Riviera town of Nice. Soak in the sparkling blue waters and explore the charming streets of the old town centre.

With free time, wander in the cobblestone streets, visit the museums and beaches, or travel further to visit the rest of the Riviera.



### Meals included

Breakfast



### Today's Activities

Train

Avignon - Nice

3h30m

Climb aboard, take a seat, and enjoy the ride.

Free Time

Nice

Spend some free time getting to know the city.



### Optional Activities - Day 6

Vieux Nice Visit

Nice

Free

Wander Vieux Nice, or the Old Quarter, with its cobblestone streets and narrow alleyways. This is the best area to shop, eat, and people watch. Wander the market to witness daily life on the charming Riviera.

Promenade des Anglais

Nice

Free

Walk along the Promenade des Anglais and take in the view of the glistening Mediterranean Sea.

Day 7

## Nice

Enjoy a free day to explore Nice or head down the coast to Monaco and Monte Carlo.

Spend a free day with an included coastal train ticket. Use the full day ticket to travel up and down the Riviera, stopping off at different towns, or head straight to Monaco and Monte Carlo to see what all the fuss is about.

Stroll its manicured streets and whisk up its network of lifts and escalators, passing palaces, lush gardens, and, of course, the famous Monte Carlo casino, en route.

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### Meals included

Breakfast

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### Today's Activities

Free Time

Nice

Stay around town or go further afield.

French Riviera Train Ticket

Nice - Monaco

Take the unlimited daily train ticket and spend it however you like. Visit Monaco, Monte Carlo, or some of the lesser-known but still charming towns along the Riviera, like Villefranche-sur-Mer.

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### Optional Activities - Day 7

Monaco Visit by Water Taxi

Nice

Visit Monaco and explore the tiny principality on the Mediterranean Sea. Check out the aquarium, stroll along the streets, admire the impressive sailboats at the harbour, or visit the famous casino here.

Monte Carlo Casino

Monaco

Channel your inner James Bond and visit the famous Monte Carlo Casino (if you're at least 21) and try your hand at winning the jackpot. Take note of any dress codes or restrictions.

Day 8

## Nice/Riomaggiore

Spend the day travelling along the beautiful coastlines of France and Italy to reach Riomaggiore, part of the Cinque Terre.

Spend two nights by the stunning Cinque Terre National Park, where five little villages are built into the rocks between the beach and the hills. Hike, swim, indulge in the local delicacies like Focaccia and fresh seafood, and watch amazing Mediterranean sunsets.



### Meals included

Breakfast



### Today's Activities

Local Train

Nice - Riomaggiore

7h

Travel down the coast with train changes along the way.

Day 9

## Riomaggiore/Monterosso al Mare

Walk the coastal path between Riomaggiore and Monterosso or opt to take the train. Visit the charming, colourful towns along the way.

The national park pass and daily unlimited train ticket is included. Opt to follow your CEO along centuries-old footpaths and mule tracks leading through olive groves, vineyards, and orchards on a full day hike, or hop on and off the train, experiencing each town on your own. Choose to rest in each of the 5 villages, sampling delicacies in each place, such as local pesto, espresso, or delicious gelato.



### Meals included

Breakfast



### Today's Activities

National Park Pass and Unlimited Train Ticket

Cinque Terre

Use the included Cinque Terre National Park pass and unlimited train ticket to explore this stunning stretch of coastline by train. Travel easily between the five villages, taking in breathtaking views, colorful cliffside towns, and the sparkling Ligurian Sea along the way.

Local Train

Riomaggiore - Monterosso al Mare

30m

Climb aboard, take your seat, and get around like the locals do.

Cinque Terre Coastal Path Hike

Riomaggiore - Monterosso al Mare

5h-6h

Set out on one of the most scenic and rewarding trails in the Cinque Terre region. This moderately challenging hike offers breathtaking views of the Mediterranean Sea, vineyards, and charming hillside villages.

Visit the leaning tower of Pisa en route to Florence. Enjoy an evening walk to Piazzale Michelangelo for a fantastic panoramic view of the city.

Head east by train to Pisa, where we stop for a visit to the Field of Miracles to see the famous leaning tower (entrance fee not included). Then, travel on to the heart of Tuscany– Florence.

Take an evening walk (weather permitting) up to Piazzale Michelangelo for the most famous and photographed vista of the city.



## Meals included

Breakfast



## Today's Activities

Local Train

Riomaggiore - Pisa

1h30m

Climb aboard, take your seat, and get around like the locals do.

Pisa Visit

Pisa

Visit Pisa and check out its famous leaning tower. Wander the area and take photos to your heart's content. Opt to enter the Pisa Cathedral, or enjoy lunch at a nearby restaurant.

Local Train

Pisa - Florence

1h30m

Climb aboard, take your seat, and get around like the locals do.

Piazzale Michelangelo Walk

Florence

Cross through the centre of the city and over the Arno. Climb to the top of the hill and check out the vista over the river from Piazzale Michelangelo. It's worth every step!

Day 11

## Florence

Enjoy a free day in Florence. Opt to see the statue of David, wander the Uffizi, or swing by some shopping stalls.



### Meals included

Breakfast



### Optional Activities - Day 11

Mercato Centrale (Mercato di San Lorenzo) Visit

Florence

Pick up a purse (or several!), leatherbound journals, Florentine paper, and any off-colour David statue souvenirs you wish.

David (Galleria dell'Accademia) Visit

Florence

22.50-26.50EUR

Visit Michelangelo's most famous statue, 'David'. Marvel at the artistry on display in the intricately carved piece of marble. Please note that pre-booking your admission online will be 26.50EUR and booking on site will be 22.50EUR.

Medici Chapels Visit

Florence

9-32EUR

1h-1h1m

Admire the opulence of the two Medici Chapels. The Sagrestia Nuova was designed by Michelangelo and built as a mausoleum for the powerful Medici family.

Il Duomo di Firenze Visit

Florence

Free-30EUR

1h-2h

This green, pink, and white marbled 13th century basilica is one of Italy's largest churches and its brick dome is the largest ever constructed. Wander through the cathedral or choose to climb the 463 steps to the top of the dome and be rewarded with extraordinary views of the city!

Uffizi Gallery Visit

Florence

25EUR

1h-2h

Head to the Uffizi Gallery to see spectacular Botticelli and Leonardo da Vinci paintings in person.

Day 12

## Florence/Rome

Travel to Rome for an orientation walk of the Eternal City. Get the lay of the land before exploring for a full day.

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### Meals included

Breakfast

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### Today's Activities

Train

Florence - Rome

3h

Climb aboard, take a seat, and enjoy the ride.

Orientation With CEO

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Day 13

## Rome

Depart at any time.

We recommend booking post-accommodation to fully experience all that this magnificent city has to offer.

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### Meals included

Breakfast

## What's included

- Your Welcome Moment: Meet Your CEO and Group
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- Rome orientation walk
- All transport between destinations and to/from included activities

## What are the main highlights of this trip?

Wander through charming medieval cities and glorious countrysides, taste fine wines and local delicacies, soak up the classic European culture, explore modern day and ancient Rome

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## Is there a disclaimer I should read before booking this trip?

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**VERY IMPORTANT:** Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

# What important notes should I be aware of before the trip?

## 1. LOCAL GUIDES

It is important to note that in Europe, all guiding is based around local guides all of whom are licensed to work only in a particular city. As such, our leaders are able to provide orientation walks which will show you the layout of each town and city as well as the location of local services such as post offices and laundromats, but are unable to legally share historical facts and figures in public places.

## 2. LUGGAGE

In Europe it is very rare to find elevators in train stations, hotels or other public places. We use public transport on this trip, which means you will need to carry your luggage from platform to platform, in and out of trains and buses etc. and also possibly up several flights of stairs. You will also need to be able to stow your luggage safely on trains and buses. It is therefore essential that you pack light and bring luggage which is compact and lightweight, and which you can easily transport. The carrying of your luggage remains your responsibility at all times.

## 3. ITINERARY CHANGES

Please note, on some departures the trip will visit Avignon and include the Palais des Papes and the Pont St Benezet as scheduled, but will actually stay overnight in the nearby historic cities of Nimes or Arles.

## 4. RESERVE TICKETS IN ADVANCE

Please note that if you wish to visit popular museums such as the Vatican Museums (Sistine Chapel) and Villa Borghese in Rome, and the Uffizi or Accademia Galleries in Florence, to avoid waiting in line for a long time (especially in high season May-September when it could be a question of hours!), it is advisable to reserve tickets in advance. Tickets can be reserved online at various websites including [www.florenceart.it](http://www.florenceart.it) or [www.virtualuffizi.com](http://www.virtualuffizi.com) for Florence and [www.tickitaly.com](http://www.tickitaly.com) for all. Please make your Florence reservations for Day 11 of your tour, when you will have a free day to enjoy Florence. Most Museums are closed on Mondays. There may be the possibility of arranging tickets on arrival, with the help of your CEO, but availability cannot be guaranteed at such short notice.

## 5. CINQUE TERRE

The Cinque Terre villages are very keen to encourage people to visit the area and support the local economy and the environment (which we do with every Cinque Terre National Park pass we buy for this tour).

Two of the Cinque Terre towns (Vernazza and Monterosso) suffered extensive damage during the floods of early November 2011. Three towns - Riomaggiore, Manarola and Corniglia were unaffected. While some effects of the flood will remain and some path diversions may be in place, the area remains beautiful, welcoming and rewarding to visit; and we strongly wish to support the local community and environment, now more than ever.

## HIKES

In terms of the hiking routes, the coastal path between the towns is not all open at the moment. During the storms some damage was done to the paths and work to restore them is ongoing, so while Riomaggiore-Manarola, Monterosso-Levanto, the higher level path Manarola-Corniglia via Volastra and Riomaggiore-Portovenere are all open, the sections Corniglia-Vernazza-Monterosso are not at time of writing. However, restoration work is under way and the National Park is committed to opening the routes as quickly as it can safely be done. Regardless of whether the entire coastal path will be open, there are many alternative paths available and there will be plenty of hiking opportunities.

## 6. COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on

your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

## **What is the role of the group leader during this trip?**

This G Adventures group trip is accompanied by one of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

It is important to note that in Europe, all guiding is based around local guides all of whom are licensed to work only in a particular city. As such, our leaders are able to provide orientation walks which will show you the layout of each town and city as well as the location of local services such as post offices and laundromats, but are unable to legally share historical facts and figures in public places. If you wish to take a guided city tour in any location our CEO will do their best to help you arrange this and pay locally.

## **How large will the group be?**

Max 16, avg 12

## **What meals are included in this trip?**

10 breakfasts

## **What are the meals like on this trip?**

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## **What are the modes of transportation on my trip?**

Public bus, train, walking

## **What transportation will we take on this trip?**

Intercity transport on this trip will be by local bus and train. The bus and train systems in France and Italy are generally very good, often with seat reservations and toilet facilities. Inevitably travelling by public transport can involve delays and frustrations, though, and we ask you to keep this in mind. Unfold your map, pack in your phrase-book and mp3 player and get ready to enjoy the landscape and practice your French and Italian with the locals.

Between public transport and hotels you may be required to carry your luggage short distances (up to 20mins walk), in larger cities you may travel by metro or city bus, and occasionally the group will take taxis to and from hotels.

## **Are local flights included in the cost of the trip?**

If required all local flights are included in the cost of your tours unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

## **Is there an extra cost for travelling solo?**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Hotels (12 nts).

## **Will I get my own room?**

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops.

Please be aware that single room accommodations in European hotels are often smaller, and may not be to the same service level as double-occupancy rooms.

## **What kind of accommodation can I expect on this trip?**

It is important to note that accommodation in Europe tend to be quite different to other areas of the world you may have travelled in. Buildings and rooms are generally old and may not have been renovated or maintained to the highest standard. Downtown hotels in Europe were not build to be hotels but rich owners houses, which have been changed into hotels. Therefore unusual room sizes are common as large rooms have been partitioned in the past, resulting in rather "thin" walls. Reception areas, rooms and bathrooms tend to be very small as they were often added into an existing room, and may have a hand nozzle rather than a conventional shower head.

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations.

Staff can occasionally demonstrate less than perfect customer service. As accommodation is in short supply, especially during the summer months, hotels can charge a premium and there is sometimes little motivation to improve facilities.

## **What is the joining hotel?**

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

# What are the joining instructions?

From Paris Charles de Gaulle Airport:

Follow signs inside the terminal "Paris by train", and take the RER B line direct to Gare du Nord. Journey time is approximately 30mins and it costs €10 per person.

From here, The Originals Paris Montmartre Apollonia Hotel is a 25mins walk, or a 15min bus ride. Take number 31 bus from La Fayette - Magenta - Gare Du Nord to Duhesme -Le Ruisseau. From this bus stop, it is only a 2min walk to the hotel. There will also be taxis available to get from Gare Du Nord to the hotel.

From Paris Orly Airport:

Take the ORLYVAL shuttle train to Antony (8mins) where you will take the RER B line direct to Gare du Nord (45mins). Cost is €7.40 (ORLYVAL) + €6.10 (RER). Follow the same instructions as above from Gare du Nord to the hotel.

A taxi from either of the airports to the hotel will cost around €50.

Please note that day 1 is an arrival day and no activities have been planned on this day. Upon arrival to the city on day 1 (or earlier if you have booked pre-accommodation with us), please make your way to the joining hotel (note that check-in time will be in the afternoon). Once you arrive at the hotel, look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

To arrange an arrival or departure transfer, we recommend you book through our preferred transfer provider - [Welcome Pickups](#)

Choose from a range of transport options including both private and shared transfers at a discounted rate.

We advise that you book both your arrival and departure transfers in advance. Please make sure you have the following details before booking:

- Flight number
- Flight Arrival Time and Date
- Flight Departure Time and Date
- Passenger's Name
- Number of Passengers
- Email
- Valid Mobile Telephone Number
- Drop off and/or Pick Up Address

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures Office London, United Kingdom

During Office hours (Weekdays, 9am-5:30pm Local Time)

+44 20 7243 9870

For absolute emergencies after office hours please contact: +44 7817 262 559

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## **What information should I be aware of as the itinerary draws to a close?**

**TRAINS TO AIRPORT:** The Leonardo Express is the name of the train that'll shuttle you from central Rome's Termini station to Fiumicino airport. A Leonardo Express train leaves every half hour in each direction.

The train covers 35 km in around 30 minutes. Cost: 14 Euros

Tickets for Leonardo Express are available at:

- rail ticket office (railway station atrium)
- newspaper seller-tobacconist's (railway station atrium)
- self-service tellers (railway station atrium)

**NOTE:**

You must always stamp tickets in the machines on the platform before starting your journey.

**TAXI :** fixed rate to/from airports

The rate for designated Fiumicino taxi drivers is 60EUR, inclusive of luggage, for a maximum of four passengers.

## **Are there any additional packing suggestions I should consider?**

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage. You must be prepared to carry your luggage up and down stairs, as well as on and off transportation.

# What should be on my packing list?

## Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

### **Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## **When can I do my laundry on this trip?**

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the closest laundromat is. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## **What are the visas and entry requirements for my trip?**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

For other nationalities, travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

## **What should I consider when planning my personal expenses and discretionary spending for this itinerary?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

France and Italy are in the Eurozone and the unit of the currency is the Euro.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Visa cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work in France or Italy - check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies.

Do not rely on credit or debit cards as your only source of money. A combination of Euros, traveller's cheques and cards is best. Avoid relying on traveller's cheques alone as these are less and less readily cashed as clients use them very little.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates:  
[www.xe.com](http://www.xe.com)

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

While conventions can vary from country to country, tipping is customary in Europe. A general rule is 10% of the bill for wait staff, and a smaller amount (€1 or €2) for other service providers.

Tipping is an expected - though not compulsory - component of your tour program, and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping local guides would range from €3-5 per day, depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

At the end of each trip, if you felt your G Adventures CEO did an outstanding job, tipping is expected and appreciated. The precise amount is a personal preference, however €30-€40 per person, per week can be used as a guideline.

## What activities are optional on this trip?

- Please see the itinerary for information on optional activities, descriptions and estimated pricing.

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What are the trip specific safety considerations?

Always keep an eye on your belongings especially in major cities, bus and train terminals.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How should I dress to respect local customs during the tour?

In Italy, shoulders and knees should be covered while visiting churches and cathedrals. Beachwear is only considered suitable for the beach. Ask your CEO for more specific advice.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.