



FRANCE FAMILY JOURNEY: FROM PARIS TO NORMANDY AND BEYOND

9 days, Paris to Paris

Trip code EFPNF

WHAT'S INCLUDED

- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group
- Your Family Journeys Moment: La Flaguerie Cider Farm Visit, Ducy-Sainte-Marguerite
- Your Family Journeys Moment: D-Day Family Experience and Memorial Visit, Bayeux
- Your Family Journeys Moment: Palace of Versailles Family Visit, Versailles
- Arrival transfer
- Guided Paris Île de la Cité walking tour
- Giverny and Monet Gardens visit
- Excursion to Mont-Saint-Michel
- Short Bayeaux orientation walk
- Troglodyte cave visit
- Canoeing on the Cher River
- Chenonceaux Castle Visit
- Visit Clos Lucé
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing February 23rd, 2023 and onwards

ITINERARY



Itinerary Notes

Prices are based on double occupancy; all other room configurations are on request and cannot be guaranteed. We will accommodate triples/quads whenever possible. Please call for further details. Family Journeys are designed for groups traveling with children between the ages of 7 and 17. Your group must include a child in order to book, and anyone under the age of 18 must be accompanied by an adult.

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

PARIS

Welcome to Paris—your arrival transfer to the hotel is included. Check in and get excited to meet your fellow travelers during a welcome meeting this evening where all families can bond before the Journey ahead.



ACCOMMODATION

Les Jardins du Marais (or similar) Hotel



TODAY'S ACTIVITIES

Arrival Transfer Paris Charles de Gaulle Airport – Paris

You will be met at the airport and transferred to the hotel to start your adventure.

ACTIVITY

Your opportunity to meet your National Geographic Expedition Leader and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

PARIS

Head straight to the heart of Paris on a walking tour of the Île de la Cité, the island in the Seine where the city was first settled. Cross the stone arches of the Pont Neuf, or New Bridge—which is actually the oldest bridge in Paris! The rest of the day is yours to explore the City of Light. Choose to climb the steps of the Eiffel Tower, float down the River Seine, or explore inside the iconic pyramid of the Louvre, home to treasures such as the "Mona Lisa" and the "Venus de Milo."

If you wish to visit the Louvre or the Eiffel Tower, we recommend booking admission tickets online, prior to your departure. Many popular attractions in Europe have a timed ticketing system, so please ensure you are booking admission for the afternoon of this day. Without reserved tickets, there is the risk of waiting in long queues - a little planning goes a long way.



Meals included

Breakfast



ACCOMMODATION

Les Jardins du Marais (or similar) Hotel



TODAY'S ACTIVITIES

Free Time Paris

Being the art, fashion, and gastronomy centre of France, there is no shortage of things to do and see.

Paris Île de la Cité Walking Tour Paris

Head to the medieval centre of Paris on a guided tour of Île de la Cité, the island in the Seine where the city was first settled. Cross the Pont Neuf, which is the oldest bridge in Paris. Pass the stunning Palais de la Cité, the first royal palace in Paris; and home to Sainte Chapelle and La Conciergerie, which was used as a prison to house Marie Antoinette during the French revolution.



Optional Activities - Day 2

Eiffel Tower Admission **Paris** **14.50-36.10EUR** 2h-4h

Visit the most famous landmark in France: the Eiffel Tower. Opt to climb the stairs or take an elevator to the top for a stunning view over the city. Hang out at dusk and watch the tower light up.

The Louvre Admission **Paris** **22EUR** 1h-5h

Examine the massive collection at the Louvre, home to the Mona Lisa and the Winged Venus. While it might take a lifetime to view everything in the museum, one of the largest in the world, make the most of the time you have and try to spend at least a few hours wandering around.

Cruise the River Seine **Paris** **15EUR**

Leave shore and discover Paris on board of a sightseeing cruise. With many of its popular monuments right by the Seine, Paris is best seen from the water. Sit back, enjoy the breeze while passing Île de la Cité, the Eiffel Tower and much more.

Musée de l'Orangerie **Paris** **11-12.50EUR**

Built within an old orangery, this 20th century art gallery holds famous masterpieces of Paul Cézanne, Henri Matisse, Armedeo Modigliani, and more. Nestled along the River Seine within the Jardin de Tuileries, this impressive space is most well known for its large series of The Water Lillies paintings by Claude Monet.

Day 3

GIVERNY/HONFLEUR/BAYEUX

Travel outside the city to the village of Giverny, and visit the home of Impressionist painter Claude Monet. Wander around weeping willows and green lily ponds in the gardens that inspired some of his greatest works of art. Then head to Honfleur, a colorful port town sitting where the Seine meets the English Channel. Enjoy lunch and stroll the streets of this seaside community, where many great artists have painted the rainbow of fishing boats afloat in the harbor. Later, continue to Bayeux, an ancient city that has been sacked by Vikings, conquered by the English, and occupied by the Germans in World War II.

Visit a historic estate cider farm for a guided tour of the orchards, processing workshops and calvados cellar. Then enjoy a tasting of apple and pear juice, as well as ciders, pommeau and calvados for the adults.

Depart for Upper Normandy and the quaint village of Giverny; where Impressionist painter Claude Monet lived and worked from 1883 until his death in 1926. Monet felt that his flower and water gardens here were his greatest works of art and to this day, they are meticulously maintained.



Meals included

Breakfast | Lunch



ACCOMMODATION

Churchill Hotel Bayeux (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle **Paris - Bayeux** 3h-4h 263km

Settle in and scan the scenery from the convenience of a private vehicle.

Claude Monet's Gardens **Giverny**

Enjoy a visit and walk through Claude Monet's Garden, inspiration for the artist's water-lily series and named as one of National Geographic's "top 10 most magnificent gardens in the world."

Free Time **Honfleur**

Honfleur sits on the estuary where the River Seine meets the English Channel and is considered one of the prettiest port towns in France. Its quaint harbour and historic buildings have always been a draw for artists, including Monet.

ACTIVITY

Discover the Vergers de Ducy cider house on a guided tour of the orchard, cider farm, and calvados cellar. You will visit the press machine and enjoy a tasting of their products (apple juice, ciders, Pommeau de Normandie and Calvados).

This cider estate is a traditional family business devoted to the cultivation and production of apple products in France. The Domaine is entirely cultivated in compliance with the standards of Organic Agriculture, an essential aspect of the cider house's values. They believe in organic agriculture, sustainable development and short or direct distribution circuits.

Day 4

BAYEUX

This morning, delve into the story of D-Day and the battle to liberate France during a hands-on, sensorial World War II history experience. Feel the weight of real GI equipment, try on a field jacket, and taste the chocolate bars carried in soldiers' kits. Climb aboard a military vehicle and drive to the nearby Normandy American Cemetery and Memorial, the first American World War II cemetery established on European soil. Later, gather for a delicious crepe dinner.



Meals included

Breakfast | Dinner



ACCOMMODATION

Churchill Hotel Bayeux (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle Bayeux 3h-3h30m

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

D-Day is the largest seaborne military attack in history. Begin with a short introduction to this historic day that marked the beginning of the end of World War II. Then, embark on a hands-on sensorial D-Day experience. Smell military equipment, oils, and delicate Parisian perfumes from the 1940s, feel the weight of D-Day equipment and try on a 1941 field jacket, and taste the chocolate bars carried in the haversacks. Following this, jump in a military truck and transfer to the nearby Normandy American Cemetery and Memorial.

Day 5

BAYEUX/MONT-SAINT-MICHEL

Venture to the amazing Mont-Saint-Michel, an island stronghold perched on a rock off the Normandy coast. Built in the eighth century, this UNESCO World Heritage Site has been attacked and besieged, but rarely captured—perhaps due to the quicksand that surrounds the fortress at low tide! Head out on an orientation walk, then enjoy free time to wander winding lanes and cobbled streets, climbing from the base of the mountain to its crowning medieval abbey. Meander through the cloister of the monastery or discover the island's history at a museum. Return to Bayeux and choose to view the incredible Bayeux Tapestry, tracing the Norman conquest of England in colorful embroidery.

Please note the Bayeux Tapestry will be closed for 18 months for renovations beginning September 2025.



Meals included

Breakfast



ACCOMMODATION

Churchill Hotel Bayeux (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Bayeux

3h-3h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Excursion to Mont-Saint-Michel

Mont Saint-Michel

Visit Mont-Saint-Michel a UNESCO World Heritage site. This medieval fortress is considered one of the most imposing sites in Europe, with origins dating back to the 8th century. After an orientation with our Expedition Leader, enjoy free time to wander the winding streets and ally's or climb up to visit the Abbey church.

Free Time

Mont Saint-Michel

Explore the cobblestone streets of this medieval fortress town. Please note, your free time should begin at approximately 17:00.



Optional Activities - Day 5

Bayeux Cathedral

Bayeux

Free

Visit the stunning Bayeux Cathedral, located in the heart of the town and a prime example of gothic architecture.

Day 6

LOIRE VALLEY/BLOIS

Say au revoir to Normandy and enter the lush green Loire Valley. Set foot inside the amazing cave dwellings known as troglodyte homes—charming houses built in and around cliff-side caverns. On an underground walk, delve into the geological history of the region and learn about the local troglodyte lifestyle. Continue to the ancient city of Blois, perched above the lovely Loire River, and enjoy a free evening to relax or explore this hillside city's many staircases.



Meals included

Breakfast | Lunch



ACCOMMODATION

Novotel Blois Centre (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle Bayeux – Blois 4h30m-5h 465km

Settle in and scan the scenery from the convenience of a private vehicle.

Troglodyte Cave Visit Doué-la-Fontaine

One of the most complete remaining examples of underground or cave living is the Troglodyte village of Rochemenier. Part of the troglodyte village has been retained as a museum to a way of life that was still in existence in the 1930's. Walk through the twenty rooms of the village consisting of two ancient farms with out-buildings and houses plus a spectacular underground chapel carved out of the rock.

Day 7

CHENONCEAUX/AMBOISE/BLOIS

Wake up this morning and head out on the water for a canoeing excursion along the Cher River. Paddle past picturesque medieval towns to the incredible Château de Chenonceau. This fairy-tale castle spans the river, while the gardens enclose sculpted hedges, a fantastic fountain, and a tricky maze. Later, venture to the last home of Leonardo da Vinci—the spectacular Château du Clos Lucé. Young travelers can pick up a special "inventor's notebook" and set out to invent a machine using da Vinci's ingenious tips and tricks.

You must be able to swim to take part in canoeing; if anyone in your family cannot swim, or if you choose to opt out of the canoeing, that is not a problem. We can transport you directly to the castle where you will have more time to explore.



Meals included

Breakfast



ACCOMMODATION

Novotel Blois Centre (or similar) Hotel



TODAY'S ACTIVITIES

Private Vehicle

Blois

2h-2h6m

138km

Settle in and scan the scenery from the convenience of a private vehicle.

Cher River Canoeing & Chenonceau Visit

Blois

Board a canoe for a leisurely paddle down the Cher River. Reach the Château de Chenonceau, an icon of the Loire Valley, perched atop impressive stone arches that span the river's width. Enjoy a private tour of the castle's interiors, art collection and gardens.

Château du Clos Lucé Visit

Amboise

Visit the official residence of Leonardo Da Vinci, where he lived from 1516 until his death in 1519. Learn about the genius of da Vinci and his inventions and art in an interactive and fun visit to this historic Chateau.

Day 8

VERSAILLES/PARIS

Today, be amazed by the Hall of Mirrors in the magnificent Palace of Versailles, a World Heritage Site. Imagine yourself decked out in velvet and gold as you stride between sparkling rooms on a guided tour, or explore the endless winding pathways in Versailles' vast gardens. Return to Paris and enjoy a free afternoon to wander the banks of the Seine, munch on macarons, or shop in elegant boutiques. In the evening, gather for a farewell dinner.



Meals included

Breakfast | Dinner



ACCOMMODATION

Les Jardins du Marais (or similar) **Hotel**



TODAY'S ACTIVITIES

Private Vehicle **Blois - Paris** 2h30m-2h45m 200km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Visit the stunning Palace of Versailles on a guided tour designed for young travellers. Stop by the Hall of Mirrors and picture yourself as a guest at a lavish French banquet - in this room, nearly all that glitters is gold. Step into the surrounding galleries and tour the magnificent gardens, learning about French history and culture along the way.

Free Time **Paris**

Beautiful Paris, the "City of Lights", is famous the world over for its magnificent architecture, glorious monuments, fine museums, and romantic ambiance. Being the art, fashion, and gastronomy centre of France, there is no shortage of things to do and see.

Day 9

PARIS

Depart at any time.



Meals included

Breakfast



TODAY'S ACTIVITIES

Departure Day

Not ready to leave? Your Expedition Leader can help with travel arrangements to extend your adventure.

What's included

- Your Welcome Moment: Welcome Moment - Meet Your Expedition Leader and Group
- Your Family Journeys Moment: La Flaguerie Cider Farm Visit, Ducy-Sainte-Marguerite
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- Chenonceaux Castle Visit
- Visit Clos Lucé
- All transport between destinations and to/from included activities

What are the main highlights of this trip?

Experience the magic of medieval cities, delight in a visit to a sustainable Cider Farm with an included tasting, learn about the history of World War II and D-Day, explore the Château de Chenonceau and its winding hedge maze.

Itinerary Notes

Prices are based on double occupancy; all other room configurations are on request and cannot be guaranteed. We will accommodate triples/quads whenever possible. Please call for further details.

Family Journeys are designed for groups traveling with children between the ages of 7 and 17. Your group must include a child in order to book, and anyone under the age of 18 must be accompanied by an adult.

What are the main highlights of this trip?

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

Prices are based on double occupancy; all other room configurations are on request and cannot be guaranteed. We will accommodate triples/quads whenever possible. Please call for further details.

Family Journeys are designed for groups traveling with children between the ages of 7 and 17. Your group must include a child in order to book, and anyone under the age of 18 must be accompanied by an adult.

What important notes should I be aware of before the trip?

All parents/guardians are required to supervise their children at all times throughout the tour and may not leave their child under the supervision of the Expedition Leader, local guides, drivers, etc. Children are not to be left unattended.

Please note that on all Family Adventures one adult can only accompany up to two minors. If you have over two minors planning on travelling then a second adult will be required to attend.

YOUR Expedition Leader

It is important to note that in Europe, all guiding is based around local guides all of whom are licensed to work only in a particular city. As such, our leaders are able to provide orientation walks which will show you the layout of each town and city as well as the location of local services, but are unable to legally share historical facts and figures in public places.

LUGGAGE

In Europe it is very rare to find elevators in train stations, hotels or other public places. The carrying of your luggage remains your responsibility at all times.

RESERVE TICKETS

Please note that if you wish to visit popular museums or sites such as the Louvre or Eiffel Tower, to avoid waiting in line for a long time (especially in high season May-September when it could be a question of hours!), it is advisable to reserve tickets in advance. Tickets can be reserved online at various websites. There may be the possibility of arranging tickets on arrival on Day 1, with the help of your Expedition Leader, but availability cannot be guaranteed at such short notice.

ACCOMMODATION NOTE

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

OPTIONAL ACTIVITIES NOTE:

During high season in Europe (May-October) we highly recommend booking reservations for any popular optional activities/museum tickets etc. in advance to avoid encountering sold-out activities on the ground while on tour.

What is the group leader like?

All National Geographic Family Journeys with G Adventures group trips are accompanied by two of our Expedition Leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense; you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

How large will the group be?

Max 20, avg 18

What meals are included in this trip?

8 breakfasts, 2 lunches, 2 dinners

What are the modes of transportation on my trip?

Private vehicle, antique WWII vehicle, canoe, walking

What transportation will we take on this trip?

Private Vehicles will be used throughout the tour.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Odd number adult travellers in your family will be paired in twin accommodation with another adult traveller of the same sex for the duration of the trip.

Where will we stay during the trip?

Hotels (8 nts)

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops.

Please be aware that single room accommodations in European hotels are often smaller, and may not be to the same service level as double-occupancy rooms.

What kind of accommodation can I expect on this trip?

Rooming is based on double occupancy (2 passengers / 2 beds per room); all other room configurations are on request and cannot be guaranteed. We will try to accommodate triples/quad requests whenever possible and it's important to note that rooming configuration can change from city to city and 2 single beds are the standard configuration in a room.

Please remember that hotel/lodge standards can be different from what you are used to in your home country, which is part of the appeal of adventure travel.

It is important to note that accommodations in Europe tend to be quite different to other areas of the world you may have travelled in. Buildings and rooms are generally old and may not have been renovated or maintained to the highest standard. Downtown hotels in Europe were not built to be hotels but houses of the rich, which have been changed into hotels. Therefore unusual or small room sizes are common as large rooms have been partitioned in the past, resulting in rather "thin" walls. Reception areas, rooms and bathrooms tend to be very small as they were often added into an existing room, and may have a hand nozzle rather than a conventional shower head.

On this trip you can expect to stay in hotels which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but have traditional character, and are in central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations. Staff can occasionally demonstrate less than perfect customer service, but a smile and a thank you can go a long way.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a National Geographic Journeys sign with your name on it, and they will be waiting for you outside the luggage hall. There most likely will be many signs, so please check carefully for your name. If you guest don't see the driver, please call this number +33 607734314 to speak with our transportation supplier or contact our local emergency number: +44 1858378000.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office London, United Kingdom

During Office hours (Weekdays, 9am-5:30pm Local Time)

+44 20 7243 9870

For absolute emergencies after office hours please contact: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Are there any additional packing suggestions I should consider?

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labelled and restricted to one soft compact suitcase, sports bag, or backpack. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. Porters are not often available, so be prepared to carry your own bags.

What should be on my packing list?

Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: In Europe it is very rare to find elevators in hotels and you may have to carry luggage up several flights of stairs. It is therefore essential that you pack light and bring luggage which is compact and lightweight. During the colder months (Nov-Apr) please make sure you pack warm clothes. During summer (Jun-Sep) temperatures can be very hot and humid. Lightweight breathable clothing is recommended. It is important to pack clothes for warm days and cool evenings, as well as a light waterproof jacket. Layering is essential. We're working with our accommodation partners to reduce single-use plastic on our tours by providing safe drinking water for refillable bottles wherever possible. Find out more about our Plastics Partnership Project [here](https://www.gadventures.com/about-us/responsible-travel/plastics-partnership-project/).

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge or ask your Expedition Leader where the closest laundromat is. There will be times when you may want to or have to do your own laundry, so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

For other nationalities, travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected. Further details can be found [here](#)

Last updated: January 27th 2025

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Visa cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work - check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies.

Do not rely on credit or debit cards as your only source of money. A combination of Euros and cards is best.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

Local tipping is included on this Family trip which covers local guides, drivers and gratuity for included meals. At the end of your trip if you felt your two National Geographic Expedition Leaders did an outstanding job, tipping is expected and appreciated. The amount is entirely a personal preference, however as a guideline; per Expedition Leader €8-10 per person, per day can be used.

For non-included meals in restaurant, a guideline is 5-10% of cost of bill.

What activities are optional on this trip?

Paris

- Eiffel Tower Admission (14.50-36.10EUR per person)
- Cruise the River Seine (15EUR per person)
- The Louvre Admission (22EUR per person)
- Musée de l'Orangerie (11-12.50EUR per person)

Bayeux

- Bayeux Cathedral (Free)

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Expedition Leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your Expedition Leader will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions. Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our Expedition Leaders to make arrangements on your behalf for water based activities that are not accompanied by guide(s). Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our Expedition Leaders have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

How old must I be to join this trip?

Minimum age of 7 years for this trip.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.