



## **Highlights of Mainland Greece**

8 days, Athens to Athens

Trip code EGAA

### **What's included**

- Your G for Good Moment: Tour of Shedia Home and a Beverage, Athens
- Your Welcome Moment: Meet Your CEO and Group

- Your Foodie Moment: Cooking Class Athens, Athens
- Athens orientation walk
- Guided tour of the Acropolis and Parthenon
- Acropolis and Parthenon entrance fees
- Visit the site of Thermopylae Information Center
- Guided tour of Ancient Delphi
- Visit the Corinth Canal
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing February 25th, 2026 and onwards

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Athens

Arrive at any time.

We recommend arriving a day or two early to fully explore this world-renowned city.

There are no activities planned until an evening welcome meeting.

Please note - if you plan to take part in the Athens Bike Tour, an additional day in Athens is recommended.



### Accommodation

Parnon Hotel Athens (or similar)

Hotel



### Today's Activities

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.



### Optional Activities - Day 1

Athens Bike Tour

Athens

35EUR

Cycle through both ancient and modern Athens, visiting the city's top landmarks. The route passes through the Plaka neighbourhood and includes a stop near the National Observatory for views of the Acropolis. Continue past the Kerameikos cemetery, Thissio, and both the Ancient Greek and Roman Agoras.

Syntagma (Constitution) Square Visit

Athens

Free

30m-1h

Most of Athens important sights and interesting neighbourhoods border this central square. The square was built in the early 19th century in front of the Old Royal Palace of King Otto of Greece. Walk

around to admire the architecture, stop at a café and people watch, or watch the ceremonial changing of the guards called Evzones.

National Archaeological Museum Visit

Athens

12EUR

Take a tour of the National Archaeological Museum, home to some of the most important artifacts from ancient Greece. In the collection are various sculptures, vases, as well as metal works and is considered one of the most impressive museums in the world.

Ancient Agora Visit

Athens

20EUR

Explore the ruins, located in the heart of modern Athens, which were once the site of the marketplace in ancient times. It was the political, cultural, social and economic centre of the ancient world, where the likes of Socrates, Plato and affluent Athenians used to gather to discuss philosophy, political issues, exchange gossip and trade.

Day 2

## Athens

Enjoy a free morning to immerse yourself deeper into this historical city; opt to visit the new Acropolis Museum, the Ancient Agora, or the National Archaeological Museum. In the evening start with a refreshment stop at a local non-profit cafe, Shedia Home and explore the city on a guided walking tour to the Parthenon and Acropolis along the way. Afterwards attend a cooking class with a local chef and enjoy a dinner of your creations.



### Meals included

Breakfast | Dinner



### Accommodation

Parnon Hotel Athens (or similar)

Hotel



### Today's Activities

#### ACTIVITY

Take time to relax at Shedia Home, a non-profit cafe providing purpose and employment to over 150 individuals experiencing homelessness in Athens. You'll enjoy a drink while one of Shedia's guides recounts the recent history of Greece's financial crisis which has made initiatives like Shedia even more important for those who have found themselves without work and shelter. Your stop here supports their programs - including the cafe, art program, and magazine - all dedicated to supporting the community.

Athens Walking Tour

Athens

30m-1h

Join this brief yet captivating walking tour that seamlessly connects your Acropolis exploration to the vibrant heart of Athens. As you walk through the historic streets, you'll pass by key landmarks and picturesque neighborhoods, offering a glimpse of both ancient and modern Athens. Along the way learn about the city's rich history, from its iconic monuments to its bustling squares, before continuing your journey toward Shedia.

Guided Visit of Acropolis and Parthenon

Athens

2h

Discover the most famous of Athens' eight hills: the Acropolis, the ultimate architectural and artistic expression of the ancient Athenian spirit. Visit the Parthenon, built for the Goddess Athena in 447 BC. This Greek temple, despite the gradual state of ruin and damage sustained over time, still symbolizes the key ideals of harmony and balance that defined the Classical style of Greek architecture.

## ACTIVITY

Go on a culinary journey in Athens with a local chef. Learn how to make authentic Greek mezze (sharing dishes) such as dolmades (rice-stuffed vine leaves), imam bairdi (stuffed eggplants), and spanakopita (spinach pies). You'll also create a carrot tzatziki – a twist on the classic yoghurt dip – to accompany the dishes and finish off the class with the sweet treat of portokalopita (orange phyllo cake). Sit down with your fellow "chefs" to indulge in your delicious creations for dinner and toast with a shot of ouzo.



## Optional Activities - Day 2

Ancient Agora Visit

Athens

20EUR

Explore the ruins, located in the heart of modern Athens, which were once the site of the marketplace in ancient times. It was the political, cultural, social and economic centre of the ancient world, where the likes of Socrates, Plato and affluent Athenians used to gather to discuss philosophy, political issues, exchange gossip and trade.

Acropolis Museum Visit

Athens

1h-3h

Visit the Acropolis Museum to see some of the artifacts and artworks discovered during excavations of the Acropolis. With over 25,000 square meters (82,020 ft) the museum is architecturally as interesting as the collection. The museum is built over an archaeological dig site and there is an impressive view of the Acropolis from the third floor.

Syntagma (Constitution) Square Visit

Athens

Free

30m-1h

Most of Athens important sights and interesting neighbourhoods border this central square. The square was built in the early 19th century in front of the Old Royal Palace of King Otto of Greece. Walk around to admire the architecture, stop at a café and people watch, or watch the ceremonial changing of the guards called Evzones.

National Archaeological Museum Visit

Athens

12EUR

Take a tour of the National Archaeological Museum, home to some of the most important artifacts from ancient Greece. In the collection are various sculptures, vases, as well as metal works and is considered one of the most impressive museums in the world.

Day 3

## Athens/Meteora

Travel north from Athens by bus and train to Kalampaka, the perfect base for visiting the monasteries and the area of Meteora.

Perched on high cliffs there are monasteries built on immense natural pillars and make for a once-in-a-lifetime sight.



### Meals included

Breakfast



### Accommodation

Hotel Kosta Famissi (or similar)

Hotel



### Today's Activities

Local Bus

Athens - Meteora

5h

Climb aboard, take a seat, and enjoy the ride.



### Optional Activities - Day 3

Meteora Sunset Tour

Meteora

30EUR

Listen to the stories and legends of Meteora from a local guide, visit one of the 6 active monasteries, the Byzantine church of Virgin Mary and enjoy great views from the most panoramic spots. The tour ends with the an awe-inspiring sunset which you will watch from a magical spot high up on the rocks of Meteora.

Day 4

## Meteora

Spend a full free day in the area. Head out and visit the mountain top monasteries on your own by bus or pre-book the Meteora Monasteries Hiking Tour to do it on foot with a local guide.



### Meals included

Breakfast



### Accommodation

Hotel Kosta Famissi (or similar)

Hotel



### Today's Activities

Free Time

Meteora

Explore the Meteora area with free time today and if you're feeling adventurous, lace up your hiking boots and explore the local trails and monasteries on foot.



### Optional Activities - Day 4

Guided Meteora Monasteries Hiking Tour

Meteora

8km

Set off on foot with a local guide along the paths of the first monks, to visit the striking mountaintop monasteries of Meteora. Walk in the footsteps of monks and enjoy incredible views of the Meteora Valley. Along the way, admire Meteora's awe-inspiring rock formations, observe all six monasteries from the outside, and step inside two of them to explore their rich heritage. Discover the beauty of Meteora and experience a journey through time in this UNESCO World Heritage site!

Natural History Museum of Meteora

Meteora

7EUR

1h-2h

Located along the highway and a short distance from the city centre, the Natural History Museum of Meteora houses over 300 exhibits featuring mammals, birds and local flora and fauna.

Day 5

## Meteora/Delphi

After breakfast, transfer to the site of Thermopylae and Information Centre to learn of the famous battle that helped create the Greece we know today. Continue on to Delphi for an orientation walk before touring Ancient Delphi with a local guide. Spend the evening as you wish with free time.

Travel through mountain scenery around Mt Parnassos to Delphi.

Enjoy a visit to the ancient city of Delphi, then spend the evening exploring the charming little town or relaxing in a small café enjoying the views of the nearby valley.



### Meals included

Breakfast



### Accommodation

Hotel Acropole Delphi (or similar)

Hotel



### Today's Activities

Private Vehicle

Meteora - Thermopylae

2h

155km

Settle in and scan the scenery from the convenience of a private bus.

Thermopylae and Information Center Visit

Thermopylae

45m

Explore the Thermopylae site and Information Center, dedicated to commemorating the historic Battle of Thermopylae, a pivotal event in ancient Greek history. Learn about how Spartan warriors defended against a Persian invasion at this site in 480 BC through exhibits featuring multimedia presentations and artifacts.

Private Vehicle

Thermopylae - Delphi

2h15m

80km

Settle in and scan the scenery from the convenience of a private bus.

Delphi Orientation Walk

Delphi

Enjoy a brief orientation walk with your CEO, then enjoy a free evening in the ancient city of Delphi.

## Ancient Delphi Tour

Delphi

3h-3h30m

Visit the ancient city of Delphi, at the base of Mount Parnassos. The UNESCO World Heritage Site includes ancient buildings like treasuries, a stadium, a gymnasium, an altar, hippodrome and the Temple of Apollo.

Day 6

## Delphi/Náfplio

Travel Náfplio with a stop at the Corinth Canal on the way. Take part in a brief orientation walk then spend the evening exploring the cobblestone streets with free time. Opt to climb the Acronafplia to take in the views.

Described as one of Greece's prettiest towns, the narrow pedestrian streets of old town are begging to be strolled upon.



### Meals included

Breakfast



### Accommodation

Park Hotel Náfplio (or similar)

Hotel



### Today's Activities

Private Vehicle

Delphi - Corinth Canal

3h

Settle in and scan the scenery from the convenience of a private bus.

Corinth Canal Visit

Corinth Canal

30m

Take a quick break at the Corinth Canal, a marvel of engineering, connecting the Gulf of Corinth to the Saronic Gulf in Greece.

Private Vehicle

Corinth Canal - Náfplio

1h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Orientation Walk Náfplio

Náfplio

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Free Time

Náfplio

Lose yourself in the narrow pedestrian streets of the old town and explore the many sights, sounds, and smells it has to offer.

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## Optional Activities - Day 6

Bourtzi Castle

Náfplo

7EUR

Take a short ferry ride to this Venetian landmark - a medieval castle off the coast of Náfpilo. A visit here offers visitors the chance to explore the castle's rooms, and a great views of the city on shore.

Archaeology Museum

Náfplo

10EUR

1h-2h

Located in one of Náfplo's best preserved Venetian buildings near Syntagma Square, the Archaeological Museum exhibits a wide range of artifacts from the Argolis region, including a full set of armour cast in bronze from the Mycenaean era. It's certainly worth a visit!

War Museum

Náfplo

3EUR

1h-2h

Explore the history of Náfplo through the Greek Revolution, Macedonian Struggle, the Balkan Wars and succeeding conflicts at the War Museum, housed in the building of the First Academy.

Acronafplia Fortress Visit

Náfplo

Free

2h-3h

Climb to the top of the Akronofplia fortress tower to enjoy the phenomenal view from the top that looks back over the bay to Argos and out into the Saronic Gulf.

Palamidi Fortress Visit

Náfplo

20EUR

Explore the Palamidi Fortress, built by the Venetians in the late 1600s when they occupied the area for the second time. Climb the 999 stairs from the town to the fortress, or 913 depending on who you ask—either way expect to feel the burn tomorrow. The view over the Argolic Gulf and the city are worth the work to reach the top.

Day 7

## Náplio/Athens

Enjoy free time to explore Nafplio and the surrounding areas. Choose to visit Epidavros, as well as the nearby site of Mycenae then transfer in the late afternoon to Athens for the night.

There is a wealth of ancient sites to explore within easy reach of Nafplio on a free day such as Epidavros, which is highly regarded as one of the most renowned of Greek ancient sites. Or choose to visit the famous Mycenae, also close by, with its spectacular treasury and ruins, or for another lesser-known Mycenaean site visit Tiryns, just in the suburbs of Nafplio itself.



### Meals included

Breakfast



### Accommodation

Parnon Hotel Athens (or similar)

Hotel



### Today's Activities

Free Time

Náplio

Head out and explore the city or nearby landmarks.

Private Vehicle

Náplio - Athens

2h30m

140km

Settle in and scan the scenery from the convenience of a private vehicle.



### Optional Activities - Day 7

Epidavros Visit

Epidavros

20EUR

Visit Epidavros, highly regarded as one of the most renowned of Greek ancient sites. The site houses a huge, well-preserved theatre famous for its incredible acoustics, as well as the remains of an important medical sanctuary.

Please note to partake in this optional you will need to take a taxi. The pricing listed does not include the cost of roundtrip transportation needed.

Mycenae Site Visit

Mycenae

20EUR

1h-2h

Visit the famous Mycenae, a UNESCO World Heritage Site and archaeological site with spectacular ruins and a treasury. Once a major settlement of Greek civilization, Mycenae was occupied during the Neolithic period around 4000 BC, and is linked to the mythology in Homer's epics the Iliad and the Odyssey.

Please note to partake in this optional you will need to take a taxi. The pricing listed does not include the cost of roundtrip transportation needed.

Tiryns Site Visit

Náfplio

10EUR

Explore the lesser-known Mycenean site, hidden in the suburbs of Nafplio. Along with Mycenae, Tiryns is a listed UNESCO World Heritage Site first excavated in 1831 by German archaeologists.

Day 8

## Athens

Depart at any time.

Please note - if you plan to take part in the Athens Bike Tour, an additional day in Athens is recommended.



### Meals included

Breakfast



### Optional Activities - Day 8

Athens Bike Tour

Athens

35EUR

Cycle through both ancient and modern Athens, visiting the city's top landmarks. The route passes through the Plaka neighbourhood and includes a stop near the National Observatory for views of the Acropolis. Continue past the Kerameikos cemetery, Thissio, and both the Ancient Greek and Roman Agoras.

## What's included

- Your G for Good Moment: Tour of Shedia Home and a Beverage, Athens
- Your Welcome Moment: Meet Your CEO and Group
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- Athens orientation walk
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- Visit the site of Thermopylae Information Center
- Guided tour of Ancient Delphi
- Visit the Corinth Canal
- All transport between destinations and to/from included activities

## What are the main highlights of this trip?

Experience traditional cuisine with a cooking class in Athens, Admire the ancient Acropolis and the Parthenon, Wander through the historic streets of Nafplio and visit Ancient Delphi

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## Is there a disclaimer I should read before booking this trip?

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**VERY IMPORTANT:** Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **What important notes should I be aware of before the trip?**

Please note: on the overnight ferry to Crete the cabins are mixed-sex.

### **ACCOMMODATION NOTE:**

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

### **OPTIONAL ACTIVITIES NOTE:**

During high season in Europe (May-October) we highly recommend booking reservations for any popular optional activities/museum tickets etc. in advance to avoid encountering sold-out activities on the ground while on tour.

## **What is the group leader like?**

This G Adventures group trip is accompanied by one of our Chief Experience Officers (CEOs). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

It is important to note that in Europe, all guiding is based around local guides all of whom are licensed to work only in a particular city. As such, our leaders are able to provide orientation walks which will show you the layout of each town and city as well as the location of local services such as post offices and laundromats, but are unable to legally share historical facts and figures in public places. If you wish to take a guided city tour in any location where this is not already included in the itinerary, your CEO will do their best to help you arrange this and pay locally.

## **How large will the group be?**

Max 16, avg 12

## What meals are included in this trip?

7 breakfasts, 1 dinner

## What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## What are the modes of transportation on my trip?

Taxi, private bus, train, walking

## What transportation will we take on this trip?

Transport on this trip will be a mix of private vehicles and an overnight train. The train system in Greece are generally good and comfortable although there will be some windy roads and as with most things on the Mediterranean, timetables are more of a guideline than strict rule! We will also be travelling by way of overnight ferry. Between transport and hotels you will be required to carry your own luggage short distances (up to 15mins walk), so pack light!

## Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## Where will we stay during the trip?

Hotels (7 nts).

## Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops.

Please be aware that single room accommodations in European hotels are often smaller, and may not be to the same service level as double-occupancy rooms.

## What kind of accommodation can I expect on this trip?

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations.

Note that most accommodation in Europe does not have air conditioning units in rooms. Air conditioning is not routinely installed in European homes and workplaces. However, nearly all hotels will provide a standing or desk fan for your room on hot nights. If you do not already have one in your room, please ask your CEO to organize one for you with reception.

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

From Athens airport (ATH), you can reach the city centre in a few ways. You can take the metro (M3 line) directly to the centre. Alternatively, you can take a local bus (X95).

To arrange an arrival or departure transfer, we recommend you book through our preferred transfer provider - [Welcome Pickups](#)

We advise that you book both your arrival and departure transfers in advance. Please make sure you have the following details before booking:

- Flight number
- Flight Arrival Time and Date
- Flight Departure Time and Date
- Passenger's Name
- Number of Passengers
- Email
- Valid Mobile Telephone Number
- Drop off and/or Pick Up Address

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBER

G Adventures Berlin office: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, from calls within North America only: 1 888 800 4100

Calls from within UK: 0344 272 0000

Calls from within Germany: 0800 365 1000

Calls from within Australia: 1 300 796 618

Calls from within New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## Are there any additional packing suggestions I should consider?

This trip uses a range of different transport, including local ferries, buses, and walking (up to 20 minutes with luggage). PLEASE NOTE: You will be responsible for carrying your own luggage at all times, including when embarking and disembarking ferries, and up and down stairs. Most hotels in Greece also do not have elevators.

Space is limited on transportation, so there is a limit of one piece of luggage per person. Please carefully consider your luggage size and weight when packing, and remember that laundry facilities will be available throughout the tour.

Bringing your belongings in a small or medium sized suitcase, preferably a soft bag, will allow you the flexibility to better enjoy your travels on the ground.

# What should be on my packing list?

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

## Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

### **Warm Weather:**

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## **When can I do my laundry on this trip?**

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the closest laundromat is. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## **What are the visas and entry requirements for my trip?**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

For other nationalities, travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected. Further details can be found [here](#)

Last updated: January 27th 2025

## **What should I consider when planning my personal expenses and discretionary spending for this itinerary?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## **What should I know about currency, credit cards, and exchanging money while on this tour?**

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work in Greece. Check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies. Do not rely on credit or debit cards as your only source of money. A combination of Euros, traveller's cheques and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## **How much emergency money should I bring on this trip?**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## **Do I need to pay a departure tax?**

Usually included in international air ticket.

## **Should I be tipping on my trip?**

While conventions can vary from country to country, tipping is customary in Europe. A general rule is 10% of the bill for wait staff, and a smaller amount (€1 or €2) for other service providers.

Tipping is an expected - though not compulsory - component of your tour program, and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping local guides would range from €3-5 per day, depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

At the end of each trip, if you felt your G Adventures CEO did an outstanding job, tipping is expected and appreciated. The precise amount is a personal preference, however €6-8 per person, per day can be used as a guideline.

# What activities are optional on this trip?

## Athens

- Athens Bike Tour (35EUR per person)
- Syntagma (Constitution) Square Visit (Free)
- National Archaeological Museum Visit (12EUR per person)
- Ancient Agora Visit (20EUR per person)
- Acropolis Museum Visit

## Meteora

- Meteora Sunset Tour (30EUR per person)
- Guided Meteora Monasteries Hiking Tour
- Natural History Museum of Meteora (7EUR per person)

## Náfplio

- Bourtzi Castle (7EUR per person)
- Archaeology Museum (10EUR per person)
- War Museum (3EUR per person)
- Acronafplia Fortress Visit (Free)
- Palamidi Fortress Visit (20EUR per person)
- Tiryns Site Visit (10EUR per person)

## Epídavros

- Epidavros Visit (20EUR per person)

## Mycenae

- Mycenae Site Visit (20EUR per person)

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What are the trip specific safety considerations?

Like anywhere in the world, major cities have areas safer than others, use common sense, be aware of your surroundings and mind your personal belongings.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.