



## **Iceland: Waterfalls, Hot Springs & Hiking Volcanic Landscapes**

8 days, Reykjavik to Reykjavik

Trip code ELHG

## What's included

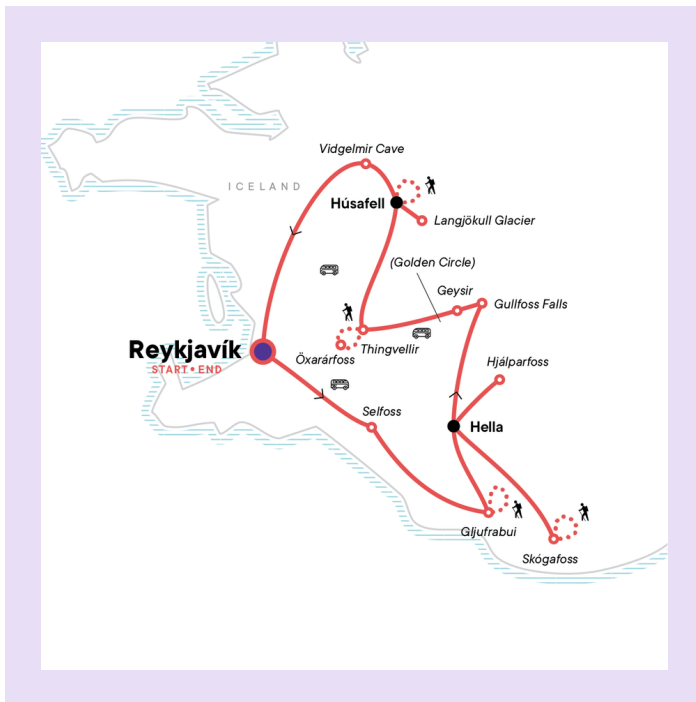
- Your Foodie Moment: Geothermal Bakery, Laugarvatn
- Your OMG Day: Choice of Hikes from Húsafell, Húsafell
- Complimentary shared arrival shuttle, Welcome dinner
- Gjáin Valley hike
- Hjalparfoss visit
- Secret Lagoon Hot Springs
- Skógafoss Waterfall Hike
- Visit the Lava Centre
- Geothermal Bakery visit
- See Gulfoss, Geysir and Thingvellir along the Golden Circle Route
- Oxarfoss Waterfall hike
- Expedition into Langjökull Glacier
- Excursion within Vidgelmir Lava Cave
- Farewell Dinner
- All tips included for activities and meals, except for CEO and portage
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing February 9th, 2024 and onwards

# Itinerary



**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

## Hella: Welcomed by Waterfalls

Prepare to be transported into a world of dramatic landscapes that have inspired local lore of trolls and fairies. Dream of majestic waterfalls, glistening glaciers and hiking the volcanic landscapes as you head off into the countryside. We welcome you to Iceland, and invite you to ignite your imagination as you immerse yourself into the land of fire and ice.

Travel from Hella to the trailhead with a lunch stop along the way. See the beautiful Gljúfrabúi Waterfall before heading on foot to Seljalandsfoss, one of the most impressive waterfalls in Iceland with a small cave you can visit behind the falls. Continue on to your OMG Stay for a welcome dinner in the evening.

This tour departs from Reykjavik on day 1 and it is required to be at the meeting point hotel no later than 10:30am.



### Meals included

Dinner



### Accommodation

Landhotel Hella (or similar)

Hotel

Nestled in Southern Iceland, boasting views of highlands, lowlands, and midlands, the Scandinavian design makes you feel at peace with Iceland's diverse nature. Built with reduced energy consumption and sustainability in mind, you can feel good knowing Landhótel is deeply focussed on reducing harmful impact.



### Today's Activities

Private Vehicle

Seljalandsfoss - Hella

1h

Settle in and scan the scenery from the convenience of a private vehicle en route to your OMG Stay in Hella.

Seljalandsfoss and Gljúfrabúi Waterfalls Walk

Seljalandsfoss

1h

2km

Gljúfrabúi (or Canyon Dweller) is a beautiful waterfall. After a few metres of travelling through a narrow valley, a small space opens up, and here, Gljúfrabúi tumbles before a great boulder, which is easily climbable for some great photos. From there, walk to Seljalandsfoss Waterfall which is one of the most impressive waterfalls in Iceland. One of the interesting things about this waterfall is that visitors can walk behind it into a small cave.

Elevation gain: 120 meters

Private Vehicle

Reykjavik - Gljufrabui

2h

145km

Settle in and scan the scenery from the convenience of your private vehicle to Gljufrabui with stops along the way.

Day 2

## Hella: Gjáin Valley Hike and the Secret Lagoon

Volcanic landscapes and waterfalls abound as you hike in the hidden gem of the Gjáin Valley. Witness the meeting of two rivers at Hjalparfoss and soak in a geothermal pool with a spouting geyser. This is Iceland in all its glory.

Drive to the Gjáin Valley for a hike to the waterfall before continuing on to Hjalparfoss. After lunch in Flúðir, visit the Secret Lagoon geothermal hot springs for a swim before returning to the hotel for a free evening.



### Meals included

Breakfast | Lunch



### Accommodation

Landhotel Hella (or similar)

Hotel

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### Today's Activities

Private Vehicle

Hella - Gjáin Valley

1h

65km

Settle in and scan the scenery from the convenience of a private vehicle.

Gjáin Valley and Waterfalls

Gjáin Valley

1h

A lush oasis nestled between barren, volcanic rocks, Gjáin's cascading waterfalls and vibrant foliage will take your breath away. As you meander around Rauðá river, fed by the majestic Gjárfoss Waterfall and its smaller companions, imagine the life of the Vikings who once thrived in these ancient lands before the Hekla volcano's eruption in 1104.

Private Vehicle

Gjáin Valley - Hjalparfoss

15m

10km

Settle in and scan the scenery from the convenience of a private vehicle.

Hjálparfoss Visit

Hjálparfoss

30m

Hjálparfoss is an incredible display of nature, marking where the rivers Fossá and Þjórsá meet. Both of these are known as some of Iceland's best and most accessible fishing rivers, while Þjórsá also takes the title of being the country's longest. The two rivers fall from a lava field at about a 45 degree angle from each other, from about the same height, and their cascades merge as they tumble into a serene pool.

Private Vehicle

Fludir - Hella

1h

65km

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Hjálparfoss - Fludir

30m-45m

45km

Settle in and scan the scenery from the convenience of a private vehicle.

Secret Lagoon Hot Spring

Fludir

The Secret Lagoon natural hot springs are the Golden Circle's best kept secret. The pool's natural surroundings and steam rising into the air gives the place a magical feeling. Warm water stays at 38-40 celsius all year. There are several geothermal spots and a little Geysir which erupts every 5 minutes. Swimsuit and towel rentals are available.

Day 3

## Hella: Hike to Skógafoss

Discover more of Iceland's stunning natural beauty as you hike to Skógarfoss, arguably one of the most mesmerising waterfalls in the country. Featured in films from Thor to The Secret Life of Walter Mitty, you may be familiar with this landmark already. Take in all of the spectacular scenery and learn about the volcanic origins of Iceland's powerful natural formation at the place where two continental plates meet.

Transfer to Fimmvorduhals Trailhead where you'll begin the hike to Skógarfoss Waterfall. After lunch, continue to the Lava Centre before returning to your hotel for the evening.



### Meals included

Breakfast | Lunch | Dinner



### Accommodation

Landhotel Hella (or similar)

Hotel

Nestled in Southern Iceland, boasting views of highlands, lowlands, and midlands, the Scandinavian design makes you feel at peace with Iceland's diverse nature. Built with reduced energy consumption and sustainability in mind, you can feel good knowing Landhótel is deeply focussed on reducing harmful impact.



### Today's Activities

Private Vehicle

Hella - Skógafoss

1h30m

84km

Settle in and scan the scenery from the convenience of a private vehicle.

Skógafoss Waterfall Visit & Hike

Skógafoss

2h30m

6km

Visit Skógafoss, one of the largest and most recognizable waterfalls in Iceland. The 60m (200 ft) high falls forms a constant mist that floats in the air. If viewed in the sunlight, the mist can create rainbows. The sound and view of the thundering water cutting through the green hills make the falls a must-see on any trip to Iceland. Set off on the moderately challenging hike to become acquainted with the magical landscape here.

Private Vehicle

Skógafoss - Hvolsvollur

1h

5km

Settle in and scan the scenery from the convenience of a private vehicle.

Lava Centre

Hvolsvollur

1h

Visit this stunning interactive exhibition to learn about all aspects of Iceland's unique geography, including volcanoes, earthquakes and geothermal activity.

Private Vehicle

Hvolsvollur - Hella

1h

35km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 4

## Húsafell: The Golden Circle

Keep your camera handy today as you visit the highlights along the famed Golden Circle route where you'll see majestic waterfalls and a geyser that spouts water high up into the sky. You'll also taste bread that was baked underground with Iceland's ever-present geothermal energy. Stay active by hiking to another stunning waterfall from Thingvellir National Park.

Transfer from Hella to the Golden Circle route, with stops at Gullfoss Falls, Geysir and a geothermal bakery on the way. Continue to Thingvellir where you'll begin a short hike to the Öxarárfoss Waterfall. Arrive at the hotel and enjoy a free evening to relax.



### Meals included

Breakfast | Lunch



### Accommodation

Hotel Husafell Reykholt (or similar)

Hotel



### Today's Activities

Private Vehicle

Hella - Gullfoss

1h30m

130km

Settle in and scan the scenery from the convenience of a private vehicle.

Gullfoss Waterfall Visit

Gullfoss

45m

Discover one of the most impressive waterfalls in Iceland, Gullfoss, and complete the circuit known as the Golden Circle. This massive waterfall cascades over three "steps" before spilling into a large crevice. Fed by a glacier lake, the water passing through the falls can be a dark grey depending on how much sediment gets pushed through the river.

Geysir Visit

Geysir

30m-45m

See a variety of geothermal pools and the erupting hot spring Strokkur. Geysir is one of the oldest geysers recorded in the world, but is most often dormant. Strokkur erupts a spray of boiling hot water straight into the air about every ten minutes.

ACTIVITY

Watch first hand as bakers dig out a pot of fresh bread from steaming black sand. Taste the bread, served hot from the ground, with some butter and take home the recipe for Iceland's famous rye bread.

Öxarárfoss Waterfall Hike

Thingvellir - Öxarárfoss

1h30m

4km

Öxarárfoss Waterfall gushes out of the mighty cliffs of Almannagjo Gorge in southwest Iceland. Small in size but big in presence, the 13 m (44 ft) high waterfall is located inside Thingvellir National Park, a UNESCO World Heritage site. Öxarárfoss Waterfall is famed for being a film location in the hit TV series Game of Thrones, but is also known for its special geology. The human-made waterfall sits on the edge of the boundary line between the North American and Eurasian tectonic plates.

Elevation gain: 230 meters

Private Vehicle

Thingvellir - Stórarjóður

1h30m

4km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 5

## Húsafell: Into a Glacier

Pristine and untouched natural beauty is the theme today as you set off to explore Langjokull, the second-largest glacier in the whole of Iceland. Travel up the snowy white slopes before immersing yourself in man-made ice tunnels, surrounded by ice in the heart of the glacier.

Hop into a modified glacier vehicle built specifically to explore this unique environment, and drive up to the ice cap. Your local guide will provide information about the glacier while leading you through man-made tunnels into the core. Enjoy an included lunch before a free afternoon. Opt to take part in a local hike or relax at the hotel.



### Meals included

Breakfast | Lunch



### Accommodation

Hotel Husafell Reykholt (or similar)

Hotel



### Today's Activities

Langjokull Glacier Expedition

Húsafell

3h-4h

Enter the raw beauty of Iceland's second largest glacier, Langjokull. Set off in modified glacier vehicles to the Klaki Basecamp and the glacier entrance where you'll go into man-made ice tunnels toward the heart of the glacier. Learn all about ice and geology along the way and gain a new perspective on these massive features that have shaped the planet.

Free Time

Húsafell

Spend the afternoon free and try some of the optional activities in the area. Opt for a scenic hike or relax at the hotel.

Immerse yourself further into Iceland's stunning landscapes as you explore by foot, with the choice of either a more challenging or moderate hike. Traverse the canyon and view interesting rock formations and sculptures by the artist Páll Guðmundsson, a Húsafell native, or follow in the footsteps of past travellers who blazed the trail between different regions of Iceland along natural water springs.

Choose between a moderate or a more challenging hike before spending the rest of the day at leisure to relax at the hotel and enjoy the facilities.



### Meals included

Breakfast | Dinner



### Accommodation

Hotel Husafell Reykholt (or similar)

Hotel



### Today's Activities

#### ACTIVITY

Option 1: A more challenging walk will take you 5 km (3.1 mi) along both sides of the canyon up to a scenic view point with a trail register. Interesting formations can be seen at Bæjargil as well as sculptures at various points by the artist Páll Guðmundsson from Húsafell.

Elevation gain: 300 metres

Option 2: A beautiful woodland 5 km (3.1 mi) walk along the clear springs of Oddalindir and the banks of the river Hvítá. Gentle terrain, lush greenery, and refreshing waters make this an easy and peaceful hike.

Elevation gain: 10 metres



## Optional Activities - Day 6

Húsafell Canyon Baths

Húsafell

1h30m-2h

Descend on foot from the hotel in the remote Icelandic wilderness to natural geothermal pools nestled in highland canyon. Enjoy private access to these pools fed by pure underground volcanic hot springs.

Day 7

## Reykjavik: Lava Tube Cave Exploration

Leaving Húsafell behind, you'll head to Vidgelmir cave where you'll see first hand the impact of volcanic activity. Wander into the depths of this magical underworld, where the incredible colours and unique geologic formations once sealed away in darkness are now accessible for you to see and enjoy.

Take a morning drive to Vidgelmir Cave where you'll explore with a local guide. From there, return to Reykjavik for some free time before gathering together again in the evening for a farewell dinner at a local restaurant.



### Meals included

Breakfast | Dinner



### Accommodation

Hotel Reykjavik Grand (or similar)

Hotel



### Today's Activities

Private Vehicle

Húsafell - Reykjavik

2h

136km

Settle in and scan the scenery back to Reykjavik, from the convenience of a private vehicle.

The Vidgelmir Cave

Reykholt

1h30m

Take a tour into the depths of the earth at the Víðgelmir Cave. Don helmets and headlamps as you explore this subterranean wonderland that showcases the raw power of Iceland's geological forces. Stroll along the walkways and admire the features and colours of this underground natural wonder.

Free Time

Reykjavik

Enjoy free time in Reykjavik. Perhaps visit the Perlan Museum before your farewell dinner.

Today your adventure comes to an end and you can depart at any time.

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## Meals included

Breakfast

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## Today's Activities

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

## What's included

- Your Foodie Moment: Geothermal Bakery, Laugarvatn
- Your OMG Day: Choice of Hikes from Húsafell, Húsafell
- Complimentary shared arrival shuttle, Welcome dinner
- Gjáin Valley hike
- Hjalparfoss visit
- Secret Lagoon Hot Spings
- Skögafoss Waterfall Hike
- Visit the Lava Centre
- Geothermal Bakery visit
- See Gulfoss, Geysir and Thingvellir along the Golder Circle Route
- Oxararfoss Waterfall hike
- Expedition into Langjokull Glacier
- Excursion within Vidgelmir Lava Cave
- Farewell Dinner
- All tips included for activities and meals, except for CEO and portorage
- All transport between destinations and to/from included activities

## **What are the main highlights of this trip?**

Walk behind Seljalandsfoss Waterfall, Visit Gulfoss and Geysir along the Golden Circle, Learn all about volcanoes and how Iceland was formed at the interactive exhibits of the Lava Centre, Hike along the boundary of two of earth's tectonic plates from Thingvellir to Öxarárfoss Waterfall, Venture into the ice tunnels at Langjokull Glacier

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## **Is there a disclaimer I should read before booking this trip?**

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## **Is there an itinerary Disclaimer?**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **What is the group leader like?**

This G Adventures group trip is accompanied by one of our group leaders, known as a CEO (Chief Experience Officer). The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

## **How large will the group be?**

Max 16, avg 12.

## **What meals are included in this trip?**

7 breakfasts, 4 lunches, 4 dinners

## **What are the meals like on this trip?**

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## **What are the modes of transportation on my trip?**

Private vehicle, walking.

## **Is there an extra cost for travelling solo?**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Where will we stay during the trip?**

Hotels (7 nts).

## Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## What kind of accommodation can I expect on this trip?

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations.

Note that most accommodation in Europe does not have air conditioning units in rooms. Air conditioning is not routinely installed in European homes and workplaces. However, nearly all hotels will provide a standing or desk fan for your room on hot nights. If you do not already have one in your room, please ask your CEO to organize one for you with reception.

## What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App, or contact your travel agent.

Please ensure your flight lands in Keflavik Airport by 7:00 AM on Day 1.

The tour starts on Day 1 at 10:30AM at your start hotel.

Once you are through to the Keflavik International Airport arrivals hall, please proceed straight out to the bus marked Flybus located right outside the arrival hallway.

Specify your hotel, and you'll be provided with a colored ticket to assist you in identifying your drop-off bus at the terminal. Feel free to go to our Flybus/ Reykjavik Excursions booth located on your right hand side in the arrivals hallway if you need any assistance.

When arriving at BSI Bus Terminal (Vatnsmýrarvegur 10, Reykjavík), you'll change to a smaller bus marked with the color that you were given at the airport that will take you to your hotel or designated bus stop. Make sure to check if you'll be dropped off at a designated bus stop or directly at your hotel.

All transfers booked through G Adventures have a flight delay guarantee, that is, if your flight is delayed. Flybus services every arriving flight and a Bus is scheduled to depart 35 to 45 minutes after every arrival. All Flybus tickets are flexible on the date, simply depart at a time most convenient for you.

If you wish to reconfirm or you experience any issues, you can contact our local partner, Flybus by ICELANDIA, on +354 5990000 or [info@icelandia.is](mailto:info@icelandia.is).

## What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBER

G Adventures Berlin office: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, from calls within North America only: 1 888 800 4100

Calls from within UK: 0344 272 0000

Calls from within Germany: 0800 365 1000

Calls from within Australia: 1 300 796 618

Calls from within New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What should I take on my trip?

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage. You must be prepared to carry your luggage up and down stairs, on and off transportation, and to hotels (max 15-20 mins.) It should also be noted that baggage should adhere to strict airline weight limits - 15kg for checked luggage and 6kg for hand luggage.

# What should be on my packing list?

## Cold weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers

## Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

## Essentials:

- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Hiking pants (Please bring long pants that are not jeans or cotton in fabric. We suggest hiking pants, windproof pants, or waterproof pants in order for you to be comfortable.)
- Locks for bags
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Toiletries (Preferably biodegradable)
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

## Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

### **Light Hiking:**

- Hiking boots
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Walking poles

### **Winter Weather:**

- Warm winter coat
- Waterproof gloves
- Waterproof pants
- Winter boots/shoes Note: The landscape of Iceland is unique and unlike most things you've seen. So is the weather. It is unpredictable and changeable, so be prepared to experience a variety of conditions during your time in Iceland. It's not uncommon to experience rain, sun, wind and snow all in the same visit, so please pack accordingly. An Icelandic summer is also not what most people consider as summer temperature and in the highlands it can get quite cold.

## **When can I do my laundry on this trip?**

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the closest laundromat is. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected. Further details can be found [here](#)

Last updated: January 27th 2025

## How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## What should I know about currency, credit cards, and exchanging money while on this tour?

The currency in Iceland is the Icelandic Krona (ISK).

It is recommended to bring a combination of cash, credit and debit cards.

## Should I be tipping on my trip?

On the Geluxe Collection tours, tipping is included for all included activities and meals. Tipping is not included for the CEO or Portage. Should you want some basic guidelines on tipping for the activities you do on your own, please see below. At the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline €8-10 per person, per day can be used.

For meals and activities not included in your itinerary, it is appropriate in Europe to tip 10%. Though not compulsory, tipping is expected. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels and shows an expression of satisfaction.

# What activities are optional on this trip?

## Húsafell

- Húsafell Canyon Baths

## Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Is travel insurance required for my trip?

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## **Are international flights included in this trip?**

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## **What should LGBTQ+ travellers know about safety and travel considerations on this trip?**

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

## Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.