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Sorry! There are no remaining departures for "Galápagos Land & Sea — Central & East Islands aboard the Monserrat" (SEVL07NA), [but here are some similar trips](#).



Galápagos Land & Sea — Central & East Islands aboard the Monserrat

7 days, Quito to Quito

Trip code SEVL07NA

What's included

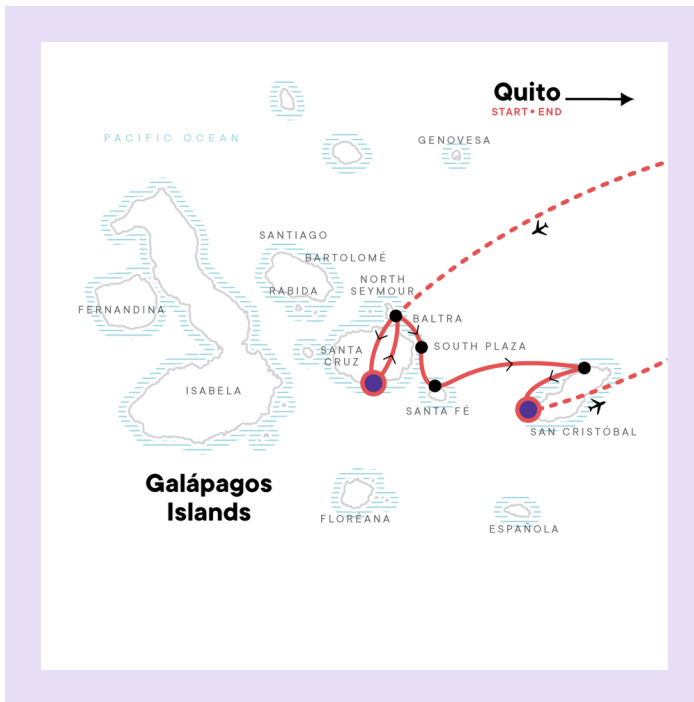
- Cruise the Galápagos Islands aboard the Monserrat (3 nts)
- 2 Certified Galápagos National Park Service Guides
- All meals aboard the Monserrat
- Overnight on Santa Cruz Island
- Tortuga Bay hike and kayak (Santa Cruz Island)
- Visit to Charles Darwin Research Station (Santa Cruz Island)
- Highlands giant tortoises excursion (Santa Cruz Island)
- Sante Fé hiking excursion
- Snorkelling at Sante Fé and Punta Pitt
- Interpretation Centre Visit (San Cristóbal)
- All landings and excursions
- Snorkelling equipment and wetsuits
- Internal flights
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing May 13th, 2016 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Quito

Arrive at any time.

Booking pre- or post-trip accommodation is highly recommended to fully experience the city and take advantage of the many optional activities available.

Opt to pre-book the "Quito City Tour & Equator Line" activity on the checkout page ahead of time to include this optional on your tour.



Today's Activities

Arrival Day and Welcome Meeting with G Representative

The adventure begins today. Feel free to explore, but make sure you're back in time to meet the group. Your G Representative will review the details of your tour.



Optional Activities - Day 1

Middle of the World

Quito

40-50USD

Drive 25km (16 mi) north of Quito to the Middle of the World, latitude 0°. Stand with one foot in each hemisphere, visit the Intiñan Museum which showcases the immense cultural diversity within this small South American country. On the 00°00'00" magnetic line at the museum experiment with gravity. Later, head up to the Pululahua crater view point, one of the two inhabited volcanic caldera in the world.

Quito City Tour & Equator Line

Quito

Enjoy a city tour of Quito. Visit the Old Town, a UNESCO World Heritage Site, with stops at the Basilica del Voto Nacional, La Compañía Church, San Francisco Square, Plaza Grande and the Panecillo, a towering statue of the virgin of Quito who looks out over a stunning view of the city. Drive 25km (16 mi) north of Quito to the Middle of the World, latitude 0°. Stand with one foot in each hemisphere.

Please note that this tour starts at 8 a.m. and ends around 5 p.m.

Papallacta Hot Springs Entrance

Papallacta

70-100USD

Drive two hours out of Quito to Papallacta Hot Springs, located on the Cinnamon trail, (65km from Quito) which is the same route that Francisco de Orellana took in 1542 when he crossed the Andean mountain range in search of spices and gold, and discovered the Amazon River. Relax in hot springs of varying temperatures with views of the Antisana volcano. Opt to go hiking, horseback riding or get a spa service for an additional cost. Lunch and entrance fees to hot springs are not included.

Quito City Tour

Quito

40-50USD

Take a tour of Quito to learn more about this beautiful city and its local culture. Visit the Old Town, a UNESCO World Heritage Site, with stops at the golden Compañía Church, San Francisco Square, and the Panecillo, a towering statue of the virgin of Quito who looks out over a stunning view of the city.

Cotopaxi Volcano - Full Day

Cotopaxi - Alausí

Enjoy a spectacular 2 hour drive to Cotopaxi Volcano National Park to see the highest active volcano in the world (5,897m/ 19,347 ft). Visit a museum in the park and hike around a lagoon at the bottom of the volcano to learn about the flora and fauna found at this altitude. Continue by car up the volcano to the parking lot, at over 4,500m/14,763 ft. Walk for an hour and a half to the refuge and after a short break, continue to the glacier (if the weather holds out). Return to Quito in the early evening.

Teleférico

Quito

9USD

Enjoy spectacular views of Quito from this sky tram up Volcán Pichincha. Choose to go for a hike at the top, or just come along for the ride.

Fly to the Galápagos, meet the CEO and transfer to Puerto Ayora, a port town. Check into the hotel and after lunch, hike to Tortuga Bay and explore the mangroves by kayaking.

Flights from Quito to Baltra depart between 6:40am and 9:40am depending on the day of the week. These will arrive into the Galápagos between 9:30am and 12:30pm with a short refuelling stop in Guayaquil (you will not disembark the plane).

The national park charges a visitor fee of USD100, payable on arrival, which funds park maintenance and supervision in the Galápagos as well as ecological study, conservation, and infrastructure development in Ecuador's other national parks. Entry fees and the funds they generate for the national park system are among measures taken by the Ecuadorian government to protect its natural heritage.



Meals included

Breakfast



Today's Activities

Plane

Mariscal Sucre International Airport - Seymour Airport

2h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Tortuga Bay Hike

Santa Cruz Island

8km

Enjoy a walk along a lava stone pathway to the beautiful white beach of Tortuga Bay. Relax on the beach, walk along the mangroves looking for marine iguanas and birdlife, or rent a kayak and explore this marine wonderland. Look for Tintoreras sharks, sea turtles, and manta rays in the water's shallow areas.

Tortuga Bay Kayaking

Santa Cruz Island

2h-3h

Grab a life jacket and go for a kayak adventure in the mangroves of Tortuga Bay. Keep an eye out for a wide variety of marine life, including colorful reef fish, rays, and sea turtles, as you paddle the blue waters. Relax after on a beautiful fine white sand beach, and soak up some sun – you may spot some iguanas also trying to catch some rays on the shore.

Morning visit to the Charles Darwin Research Station. Transfer to the boat to meet the guide and get on board. In the afternoon, enjoy the highlands. Visit a tortoise ranch and see some of the amazing volcanic formations on Santa Cruz.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Fausto Llerena Breeding Center & Charles Darwin Research Station Visit

Puerto Ayora

45m

Visit Fausto Llerena Breeding Center a great place to observe many species of tortoises. Brought back from the brink of extinction, see the famous Galápagos tortoise up close – a corral houses adult tortoises, and a nursery cares for the young until around age three when their shells have hardened.

This area also houses the Charles Darwin Research Station, a scientific organization initiated in 1964, which works to preserve the Galápagos' ecosystem through the conservation efforts of scientists, researchers, and volunteers. While the offices themselves are not open to visitors, the research station provides a study location for international scientists and environmental education for the local community.

Highlands Giant Tortoises Visit

Santa Cruz Island

Head to Santa Cruz's verdant highlands. This is a perfect place to hike through the grounds and see giant tortoises in their natural environment, before savouring an included lunch.

Monserrat

Puerto Ayora – Islas Plaza

Board the spacious 20-person vessel and enjoy the amenities while cruising to your next destination. Spend time on the top deck lounge and bar, indulge in a meal with new friends or relax in the indoor air-conditioned areas.

Land at South Plaza in the morning for wildlife spotting opportunities and a walk through the cactus forest. In the afternoon, take a guided walk around Santa Fé to observe wildlife and plentiful marine iguanas.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

South Plaza Island Visit

South Plaza

Visit South Plaza, one of the smallest islands in the Galápagos, which has one of the largest populations of land iguanas. Walk along a path through a cactus forest and view a combination of dry and coastal vegetation on this lively island, home to a wide range of fauna, including incredible birdlife. Spot red-billed tropicbirds and indigenous swallow-tailed gulls resting on the cliffs, and sea lions playing in the waters.

Santa Fé Hiking

Santa Fé Island

Lace up your hiking boots to explore the island's flora and fauna. Trek toward the cliffs along the island's northern shore to see a forest of giant prickly pear cacti (Opuntia). See endemic land iguanas lounging in their favourite forest, and feasting on Opuntia pads and fruit.

Montserrat

Islas Plaza - Punta Pitt

Board the spacious 20-person vessel and enjoy the amenities while cruising to your next destination. Spend time on the top deck lounge and bar, indulge in a meal with new friends or relax in the indoor air-conditioned areas.

Morning landing at Punta Pitt on San Cristóbal Island to observe the marine iguanas and seabirds along the beach. Head to La Galapaguera for opportunities to see giant tortoises and enjoy a snorkelling excursion.



Meals included

Breakfast | Lunch | Dinner



Today's Activities

Punta Pitt Visit

Punta Pitt

Enjoy amazing wildlife watching and interesting geological formations on this fascinating expedition. Arrive at a quiet cove on the eastern tip of San Cristóbal to explore Punta Pitt. Made up of volcanic tuff substrate, it's the only site in the Galápagos where it's possible to see three species of boobies and two species of frigatebirds.

Montserrat

La Galapaguera - Puerto Baquerizo Moreno

Board the spacious 20-person vessel and enjoy the amenities while cruising to your next destination. Spend time on the top deck lounge and bar, indulge in a meal with new friends or relax in the indoor air-conditioned areas.

Snorkelling (Punta Pitt)

Punta Pitt

Snorkel around Punta Pitt Island and spot schools of fish swimming below. On the shore admire the nesting birds and sun bathing seal lions.

Galapaguera de Cerro Colorado Visit

San Cristóbal Island

Get up close to giant tortoises at the Galapaguera de Cerro Colorado, an area of land reserved for the repopulation of these magnificent ancient creatures. Learn about the life cycle of the tortoises at the small breeding centre and interpretation centre.

Day 6

Puerto Baquerizo Moreno/Quito

Explore the port town of Puerto Baquerizo, the capital of the Galápagos. Visit the San Cristóbal Interpretation Centre before the flight back to Quito.

Transfer to the airport for the flight to Quito. The flight will arrive into Quito between 2:30pm and 5:30pm with a refuelling stop in Guayaquil (you will not disembark the plane). You will arrive back at the hotel in the early evening in time for dinner.



Meals included

Breakfast



Today's Activities

Interpretation Center Visit

San Cristóbal Island

1h-2h

Learn about the history of the Galápagos Islands from the very beginning of their volcanic origins through to today's conservation efforts. Tour the Human History exhibit to learn about the islands' discovery and colonization, and discover the natural history and variety of flora and fauna that make the Galápagos so fascinating.

Plane

San Cristóbal Island - Quito

3h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Flights from San Cristobal to Quito depart between 11:30am and 1:30pm depending on the day of the week. These will arrive into Quito between 4pm and 5:40pm with a refuelling stop in Guayaquil (you will not disembark the plane). You will arrive back at the hotel in the early evening in time for dinner.

Day 7

Quito

Depart at any time.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.



Optional Activities - Day 7

Cotopaxi Volcano - Full Day

Cotopaxi - Alausí

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What are the main highlights of this trip?

1 night in Puerto Ayora, hike the beautiful beach of Tortuga Bay with an included kayak trip, 3 nights cruising the Galápagos National Park aboard the Monserrat, discover spectacular marine life in protected bays and go snorkeling with sea lions, find land iguanas feeding in the cactus forests on South Plaza Island, come face-to-face with 100-year-old giant tortoises

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Is there a disclaimer I should read before booking this trip?

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Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission. Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. G Adventures requires your passport number, full name and date of birth at the time of booking. Please make sure you give this information to your travel agent.
2. Once you have confirmed your booking please give us your international flight details and advise us if you have any important issues such as allergies, special diets, etc.
3. The Ecuadorian government currently levies a Galapagos Islands Park entry fee of \$100 USD per person. This is payable at the airport upon arrival in the park. It is not included in the cost of the tour, and must be paid in CASH. This fee funds Park maintenance and supervision in Galapagos, as well as ecological study, conservation and infrastructure development in Ecuador's other National Parks. Entry fees and the funds they generate for the National Park System are among measures taken by the Ecuadorian government to protect its natural heritage.
4. The Consejo de Gobierno (local government council) have implemented a system of Transit Control Cards at a fee of \$20 USD per person. This card is to be purchased in CASH at a counter in the Quito airport before boarding the flight to the Galapagos. Please retain this card along with your passport as you will be required to present this upon arrival to the Galapagos Islands. Please note that this applies to all tourists entering the Galapagos Islands and is a supplement to the existing entry fee to the National Park and is not controlled by tour operators or travel agencies. It is the first of a number of initiatives to track, control and maintain the sustainable tourism targets set out by the Galapagos National Park and the Ecuadorian government in an attempt to preserve the fragile environment of the archipelago.
5. Please note that the rooming on our Galapagos yachts is done on a first-come, first-serve basis, and we are not able to guarantee the specific cabin you will receive on board. The cabins are comfortable and clean, all with private bathrooms. Due to the specific location of the cabins on board, the window sizes vary as well as the noise at times when the boat is navigating, given the proximity of the cabin to the engine room. Our friendly and competent crew will ensure the smooth and comfortable journey for the duration of your tour.
6. All travellers are required to pay the tax on domestic flights in Ecuador. Foreign travellers are exempt from this, and proving you are indeed a foreign traveller can be done by providing us with your international ticket number (ITN). Travellers who do not submit international ticket numbers at least 30 days prior to Day 1 of their tour will be required to pay the domestic tax on all included flights.

What is the group leader like?

Your G Adventures group trip is met in Quito by a G Adventures representative. The aim of the representative is to give you the required information for the rest of your journey and to assist with changing money, restaurant and excursion suggestions and general information about the city. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds. For your shipboard voyage we have a highly experienced shipboard staff and crew, including 2 Galapagos CEO's who are local naturalist guide's certified by the Galapagos National Park.

How large will the group be?

Max 20, avg 14

What meals are included in this trip?

6 breakfasts, 3 lunches, 3 dinners

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. On our Galapagos yachts, food is included, plentiful and made of fresh local ingredients. Dining is casual, tables are unassigned and the dining room is capable of seating the entire passenger compliment at one time. There is always a selection of different meals available, and vegetarians will find plenty of options. Special dietary requirements can be accommodated with advance notice, please advise us at time of confirmation. Coffee, tea and water are all provided free of charge. All other beverages, alcoholic and non-alcoholic are not included and can be purchased at the bar.

What are the modes of transportation on my trip?

Plane, motorized yacht, panga, private vehicle.

Are local flights included in the cost of the trip?

All local flights to and from the Galapagos are included in the cost of your tour. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Flights to either of the airports in the Galapagos leave early in the morning on Day 2 and get you into the islands in the early afternoon. Flights back to the mainland depart between 10:00am and 1:30pm arriving in the early evening.

Please note that all flights to and from the Galapagos make a 1 hour refuelling stop in Guayaquil.

BAGGAGE ALLOWANCE FOR DOMESTIC FLIGHTS TO/FROM THE GALAPAGOS:

Maximum one piece of luggage per person weighing a maximum of 23 kilograms (50 pounds), plus one carry-on piece weighing a maximum of 10 kilograms (22 pounds).

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotel (3 nts), aboard the Monserrat in twin-share or double cabins (3 nts).

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

What are the joining instructions?

The Quito International Airport is approximately one hour outside of the city centre where your joining hotel is located. There are a number of routes the driver may take depending on time of day and traffic, however, the route often seems long and indirect. The easiest and cheapest way to get there is by organizing a taxi at the desk within the airport (approximately \$30 USD). Private transfers generally cost more as the cars will need to drive from Quito, to the airport, and return. Immediately after the customs and immigration area, as you head to the exits, you will find a taxi stand. We strongly recommend you pay for the car at set rates from the taxi stand and therefore won't need to worry about sorting out a ride outside the airport facilities, where the situation tends to get more chaotic with many drivers vying for few clients. The taxis outside the airport area do not belong to the Taxi Airport Union and may charge higher fares.

There is also a shuttle available with the bus company Aeroservicios. Aeroservicios charges 8 USD to board a bus which will take you from the new airport to the old airport. The buses are new, comfortable, and often include wifi. From the old airport, a taxi to get to your hotel would generally cost \$5 USD depending on the distance and location.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time. Similarly the last day is a departure day during which no activities have been planned.

A G Adventures Representative will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time and your transfer times back to the airport the next day. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

Excess luggage can be stored free of charge at the joining hotel during your tour if desired.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon

as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650

After hours Emergency number: +51 99 758 2712 (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What should I take on my trip?

We recommend the use of a duffel bag or backpack (whichever you find easiest to carry). A good size daypack is also essential. If you don't wish to take all of your luggage with you to Galapagos, please ensure you have an extra bag you can leave behind at hotel storage and pickup on your return.

Please note that Galapagos is a protected National Park so your luggage will be checked before arrival and departure to and from the islands. Don't bring any food, seeds or other organic material that could affect the delicate ecosystem of the islands.

Porters are not often available, so be prepared to carry your own bags. Please remember that you can leave unnecessary articles in your joining hotel storage room. .

Please do not bring any alcoholic beverages aboard, as your boat has a bar offering a variety of alcoholic drinks and prices are reasonable.

LUGGAGE ALLOWANCE ON THE BOAT: Please note that the amount of luggage you can bring on the boat is LIMITED due to small cabin size. We recommend travellers use soft sided duffel bags of 40-50 litres in capacity. We will accept luggage types onboard, however if you are a single traveller sharing with another traveller, it's especially important to keep in mind that cabins are small in size and it's best to pack light. Luggage storage facilities are available at the start hotel for anything you don't need while you are exploring the Galapagos.

Please note that the electric outlets on this boat are 110v and will have 2 flat prongs. If necessary, please bring an adaptor with you for your electric devices, ie, battery chargers.

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Marine:

- Drybag (Will help keep cameras and essentials dry)
- External battery pack
- High UV sunscreen
- Locks for bags
- Motion sickness tablets
- Sandals/flip-flops (Extra pair of deck shoes or sandals recommended)
- Sarong
- Small travel towel
- Snorkel gear (optional) (Only if own equipment is preferred.)
- Sun hat/bandana

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry facilities are available at the start and end hotel at a charge. Full laundry facilities are not available onboard our yachts in the Galapagos. If you do want to do your own laundry we suggest you bring non-polluting/biodegradable soap.

What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available some may not accept all international credit or debit cards. You may need to try at more than one machine if the first does not accept your card. You should also check with your bank before leaving to ensure that your card works internationally. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of US dollar cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds. Please bring USD banknotes in denominations smaller than 100, as they can be hard to exchange in Ecuador. 100 dollar bills of certain series (e.g. CB B2) can be especially hard to cash! CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent). As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

Should I be tipping on my trip?

Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. At the end of each trip if you felt your G Adventures CEO or and crew did an outstanding job, tipping is appreciated. There will be two envelopes left in your cabin at the end of the tour, one for the CEO and one for crew members. The amount is entirely a personal preference, however as a guideline a per traveller tip of 5-10 USD, per day for your CEO and 12-17 USD per day for the crew can be used.

What activities are optional on this trip?

Quito

- Middle of the World (40-50USD per person)
- Quito City Tour (40-50USD per person)
- Quito City Tour & Equator Line
- Teleférico (9USD per person)

Papallacta

- Papallacta Hot Springs Entrance (70-100USD per person)

Cotopaxi

- Cotopaxi Volcano - Full Day

What are the trip specific safety considerations?

Please take care when wandering about the city on your own, as pick pockets and purse-snatchers are common, particularly in the Old Town. Be safe and leave your passport, credit cards, traveller's cheques and cash you don't need in the hotel's safety deposit box. Most Quiteños are honest and genuinely helpful and friendly, but be safe and enjoy the city!

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our group leader has the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency repatriation. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for Planeterra's monthly news to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.