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Sorry! There are no remaining departures for "Iceland Upgraded Family Adventure" (ELRGF), [but here are some similar trips.](#)



## **Iceland Upgraded Family Adventure**

8 days, Reykjavik to Reykjavik

Trip code ELRGF

### **What's included**

- Your Foodie Moment: Geothermal Bakery, Laugarvatn
- Your Wellness Moment: Blue Lagoon Visit, Grindavik

- Arrival transfer
- Perlan Museum visit
- Whale watching tour
- Visit a horse farm
- Lava tunnel visit
- Golden Circle tour including Thingvellir National Park, Gullfoss waterfall and Geysir Hot Springs
- Skogafoss waterfall picnic lunch
- Visit a Black Sand Beach
- Westman Islands excursion
- Seljalandsfoss waterfall
- Blue Lagoon admission
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing May 25th, 2021 and onwards

# Itinerary



## Itinerary Notes

Please note that due to high demand there may be limited availability when booking optional activities during the tour. Many of these can be pre-booked and we recommend that they are purchased in advance in order to secure space as they are quite popular. See the Available Extras below for details and add them in the Tour Extras section when confirming your trip.

Prices are based on double occupancy; all other room configurations are on request and cannot be guaranteed. We will accommodate triples/quads whenever possible.

Please call for further details.

Family tours are designed for groups traveling with children between the ages of 7 and 17.

Your group must include a child in order to book, and anyone under the age of 18 must be accompanied by an adult.

**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Reykjavik

Arrive at any time. Arrival transfer included.

Hotel accommodation in Iceland is very limited and rooms/facilities can be fairly simple with few amenities. Hotels are chosen for their location and access to the wondrous landscapes and natural wonders of Iceland. Hotels are often remote, all the better to enjoy the beautiful natural setting.

During winter months (generally November through early March) the itinerary and inclusions are highly subject to change based on weather conditions and less "daylight "hours. Your CEO will go over the schedule and advise you of any alterations on a daily basis. We appreciate your flexibility and understanding.



### Today's Activities

Arrival Day and Welcome Meeting

1h

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. Check for the meeting time on the welcome note at the hotel. After introductions, your CEO will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

Shuttle

Keflavik International Airport - Reykjavik

45m

45km

Please go to the Flybus booth inside the arrival hall before exiting the airport, and advise staff about your name and that you're doing a G Adventures trip. They will then hand you a ticket for the bus that brings you to your start hotel. The bus shuttles leave regularly (approx. every 30 minutes) from the airport to Reykjavik and you can take any of them with this voucher.

Day 2

## Reykjavík

Visit the Perlan museum, which showcases Iceland's geological forces like volcanoes and geysers. After a classic Icelandic hot dog lunch, hop aboard a boat for a whale-watching excursion on Faxaflói Bay. The rest of the day is free for relaxing or exploring Reykjavík.

Our travel time today includes our many stops along the way.

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### Meals included

Breakfast | Lunch

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### Today's Activities

Private Vehicle

Reykjavik

2h-3h

Settle in and scan the scenery from the convenience of a private vehicle.

Perlan Museum Visit

Reykjavik

2h30m-3h

Visit the Wonders of Iceland exhibit at the Perlan museum, where you can see and feel all of Iceland's natural wonders under one roof. Walk through a 100m long man-made ice cave to experience what glacial environments are like, and how global warming affects this part of the world. Top your visit off with an unparalleled 360° view of Reykjavik and surrounding areas from the observation deck.

Whale Watching From Reykjavik Harbour

Reykjavik

3h-4h

Take a boat ride into Faxaflói bay to try and spot minke and humpback whales, dolphins, and porpoises. Each tour has an expert guide to maintain safety at sea and answer any questions you may have.

Icelandic Hot Dog Lunch

Reykjavik

30m

Enjoy a traditional Icelandic hot dog for lunch. Typically made with lamb, and a bit of pork and beef, these hot dogs have a natural casing that give a satisfying snap when you bite into it. They're often topped with raw white onions, crispy fried onions, capers, mustard, ketchup, herbs, a sweet brown mustard called pylsusinnep and remoulade, a sauce made with mayo. Walk up to the stand and order "one with everything"!



## Optional Activities - Day 2

Reykjavik City Hall Visit

Reykjavik

Free

Reykjavik City Hall is located along the picturesque waterfront of Lake Tjörnin, a tiny lake in the centre of town. Here, locals see over 40 species of friendly Icelandic water birds such as terns, arctic sea ducks, geese, and swans, just about as often as people. Inside city hall, check out an enormous 3D relief map of the island, with lots of information on local geology.

Hallgrímskirkja Church Visit

Reykjavik

1000ISK

Though it can be seen from almost anywhere you are in Reykjavik - step inside and get a closer look at the Hallgrímskirkja Church. Designed in 1937 by architect Guðjón Samúelsson, this masterpiece took nearly 50 years to complete. Enjoy some time to walk around and explore the church on your own - notice that the columns are meant to reflect the basalt columns found on Reynisfjara black sand beach in Vik.

Depart Reykjavik and take a hike through the countryside amongst hot springs before visiting a traditional Icelandic horse farm for an optional ride. After a homemade lunch, head to a nearby lava field to go into one of the longest lava tunnels in Iceland. Continue to Hveragerði for the night, a town built around its own hot spring.

Our travel time today includes our many stops along the way.



## Meals included

Breakfast | Lunch



## Today's Activities

Hike the Reykjadalur Trail - Hot Springs

Reykjavik

3h-4h

Hike along the scenic Reykjadalur trail. Walk along the rolling hills and pools of bright blue water. Follow the steaming pools that line the footpath until you come to the hot springs - natural pools heated by geothermal activity.

Horse Farm Visit

Hveragerdi

The Icelandic horse is a very unique breed. Although small and at times pony-sized, Icelandic horses are long-lived and hardy. Tour this working farm and learn all you need to know about the Icelandic horse, with a focus on its gait and unique character.

Lava Tunnel Visit

Reykjavik

1h30m

Experience the otherworldly beauty of one of Iceland's most spectacular features, the lava tunnel. Formed by enormous lava flows during a volcanic eruption, these tunnels boast a twisting labyrinth of passageways, filled with unique formations and underground waterfalls.

Private Vehicle

Reykjavik - Hveragerdi

1h30m-2h

Settle in and scan the scenery from the convenience of a private vehicle.



## Optional Activities - Day 3

Horseback riding

Hveragerdi

7900-11500ISK

1h-2h30m

Saddle up and journey along the longest river in Iceland, Thjórsá. You will take the route once travelled by Vikings. Prepare to be awed by nature as you witness abundant and diverse birdlife and rugged Icelandic landscapes as far as the eye can see. Helmets and warm overalls are provided. This activity will be contingent on the weather.

Head out along the Golden Circle circuit, stopping at Gullfoss Waterfall, Geysir and then walk through Thingvellir National Park where 2 of the earth's tectonic plates meet. Visit a geothermal bakery to taste bread cooked in the ground then enjoy some free time or opt to stop by the Laugarvatn Fontana Spa for a soak in the hot spring.

Our travel time today includes our many stops along the way.



## Meals included

Breakfast



## Today's Activities

Geysir Visit

Geysir

30m-45m

See a variety of geothermal pools and the erupting hot spring Strokkur. Geysir is one of the oldest geysers recorded in the world, but is most often dormant. Strokkur erupts a spray of boiling hot water straight into the air about every ten minutes.

Private Vehicle

Hveragerdi

2h30m-3h

Settle in and scan the scenery from the convenience of a private vehicle.

### ACTIVITY

Watch first hand as bakers dig out a pot of fresh bread from steaming black sand. Taste the bread, served hot from the ground, with some butter and take home the recipe for Iceland's famous rye bread.

Gullfoss Waterfall Visit

Gullfoss

45m

Discover one of the most impressive waterfalls in Iceland, Gullfoss, and complete the circuit known as the Golden Circle. This massive waterfall cascades over three "steps" before spilling into a large crevice. Fed by a glacier lake, the water passing through the falls can be a dark grey depending on how much sediment gets pushed through the river.

Thingvellir National Park Visit

Thingvellir

2h-3h

Stop at Thingvellir National Park, a UNESCO world heritage site, to see the tectonic faults created by North American and Eurasian tectonic plates shifting apart. The Oxara river cuts through the largest rift in the valley, Almannagja, and leads to the Oxarafoss waterfall. Iceland's parliament was also

established in the area in 930. The park was later created to protect the remains of the open-air assembly grounds.

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## Optional Activities - Day 4

Laugarvatn Fontana Spa

Laugarvatn

3950ISK

Embrace the healing powers of the geothermal springs. Relax and soak in a natural mineral baths, visit the steam rooms, and enjoy a walk along the black sand beach and take a dip in the cooling lake.

Day 5

## South Coast

Travel along the southern coast and visit the Skogar open air museum to learn about Icelandic heritage before taking a short walk to the Skógafoss waterfall, one of the biggest falls in Iceland. After a picnic lunch at the base of the falls continue to Vik with a stop on the way for a stroll along one of the black sand beaches.

Our travel time today includes our many stops along the way.

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### Meals included

Breakfast | Lunch

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### Today's Activities

Private Vehicle

Hveragerdi - Vik

2h-3h

Settle in and scan the scenery from the convenience of a private vehicle.

Skogar Open Air Museum

Hveragerdi

Visit Skogar Museum and take a tour of one of Iceland's most iconic sights, a traditional turf house. Named after the turf used to create the walls and the roof, these cheap but effective houses helped the early Icelandic people to survive the region's harsh seasons. Learn about the construction of these homes, the families who lived there and how a unique culture evolved out of these humble communities.

Skógafoss Waterfall Visit

Skógafoss

1h

Visit Skógafoss, one of the largest and most recognizable waterfalls in Iceland. The 60m (200 ft) high falls forms a constant mist that floats in the air, if viewed in the sunlight the mist can create rainbows. The sound and view of the thundering water cutting through the green hills make the falls a must-see on any trip to Iceland.

Day 6

## Westman Islands/Vík

Head out by boat from Vík on an excursion to the Westman Islands. Stop at the town of Heimaey before exploring the volcanic landscapes with a hike up the Eldfell crater and then search for puffins and seabirds along the coastal cliffs. Return to Vík in the afternoon.

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### Meals included

Breakfast

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### Today's Activities

Ferry

Vík - Vestmannaeyjar

1h-2h

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Westman Islands Excursion

Vestmannaeyjar

26h

Take a tour of the rugged coastlines of the Westman Islands. Formed by underwater volcanoes, some of these islands surfaced as late as 1963, and feature an exciting array of caves, monoliths and sheer cliffs. On top of the beautiful features, these islands boast the world's largest populations of Atlantic Puffins (before September) and a high potential to spot breaching whales like Orcas or Fin whales.

Day 7

## Reykjavík

Depart from Vik with a stop at Seljalandsfoss waterfall for photos and an opportunity to walk behind it. Continue to the Blue Lagoon to soak in the hot spring's iconic blue waters and enjoy a farewell dinner in Reykjavik in the evening.

Our travel time today includes our many stops along the way.

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### Meals included

Breakfast | Dinner

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### Today's Activities

Seljalandsfoss Waterfall Visit

Seljalandsfoss

30m-1h

Seljalandsfoss is a 60m (196 ft) tall waterfall located along the popular ring road. Behind the flow of water is a path, allowing visitors to peek behind the curtain of water cascading over the rocks above.

Private Vehicle

Vik - Reykjavik

4h30m-6h

Settle in and scan the scenery from the convenience of a private vehicle.

Day 8

## Reykjavík

Depart at any time.

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### Meals included

Breakfast

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### Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

## What's included

- Your Foodie Moment: Geothermal Bakery, Laugarvatn
- Your Wellness Moment: Blue Lagoon Visit, Grindavik
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- Visit a horse farm
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## What are the main highlights of this trip?

Walk behind a massive waterfall at Seljalandsfoss, Take a whale-watching excursion from Reykjavik, Watch the water erupt into the air at Geysir, Taste bread baked in the ground at a geothermic bakery, Soak in the hot springs at the Blue Lagoon.

## Itinerary Notes

Please note that due to high demand there may be limited availability when booking optional activities during the tour. Many of these can be pre-booked and we recommend that they are purchased in advance in order to secure space as they are quite popular. See the Available Extras below for details and add them in the Tour Extras section when confirming your trip.

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## What are the main highlights of this trip?

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## Is there a disclaimer I should read before booking this trip?

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## Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## Are there Itinerary notes?

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## What important notes should I be aware of before the trip?

### 1. PACE OF TOUR

Please note that this is a busy tour and there are some long drive days, but stops along the way and included activities break up the drive, not to mention outstanding scenery.

### 2. FAMILY INSURANCE

Options for family travel insurance are available. Please enquire with your Family Trip Specialist for more information.

3. Please note that on all Family Adventures one adult can only accompany up to two minors. If you have over two minors planning on travelling then a second adult will be required to attend.

## What is the group leader like?

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

## How large will the group be?

Max 20, avg 18

## What meals are included in this trip?

7 breakfasts, 3 lunches, 1 dinner

## What are the meals like on this trip?

Eating is a big part of traveling and we encourage you to experience the vast array of wonderful food that is available out in the world. Its important to remember, that food may be different from what you are used to at home and that some things may not be available in other countries.

Some meals are included in the trip price, while others are not, to allow flexibility and choice to you and your family. For non-included meals our CEOs will still make arrangements for the group to eat together, which allows you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. For all trips please refer to the meals included and budget information for included meals and approximate budget (per person) for meals not included.

Throughout this trip, breakfast is included daily (ranging from continental to buffet depending on the trip), as are healthy, local snacks. Tap water is safe and drinkable everywhere. Please remember to bring your own refillable bottle and refill at the start of each day.

Note that any special meal requirements or dietary restrictions need to be specified at time of booking.

## What are the modes of transportation on my trip?

Private minivan/bus, boat, walking

## What transportation will we take on this trip?

This is not a physically demanding adventure, however there are some long drives (please take note of the travel times and distances in the daily itinerary). Despite some of the long days, most travellers feel that the diversity of the Icelandic landscape, and culture are all well worth the experience!

## Is there an extra cost for travelling solo?

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Odd number adult travellers in your family will be paired in twin accommodation with another adult traveller of the same sex for the duration of the trip.

## Where will we stay during the trip?

Hotels (7 nts)

## Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops.

Please be aware that single room accommodations in European hotels are often smaller, and may not be to the same service level as double-occupancy rooms.

## What kind of accommodation can I expect on this trip?

Rooming is based on double occupancy (2 passengers / 2 beds per room); all other room configurations are on request and cannot be guaranteed. We will try to accommodate triples/quad requests whenever possible and it's important to note that rooming configuration can change from city to city and 2 single beds are the standard configuration in a room.

Please remember that hotel/lodge standards can be different from what you are used to in your home country, which is part of the appeal of adventure travel.

In Iceland we use small hotels, guest houses and inns, sometimes in remote locations. They are comfortable and clean but do not have many amenities.

## What is the joining hotel?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## What are the joining instructions?

An arrival transfer is included from Keflavik International Airport (KEF) when you arrive on Day 1, or if you arrive up to three days prior to your tour start date, provided that you have booked your pre-accommodation through G Adventures in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Once you are through to the Keflavik International Airport arrivals hall, look for the orange service desk of our local partner, Airport Direct. Please show your transfer voucher (either printed or on your mobile device) and identify yourself to the staff there, and they will direct you to the mini-bus shuttles located just outside the terminal. The transfer voucher serves as your confirmation of payment for the service and can be accessed in your online account.

Note that the shuttle transfer is direct from Keflavik to your accommodation in Reykjavik, so you will not need to change busses. The shuttles operate to a schedule so you may need to wait for up to an hour before departing.

All transfers booked through G Adventures have a flight delay guarantee, that is, if your flight is delayed you will be able to take the next shuttle departing the airport after your arrival.

If you wish to reconfirm or you experience any issues, you can contact our local partner, Airport Direct, on +354 497 8000.

Please note that day 1 is an arrival day and no activities have been planned on this day. Upon arrival to the city on day 1 (or earlier if you have booked pre-accommodation), please make your way to the joining hotel (note that check-in time will be in the afternoon). Once you arrive at the hotel, look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures Berlin office: +44 7817 262559

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, from calls within North America only: 1 888 800 4100

Calls from within UK: 0344 272 0000

Calls from within Germany: 0800 365 1000

Calls from within Australia: 1 300 796 618

Calls from within New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, and your call will be returned as soon as possible.

## What should I take on my trip?

You will be on the move a lot, so our advice is to pack as lightly as possible. Your baggage should be clearly labelled and restricted to one soft compact suitcase, sports bag, or backpack. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. Porters are not often available, so be prepared to carry your own bags.

# What should be on my packing list?

## Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

**Health & Safety:**

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

## Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear Note: The landscape of Iceland is unique and unlike most things you've seen; so is the weather. It is unpredictable and changeable, so be prepared to experience a variety of conditions during your time in Iceland. It's not uncommon to experience rain, sun wind and snow all in the same visit, so please pack accordingly. An Icelandic summer is also not what most people consider as "summer" temperature and in the evenings it can get quite cold. Dressing in layers is recommended as weather can change dramatically, without notice. If you are travelling in the winter, please bring full winter gear (winter coat, snow boots, thermals). We're working with our accommodation partners to reduce single-use plastic on our tours by providing safe drinking water for refillable bottles wherever possible. Find out more about our Plastics Partnership Project [here](https://www.gadventures.com/about-us/responsible-travel/plastics-partnership-project/).

## When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the closest laundromat is. There will be times when you may want to or have to do your own laundry, so we suggest you bring non-polluting/biodegradable soap.

## What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

For other nationalities, travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

## How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

It is recommended to bring a combination of cash, credit and debit cards.

## How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Should I be tipping on my trip?

Local tipping is included on this Family trip which covers local guides, drivers and gratuity for included meals. At the end of your trip if you felt your Chief Experience Officer(s) did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline; per CEO €30-40 per person, per week can be used.

## What activities are optional on this trip?

### Reykjavik

- Reykjavik City Hall Visit (Free)
- Hallgrímskirkja Church Visit  
(1000ISK per person)

### Hveragerdi

- Horseback riding  
(7900-11500ISK per person)

### Laugarvatn

- Laugarvatn Fontana Spa  
(3950ISK per person)

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical ratings in this dossier for trip specific information. For travellers over 70 years a completed Medical Form is required. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## How should I dress to respect local customs during the tour?

Weather can change dramatically, even in the summer months. It is best to layer clothing to ensure you are prepared for any extremes.

## How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## How old must I be to join this trip?

Minimum age of 7 years for this trip.

## Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

# What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.