



Italy: Venice, Tuscany & the Heart of Rome

8 days, Venice to Rome

Trip code EIVG

What's included

- Your Journeys Highlight Moment: Murano Island Glass Blowing Experience with a Local Expert, Venice
- Your Welcome Moment: Meet Your CEO and Group
- Your Foodie Moment: Walking Culinary Tour of Bologna, Bologna
- Your Foodie Moment: Mercato Centrale Visit and Lunch, Florence
- Your Foodie Moment: Molino di Grace Visit & Lunch, Panzano
- Complimentary arrival transfer
- Murano Island glass blowing experience with a local expert
- Walking culinary tour of Bologna
- High-speed train travel
- Florence walking tour
- Mercato Centrale market visit and lunch
- Chianti and Tuscany day trip
- Walk from Panzano to Montefioralle
- Molino di Grace winery tasting and lunch
- Vatican museum guided tour
- Choice of activities in Rome Tips for all included meals and activities, except for CEO and Porterage
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing June 24th, 2026 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Venice: Welcome to Italy

Touch down in Venice for a voyage of discovery and cultural immersion. Meet your CEO for an included transfer by ferry to your hotel on the island of Venice. Prepare for a trip of a lifetime including iconic cities, culinary delights, historical sights and scenic walks.

Arrive and make your way to the meeting point for your private transfer direct to your hotel on the island of Venice. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group and CEO later this afternoon. Afterwards, enjoy an orientation walk and dinner with your CEO.



Meals included

Dinner



Accommodation

Hotel Cà Dei Conti (or similar)

Hotel

Located just steps from St. Mark's Square, Ca' dei Conti welcomes you into the elegance of a historic Venetian residence. This boutique hotel beautifully blends classic 18th-century style with modern amenities and attentive, professional service.



Today's Activities

Arrival Transfer

Venice Marco Polo Airport – Venice

You will be met at the airport and transferred to the hotel to start your adventure.

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Glide across the Venetian Lagoon to Murano on a vaporetto for a private glassblowing demonstration, witnessing masters shape molten art. Return to Venice and join your CEO for an orientation walk around the island before enjoying a free afternoon. Visit a community social enterprise dedicated to empowering vulnerable locals. A free afternoon lets you get lost among winding canals, cross hidden stone bridges, and discover local bacari wine bars at your own pace.

Start with a tour and demonstration on the island of Murano. After your visit, feel free to stay and explore or join your CEO for the return trip to the island of Venice for an orientation walk. In the afternoon visit the Human Safety Net, a local community-focused initiative.



Meals included

Breakfast | Lunch



Accommodation

Hotel Cà Dei Conti (or similar)

Hotel

Located just steps from St. Mark's Square, Ca' dei Conti welcomes you into the elegance of a historic Venetian residence. This boutique hotel beautifully blends classic 18th-century style with modern amenities and attentive, professional service.



Today's Activities

Water Taxi

Venice

Jump in and cross the water to the next stop.

ACTIVITY

Experience the enchanting island of Murano on a private water taxi tour with a local expert. This excursion offers a unique glimpse into the rich history and artisanal traditions of Venice. Witness the intricate art of glassblowing in Murano. Visit an authentic workshop and hear from a local expert about the craft of traditional glassblowing and its significance to Murano's cultural heritage. Gain an understanding of the craft's history and ancient techniques, which have been featured in the National Geographic Magazine article "Made in Italy: Venice." These traditional craftworks have spanned generations and have become part of the cultural identity of the islands. Enjoy the serene beauty of this iconic island, away from the crowds.

Orientation Walk with your CEO

Venice

45m

Set off with your CEO on an orientation walk to get your bearings and to see the gorgeous city. Hop on the local water taxis, called "vaporettos," as you navigate Venice's picturesque canals and waterways to the island of Murano. Truly a city like nowhere on earth, the best way to explore it is on foot and from the water.

The Human Safety Net

Venice

30m-1h

The mission of The Human Safety Net is to unlock the potential of people living in vulnerable circumstances so that they can transform the lives of their families and communities. Visit this unique space located in the Procuratie Vecchie building. Once home to the offices and residences of the Procurators of San Marco, the site is now open to the public for the first time in 500 years.

Relax as you watch the Italian countryside fly by as we head to Bologna. Upon arrival, start exploring the city's legendary food scene straight away. Our mid-day culinary walking tour introduces us to the rich flavours of the city sampling local treats and drinks. Late afternoon brings an orientation walk with our CEO, strolling under the city's elegant, endless porticoes to see the iconic twin leaning towers. The evening is yours to find a quiet osteria in which to relax.

Today you travel like a local as you board your train for the trip to Bologna. On arrival, drop your bags and then head out for a walking food tour of the city. Bologna is a famous culinary destination and today you will explore why. Enjoy a free afternoon and evening with suggestions for things to do from your CEO



Meals included

Breakfast | Lunch



Accommodation

Hotel Internazionale (or similar)

Hotel



Today's Activities

Water Taxi

Venice

15m

Jump in and cross the water to the next stop.

Train

Venice – Bologna

1h30m

Climb aboard, take a seat, and enjoy the ride.

Metro

Bologna

15m

Get around underground via public transit.

ACTIVITY

Explore the Quadrilatero, Mercato di Mezzo, and the lively University District. Taste fresh pasta with rich Bolognese sauce at family-run trattorias, enjoy handmade tortellini, aged Parmigiano Reggiano, artisanal cured meats, and exquisite balsamic vinegar—each bite packed with tradition. Pair it all with

local sparkling wines, and you'll see why Bologna is called "La Grassa" (The Fat). Join us for 10 delicious tastings, great wine, and the fascinating stories behind Bologna's incredible food scene.

CEO-Led Orientation Walk of Bologna

Bologna

1h

Stroll past Bologna's medieval brick palaces, under endless elegant porticoes, to the vibrant markets and twin leaning towers. Stroll through the famous university grounds and step into the stunning Archiginnasio Palace courtyard. It is known for walls covered in thousands of historic student coats of arms.

Today journey into the heart of Tuscany to reach the magical city of Florence. Upon arrival, dive into the sights of the city on an included locally guided tour. See the Piazza del Duomo, where the massive Santa Maria del Fiore cathedral sits. Continue moving along cobblestone paths where Renaissance artists and thinkers once walked. Next, head to the vibrant Mercato Centrale to enjoy a lunch of local specialties amidst the bustle of artisan food stalls. Later, regroup for an included dinner in town this evening.

In the morning board a high-speed train to Florence. Upon arrival embark on a guided walking tour through the compact city center passing iconic sites on the way to the Mercato Centrale local market where you will have an included lunch. Enjoy a free afternoon before walking to an included dinner in the evening.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Grand Hotel Mediterraneo (or similar)

Hotel



Today's Activities

Train

Bologna - Florence

1h

Climb aboard, take a seat, and enjoy the ride.

Florence Walking Tour

Florence

3h

A locally guided Florence walking tour is a masterclass in urban evolution and human achievement. By pairing exclusive architectural marvels with the local storytelling, it transforms the "museum city" of Florence into a living laboratory of Renaissance innovation and modern conservation.

ACTIVITY

A visit to the Mercato Centrale is a sensory bridge between historic Florence and modern culinary innovation. The orientation walk guides you through the traditional ground-floor stalls where locals shop for seasonal produce, followed by a curated lunch in the vibrant upper-floor food hall. It is an

experience of "controlled chaos" that offers the most efficient and delicious way to understand the Tuscan palate in a single afternoon.

Florence: Exploring the Chianti Region

Chianti, recognized for its namesake red wine, lies between Florence and Siena in the very centre of Tuscany. Begin the trek from Panzano to the town of Montefioralle- a small town forming the perimeter around an historic castle. Start the day with a scenic walk through the rolling Chianti countryside, soaking in the breathtaking views of vineyards and olive groves. After working up an appetite, enjoy a delicious, rustic lunch at a local winery, where you'll savour Tuscan food and wine in a relaxed setting.

Transfer by private coach to the Chianti region and the town of Panzano. After some time to explore the town begin your hike to the walled town of Montefioralle. Your CEO will lead a stroll through town and free time is allowed to relax before boarding your coach for the short ride to a local winery for an included tasting and lunch. Later, return to Florence by private coach for a free evening.



Meals included

Breakfast | Lunch



Accommodation

Grand Hotel Mediterraneo (or similar)

Hotel



Today's Activities

Private Vehicle

Tuscany

Settle in and scan the scenery from the convenience of a private vehicle.

Walk from Panzano to Montefioralle

Panzano – Montefioralle

2h30m

6km

The hike from Panzano to Montefioralle takes you through the picturesque Chianti region, starting in the historic hamlet of Panzano. As you leave Panzano, you'll walk along the provincial road, soon transitioning onto a dusty dirt path. This scenic trail winds through the characteristic rolling hills, flanked by rows of vineyards and groves of silvery olive trees. The route offers breathtaking views of the countryside, leading you eventually to the charming medieval village of Montefioralle. This hike showcases the quintessential beauty of Tuscany, blending natural splendor with historical ambiance.

Stroll around Montefioralle

45m

Montefioralle is one of the gems of the Chianti region and sits atop a high plain. The houses in the small town surround the historic castle. In some places the town is still protected by the original defense walls. Spend some time walking around and stretching those legs after breakfast.

ACTIVITY

Enjoy a guided tour of the Molino di Grace vineyard and cellar with an included private farmhouse lunch.

Admittedly, Rome is one of those cities that is pretty OMG-worthy on its own. If you have an entire week, it's a great city to get lost in, wandering from neighbourhood to neighbourhood. Today, the majestic Vatican welcomes us for a deep dive into history. Inside the Sistine Chapel, stand beneath Michelangelo's iconic ceiling as soft afternoon light brings the painted figures to life right above you. After your guided tour, you have free time before dinner in town tonight.

This morning board your high-speed train for the trip to Rome. Upon arrival, drop your bags at the hotel before partaking of a guided tour of the Vatican. After your tour, enjoy a free afternoon to explore Rome on your own before an included dinner in the city tonight.



Meals included

Breakfast | Dinner



Accommodation

Mama Shelter Roma (or similar)

Hotel



Today's Activities

Train

Florence - Rome

3h

Climb aboard, take a seat, and enjoy the ride.

Private Vehicle

Rome

30m

Settle in and scan the scenery from the convenience of a private vehicle.

Vatican Museum Visit

Vatican City

3h-4h

The Vatican Museums near St. Peter's Basilica contain priceless works of art from ancient to modern times. There are many different museums to choose from, but two of the most well known are the Sistine Chapel and the Raphael rooms.

Today is all about you. Kick off your day with a choice of activities. Opt to learn how to make authentic pizza with a Roman master chef or explore historic squares, the Spanish Steps, and Trevi Fountain on foot with a local guide. Either way you experience Rome and Italian culture at its best. After a free afternoon, join your fellow travellers for a farewell dinner in town tonight.

This morning meet your CEO in the lobby for your included choice of excursion. Both activities start with a walk from the hotel and will end around midday. After a free afternoon, walk to your dinner in the city tonight.



Meals included

Breakfast | Dinner



Accommodation

Mama Shelter Roma (or similar)

Hotel



Today's Activities

Choice of Traditional Pizza Making or Walking Tour of Rome

Rome

3h

Option 1: Learn the ins and outs of these culinary icons with a Roman pizza master chef. Guided by a fun and friendly master Roman pizza chef (pizzaiolo), you will learn the secrets of these culinary icons using the finest ingredients and time-honored techniques. We will start with flour, salt, yeast, and water and end up with an awesome pizza that you will devour. It's kinda magic. The only Roman pizza making class in Rome, it doesn't get more authentic than this!

Option 2: There are many ways to see Rome, but sometimes the best way is on foot. Discover the Eternal City on walks through the squares that have marked history. Start from Piazza Barberini, become enchanted by the charm of the Spanish Steps, and get ready to turn your luck with a coin toss into the Trevi Fountain. This leisurely walk continues towards the Pantheon and Sant'Ivo della Sapienza, ending in Piazza Navona.

Today your adventure comes to an end, but the memories made during your time in Italy will live on.

The adventure finishes today, and you can depart at any time.



Meals included

Breakfast

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What are the main highlights of this trip?

Watch glassblowing come to life on Murano Island with a local expert, Walk through Bologna's backstreets on a culinary tour, Travel between cities by high-speed rail, Explore Florence on a guided walking tour, Browse the stalls and enjoy lunch at Mercato Centrale, Take a day trip through the Chianti countryside, Hike the trail from Panzano to Montefioralle, Taste wine and enjoy lunch at Molino di Grace winery, Step inside centuries of art at the Vatican Museums, Choose your own adventure with optional activities in Rome

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Is there a disclaimer I should read before booking this trip?

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. LOCAL GUIDES

It is important to note that in Europe, all guiding is based around local guides all of whom are licensed to work only in a particular city. As such, our leaders are able to provide orientation walks which will show you the layout of each town and city as well as the location of local services such as post offices and laundromats, but are unable to legally share historical facts and figures in public places.

2. LUGGAGE

In Europe it is very rare to find elevators in train stations, hotels or other public places. We use public transport on this trip, which means you will need to carry your luggage from platform to platform, in and out of trains and buses etc. and also possibly up several flights of stairs. You will also need to be able to stow your luggage safely on trains and buses. It is therefore essential that you pack light and bring luggage which is compact and lightweight, and which you can easily transport. The carrying of your luggage remains your responsibility at all times.

3. OPTIONAL ACTIVITIES NOTE:

During high season in Europe (May-October) we highly recommend booking reservations for any popular optional activities/museum tickets etc. in advance to avoid encountering sold-out activities on the ground while on tour.

What is the role of the group leader during this trip?

This G Adventures group trip is accompanied by one of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

How large will the group be?

Max 16, Avg 12.

What meals are included in this trip?

7 breakfasts, 4 lunches, 4 dinners

What are the meals like on this trip?

Eating is a big part of traveling. G Adventures understands the importance of breakfast to start your day, we strive to include a basic breakfast wherever possible. A typical breakfast may include toast, coffee and tea, however this may vary depending on the city. Should breakfast not be included, your CEO can suggest some local options.

Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip.

For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Private coach, train, water taxi, walking, metro

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (7 nts)

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What kind of accommodation can I expect on this trip?

7 nights in Hotels

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Office London, United Kingdom

During Office hours (Weekdays, 9am-5:30pm Local Time)

+44 20 7243 9870

For absolute emergencies after office hours please contact: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Light Hiking:

- Hiking boots
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Walking poles

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

What should I know about currency, credit cards, and exchanging money while on this tour?

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Western Europe. Check with your bank. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of euros, travellers cheques and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

Usually included in international air ticket, check with your air travel agent.

Should I be tipping on my trip?

While conventions can vary from country to country, tipping is customary in Europe. A general rule is 10% of the bill for wait staff, and a smaller amount (€1 or €2) for other service providers.

Tipping is an expected - though not compulsory - component of your tour program, and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping local guides would range from €6-8 per day, depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

At the end of each trip, if you felt your G Adventures CEO did an outstanding job, tipping is expected and appreciated. The precise amount is a personal preference, however €30-€40 per person, per week can be used as a guideline

What activities are optional on this trip?

- No optional activities

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

How old must I be to join this trip?

Minimum age of 18 years for this trip.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.