



Highlights of Northern Spain

7 days, Barcelona to Bilbao

Trip code **ESBQ**

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Foodie Moment: Wine Tasting at a Local Winery, Logroño

- Your Foodie Moment: Pintxos (Tapas) Experience, Logroño
- Hike a portion of the Camino de Santiago from Obanos to Puente la Reina
- Entrance and visit to the royal palace of Olite
- Visit Pamplona
- Orientation walks in San Sebastian and Bilbao
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing August 28th, 2024 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Barcelona

Arrive at any time. We recommend arriving a day or two early to fully explore this vibrant city.

There are no activities planned until an evening welcome meeting.

Please note that if you wish to visit popular sites and want to avoid waiting in line, it is advisable to reserve tickets in advance. We recommend pre-arranging your visit to La Sagrada Familia, Park Güell, Casa Batlló, and Casa Milà.



Accommodation

Hotel AA Viladomat Barcelona (or similar)

Hotel



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.



Optional Activities - Day 1

La Barceloneta Visit

Barcelona

Free

30m-1h

Take a stroll on the boardwalk in the neighbourhood of La Barceloneta, an area known for its beaches and waterfront walkway. Visit local restaurants and nightclubs or check out the monuments while there.

Gothic Quarter Visit

Barcelona

Free

2h-3h

Uncover a different side of Barcelona. Visit the old Gothic Quarter with its maze of dark streets, historic cathedral, medieval buildings, bars, and cafés.

La Sagrada Família Visit

Barcelona

17-37EUR

1h-2h

Visit Gaudí's most famous life work, the cathedral of La Sagrada Família, an inspiring, yet, bizarre testament to the artist's unique vision.

Parque Güell Visit

Barcelona

10EUR

2h-2h30m

Get away from it all with a visit to the imaginative Parque Guell. The fantastical works of Antoni Gaudí (1852-1926) are scattered throughout Barcelona, a grouping of these including Parque Guell, Casa Mila, and the Crypt of La Sagrada Família were established as a UNESCO World Heritage Site in 1984. Stroll the tree-lined paths and admire Gaudí's creative genius at play.

Day 2

Barcelona/Logroño

Travel by train to the La Rioja wine region of Spain and the city of Logroño, visiting a local winery shortly after arriving for a tasting. In the evening, set off with your CEO on a tavern crawl to sample small plates of food, called pintxos, very delicious and typical to this part of Spain, which will serve as a light dinner.



Meals included

Breakfast | Dinner



Accommodation

Hotel Condes de Haro (or similar)

Hotel



Today's Activities

Train

Barcelona - Logroño

4h

486km

Climb aboard, take a seat, and enjoy the ride.

ACTIVITY

Head to a nearby winery for a tasting experience of some of La Rioja's finest varieties with an on-site expert. Learn a bit about what makes the region so ideal for wine-producing with the area's climate and soil as you try to pick out different flavours and notes from the various types of wines available.

ACTIVITY

See (and taste) what all the fuss is about - Basque cuisine is famous worldwide, with many believing this is the best food in the country. Enjoy a delicious culinary experience on this pintxos (tapas) crawl from tavern to tavern, tasting and learning all about the different delicacies of the area.

Day 3

Logroño

Take advantage of a free day in Logroño to discover wine country as you please. Options include a day tour to the nearby town of Haro, visit wineries or see some of the sights in the city like the cathedral or the Museum of La Rioja.



Meals included

Breakfast



Accommodation

Hotel Condes de Haro (or similar)

Hotel



Today's Activities

Free Time

Logroño

Enjoy a full free day in La Rioja wine country to do as much or as little as you please.



Optional Activities - Day 3

Logroño Cathedral

Logroño

Free

The Logroño Cathedral (also known as the Santa María de la Redonda) has played an important role in La Rioja culture for over 500 years. Known for its "twin" towers constructed in a classic Baroque style, the cathedral's interiors are just as stunning, with a large painting attributed to Michaelangelo gracing the main altar.

Museum of La Rioja

Logroño

Free

1h-2h

Uncover the history and culture of La Rioja (beyond its famous wines) at the Museo de la Rioja. Set in an 18th century palace, the museum's collection includes items spanning the paleolithic era to the Middle Ages, alongside contemporary religious artifacts. Admission is free with a piece of ID.

Day 4

Logroño/San Sebastian

Travel through the Navarre region today from Logroño to San Sebastian with many stops on the way. First, stop in the town of Obanos for a hike along a portion of the famed Camino de Santiago trail. Continue by bus to the town of Olite to visit the grand palace then stop in Pamplona for a bit of free time to explore. End the day's travels on the coast at San Sebastian and check into the hotel.



Meals included

Breakfast



Accommodation

Casual De Las Olas (or similar)

Hotel



Today's Activities

Private Vehicle

Puente la Reina – Olite

45m-1h

35km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Olite – Pamplona

1h

45km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Pamplona – San Sebastian

1h30m

90km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Logroño – Obanos

1h

70km

Settle in and scan the scenery from the convenience of a private vehicle.

Hike from Obanos to Puente la Reina

Obanos – Puente la Reina

45m-1h

2km

This section between Obanos and Puente la Reina is a particularly short but picturesque stretch of the Camino de Santiago. The trail follows the gentle flow of the Robo river, winding its way through green fields and orchards. The path itself is well-maintained and relatively flat, making it an easy and enjoyable walk, allowing hikers to take in the serene surroundings and absorb the tranquility of the countryside.

Palacio Real de Olite Visit

Olite

1h

Visit the gorgeous Palace of the Kings of Navarre in Olite. The grand monument consists of 3 sections, the Old Palace, New Palace and a church named the Iglesia de Santa María la Real. Explore the many hallways, galleries and bedrooms and learn about its royal history and military significance since it was built in the 13th century.

Day 5

San Sebastian

Start the morning with an orientation walk of San Sebastian with your CEO before enjoying the rest of the day free to get the most out of the city's vibrant centre, waterfront and the incredible food. Some options to choose from could be a visit to a local cider house, take a bike, or a walking tour.



Meals included

Breakfast



Accommodation

Casual De Las Olas (or similar)

Hotel



Today's Activities

Orientation Walk of San Sebastian

San Sebastian

1h-1h15m

Head out with your CEO on foot to get your bearings of San Sebastian's vibrant city centre. Get tips on the best places to visit, explore and eat.

Free Time

San Sebastian

Set off to discover San Sebastian as you please and choose from a variety of different optional activities.



Optional Activities - Day 5

Cider House Visit and Tastings

San Sebastian

55EUR

2h-3h

Visit one of the many local cider houses in the area for an introduction into the world of cider-making from local apples. Sample some of the various flavours and types and learn how the different ciders are produced in this region of Spain.

San Sebastian eBike Tour

San Sebastian

50EUR

Strap on a helmet and set off on an eBike with a local guide to explore San Sebastian's surrounding coast and landscapes. Hear about some of the important sites as you pass and soak in the incredible views of Basque Country.

San Sebastian Walking Tour

San Sebastian

50EUR

Set out on foot with a local guide to discover the old and new parts of San Sebastian. Starting downtown, see the main landmarks like city hall and the Good Shepherd Cathedral, before exploring parts of the old town, passing churches and walking along streets lined with historical buildings and taverns.

Cooking Class in San Sebastian

San Sebastian

3h-3h30m

Dive into the Basque region's culinary world on a cooking class in San Sebastian. First visit a local market with a chef to see all of the fresh produce and ingredients before donning the apron and learning how to prepare some dishes for yourself.

Day 6

San Sebastian/Bilbao

Catch a morning bus from San Sebastian to the city of Bilbao. Set off with your CEO on an orientation walk before enjoying the rest of the afternoon free to explore. Choose to visit the stunning Guggenheim Museum, or climb the Mallona Stairs to Parque Etxebarria for beautiful views over the city.



Meals included

Breakfast



Accommodation

Hotel Bilbao Plaza (or similar)

Hotel



Today's Activities

Local Bus

San Sebastian - Bilbao

1h30m

100km

Climb aboard, grab a seat, and enjoy the ride.

Orientation Walk of Bilbao

Bilbao

1h-1h30m

Set off with your CEO on an orientation walk of Bilbao to get your bearings and to see some of the main sights.

Free Time

Bilbao

Enjoy a free afternoon to explore Bilbao's sights and museums.



Optional Activities - Day 6

Guggenheim Museum Visit

Bilbao

13EUR

1h-2h

Be sure to visit the Guggenheim Museum – it’s a must-see, even if just to marvel at the outside of the building. See Frank Gehry’s acclaimed work – he designed this titanium-clad twisting, curving, and angular building to much praise in the 1990s. Tour the building to take in its maritime theme, supposedly representing the ships along the docks of the city, with titanium squares acting as fish scales and the skylights inside designed to look like fish fins.

Parque de Etxebarria Visit

Bilbao

Free

1h-1h30m

Climb the Mallona Stairs to Parque Etxebarria and be rewarded with beautiful views over Bilbao.

Basilica of Begoña Visit

Bilbao

Free

1h-2h

Take in the beauty of the Basilica of Begoña. It was built in the 1500s with a mix of Gothic architecture and a number of other styles.

Casco Viejo Visit

Bilbao

Free

1h-2h

Take some time to wander through Casco Viejo (Old Town), a medieval neighbourhood also known as Las Siete Calles (Seven Streets), that's considered the most colourful in Bilbao. Discover its many churches, shops, and taverns, and take the elevators to the areas at the top of the hill for further exploration.

Day 7

Bilbao

Depart at any time.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's included

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What are the main highlights of this trip?

Capture photos of stunning countryside and age-old cathedrals, Relax in wine country in Logroño, Devour incredible food in San Sebastian, Experience the Basque way of life

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Is there a disclaimer I should read before booking this trip?

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Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1. LOCAL GUIDES

It is important to note that in Europe, all guiding is based around local guides all of whom are licensed to work only in a particular city. As such, our leaders are able to provide orientation walks which will show you the layout of each town and city as well as the location of local services such as post offices and laundromats, but are unable to legally share historical facts and figures in public places.

2. LUGGAGE

In Europe it is very rare to find elevators in train stations, hotels or other public places. We use public transport on this trip, which means you will need to carry your luggage from platform to platform, in and out of trains and buses etc. and also possibly up several flights of stairs. You will also need to be able to stow your luggage safely on trains and buses. It is therefore essential that you pack light and bring luggage which is compact and lightweight, and which you can easily transport. The carrying of your luggage remains your responsibility at all times. We highly recommend travelling with a backpack or duffel bag over any wheeled luggage options.

3. RESERVE TICKETS IN ADVANCE

Please note that if you wish to visit popular museums we strongly advise reserving tickets in advance to avoid waiting in line for a long time (especially during the high season from May-September, where this can take several hours).

4. ACCOMMODATION NOTE:

Please be aware that properties we stay in may not have elevators installed and climbing the stairs with your luggage will be necessary.

5. OPTIONAL ACTIVITIES NOTE:

During high season in Europe (May-October) we highly recommend booking reservations for any popular optional activities/museum tickets etc. in advance to avoid encountering sold-out activities on the ground while on tour.

What is the role of the group leader during this trip?

This G Adventures group trip is accompanied by one of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

How large will the group be?

Max 16, avg 12.

What meals are included in this trip?

6 breakfasts, 1 dinner

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Public bus, private vehicle, train, taxi, walking.

What transportation will we take on this trip?

Intercity transport on this trip will be mainly by public bus and train. The bus and train systems in Spain are generally very good, most offer seat reservations, some buses have toilet facilities and others don't, but drivers often stop en route for service station breaks.

Please note that we use public transport such as metro and taxis to get to train and bus stations. It is important that you are able to carry your luggage comfortably and that it can be packed into a relatively small space.

Between transport and hotels you may be required to carry your luggage short distances (up to 15mins walk), occasionally the group will take taxis to and from hotels.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (6 nts).

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What kind of accommodation can I expect on this trip?

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations.

Note that most accommodation in Europe does not have air conditioning units in rooms. Air conditioning is not routinely installed in European homes and workplaces. However, nearly all hotels will provide a standing or desk fan for your room on hot nights. If you do not already have one in your room, please ask your CEO to organize one for you with reception.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

From Barcelona airport (BCN), you can reach the city centre in a few ways. You can take the AeroBus, which departs from both Terminals 1 and 2, to Catalunya Square. From there, please take the metro to your Joining Hotel. Alternatively, you can take the L9 metro line to the city centre.

To arrange an arrival or departure transfer, we recommend you book through our preferred transfer provider - [Welcome Pickups](#)

We advise that you book both your arrival and departure transfers in advance. Please make sure you have the following details before booking:

- Flight number
- Flight Arrival Time and Date
- Flight Departure Time and Date
- Passenger's Name
- Number of Passengers
- Email
- Valid Mobile Telephone Number
- Drop off and/or Pick Up Address

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO. If you are unable to get in touch with your leader, please refer to our emergency contact details.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Office London, United Kingdom

During Office hours (Weekdays, 9am-5:30pm Local Time)

+44 20 7243 9870

For absolute emergencies after office hours please contact: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Are there any additional packing suggestions I should consider?

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage. You must be prepared to carry your luggage up and down stairs, on and off transportation, and to hotels (max 15-20 mins.)

What should be on my packing list?

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the closest laundromat is. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

For other nationalities, travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected. Further details can be found [here](#)

Last updated: January 27th 2025

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

Spain is in the Eurozone and the unit of the currency is the Euro.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Visa cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work in Italy - check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies.

Do not rely on credit or debit cards as your only source of money. A combination of Euros, traveller's cheques and cards is best. Avoid relying on traveller's cheques alone as these are less and less readily cashed as clients use them very little.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Should I be tipping on my trip?

While conventions can vary from country to country, tipping is customary in Europe. A general rule is 10% of the bill for wait staff, and a smaller amount (€1 or €2) for other service providers.

Tipping is an expected - though not compulsory - component of your tour program, and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping local guides would range from €3-5 per day, depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

At the end of each trip, if you felt your G Adventures CEO did an outstanding job, tipping is expected and appreciated. The precise amount is a personal preference, however €6-8 per person, per day can be used as a guideline.

What activities are optional on this trip?

Barcelona

- La Barceloneta Visit (Free)
- Gothic Quarter Visit (Free)
- La Sagrada Família Visit (17-37EUR per person)
- Parque Güell Visit (10EUR per person)

Logroño

- Logroño Cathedral (Free)
- Museum of La Rioja (Free)

San Sebastian

- Cider House Visit and Tastings (55EUR per person)
- San Sebastian eBike Tour (50EUR per person)
- San Sebastian Walking Tour (50EUR per person)
- Cooking Class in San Sebastian

Bilbao

- Guggenheim Museum Visit (13EUR per person)
- Parque de Etxebarria Visit (Free)
- Casco Viejo Visit (Free)
- Basilica of Begoña Visit (Free)

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What are the trip specific safety considerations?

Always keep an eye on your belongings especially in major cities, bus and train terminals.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.