



## **Himalayan Adventure: India, Nepal & Bhutan**

20 days, Delhi to Paro

Trip code AHDB

## What's included

- Your G for Good Moment: Women With Wheels Transfer, Indira Gandhi International Airport
- Your G for Good Moment: City Walk, Delhi
- Your G for Good Moment: Anoothi Block Printing Experience, Jaipur
- Your G for Good Moment: Nepalese Dumplings Cooking Demonstration, Kathmandu
- Your G for Good Moment: Barauli Community Immersion, Royal Chitwan National Park
- Your Welcome Moment: Meet Your CEO and Group
- Your Local Living Moment: Barauli Community Guesthouse Stay, Royal Chitwan National Park
- Sustainable Development Fees
- Agra Fort visit
- Taj Mahal visit
- I'timad-ud-daulah (Baby Taj) entrance
- Fatephur Sikri visit
- Jaipur City Palace entrance and guided tours
- Abhaneri stepwell visit
- Guided tour of Bhaktapur City
- Nepalese Dumplings Cooking Demonstration
- Swayambhunath Temple Visit
- Chitwan National Park 4x4 safari
- Cycling through villages in Chitwan
- Memorial Chorten & Motithang Takin Preserve visit
- Tashichho Dzong visit
- Chimi Lakhang Hike
- Explore Paro Dzong and Archery grounds
- Hike to Taktsang Monastery Tiger's Nest
- All transport between destinations and to/from included activities
- Flights from India to Nepal and Nepal to Bhutan

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing September 13th, 2022 and onwards

## Itinerary

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### Itinerary Notes

Want to experience the sights and sounds of Holi? Make sure you're in India on March 14, 2025 or March 4, 2026 for the nation's most colourful festival.

**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Delhi

Arrive at any time. Arrival transfer is included through the G Adventures-supported Women With Wheels project.

Arriving early with a free day in Delhi? Opt to add the "Half Day Culinary Tour of Delhi" extra to your tour.

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### Accommodation

Hotel Jeyan Inn (or similar)

Hotel

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### Today's Activities

#### ACTIVITY

Transfer by a G Adventures-supported project, Women With Wheels. This program provides safe and reliable transport for travellers, while providing a dignified livelihood for local women who once lacked financial opportunities.

#### ACTIVITY

Welcome: Welcome-Moment – Lerne CEO und Gruppe kennen.

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### Optional Activities - Day 1

Half Day Culinary Tour of Delhi

Delhi

On this half-day adventure that will leave you in food heaven, visit age-old markets and landmark food joints around the city and indulge your tastebuds. Walk with an experienced foodie-guide who will teach you about the intricacies of cuisine from various parts of the country. Highlights on the tour can include; Chandni Chowk, filled with bustling markets and shops, enjoy a steaming cup of Chai tea in an authentic terracotta cup, Kebabs with a recipe that stretches throughout generations, and indulge in local sweets and flatbreads. Perhaps also visit a chaat street chef and stop by Gurdwara Bangla Sahib Sikh Sikh House of Worship which hosts the world's largest community kitchen.

Day 2

## Delhi/Āgra

Enjoy a youth-led walk through the backstreets of Delhi with G Adventures-supported project, City Walk. Observe a different perspective of Delhi while supporting at-risk youth in the community. Later, explore Old Delhi and travel onward to Agra, home of the Taj Mahal.



### Accommodation

Hotel Sahibs LightHouse (or similar)

Hotel



### Today's Activities

ACTIVITY

2km

Explore the streets of Delhi with a youth-led tour guide from the G Adventures-supported City Walk project. As a former at-risk youth, your local guide will have a unique perspective on the city and can provide more information on the life of a child in India. The guided tour helps support the guide's college or university tuition.

Old Delhi Guided Walk

Delhi

1h

Visit historic Old Delhi. Explore Jama Masjid, the "Great Mosque," and enjoy its massive courtyard, which can hold up to 25,000 worshippers. Also, visit the ancient Sikh temple of Gurdwara SisGanj, which was established in 1783.

Private Vehicle

Delhi - Āgra

4h-5h

200km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 3

## Āgra

Set eyes on the sparkling Taj Mahal at sunrise before exploring more of this famous landmark. In the afternoon, visit the I'timad-ud-Daulah (Baby Taj) and the Agra Fort.



### Accommodation

Hotel Sahibs LightHouse (or similar)

Hotel



### Today's Activities

Taj Mahal Visit

Tāj Mahal

2h-3h

Cross one off your bucket list as you visit one of the Seven Wonders of the World. Explore the gorgeous white marble mausoleum, built by the Mughal Emperor Shah Jahan as a testament of his love for his favorite wife, Mumtaz Mahal.

Baby Taj Visit

Āgra

Visit this mausoleum that looks like a jewel box, built before the Taj Mahal by Queen Nur Jahan for her father. Enjoy the intricate details of the structure; it was the first Mughal building faced with white marble and where "pietra dura" (precious stones inlaid into marble) was first used.

Agra Fort Visit

Āgra

1h-3h

Enjoy a visit to this impressive Mughal fort made of red sandstone and white marble.

Day 4

## Āgra/Dhula Village

Stop at Fatehpur Sikri, the now-deserted former capital of the Mughals, and a stunningly preserved UNESCO site. Visit the Abhaneri Stepwell and marvel at this uniquely Indian water harvesting system. In the afternoon, travel to Dhula Village and get a closer look at rural life in Rajasthan. Tonight, settle in to your cozy tent then opt to relax by the fire and take in the starry night sky.

At Dhula Village you will have the opportunity to learn about local life, play a fun game of cricket, relax in the peaceful atmosphere, or take a cycle to explore the surroundings.

Tonight's accommodation is in spacious and comfortable tents outfitted with beds, lamps, and simple en suite bathrooms.



### Accommodation

Camp Dhula Bagh (or similar)

Campground



## Today's Activities

Private Vehicle

Āgra - Dhula Village

5h-6h

Settle in and scan the scenery from the convenience of a private vehicle.

Fatehpur Sikri Visit

Fatehpur Sikri

Explore the magnificent red sandstone fort city that was once the capital of India's Mughal Empire and is a UNESCO World Heritage site. Keep an eye out for elements of different religions, as King Akbar built three palaces for each of his favourite wives—a Hindu, a Muslim, and a Christian—in the city.

Abhaneri Stepwell Visit

Abhaneri

30m-1h

Walk around the amazing Chand Baori, a tenth century water tank that's an impressive 30m (100 ft) deep. Learn about ancient Indian environmentalism—a "baori" is a unique Indian invention for harvesting rainwater.

Dhula Village Experience

Dhula Village

Get a closer look at village life with a stay in rural Dhula. Enjoy opportunities to interact and explore that may include meeting shepherds and their flocks, cycling through hamlets, tea with villagers at the local temple, trekking in the hillocks.

Day 5

## Dhula Village/Jaipur

Continue to the pink city of Jaipur. Along the way, try your hand at block printing with the women of the Anoothi Project before arriving at your hotel. Built according to Hindu architectural principles, Jaipur utilizes a unique organization unlike anywhere else in India.



### Accommodation

Utsav Niwas (or similar)

Hotel



### Today's Activities

Private Vehicle

Dhula Village - Jaipur

2h

50km

Settle in and scan the scenery from the convenience of a private vehicle.

Jaipur Orientation Tour

Jaipur

1h-2h

3km

Enjoy an orientation of the Pink City by foot, with a short e-rickshaw ride in the walled city.

#### ACTIVITY

Women from marginalised communities outside Jaipur came together to create the Anoothi Project. In Hindi, Anoothi means 'unique and extraordinary' and by teaching these women to master the traditionally male handicraft of block printing, the collective shines a light on the unique and extraordinary within each individual. At this G for Good visit, engage in a hands-on block printing activity with the local women as you indulge in some local snacks prepared by your hosts.

Day 6

## Jaipur

Enjoy a visit to the Amber Fort, famous for its mixture of Hindu and Muslim architecture. After, visit the City Palace and have a photo opportunity at Hawa Mahal (Palace of the Winds).

Opt to get active by pre-booking a cycle tour or sharpen your culinary skills by pre-booking a cooking class with a local family.



### Accommodation

Utsav Niwas (or similar)

Hotel



### Today's Activities

Amber Fort Visit

Jaipur

Take in the Hindu and Muslim architecture of the beautiful Amber Fort. Wander through the halls and courtyards and admire the intricate details.

City Palace Visit

Jaipur

1h

Explore the courtyards, gardens, and buildings that make up the City Palace. Located in the heart of the Old City, it is a striking blend of Mughal and Rajasthani architecture. Visit the palace's museum to look at ancient carriages and the former maharaja's gold-embroidered wedding outfit.



### Optional Activities - Day 6

Hawa Mahal (Palace of the Winds)

Jaipur

202INR

15m-30m

Enjoy a visit to the intricately-carved Hawa Mahal, or "Palace of the Winds," which is named for the cool breeze that comes through the structure and keeps it comfortable, even in the hot Jaipur summers.

Admire this architectural wonder and snap some photos.

Jaipur Cooking Class with A Local Family

Jaipur

Join a local family in Jaipur as they welcome you into their home and share their recipes and best-loved dishes with you. Get hands-on with the ingredients and learn how to prepare Pakoda (Pakora), vegetable dishes and Indian breads such as chapatis and puris. Once the hard work is done, get to

know your hosts over lunch. Savor the flavours of your creations with the additions of other vegetable dishes, daal and raita, and finish the meal with a sweet treat.

Movie at Raj Mandir

Jaipur

200-400INR

Visit this spectacular cinema and watch a song-and-dance Bollywood film.

Jaipur Cycle Tour

Jaipur

35None

With its many lanes and organized layout, Jaipur is the perfect location to explore by bicycle. Choosing to cycle through the city on this morning tour will introduce you to sights, sounds and smells that a vehicle just can't match, so grab a helmet and jump on your bike! Navigate the streets of the 'Pink City' with the help of your experienced guide, starting the day with a traditional Indian yoghurt drink of Lassi. Marvel at the architectural wonders as you enter the walled part of the city and stop at the City Palace to visit the Govind Dev temple. Wander through the historical spices and sweets market, stopping for tea and a tasty snack of pakoras before heading towards the majestic Albert Hall Museum where the tour ends. Taxi transfers from the hotel to the starting point and from the finishing point back to the hotel are included in the price of this cycle tour.

Jantar Mantar Visit

Jaipur

202INR

1h-2h

Visit the Jantar Mantar observatory for a guided tour and explore the collection of astronomical instruments housed there, some dating back to 1727.

Day 7

## Jaipur/Delhi

If you aren't afraid of heights, opt for a morning hot air balloon ride over Jaipur. Return to Delhi in the afternoon and enjoy free time to explore more of the bustling city.

Admire the Pink City from above by pre-booking the morning Jaipur Balloon Ride when booking your tour.

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### Accommodation

Hotel Jeyan Inn (or similar)

Hotel

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### Today's Activities

Private Vehicle

Jaipur - Delhi

6h

260km

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Delhi

Enjoy free time to see more of Delhi.

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### Optional Activities - Day 7

Jaipur Balloon Ride

Jaipur

Begin your day at dawn, just as the sun starts to rise. As you drift into the sky, enjoy the silence and serenity of the morning, watching as the day starts for the colourfully dressed inhabitants below. From high in the sky, you may float over rolling hills, villages teeming with life, and a small monastery. You may even spot elephants—if luck is on your side.

Available September 1 - April 30.

Day 8

## Delhi/Kathmandu

Catch a flight from Delhi to Kathmandu today where you will enjoy free time in the city before a walk with the group in Patan Durbar Square.



### Accommodation

Hotel Traditional Stay (or similar)

Hotel



### Today's Activities

Plane

Delhi - Kathmandu

2h-2h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Free Time

Kathmandu

Free time in Kathmandu to get to know the capital city of Nepal.

Patan Durbar Square Tour

Kathmandu

2h-3h

8km

Enjoy a guided tour of this spectacular square built primarily in the 16th and 17th centuries. Located within it are the Royal Palace and many temples built in the traditional Newari pagoda style. We also visit the Golden Temple and Patan museum. South of the square lies the Kumari Chowk, home to Nepal's living goddess, the Kumari, a prepubescent girl chosen as the incarnation of the Hindu goddess Talejn. The Kumari lives a cloistered life, rarely leaving the confines of the chowk. When she does, it is for important religious festivals, but her feet are not allowed to touch the ground. Once the Kumari reaches puberty, another 3-5-year-old girl will take her place. If she is receiving visitors, we may be able to stop by for a blessing.

Day 9

## Kathmandu

Take a guided tour of the royal city of Bhaktapur and visit the most ancient shrine in Kathmandu, Swayambhunath Temple. Enjoy a cooking demonstration and learn how to make Nepalese momos (dumplings). Afterwards, taste the delicious dishes made during an authentic local lunch. The evening is free to do as you please.

Take a tour of the world heritage site of Bhaktapur and visit Swayambhunath Temple, also known as the monkey temple, the oldest shrine in Kathmandu. Its lofty white dome and glittering golden spire are visible for many miles!

Later, opt to visit Pashupatinath, the most famous Hindu temple in the country, located on the banks of the holy Bagmati River.



### Meals included

Lunch



### Accommodation

Hotel Traditional Stay (or similar)

Hotel



### Today's Activities

Bhaktapur Excursion

Bhaktapur

3h-4h

Visit this unique old town known as the City of Devotees. Explore Hindu temples, pagodas, palaces, and monuments, including the beautiful wood-carved palace in Durbar Square. You can pick up clay pots and other souvenirs in the colourful open markets and taste home made yogurt, known as khopa dhau, which Bhaktapur is famous for.

#### ACTIVITY

Enjoy a cooking demonstration at a local establishment and learn how to make momos (traditional dumplings). Afterwards, taste the delicious dishes made during a Nepali lunch.

Swayambhunath Temple Visit

Kathmandu

Visit Swayambhunath Buddhist temple and Unesco World Heritage Site, the most ancient and enigmatic of all the holy shrines in Kathmandu. Explore the structure and be sure to check out the

Buddha's eyes painted on each side of the Stupa. The site is also known as the monkey temple, for the vast amount of creatures who call the complex home.

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## Optional Activities - Day 9

Everest Flight

Mount Everest - Kathmandu

Get a close look at awesome Mt Everest, the highest mountain in the world, without having to do any climbing; this one-hour plane tour will give you an unforgettable experience. At times, the weather may cover Everest, but the surrounding view is still worth the ride!

Boudhanath Stupa Visit

Kathmandu

Enjoy a visit to the Boudhanath Stupa, one of the largest Buddhist stupas in the world. Built in the 5th century, it still attracts many pilgrims, particularly Tibetan Buddhists and local Nepalis, and is a UNESCO World Heritage site. See the compassionate eyes of Buddha gazing from the facade and take in the peaceful atmosphere and observe Buddhist monks at prayer in the monasteries surrounding the stupa. Follow the pilgrims walking clockwise around the stupa, rotating the prayer wheels and chanting "OM MANI PADME HUM" meaning "diamond on a lotus." Continue through the thriving market surrounding the area which is alive with chants, singing bowls, monasteries, shops selling Tibetan wares and cafes serving authentic Tibetan cuisine.

Pashupatinath Ghats and Temple Visit

Kathmandu

1000NPR

30m-1h

Visit Pashupatinath, one of the most sacred Hindu temple complexes in Nepal. Located on the banks of the Bagmati River, this is the final stop for many Hindus, who's families bring them here to set funeral pyres on the ghats to cremate their loved ones. Respectful viewing from across the river is culturally acceptable, you also will see sadhus (Hindu holy men) and pilgrims perform bathing rituals.

Please note the inclusion of a taxi costs extra.

Day 10

## Kathmandu/Pokhara

Drive across the mountains to beautiful Pokhara. Immerse yourself in the views of the spectacular Annapurna Range. Upon arrival set out on an orientation walk along Phewa Lake.

A lively ride along stunning scenery brings us from Kathmandu to Pokhara.

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### Accommodation

Hotel Sarowar (or similar)

Hotel

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### Today's Activities

Private Vehicle

Kathmandu - Pokhara

8h-9h

Settle in and scan the scenery from the convenience of a private vehicle.

Pokhara Orientation Walk

Pokhara

Breathe in the fresh air and take in the views of the Himalayas and Phewa Lake while getting your bearings around this scenic city.

Day 11

## Pokhara

Spend the day as you please, indulging in a variety of optional activities in Pokhara. Find a cute cafe to sip some tea in or maybe go for a short hike in the Annapurna ranges. You could also walk up to Sarangkot for incredible views or spend time boating in Phewa lake and walk through the gardens.

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### Accommodation

Hotel Sarowar (or similar)

Hotel

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### Today's Activities

Free Time

Pokhara

Enjoy Pokhara today. Hike in the foothills of the Annapurna Range or take a stroll through the lakeside market of Pokhara.

Leave Pokhara behind and transfer by private vehicle to Chitwan. Upon arrival enjoy a welcome by the Chitwan Community Guesthouse.

Travel to this UNESCO World Heritage Site and enjoy an overnight cultural experience with the indigenous Tharu community. Experience their culture through dance and song, along with a traditional meal in the familial dining area. In the evening, retreat back to your private thatched cottage to watch the buffalo and goats roaming about.

Continue on to the UNESCO World Heritage-listed Royal Chitwan National Park. Known as the Terai Tarai ("moist land"), the landscape you travel through today is a belt of marshy grassland, savannah, and forests at the base of the Himalayas.



## Meals included

Dinner



## Accommodation

Barauli Community Homestay (or similar)

Hotel



## Today's Activities

Private Vehicle

Pokhara - Royal Chitwan National Park

4h-5h

Settle in and scan the scenery from the convenience of a private vehicle.

### ACTIVITY

Experience traditional Chitwan life by opting to participate in a cultural dinner and dance held by our Barauli hosts.

Cycling

Royal Chitwan National Park

1h-2h

Explore the village and its surroundings with a guided bike ride. Enjoy sunset on the banks of the Narayani river over a cup of tea.

### ACTIVITY

Enjoy the hospitality of the Tharu, an indigenous community from the Terai belt of Nepal who live in eco-friendly homes. Experience their unique culture through dances, songs, and a delicious traditional meal. Stay on the property in private guesthouses that resemble traditional village architecture of the local Tharu people. Enjoy modern conveniences like running water, comfortable beds, and mosquito nets. The 14 cottages are each named after the local woman that manages the property. There are also tended gardens and small patches of farmland in the village compound with animals tethered inside the pastures.

Any meals will be eaten in the communal dining hall and the local women will serve you food that has been sourced completely from the surrounding land and community.

Day 13

## Chitwan National Park

Take a 4x4 jeep safari through the national park and search for the elusive tiger.

Explore the national park by 4x4 safari before a guided half-day walk inside the park. Enjoy free time to enjoy some bird watching.

The Terai-Duar region is home to the endangered Indian rhinoceros, as well as elephants, Bengal tigers, bears, leopards, and other wild animals. The Royal Chitwan National Park and Royal Bardia National Park preserve significant sections of habitat for these animals, making them home to some of the greatest concentrations of rhinoceros and tigers left in South Asia.

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### Accommodation

Barauli Community Homestay (or similar)

Hotel



## Today's Activities

Free Time

Royal Chitwan National Park

Make the most of your free time here in this beautiful place.

### ACTIVITY

Enjoy the hospitality of the Tharu, an indigenous community from the Terai belt of Nepal who live in eco-friendly homes. Experience their unique culture through dances, songs, and a delicious traditional meal. Stay on the property in private guesthouses that resemble traditional village architecture of the local Tharu people. Enjoy modern conveniences like running water, comfortable beds, and mosquito nets. The 14 cottages are each named after the local woman that manages the property. There are also tended gardens and small patches of farmland in the village compound with animals tethered inside the pastures.

Any meals will be eaten in the communal dining hall and the local women will serve you food that has been sourced completely from the surrounding land and community.

Chitwan 4x4 Safari

Royal Chitwan National Park

3h-4h

Explore the diverse ecosystems of Royal Chitwan National Park from the comfort of a 4x4 vehicle. Keep your eyes peeled for the many animals that live there, including birds, monkeys, crocodiles, and rhinos. If you're lucky, you might get to see an elusive tiger.



## Optional Activities - Day 13

Birdwatching

Keep your eyes peeled and binoculars ready to spot some amazing birds.

Day 14

## Chitwan National Park to Kathmandu

Travel back to the capital city and enjoy a free evening for last minute shopping and exploring.

Return to Kathmandu and enjoy a free afternoon to continue exploring.



### Accommodation

Kantipur Village (or similar)

Hotel



### Today's Activities

Private Vehicle

Royal Chitwan National Park - Kathmandu

6h

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Kathmandu

Finish up your sightseeing in Kathmandu.



### Optional Activities - Day 14

Boudhanath Stupa Visit

Kathmandu

Enjoy a visit to the Boudhanath Stupa, one of the largest Buddhist stupas in the world. Built in the 5th century, it still attracts many pilgrims, particularly Tibetan Buddhists and local Nepalis, and is a UNESCO World Heritage site. See the compassionate eyes of Buddha gazing from the facade and take in the peaceful atmosphere and observe Buddhist monks at prayer in the monasteries surrounding the stupa. Follow the pilgrims walking clockwise around the stupa, rotating the prayer wheels and chanting "OM MANI PADME HUM" meaning "diamond on a lotus." Continue through the thriving market surrounding the area which is alive with chants, singing bowls, monasteries, shops selling Tibetan wares and cafes serving authentic Tibetan cuisine.

Pashupatinath Ghats and Temple Visit

Kathmandu

1000NPR

30m-1h

Visit Pashupatinath, one of the most sacred Hindu temple complexes in Nepal. Located on the banks of the Bagmati River, this is the final stop for many Hindus, who's families bring them here to set funeral pyres on the ghats to cremate their loved ones. Respectful viewing from across the river is culturally acceptable, you also will see sadhus (Hindu holy men) and pilgrims perform bathing rituals.

Please note the inclusion of a taxi costs extra.

Day 15

## Kathmandu to Thimphu via Paro

Fly from Nepal to Bhutan today for the start of the next leg of your adventure. Transfer to Thimphu from the Paro airport and opt to grab dinner with the group.



### Meals included

Dinner



### Accommodation

Hotel Damisa Bhutan (or similar)

Hotel



### Today's Activities

Plane

Kathmandu - Paro

1h-1h15m

36km

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

Paro - Thimphu

1h15m-1h30m

On arrival, take a private transfer to Thimphu.

Free Time

Thimphu

Explore Thimphu on your own with free time to shop, eat, drink, and relax.

Day 16

## Thimphu

Visit the National Memorial Chorten, the Buddha Point, and Motithang Takin Preserve. In the evening, visit Tashichho Dzong.

In the evening, visit the Tashi Chhoedzong, known as the "Fortress of Glorious Religion", initially built in 1702. Today, it houses the main secretariat building, the central monk body, and the office of the king.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Hotel Damisa Bhutan (or similar)

Hotel



### Today's Activities

Memorial Chorten Visit

Thimphu

The chorten is one of the most prominent religious structures in Thimphu, and for local Bhutanese it is a popular part of their daily prayers. Watch locals walk around the Chorten, spinning the prayer wheels and meditating in this lovely and peaceful spot.

Motithang Takin Preserve Visit

Thimphu

Enjoy a visit to the Motithang Takin Preserve, which was once a mini zoo. The area was converted into a preserve for Bhutan's national animal, the takin, which is a cross between a goat and an antelope.

Tashichho Dzong Visit

Thimphu

Enjoy a visit to Tashichho Dzong, a Buddhist monastery and fortress. Its main building is typical of Bhutanese architecture, with whitewashed walls and a golden roof. The original structure was built in 1216 and now houses the civil government.

Buddha Point Visit

Thimphu

Buddha Point is home to Thimphu's most recognized landmark, the Buddha Dordenma. Guarding the entry to the Thimphu valley, this 51-meter (167ft) gilded bronze statue is filled with 125,000 miniature

statues and sits atop a three-storey base housing a chapel and thousands of donated statuettes. The statue was commissioned to mark His Majesty the Fourth King of Bhutan, Jigme Singye Wangchuck's 60th birthday and was originally made in China before being transported to Thimphu in pieces.

The massive Buddha statue in Thimphu made of bronze and gold. Take lots of pictures - it's beautiful!

Thimphu Orientation Experience

Thimphu

Thimphu is the capital of the Himalayan kingdom of Bhutan. It is also Bhutan's largest city and displays loads of traditional Bhutanese art, architecture, and culture. It's a modern city with unique character. You'll see the old and the new blend together here as you walk the streets lined with restaurants and cafes that sit alongside old fortresses and monasteries. Did you know that Thimphu is the only capital city in the world without any traffic lights? Get to know the area on an orientation experience visiting sites like the textile museum and old clock tower.

Travel to Punakha in the morning crossing Dochula Pass. After a pleasant stop for views enjoy a short hike to Chimi Lhakhang Temple learning about its historical significance. In the afternoon explore the stunning Punakha Dzong.



## Meals included

Breakfast | Lunch | Dinner



## Accommodation

Bhutanic Resort (or similar)

Hotel



## Today's Activities

Chimi Lhakhang Visit

Punākha

30m-1h

Take a short hike to Chimi Lhakhang, temple of the "Divine Madman." Built in 1499, it is mainly visited today by women as it is known as the temple of fertility.

Private Vehicle

Thimphu - Punākha

3h-4h

Settle in and scan the scenery from the convenience of a private vehicle.

Punakha Dzong Visit

Punākha

Visit Punakha Dzong, the winter seat of the Je Khenpo and the Monk Body, remarkably located between the rivers of the Mo (female) Chu and Pho (male) Chu. It is the second oldest and second largest dzong (fortress) in Bhutan and one of its most majestic structures, housing many sacred relics. It is also the winter capital of the Je Khenpo (chief abbot). Built by Zhabdrung Ngawang Namgyal in around 1637. Arguably, it is the most beautiful Dzong in the country. The Dzong guards Bhutan's most treasured relic, the Rangjung Kharsapani, an image of Chenresig kept away from the public in the utse (tower). It has survived Tibetan invasions, numerous fires, floods and a glacial lake burst. The Dzong served as the capital and seat of the Bhutanese Government until the early 1950s; and the coronation of the His Majesty the First Druk, Gyalpo Ugyen Wangchuck, took place here.

Take a scenic drive back to Paro this morning with a few stops en route. Upon arrival the group will visit the Paro Dzong as well as the local archery grounds. This evening you'll have free time to wander and indulge as you please.



## Meals included

Breakfast | Lunch | Dinner



## Accommodation

Rema Resort (or similar)

Hotel



## Today's Activities

Private Vehicle

Punākha - Paro

3h-4h

Settle in and scan the scenery from the convenience of a private vehicle.

Paro Orientation Walk

Paro

Paro lies at the centre of a valley that is full of ancient sites and buildings. The area is covered with terraced paddy fields, quaint farmhouses scattered throughout the valley and green forests overlooking the Paro Chhu River snaking below. Enjoy an orientation walk of this beautiful place and learn about Bhutanese ancient artefacts and art work.

Paro Rinpung Dzong Visit

Paro

Visit Paro Rinpung Dzong, which means 'Fortress on a Heap of Jewels'. The original construction of this dzong is believed to have been completed in 1458 and it was restored to its present glory by His Majesty the Third of Bhutan, King Jigme Dorji Wangchuck, to mark his royal wedding in 1951.

Local Archery Grounds Visit

Paro

As Bhutan's national sport, a visit to a local archery ground is a must. Watch locals practice or compete with unbelievable accuracy and precision as they hit distant targets.

Free Time

Paro

Take advantage of free time and visit some of the best sites in Paro like, the ruins of the Drukgyel Dzong or Kyichu Lhakhang, one of the two oldest monasteries in Bhutan. Maybe head for a visit to the National Museum of Bhutan. There are statues, paintings, sacred masks and costumes all located in a seven-story watchtower.

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## Optional Activities - Day 18

Ta Dzong National Museum

Paro

The National Museum of Bhutan houses an extensive collection of Bhutanese art, with pieces dating back for centuries.

Day 19

## Paro

Enjoy a morning hike to Taktsang Monastery (Tiger's Nest). The hike is about 7km and offers a chance to visit 13 holy relics, at a place considered to be one of the most venerated pilgrim sites of the Himalayan world. After finishing the hike you'll have the rest of the evening free to explore more of Paro on your own before one last dinner with the group.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Rema Resort (or similar)

Hotel



### Today's Activities

Taktsang (Tiger's Nest) & Monastery Hike

Paro

6h

7km

Hike up to the Taktsang monastery (Tiger's Nest); containing 13 holy relics, it's considered one of the most venerated pilgrim sites of the Himalayan world. It is also where Guru Padmasambhava is said to have landed on the back of a tigress in the 8th century. Take in the stunning views en route and the incredible vista from this monastery, which clings to the rock towering 2,953m above the valley.

The group will hike from 2400m elevation and reach 3100m at the Taktsang Monastery before returning back to 2400m in the same day. The climb should take around 6 hours for a total distance of 7 km.

Free Time

Paro

Take advantage of free time and visit some of the best sites in Paro like, the ruins of the Drukgyel Dzong or Kyichu Lhakhang, one of the two oldest monasteries in Bhutan. Maybe head for a visit to the National Museum of Bhutan. There are statues, paintings, sacred masks and costumes all located in a seven-story watchtower.



### Optional Activities - Day 19

Kyichu Lhakhang Temple Visit

Paro

Enjoy a visit to one of Bhutan's oldest and most beautiful temples. Built in the 7th century, Kyichu Lhakhang Temple boasts stunning art work inside and throughout the courtyards.

Day 20

## Paro

Depart at any time. Airport transfer included. While at the airport, opt to experience a cultural art class at the social enterprise, VAST, a G Adventures-supported studio.

Your CEO will help arrange your transfer to the airport and all exit formalities before your journey home.



### Meals included

Breakfast



### Today's Activities

Private Vehicle

Paro - Paro Airport

30m

Settle in and scan the scenery from the convenience of a private vehicle.



### Optional Activities - Day 20

VAST Airport Experience

Paro Airport

Turn waiting at the airport into an art class! Visit the hands-on art experience at VAST (Voluntary Artists' Studio Thimphu) Happy Brush Activity Corner in the Paro Airport. The initiative works to nurture the artistic potential of Bhutanese youth by involving youth in community service, while empowering them to explore art as a viable and fulfilling career path. Through different hands-on activities, like painting a traditional mask featured in the festivals and folklore of Bhutan.

## What's included

- Your G for Good Moment: Women With Wheels Transfer, Indira Gandhi International Airport
- Your G for Good Moment: City Walk, Delhi
- Your G for Good Moment: Anoothi Block Printing Experience, Jaipur
- Your G for Good Moment: Nepalese Dumplings Cooking Demonstration, Kathmandu
- Your G for Good Moment: Barauli Community Immersion, Royal Chitwan National Park
- Your Welcome Moment: Meet Your CEO and Group
- Your Local Living Moment: Barauli Community Guesthouse Stay, Royal Chitwan National Park
- Sustainable Development Fees
- Agra Fort visit
- Taj Mahal visit
- I'timad-ud-daulah (Baby Taj) entrance
- Fatephur Sikri visit
- Jaipur City Palace entrance and guided tours
- Abhaneri stepwell visit
- Guided tour of Bhaktapur City
- Nepalese Dumplings Cooking Demonstration
- Swayambhunath Temple Visit
- Chitwan National Park 4x4 safari
- Cycling through villages in Chitwan
- Memorial Chorten & Motithang Takin Preserve visit
- Tashichho Dzong visit
- Chimi Lhakhang Hike
- Explore Paro Dzong and Archery grounds
- Hike to Taktsang Monastery Tiger's Nest
- All transport between destinations and to/from included activities
- Flights from India to Nepal and Nepal to Bhutan

## What are the main highlights of this trip?

Learn to make Nepalese momos from a group of local women, Search for tigers in Chitwan National Park, Experience the Dragon Kingdom with cultural interactions at a local farm, Take in stunning Himalayan mountain views

## Itinerary Notes

Want to experience the sights and sounds of Holi? Make sure you're in India on March 14, 2025 or March 4, 2026 for the nation's most colourful festival.

## What are the main highlights of this trip?

Learn to make Nepalese momos from a group of local women, Search for tigers in Chitwan National Park, Experience the Dragon Kingdom with cultural interactions at a local farm, Take in stunning Himalayan mountain views

## Is there a disclaimer I should read before booking this trip?

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you view a final copy of your Trip Details a couple of days prior to travel, in case there have been changes that affect your plans.

## Is there a travel disclaimer for my itinerary I should review before booking this trip?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## Are there Itinerary notes?

Want to experience the sights and sounds of Holi? Make sure you're in India on March 14, 2025 or March 4, 2026 for the nation's most colourful festival.

# What important notes should I be aware of before the trip?

## 1. CAMERAS

Please note there may be times during your visit to Bhutan when the use of video and/or still cameras may be inappropriate. Local people may consider that filming is too intrusive and in these circumstances we will request that you do not film. At all times be aware and sensitive to the impact of photography and seek permission before taking photographs of people and respect their wishes if they refuse.

## 2. HIKING AND WALKING

Please note that there is a lot of walking and light hiking on this trip and some of it at higher altitudes. Please ensure you are in decent physical condition and able to walk for extended periods of time.

## 3. EARPLUGS

Bhutan, being a Buddhist country believes in ahimsa so the barking of dogs (and there are a lot of them) at night can be annoying. It's advisable to bring earplugs. If you are able to travel with a lot of patience and a good sense of humour, then we know that you - like all of us - will be captivated by what Bhutan has to offer.

## 4. CLOTHING

The prime requirement for clothes you bring on Bhutan trip is that they are comfortable and appropriate to the weather conditions that you are likely to meet. For protection against cold, particularly at night, a number of relatively thin layers is better than a few thick ones. Thermal underclothes, being small and light, can be very useful. Bhutan is very conservative and you should dress accordingly. As a general guideline, shoulders and knees should be covered at all times. The wearing of shorts is not allowed as it will restrict your entry into buildings of a religious nature and family homes. A water and windproof jacket, a hat and sunscreen are essential.

## 5. FLIGHT

Your departure flight from Paro, Bhutan, must be booked by you online. Please visit the following airline websites to do so:

Druk Air

<http://www.drukair.com.bt/>

Bhutan Airlines

<http://www.bhutanairlines.bt/>

Flights can be booked from: Bangkok, Kathmandu, Delhi or Kolkata (please check Visa requirements if flying via India). Once your flight is booked, contact your G Adventures agent, who will be happy to assist in booking your International connections.

## 6. EXTRA NIGHTS

If you are planning to extend your stay in Bhutan, pre or post-tour accommodation MUST be booked through G Adventures in order for us to issue a valid visa for the duration of your stay. These extra nights will include a guide and meals in addition to the accommodation.

## 7. LUGGAGE

Please note that if you have extra luggage or bags you do not wish to bring along for the entire trip you will be able to leave them at the joining hotel and retrieve them at the finishing hotel when the trip ends.

## 8. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

## How large will the group be?

Max 18

## What meals are included in this trip?

5 breakfasts, 5 lunches, 6 dinners

## What are the modes of transportation on my trip?

Private bus, 4x4, walking/hiking, private vehicle, taxis, auto-rickshaw, cycle- rickshaw, flight from India to Nepal and Nepal to Bhutan.

## Are local flights included in the cost of the trip?

Please be advised that any flights noted on the G Adventures Itinerary for this tour are included in the tour services provided. Flight tickets are provided by G Adventures during the tour. The date for this service will match the day of the itinerary, for which Day 1 is equal to the start date noted on the Invoice under Land Services: Tour. If flight information is required in advance for visa purposes, please contact G Adventures.

## Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## Where will we stay during the trip?

Hotels (16 nts), comfortable tented camp (1 nt), guesthouse/cottage (2 nts).

## Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## What kind of accommodation can I expect on this trip?

Hotels, Community Guesthouses

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through G Adventures in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Your included arrival transfer will be provided by our G Adventures-supported project Women With Wheels. This program provides safe and reliable transport for travellers, while providing a dignified livelihood for a local woman from a resource poor community. You will be greeted by a trained driver from the project with a G Adventures sign with your name on it. The drivers wait outside the Exit Gate 4 at Terminal 3. If you are unable to locate your pre-booked transfer, or you have any questions about your transfer, please feel free to call our transfer representatives in Delhi. Our airport representatives can be reached at the Sakha Call Centre at +91 927 870 8888.

**IMPORTANT:** Please exercise caution and avoid taxi touts who falsely claim that your arrival transfer vehicle has broken down and that they are sent by G Adventures to arrange your transport. Many travellers have fallen victim to this scam and were charged inflated prices.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

# Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

## AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If your call is specifically concerning Airport Transfer complications please call our local G Adventures Transfer providers directly at:

India:

Sakha Call Centre - (Primary Contact)

From outside of India: +91 92787 08888

From within India: 92787 08888

Sakha Manager - (Secondary Contact)

From outside of India: +91 95997 81181

From within India: 95997 81181

Nepal:

Ms. Binita Gurung - (Primary Contact)

From outside of Nepal: +977 98 0191 1000

From within Nepal: 98 0191 1000

Mr. Rajju Maskey - (Secondary Contact)

From outside of Nepal: +977 98 0201 4444

From within Nepal: 98 0201 4444

Bhutan:

G Adventures Local Representative (Bhutan):

Ms Wangchuk Dem - (Primary Contact)

From outside of Bhutan: +975 17 747 428

From within Bhutan: 17 747 428

## EMERGENCY CONTACT NUMBERS

G Adventures South Asia Manager, Sorab Jassawalla (Delhi, India)

From outside of India: +91 8851806614

From within India: 8851806614

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

# What should be on my packing list?

## Available for Rent:

- Sleeping bag (100 - 200 NPR per day)
- Trekking poles

## Cold Weather:

- Long-sleeved shirts or sweater
- Warm gloves
- Warm layers
- Scarf
- Warm hat
- Warm waterproof jacket

## Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Passport (required) (With photocopies)
- Visas or vaccination certificates (With photocopies)

**Essentials:**

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

**Warm Weather:**

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

# What are the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

For Bhutan, G Adventures will arrange the visa for you. The cost of the visa is included in the tour price. The Bhutanese visa is issued to your passport on arrival. No passport photos are currently required for this, but it's always good to travel with a couple current photos.

In order to arrange the Bhutan visa, please click on the following link for information and application [form](#)

These details need to be submitted to us 35-60 days before your entry into Bhutan.

We will then arrange the Bhutanese visa for you. You will receive the visa letter while on your tour, 2 - 5 business days before entry into Bhutan. We cannot get the visa letter issued any sooner, as it is issued by the Bhutanese government.

Important: If you are planning to extend your stay in Bhutan, pre- and post-tour accommodation MUST be booked through G Adventures in order for us to issue a valid visa for the duration of your stay.

If arriving and departing Paro from India, please note that the Indian government has recently made some changes to visa regulation due to misuse of the Tourist visa. We encourage all passengers to contact the Indian consulate or embassy in their home country to get up to date information on entry requirements. This is especially important for those planning on entering India multiple times in a two month period.

Foreigners holding an Indian Tourist visa, who after initial entry into India plan to visit neighbouring Nepal, Bhutan or Sri Lanka and then re-enter into India within 2 months need to get special authorization.

## VISA INFORMATION:

Please use the start hotel of your tour as a reference for your visa application. Contact us or your travel agent if you need further information.

For visa purposes, your Emergency Local Contact details are below:

G Adventures South Asia Manager  
Mr Sorab Jassawalla (Delhi, India)

>From outside of India: +91 88 5180 6614

>From within Delhi: 88 5180 6614

>From within India, but outside Delhi: 088 5180 6614

As of February 2026, all non-Indian nationals entering India by air, land or sea must complete the e-Arrival Card online before arrival. Register within 3 days of arrival.

For more information and to complete the e-Arrival Card, we kindly request that you visit the [Indian Immigration](#) page.

You must have at least two blank passport pages available for each country you will visit on your tour. These are required for entry & exit stamps.

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NEPAL:

Nepal is now offering e-Visas for some nationalities. please visit this [link](#) for further information, and to check if your nationality is eligible for an e-Visa. You can apply for the visa [here](#).

We strongly suggest travellers eligible for an e-Visa complete the form online and print their receipt before arrival to Nepal to ease your entry and avoid queuing. Visas are available upon arrival at the airport and land crossings for those who are unable to receive their e-Visa beforehand.

## **What should I consider when planning my personal expenses and discretionary spending for this itinerary?**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## **What should I know about currency, credit cards, and exchanging money while on this tour?**

As currency exchange rates in Asia fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

As of May 2023 the exchange rate for INDIA was 1 USD = 81.76 INR (Indian Rupees) and NEPAL was 1 USD = 130.90 NPR (Nepalese Rupees). There are many ATM machines that accept both Visa and Mastercard but these are limited to major cities. We also recommend the use of cash in USD currency. Major credit cards are accepted in most shops but they may charge a 2-4% transaction fee.

## **How much emergency money should I bring on this trip?**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

It is customary in India, Nepal and Bhutan to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers and local guides would range from \$4-5 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference; however as a guideline \$8-19 USD per person, per day can be used.

# What activities are optional on this trip?

## Delhi

- Half Day Culinary Tour of Delhi

## Jaipur

- Hawa Mahal (Palace of the Winds) (202INR per person)
- Jaipur Cooking Class with A Local Family
- Movie at Raj Mandir (200-400INR per person)
- Jaipur Cycle Tour (35 per person)
- Jantar Mantar Visit (202INR per person)
- Jaipur Balloon Ride

## Mount Everest

- Everest Flight

## Kathmandu

- Boudhanath Stupa Visit
- Pashupatinath Ghats and Temple Visit (1000NPR per person)

## Royal Chitwan National Park

- Birdwatching

## Paro

- Ta Dzong National Museum
- Kyichu Lhakhang Temple Visit

## Paro Airport

- VAST Airport Experience

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How can I share feedback about my trip experience?

Earn 5% off your next G Adventures Tour (up to \$100 USD)\*

After your travels, we want to hear from you! Your feedback information is so important to us and to thank you for your time, we are pleased to offer a 5% discount (up to a maximum of \$100 USD) off your next G Adventures holiday. All you need to do is submit the form within 4 weeks of the completion of your tour, and you'll be able to join the thousands of travellers who have taken 2, 3, 4 or even 10 or more tours with us!

Discount cannot be combined with other offers or applied to 'Independent' style trips. Maximum discount value is \$100 USD (or equivalent currency). Valid for new bookings only. G Adventures reserves the right to withdraw or modify this offer at any time without notice. Limited to one discount per person.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## **Are international flights included in this trip?**

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## **What should LGBTQ+ travellers know about safety and travel considerations on this trip?**

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.