



Hiking Southern Iceland

6 days, Reykjavik to Reykjavik

Trip code ELSH

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Seljalandsfoss waterfall visit

- Hike to Skógafoss waterfall
- Hike along Jokulsarlon glacial lagoon
- Skaftafell nature reserve visit
- Múlagljúfur Canyon hike
- Glacier explorer activity with hike
- Fjaðrárgljúfur Canyon hike
- Mt Laki hike
- Stop at Systrafoss, Systrastapi, and Kirkjugólf waterfalls
- Vatnajökull National Park visit with hikes to waterfalls and up volcanos
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2027 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Reykjavik/Vik/Kirkjubaejarklaustur

Arrival Day.

Upon arrival at Keflavik Airport, please make your way to Hotel Cabin where breakfast will be available. From there, travel to Seljalandsfoss, a waterfall situated on the South Coast of Iceland close to the Ring Road for a quick look. From here set out on an introductory hike up Skógafoss waterfall. Soak in the impressive landscape and towering falls as you become acquainted with some of Iceland's unique environments. Finish the day at the hotel in Kirkjubaejarklaustur where you will enjoy an included dinner.

Please ensure that your flights arrive by 7:00AM at the latest.

Upon arrival please transfer to Hotel Cabin where breakfast is available. The group will leave from the meeting point at the hotel at 9:30AM. You will be able to store your luggage at this property.



Meals included

Breakfast | Dinner



Accommodation

Hotel Geirland (or similar)

Hotel



Today's Activities

Skógafoss Waterfall Visit & Hike

Skógafoss

2h30m

6km

Visit Skógafoss, one of the largest and most recognizable waterfalls in Iceland. The 60m (200 ft) high falls forms a constant mist that floats in the air. If viewed in the sunlight, the mist can create rainbows. The sound and view of the thundering water cutting through the green hills make the falls a must-see on any trip to Iceland. Set off on the moderately challenging hike to become acquainted with the magical landscape here.

Seljalandsfoss Waterfall Visit

Seljalandsfoss

30m-1h

Seljalandsfoss is a 60m (196 ft) tall waterfall located along the popular ring road. Behind the flow of water is a path, allowing visitors to peek behind the curtain of water cascading over the rocks above.

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Day 2

Kirkjubaejarklaustur/Hof

After breakfast the group will transfer to Skaftafell, a nature reserve located in Vatnajökull National Park home to waterfalls, glacier lagoons, and black sand beaches. Hike to the largest glacier in Europe in the morning and then have lunch. In the afternoon hike from Skaftafell Visitor Centre to the picturesque Svartifoss waterfall, known as Black Falls for its basaltic rock in its background. Later, hike Skaftafell's most astounding viewpoint at Sjórnípa. Arrive to the hotel in Hof in the late afternoon in time for dinner.



Meals included

Breakfast | Lunch | Dinner



Accommodation

Adventure Hotel Hof (or similar)

Hotel



Today's Activities

Private Vehicle

Kirkjubæjarklaustur – Hof

1h15m-1h30m

87km

Settle in and scan the scenery from the convenience of a private vehicle.

Skaftafell National Park Glacier Hike

Skaftafell

4h

Glacier Wonders is a superb glacier hiking tour from Skaftafell into the magnificent ice world of Falljökull glacier, a tongue of the mighty Vatnajökull, the largest glacier in Europe. Your certified glacier guide will show you astonishing crevasses which wind through the ice and incredible glistening ice formations. During this tour, you will learn how a living glacier moves and why this magical ice kingdom is constantly changing.

Total distance: 6km.

WHAT TO BRING

- Warm outdoor clothing
- Waterproof jacket & pants
- Headwear
- Gloves
- Good hiking boots are essential (rental boots available ISK 1000 extra)

Skaftafell National Park Hike

Skaftafell

2h30m-3h

7km

Hike along one of the trails in Skaftafell National Park. Enjoy views of the Basalt Columnar, waterfalls, and an uninterrupted view over the Skaftafellsjökull glacier tongue as it spills out into the valley. Check out the ice streaked black with ash, and search for lagoons in the distance before the return hike.

This morning visit Jokulsarlon, a glacial lagoon bordering Vatnajökull National Park in southeastern Iceland. Embark on a one hour hike through the iridescent chunks of ice on the black sand of Diamond Beach. Then, transfer to the Múlagljúfur Canyon for a 5km hike. This hidden gem in southern Iceland looks like it belongs in a fairytale. Think green mossy cliffs, birds flying through the mist, and a canyon so deep that it's hardly crazy to imagine a dragon lurking behind a waterfall cascading straight from a mountain. Afterwards, continue to the hotel in Kirkjubaejarklaustur for the night.



Meals included

Breakfast | Lunch



Accommodation

Hotel Geirland (or similar)

Hotel



Today's Activities

Private Vehicle

Hof – Kirkjubaejarklaustur

1h15m-1h30m

87km

Settle in and scan the scenery from the convenience of a private vehicle.

Jökulsárlón Glacier Lagoon Visit

Jökulsárlón

1h-2h

3km

Visit the Jökulsárlón Glacier Lagoon with views of the ice cap. The lake is the lowest point in the country and filled with icebergs drifting towards the sea, often with seals lounging on top. The blocks of ice coming off the glacier are typically 30m high, in dramatic shades of white and bright blue. Stop by Diamond Beach, which gets its name from chunks of the Breiðamerkurjökull glacier that float down to the coast's black sand shores.

Total distance: 3km.

Múlagljúfur Canyon Hike

Hof

5km

Hike into Múlagljúfur, a beautiful canyon in southeastern Iceland. There are two waterfalls falling into the canyon called Hangandifoss and Múlafoss. Walk up a mist shrouded hill with green stretching for

miles, feel the mist from the waterfalls plunging off the mountain, and enjoy the spectacular wildness of Iceland.

Day 4

Kirkjubaejarklaustur

Start your morning off with a short one-hour hike through Fjaðrárgljúfur Canyon. The canyon is up to 100m deep and 2km long. You will walk deeper into the canyon with the river Fjaðrá running alongside you. From there the group will travel to the base of Mt. Laki and hike this magnificent mountain that was the sight of one of the greatest volcanic eruptions of all time. Then, visit a few more of Iceland's famous sites and waterfalls like, Systrafoss, Systrastapi, and Kirkjugólf, before returning to Kirkjubaejarklaustur for the night.



Meals included

Breakfast | Lunch



Accommodation

Hotel Geirland (or similar)

Hotel



Today's Activities

Private Vehicle

Kirkjubaejarklaustur

Settle in and scan the scenery from the convenience of a private vehicle.

Fjaðrárgljúfur Canyon Hike

Kirkjubaejarklaustur

1h

2km

Explore Fjaðrárgljúfur Canyon which sits at about 2km long and 100 meters deep. It's known for its sheer, turning, and twisting walls, full of strangely shaped salients and bumps covered in moss and green grass. The deeper you go into the canyon the more you'll see of the lazy river that serpentine out to sea.

Hiking Mt. Laki

Kirkjubaejarklaustur

1h

Hike for about an hour to Tjarnargígur Crater. This spot is common for adventurous travellers. The craters resulted from the 1783 eruption. It was the most devastating eruption in world history. And although, Laki is dormant today it left the craters behind as a sign of its destructive power.

Day 5

Kirkjubaejarklaustur/Reykjavik

Continue further into Vatnajökull National Park as the group travels to the Eldgjá chasm in the western part of the park. Spend close to two hours exploring and hiking near the Ófærufoss waterfall. Next up is a hike up Brennisteinsalda for a two and a half hour walk, ending with a soak in some hot pools. Travel to Reykjavik where you'll spend the night.



Meals included

Breakfast | Lunch



Accommodation

Hotel Cabin (or similar)

Hotel



Today's Activities

Vatnajökull National Park Visit

Kirkjubaejarklaustur

Vatnajökull National Park spans along the eastern and southeastern part of Iceland and is Europe's second largest national park. Experience varied landscapes from geothermal features to glaciers and mountains. While in the park visit the Eldgjá chasm, hike for a few hours near the Ófærufoss waterfall, and finish your time here with a walk up the Brennisteinsalda volcano to soak in some hot pools.

Private Vehicle

Kirkjubaejarklaustur – Reykjavik

3h30m

275km

Settle in and scan the scenery from the convenience of a private vehicle.

Depart after breakfast.



Meals included

Breakfast

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What are the main highlights of this trip?

Walk to spectacular waterfalls and along a massive glacier, Hike up a volcano and soak in a natural hot pool, Trek through the stunning Múlagljúfur Canyon, Travel along black sand beaches and wild fjords

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Is there a disclaimer I should read before booking this trip?

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VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

1.) Please note, if the start or finish accommodation for your trip is Hotel Cabin (Reykjavík); Standard rooms will be booked for Single occupancy only (including My Own Room) and Superior rooms will be booked for Twin/Double occupancy. This information also relates to any Pre/Post night bookings at Hotel Cabin.

2.) OPTIONAL ACTIVITIES NOTE:

During high season in Europe (May-October) we highly recommend booking reservations for any popular optional activities/museum tickets etc. in advance to avoid encountering sold-out activities on the ground while on tour.

What is the role of the group leader during this trip?

This G Adventures group trip is accompanied by one of our group leaders, known as a CEO (Chief Experience Officer). The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

What is the maximum and typical number of participants on this tour?

Max 16, avg 12.

What meals are included in this trip?

6 breakfasts, 4 lunches, 2 dinners

What are the modes of transportation on my trip?

Private minivan/bus, hiking, walking.

How will we travel between destinations?

Private van/mini-buses are used on this trip.

Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (5 nts).

If I choose to purchase My Own Room, are there any exceptions during the trip?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

What should I expect from the accommodations on this trip?

In Iceland we use small hotels, guest houses and inns. They are comfortable and clean but do not have many amenities. On occasion in remote areas or in order to stay somewhere unique and character-filled, we will have multi-share accommodations and/or shared facilities.

If you have not purchased My Own Room, please note that you may need to change rooms if you have booked pre/post nights for this tour.

What are the joining instructions?

Please ensure that your flight arrives by 7:00 AM on Day 1. Upon arrival, please transfer to Hotel Cabin, where breakfast is available. The group will leave from the meeting point at the hotel at 9:30 AM. You will be able to store your luggage at the property.

To make the most of your trip, we recommend considering pre-night accommodations through us.

We recommend booking a Fly Bus Shuttle service to transfer from the airport to the hotel. In the exit hall of the airport, you'll find the counter for Fly Bus shuttles. We recommend booking your ticket in advance [here](#). However, you could also purchase a Flybus ticket at the counter in the arrivals lounge of Keflavik Airport. Larger shuttle buses will take you to a bus terminal outside Reykjavik initially. From there, you'll transfer to smaller buses that will take you directly to Hotel Cabin.

In case of any unforeseen issues or delays, our emergency phone number is +44 1858378000.

What should I do if I can't find my airport transfer or experience arrival issues?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Who do I contact for arrival issues or in the event of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBER

G Adventures Berlin office: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, from calls within North America only: 1 888 800 4100

Calls from within UK: 0344 272 0000

Calls from within Germany: 0800 365 1000

Calls from within Australia: 1 300 796 618

Calls from within New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What are the packing guidelines and luggage restrictions?

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage. You must be prepared to carry your luggage up and down stairs, on and off transportation, and to hotels (max 15-20 mins.)

Dressing in layers is recommended as weather can change dramatically, without notice.

What should I pack for this trip?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Footwear (required) (Closed toe suggested)
- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

Hiking/Trekking:

- Gloves
- Hat
- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Snacks (Protein bars, chocolate, dried fruits, candies, energy sweets)
- Socks (Trekking socks – woollen or synthetic, not cotton)
- Thermal base layer (Woollen or synthetic, not cotton)
- Walking poles (Highly recommended) Note: The landscape of Iceland is unique and unlike most things you've seen. So is the weather. It is unpredictable and changeable, so be prepared to experience a variety of conditions during your time in Iceland. It's not uncommon to experience rain, sun wind and snow all in the same visit, so please pack accordingly. An Icelandic summer is also not what most people consider as summer temperature and in the highlands it can get quite cold. Layering is key. We also recommend packing hiking poles or a single walking stick for added support while hiking on changing terrain. Please be aware that you will have an option to rent hiking poles during your trip should you choose not to pack your own.

Where can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected. Further details can be found [here](#)

Last updated: January 27th 2025

What should I consider when planning my personal expenses and discretionary spending for this itinerary?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

The currency in Iceland is the Icelandic Krona (ISK).

It is recommended to bring a combination of cash, credit and debit cards.

What emergency funds do I need access to on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

What are the tipping guidelines for this trip?

Tipping in Iceland is not customary. In many cases, a service charge is added to the bill which means that it is not necessary to add a tip. If you wish to express your satisfaction with the service in a bar or restaurant, then a gratuity of 10% or to round up the amount of the bill is perfectly acceptable.

Tipping during the tour program is similarly not expected, but it can be a way to express satisfaction with the persons who have assisted on your tour. Recommendations for tipping local guides would range from the equivalent of \$6-8 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

At the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline €30-40 per person, per week can be used.

What activities are optional on this trip?

- No optional activities

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical Ratings in this dossier for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What general safety tips and free-time guidelines should I follow?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

What are the mandatory group rules regarding laws and behaviour?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

Weather can change dramatically, even in the summer months. It is best to layer clothing to ensure you are prepared for any extremes.

How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

What are the age restrictions for this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.