



Highlights of Turkey

8 days, Istanbul to Istanbul

Trip code ETIH

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Foodie Moment: Pide Demonstration and Lunch, Selçuk

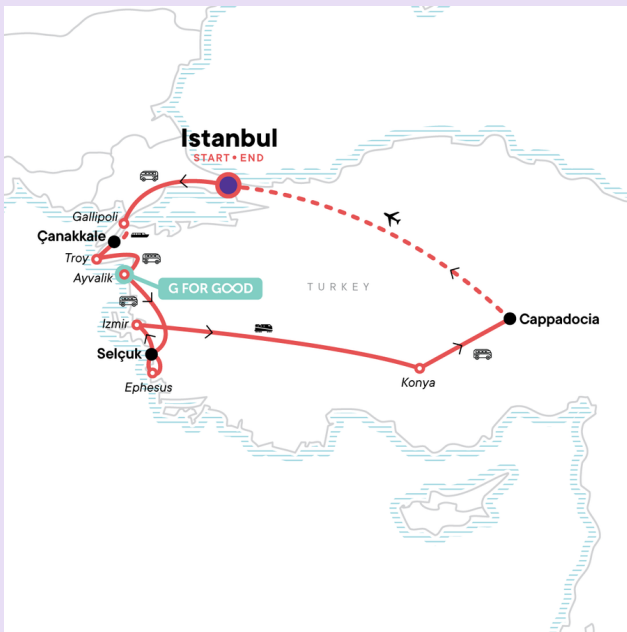
- Your Local Living Moment: Dinner with Local Family, Çavuşin
- Istanbul evening orientation walk
- Gallipoli battlefields entrance and guided visit
- Troy entrance and guided visit
- Ephesus entrance and visit
- Orientation walk in the old Kemeralti bazaar in Izmir
- Tour the Mevlana Museum
- Tea at sunset from a viewpoint over Cappadocia
- Hike through the "fairy chimneys" of Cappadocia
- Kaymakli underground city exploration
- Internal flight
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2027 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Itinerary Notes

Please note, for October and November 2026 departures, the overnight train to İzmir on Day 4 has been replaced with a hotel stay in Afyonkarahisar. After visiting Ephesus, you will have a pide lunch in Selçuk then make a panoramic stop in Pamukkale. On Day 5, you will have breakfast at the hotel and continue the itinerary as per the standard program.

Day 1

Istanbul

Arrive at any time, and meet your CEO and group in the evening at a welcome meeting. Head out for an optional group dinner and take a walk through the old square to see some of Istanbul's iconic monuments lit up at night.

Get the most out of your time in Istanbul by pre-booking the following activity to experience before your tour starts: Istanbul Walking Tour and Bosphorus Cruise. If you do, we recommend booking accommodation for an extra night pre-tour, or arriving at the Istanbul Airport or bus station by 6:00 am on Day 1.

And don't worry if you can't decide now. This activity is available for pre-booking any time before your tour starts, while any of the optional activities listed can be booked independently upon arrival in Istanbul.



Accommodation

Eurostar Old City Hotel & Spa (or similar)

Hotel



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.



Optional Activities - Day 1

Istanbul Walking Tour and Bosphorus Cruise

Istanbul

8h-10h

Go even deeper into Istanbul, discovering diverse and lesser-visited districts with your CEO, and some of the best photography spots in the city! Today we will walk along the ancient Constantinople city walls; see Tekfur Palace(the Blaherne Palace) which has got thick walls adjacent to the landwalls ; stroll through the photogenic Fener (Greek) and Balat (Jewish) districts, known for their colourful wooden houses; enjoy lunch together; and cruise the Bosphorus Strait for stunning views of Ottoman palaces and the city skyline.

Please note: this is a full day (6+ hours) day excursion. Lunch is included. Your CEO will collect you from the hotel lobby at 9am. Please bring sunscreen, a water bottle, and modest clothing/coverings for shoulders and upper legs for visiting religious sites.

There will be a welcome note at the reception with more details from your CEO, so please check on arrival.

Travel east from Istanbul to the Gallipoli Peninsula for a guided tour of the area including ANZAC Cove, the war cemeteries, and Lone Pine. In the afternoon, continue on to the harbour town of Çanakkale.

Make an early morning visit to Gallipoli, where thousands gave their lives during WWI in the battle of the same name. Take in the sights and learn the sombre story.

It is only a little further to Çanakkale, a busy harbour town with a thriving student population. Join the crowds as they stroll the waterfront nightly.



Meals included

Breakfast



Accommodation

Grand Anzac Hotel Canakkale (or similar)

Hotel



Today's Activities

Private Vehicle

Istanbul – Gallipoli Peninsula

4h

260km

Settle in and scan the scenery from the convenience of a private vehicle.

Gallipoli Battlefields Guided Tour

Gallipoli Peninsula

2h30m-3h

Visit this moving and beautiful site, a great complement to any trip to Turkey, even for those not familiar with the Battle of Gallipoli. Tour the grounds to see ANZAC Cove, the war cemeteries, and Lone Pine. Learn how the Turks fought off the numerically superior, but badly commanded, Allied forces who were forced to withdraw nine months later; this battle holds special significance for Australians and New Zealanders, as both nations lost many soldiers.

Ferry

Gallipoli Peninsula – Çanakkale

19m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Day 3

Çanakkale/Selçuk

Set off from Çanakkale and visit the ancient city of Troy. Continue travelling south to the town of Selçuk for the night.



Meals included

Breakfast



Accommodation

Ephesus Nobel Hotel (or similar)

Hotel



Today's Activities

Private Vehicle

Çanakkale - Troy

4h45m

Settle in and scan the scenery from the convenience of a private vehicle.

Troy Visit

Troy

1h-2h

1km

See historic Troy, made famous by Homer's "Iliad," (and more recently by Orlando Bloom and Brad Pitt). Tour the city that, for centuries, was regarded as just a myth, until its ruins were found in the mid-19th century. Imagine what a great city this must have been, while taking a tour of the remains. Don't miss the chance to have a photo taken with the Trojan horse.

Private Vehicle

Troy - Selçuk

15m

Settle in and scan the scenery from the convenience of a private vehicle.

Day 4

Selçuk/İzmir

Explore Ephesus this morning as well as the Temple of Artemis, one of the ancient seven wonders of the world. Back in Selçuk, take part in a demonstration of how to prepare pide, a traditional Turkish flatbread, then devour the delicious results for lunch. In the afternoon transfer to the city of Izmir for an orientation walk of the old Kemeralti bazaar then board an overnight train bound for Cappadocia.

Tour the nearby ancient Roman ruins of Ephesus for a glimpse into what life was like thousands of years before in this part of what is now Turkey. After driving back to Selçuk, learn all about how to make "Turkish pizza," called pide before transferring north to the city of Izmir for some exploration before hopping on the overnight train.



Meals included

Breakfast | Lunch



Today's Activities

Ephesus Visit

Selçuk

2h-3h

Tour the ruins of ancient Ephesus to get a feeling of what life must have been like during Roman times. Take in its massive, well-preserved theatre, which dominates the view down Harbour Street. See the two-story library, whose façade has been carefully reconstructed from all original pieces. Built in AD 125, it once held nearly 12,000 scrolls.

ACTIVITY

Learn all about the preparation of pide, a savoury flatbread often affectionately referred to as "Turkish pizza." See how they are traditionally prepared by flattening wheat dough then topping with cheese, tomatoes and other ingredients before cooking in a hot oven. Enjoy the finished results for lunch.

Private Vehicle

Selçuk - Izmir

1h

80km

Settle in and scan the scenery from the convenience of a private vehicle.

Orientation Walk of Kemeralti Old Bazaar

Izmir

1h-1h30m

Set out on foot with your CEO on an orientation walk of the Kemeralti Old Bazaar, in Izmir. Wander amongst the traditional food stores before taking some free time in Izmir to explore.

Overnight Train (beds)

Izmir - Konya

13h

560km

Curl up in shared, private sleeper cabins and catch a snooze en route to the next stop.

Day 5

Konya/Cappadocia

Disembark the train in Konya and grab some breakfast at a nearby restaurant. Visit the Mevlana Museum before continuing by private vehicle to the Cappadocia region and check into the hotel. Sip a cup of tea or coffee while taking in the sunset from a nearby viewpoint before heading out for an optional dinner with the group in the evening.

Transfer to Cappadocia for 2 days of exploring the surreal and spectacular landscapes of the area.



Meals included

Breakfast



Accommodation

Ciner Hotel Cappadocia (or similar)

Hotel



Today's Activities

Mevlana Museum Visit

Konya

30m

Visit the Mevlana Museum and mausoleum of Mevlana Rumi, a Persian Sufi mystic. Learn more about the mystic Islamic sect known as the Whirling Dervishes.

Private Vehicle

Konya - Cappadocia

3h

233km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 6

Cappadocia

Set out on a full day of exploration of the Cappadocia area, starting with a hike through the iconic "fairy chimneys." Stop at various scenic viewpoints for photos on the way to the massive subterranean complex of the Kaymakli underground city before some free time in the afternoon for individual exploration or to relax at the hotel. In the evening, gain insight into the local cultural traditions by sharing a meal with a local family.

Outdoor enthusiast? Hire a bike to get around on two wheels or join your CEO on an optional trekking tour through one of the beautiful valleys of the region.



Meals included

Breakfast | Dinner



Accommodation

Ciner Hotel Cappadocia (or similar)

Hotel



Today's Activities

Hike Through the Fairy Chimneys of Cappadocia

Cappadocia

1h30m-2h

4km

Immerse yourself into the surreal and spectacular landscapes of Cappadocia on a hike through the iconic and aptly-named "fairy chimney" formations.

Kaymakli Underground City

Kaymakli

1h30m

Visit the ancient and expansive subterranean complex of the Kaymakli Underground City. Thought to have been built between the 8th and 7th Century BC, Kaymakli was carved out of the rock and consists of nearly a hundred tunnels with vast amounts of storerooms, ventilation shafts and a church.

Free Time

Cappadocia

Take advantage of free time in the Cappadocia area to choose from a number of optional activities or relax at the hotel.

ACTIVITY

Enjoy seasonal homemade dishes, and talk with friendly hosts about life in rural Cappadocia.



Optional Activities - Day 6

Pottery Center Visit

Göreme

Free

1h-2h

Learn more about the famous local art of pottery making and take advantage of the opportunity to create your own masterpiece.

Carpet Demonstration

Free

Enjoy an informative demonstration of one of the oldest art-forms in Turkish history. Gain a greater appreciation for the labour and workmanship involved in weaving rugs and carpets as you learn about the process.

Cappadocia Hot Air Balloon Ride

Göreme

Cappadocia is captivating from the ground, but that's just the half of it. See the seemingly hand-painted landscapes of Cappadocia as they deserve to be seen, from the air aboard a hot air balloon. Take to the skies in one of the most favoured places in the world to experience a hot air balloon ride.

Turkish Bath

Göreme

75EUR

Take along a towel, soap, and shampoo, and experience a bath like no other. Following your bath, you will enjoy a traditional foam massage, included in the entrance fee. Get some tips from the friendly locals – they'll show you the correct protocol. Make sure to check the hours as the bathhouses are strictly segregated, usually being used by men in the morning and evenings, and women in the afternoons.

Day 7

Cappadocia/Istanbul

After an early breakfast, transfer to the airport to catch the flight back to Istanbul. Enjoy the rest of the day free for individual exploration of the historic and vibrant city, grab some street food or relax at a cafe before an optional final dinner with the group.

Continue on to Istanbul for the opportunity to finish up your sightseeing or get in some last minute shopping.



Meals included

Breakfast



Accommodation

Eurostar Old City Hotel & Spa (or similar)

Hotel



Today's Activities

Plane

Cappadocia - Istanbul

1h15m-1h30m

675km

Leave the wind-sculpted landscapes of Cappadocia behind and fly back to Istanbul.



Optional Activities - Day 7

Topkapi Palace Visit

Istanbul

1500TRY

1h-2h

1-2km

Take a step back in time with a visit to the Topkapi Palace. Once home to the Ottoman sultans and their harems, it's now a museum hosting a number of collections, ranging from porcelains found in Europe, Asia and China to Ottoman-era weaponry.

Archaeological Museum

Istanbul

15EUR

Opened in 1891, the Istanbul Archaeological Museum is a must-visit for history buffs. Home to a classical statuary, artifacts, and sarcophagi - including the stunning sarcophagus from the Royal Necropolis of Sidon - this museum presents one of the best opportunities to catch a glimpse into the life of ancient Turks.

Dolamabahçe Palace

Istanbul

1200TRY

Built in the early 1800s, the Dolamabahçe Palace is the largest and the most important palace of the Ottoman Empire, after the Topkapi Palace. Marvel at its grandeur.

Galata Tower

Istanbul

30EUR

Climb up the Galata Tower - one of Istanbul's oldest architectural landmarks - for an amazing panoramic view of the city. To get the full experience, time your visit with the call to prayer that happens at sunset.

Basilica Cistern

Istanbul

900TRY

Built in 532 AD, the Basilica Cistern is the largest cistern (underground water storage) of Istanbul. Spot the pillar bases carved in the likeness of Medusa.

Hagia Sophia (or Aya Sofya) Visit

Istanbul

25EUR

1h-2h

Visit the Hagia Sophia, one of the most important and breathtaking icons of ancient Byzantine architecture. The domes and buttresses of the mosque punctuate the skyline of Turkey's capital and stand tall as a symbol of national pride.

Day 8

Istanbul

Depart at any time.



Meals included

Breakfast



Today's Activities

Departure Day

Not ready to leave? Your CEO can help with any onward travel arrangements you require.

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Local Living Moment: Dinner with Local Family, Çavuşin
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What are the main highlights of this trip?

Discover historic cities and explore the ancient ruins of Ephesus and Troy, Visit the historic WWI battlefield of Gallipoli, Marvel at the extraordinary scenery of Cappadocia, Enjoy dinner in a local family home,

Itinerary Notes

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Are there Itinerary notes?

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What important notes should I be aware of before the trip?

ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

RAMADAN

According to the lunar cycle, the next Ramadan is set to last between Feb 8- Mar 8, 2027. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still operate effectively during this period and food is available to non-Muslims throughout the day. It is very important to display increased cultural sensitivity during Ramadan. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

EXTRAS

Looking to add to your experience? Check out our Extras! Specially designed for travellers with unique interests, Extras are optional add-ons to your G adventures trip that make your adventure more you-centric. Extras must be booked prior to departure, please see details in our optional activities field and ask your sales GCO or travel agent about booking.

****If you confirmed the My Own Room service, please see the FAQs for exception nights****

What is the role of the group leader during this trip?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

What is the maximum and typical number of participants on this tour?

Max 15, avg 10

What meals are included in this trip?

7 breakfasts, 1 lunch, 1 dinner

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip.

Breakfast

Turkish breakfasts are very different from your usual cereal and toast morning fare - when was the last time you had olives for breakfast? They pretty much universally consist of large slices of fresh "french style" white bread accompanied by slices of tomato, cucumber, white and yellow cheeses, olives, jam and honey. This is accompanied by tea (which a Turk would always choose!) or coffee (which is pretty much always instant coffee) You will of course want to sample the famous Turkish coffee, but it is usually taken after a big lunch or dinner, or in the late afternoon with a pastry. While we think these breakfasts are absolutely delicious, some travellers do find them a bit repetitive and enjoy buying market fruit the day before and eating this for breakfast.

Lunches

Will usually be simple and on the run. They are a great chance to try Turkey's delicious and healthy array of "fast foods". This may include, "gozleme", a type of Turkish savory crepe, "chorba", delicious lentil soup, and of course doner kebabs in both beef and chicken varieties. You won't want to miss the chance to try "pide", Turkish pizza, and lahmacun - thin crust pizza you fold greenery into. You may also find "kumpir", Turkish stuffed potatoes.

Dinner

Most Turks start their dinners with a couple of mezes - small taster dishes such as grilled octopus, aubergine salad, and many more. You could also choose a soup made of fresh local ingredients. Main courses tend to be based around fresh seafood if you are near the coast (expect to pay around 500 - 600 lira for a whole fish) or the ubiquitous kebab - skewers of charcoaled meat which comes on bread with salad. There are plenty of variations of the kebab; many regions have their own speciality so be sure to ask your leader.

Desserts

Yum - it's all about the sugar. Baklava (about 65 TL a piece for the good stuff) is something of a national obsession and it is believed the best comes from the East. There are endless varieties of pastries and milk-based deserts available and you are sure to spend at least some time in a Turkish bakery taste testing.

Snacks

Don't miss munching on a simit, a Turkish pretzel, or perhaps some grilled sweet corn to get you through between meals.

Drinks

Tea, served in small tulip glasses, is the number one beverage of choice in Turkey. It is freshly brewed and a tea bag is a rare thing. Turkish coffee is wonderful thing to try. The national beer is named Efes and is very good (usually 160 - 170 TL a bottle). Wine is made in Turkey and is getting better every year. Expect to pay around 250 - 300 liras for a glass in a restaurant. Water is approximately 35 TL for a 1.5 litre bottle, soft drinks and juices are around 70 - 80 TL.

What are the modes of transportation on my trip?

Private vehicle, ferry, train, plane, walking.

How will we travel between destinations?

This tour uses a mix of private and public transport.

Public buses in Turkey are very comfortable, being a comfortable, air conditioned "Greyhound" type of coaches with reclining seats and curtains to keep out the sun. You are usually served a drink and perhaps a light snack, along with the ubiquitous lemon hand cologne to keep you fresh!

Are local flights included in the cost of the trip?

If required all local flights are included in the cost of your tours unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

This tour includes internal flights. Please note domestic flights in Turkey have the following carriage allowance:

Check-in: 15 kg (33 lbs)

Carry-on: 8 kg (17.5 lbs)

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (6 nts), Overnight Train (1 nt).

Do any exceptions apply to Rooming or “My Own Room” on my tour?

Night 4 (overnight train).

What should I expect from the accommodations on this trip?

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, Istanbul Airport is no longer permitted to present branded/company signs. At the Istanbul Airport (IST) G Adventures has been allocated the characters: After collecting your luggage, proceed through Exit Door 13 and look for an individual holding an "M55" sign. This person will transfer you to your first accommodation.

If you are unable to locate your transfer, please contact the local transfer company emergency number: +90 539 424 42 48.

If you are unable to reach them or require further assistance, please contact the G Adventures Emergency Line: +44 1858 378 000

If you are arriving at Sabiha Gokcen (SAW) Airport, G Adventures has been allocated the sign "M55" for your airport pickup. After exiting the terminal, proceed straight across the road to the 10th column. At the end of the walkway, you will find an individual holding an "M55" sign. This person will be responsible for transferring you to your first accommodation.

If you are unable to locate your transfer, please contact the local transfer company emergency number: +90 539 424 42 48.

If you are unable to reach them or require further assistance, please contact the G Adventures Emergency Line: +44 1858 378 000.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What should I do if I can't find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Turkey)

Emergency number: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What details should I be aware of when planning my departure day?

If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

What are the packing guidelines and luggage restrictions?

You will be on the move a lot, so our advice is to pack as lightly as possible. We highly recommend using a backpack or light sports bag, whichever you find easiest to carry, plus a small daypack. Luggage space on public transport is limited. You must be prepared to carry your own bags and be comfortable carrying them between transport and hotels (max. 15-20 mins walking), hopping on and off trains and public buses and up and down stairs.

What should I pack for this trip?

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Footwear (required) (Closed toe suggested)
- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, band-aids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Warm Weather:

- Sandals/flip-flops
- Sturdy water shoes/sandals
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

Where can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the nearest laundromat is. There will be times when you may want or have to do your own laundry so we suggest you bring your own non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The local currency in Turkey is the Turkish Lira (TRY).

ATMs are found within main cities in Turkey and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible as while there is no hard and fast rule, some banks seem to only work with one brand of card. Please note, your bank will charge a fee for overseas withdrawals.

Cash is recommended for times when ATMs are not accessible. Euros, British Pounds and US Dollars are all easy to exchange to the Local currency. Please note that you should bring some cash with you for emergency situations but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix.

If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 1996, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates:
www.xe.com

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

Normally included in departure flight tickets.

What are the tipping guidelines for this trip?

It is customary in Turkey to leave a small tip for service providers, such as waiters, if you are pleased with the service (%10 of your bill). Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers would range from €15-20 per week depending on the quality of the service.

Also at the end of each trip if you felt your G Adventures CEO (in Turkey as they are also the tour guides for any ancient sites visited) or skipper did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline €6-8 per person, per day can be used.

What activities are optional on this trip?

Istanbul

- Istanbul Walking Tour and Bosphorus Cruise
- Galata Tower (30EUR per person)
- Topkapi Palace Visit (1500TRY per person)
- Hagia Sophia (or Aya Sofya) Visit (25EUR per person)

Göreme

- Pottery Center Visit (Free)
- Cappadocia Hot Air Balloon Ride
- Turkish Bath (75EUR per person)

Cappadocia

- Carpet Demonstration (Free)

Istanbul

- Archaeological Museum (15EUR per person)
- Dolmabahçe Palace (1200TRY per person)
- Basilica Cistern (900TRY per person)

Are there any health considerations I should know before travelling?

DRINKING WATER: It is advisable to drink bottled water in Turkey.

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

There are no specific health requirements for this trip. However, you should consult your doctor for up-to-date medical travel information before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that we are in remote areas and away from medical facilities for some time during this trip, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc.

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

Are there any specific safety considerations for this itinerary?

Like anywhere in the world, major cities have areas safer than others, use common sense, be aware of your surroundings and mind your personal belongings.

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

What are the mandatory travel insurance requirements for this trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

While visiting mosques and other religious monuments you should dress modestly, cover your shoulders and you shouldn't wear short shorts or skirts. Outside of capital cities and the more touristic centres, local dress is often more conservative and as a matter of respect we ask that both men and women are aware of this and recommend loose-fitting clothes with your shoulders covered. Ask your CEO for more specific advice.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

What are the age restrictions for this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.