



## **Hiking Sequoia, Kings Canyon, and Yosemite**

8 days, Las Vegas to San Francisco

Trip code NUZF

### **What's included**

- Your Welcome Moment: Meet Your CEO and Group
- Sequoia National Park Visit

- General Sherman Giant Forest Hike
- Buena Vista Peak Hike
- Kings Canyon National Park Visit
- Little Baldy Hike
- Yosemite National Park Visit
- Entrance fees to all national parks with hiking and walking excursions
- Self-inflating mattresses and dome tents
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing February 8th, 2023 and onwards

# Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Las Vegas

Arrive at any time.

There are no planned activities today until the evening welcome meeting, so check out the strip or Fremont Street.

This tour leaves Las Vegas in the morning on Day 2; if you would like to spend any additional time here, we recommend booking pre-tour accommodation.

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### Accommodation

Golden Nugget Las Vegas (or similar)

Hotel

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### Today's Activities

#### ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Leave the bright lights of Las Vegas behind and spend the day travelling through the desert to the granite cliffs and ancient giant trees of Sequoia and Kings Canyon National Parks. Though these two parks were granted National Park status roughly 50 years apart, they are currently managed together by the National Park system. After setting up camp, slow down to relish the natural setting, and roast s'mores around the fire.

Please note several of the trails we use do not have water accessible. Please bring a bottles/bladder with a capacity of 3 litres. Unexpected trail or road closures may prevent hiking on some of the listed routes. Should this event arise, we will substitute with an alternative hike.



### Meals included

Dinner



### Accommodation

Three Rivers Hideaways Campground (or similar)

Campground



### Today's Activities

Private Vehicle

Las Vegas - Sequoia National Park

8h

677km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 3

## Sequoia National Park

Enjoy a full day in Sequoia National Park. Hike the half mile down to General Sherman, at 83 meters (275 feet) high, its the world's largest tree. Continue to trek through the Giant Forest on Congress Trail to see more of these colossal trees. Enjoy a picnic lunch amongst the giant trees. In the afternoon, choose to venture further into the park. The Marble Fork of the Kaweah River leads to inspiring granite cliffs of Tokopah Canyon, and in early summer, the 1200ft cascading Tokopah Falls is sure to impress.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Three Rivers Hideaways Campground (or similar)

Campground



### Today's Activities

Private Vehicle

Sequoia National Park

1h

45km

Settle in and scan the scenery from the convenience of a private vehicle.

General Sherman Giant Forest Hike

Sequoia National Park

12km

Hike amongst some of the most impressive living things on Earth, giant Sequoias. This trip through the misty heights of the Sierras will take you through the home of General Sherman, the largest tree alive. Tour the other enormous trees and catch some amazing views of the mountains through the forest on this epic hike.

Hiking distance: 12km (7.5 mi) Elevation change: 549m (1800 ft)

Private Vehicle

Sequoia National Park

1h

45km

Settle in and scan the scenery from the convenience of a private vehicle.

Tokopah Falls

Sequoia National Park

Explore this 3.8-mile out-and-back trail near Hartland, California. The main attraction is the waterfall at the end of the approach hike. This is where you drop into the creek to see the canyon and falls. Generally considered a moderately challenging route, it takes an average of 1h 44 min to complete.

Hiking distance 3.8 mi-Elevation gain 626 ft

Rise early and head out for a final day in Sequoia National Park. Hike through the trees to the peak of Little Baldy for panoramic vistas of the surrounding Sierra Nevadas. After, travel to Buena Vista Peak trailhead. At just 2 miles, this round-trip hike packs a punch with 360-degree views from the top of the granite peak to see not only the High Sierra, but also the valley below. After a picnic lunch, continue exploring the park through the network of trails among the towering trees of Grant Grove before traveling back to camp.



## Meals included

Breakfast | Lunch | Dinner



## Accommodation

Three Rivers Hideaways Campground (or similar)

Campground



## Today's Activities

Private Vehicle

Sequoia National Park - Kings Canyon National Park

1h30m

64km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Kings Canyon National Park - Sequoia National Park

1h30m

64km

Settle in and scan the scenery from the convenience of a private vehicle.

Buena Vista Peak Hike

Sequoia National Park

1km

Take a quick hike up to Buena Vista Peak, and experience some of the best views in the entire park. With minimal elevation change, you'll have plenty of time and energy to explore and take pictures along the mountain top.

Hiking distance: 3.2km (2 mi) Elevation change: 125m (413 ft).

Little Baldy Hike

Sequoia National Park

6km

Hike up the switchbacks of Little Baldy Trail to travel up and out of the forest as it slowly opens up to sweeping views of the beautiful California Sierras and valleys below.

Hiking distance is 5.4km (3.4 mi) with an elevation change of 243m (800 ft).

Day 5

## Sequoia National Park/Yosemite National Park

Upon arrival in the Yosemite Valley, we first witness the iconic sights of Half Dome, El Capitan, and Bridalveil Fall. This afternoon, we get ourselves oriented among the Valley trails along the Lower Yosemite Falls trail and learn more about the park. After lunch, enjoy free time to walk trails from the Valley floor, simply relax under the towering granite monoliths, or choose to do a portion of the Valley Loop Trail where you can follow many of the Valley's first east-west trails and wagon roads through meadows and along talus slopes at the base of the granite cliffs, and near the Merced River. On our way to camp, we stop and stand in awe of El Capitan, looking for climbers on the sheer rock face.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Indian Flats Campground (or similar)

Campground



### Today's Activities

Private Vehicle

Visalia - Yosemite National Park

3h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Yosemite National Park

Free time to explore Yosemite Valley and various valley hikes on your own.

Private Vehicle

Yosemite National Park

1h30m

77km

Settle in and scan the scenery from the convenience of a private vehicle.

From the valley floor, take the park shuttle system to one of the most iconic trails in the park. Hike alongside the Merced River to climb the Mist Trail, getting sprayed by the waters of Vernal Fall. See the water rushing over the edge before crossing the river and climbing the steps to Nevada Fall. Enjoy lunch from the top, taking in the views of the High Sierra including Half Dome, Liberty Cap, Mount Broderick. On the return trip, take the John Muir Trail down to truly understand this visionaries passion for park. Enjoy free time to walk the Lower Yosemite Fall Trail, Bridalveil Fall Trail, or relax under the towering granite monoliths of Half Dome or El Capitan. On the way back to camp, stop at stand in awe of El Capitan, looking for climbers on the sheer rockface.



## Meals included

Breakfast | Lunch | Dinner



## Accommodation

Indian Flats Campground (or similar)

Campground



## Today's Activities

Private Vehicle

Yosemite National Park

30m

25km

Settle in and scan the scenery from the convenience of a private vehicle.

Mist Trail to Vernal and Nevada Falls Hike

Yosemite National Park

5h-6h

11km

Take the storied Mist Trail as it traverses up the valley, with visits to Vernal and Nevada Falls. Return along the John Muir Trail. Be prepared for a long hike, and incredible scenery!

Distance: 11.2km (7 mi), Elevation Change: 610m (2000 ft)

Yosemite National Park Visit

Yosemite National Park

Picturesque valleys, vast wilderness, powerful waterfalls, elusive wildlife, ancient sequoias and more than 16 types of granite make up this internationally recognized national park. Hike the trails, get up close to ancient rock formations and take panoramic photos of this gorgeous landscape. Keep an eye out for black bears, deer, and coyotes.

Private Vehicle

Yosemite National Park

30m

25km

Settle in and scan the scenery from the convenience of a private vehicle.

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## Optional Activities - Day 6

Yosemite National Park Hike

Yosemite National Park

Free

1h-6h

1-15km

Panoramic vistas, gushing waterfalls, and elusive wildlife await. Bring water, wear a hat and sunscreen, and hike Yosemite NP. Keep an eye out for black bears, deer, and coyotes.

Yosemite Bike Rental

Yosemite National Park

30-40USD

Set your wheels in motion with tandem, hand crank or mountain bikes, and opt to cycle some of the 20km (12mi) of paved trails throughout the valley floor. Bring a water bottle, stop to shoot photos, and enjoy some of the most picturesque spots in Yosemite NP.

Choose between a half-day rental or a full-day, and be aware that this activity is available on a first-come, first-served basis. Please note the price for a half-day bike rental is \$30 USD and the price for a full-day bike rental is \$40USD.

Today we get off the beaten path for a challenging hike, bringing us face to face with the granite domes and slopes that make this park so iconic. Rising from the valley, we search for one last breathtaking view of Half Dome and a chance to overlook the Valley below. Nestled in the Sierra Nevada, Yosemite is dynamic and weather patterns can see dramatic shifts year to year. Seasonally, weather and trail conditions may require the CEO to assess which trail to take, but while the routes may change with the seasons, the views all share equal splendour and require comparable effort for the epic payoff. Our aim will be to set off for the roughly 9 mile hike to North Dome from Tioga Pass.



## Meals included

Breakfast | Lunch | Dinner



## Accommodation

Indian Flats Campground (or similar)

Campground



## Today's Activities

Private Vehicle

Yosemite National Park

30m

25km

Settle in and scan the scenery from the convenience of a private vehicle.

Yosemite National Park Visit

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Picturesque valleys, vast wilderness, powerful waterfalls, elusive wildlife, ancient sequoias and more than 16 types of granite make up this internationally recognized national park. Hike the trails, get up close to ancient rock formations and take panoramic photos of this gorgeous landscape. Keep an eye out for black bears, deer, and coyotes.

Private Vehicle

Yosemite National Park

30m

25km

Settle in and scan the scenery from the convenience of a private vehicle.

North Dome Trail

Yosemite National Park

4h-6h

14km

A difficult trail, but worth the effort for the views. Meander through coniferous forest, cross narrow streams, and continue along exposed granite for some jaw-dropping views of Half Dome, Clouds Rest, and the Valley below.

Distance: 8.8 miles (14.2 km) round trip.

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## Optional Activities - Day 7

Yosemite Bike Rental

Yosemite National Park

30-40USD

Set your wheels in motion with tandem, hand crank or mountain bikes, and opt to cycle some of the 20km (12mi) of paved trails throughout the valley floor. Bring a water bottle, stop to shoot photos, and enjoy some of the most picturesque spots in Yosemite NP.

Choose between a half-day rental or a full-day, and be aware that this activity is available on a first-come, first-served basis. Please note the price for a half-day bike rental is \$30 USD and the price for a full-day bike rental is \$40USD.

Yosemite National Park Hike

Yosemite National Park

Free

1h-6h

1-15km

Panoramic vistas, gushing waterfalls, and elusive wildlife await. Bring water, wear a hat and sunscreen, and hike Yosemite NP. Keep an eye out for black bears, deer, and coyotes.

Day 8

## Yosemite National Park/San Francisco

Drive from the Sierra Nevadas to the San Francisco Bay. Tour ends on arrival. Onward travel should be booked no earlier than 7pm.



### Meals included

Breakfast



### Today's Activities

Private Vehicle

Yosemite National Park - San Francisco

4h30m

315km

Settle in and scan the scenery from the convenience of a private vehicle.

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## **What are the main highlights of this trip?**

Stand in awe of giant trees in Sequoia National Park, Hike past granite cliffs and cascading rivers in Kings Canyon National Park, Watch climbers ascend the sheer rockface of El Capitan in Yosemite National Park, Hike up challenging switchbacks for stunning views

## **What are the main highlights of this trip?**

Stand in awe of giant trees in Sequoia National Park, Hike past granite cliffs and cascading rivers in Kings Canyon National Park, Watch climbers ascend the sheer rockface of El Capitan in Yosemite National Park, Hike up challenging switchbacks for stunning views

## **Is there a disclaimer I should read before booking this trip?**

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## **Is there an itinerary Disclaimer?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

# What important notes should I be aware of before the trip?

1. Standard entrance fees to the National Parks visited on this trip are included in your trip price. From January 2026 onward, the US National Park Service is introducing an additional 'US Non-Resident Fee' to enter National Parks included in this trip. This fee is applicable to passengers who are not US residents. These fees range from USD 100 to USD 250 per person. These fees need to be paid locally (USD cash) and are in addition to your trip payment. On Day 1, your CEO will facilitate the processing of these fees for all travelers who are impacted.
2. Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour.
3. An essential part of your trip is participation - from putting up your tent (while camping) or packing it away in the morning, to helping with meal preparation and cleaning up - it is all part of your adventure and when everyone puts in a little effort the trip will run smoothly. Your CEO will do all the meal planning, but we do ask the clients to help with the preparation and washing up. Team spirit is part of the fun! All camping equipment (with the exception of your sleeping bag and pillow) is supplied. We supply dome tents and assembly/disassembly takes only 5 minutes. All tents have built-in insect nets. Comfortable, self-inflating mattresses are also provided, which are approximately 4cm thick.
4. SLEEPING BAGS  
Please note that sleeping bags cannot be rented. Travellers are responsible for bringing their own sleeping bag. Proper sleeping bags are necessary for this tour. Evening temperatures can reach -9°C - 0°C. Please ensure that your sleeping bag is rated to (-17°C for spring and fall trips and 0°C for trips June - Sept). If you prefer, you can purchase a proper sleeping bag on the first day of the trip. Prices range from \$60-\$150USD.
5. In order to cover the vast distance in North America to be able to visit several different parks and cities along our trip, we will have a couple of long driving days.
6. All walks and hikes proposed in this itinerary are moderate to strenuous level. You may choose to participate or not, but exploring our national parks on foot is part of our way of travelling. It's a healthy way to discover North America's beauty and landscape.
7. The American West is generally known for warm weather, but temperatures do vary significantly in the mountain and desert areas especially. The day time temperature could exceed 30 C, while the night time temperatures do regularly decrease to single digits, or even possible below freezing. Please be prepared for such extreme conditions.
8. Please note that the legal drinking age in the United States is 21. Many bars and clubs will ask for ID at the door, therefore listening to live music in certain bars or spending a night out in Las Vegas is not possible when you are under the legal age, even if you don't plan on consuming alcohol. Drinking laws are strictly enforced and our CEOs are unable to help those under age obtain alcohol of any kind.

While this should not stop those under legal drinking age from booking a tour, it is important to note that if a traveller is under-age there are certain optional nighttime activities that they may not legally be able to participate in. When trying to book the right trip, we recommend that travellers under legal drinking age take this into consideration when booking a tour that visits several big cities.

## What is the group leader like?

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and sometimes the driver - this person is knowledgeable in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

While our CEOs are trained and have resources to assist them along the way, the United States is the fourth largest country on the planet, and it is impossible for them to know everything about this massive country. We recommend local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

Please note that specific tour guide licenses are required to guide in certain cities and regions, and as such, our CEOs will oftentimes provide brief orientation walks or drives to point out useful places like supermarkets, main squares and ATMs but for more specific or in depth destination information, an official guided tour is recommended.

## How large will the group be?

Max 12, avg 10

## What meals are included in this trip?

6 breakfasts, 5 lunches, 6 dinners

## What are the meals like on this trip?

All included meals will be prepared from goods bought en route from supermarkets, local shops and markets. Breakfasts will generally consist of breads and cereals, if time allows a warm breakfast may be prepared. Many lunches will be provided en-route and will be light meals such as sandwiches and/or salads. All evening meals will be freshly-prepared hot meals, and will consist of a variety of continental and local dishes.

## What are the modes of transportation on my trip?

Air-conditioned private vehicle, walking.

## **What transportation will we take on this trip?**

For this trip we use 15-passenger vans for up to 14 people plus the CEO/Driver. These vans are durable vehicles that allow us to drive on most types of roads in North America.

Each van has a front passenger seat and 4 benches that will accommodate 3 people each with mandatory seat belts to keep us secure and safe. No standing is permitted in these vehicles.

This is not a physically demanding journey. There is air conditioning to cool things down on warm days to keep everyone more comfortable. Travelling can be difficult, with long drives and limited space in the van. Please take note of the travel times and distances in the above itinerary. Despite some of the long days, most travellers feel that the diversity of the North American landscape, culture and wildlife are all well worth the experience!

## **Is there an extra cost for travelling solo?**

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Hotel (1 nt), participation camping (6 nts).

## **Will I get my own room?**

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## What kind of accommodation can I expect on this trip?

Accommodation will be varied throughout your adventure. We use a hotel for the start night, but most of the nights on tour are spent camping in tents in public and private campgrounds.

Please be aware that American campgrounds have various sites available and because of this there will likely be RVs, camper-trailers, popups and tent camping all on one property.

All camping equipment (with the exception of your sleeping bag and pillow) is supplied, including comfortable camp mattresses. We supply dome tents that take only 5 minutes to assemble/disassemble. They are good quality, durable, industry-standard, oversized 2-person tents, each with 2 separate and convenient zip-up doors, so that each person has his/her own entrance.

We use 2 types of campgrounds in North America:

1. Private campgrounds: These are privately run sites, usually with all services such as fire pits, picnic tables, drinking water, toilets & shower buildings. Some have small outdoor swimming pools and laundry facilities. These campgrounds are typically located near national park entrances or towns.
2. Public campgrounds: These are park-run sites, usually with basic facilities such as fire pits, picnic tables, and drinking water. In some cases, this type of campground doesn't have showers, only pit toilets and a lake! In other locations, toilet and shower facilities may be located outside the campground, or at times in another location a drive away. Some may have shower fees for onsite facilities (\$2-6/shower).

# What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

From Las Vegas airport (LAS), to reach your starting accommodation you can take a shuttle bus, rideshare service or a local taxi.

Shuttle Bus: at terminal 1, group shuttles are located on the west side of baggage claim, outside door exits 7 - 13. At Terminal 3, shuttles are parked outside on Level Zero on both the west and east side of the building. Advance reservations are required.

Rideshare Services: there is a dedicated pick-up spot in each terminal. In Terminal 1, head over to T1 Parking and take the elevator up to level 2M. In terminal 3, head to T3 parking and take the elevator to level V. Follow the signs for Uber / Lyft.

Taxi: available outside the baggage claim areas at Terminal 1, at the door exits 1 to 4. You can also find taxi ranks on Level Zero at Terminal 3.

WELCOME MEETING TIME: 18:00

WELCOME MEETING LOCATION: Golden Nugget - Claim Jumper Restaurant

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call the G Adventures Local Representative. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Las Vegas)

From outside the USA: 1-725-201-1494

From within the USA: 725-201-1494

If you are unable for any reason to contact our local representative, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What instructions should I follow at the finishing point?

Please note this tour ends on arrival into San Francisco to the finishing point hotel. You will need to make your own way to the airport. We advise booking a departing flight no earlier than 19:00.

# What should I take on my trip?

You will be on the move a lot, so our advice is to pack as lightly as possible.

For days in the outdoors, we recommend the use of lightweight, breathable, moisture-wicking fabrics made of wool or synthetic fibers. Cotton is not recommended for days spent hiking as it does not allow for heat or moisture to enter or escape, and it will not dry easily once wet.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the CEO, who will take a lead in loading the storage trailer. Due to space in the trailer, we will not be able to accommodate more than one piece of main luggage per person. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as access to luggage between destinations will be limited. This daypack will be used to carry your personal gear for the day, your lunch and a water bottle.

The American west is generally known for warm weather, but temperatures do vary significantly in the mountain and desert areas especially. The day time temperature could exceed 30 C, while the night time temperatures do regularly decrease to single digits, or even possible below freezing. It is therefore important to pack clothes for warm days and cool evenings - a light jacket is necessary.

Seasonal temperature ranges:

March - May ; September to December: -7 C to +30 C

June - August: 0 C to + 35 C

Additionally, a set of smart casual clothes is also advisable.

Please note that self-inflating camping pads are provided. Most travelers find these to be suitable, but should you feel you may need extra comfort, an additional sleeping pad such as a Therm-a-rest can be brought from home and carried in your daypack.

# What should be on my packing list?

## Camping:

- Bug net/ bug spray
- Day Pack (with water bladder or refillable bottle)
- Flashlight/torch (Headlamps are ideal)
- Hiking boots/sturdy walking shoes
- Sleeping bag and liner, 4 season
- Small travel towel
- Socks
- Sunglasses
- Sunscreen
- Thermal base layer
- Toiletries (Preferably biodegradable)
- Travel pillow
- Watch and alarm clock
- Waterproof daypack cover
- Windproof rain gear (Rain and Windproof rain gear - pants and jacket)
- Your own inflatable sleeping pad (or you can use the one provided)

## Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

**Essentials:**

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

## **Warm Weather:**

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: For evenings out in some cities there will be a dress code. If you wish to participate, please bring a nicer outfit for these occasions. We recommend a nicer pair of shoes and a collared shirt or blouse. We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the CEO, who will take a lead in loading the storage trailer. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as well as your lunch, and a water bottle. Please also note that self-inflating camping pads are provided. Most travelers find these to be suitable, but should you feel you may need extra comfort, an additional sleeping pad such as a Therm-a-rest can be brought from home and carried in your daypack.

## **When can I do my laundry on this trip?**

Laundry can be done at least once a week while on tour. Some private campgrounds and most cities have laundromats where you can buy soap and wash your laundry in coin-operated machines. Your CEO will advise you along the trip where you will be able to do your laundry.

## What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

The United States currency is the US Dollar (USD).

Credit cards are accepted almost everywhere in the US and can be used to purchase small and large items. When purchasing products or services with a foreign credit card in the USA, you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of US Dollars as cash (preferably smaller bills, 5's, 10's and 20's), traveller's cheques and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is very difficult to find in the USA and most banks do not accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

It is customary in North America to tip service providers such as waiters, bartenders and taxi drivers, at approximately 18-20%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip any local guides used. Recommendations for tipping local guides would range from \$2-8 USD per activity depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, tipping is appreciated. The amount is entirely a personal preference; however as a guideline \$10-15 USD per person, per day can be used as a guide. If your CEO(s) exceeded your expectations, feel free to tip more.

## What activities are optional on this trip?

### Yosemite National Park

- Yosemite National Park Hike  
(Free)
- Yosemite Bike Rental  
(30-40USD per person)

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.