



## **Hike Alaska: Glaciers and Denali**

7 days, Anchorage to Anchorage

Trip code NUSD

### **What's included**

- Your Welcome Moment: Meet Your CEO and Group
- A visit to Chugach National Forest with hikes to Byron Creek and Carter Lake

- A hike up Mount Marathon in Seward
- Free time for optional activities in Seward
- Harding Icefield Hike
- Hike along the Talkeetna Lake Trail en route to Denali NP
- A hike up the Mount Healy Overlook trail in Denali National Park
- Hike along Horseshoe Lake
- Free time in Denali National Park for optional activities
- National Park entrance fees
- All transport between destination and to/from included activities

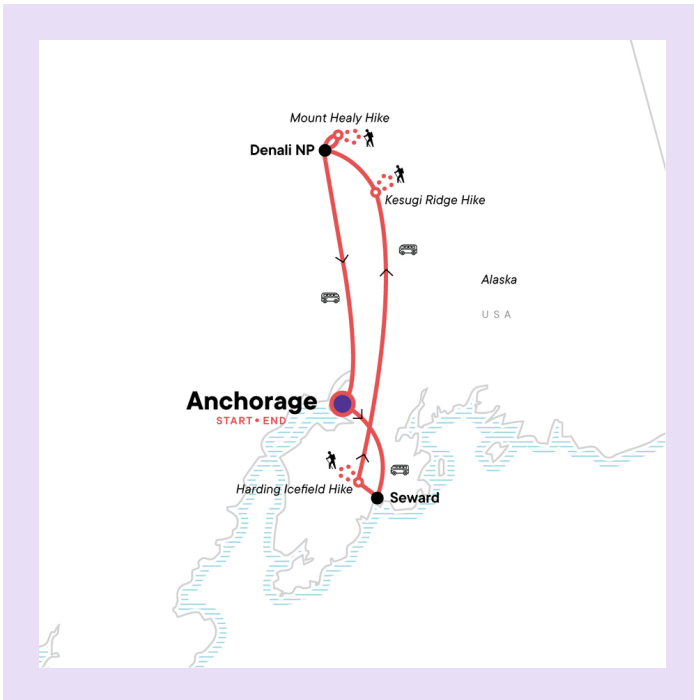
The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing March 14th, 2025 and onwards

# Itinerary

---



**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Anchorage/Seward

After a brief welcome meeting with your CEO, travel towards Seward this morning with a stop at Alyeska Ski Resort in Girdwood for a rewarding hike on the North Face Trail. Climb over 2000 ft elevation up the north face of Mt Alyeska to expansive views of Turnagain Arm, the Girdwood Valley, the surrounding glaciers, and the towering peaks of the Chugach Range. Keep a look out for wildlife along the trail before reaching the Mt Alyeska gondola for an enjoyable descent back to the valley.

Afterwards, the group will transfer to the accommodations in Seward along Resurrection Bay. In the evening, enjoy dinner together around the campfire.



### Meals included

Dinner



### Accommodation

Millers Landing Cabins (or similar)

Campground



### Today's Activities

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Private Vehicle

Anchorage - Seward

2h15m-2h30m

204km

Sit back and enjoy the scenery from the comfort of your private vehicle from Anchorage to Seward. The drive will take you along the winding road along the Turnagain Arm waterway.

North Face Trail Hike

Seward

3h30m-4h

10km

Hike along the North Face Trail to views from Mt Alyeska. This steep 2.5-mile trail near Girdwood, Alaska offers gorgeous scenery and a fun challenge. It takes about three hours to complete and is a great time to absorb Alaska's untamed beauty and wildlife.

After a camp breakfast, spend the day hiking the Harding Icefield Trail. This spectacular 7.4 mile trail begins on the valley floor and then winds through cottonwood and alder forests, heather filled meadows, and climbs above the tree line for a breathtaking view of the Icefield. It will take 6-8 hours to complete and offers plenty of impressive views along the way to keep you going.

Please note that the length of your hike today may vary depending on the season and overall snow pack.



## Meals included

Breakfast | Lunch



## Accommodation

Millers Landing Cabins (or similar)

Campground



## Today's Activities

Private Vehicle

Harding Icefield – Seward

18m

20km

After a day spent hiking, settle in and scan the scenery from the convenience of a private vehicle. Travel between the Harding Icefield trailhead and Seward along the same route you drove in on.

Private Vehicle

Seward – Harding Icefield

30m

20km

Settle in and scan the scenery from the convenience of a private vehicle between Seward and the Harding Icefield Trailhead. Travel along the river feeding into the bay from the icefield itself and enjoy the stunning views along the way.

Hike to View Exit Glacier on the Harding Icefield Trail

Exit Glacier – Seward

5h-8h

12km

Head out on an amazing hike to the Exit Glacier along the Harding Icefield trail. The 11.9km (7.4 mi) round trip of the Harding Icefield Trail is a spectacular day hike through the Alaska backcountry.

Starting on the valley floor, the trail winds through cottonwood and alder forests, passes through heather-filled meadows and ultimately climbs well above tree line to a breathtaking view of the icefield. The top of the trail is a window to past ice ages – a horizon of ice and snow that stretches as far as the eye can see, broken only by an occasional nunatak or lonely peak. There are various lookout points along the trail that serve as good turnaround points. Portions of the upper trail are covered by ice and snow part of the year. Easier, shorter hikes to the base of the glacier are also options that also afford beautiful views for those not looking for a strenuous hike.

Day 3

## Seward

Today is all about Seward. After breakfast, how the day will go is up to you. The morning will consist of a challenging hike up Mount Marathon or free time in town to do as you please if you aren't in the mood for this hike.

In the afternoon, enjoy free time to find a lunch spot in Seward and then opt to walk around the waterfront of downtown, visit the Alaska Sealife Center, watch for otters playing in the water, or rent a kayak and explore Resurrection Bay.



### Meals included

Breakfast



### Accommodation

Millers Landing Cabins (or similar)

Campground



### Today's Activities

Mount Marathon Hike

Seward

5km

This particular hike is one of the more unique things to do in Seward. Located just one mile outside of town Mt. Marathon overlooks Seward and Resurrection Bay. Hiking to the top is challenging but well worth it for the views. You gain nearly 3,022 ft in elevation, a climb that puts you nearly in the clouds. It's a bit steep, but there's nothing quite like the accomplishment of completing this hike.

Free Time

Seward

Free time to explore Seward and find hidden gems. Maybe grab a bite to eat, walk around the waterfront, rent kayaks, or simply hang out.



### Optional Activities - Day 3

Wildlife Cruise

Seward - Resurrection Bay

Learn about the history of Resurrection Bay, watch for wildlife and seabirds, while you take in the fantastic scenery on a wildlife cruise. Pass by cliffs, glaciers and dense forests.

Alaska SeaLife Center Visit

Seward

30USD

1h-3h

The Alaska SeaLife Center is the only public aquarium in the state and also functions as an ocean wildlife rescue center. The facility focuses on research, rehabilitation, education, and exhibits.

Kayaking on Resurrection Bay

Seward

109USD

Get out on the water with a guided kayak of Resurrection Bay. Paddle along the coastline while learning about the flora and fauna as well as the history of the region. Enjoy some snacks and stretch your legs on a trek through a coastal rainforest before making your way back to the dock.

Day 4

## Seward/Denali National Park and Preserve

Travel to Denali National Park with the group in the morning. Along the way make a stop to hike the Talkeetna Lake Trail through lush old-growth forest. Search for wildlife in one of the area's most beautiful settings.

In the late afternoon continue on to Denali National Park where you'll be camping with shared bathroom facilities.



### Meals included

Breakfast | Dinner



### Accommodation

Denali Grizzly Bear Resort & Campground (or similar)

Campground



### Today's Activities

Private Vehicle

Seward - Talkeetna

4h45m-5h

414km

Settle in and scan the scenery from the convenience of a private vehicle between Seward and the Talkeetna Lake Trail located northwest of Anchorage. The route taken winds over Moose Pass and along the waterway again, passing Anchorage and heading inland towards Talkeetna and Denali National Park.

Talkeetna Lake Trail

Trapper Creek

A great place to hike and look for wildlife this 3.7 mile loop offers lake views and strolls through deep woods. Search for otters, beavers, bears, foxes, maybe moose, and hundreds of different species of birds. Walk through lush old-growth forest and listen for the loons calling across the water.

Private Vehicle

Talkeetna - Denali National Park and Preserve

2h45m-3h

240km

Settle in and scan the scenery from the convenience of a private vehicle between Talkeetna and Denali National Park. Enjoy the views along the way as you pass through Denali State Park and roads line with forest.

## Denali National Park and Preserve

Breakfast this morning will be boxed so you can eat it on the go. The group will be taking the shuttle bus into the park to experience more of the scenery and wildlife that Denali has to offer.

After a picnic lunch, the group will hike the Horseshoe Lake trail. Highlights of this easy, but rewarding hike include the calm waters of the lake nestled in its forested surroundings and views along the edge of the Nenana River where you could watch whitewater rafters pass by.



### Meals included

Breakfast



### Accommodation

Denali Grizzly Bear Resort & Campground (or similar)

Campground



### Today's Activities

Denali National Park Visit

Denali National Park and Preserve - Denali

Spend the day exploring Denali National Park. The area is well-known for its diversity of wildlife and the highest peak in North America, Mount McKinley, also known as Denali. There are 39 species of mammals, 167 species of birds, 10 species of fish, and one species of amphibian known in Denali.

Summer is a time for raising the young and preparing for migration, hibernation, or survival during the winter and, with a little luck, we witness it all. Discover the dynamic glaciated landscape providing large rivers, countless lakes and ponds, and unique landforms which form the foundation of the ecosystems that thrive in Denali National Park.

Horseshoe Lake Hike

Denali National Park and Preserve

This trail is located near the park entrance and is easy to complete, but has surprisingly varied scenery and plenty of chances to spot wildlife. If you walk the whole loop you'll see the rocky rapids of the Nenana River, a beaver dam along the creek, and a small beach along the lake. The hike starts off with a somewhat steep downhill, where you'll get a scenic glimpse over both the lake and river below. After that it flattens into the loop portion of the trail.



## Optional Activities - Day 5

Rafting on Nenana River

Denali National Park and Preserve

95-150USD

Hit the rapids on the Nenana River. Soak in the gorgeous scenery and get a rush of adrenaline in Denali National Park.

Denali Scenic Flight

Denali National Park and Preserve

220-420USD

Take to the skies for a bird's eye view of the spectacular grandeur. Get a better view of the mountains, glaciers, and wilderness from a few thousand feet up.

Denali Hiking

Denali National Park and Preserve

1h-3h

2-7km

Use any of the hiking trails around the park to enjoy the rugged beauty of Denali National Park. If the weather is clear, look up to see Mount McKinley, locally known as Denali, towering overhead. Some of the most popular trails are the Mount Healy overlook trail and Horseshoe Lake trail.

The Mount Healy trail allows hikers to travel part of the way up Mount Healy which overlooks the entrance area to the park. Even though it is one of the steepest trails in Denali the effort is well worth it. You will walk steadily through spruce forest before encountering the switchbacks that will have you above the tree-line in no time. The official trail ends at the overlook with great views to the south where you can choose to continue to the true peak of Mount Healy or you can turn back. Please note that this trail is not a loop.

The Horseshoe Lake trail is a rather popular loop hike that attracts quite a few people, so you certainly won't be the only one out there. As you follow this well developed trail down to the lake you will pass the overlook which gives you a gorgeous panoramic view of the Nenana river often referred to as "Glitter Gulch" right outside the park. You will also be able to see the surrounding mountains towering in the distance. Once you arrive at the lake stay on the lookout for full-racked bull moose as this can be a popular spot for them to cool off during the summer months. This hike is truly a great starter trail in the area that will get you a bit more acquainted with the beauty of Denali National Park.

## Denali National Park and Preserve

Wake up at camp this morning and eat a quick breakfast before heading out to explore the park and the surrounding areas today. You'll have free time to enjoy optional front country hikes in the park: Mount Healy Overlook Trail which offers dramatic views over the Nenana Valley and surrounding mountains and ridges and gains 1700 feet of elevation in only 2.5 miles and/or The Horseshoe Lake Trail. Highlights of this easy, but rewarding hike include the calm waters of the lake nestled in its forested surroundings and views along the edge of the Nenana River where you could watch whitewater rafters pass by.

You can also choose other optional activities near Denali like rafting, or scenic flights with or without glacier landing before returning to the campsite in the evening.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Denali Grizzly Bear Resort & Campground (or similar)

Campground



## Today's Activities

Denali National Park Visit

Denali National Park and Preserve - Denali

Spend the day exploring Denali National Park. The area is well-known for its diversity of wildlife and the highest peak in North America, Mount McKinley, also known as Denali. There are 39 species of mammals, 167 species of birds, 10 species of fish, and one species of amphibian known in Denali. Summer is a time for raising the young and preparing for migration, hibernation, or survival during the winter and, with a little luck, we witness it all. Discover the dynamic glaciated landscape providing large rivers, countless lakes and ponds, and unique landforms which form the foundation of the ecosystems that thrive in Denali National Park.

Mt Healy Overlook Trail Hike

Denali National Park and Preserve

3h-4h

7km

Mt Healy Overlook Trail is an easy to moderate hike after the first third of it. It's about 4km (2.5 mi) one way with an elevation gain of about 518.2m (1,700 ft). Enjoy gorgeous view of the Alaska Range on a clear day.



## Optional Activities - Day 6

Denali Hiking

Denali National Park and Preserve

1h-3h

2-7km

Use any of the hiking trails around the park to enjoy the rugged beauty of Denali National Park. If the weather is clear, look up to see Mount McKinley, locally known as Denali, towering overhead. Some of the most popular trails are the Mount Healy overlook trail and Horseshoe Lake trail.

The Mount Healy trail allows hikers to travel part of the way up Mount Healy which overlooks the entrance area to the park. Even though it is one of the steepest trails in Denali the effort is well worth it. You will walk steadily through spruce forest before encountering the switchbacks that will have you above the tree-line in no time. The official trail ends at the overlook with great views to the south where you can choose to continue to the true peak of Mount Healy or you can turn back. Please note that this trail is not a loop.

The Horseshoe Lake trail is a rather popular loop hike that attracts quite a few people, so you certainly won't be the only one out there. As you follow this well developed trail down to the lake you will pass the overlook which gives you a gorgeous panoramic view of the Nenana river often referred to as "Glitter Gulch" right outside the park. You will also be able to see the surrounding mountains towering in the distance. Once you arrive at the lake stay on the lookout for full-racked bull moose as this can be a popular spot for them to cool off during the summer months. This hike is truly a great starter trail in the area that will get you a bit more acquainted with the beauty of Denali National Park.

After breakfast at the campsite settle in for your drive back to Anchorage from Denali where the tour ends on arrival.



## Meals included

Breakfast



## Today's Activities

Private Vehicle

Denali National Park and Preserve - Anchorage

4h-5h

370km

Settle in and scan the scenery from the convenience of a private vehicle.

## What's included

- Your Welcome Moment: Meet Your CEO and Group
- A hike up the Mount Healy Overlook trail in Denali National Park
- A visit to Chugach National Forest with hikes to Byron Creek and Carter Lake
- Hike along Horseshoe Lake
- A hike up Mount Marathon in Seward
- Free time in Denali National Park for optional activities
- Free time for optional activities in Seward
- National Park entrance fees
- Harding Icefield Hike
- All transport between destination and to/from included activities
- Hike along the Talkeetna Lake Trail en route to Denali NP

## **What are the main highlights of this trip?**

Hike among glaciers and icefields, Marvel at the scenery in Denali National Park, See dramatic views of a glacier on the Byron Creek trail, Spend free time in Seward exploring this fun town, Hike the Talkeetna Lake Trail en route to Denali NP, Take in panoramic views from the Mt Healy Overlook trail, Look for bears and other wildlife in their natural habitat

## **What are the main highlights of this trip?**

Hike among glaciers and icefields, Marvel at the scenery in Denali National Park, See dramatic views of a glacier on the Byron Creek trail, Spend free time in Seward exploring this fun town, Hike the Talkeetna Lake Trail en route to Denali NP, Take in panoramic views from the Mt Healy Overlook trail, Look for bears and other wildlife in their natural habitat

## **Is there a disclaimer I should read before booking this trip?**

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

## **Is there a travel disclaimer for my itinerary I should review before booking this trip?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

# What important notes should I be aware of before the trip?

## 1. WALKS AND HIKES

All walks and hikes proposed by our CEO will be a moderate level. You may choose to participate or not, but exploring our national parks on foot is part of our way of travelling. It's a healthy way to discover North America's beauty and landscape.

## 2. LEGAL DRINKING AGE

Please note that the legal drinking age in the United States is 21. Many bars and clubs will ask for ID at the door, therefore listening to live music in certain bars or spending a night out is not possible when you are under the legal age, even if you don't plan on consuming alcohol. Drinking laws are strictly enforced and our CEOs are unable to help those under age obtain alcohol of any kind. In Alaska, ID is often checked, even for the elderly, and in many places every single customer making an alcohol purchase must show identification (either US government-issued ID or passport if not from the States).

While this should not stop those under legal drinking age from booking a tour, it is important to note that if a traveller is under-age there are certain optional nighttime activities that they may not legally be able to participate in. When trying to book the right trip, we recommend that travellers under legal drinking age take this into consideration.

# What is the group leader like?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

# How large will the group be?

Max 13.

# What meals are included in this trip?

6 breakfasts, 2 lunches, 3 dinners

## **What are the meals like on this trip?**

Some meals on this tour are included in the tour price. When a meal is not included, this is because there are often many options available and we believe you should have the opportunity to explore a bit and taste the local cuisine yourself. In these cases, your CEO will be able to suggest some good local restaurants or options for you to choose from.

## **What are the modes of transportation on my trip?**

Private vehicle, national park shuttle bus, hiking.

## **What transportation will we take on this trip?**

For this trip we use 15-passenger vans for up to 14 people plus the CEO/Driver. For groups of 8 and more travellers, we also use a trailer to carry luggage. These durable vehicles allow us to drive on most types of roads in North America.

Each van has a front passenger seat and 4 benches that will accommodate 3 people each with mandatory seat belts to keep us secure and safe. No standing is permitted in these vehicles.

Please take note of the travel times and distances in the above itinerary. There is air conditioning to cool things down on warm days to keep everyone more comfortable. Despite some of the long days, most travellers feel that the diversity of the North American landscape, culture and wildlife are all well worth the experience!

## **Is there an extra cost for travelling solo?**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Participation camping (3nts), cabins with shared bathroom facilities (3nts).

## **Do any exceptions apply to Rooming or “My Own Room” on my tour?**

Nights 4-6

## What kind of accommodation can I expect on this trip?

Participation camping in campgrounds and shared bath cabins in Denali.

Please be aware that American campgrounds have various sites available and because of this there will likely be RVs, camper-trailers, popups and tent camping all on one property.

Participation camping in clean local campgrounds. All camping equipment (with the exception of your sleeping bag and pillow) is supplied, including comfortable camp mattresses. We supply dome tents that take only 5 minutes to assemble/disassemble. They are good quality, durable, industry-standard, oversized 2-person tents, each with 2 separate and convenient zip-up doors, so that each person has his/her own entrance.

We use 2 types of campgrounds:

- 1.) Private campgrounds: These are privately run sites, usually with all services such as fire pits, picnic tables, drinking water, toilets & shower buildings. Some have small outdoor swimming pools and laundry facilities. These campgrounds are typically located near national park entrances or towns.
- 2.) Public campgrounds: These are park-run sites, usually with basic facilities such as fire pits, picnic tables, and drinking water. Some may have shower fees for onsite facilities (\$2-6/shower).
- 3.) Charging stations may or may not be available at every campground. Most provide them, but your CEO can alert you when there will be a time between charging access points.

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

From Anchorage airport (ANC), to reach your starting accommodation you can take the public Anchorage Transit bus or a local taxi. Please go to the airport information desk for assistance.

WELCOME MEETING TIME: 08:00

Please note that Day 1 is also a travel day, departing Anchorage around 9am from the joining hotel. Please refer to your tour voucher for your confirmed starting point.

Your CEO will organize a short meeting on the morning of Day 1 during which you will meet other tour participants and receive information about general and specific aspects of the trip. Should you arrive early, a welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, please call the emergency line as soon as possible to arrange onward transportation to catch up with the group.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call the G Adventures Local Representative. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Las Vegas)

From outside the USA: 1-725-201-1494

From within the USA: 725-201-1494

If you are unable for any reason to contact our local representative, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What information should I be aware of as the itinerary draws to a close?

Please note this tour ends on arrival into Anchorage. Your flight must depart no earlier than 16:00.

## Are there any additional packing suggestions I should consider?

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the CEO, who will take a lead in loading the storage trailer. Due to space in the trailer, we will not be able to accommodate more than one piece of main luggage per person. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as access to luggage between destinations will be limited. This daypack will be used to carry your personal items and gear for the day, your lunch, and a water bottle.

Please note that self-inflating camping pads are provided. Most travelers find these to be suitable, but should you feel you may need extra comfort, an additional sleeping pad such as a Therm-a-rest can be brought from home and carried in your daypack.

# What should be on my packing list?

## Camping:

- Bug net/ bug spray
- Day Pack (with water bladder or refillable bottle)
- Flashlight/torch (Headlamps are ideal)
- Hiking boots/sturdy walking shoes
- Sleeping bag and liner, 4 season
- Small travel towel
- Socks
- Sunglasses
- Sunscreen
- Thermal base layer
- Toiletries (Preferably biodegradable)
- Travel pillow
- Watch and alarm clock
- Waterproof daypack cover
- Windproof rain gear (Rain and Windproof rain gear - pants and jacket)
- Your own inflatable sleeping pad (or you can use the one provided)

## Clothing:

- A sun shirt with hood
- Camp shoes and sandals
- Comfortable camp clothing
- Comfortable sleepwear (that layers for temperature fluctuations)
- Fleece jacket or warm layer
- Hiking boots/sturdy walking shoes ((gore tex or water resistant))
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Long-sleeved shirts
- Shorts
- Short sleeve t-shirt, light-weight, moisture-wicking
- Sun hat/bandana
- Swimwear
- Synthetic hiking shirts (long and short sleeved.)
- Synthetic Hiking Socks
- Thermal base layer
- Warm gloves
- Warm hat

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

## **Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.) Note: We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the CEO, who will take a lead in loading the storage trailer. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as well as your lunch, and a water bottle. Please also note that self-inflating camping pads are provided. Most travelers find these to be suitable, but should you feel you may need extra comfort, an additional sleeping pad such as a Therm-a-rest can be brought from home and carried in your daypack.

## **When can I do my laundry on this trip?**

Laundry can be done at least once while on tour. Most cities have laundromats where you can buy soap and wash your laundry in coin-operated machines. Your CEO will advise you along the trip where you will be able to do your laundry.

## What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

The United States currency is the US Dollar (USD).

Credit cards are accepted almost everywhere in the US and can be used to purchase small and large items. When purchasing products or services with a foreign credit card in the USA, you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of US Dollars as cash (preferably smaller bills, 5's, 10's and 20's), traveller's cheques and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is very difficult to find in the USA and most banks do not accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

It is customary in North America to tip service providers such as waiters, bartenders and taxi drivers, at approximately 18-20%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip any local guides used. Recommendations for tipping local guides would range from \$2-8 USD per activity depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, tipping is appreciated. The amount is entirely a personal preference; however as a guideline \$10-15 USD per person, per day can be used as a guide. If your CEO(s) exceeded your expectations, feel free to tip more.

## What activities are optional on this trip?

### Seward

- Wildlife Cruise
- Alaska SeaLife Center Visit (30USD per person)
- Kayaking on Resurrection Bay (109USD per person)

### Denali National Park and Preserve

- Rafting on Nenana River (95-150USD per person)
- Denali Scenic Flight (220-420USD per person)
- Denali Hiking

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

# What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.