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Sorry! There are no remaining departures for "Galápagos Multisport Land-Only" (SEGA), [but here are some similar trips](#).



## **Galápagos Multisport Land-Only**

8 days, Santa Cruz Island to Santa Cruz Island

Trip code SEGA

## What's included

- Your G for Good Moment: Floreana Community Restaurants, Floreana Island
- Your Welcome Moment: Meet Your CEO and Group
- Highlands and wild tortoise excursion (Santa Cruz Island)
- Kayak and snorkel excursion
- Snorkelling at Black Beach and Loberia (Floreana Island)
- Biking excursion (Isabela Island)
- Sierra Negra Volcano hike
- Giant Tortoise Breeding Centre visit
- Isabela Municipal Tax
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 1st, 2017 - December 31st, 2018

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Santa Cruz Island/Puerto Ayora

Arrive in Santa Cruz and make your way to the hotel.

As reaching the hotel in Santa Cruz (Puerto Ayora) from the Baltra airport can be tricky, exit the airport and head for the public bus to Itabaca Canal. From there, take a ferry across the canal to Santa Cruz Island. From the ferry terminal, opt to take a taxi or bus to Puerto Ayora, typically a 45-min ride.



## Today's Activities

### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Visit the highlands of Santa Cruz to see the giant tortoise's natural habitat. In the afternoon, kayak the Itabaca Canal and explore the lively underwater world with a mask and snorkel.

Visit the highlands of Santa Cruz to observe the Galápagos giant tortoise in its natural surroundings. The area is also famous for amazing lava tunnels. From this elevation, the panoramic views of the other islands are stunning.

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## Meals included

Breakfast | Lunch

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## Today's Activities

Santa Cruz Highlands Excursion

Santa Cruz Island

2h-3h

Visit the highlands of Santa Cruz and see the Galápagos giant tortoise in its natural surroundings. Explore the area and its incredible wildlife.

Kayaking (Itabaca Canal)

Santa Cruz Island

Kayak in the Itabaca canal that separates Santa Cruz Island from Baltra Island. Keep an eye out for nearby pelicans, blue-footed boobies, and other seabirds.

Snorkelling (Itabaca Canal)

Santa Cruz Island

Jump in and explore the underwater world where schools of yellowtail surgeonfish, king angelfish and parrotfish dance in the gentle waves. Spot turtles, friendly sea lions pups and small, docile, whitetip reef sharks.

## Santa Cruz Island/Floreana Island

Spend a free morning enjoying Santa Cruz, before crossing by speedboat to Floreana, where there are opportunities to swim and snorkel. In the afternoon enjoy an excursion to the highlands of Floreana.

After a free morning, depart Santa Cruz and head to Floreana Island. Keep an eye out for dolphins and the magnificent albatross along the way. Enjoy an introduction to snorkelling directly off Black Beach on the island. After, head up to the seldom-visited highlands of Floreana. Hear tales about the pirates, whalers, seal hunters and buccaneers who once lived in this isolated and unique landscape.

Please note that travel between islands is done by speedboat. The ride can be quite rough, especially from July to December. Make sure to bring sea sickness medication if you are prone to sea sickness.



### Meals included

Breakfast | Dinner



### Today's Activities

Speedboat

Santa Cruz Island - Floreana Island

2h-3h

Cut swiftly through the water en route to the next stop (and hang on to your hat).

Black Beach Snorkelling

Floreana Island

2h-3h

Try an introduction to snorkelling straight off the black sands of Floreana. Immerse yourself in the waters of the Galápagos and meet some of the local wildlife.

Floreana Highlands Excursion

Floreana Island

2h-3h

Head up to the seldom-visited highlands of Floreana. Hear the tales about the pirates, whalers, seal hunters and buccaneers who once lived in this isolated and unique landscape.

Free Time

Santa Cruz Island

Get out and explore.

ACTIVITY

To further benefit the community on Floreana island G has provided training to residents for all aspects of tourism, including food preparation and service. The community will provide your meals while staying on this small island. The meals are rotated amongst different community members in order to spread out the benefits of tourism. While eating at the community restaurants you will be contributing to the self-sufficiency of the first community tourism operator in the Galápagos.

Day 4

## Floreana Island

Enjoy a visit to Loberia, where there are opportunities to swim and snorkel. Opt to explore the area around Black Beach.

Walk along the black sand beach to Loberia to enjoy beach snorkelling or swimming. Please be sure you are a comfortable swimmer. The water here can be rough and the currents are strong.



### Meals included

Breakfast | Lunch | Dinner



### Today's Activities

Loberia Snorkelling Excursion

Floreana Island

1h-2h

Snorkel straight off the beach at Loberia, and get up close to the diverse wildlife in the waters around the Galápagos. Please be sure you are a strong swimmer; the water here can be rough and the currents are strong.

#### ACTIVITY

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Day 5

## Floreana Island/Isabela Island

Morning speedboat ride boat to Isabela Island. Enjoy a kayak excursion near Tintoreras and then jump in for a snorkel nearby.

Take a morning speedboat journey to Isabela Island. Visit Tintoreras to kayak and observe the whitetip reef sharks found swimming in the channels between the rocks. Get a close-up view of pelicans, frigatebirds, and diving blue-footed boobies. Watch for manta rays and rare Galápagos penguins, of which only 800 pairs exist.



### Meals included

Breakfast | Lunch



### Today's Activities

Speedboat

Floreana Island - Isabela Island

2h

37km

Cut swiftly through the water en route to the next stop (and hang on to your hat).

Las Tintoreras Excursion

Las Tintoreras - Cantón Isabela

Tour Tintoreras Bay by kayak, exploring its rock formations and marine environment before swimming into the waters of Concha Perla for an incredible snorkeling experience. Get up close to pelicans, frigatebirds, and diving blue-footed boobies, and keep an eye out for rare Galápagos penguins, the only species found in Galápagos and north of the Equator.

Snorkelling

Isabela Island

Go snorkelling near Las Tintoreras, located south of Puerto Villamil - it's the perfect place to glide along watching the magic unfold under the water's surface. Look out for sea lions, sea turtles, marine iguanas, and if you're lucky some Galápagos penguins.

Day 6

## Isabela Island

Hike to Sierra Negra Volcano to see the second-largest crater in the world and enjoy a downhill bike excursion. Visit the Giant Tortoise Breeding Centre on the way back to town. Opt to take surfing lessons on the nearby beach.

Take a full day tour on Isabela Island that includes a trek up the Sierra Negra Volcano, one of the most active volcanoes in Galápagos boasting the second largest crater in the world. Hike to the summit to experience a birds-eye view of the magical landscape.

Stop by the Giant Tortoise Breeding Centre on the way back to town. In the evening, opt for a surfing lesson or relax at the bar or on the beach and enjoy a nice cold beer or cocktail.

Please note that space may be limited for optional activities during high season, these activities are operated by third-party operators and will be subject to availability.



### Meals included

Breakfast | Lunch



### Today's Activities

Private Vehicle

Isabela Island - Sierra Negra

3h

55km

Settle in and scan the scenery from the convenience of a private vehicle.

Sierra Negra Volcano Crater Viewpoint Excursion

Isabela Island - Cantón Isabela

1h-2h

Lace up your hiking boots to explore the landscape around the Sierra Negra Volcano, which has the largest basaltic caldera in the Galápagos. The volcano last erupted in June 2018, making it the most recent eruption in the Galápagos.



### Optional Activities - Day 6

Surfing Lesson

Puerto Ayora - Isabela Island

120USD

2h-2h30m

Grab your swimsuit and get ready to hang ten! Learn how to find and ride the waves with surfing lessons from local experts. Enjoy the fresh sea air, and try to spot local marine life while enjoying the waters.

Day 7

## Isabela Island/Santa Cruz Island

Free day to enjoy Isabela Island, choose from snorkelling, surfing or a variety of other activities before returning to Santa Cruz by speedboat.

Enjoy a day free for activities in Isabela Island, where how much activity is involved is up to you. In the afternoon, set sail for Santa Cruz Island and dock at the town of Puerto Ayora. After a late hotel check-in, enjoy free time to explore this bustling little town and sample some of the local restaurants and bars, or maybe do some souvenir shopping in one of the many shops.



### Meals included

Breakfast



### Today's Activities

Speedboat

Isabela Island

2h

46km

Cut swiftly through the water en route to the next stop (and hang on to your hat).

Free Time

Isabela Island

Get out and explore.

Depart at any time.

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## Meals included

Breakfast

## What's included

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- Isabela Municipal Tax
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## What are the main highlights of this trip?

Encounter incredible wildlife, snorkel and swim with sea turtles and manta rays, take a cycle around Isabela Island, hike the Sierra Negra Volcano

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Encounter incredible wildlife, snorkel and swim with sea turtles and manta rays, take a cycle around Isabela Island, hike the Sierra Negra Volcano

## **Is there a disclaimer I should read before booking this trip?**

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## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

# What important notes should I be aware of before the trip?

## 1) ITINERARY CHANGES

The itinerary is subject to further changes dependent upon new regulations made by the Galapagos National Park or seasonal points of interest.

## 2) CONFIRM YOUR DETAILS

G Adventures requires your passport number, full name and date of birth at the time of booking. Please make sure you give this information to your travel agent.

Once you have confirmed your booking please give us your international flight details and advise us if you have any important issues such as allergies, special diets, etc.

## 3) GALAPAGOS ISLAND PARK ENTRY FEE

The Ecuadorian government currently levies a Galapagos Islands Park entry fee of \$200 USD per person (\$100 USD for children under 12 years old). This is payable at the airport upon arrival in the park. It is not included in the cost of the tour, and must be paid in CASH. This fee funds Park maintenance and supervision in Galapagos, as well as ecological study, conservation and infrastructure development in Ecuador's other National Parks. Entry fees and the funds they generate for the National Park System are among measures taken by the Ecuadorian government to protect its natural heritage.

## 4) TRANSIT CONTROL CARDS

The Consejo de Gobierno (local government council) have implemented a system of Transit Control Cards at a fee of \$20 USD per person. This card is to be purchased in CASH at the welcome meeting.

Please retain this card along with your passport as you will be required to present this upon arrival to the Galapagos Islands. Please note that this applies to all tourists entering the Galapagos Islands and is a supplement to the existing entry fee to the National Park and is not controlled by tour operators or travel agencies. It is the first of a number of initiatives to track, control and maintain the sustainable tourism targets set out by the Galapagos National Park and the Ecuadorian government in an attempt to preserve the fragile environment of the archipelago.

## COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

# What is the group leader like?

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

# How large will the group be?

Max 15, avg 10

## **What meals are included in this trip?**

7 breakfasts, 4 lunches, 2 dinners

## **What are the meals like on this trip?**

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your leader will be able to suggest favourite restaurants during your trip. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## **What are the modes of transportation on my trip?**

Speed boat, van, pickup truck, local bus, panga.

## **Is there an extra cost for travelling solo?**

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Hotels (7 nights).

## **Will I get my own room?**

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## What are the joining instructions?

Upon arrival at the Baltra airport, you will disembark the plane, enter the airport where you must wait in line to pay your Galapagos Park Fee of \$100 US dollars. This fee must be paid in cash. Once you pay for the park fee, you will retrieve your luggage and have one final baggage inspection by the Galapagos National Park authority. You will notice that there are no cars or taxis outside the airport only buses, please take one of the public buses that will take you to Itabaca Canal. The ride to the Itabaca Canal is free and takes approximately 10 minutes at which time you will disembark the bus and take your luggage to a ferry. The cost of the ferry to cross the canal is 1 US dollar, please make sure you have small change. Heavier luggage will be put on the roof of the ferry while passengers will enter down below in the seating area. The ferry will cross the small canal taking another 5 to 10 minutes where you will finally arrive to Santa Cruz Island. Disembark the ferry, take your luggage and here you find various options to get to Puerto Ayora. You can arrange a taxi, look for a bus. A taxi normally costs \$30-40 US dollars while sharing a bus can be much less. The ride takes approximately 45 minutes to get to Puerto Ayora. Please meet your CEO at 6h00pm at the hotel.

Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time. Similarly the last day is a departure day during which no activities have been planned.

A G Adventures Representative will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru

After hours Emergency number: +51 99 758 2712 (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## Are there any additional packing suggestions I should consider?

We recommend the use of a duffel bag or backpack (whichever you find easiest to carry). A good size daypack is also essential. If you don't wish to take all of your luggage with you to Galapagos, please ensure you have an extra bag you can leave behind at hotel storage and pickup on your return.

Please note that Galapagos is a protected National Park so your luggage will be checked before arrival and departure to and from the islands. Don't bring any food, seeds or other organic material that could affect the delicate ecosystem of the islands.

# What should be on my packing list?

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

## Marine:

- Drybag (Will help keep cameras and essentials dry)
- External battery pack
- High UV sunscreen
- Locks for bags
- Motion sickness tablets
- Sandals/flip-flops (Extra pair of deck shoes or sandals recommended)
- Sarong
- Small travel towel
- Snorkel gear (optional) (Only if own equipment is preferred.)
- Sun hat/bandana

### **Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## **When can I do my laundry on this trip?**

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## **What are the visas and entry requirements for my trip?**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

\*\* Please note that by February 2nd 2018, it will be mandatory for every traveler to show proof of insurance (covering medical, accident, death) to the immigration authority at the airport or border crossing into Ecuador. This insurance must cover the traveler for their entire length of stay in the country.

If you do not carry proof of insurance and/or an insurance assistance card that satisfies this requirement, it is possible that your entrance into Ecuador could be denied.

## **Where can I read detailed notes about this trip?**

### **CLIMATE:**

Located on the Equator, the Galapagos climate is tempered by the Humboldt Current, so you do not experience extreme heat found elsewhere at this latitude. The warmest weather is December to June, when temperatures range from 22-33°C (72-90 °F), and the water temperature is in the mid 20s (mid 70°F). From July to November, temperatures are cooler and range from 18-24°C (60s -75°F), when average water temperature rarely reach 21°C (70°F).

## **What should I consider when planning my personal expenses and discretionary spending for this itinerary?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Due to the remoteness of the Galapagos islands, onboard our vessels, there is no credit card machines therefore only cash is accepted. It is important that you withdraw enough cash for the duration of your trip. Once in the islands, ATM machines are extremely limited and unreliable. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip. We would also recommend to contact your local bank prior to your departure to see if international withdrawals can be done with no issues.

## **What should I know about currency, credit cards, and exchanging money while on this tour?**

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available some may not accept all international credit or debit cards. You may need to try at more than one machine if the first does not accept your card. You should also check with your bank before leaving to ensure that your card works internationally. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of US dollar cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds. Please bring USD banknotes in denominations smaller than 100, as they can be hard to exchange in Ecuador. 100 dollar bills of certain series (e.g. CB B2) can be especially hard to cash! CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent). As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## **How much emergency money should I bring on this trip?**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## **Should I be tipping on my trip?**

Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. At the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline a per traveller tip of 5-10 USD, per day for your CEO.

## What activities are optional on this trip?

### Puerto Ayora

- Surfing Lesson (120USD per person)

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Please note your Adventure travels to high altitude, in Quito. This is medically defined as anything over 8,000 feet (2,440 meters). Most people can travel to 8,000 feet with minimal effects. However, everyone reacts to altitude differently and altitude sickness can on set with some people irrespective of fitness and age. For details on how to best prepare and what to do in the unlikely event you are effected on your Adventure, please consult your physician.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.